



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



1 - ONMK 2014 lb sessie 1

02-05-2014 - 9:00

Event 2  
02-05-2014 - 9:00

Women, 1500m Freestyle

Masters Open  
Results

| rang               | naam             | vereniging    | inschrijftijd  | startnr.  | tijd            | RT    |                 |       |
|--------------------|------------------|---------------|----------------|-----------|-----------------|-------|-----------------|-------|
| <b>Masters 20+</b> |                  |               |                |           |                 |       |                 |       |
| 1.                 | Rebecca Vroomen  | Eurode KZC    | 18:26.90       | 199301772 | <b>19:06.33</b> | +0,87 |                 |       |
|                    | 50m: 34.30       | 34.30         | 450m: 5:40.66  | 38.78     | 850m: 10:48.45  | 38.24 | 1250m: 15:55.66 | 38.80 |
|                    | 100m: 1:11.87    | 37.57         | 500m: 6:19.16  | 38.50     | 900m: 11:26.55  | 38.10 | 1300m: 16:34.59 | 38.93 |
|                    | 150m: 1:50.15    | 38.28         | 550m: 6:58.02  | 38.86     | 950m: 12:05.42  | 38.87 | 1350m: 17:13.02 | 38.43 |
|                    | 200m: 2:28.50    | 38.35         | 600m: 7:36.52  | 38.50     | 1000m: 12:43.86 | 38.44 | 1400m: 17:51.70 | 38.68 |
|                    | 250m: 3:07.05    | 38.55         | 650m: 8:15.10  | 38.58     | 1050m: 13:22.49 | 38.63 | 1450m: 18:29.49 | 37.79 |
|                    | 300m: 3:44.94    | 37.89         | 700m: 8:53.47  | 38.37     | 1100m: 14:00.70 | 38.21 | 1500m: 19:06.33 | 36.84 |
|                    | 350m: 4:23.63    | 38.69         | 750m: 9:32.12  | 38.65     | 1150m: 14:38.89 | 38.19 |                 |       |
|                    | 400m: 5:01.88    | 38.25         | 800m: 10:10.21 | 38.09     | 1200m: 15:16.86 | 37.97 |                 |       |
| 2.                 | Suzanne Brummel  | LZ 1886       | 19:14.84       | 199401366 | <b>20:04.76</b> | +0,82 |                 |       |
|                    | 50m: 34.13       | 34.13         | 450m: 5:51.17  | 40.84     | 850m: 11:17.90  | 40.82 | 1250m: 16:46.17 | 40.31 |
|                    | 100m: 1:11.48    | 37.35         | 500m: 6:31.54  | 40.37     | 900m: 11:58.73  | 40.83 | 1300m: 17:27.02 | 40.85 |
|                    | 150m: 1:50.13    | 38.65         | 550m: 7:12.54  | 41.00     | 950m: 12:40.13  | 41.40 | 1350m: 18:07.46 | 40.44 |
|                    | 200m: 2:29.45    | 39.32         | 600m: 7:52.83  | 40.29     | 1000m: 13:21.12 | 40.99 | 1400m: 18:47.63 | 40.17 |
|                    | 250m: 3:09.14    | 39.69         | 650m: 8:33.78  | 40.95     | 1050m: 14:01.88 | 40.76 | 1450m: 19:27.51 | 39.88 |
|                    | 300m: 3:49.43    | 40.29         | 700m: 9:14.87  | 41.09     | 1100m: 14:43.12 | 41.24 | 1500m: 20:04.76 | 37.25 |
|                    | 350m: 4:29.81    | 40.38         | 750m: 9:55.97  | 41.10     | 1150m: 15:24.76 | 41.64 |                 |       |
|                    | 400m: 5:10.33    | 40.52         | 800m: 10:37.08 | 41.11     | 1200m: 16:05.86 | 41.10 |                 |       |
| 3.                 | Sigrit Aarten    | Deltasteur    | 19:53.88       | 199302868 | <b>20:14.35</b> | +1,01 |                 |       |
|                    | 50m: 33.64       | 33.64         | 450m: 5:54.17  | 40.98     | 850m: 11:21.65  | 41.13 | 1250m: 16:51.94 | 41.18 |
|                    | 100m: 1:11.42    | 37.78         | 500m: 6:35.21  | 41.04     | 900m: 12:02.99  | 41.34 | 1300m: 17:33.23 | 41.29 |
|                    | 150m: 1:51.05    | 39.63         | 550m: 7:16.06  | 40.85     | 950m: 12:43.83  | 40.84 | 1350m: 18:13.85 | 40.62 |
|                    | 200m: 2:30.97    | 39.92         | 600m: 7:57.04  | 40.98     | 1000m: 13:25.24 | 41.41 | 1400m: 18:54.98 | 41.13 |
|                    | 250m: 3:11.23    | 40.26         | 650m: 8:37.86  | 40.82     | 1050m: 14:06.50 | 41.26 | 1450m: 19:34.64 | 39.66 |
|                    | 300m: 3:51.81    | 40.58         | 700m: 9:18.66  | 40.80     | 1100m: 14:48.32 | 41.82 | 1500m: 20:14.35 | 39.71 |
|                    | 350m: 4:32.58    | 40.77         | 750m: 9:59.55  | 40.89     | 1150m: 15:29.29 | 40.97 |                 |       |
|                    | 400m: 5:13.19    | 40.61         | 800m: 10:40.52 | 40.97     | 1200m: 16:10.76 | 41.47 |                 |       |
| 4.                 | Anouk Kuijlaars  | ZC Aquadream  | 20:35.73       | 199401700 | <b>20:34.59</b> | +0,78 |                 |       |
|                    | 50m: 35.13       | 35.13         | 450m: 5:59.74  | 41.21     | 850m: 11:34.24  | 42.04 | 1250m: 17:09.13 | 42.11 |
|                    | 100m: 1:14.05    | 38.92         | 500m: 6:40.94  | 41.20     | 900m: 12:16.03  | 41.79 | 1300m: 17:51.05 | 41.92 |
|                    | 150m: 1:53.53    | 39.48         | 550m: 7:22.67  | 41.73     | 950m: 12:57.92  | 41.89 | 1350m: 18:32.86 | 41.81 |
|                    | 200m: 2:34.30    | 40.77         | 600m: 8:04.63  | 41.96     | 1000m: 13:39.64 | 41.72 | 1400m: 19:14.58 | 41.72 |
|                    | 250m: 3:14.53    | 40.23         | 650m: 8:46.70  | 42.07     | 1050m: 14:21.25 | 41.61 | 1450m: 19:55.30 | 40.72 |
|                    | 300m: 3:56.07    | 41.54         | 700m: 9:28.48  | 41.78     | 1100m: 15:03.11 | 41.86 | 1500m: 20:34.59 | 39.29 |
|                    | 350m: 4:37.14    | 41.07         | 750m: 10:10.39 | 41.91     | 1150m: 15:45.09 | 41.98 |                 |       |
|                    | 400m: 5:18.53    | 41.39         | 800m: 10:52.20 | 41.81     | 1200m: 16:27.02 | 41.93 |                 |       |
| 5.                 | Sigrid Dogger    | De Zwoer      | 19:51.97       | 199200452 | <b>21:00.69</b> | +0,88 |                 |       |
|                    | 50m: 33.63       | 33.63         | 450m: 5:55.14  | 41.37     | 850m: 11:33.90  | 43.98 | 1250m: 17:24.94 | 44.25 |
|                    | 100m: 1:12.05    | 38.42         | 500m: 6:36.69  | 41.55     | 900m: 12:17.74  | 43.84 | 1300m: 18:08.56 | 43.62 |
|                    | 150m: 1:51.83    | 39.78         | 550m: 7:18.43  | 41.74     | 950m: 13:01.84  | 44.10 | 1350m: 18:52.19 | 43.63 |
|                    | 200m: 2:31.76    | 39.93         | 600m: 8:00.21  | 41.78     | 1000m: 13:45.38 | 43.54 | 1400m: 19:35.69 | 43.50 |
|                    | 250m: 3:12.27    | 40.51         | 650m: 8:41.98  | 41.77     | 1050m: 14:29.67 | 44.29 | 1450m: 20:18.72 | 43.03 |
|                    | 300m: 3:52.19    | 39.92         | 700m: 9:24.09  | 42.11     | 1100m: 15:12.73 | 43.06 | 1500m: 21:00.69 | 41.97 |
|                    | 350m: 4:32.85    | 40.66         | 750m: 10:07.07 | 42.98     | 1150m: 15:56.94 | 44.21 |                 |       |
|                    | 400m: 5:13.77    | 40.92         | 800m: 10:49.92 | 42.85     | 1200m: 16:40.69 | 43.75 |                 |       |
| 6.                 | Alinda Damsteegt | MNC Dordrecht | 20:02.95       | 199400222 | <b>21:10.47</b> | +0,88 |                 |       |
|                    | 50m: 35.49       | 35.49         | 450m: 6:10.13  | 43.18     | 850m: 11:54.64  | 43.91 | 1250m: 17:40.54 | 43.73 |
|                    | 100m: 1:15.05    | 39.56         | 500m: 6:52.99  | 42.86     | 900m: 12:37.41  | 42.77 | 1300m: 18:22.71 | 42.17 |
|                    | 150m: 1:56.19    | 41.14         | 550m: 7:36.17  | 43.18     | 950m: 13:20.07  | 42.66 | 1350m: 19:05.61 | 42.90 |
|                    | 200m: 2:37.22    | 41.03         | 600m: 8:18.64  | 42.47     | 1000m: 14:03.52 | 43.45 | 1400m: 19:47.66 | 42.05 |
|                    | 250m: 3:19.40    | 42.18         | 650m: 9:01.88  | 43.24     | 1050m: 14:47.37 | 43.85 | 1450m: 20:29.54 | 41.88 |
|                    | 300m: 4:01.60    | 42.20         | 700m: 9:44.50  | 42.62     | 1100m: 15:30.63 | 43.26 | 1500m: 21:10.47 | 40.93 |
|                    | 350m: 4:44.32    | 42.72         | 750m: 10:27.41 | 42.91     | 1150m: 16:13.41 | 42.78 |                 |       |
|                    | 400m: 5:26.95    | 42.63         | 800m: 11:10.73 | 43.32     | 1200m: 16:56.81 | 43.40 |                 |       |
| 7.                 | Myrthe Lampe     | De Devel      | 20:29.86       | 199002236 | <b>21:34.70</b> | +0,87 |                 |       |
|                    | 50m: 35.65       | 35.65         | 450m: 6:16.87  | 43.51     | 850m: 12:04.99  | 43.72 | 1250m: 17:56.12 | 43.92 |
|                    | 100m: 1:16.42    | 40.77         | 500m: 7:00.73  | 43.86     | 900m: 12:48.48  | 43.49 | 1300m: 18:40.11 | 43.99 |
|                    | 150m: 1:58.65    | 42.23         | 550m: 7:43.83  | 43.10     | 950m: 13:32.24  | 43.76 | 1350m: 19:24.26 | 44.15 |
|                    | 200m: 2:40.63    | 41.98         | 600m: 8:27.26  | 43.43     | 1000m: 14:15.92 | 43.68 | 1400m: 20:07.77 | 43.51 |
|                    | 250m: 3:23.44    | 42.81         | 650m: 9:10.91  | 43.65     | 1050m: 14:59.85 | 43.93 | 1450m: 20:51.84 | 44.07 |
|                    | 300m: 4:06.41    | 42.97         | 700m: 9:54.82  | 43.91     | 1100m: 15:44.18 | 44.33 | 1500m: 21:34.70 | 42.86 |
|                    | 350m: 4:50.02    | 43.61         | 750m: 10:38.19 | 43.37     | 1150m: 16:28.71 | 44.53 |                 |       |
|                    | 400m: 5:33.36    | 43.34         | 800m: 11:21.27 | 43.08     | 1200m: 17:12.20 | 43.49 |                 |       |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 2, Women, 1500m Freestyle, Masters 20+

| rang | naam                | vereniging | inschrijftijd  | startnr.  | tijd            | RT    |                 |       |
|------|---------------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 8.   | Lieke Janssen       | HGN (SG)   | 21:47.24       | 199305954 | 22:05.61        | +0,92 |                 |       |
|      | 50m: 37.43          | 37.43      | 450m: 6:27.60  | 43.69     | 850m: 12:23.77  | 44.90 | 1250m: 18:25.38 | 45.10 |
|      | 100m: 1:20.24       | 42.81      | 500m: 7:11.47  | 43.87     | 900m: 13:09.37  | 45.60 | 1300m: 19:11.09 | 45.71 |
|      | 150m: 2:03.77       | 43.53      | 550m: 7:55.94  | 44.47     | 950m: 13:54.82  | 45.45 | 1350m: 19:56.31 | 45.22 |
|      | 200m: 2:47.68       | 43.91      | 600m: 8:40.15  | 44.21     | 1000m: 14:40.30 | 45.48 | 1400m: 20:40.58 | 44.27 |
|      | 250m: 3:31.31       | 43.63      | 650m: 9:24.18  | 44.03     | 1050m: 15:25.42 | 45.12 | 1450m: 21:24.46 | 43.88 |
|      | 300m: 4:15.74       | 44.43      | 700m: 10:09.04 | 44.86     | 1100m: 16:10.45 | 45.03 | 1500m: 22:05.61 | 41.15 |
|      | 350m: 4:59.51       | 43.77      | 750m: 10:53.91 | 44.87     | 1150m: 16:55.07 | 44.62 |                 |       |
|      | 400m: 5:43.91       | 44.40      | 800m: 11:38.87 | 44.96     | 1200m: 17:40.28 | 45.21 |                 |       |
| 9.   | Irmgard van Weeghel | Octopus    | 20:31.19       | 199204834 | 22:14.19        | +0,76 |                 |       |
|      | 50m: 36.27          | 36.27      | 450m: 6:22.37  | 44.90     | 850m: 12:25.16  | 46.02 | 1250m: 18:29.44 | 45.52 |
|      | 100m: 1:16.47       | 40.20      | 500m: 7:06.82  | 44.45     | 900m: 13:11.04  | 45.88 | 1300m: 19:15.10 | 45.66 |
|      | 150m: 1:58.27       | 41.80      | 550m: 7:52.02  | 45.20     | 950m: 13:57.35  | 46.31 | 1350m: 20:00.32 | 45.22 |
|      | 200m: 2:41.30       | 43.03      | 600m: 8:37.40  | 45.38     | 1000m: 14:42.91 | 45.56 | 1400m: 20:45.46 | 45.14 |
|      | 250m: 3:25.02       | 43.72      | 650m: 9:22.21  | 44.81     | 1050m: 15:28.48 | 45.57 | 1450m: 21:30.64 | 45.18 |
|      | 300m: 4:08.80       | 43.78      | 700m: 10:07.63 | 45.42     | 1100m: 16:13.49 | 45.01 | 1500m: 22:14.19 | 43.55 |
|      | 350m: 4:53.10       | 44.30      | 750m: 10:53.57 | 45.94     | 1150m: 16:58.70 | 45.21 |                 |       |
|      | 400m: 5:37.47       | 44.37      | 800m: 11:39.14 | 45.57     | 1200m: 17:43.92 | 45.22 |                 |       |
| 10.  | Yvonne Bruls        | Eurode KZC | 21:54.49       | 199008114 | 22:37.84        | +0,80 |                 |       |
|      | 50m: 36.06          | 36.06      | 450m: 6:28.81  | 45.53     | 850m: 12:35.80  | 46.46 | 1250m: 18:49.53 | 46.82 |
|      | 100m: 1:17.31       | 41.25      | 500m: 7:14.27  | 45.46     | 900m: 13:22.03  | 46.23 | 1300m: 19:36.54 | 47.01 |
|      | 150m: 2:00.43       | 43.12      | 550m: 7:59.76  | 45.49     | 950m: 14:08.69  | 46.66 | 1350m: 20:23.18 | 46.64 |
|      | 200m: 2:44.21       | 43.78      | 600m: 8:45.26  | 45.50     | 1000m: 14:55.25 | 46.56 | 1400m: 21:08.98 | 45.80 |
|      | 250m: 3:28.48       | 44.27      | 650m: 9:30.97  | 45.71     | 1050m: 15:42.02 | 46.77 | 1450m: 21:54.30 | 45.32 |
|      | 300m: 4:13.24       | 44.76      | 700m: 10:17.03 | 46.06     | 1100m: 16:28.72 | 46.70 | 1500m: 22:37.84 | 43.54 |
|      | 350m: 4:58.45       | 45.21      | 750m: 11:02.88 | 45.85     | 1150m: 17:15.75 | 47.03 |                 |       |
|      | 400m: 5:43.28       | 44.83      | 800m: 11:49.34 | 46.46     | 1200m: 18:02.71 | 46.96 |                 |       |
| 11.  | Claudia Creemers    | RZ         | 27:13.11       | 199202864 | 25:56.13        | +0,81 |                 |       |
|      | 50m: 41.16          | 41.16      | 450m: 7:27.28  | 52.79     | 850m: 14:30.54  | 52.75 | 1250m: 21:38.61 | 53.55 |
|      | 100m: 1:27.67       | 46.51      | 500m: 8:20.63  | 53.35     | 900m: 15:24.06  | 53.52 | 1300m: 22:31.82 | 53.21 |
|      | 150m: 2:16.40       | 48.73      | 550m: 9:12.56  | 51.93     | 950m: 16:16.49  | 52.43 | 1350m: 23:23.50 | 51.68 |
|      | 200m: 3:07.00       | 50.60      | 600m: 10:05.63 | 53.07     | 1000m: 17:09.84 | 53.35 | 1400m: 24:16.48 | 52.98 |
|      | 250m: 3:58.33       | 51.33      | 650m: 10:58.05 | 52.42     | 1050m: 18:03.75 | 53.91 | 1450m: 25:06.92 | 50.44 |
|      | 300m: 4:50.20       | 51.87      | 700m: 11:51.30 | 53.25     | 1100m: 18:57.30 | 53.55 | 1500m: 25:56.13 | 49.21 |
|      | 350m: 5:42.49       | 52.29      | 750m: 12:44.36 | 53.06     | 1150m: 19:51.79 | 54.49 |                 |       |
|      | 400m: 6:34.49       | 52.00      | 800m: 13:37.79 | 53.43     | 1200m: 20:45.06 | 53.27 |                 |       |

Masters 25+

|    |                        |                   |                |           |                 |       |                 |       |
|----|------------------------|-------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Lisanne Andeweg        | Zuiderzeezwemmers | 18:53.53       | 198800092 | 19:07.32        | +0,81 |                 |       |
|    | 50m: 33.98             | 33.98             | 450m: 5:40.70  | 38.58     | 850m: 10:49.93  | 38.54 | 1250m: 15:59.70 | 38.72 |
|    | 100m: 1:11.49          | 37.51             | 500m: 6:19.31  | 38.61     | 900m: 11:28.95  | 39.02 | 1300m: 16:38.01 | 38.31 |
|    | 150m: 1:49.69          | 38.20             | 550m: 6:58.20  | 38.89     | 950m: 12:08.01  | 39.06 | 1350m: 17:16.05 | 38.04 |
|    | 200m: 2:28.03          | 38.34             | 600m: 7:36.81  | 38.61     | 1000m: 12:46.75 | 38.74 | 1400m: 17:54.08 | 38.03 |
|    | 250m: 3:06.65          | 38.62             | 650m: 8:15.45  | 38.64     | 1050m: 13:25.94 | 39.19 | 1450m: 18:31.60 | 37.52 |
|    | 300m: 3:45.04          | 38.39             | 700m: 8:54.19  | 38.74     | 1100m: 14:04.48 | 38.54 | 1500m: 19:07.32 | 35.72 |
|    | 350m: 4:23.76          | 38.72             | 750m: 9:32.54  | 38.35     | 1150m: 14:42.68 | 38.20 |                 |       |
|    | 400m: 5:02.12          | 38.36             | 800m: 10:11.39 | 38.85     | 1200m: 15:20.98 | 38.30 |                 |       |
| 2. | Ilse van den Wijngaard | ZPC Woerden       | 20:42.61       | 198904736 | 21:31.62        | +0,77 |                 |       |
|    | 50m: 35.90             | 35.90             | 450m: 6:17.45  | 43.49     | 850m: 12:07.96  | 44.14 | 1250m: 17:58.53 | 43.60 |
|    | 100m: 1:17.17          | 41.27             | 500m: 7:01.58  | 44.13     | 900m: 12:51.76  | 43.80 | 1300m: 18:42.38 | 43.85 |
|    | 150m: 1:59.39          | 42.22             | 550m: 7:44.59  | 43.01     | 950m: 13:36.37  | 44.61 | 1350m: 19:25.57 | 43.19 |
|    | 200m: 2:42.13          | 42.74             | 600m: 8:27.84  | 43.25     | 1000m: 14:20.04 | 43.67 | 1400m: 20:08.75 | 43.18 |
|    | 250m: 3:24.65          | 42.52             | 650m: 9:11.86  | 44.02     | 1050m: 15:04.00 | 43.96 | 1450m: 20:50.92 | 42.17 |
|    | 300m: 4:07.32          | 42.67             | 700m: 9:55.50  | 43.64     | 1100m: 15:48.48 | 44.48 | 1500m: 21:31.62 | 40.70 |
|    | 350m: 4:50.36          | 43.04             | 750m: 10:39.50 | 44.00     | 1150m: 16:31.74 | 43.26 |                 |       |
|    | 400m: 5:33.96          | 43.60             | 800m: 11:23.82 | 44.32     | 1200m: 17:14.93 | 43.19 |                 |       |
| 3. | Sunanda van Heteren    | De Geul           | 20:41.54       | 198901728 | 21:44.35        | +0,84 |                 |       |
|    | 50m: 36.86             | 36.86             | 450m: 6:21.19  | 44.54     | 850m: 12:14.39  | 44.85 | 1250m: 18:07.68 | 44.55 |
|    | 100m: 1:17.64          | 40.78             | 500m: 7:04.58  | 43.39     | 900m: 12:58.50  | 44.11 | 1300m: 18:51.79 | 44.11 |
|    | 150m: 1:59.69          | 42.05             | 550m: 7:48.41  | 43.83     | 950m: 13:42.34  | 43.84 | 1350m: 19:36.55 | 44.76 |
|    | 200m: 2:42.44          | 42.75             | 600m: 8:32.68  | 44.27     | 1000m: 14:26.00 | 43.66 | 1400m: 20:20.73 | 44.18 |
|    | 250m: 3:25.72          | 43.28             | 650m: 9:17.14  | 44.46     | 1050m: 15:10.32 | 44.32 | 1450m: 21:04.27 | 43.54 |
|    | 300m: 4:08.77          | 43.05             | 700m: 10:00.87 | 43.73     | 1100m: 15:53.92 | 43.60 | 1500m: 21:44.35 | 40.08 |
|    | 350m: 4:52.68          | 43.91             | 750m: 10:45.48 | 44.61     | 1150m: 16:37.91 | 43.99 |                 |       |
|    | 400m: 5:36.65          | 43.97             | 800m: 11:29.54 | 44.06     | 1200m: 17:23.13 | 45.22 |                 |       |
| 4. | Karin Hovenkamp        | De Spatters       | 22:14.48       | 198701850 | 22:44.42        | +0,73 |                 |       |
|    | 50m: 37.97             | 37.97             | 450m: 6:44.97  | 46.25     | 850m: 12:56.04  | 46.42 | 1250m: 19:03.31 | 45.83 |
|    | 100m: 1:22.19          | 44.22             | 500m: 7:31.80  | 46.83     | 900m: 13:41.89  | 45.85 | 1300m: 19:49.47 | 46.16 |
|    | 150m: 2:07.43          | 45.24             | 550m: 8:18.99  | 47.19     | 950m: 14:28.04  | 46.15 | 1350m: 20:35.05 | 45.58 |
|    | 200m: 2:53.13          | 45.70             | 600m: 9:05.35  | 46.36     | 1000m: 15:13.60 | 45.56 | 1400m: 21:20.42 | 45.37 |
|    | 250m: 3:39.21          | 46.08             | 650m: 9:52.02  | 46.67     | 1050m: 15:59.80 | 46.20 | 1450m: 22:05.09 | 44.67 |
|    | 300m: 4:25.61          | 46.40             | 700m: 10:37.92 | 45.90     | 1100m: 16:45.63 | 45.83 | 1500m: 22:44.42 | 39.33 |
|    | 350m: 5:12.49          | 46.88             | 750m: 11:24.28 | 46.36     | 1150m: 17:31.95 | 46.32 |                 |       |
|    | 400m: 5:58.72          | 46.23             | 800m: 12:09.62 | 45.34     | 1200m: 18:17.48 | 45.53 |                 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 2, Women, 1500m Freestyle, Masters 25+

| rang | naam                | vereniging    | inschrijftijd  | startnr.  | tijd            | RT    |                 |       |
|------|---------------------|---------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 5.   | Liset de Veer       | Aqua-Novio'94 | 23:00.51       | 198704190 | <b>22:50.33</b> | +0,93 |                 |       |
|      | 50m: 39.94          | 39.94         | 450m: 6:39.95  | 45.78     | 850m: 12:47.40  | 45.74 | 1250m: 19:00.99 | 46.23 |
|      | 100m: 1:23.18       | 43.24         | 500m: 7:25.73  | 45.78     | 900m: 13:34.52  | 47.12 | 1300m: 19:47.74 | 46.75 |
|      | 150m: 2:07.51       | 44.33         | 550m: 8:11.47  | 45.74     | 950m: 14:20.80  | 46.28 | 1350m: 20:34.01 | 46.27 |
|      | 200m: 2:52.26       | 44.75         | 600m: 8:57.99  | 46.52     | 1000m: 15:07.99 | 47.19 | 1400m: 21:20.38 | 46.37 |
|      | 250m: 3:37.37       | 45.11         | 650m: 9:43.79  | 45.80     | 1050m: 15:54.12 | 46.13 | 1450m: 22:06.05 | 45.67 |
|      | 300m: 4:22.80       | 45.43         | 700m: 10:29.36 | 45.57     | 1100m: 16:40.75 | 46.63 | 1500m: 22:50.33 | 44.28 |
|      | 350m: 5:08.50       | 45.70         | 750m: 11:15.22 | 45.86     | 1150m: 17:27.72 | 46.97 |                 |       |
|      | 400m: 5:54.17       | 45.67         | 800m: 12:01.66 | 46.44     | 1200m: 18:14.76 | 47.04 |                 |       |
| 6.   | Karin van Leersum   | Piranha       | 23:08.89       | 198802658 | <b>23:59.96</b> | +0,94 |                 |       |
|      | 50m: 41.82          | 41.82         | 450m: 7:06.36  | 48.59     | 850m: 13:36.70  | 48.79 | 1250m: 20:02.85 | 48.65 |
|      | 100m: 1:28.25       | 46.43         | 500m: 7:55.55  | 49.19     | 900m: 14:24.87  | 48.17 | 1300m: 20:51.23 | 48.38 |
|      | 150m: 2:15.86       | 47.61         | 550m: 8:44.70  | 49.15     | 950m: 15:13.16  | 48.29 | 1350m: 21:39.51 | 48.28 |
|      | 200m: 3:03.85       | 47.99         | 600m: 9:33.49  | 48.79     | 1000m: 16:01.40 | 48.24 | 1400m: 22:27.58 | 48.07 |
|      | 250m: 3:51.95       | 48.10         | 650m: 10:22.18 | 48.69     | 1050m: 16:50.08 | 48.68 | 1450m: 23:14.46 | 46.88 |
|      | 300m: 4:40.51       | 48.56         | 700m: 11:10.69 | 48.51     | 1100m: 17:38.31 | 48.23 | 1500m: 23:59.96 | 45.50 |
|      | 350m: 5:29.23       | 48.72         | 750m: 11:59.31 | 48.62     | 1150m: 18:26.61 | 48.30 |                 |       |
|      | 400m: 6:17.77       | 48.54         | 800m: 12:47.91 | 48.60     | 1200m: 19:14.20 | 47.59 |                 |       |
| 7.   | Lisette van den Bos | Poseidon'56   | 23:30.18       | 198700468 | <b>24:18.66</b> | +0,93 |                 |       |
|      | 50m: 42.86          | 42.86         | 450m: 7:01.40  | 47.83     | 850m: 13:34.48  | 48.17 | 1250m: 20:12.55 | 49.65 |
|      | 100m: 1:29.50       | 46.64         | 500m: 7:50.19  | 48.79     | 900m: 14:24.14  | 49.66 | 1300m: 21:02.71 | 50.16 |
|      | 150m: 2:15.59       | 46.09         | 550m: 8:38.54  | 48.35     | 950m: 15:13.80  | 49.66 | 1350m: 21:52.56 | 49.85 |
|      | 200m: 3:03.04       | 47.45         | 600m: 9:27.67  | 49.13     | 1000m: 16:03.57 | 49.77 | 1400m: 22:41.76 | 49.20 |
|      | 250m: 3:50.14       | 47.10         | 650m: 10:17.16 | 49.49     | 1050m: 16:52.90 | 49.33 | 1450m: 23:30.66 | 48.90 |
|      | 300m: 4:37.68       | 47.54         | 700m: 11:06.91 | 49.75     | 1100m: 17:42.41 | 49.51 | 1500m: 24:18.66 | 48.00 |
|      | 350m: 5:25.37       | 47.69         | 750m: 11:56.43 | 49.52     | 1150m: 18:32.56 | 50.15 |                 |       |
|      | 400m: 6:13.57       | 48.20         | 800m: 12:46.31 | 49.88     | 1200m: 19:22.90 | 50.34 |                 |       |

Masters 30+

|    |                      |            |                |           |                 |       |                 |       |
|----|----------------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Petra Benani-Wolsing | De Futen   | 19:40.12       | 198402796 | <b>19:52.71</b> | +0,77 |                 |       |
|    | 50m: 34.43           | 34.43      | 450m: 5:50.75  | 40.45     | 850m: 11:12.69  | 40.54 | 1250m: 16:35.43 | 40.05 |
|    | 100m: 1:12.23        | 37.80      | 500m: 6:30.54  | 39.79     | 900m: 11:53.42  | 40.73 | 1300m: 17:15.28 | 39.85 |
|    | 150m: 1:51.27        | 39.04      | 550m: 7:10.60  | 40.06     | 950m: 12:34.09  | 40.67 | 1350m: 17:55.32 | 40.04 |
|    | 200m: 2:30.71        | 39.44      | 600m: 7:50.69  | 40.09     | 1000m: 13:14.67 | 40.58 | 1400m: 18:34.99 | 39.67 |
|    | 250m: 3:10.28        | 39.57      | 650m: 8:30.99  | 40.30     | 1050m: 13:55.31 | 40.64 | 1450m: 19:14.80 | 39.81 |
|    | 300m: 3:50.24        | 39.96      | 700m: 9:11.43  | 40.44     | 1100m: 14:35.18 | 39.87 | 1500m: 19:52.71 | 37.91 |
|    | 350m: 4:30.35        | 40.11      | 750m: 9:52.10  | 40.67     | 1150m: 15:15.17 | 39.99 |                 |       |
|    | 400m: 5:10.30        | 39.95      | 800m: 10:32.15 | 40.05     | 1200m: 15:55.38 | 40.21 |                 |       |
| 2. | Pauline Tieleman     | De Geul    | 21:01.90       | 198403348 | <b>20:40.14</b> | +0,73 |                 |       |
|    | 50m: 35.17           | 35.17      | 450m: 6:00.69  | 41.21     | 850m: 11:33.78  | 41.79 | 1250m: 17:10.05 | 41.72 |
|    | 100m: 1:14.38        | 39.21      | 500m: 6:41.91  | 41.22     | 900m: 12:15.67  | 41.89 | 1300m: 17:52.41 | 42.36 |
|    | 150m: 1:54.51        | 40.13      | 550m: 7:23.74  | 41.83     | 950m: 12:57.58  | 41.91 | 1350m: 18:35.11 | 42.70 |
|    | 200m: 2:35.00        | 40.49      | 600m: 8:05.01  | 41.27     | 1000m: 13:39.50 | 41.92 | 1400m: 19:17.44 | 42.33 |
|    | 250m: 3:15.78        | 40.78      | 650m: 8:46.58  | 41.57     | 1050m: 14:21.73 | 42.23 | 1450m: 19:59.17 | 41.73 |
|    | 300m: 3:57.20        | 41.42      | 700m: 9:28.61  | 42.03     | 1100m: 15:04.07 | 42.34 | 1500m: 20:40.14 | 40.97 |
|    | 350m: 4:38.18        | 40.98      | 750m: 10:10.12 | 41.51     | 1150m: 15:46.07 | 42.00 |                 |       |
|    | 400m: 5:19.48        | 41.30      | 800m: 10:51.99 | 41.87     | 1200m: 16:28.33 | 42.26 |                 |       |
| 3. | Linda Hoogendam      | Zoetermeer | 21:05.92       | 198300892 | <b>21:46.63</b> | +0,82 |                 |       |
|    | 50m: 35.14           | 35.14      | 450m: 6:18.08  | 44.10     | 850m: 12:11.25  | 45.17 | 1250m: 18:08.50 | 45.29 |
|    | 100m: 1:16.18        | 41.04      | 500m: 7:01.55  | 43.47     | 900m: 12:55.18  | 43.93 | 1300m: 18:52.70 | 44.20 |
|    | 150m: 1:57.84        | 41.66      | 550m: 7:45.47  | 43.92     | 950m: 13:39.97  | 44.79 | 1350m: 19:37.55 | 44.85 |
|    | 200m: 2:40.48        | 42.64      | 600m: 8:29.51  | 44.04     | 1000m: 14:23.86 | 43.89 | 1400m: 20:21.53 | 43.98 |
|    | 250m: 3:23.25        | 42.77      | 650m: 9:13.98  | 44.47     | 1050m: 15:09.09 | 45.23 | 1450m: 21:05.72 | 44.19 |
|    | 300m: 4:06.72        | 43.47      | 700m: 9:57.80  | 43.82     | 1100m: 15:53.41 | 44.32 | 1500m: 21:46.63 | 40.91 |
|    | 350m: 4:50.12        | 43.40      | 750m: 10:41.75 | 43.95     | 1150m: 16:38.62 | 45.21 |                 |       |
|    | 400m: 5:33.98        | 43.86      | 800m: 11:26.08 | 44.33     | 1200m: 17:23.21 | 44.59 |                 |       |
| 4. | Annette Vogelsang    | ZV De Bron | 22:55.16       | 198402632 | <b>23:28.06</b> | +0,90 |                 |       |
|    | 50m: 36.70           | 36.70      | 450m: 6:33.34  | 46.56     | 850m: 13:00.09  | 49.26 | 1250m: 19:27.07 | 48.88 |
|    | 100m: 1:17.64        | 40.94      | 500m: 7:21.01  | 47.67     | 900m: 13:48.00  | 47.91 | 1300m: 20:16.54 | 49.47 |
|    | 150m: 2:00.49        | 42.85      | 550m: 8:08.06  | 47.05     | 950m: 14:36.14  | 48.14 | 1350m: 21:06.01 | 49.47 |
|    | 200m: 2:44.26        | 43.77      | 600m: 8:55.94  | 47.88     | 1000m: 15:25.43 | 49.29 | 1400m: 21:53.97 | 47.96 |
|    | 250m: 3:29.27        | 45.01      | 650m: 9:44.08  | 48.14     | 1050m: 16:12.11 | 46.68 | 1450m: 22:41.61 | 47.64 |
|    | 300m: 4:14.66        | 45.39      | 700m: 10:32.64 | 48.56     | 1100m: 17:00.82 | 48.71 | 1500m: 23:28.06 | 46.45 |
|    | 350m: 5:00.49        | 45.83      | 750m: 11:21.76 | 49.12     | 1150m: 17:49.17 | 48.35 |                 |       |
|    | 400m: 5:46.78        | 46.29      | 800m: 12:10.83 | 49.07     | 1200m: 18:38.19 | 49.02 |                 |       |
| 5. | Rianne van Vegchelen | Deltasteur | 26:43.46       | 198101530 | <b>27:06.57</b> | +1,13 |                 |       |
|    | 50m: 46.13           | 46.13      | 450m: 7:54.05  | 54.74     | 850m: 15:12.94  | 55.66 | 1250m: 22:35.45 | 56.78 |
|    | 100m: 1:37.38        | 51.25      | 500m: 8:48.26  | 54.21     | 900m: 16:07.11  | 54.17 | 1300m: 23:30.68 | 55.23 |
|    | 150m: 2:30.19        | 52.81      | 550m: 9:43.27  | 55.01     | 950m: 17:02.77  | 55.66 | 1350m: 24:27.44 | 56.76 |
|    | 200m: 3:23.80        | 53.61      | 600m: 10:38.06 | 54.79     | 1000m: 17:57.00 | 54.23 | 1400m: 25:22.10 | 54.66 |
|    | 250m: 4:17.27        | 53.47      | 650m: 11:33.26 | 55.20     | 1050m: 18:53.05 | 56.05 | 1450m: 26:15.22 | 53.12 |
|    | 300m: 5:10.48        | 53.21      | 700m: 12:27.70 | 54.44     | 1100m: 19:47.84 | 54.79 | 1500m: 27:06.57 | 51.35 |
|    | 350m: 6:05.04        | 54.56      | 750m: 13:23.12 | 55.42     | 1150m: 20:43.55 | 55.71 |                 |       |
|    | 400m: 6:59.31        | 54.27      | 800m: 14:17.28 | 54.16     | 1200m: 21:38.67 | 55.12 |                 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 2, Women, 1500m Freestyle, Masters 30+

| rang | naam               | vereniging | inschrijftijd | startnr.  | tijd | RT |
|------|--------------------|------------|---------------|-----------|------|----|
|      | WDR Denise de Riet | De Devel   | 21:41.73      | 198402040 |      |    |

Masters 35+

|    |                  |             |                |           |                 |       |                 |       |
|----|------------------|-------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Liselotte Joling | PSV         | 19:49.32       | 197500268 | <b>19:44.37</b> | +0,95 |                 |       |
|    | 50m: 34.64       | 34.64       | 450m: 5:47.51  | 39.21     | 850m: 11:05.62  | 40.28 | 1250m: 16:26.46 | 40.39 |
|    | 100m: 1:13.36    | 38.72       | 500m: 6:27.42  | 39.91     | 900m: 11:45.95  | 40.33 | 1300m: 17:06.27 | 39.81 |
|    | 150m: 1:52.46    | 39.10       | 550m: 7:05.49  | 38.07     | 950m: 12:26.61  | 40.66 | 1350m: 17:45.88 | 39.61 |
|    | 200m: 2:31.27    | 38.81       | 600m: 7:44.87  | 39.38     | 1000m: 13:07.22 | 40.61 | 1400m: 18:26.54 | 40.66 |
|    | 250m: 3:10.36    | 39.09       | 650m: 8:24.25  | 39.38     | 1050m: 13:46.18 | 38.96 | 1450m: 19:05.95 | 39.41 |
|    | 300m: 3:49.65    | 39.29       | 700m: 9:04.51  | 40.26     | 1100m: 14:26.27 | 40.09 | 1500m: 19:44.37 | 38.42 |
|    | 350m: 4:28.84    | 39.19       | 750m: 9:44.90  | 40.39     | 1150m: 15:05.89 | 39.62 |                 |       |
|    | 400m: 5:08.30    | 39.46       | 800m: 10:25.34 | 40.44     | 1200m: 15:46.07 | 40.18 |                 |       |
| 2. | Carmen Haan      | De Spatters | 22:48.14       | 197901458 | <b>23:58.89</b> | +1,18 |                 |       |
|    | 50m: 40.01       | 40.01       | 450m: 6:58.32  | 48.58     | 850m: 13:29.82  | 48.57 | 1250m: 19:57.10 | 48.29 |
|    | 100m: 1:24.75    | 44.74       | 500m: 7:47.52  | 49.20     | 900m: 14:18.62  | 48.80 | 1300m: 20:45.69 | 48.59 |
|    | 150m: 2:11.33    | 46.58       | 550m: 8:36.39  | 48.87     | 950m: 15:06.77  | 48.15 | 1350m: 21:33.45 | 47.76 |
|    | 200m: 2:58.18    | 46.85       | 600m: 9:25.93  | 49.54     | 1000m: 15:55.53 | 48.76 | 1400m: 22:22.12 | 48.67 |
|    | 250m: 3:45.76    | 47.58       | 650m: 10:14.74 | 48.81     | 1050m: 16:43.17 | 47.64 | 1450m: 23:10.94 | 48.82 |
|    | 300m: 4:33.30    | 47.54       | 700m: 11:03.45 | 48.71     | 1100m: 17:31.57 | 48.40 | 1500m: 23:58.89 | 47.95 |
|    | 350m: 5:21.52    | 48.22       | 750m: 11:52.48 | 49.03     | 1150m: 18:20.05 | 48.48 |                 |       |
|    | 400m: 6:09.74    | 48.22       | 800m: 12:41.25 | 48.77     | 1200m: 19:08.81 | 48.76 |                 |       |

Masters 40+

|    |                      |                     |                |           |                   |       |                 |       |
|----|----------------------|---------------------|----------------|-----------|-------------------|-------|-----------------|-------|
| 1. | Grith Sigsgaard      | Zwemlust-den Hommel | 18:47.76       | 197200772 | <b>18:58.84</b>   | +0,91 |                 |       |
|    | 50m: 34.20           | 34.20               | 450m: 5:37.25  | 38.32     | 850m: 10:42.61    | 38.50 | 1250m: 15:49.15 | 38.63 |
|    | 100m: 1:11.56        | 37.36               | 500m: 6:15.43  | 38.18     | 900m: 11:20.55    | 37.94 | 1300m: 16:27.50 | 38.35 |
|    | 150m: 1:49.48        | 37.92               | 550m: 6:53.73  | 38.30     | 950m: 11:58.84    | 38.29 | 1350m: 17:06.18 | 38.68 |
|    | 200m: 2:27.22        | 37.74               | 600m: 7:31.75  | 38.02     | 1000m: 12:36.93   | 38.09 | 1400m: 17:44.09 | 37.91 |
|    | 250m: 3:05.02        | 37.80               | 650m: 8:10.09  | 38.34     | 1050m: 13:15.79   | 38.86 | 1450m: 18:22.09 | 38.00 |
|    | 300m: 3:43.11        | 38.09               | 700m: 8:48.03  | 37.94     | 1100m: 13:54.03   | 38.24 | 1500m: 18:58.84 | 36.75 |
|    | 350m: 4:21.20        | 38.09               | 750m: 9:26.44  | 38.41     | 1150m: 14:32.63   | 38.60 |                 |       |
|    | 400m: 4:58.93        | 37.73               | 800m: 10:04.11 | 37.67     | 1200m: 15:10.52   | 37.89 |                 |       |
| 2. | Karin Stein          | ZVVS                | 19:23.64       | 197100554 | <b>19:35.58</b>   | +0,85 |                 |       |
|    | 50m: 34.82           | 34.82               | 450m: 5:44.98  | 38.97     | 850m: 10:59.79    | 39.67 | 1250m: 16:17.72 | 39.90 |
|    | 100m: 1:13.12        | 38.30               | 500m: 6:23.94  | 38.96     | 900m: 11:39.30    | 39.51 | 1300m: 16:58.07 | 40.35 |
|    | 150m: 1:51.77        | 38.65               | 550m: 7:03.01  | 39.07     | 950m: 12:18.92    | 39.62 | 1350m: 17:37.94 | 39.87 |
|    | 200m: 2:30.64        | 38.87               | 600m: 7:42.32  | 39.31     | 1000m: 12:58.50   | 39.58 | 1400m: 18:17.70 | 39.76 |
|    | 250m: 3:09.44        | 38.80               | 650m: 8:21.72  | 39.40     | 1050m: 13:38.50   | 40.00 | 1450m: 18:57.26 | 39.56 |
|    | 300m: 3:48.35        | 38.91               | 700m: 9:01.27  | 39.55     | 1100m: 14:18.11   | 39.61 | 1500m: 19:35.58 | 38.32 |
|    | 350m: 4:27.29        | 38.94               | 750m: 9:40.59  | 39.32     | 1150m: 14:57.88   | 39.77 |                 |       |
|    | 400m: 5:06.01        | 38.72               | 800m: 10:20.12 | 39.53     | 1200m: 15:37.82   | 39.94 |                 |       |
| 3. | Pascal Neiss-Janssen | De Roersoppers      | 22:58.48       | 197300852 | <b>23:32.96</b> * | +0,92 |                 |       |
|    | 50m: 39.30           | 39.30               | 450m: 6:52.09  | 47.10     | 850m: 13:13.30    | 47.16 | 1250m: 19:37.45 | 47.93 |
|    | 100m: 1:23.32        | 44.02               | 500m: 7:39.77  | 47.68     | 900m: 14:01.41    | 48.11 | 1300m: 20:25.38 | 47.93 |
|    | 150m: 2:09.48        | 46.16               | 550m: 8:26.85  | 47.08     | 950m: 14:48.93    | 47.52 | 1350m: 21:13.23 | 47.85 |
|    | 200m: 2:56.35        | 46.87               | 600m: 9:15.06  | 48.21     | 1000m: 15:37.57   | 48.64 | 1400m: 22:01.39 | 48.16 |
|    | 250m: 3:43.32        | 46.97               | 650m: 10:02.43 | 47.37     | 1050m: 16:24.67   | 47.10 | 1450m: 22:48.36 | 46.97 |
|    | 300m: 4:30.43        | 47.11               | 700m: 10:50.65 | 48.22     | 1100m: 17:13.24   | 48.57 | 1500m: 23:32.96 | 44.60 |
|    | 350m: 5:17.37        | 46.94               | 750m: 11:37.77 | 47.12     | 1150m: 18:01.14   | 47.90 |                 |       |
|    | 400m: 6:04.99        | 47.62               | 800m: 12:26.14 | 48.37     | 1200m: 18:49.52   | 48.38 |                 |       |
| 4. | Marjan Smeets-Rolffs | De Warande          | 26:01.76       | 197000976 | <b>26:36.33</b>   | +1,26 |                 |       |
|    | 50m: 45.08           | 45.08               | 450m: 7:48.86  | 53.80     | 850m: 14:56.25    | 53.40 | 1250m: 22:08.24 | 54.45 |
|    | 100m: 1:36.55        | 51.47               | 500m: 8:41.90  | 53.04     | 900m: 15:49.83    | 53.58 | 1300m: 23:02.70 | 54.46 |
|    | 150m: 2:29.98        | 53.43               | 550m: 9:35.46  | 53.56     | 950m: 16:43.75    | 53.92 | 1350m: 23:56.72 | 54.02 |
|    | 200m: 3:22.38        | 52.40               | 600m: 10:28.81 | 53.35     | 1000m: 17:37.26   | 53.51 | 1400m: 24:51.58 | 54.86 |
|    | 250m: 4:15.72        | 53.34               | 650m: 11:22.36 | 53.55     | 1050m: 18:31.14   | 53.88 | 1450m: 25:46.24 | 54.66 |
|    | 300m: 5:08.86        | 53.14               | 700m: 12:15.83 | 53.47     | 1100m: 19:25.29   | 54.15 | 1500m: 26:36.33 | 50.09 |
|    | 350m: 6:02.09        | 53.23               | 750m: 13:09.93 | 54.10     | 1150m: 20:19.73   | 54.44 |                 |       |
|    | 400m: 6:55.06        | 52.97               | 800m: 14:02.85 | 52.92     | 1200m: 21:13.79   | 54.06 |                 |       |
| 5. | Greta Wyma-Teitsma   | DWK                 | 27:17.79       | 197100696 | <b>27:55.46</b>   | +0,94 |                 |       |
|    | 50m: 47.64           | 47.64               | 450m: 8:06.34  | 56.01     | 850m: 15:34.31    | 55.10 | 1250m: 23:08.81 | 56.69 |
|    | 100m: 1:40.06        | 52.42               | 500m: 9:02.05  | 55.71     | 900m: 16:30.45    | 56.14 | 1300m: 24:05.36 | 56.55 |
|    | 150m: 2:34.51        | 54.45               | 550m: 9:58.07  | 56.02     | 950m: 17:25.82    | 55.37 | 1350m: 25:02.62 | 57.26 |
|    | 200m: 3:29.42        | 54.91               | 600m: 10:53.58 | 55.51     | 1000m: 18:23.06   | 57.24 | 1400m: 26:00.38 | 57.76 |
|    | 250m: 4:23.83        | 54.41               | 650m: 11:50.30 | 56.72     | 1050m: 19:20.16   | 57.10 | 1450m: 26:57.97 | 57.59 |
|    | 300m: 5:18.95        | 55.12               | 700m: 12:45.11 | 54.81     | 1100m: 20:17.26   | 57.10 | 1500m: 27:55.46 | 57.49 |
|    | 350m: 6:14.67        | 55.72               | 750m: 13:41.99 | 56.88     | 1150m: 21:15.02   | 57.76 |                 |       |
|    | 400m: 7:10.33        | 55.66               | 800m: 14:39.21 | 57.22     | 1200m: 22:12.12   | 57.10 |                 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 2, Women, 1500m Freestyle, Masters 40+

| rang | naam           | vereniging | inschrijftijd | startnr.  | tijd | RT |
|------|----------------|------------|---------------|-----------|------|----|
| WDR  | Claudia Broeke | De Fuut    | 24:00.70      | 197300058 |      |    |

Masters 45+

|     |                              |             |                |           |                 |       |                 |       |
|-----|------------------------------|-------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1.  | Lisenka Kornet-van den Akker | ZPC Woerden | 20:56.14       | 196900914 | <b>20:54.38</b> | +0,94 |                 |       |
|     | 50m: 36.41                   | 36.41       | 450m: 6:07.11  | 42.08     | 850m: 11:43.03  | 42.40 | 1250m: 17:22.43 | 42.91 |
|     | 100m: 1:15.87                | 39.46       | 500m: 6:48.89  | 41.78     | 900m: 12:25.43  | 42.40 | 1300m: 18:05.52 | 43.09 |
|     | 150m: 1:56.97                | 41.10       | 550m: 7:30.99  | 42.10     | 950m: 13:07.72  | 42.29 | 1350m: 18:48.28 | 42.76 |
|     | 200m: 2:38.23                | 41.26       | 600m: 8:12.70  | 41.71     | 1000m: 13:50.21 | 42.49 | 1400m: 19:31.45 | 43.17 |
|     | 250m: 3:19.90                | 41.67       | 650m: 8:54.73  | 42.03     | 1050m: 14:32.29 | 42.08 | 1450m: 20:13.49 | 42.04 |
|     | 300m: 4:01.42                | 41.52       | 700m: 9:36.52  | 41.79     | 1100m: 15:14.60 | 42.31 | 1500m: 20:54.38 | 40.89 |
|     | 350m: 4:43.31                | 41.89       | 750m: 10:18.68 | 42.16     | 1150m: 15:57.15 | 42.55 |                 |       |
|     | 400m: 5:25.03                | 41.72       | 800m: 11:00.63 | 41.95     | 1200m: 16:39.52 | 42.37 |                 |       |
| 2.  | Laura Staal                  | Oceanus     | 21:01.87       | 196700358 | <b>21:24.38</b> | +0,88 |                 |       |
|     | 50m: 37.29                   | 37.29       | 450m: 6:19.95  | 43.08     | 850m: 12:07.83  | 43.33 | 1250m: 17:51.83 | 43.01 |
|     | 100m: 1:18.70                | 41.41       | 500m: 7:03.40  | 43.45     | 900m: 12:50.96  | 43.13 | 1300m: 18:34.70 | 42.87 |
|     | 150m: 2:01.65                | 42.95       | 550m: 7:46.69  | 43.29     | 950m: 13:33.97  | 43.01 | 1350m: 19:17.76 | 43.06 |
|     | 200m: 2:44.73                | 43.08       | 600m: 8:30.44  | 43.75     | 1000m: 14:17.08 | 43.11 | 1400m: 20:00.67 | 42.91 |
|     | 250m: 3:27.88                | 43.15       | 650m: 9:13.92  | 43.48     | 1050m: 14:59.95 | 42.87 | 1450m: 20:43.00 | 42.33 |
|     | 300m: 4:10.77                | 42.89       | 700m: 9:57.54  | 43.62     | 1100m: 15:42.87 | 42.92 | 1500m: 21:24.38 | 41.38 |
|     | 350m: 4:53.73                | 42.96       | 750m: 10:41.08 | 43.54     | 1150m: 16:25.93 | 43.06 |                 |       |
|     | 400m: 5:36.87                | 43.14       | 800m: 11:24.50 | 43.42     | 1200m: 17:08.82 | 42.89 |                 |       |
| 3.  | Marion Broekhuis             | WS Twente   | 22:11.07       | 196800060 | <b>22:30.82</b> | +0,79 |                 |       |
|     | 50m: 38.35                   | 38.35       | 450m: 6:36.96  | 45.28     | 850m: 12:40.04  | 45.76 | 1250m: 18:44.54 | 46.03 |
|     | 100m: 1:21.43                | 43.08       | 500m: 7:22.47  | 45.51     | 900m: 13:25.21  | 45.17 | 1300m: 19:29.88 | 45.34 |
|     | 150m: 2:06.19                | 44.76       | 550m: 8:07.89  | 45.42     | 950m: 14:10.78  | 45.57 | 1350m: 20:15.70 | 45.82 |
|     | 200m: 2:51.10                | 44.91       | 600m: 8:53.23  | 45.34     | 1000m: 14:56.02 | 45.24 | 1400m: 21:01.37 | 45.67 |
|     | 250m: 3:36.24                | 45.14       | 650m: 9:38.42  | 45.19     | 1050m: 15:41.58 | 45.56 | 1450m: 21:47.55 | 46.18 |
|     | 300m: 4:21.44                | 45.20       | 700m: 10:23.71 | 45.29     | 1100m: 16:27.24 | 45.66 | 1500m: 22:30.82 | 43.27 |
|     | 350m: 5:06.43                | 44.99       | 750m: 11:09.14 | 45.43     | 1150m: 17:13.14 | 45.90 |                 |       |
|     | 400m: 5:51.68                | 45.25       | 800m: 11:54.28 | 45.14     | 1200m: 17:58.51 | 45.37 |                 |       |
| 4.  | Karin van den Heuvel         | Old Dutch   | 23:23.53       | 196600188 | <b>23:21.29</b> | +0,90 |                 |       |
|     | 50m: 41.25                   | 41.25       | 450m: 6:52.04  | 46.27     | 850m: 13:07.60  | 47.31 | 1250m: 19:26.82 | 46.92 |
|     | 100m: 1:26.53                | 45.28       | 500m: 7:38.60  | 46.56     | 900m: 13:55.06  | 47.46 | 1300m: 20:14.60 | 47.78 |
|     | 150m: 2:12.62                | 46.09       | 550m: 8:25.26  | 46.66     | 950m: 14:43.04  | 47.98 | 1350m: 21:01.96 | 47.36 |
|     | 200m: 2:59.57                | 46.95       | 600m: 9:11.86  | 46.60     | 1000m: 15:31.57 | 48.53 | 1400m: 21:49.48 | 47.52 |
|     | 250m: 3:46.62                | 47.05       | 650m: 9:58.75  | 46.89     | 1050m: 16:18.16 | 46.59 | 1450m: 22:36.54 | 47.06 |
|     | 300m: 4:33.03                | 46.41       | 700m: 10:45.85 | 47.10     | 1100m: 17:05.42 | 47.26 | 1500m: 23:21.29 | 44.75 |
|     | 350m: 5:19.36                | 46.33       | 750m: 11:33.19 | 47.34     | 1150m: 17:52.50 | 47.08 |                 |       |
|     | 400m: 6:05.77                | 46.41       | 800m: 12:20.29 | 47.10     | 1200m: 18:39.90 | 47.40 |                 |       |
| 5.  | Margreet van der Pol         | Oceanus     | 23:11.35       | 196600276 | <b>23:58.66</b> | +1,13 |                 |       |
|     | 50m: 40.72                   | 40.72       | 450m: 6:58.68  | 48.49     | 850m: 13:27.56  | 49.22 | 1250m: 19:58.41 | 48.29 |
|     | 100m: 1:25.70                | 44.98       | 500m: 7:46.83  | 48.15     | 900m: 14:16.06  | 48.50 | 1300m: 20:47.62 | 49.21 |
|     | 150m: 2:12.27                | 46.57       | 550m: 8:35.13  | 48.30     | 950m: 15:04.98  | 48.92 | 1350m: 21:36.20 | 48.58 |
|     | 200m: 2:59.52                | 47.25       | 600m: 9:23.60  | 48.47     | 1000m: 15:53.30 | 48.32 | 1400m: 22:24.86 | 48.66 |
|     | 250m: 3:47.17                | 47.65       | 650m: 10:11.16 | 47.56     | 1050m: 16:42.61 | 49.31 | 1450m: 23:13.33 | 48.47 |
|     | 300m: 4:34.29                | 47.12       | 700m: 10:59.97 | 48.81     | 1100m: 17:31.54 | 48.93 | 1500m: 23:58.66 | 45.33 |
|     | 350m: 5:22.23                | 47.94       | 750m: 11:49.40 | 49.43     | 1150m: 18:20.82 | 49.28 |                 |       |
|     | 400m: 6:10.19                | 47.96       | 800m: 12:38.34 | 48.94     | 1200m: 19:10.12 | 49.30 |                 |       |
| 6.  | Jacqueline Tuin              | DAW         | 23:59.49       | 196600690 | <b>24:26.00</b> | +1,00 |                 |       |
|     | 50m: 41.77                   | 41.77       | 450m: 7:09.17  | 48.76     | 850m: 13:46.07  | 49.61 | 1250m: 20:22.69 | 50.05 |
|     | 100m: 1:27.71                | 45.94       | 500m: 7:58.16  | 48.99     | 900m: 14:35.54  | 49.47 | 1300m: 21:13.29 | 50.60 |
|     | 150m: 2:15.06                | 47.35       | 550m: 8:47.60  | 49.44     | 950m: 15:24.55  | 49.01 | 1350m: 22:03.22 | 49.93 |
|     | 200m: 3:03.49                | 48.43       | 600m: 9:37.23  | 49.63     | 1000m: 16:14.06 | 49.51 | 1400m: 22:52.94 | 49.72 |
|     | 250m: 3:52.25                | 48.76       | 650m: 10:26.74 | 49.51     | 1050m: 17:03.36 | 49.30 | 1450m: 23:41.86 | 48.92 |
|     | 300m: 4:42.00                | 49.75       | 700m: 11:16.80 | 50.06     | 1100m: 17:53.32 | 49.96 | 1500m: 24:26.00 | 44.14 |
|     | 350m: 5:30.99                | 48.99       | 750m: 12:06.48 | 49.68     | 1150m: 18:43.46 | 50.14 |                 |       |
|     | 400m: 6:20.41                | 49.42       | 800m: 12:56.46 | 49.98     | 1200m: 19:32.64 | 49.18 |                 |       |
| WDR | Betty van Kemenade           | PSV         | 26:35.74       | 196800832 |                 |       |                 |       |
| WDR | Ymke Snellen van Vollenhoven | PSV         | 27:10.99       | 196800836 |                 |       |                 |       |

Masters 50+

|    |                    |            |                |           |                 |       |                 |       |
|----|--------------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Irene van der Laan | ZV De Bron | 20:48.86       | 196000096 | <b>21:38.28</b> | +0,94 |                 |       |
|    | 50m: 41.09         | 41.09      | 450m: 6:29.51  | 43.34     | 850m: 12:15.44  | 43.33 | 1250m: 18:01.66 | 43.33 |
|    | 100m: 1:24.53      | 43.44      | 500m: 7:12.81  | 43.30     | 900m: 12:58.50  | 43.06 | 1300m: 18:45.03 | 43.37 |
|    | 150m: 2:08.23      | 43.70      | 550m: 7:56.11  | 43.30     | 950m: 13:41.94  | 43.44 | 1350m: 19:28.74 | 43.71 |
|    | 200m: 2:52.04      | 43.81      | 600m: 8:39.64  | 43.53     | 1000m: 14:25.14 | 43.20 | 1400m: 20:12.41 | 43.67 |
|    | 250m: 3:35.90      | 43.86      | 650m: 9:22.60  | 42.96     | 1050m: 15:08.15 | 43.01 | 1450m: 20:55.60 | 43.19 |
|    | 300m: 4:19.65      | 43.75      | 700m: 10:05.65 | 43.05     | 1100m: 15:51.03 | 42.88 | 1500m: 21:38.28 | 42.68 |
|    | 350m: 5:02.74      | 43.09      | 750m: 10:48.88 | 43.23     | 1150m: 16:34.77 | 43.74 |                 |       |
|    | 400m: 5:46.17      | 43.43      | 800m: 11:32.11 | 43.23     | 1200m: 17:18.33 | 43.56 |                 |       |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 2, Women, 1500m Freestyle, Masters 50+

| rang | naam             | vereniging | inschrijftijd  | startnr.  | tijd              | RT    |                 |       |
|------|------------------|------------|----------------|-----------|-------------------|-------|-----------------|-------|
| 2.   | Inge Wolfs       | PLONS      | 22:09.28       | 196000304 | <b>23:15.50</b>   | +0,85 |                 |       |
|      | 50m: 39.47       | 39.47      | 450m: 6:46.14  | 46.56     | 850m: 12:58.60    | 46.77 | 1250m: 19:17.94 | 47.86 |
|      | 100m: 1:22.77    | 43.30      | 500m: 7:32.80  | 46.66     | 900m: 13:45.30    | 46.70 | 1300m: 20:06.20 | 48.26 |
|      | 150m: 2:07.82    | 45.05      | 550m: 8:19.07  | 46.27     | 950m: 14:32.13    | 46.83 | 1350m: 20:53.80 | 47.60 |
|      | 200m: 2:53.67    | 45.85      | 600m: 9:05.65  | 46.58     | 1000m: 15:19.19   | 47.06 | 1400m: 21:42.13 | 48.33 |
|      | 250m: 3:40.02    | 46.35      | 650m: 9:52.04  | 46.39     | 1050m: 16:07.25   | 48.06 | 1450m: 22:29.17 | 47.04 |
|      | 300m: 4:26.55    | 46.53      | 700m: 10:38.57 | 46.53     | 1100m: 16:55.14   | 47.89 | 1500m: 23:15.50 | 46.33 |
|      | 350m: 5:13.24    | 46.69      | 750m: 11:24.75 | 46.18     | 1150m: 17:42.35   | 47.21 |                 |       |
|      | 400m: 5:59.58    | 46.34      | 800m: 12:11.83 | 47.08     | 1200m: 18:30.08   | 47.73 |                 |       |
| 3.   | Katinka Elders   | Oceanus    | 24:58.65       | 196000292 | <b>25:30.81</b> * | +0,76 |                 |       |
|      | 50m: 44.17       | 44.17      | 450m: 7:29.22  | 51.83     | 850m: 14:21.58    | 51.37 | 1250m: 21:17.61 | 52.75 |
|      | 100m: 1:32.75    | 48.58      | 500m: 8:20.68  | 51.46     | 900m: 15:13.49    | 51.91 | 1300m: 22:09.11 | 51.50 |
|      | 150m: 2:23.09    | 50.34      | 550m: 9:12.43  | 51.75     | 950m: 16:05.45    | 51.96 | 1350m: 23:00.60 | 51.49 |
|      | 200m: 3:13.50    | 50.41      | 600m: 10:03.59 | 51.16     | 1000m: 16:57.22   | 51.77 | 1400m: 23:52.93 | 52.33 |
|      | 250m: 4:04.26    | 50.76      | 650m: 10:55.28 | 51.69     | 1050m: 17:49.31   | 52.09 | 1450m: 24:44.37 | 51.44 |
|      | 300m: 4:55.08    | 50.82      | 700m: 11:47.00 | 51.72     | 1100m: 18:40.97   | 51.66 | 1500m: 25:30.81 | 46.44 |
|      | 350m: 5:46.04    | 50.96      | 750m: 12:38.52 | 51.52     | 1150m: 19:32.98   | 52.01 |                 |       |
|      | 400m: 6:37.39    | 51.35      | 800m: 13:30.21 | 51.69     | 1200m: 20:24.86   | 51.88 |                 |       |
| 4.   | Marjan Spoelstra | Swol 1894  | 26:00.70       | 196000236 | <b>26:19.71</b>   | +0,96 |                 |       |
|      | 50m: 46.63       | 46.63      | 450m: 7:47.68  | 52.79     | 850m: 14:54.22    | 53.66 | 1250m: 21:58.70 | 52.97 |
|      | 100m: 1:37.67    | 51.24      | 500m: 8:40.50  | 52.82     | 900m: 15:47.27    | 53.05 | 1300m: 22:51.52 | 52.82 |
|      | 150m: 2:30.17    | 52.30      | 550m: 9:33.67  | 53.17     | 950m: 16:40.27    | 53.00 | 1350m: 23:44.35 | 52.83 |
|      | 200m: 3:23.00    | 52.83      | 600m: 10:27.02 | 53.35     | 1000m: 17:33.07   | 52.80 | 1400m: 24:37.19 | 52.84 |
|      | 250m: 4:15.82    | 52.82      | 650m: 11:20.57 | 53.55     | 1050m: 18:25.86   | 52.79 | 1450m: 25:28.91 | 51.72 |
|      | 300m: 5:08.97    | 53.15      | 700m: 12:13.80 | 53.23     | 1100m: 19:19.15   | 53.29 | 1500m: 26:19.71 | 50.80 |
|      | 350m: 6:01.80    | 52.83      | 750m: 13:07.46 | 53.66     | 1150m: 20:12.15   | 53.00 |                 |       |
|      | 400m: 6:54.89    | 53.09      | 800m: 14:00.56 | 53.10     | 1200m: 21:05.73   | 53.58 |                 |       |
| WDR  | Judith Cromjongh | De Zwoer   | 22:13.78       | 196400054 |                   |       |                 |       |

Masters 55+

|    |                 |               |                |           |                 |       |                 |       |
|----|-----------------|---------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Patty Verhagen  | PSV           | 21:41.96       | 195900146 | <b>22:19.74</b> | +1,15 |                 |       |
|    | 50m: 41.04      | 41.04         | 450m: 6:35.69  | 44.63     | 850m: 12:32.00  | 44.72 | 1250m: 18:33.24 | 45.11 |
|    | 100m: 1:24.40   | 43.36         | 500m: 7:20.57  | 44.88     | 900m: 13:16.89  | 44.89 | 1300m: 19:18.50 | 45.26 |
|    | 150m: 2:08.36   | 43.96         | 550m: 8:05.30  | 44.73     | 950m: 14:01.75  | 44.86 | 1350m: 20:03.89 | 45.39 |
|    | 200m: 2:52.58   | 44.22         | 600m: 8:49.72  | 44.42     | 1000m: 14:46.81 | 45.06 | 1400m: 20:49.47 | 45.58 |
|    | 250m: 3:37.00   | 44.42         | 650m: 9:33.81  | 44.09     | 1050m: 15:31.78 | 44.97 | 1450m: 21:34.97 | 45.50 |
|    | 300m: 4:21.63   | 44.63         | 700m: 10:18.37 | 44.56     | 1100m: 16:17.19 | 45.41 | 1500m: 22:19.74 | 44.77 |
|    | 350m: 5:06.22   | 44.59         | 750m: 11:02.74 | 44.37     | 1150m: 17:02.64 | 45.45 |                 |       |
|    | 400m: 5:51.06   | 44.84         | 800m: 11:47.28 | 44.54     | 1200m: 17:48.13 | 45.49 |                 |       |
| 2. | Dorothy Ledwith | Ennis Masters | 22:27.96       | 10009706  | <b>22:46.06</b> | +0,93 |                 |       |
|    | 50m: 38.88      | 38.88         | 450m: 6:41.32  | 45.74     | 850m: 12:48.53  | 45.71 | 1250m: 18:57.81 | 45.92 |
|    | 100m: 1:22.43   | 43.55         | 500m: 7:27.45  | 46.13     | 900m: 13:34.92  | 46.39 | 1300m: 19:44.44 | 46.63 |
|    | 150m: 2:07.40   | 44.97         | 550m: 8:12.90  | 45.45     | 950m: 14:20.47  | 45.55 | 1350m: 20:31.04 | 46.60 |
|    | 200m: 2:52.86   | 45.46         | 600m: 8:59.20  | 46.30     | 1000m: 15:06.78 | 46.31 | 1400m: 21:17.86 | 46.82 |
|    | 250m: 3:38.07   | 45.21         | 650m: 9:44.68  | 45.48     | 1050m: 15:52.30 | 45.52 | 1450m: 22:03.01 | 45.15 |
|    | 300m: 4:23.92   | 45.85         | 700m: 10:30.77 | 46.09     | 1100m: 16:38.85 | 46.55 | 1500m: 22:46.06 | 43.05 |
|    | 350m: 5:09.16   | 45.24         | 750m: 11:16.37 | 45.60     | 1150m: 17:24.86 | 46.01 |                 |       |
|    | 400m: 5:55.58   | 46.42         | 800m: 12:02.82 | 46.45     | 1200m: 18:11.89 | 47.03 |                 |       |
| 3. | Ada de Voogd    | ZVVS          | 22:32.50       | 195900280 | <b>22:52.92</b> | +0,86 |                 |       |
|    | 50m: 40.21      | 40.21         | 450m: 6:53.96  | 46.78     | 850m: 13:01.61  | 46.02 | 1250m: 19:10.71 | 45.95 |
|    | 100m: 1:25.78   | 45.57         | 500m: 7:39.86  | 45.90     | 900m: 13:47.64  | 46.03 | 1300m: 19:56.18 | 45.47 |
|    | 150m: 2:12.39   | 46.61         | 550m: 8:26.59  | 46.73     | 950m: 14:33.43  | 45.79 | 1350m: 20:41.41 | 45.23 |
|    | 200m: 2:59.54   | 47.15         | 600m: 9:12.90  | 46.31     | 1000m: 15:20.02 | 46.59 | 1400m: 21:27.89 | 46.48 |
|    | 250m: 3:46.15   | 46.61         | 650m: 9:58.97  | 46.07     | 1050m: 16:06.22 | 46.20 | 1450m: 22:12.78 | 44.89 |
|    | 300m: 4:33.25   | 47.10         | 700m: 10:44.45 | 45.48     | 1100m: 16:52.78 | 46.56 | 1500m: 22:52.92 | 40.14 |
|    | 350m: 5:20.00   | 46.75         | 750m: 11:30.32 | 45.87     | 1150m: 17:38.84 | 46.06 |                 |       |
|    | 400m: 6:07.18   | 47.18         | 800m: 12:15.59 | 45.27     | 1200m: 18:24.76 | 45.92 |                 |       |
| 4. | Margriet Pasma  | De Pinquin    | 23:18.15       | 195500088 | <b>23:53.17</b> | +0,93 |                 |       |
|    | 50m: 43.61      | 43.61         | 450m: 7:12.70  | 47.75     | 850m: 13:32.97  | 47.03 | 1250m: 19:54.82 | 47.85 |
|    | 100m: 1:32.26   | 48.65         | 500m: 8:00.53  | 47.83     | 900m: 14:20.69  | 47.72 | 1300m: 20:42.84 | 48.02 |
|    | 150m: 2:20.90   | 48.64         | 550m: 8:47.39  | 46.86     | 950m: 15:08.23  | 47.54 | 1350m: 21:30.26 | 47.42 |
|    | 200m: 3:10.66   | 49.76         | 600m: 9:35.48  | 48.09     | 1000m: 15:56.37 | 48.14 | 1400m: 22:18.54 | 48.28 |
|    | 250m: 3:59.44   | 48.78         | 650m: 10:22.79 | 47.31     | 1050m: 16:43.90 | 47.53 | 1450m: 23:06.43 | 47.89 |
|    | 300m: 4:48.69   | 49.25         | 700m: 11:10.53 | 47.74     | 1100m: 17:31.91 | 48.01 | 1500m: 23:53.17 | 46.74 |
|    | 350m: 5:36.74   | 48.05         | 750m: 11:58.00 | 47.47     | 1150m: 18:18.87 | 46.96 |                 |       |
|    | 400m: 6:24.95   | 48.21         | 800m: 12:45.94 | 47.94     | 1200m: 19:06.97 | 48.10 |                 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 2, Women, 1500m Freestyle, Masters 55+

| rang | naam          | vereniging | inschrijftijd  | startnr.  | tijd            | RT    |                 |       |
|------|---------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 5.   | Jolanda Rob   | ZV De Bron | 25:14.26       | 195700144 | <b>26:51.98</b> |       |                 |       |
|      | 50m: 45.18    | 45.18      | 450m: 7:58.87  | 55.34     | 850m: 15:15.20  | 54.52 | 1250m: 22:28.87 | 53.75 |
|      | 100m: 1:36.98 | 51.80      | 500m: 8:53.41  | 54.54     | 900m: 16:09.89  | 54.69 | 1300m: 23:22.40 | 53.53 |
|      | 150m: 2:31.05 | 54.07      | 550m: 9:47.83  | 54.42     | 950m: 17:04.16  | 54.27 | 1350m: 24:16.67 | 54.27 |
|      | 200m: 3:25.51 | 54.46      | 600m: 10:42.33 | 54.50     | 1000m: 17:58.30 | 54.14 | 1400m: 25:09.70 | 53.03 |
|      | 250m: 4:20.07 | 54.56      | 650m: 11:36.83 | 54.50     | 1050m: 18:52.65 | 54.35 | 1450m: 26:02.42 | 52.72 |
|      | 300m: 5:15.08 | 55.01      | 700m: 12:31.51 | 54.68     | 1100m: 19:46.41 | 53.76 | 1500m: 26:51.98 | 49.56 |
|      | 350m: 6:09.31 | 54.23      | 750m: 13:26.01 | 54.50     | 1150m: 20:41.41 | 55.00 |                 |       |
|      | 400m: 7:03.53 | 54.22      | 800m: 14:20.68 | 54.67     | 1200m: 21:35.12 | 53.71 |                 |       |

Masters 60+

|    |               |                  |                |           |                 |       |                 |       |
|----|---------------|------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Ineke Meijer  | HZ&PC Heerenveen | 26:24.63       | 195200034 | <b>27:27.66</b> | +0,94 |                 |       |
|    | 50m: 47.70    | 47.70            | 450m: 8:04.39  | 55.56     | 850m: 15:29.72  | 55.69 | 1250m: 22:55.49 | 56.03 |
|    | 100m: 1:39.78 | 52.08            | 500m: 8:59.68  | 55.29     | 900m: 16:25.53  | 55.81 | 1300m: 23:51.74 | 56.25 |
|    | 150m: 2:34.52 | 54.74            | 550m: 9:55.96  | 56.28     | 950m: 17:20.97  | 55.44 | 1350m: 24:47.20 | 55.46 |
|    | 200m: 3:29.12 | 54.60            | 600m: 10:51.83 | 55.87     | 1000m: 18:16.72 | 55.75 | 1400m: 25:42.72 | 55.52 |
|    | 250m: 4:23.72 | 54.60            | 650m: 11:47.05 | 55.22     | 1050m: 19:11.04 | 54.32 | 1450m: 26:36.86 | 54.14 |
|    | 300m: 5:18.56 | 54.84            | 700m: 12:42.86 | 55.81     | 1100m: 20:07.31 | 56.27 | 1500m: 27:27.66 | 50.80 |
|    | 350m: 6:13.35 | 54.79            | 750m: 13:38.32 | 55.46     | 1150m: 21:03.30 | 55.99 |                 |       |
|    | 400m: 7:08.83 | 55.48            | 800m: 14:34.03 | 55.71     | 1200m: 21:59.46 | 56.16 |                 |       |

Masters 70+

|    |                    |           |                |           |                 |         |                 |         |
|----|--------------------|-----------|----------------|-----------|-----------------|---------|-----------------|---------|
| 1. | Matty van der Veen | Old Dutch | 27:49.26       | 194400020 | <b>32:23.27</b> | +1,34   |                 |         |
|    | 50m: 52.78         | 52.78     | 450m: 9:12.98  | 1:02.00   | 850m: 17:52.79  | 1:03.96 | 1250m: 26:45.52 | 1:04.81 |
|    | 100m: 1:53.28      | 1:00.50   | 500m: 10:17.27 | 1:04.29   | 900m: 18:58.34  | 1:05.55 | 1300m: 27:53.94 | 1:08.42 |
|    | 150m: 2:52.35      | 59.07     | 550m: 11:21.63 | 1:04.36   | 950m: 20:05.32  | 1:06.98 | 1350m: 28:59.38 | 1:05.44 |
|    | 200m: 3:54.57      | 1:02.22   | 600m: 12:26.41 | 1:04.78   | 1000m: 21:13.15 | 1:07.83 | 1400m: 30:07.16 | 1:07.78 |
|    | 250m: 4:56.32      | 1:01.75   | 650m: 13:31.00 | 1:04.59   | 1050m: 22:18.36 | 1:05.21 | 1450m: 31:15.52 | 1:08.36 |
|    | 300m: 6:01.66      | 1:05.34   | 700m: 14:36.73 | 1:05.73   | 1100m: 23:26.49 | 1:08.13 | 1500m: 32:23.27 | 1:07.75 |
|    | 350m: 7:04.56      | 1:02.90   | 750m: 15:41.93 | 1:05.20   | 1150m: 24:31.82 | 1:05.33 |                 |         |
|    | 400m: 8:10.98      | 1:06.42   | 800m: 16:48.83 | 1:06.90   | 1200m: 25:40.71 | 1:08.89 |                 |         |

Masters 80+

|                              |                |           |                |           |                 |         |                 |         |
|------------------------------|----------------|-----------|----------------|-----------|-----------------|---------|-----------------|---------|
| 1.                           | Annie de Vos   | Old Dutch | 36:06.89       | 193400004 | <b>38:50.24</b> |         |                 |         |
| <i>Kampioenschaps Record</i> |                |           |                |           |                 |         |                 |         |
|                              | 50m: 1:05.39   | 1:05.39   | 450m: 11:18.61 | 1:16.55   | 850m: 21:38.70  | 1:18.48 | 1250m: 32:12.96 | 1:19.82 |
|                              | 100m: 2:20.23  | 1:14.84   | 500m: 12:35.63 | 1:17.02   | 900m: 22:57.40  | 1:18.70 | 1300m: 33:31.79 | 1:18.83 |
|                              | 150m: 3:36.53  | 1:16.30   | 550m: 13:52.39 | 1:16.76   | 950m: 24:15.75  | 1:18.35 | 1350m: 34:51.58 | 1:19.79 |
|                              | 200m: 4:53.67  | 1:17.14   | 600m: 15:10.05 | 1:17.66   | 1000m: 25:34.21 | 1:18.46 | 1400m: 36:11.21 | 1:19.63 |
|                              | 250m: 6:10.41  | 1:16.74   | 650m: 16:27.32 | 1:17.27   | 1050m: 26:53.70 | 1:19.49 | 1450m: 37:31.66 | 1:20.45 |
|                              | 300m: 7:27.58  | 1:17.17   | 700m: 17:44.28 | 1:16.96   | 1100m: 28:12.97 | 1:19.27 | 1500m: 38:50.24 | 1:18.58 |
|                              | 350m: 8:44.81  | 1:17.23   | 750m: 19:02.34 | 1:18.06   | 1150m: 29:32.75 | 1:19.78 |                 |         |
|                              | 400m: 10:02.06 | 1:17.25   | 800m: 20:20.22 | 1:17.88   | 1200m: 30:53.14 | 1:20.39 |                 |         |

Event 3  
02-05-2014 - 11:46

Men, 800m Freestyle

Masters Open  
Results

| rang               | naam            | vereniging  | inschrijftijd | startnr.  | tijd            | RT    |                |       |
|--------------------|-----------------|-------------|---------------|-----------|-----------------|-------|----------------|-------|
| <b>Masters 20+</b> |                 |             |               |           |                 |       |                |       |
| 1.                 | Joost Rijntjes  | LZ 1886     | 9:37.58       | 199101899 | <b>9:41.06</b>  | +0,74 |                |       |
|                    | 50m: 30.07      | 30.07       | 250m: 2:51.51 | 36.19     | 450m: 5:19.13   | 36.89 | 650m: 7:49.87  | 38.15 |
|                    | 100m: 1:04.42   | 34.35       | 300m: 3:28.40 | 36.89     | 500m: 5:56.72   | 37.59 | 700m: 8:27.40  | 37.53 |
|                    | 150m: 1:39.27   | 34.85       | 350m: 4:05.45 | 37.05     | 550m: 6:34.20   | 37.48 | 750m: 9:05.02  | 37.62 |
|                    | 200m: 2:15.32   | 36.05       | 400m: 4:42.24 | 36.79     | 600m: 7:11.72   | 37.52 | 800m: 9:41.06  | 36.04 |
| 2.                 | Dennis Wijbenga | Stadskanaal | 9:53.18       | 199003283 | <b>9:41.15</b>  | +0,93 |                |       |
|                    | 50m: 30.71      | 30.71       | 250m: 2:57.07 | 36.86     | 450m: 5:25.39   | 36.92 | 650m: 7:55.19  | 37.39 |
|                    | 100m: 1:06.66   | 35.95       | 300m: 3:34.41 | 37.34     | 500m: 6:02.77   | 37.38 | 700m: 8:31.80  | 36.61 |
|                    | 150m: 1:43.00   | 36.34       | 350m: 4:11.30 | 36.89     | 550m: 6:40.40   | 37.63 | 750m: 9:07.69  | 35.89 |
|                    | 200m: 2:20.21   | 37.21       | 400m: 4:48.47 | 37.17     | 600m: 7:17.80   | 37.40 | 800m: 9:41.15  | 33.46 |
| 3.                 | Maik Steenkamp  | Montferland | 9:35.58       | 199103847 | <b>10:38.17</b> | +0,74 |                |       |
|                    | 50m: 32.46      | 32.46       | 250m: 3:04.55 | 39.76     | 450m: 5:47.20   | 41.42 | 650m: 8:34.03  | 41.67 |
|                    | 100m: 1:08.61   | 36.15       | 300m: 3:44.66 | 40.11     | 500m: 6:28.66   | 41.46 | 700m: 9:15.80  | 41.77 |
|                    | 150m: 1:46.23   | 37.62       | 350m: 4:25.34 | 40.68     | 550m: 7:10.75   | 42.09 | 750m: 9:57.84  | 42.04 |
|                    | 200m: 2:24.79   | 38.56       | 400m: 5:05.78 | 40.44     | 600m: 7:52.36   | 41.61 | 800m: 10:38.17 | 40.33 |

Event 3, Men, 800m Freestyle

Masters 25+

|                    |               |          |               |                 |                |       |
|--------------------|---------------|----------|---------------|-----------------|----------------|-------|
| 1. Richard Huisken | ZPC De Hof    | 9:02.41  | 198501141     | <b>9:25.17</b>  | +0,74          |       |
| 50m: 30.12         | 250m: 2:46.76 | 35.06    | 450m: 5:07.99 | 36.26           | 650m: 7:35.58  | 37.08 |
| 100m: 1:03.25      | 300m: 3:21.44 | 34.68    | 500m: 5:44.44 | 36.45           | 700m: 8:12.51  | 36.93 |
| 150m: 1:37.56      | 350m: 3:56.58 | 35.14    | 550m: 6:21.52 | 37.08           | 750m: 8:49.37  | 36.86 |
| 200m: 2:11.70      | 400m: 4:31.73 | 35.15    | 600m: 6:58.50 | 36.98           | 800m: 9:25.17  | 35.80 |
| 2. Emiel Huisken   | ZPC De Hof    | 9:09.24  | 198501139     | <b>9:35.98</b>  | +0,82          |       |
| 50m: 29.99         | 250m: 2:48.70 | 35.54    | 450m: 5:15.35 | 37.16           | 650m: 7:45.41  | 37.33 |
| 100m: 1:03.53      | 300m: 3:24.87 | 36.17    | 500m: 5:52.89 | 37.54           | 700m: 8:23.06  | 37.65 |
| 150m: 1:37.73      | 350m: 4:01.21 | 36.34    | 550m: 6:30.15 | 37.26           | 750m: 9:00.33  | 37.27 |
| 200m: 2:13.16      | 400m: 4:38.19 | 36.98    | 600m: 7:08.08 | 37.93           | 800m: 9:35.98  | 35.65 |
| 3. Bastian Zoon    | MGO (SG)      | 10:07.60 | 198703929     | <b>10:14.11</b> | +0,73          |       |
| 50m: 33.29         | 250m: 3:08.60 | 39.56    | 450m: 5:45.52 | 39.43           | 650m: 8:22.13  | 39.02 |
| 100m: 1:11.07      | 300m: 3:47.87 | 39.27    | 500m: 6:25.00 | 39.48           | 700m: 9:01.47  | 39.34 |
| 150m: 1:49.56      | 350m: 4:27.13 | 39.26    | 550m: 7:03.75 | 38.75           | 750m: 9:38.09  | 36.62 |
| 200m: 2:29.04      | 400m: 5:06.09 | 38.96    | 600m: 7:43.11 | 39.36           | 800m: 10:14.11 | 36.02 |
| 4. Roel van Beek   | Montferland   | 10:50.00 | 198905861     | <b>10:43.69</b> | +0,97          |       |
| 50m: 34.43         | 250m: 3:09.70 | 39.96    | 450m: 5:53.85 | 41.11           | 650m: 8:39.49  | 41.57 |
| 100m: 1:11.60      | 300m: 3:50.49 | 40.79    | 500m: 6:35.25 | 41.40           | 700m: 9:21.46  | 41.97 |
| 150m: 1:50.23      | 350m: 4:31.61 | 41.12    | 550m: 7:16.29 | 41.04           | 750m: 10:03.28 | 41.82 |
| 200m: 2:29.74      | 400m: 5:12.74 | 41.13    | 600m: 7:57.92 | 41.63           | 800m: 10:43.69 | 40.41 |

Masters 30+

|                                  |               |         |               |                 |                |       |
|----------------------------------|---------------|---------|---------------|-----------------|----------------|-------|
| 1. Erik Schroeder                | TriVia        | 8:47.52 | 198402025     | <b>9:08.04</b>  | +0,92          |       |
| <i>Nederlands Masters Record</i> | 250m: 2:45.90 | 34.62   | 450m: 5:05.01 | 34.92           | 650m: 7:25.00  | 35.20 |
| 50m: 30.06                       | 300m: 3:20.71 | 34.81   | 500m: 5:39.74 | 34.73           | 700m: 8:00.39  | 35.39 |
| 100m: 1:03.07                    | 350m: 3:55.30 | 34.59   | 550m: 6:14.69 | 34.95           | 750m: 8:34.69  | 34.30 |
| 150m: 1:37.06                    | 400m: 4:30.09 | 34.79   | 600m: 6:49.80 | 35.11           | 800m: 9:08.04  | 33.35 |
| 200m: 2:11.28                    |               |         |               |                 |                |       |
| 2. Kristiaan Lenos               | LZ 1886       | 9:37.75 | 198301331     | <b>9:21.05</b>  | +0,80          |       |
| 50m: 29.68                       | 250m: 2:46.30 | 34.50   | 450m: 5:07.81 | 35.84           | 650m: 7:33.34  | 36.67 |
| 100m: 1:03.27                    | 300m: 3:21.65 | 35.35   | 500m: 5:44.00 | 36.19           | 700m: 8:09.79  | 36.45 |
| 150m: 1:37.64                    | 350m: 3:56.79 | 35.14   | 550m: 6:20.38 | 36.38           | 750m: 8:46.05  | 36.26 |
| 200m: 2:11.80                    | 400m: 4:31.97 | 35.18   | 600m: 6:56.67 | 36.29           | 800m: 9:21.05  | 35.00 |
| 3. Marcel Reefhuis               | WS Twente     | 9:52.42 | 198101381     | <b>9:58.65</b>  | +0,82          |       |
| 50m: 32.63                       | 250m: 3:01.40 | 37.58   | 450m: 5:33.43 | 37.93           | 650m: 8:06.84  | 38.62 |
| 100m: 1:08.97                    | 300m: 3:39.10 | 37.70   | 500m: 6:11.54 | 38.11           | 700m: 8:45.48  | 38.64 |
| 150m: 1:46.28                    | 350m: 4:17.28 | 38.18   | 550m: 6:50.15 | 38.61           | 750m: 9:23.86  | 38.38 |
| 200m: 2:23.82                    | 400m: 4:55.50 | 38.22   | 600m: 7:28.22 | 38.07           | 800m: 9:58.65  | 34.79 |
| 4. Jeroen Vogelsang              | DAW           | 9:53.75 | 198001645     | <b>10:27.81</b> | +0,86          |       |
| 50m: 32.79                       | 250m: 3:02.92 | 38.38   | 450m: 5:42.55 | 39.97           | 650m: 8:28.49  | 42.80 |
| 100m: 1:09.17                    | 300m: 3:41.51 | 38.59   | 500m: 6:22.93 | 40.38           | 700m: 9:08.87  | 40.38 |
| 150m: 1:46.73                    | 350m: 4:22.12 | 40.61   | 550m: 7:04.43 | 41.50           | 750m: 9:49.90  | 41.03 |
| 200m: 2:24.54                    | 400m: 5:02.58 | 40.46   | 600m: 7:45.69 | 41.26           | 800m: 10:27.81 | 37.91 |

Masters 35+

|                      |               |          |               |                 |                |       |
|----------------------|---------------|----------|---------------|-----------------|----------------|-------|
| 1. Roland de Jong    | Eurode KZC    | 9:34.07  | 197601513     | <b>9:39.00</b>  | +0,75          |       |
| 50m: 31.16           | 250m: 2:51.21 | 36.09    | 450m: 5:18.27 | 36.75           | 650m: 7:48.17  | 37.90 |
| 100m: 1:04.89        | 300m: 3:27.64 | 36.43    | 500m: 5:55.45 | 37.18           | 700m: 8:25.82  | 37.65 |
| 150m: 1:39.43        | 350m: 4:04.47 | 36.83    | 550m: 6:32.57 | 37.12           | 750m: 9:03.59  | 37.77 |
| 200m: 2:15.12        | 400m: 4:41.52 | 37.05    | 600m: 7:10.27 | 37.70           | 800m: 9:39.00  | 35.41 |
| 2. Ivo Roozeboom     | WVZ           | 9:52.06  | 197700801     | <b>10:01.87</b> | +0,84          |       |
| 50m: 32.42           | 250m: 3:03.88 | 37.86    | 450m: 5:36.67 | 38.15           | 650m: 8:10.15  | 38.24 |
| 100m: 1:09.98        | 300m: 3:42.07 | 38.19    | 500m: 6:15.09 | 38.42           | 700m: 8:48.52  | 38.37 |
| 150m: 1:47.86        | 350m: 4:20.29 | 38.22    | 550m: 6:53.53 | 38.44           | 750m: 9:26.31  | 37.79 |
| 200m: 2:26.02        | 400m: 4:58.52 | 38.23    | 600m: 7:31.91 | 38.38           | 800m: 10:01.87 | 35.56 |
| 3. Freddie Geerlings | HGN (SG)      | 10:00.76 | 197900379     | <b>10:11.90</b> | +0,91          |       |
| 50m: 34.05           | 250m: 3:06.56 | 38.12    | 450m: 5:39.77 | 38.17           | 650m: 8:16.29  | 39.73 |
| 100m: 1:12.03        | 300m: 3:44.65 | 38.09    | 500m: 6:18.55 | 38.78           | 700m: 8:55.80  | 39.51 |
| 150m: 1:49.88        | 350m: 4:22.82 | 38.17    | 550m: 6:57.16 | 38.61           | 750m: 9:34.40  | 38.60 |
| 200m: 2:28.44        | 400m: 5:01.60 | 38.78    | 600m: 7:36.56 | 39.40           | 800m: 10:11.90 | 37.50 |
| 4. Erwin Zuidervelt  | De Futen      | 11:03.58 | 197501015     | <b>11:22.88</b> | +0,81          |       |
| 50m: 37.95           | 250m: 3:28.47 | 43.12    | 450m: 6:21.17 | 43.24           | 650m: 9:15.99  | 43.85 |
| 100m: 1:20.17        | 300m: 4:11.65 | 43.18    | 500m: 7:04.85 | 43.68           | 700m: 9:59.77  | 43.78 |
| 150m: 2:02.79        | 350m: 4:54.57 | 42.92    | 550m: 7:48.37 | 43.52           | 750m: 10:44.26 | 44.49 |
| 200m: 2:45.35        | 400m: 5:37.93 | 43.36    | 600m: 8:32.14 | 43.77           | 800m: 11:22.88 | 38.62 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 3, Men, 800m Freestyle

Masters 40+

|                          |                     |                     |                      |          |       |
|--------------------------|---------------------|---------------------|----------------------|----------|-------|
| 1. Richard Rickson       | HGN (SG)            | 9:52.32             | 197000841            | 10:27.54 | +0,95 |
| 50m: 35.02 35.02         | 250m: 3:09.69 38.95 | 450m: 5:48.15 39.21 | 650m: 8:28.21 39.55  |          |       |
| 100m: 1:13.26 38.24      | 300m: 3:49.61 39.92 | 500m: 6:28.36 40.21 | 700m: 9:08.71 40.50  |          |       |
| 150m: 1:51.64 38.38      | 350m: 4:28.62 39.01 | 550m: 7:08.18 39.82 | 750m: 9:48.72 40.01  |          |       |
| 200m: 2:30.74 39.10      | 400m: 5:08.94 40.32 | 600m: 7:48.66 40.48 | 800m: 10:27.54 38.82 |          |       |
| 2. Roy Danckaerts        | De Fuut             | 10:39.45            | 197000231            | 11:04.04 | +0,92 |
| 50m: 36.20 36.20         | 250m: 3:22.03 42.08 | 450m: 6:11.42 42.44 | 650m: 9:00.42 42.45  |          |       |
| 100m: 1:16.03 39.83      | 300m: 4:04.23 42.20 | 500m: 6:53.93 42.51 | 700m: 9:42.32 41.90  |          |       |
| 150m: 1:57.56 41.53      | 350m: 4:46.70 42.47 | 550m: 7:36.01 42.08 | 750m: 10:24.33 42.01 |          |       |
| 200m: 2:39.95 42.39      | 400m: 5:28.98 42.28 | 600m: 8:17.97 41.96 | 800m: 11:04.04 39.71 |          |       |
| 3. Kasper van den Berghe | Swol 1894           | 11:29.38            | 197301125            | 11:22.67 | +0,77 |
| 50m: 36.52 36.52         | 250m: 3:25.35 42.47 | 450m: 6:15.60 43.18 | 650m: 9:09.85 44.08  |          |       |
| 100m: 1:17.76 41.24      | 300m: 4:07.60 42.25 | 500m: 6:58.56 42.96 | 700m: 9:54.36 44.51  |          |       |
| 150m: 2:00.22 42.46      | 350m: 4:50.15 42.55 | 550m: 7:42.42 43.86 | 750m: 10:39.53 45.17 |          |       |
| 200m: 2:42.88 42.66      | 400m: 5:32.42 42.27 | 600m: 8:25.77 43.35 | 800m: 11:22.67 43.14 |          |       |
| 4. Marcel Hoeksels       | ZVVS                | 11:16.63            | 197001655            | 11:23.62 | +1,08 |
| 50m: 36.63 36.63         | 250m: 3:26.04 42.91 | 450m: 6:21.56 44.19 | 650m: 9:15.89 43.13  |          |       |
| 100m: 1:17.86 41.23      | 300m: 4:09.62 43.58 | 500m: 7:05.63 44.07 | 700m: 9:59.80 43.91  |          |       |
| 150m: 2:00.13 42.27      | 350m: 4:53.53 43.91 | 550m: 7:49.69 44.06 | 750m: 10:42.21 42.41 |          |       |
| 200m: 2:43.13 43.00      | 400m: 5:37.37 43.84 | 600m: 8:32.76 43.07 | 800m: 11:23.62 41.41 |          |       |

Masters 45+

|                          |                     |                     |                      |          |       |
|--------------------------|---------------------|---------------------|----------------------|----------|-------|
| 1. Maurice van den Berge | HZ Zian             | 9:37.96             | 196900087            | 10:04.27 | +0,94 |
| 50m: 33.95 33.95         | 250m: 3:05.82 38.44 | 450m: 5:37.88 37.98 | 650m: 8:09.93 38.04  |          |       |
| 100m: 1:11.27 37.32      | 300m: 3:43.78 37.96 | 500m: 6:15.63 37.75 | 700m: 8:48.20 38.27  |          |       |
| 150m: 1:49.46 38.19      | 350m: 4:21.92 38.14 | 550m: 6:53.71 38.08 | 750m: 9:26.50 38.30  |          |       |
| 200m: 2:27.38 37.92      | 400m: 4:59.90 37.98 | 600m: 7:31.89 38.18 | 800m: 10:04.27 37.77 |          |       |
| 2. René Beetsma          | HZ&PC Heerenveen    | 9:40.26             | 196900069            | 10:09.59 | +0,83 |
| 50m: 33.78 33.78         | 250m: 3:04.25 37.84 | 450m: 5:38.67 38.56 | 650m: 8:14.98 40.10  |          |       |
| 100m: 1:11.14 37.36      | 300m: 3:42.56 38.31 | 500m: 6:17.32 38.65 | 700m: 8:53.46 38.48  |          |       |
| 150m: 1:48.66 37.52      | 350m: 4:20.60 38.04 | 550m: 6:56.12 38.80 | 750m: 9:32.17 38.71  |          |       |
| 200m: 2:26.41 37.75      | 400m: 5:00.11 39.51 | 600m: 7:34.88 38.76 | 800m: 10:09.59 37.42 |          |       |
| 3. Harold Matla          | PSV                 | 10:39.34            | 196800591            | 11:25.03 | +0,90 |
| 50m: 35.91 35.91         | 250m: 3:23.52 42.70 | 450m: 6:19.18 43.83 | 650m: 9:17.77 44.75  |          |       |
| 100m: 1:16.31 40.40      | 300m: 4:07.09 43.57 | 500m: 7:03.98 44.80 | 700m: 10:02.32 44.55 |          |       |
| 150m: 1:58.55 42.24      | 350m: 4:51.10 44.01 | 550m: 7:48.39 44.41 | 750m: 10:44.79 42.47 |          |       |
| 200m: 2:40.82 42.27      | 400m: 5:35.35 44.25 | 600m: 8:33.02 44.63 | 800m: 11:25.03 40.24 |          |       |
| 4. Erik van Dartel       | PSV                 | 11:05.17            | 196700185            | 11:38.57 | +1,03 |
| 50m: 38.30 38.30         | 250m: 3:28.84 43.37 | 450m: 6:24.93 43.83 | 650m: 9:24.55 45.25  |          |       |
| 100m: 1:19.49 41.19      | 300m: 4:12.65 43.81 | 500m: 7:10.13 45.20 | 700m: 10:09.31 44.76 |          |       |
| 150m: 2:01.72 42.23      | 350m: 4:56.33 43.68 | 550m: 7:54.48 44.35 | 750m: 10:54.39 45.08 |          |       |
| 200m: 2:45.47 43.75      | 400m: 5:41.10 44.77 | 600m: 8:39.30 44.82 | 800m: 11:38.57 44.18 |          |       |
| 5. Ramon Alsina Munoz    | CNSW                | 11:56.59            | CNSW/608/69          | 12:02.34 | +0,93 |
| 50m: 39.18 39.18         | 250m: 3:36.39 45.75 | 450m: 6:38.95 45.71 | 650m: 9:43.60 46.59  |          |       |
| 100m: 1:21.60 42.42      | 300m: 4:21.72 45.33 | 500m: 7:24.87 45.92 | 700m: 10:29.74 46.14 |          |       |
| 150m: 2:05.88 44.28      | 350m: 5:07.60 45.88 | 550m: 8:11.13 46.26 | 750m: 11:16.50 46.76 |          |       |
| 200m: 2:50.64 44.76      | 400m: 5:53.24 45.64 | 600m: 8:57.01 45.88 | 800m: 12:02.34 45.84 |          |       |

WDR Michel Honders  
WDR Konstantin Sklyar

GLS Ketelbinkie 13:04.72 196901395  
TG Lage 1862 11:00.77 321129

Masters 50+

|                        |                     |                     |                      |          |       |
|------------------------|---------------------|---------------------|----------------------|----------|-------|
| 1. Jan Brink           | De Zeeuwse Kust     | 9:31.11             | 196200091            | 10:02.14 | +0,81 |
| 50m: 32.74 32.74       | 250m: 3:02.53 38.17 | 450m: 5:34.21 38.35 | 650m: 8:07.88 38.68  |          |       |
| 100m: 1:08.96 36.22    | 300m: 3:40.39 37.86 | 500m: 6:12.44 38.23 | 700m: 8:46.38 38.50  |          |       |
| 150m: 1:46.51 37.55    | 350m: 4:18.01 37.62 | 550m: 6:50.84 38.40 | 750m: 9:25.04 38.66  |          |       |
| 200m: 2:24.36 37.85    | 400m: 4:55.86 37.85 | 600m: 7:29.20 38.36 | 800m: 10:02.14 37.10 |          |       |
| 2. Gustav van den Berg | TriVia              | 9:54.37             | 196100991            | 10:14.34 | +0,91 |
| 50m: 34.90 34.90       | 250m: 3:10.29 39.58 | 450m: 5:46.39 38.61 | 650m: 8:21.56 38.82  |          |       |
| 100m: 1:13.14 38.24    | 300m: 3:49.42 39.13 | 500m: 6:25.11 38.72 | 700m: 9:00.74 39.18  |          |       |
| 150m: 1:51.67 38.53    | 350m: 4:28.56 39.14 | 550m: 7:03.85 38.74 | 750m: 9:39.27 38.53  |          |       |
| 200m: 2:30.71 39.04    | 400m: 5:07.78 39.22 | 600m: 7:42.74 38.89 | 800m: 10:14.34 35.07 |          |       |
| 3. Menno Lomans        | d'ELFT WAVE (SG)    | 10:25.49            | 196101071            | 10:56.33 | +0,86 |
| 50m: 36.67 36.67       | 250m: 3:21.66 41.99 | 450m: 6:09.28 41.69 | 650m: 8:55.57 41.72  |          |       |
| 100m: 1:16.93 40.26    | 300m: 4:03.18 41.52 | 500m: 6:50.81 41.53 | 700m: 9:37.57 42.00  |          |       |
| 150m: 1:57.80 40.87    | 350m: 4:45.01 41.83 | 550m: 7:32.33 41.52 | 750m: 10:18.46 40.89 |          |       |
| 200m: 2:39.67 41.87    | 400m: 5:27.59 42.58 | 600m: 8:13.85 41.52 | 800m: 10:56.33 37.87 |          |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 3, Men, 800m Freestyle, Masters 50+

| rang | naam               | vereniging  | inschrijftijd | startnr.  | tijd          | RT    |                |       |
|------|--------------------|-------------|---------------|-----------|---------------|-------|----------------|-------|
| 4.   | Eric Langhorst     | De Rijn     | 10:58.66      | 196200389 | 11:21.43      | +0,82 |                |       |
|      | 50m: 37.94         | 37.94       | 250m: 3:32.76 | 43.78     | 450m: 6:25.89 | 43.09 | 650m: 9:16.86  | 42.65 |
|      | 100m: 1:20.92      | 42.98       | 300m: 4:16.16 | 43.40     | 500m: 7:08.85 | 42.96 | 700m: 9:59.24  | 42.38 |
|      | 150m: 2:05.19      | 44.27       | 350m: 4:59.45 | 43.29     | 550m: 7:51.68 | 42.83 | 750m: 10:40.99 | 41.75 |
|      | 200m: 2:48.98      | 43.79       | 400m: 5:42.80 | 43.35     | 600m: 8:34.21 | 42.53 | 800m: 11:21.43 | 40.44 |
| 5.   | Paul van der Voort | De Zwoer    | 11:26.62      | 196200715 | 11:25.37      | +1,00 |                |       |
|      | 50m: 35.70         | 35.70       | 250m: 3:27.29 | 44.28     | 450m: 6:23.66 | 44.37 | 650m: 9:18.50  | 43.73 |
|      | 100m: 1:16.19      | 40.49       | 300m: 4:10.71 | 43.42     | 500m: 7:07.34 | 43.68 | 700m: 10:01.86 | 43.36 |
|      | 150m: 1:59.54      | 43.35       | 350m: 4:55.47 | 44.76     | 550m: 7:51.00 | 43.66 | 750m: 10:44.48 | 42.62 |
|      | 200m: 2:43.01      | 43.47       | 400m: 5:39.29 | 43.82     | 600m: 8:34.77 | 43.77 | 800m: 11:25.37 | 40.89 |
| 6.   | Eric Tijms         | OEZA        | 12:32.98      | 196401125 | 12:35.14      | +1,01 |                |       |
|      | 50m: 39.95         | 39.95       | 250m: 3:43.25 | 47.72     | 450m: 6:57.76 | 49.19 | 650m: 10:14.80 | 49.60 |
|      | 100m: 1:22.68      | 42.73       | 300m: 4:31.19 | 47.94     | 500m: 7:46.75 | 48.99 | 700m: 11:03.25 | 48.45 |
|      | 150m: 2:08.75      | 46.07       | 350m: 5:19.82 | 48.63     | 550m: 8:36.05 | 49.30 | 750m: 11:51.49 | 48.24 |
|      | 200m: 2:55.53      | 46.78       | 400m: 6:08.57 | 48.75     | 600m: 9:25.20 | 49.15 | 800m: 12:35.14 | 43.65 |
| 7.   | Ger van Veen       | Arethusa    | 12:38.29      | 196000583 | 12:35.57      | +1,01 |                |       |
|      | 50m: 41.13         | 41.13       | 250m: 3:46.40 | 46.86     | 450m: 7:00.60 | 47.82 | 650m: 10:15.16 | 49.88 |
|      | 100m: 1:26.18      | 45.05       | 300m: 4:34.73 | 48.33     | 500m: 7:48.18 | 47.58 | 700m: 11:04.78 | 49.62 |
|      | 150m: 2:12.30      | 46.12       | 350m: 5:23.45 | 48.72     | 550m: 8:36.98 | 48.80 | 750m: 11:53.28 | 48.50 |
|      | 200m: 2:59.54      | 47.24       | 400m: 6:12.78 | 49.33     | 600m: 9:25.28 | 48.30 | 800m: 12:35.57 | 42.29 |
| 8.   | Henk Gierveld      | Nat Utrecht | 13:01.30      | 196000869 | 13:08.45      | +0,96 |                |       |
|      | 50m: 41.38         | 41.38       | 250m: 3:52.90 | 49.32     | 450m: 7:17.01 | 51.15 | 650m: 10:40.50 | 50.05 |
|      | 100m: 1:27.07      | 45.69       | 300m: 4:43.58 | 50.68     | 500m: 8:08.28 | 51.27 | 700m: 11:31.76 | 51.26 |
|      | 150m: 2:14.98      | 47.91       | 350m: 5:34.33 | 50.75     | 550m: 8:59.52 | 51.24 | 750m: 12:21.37 | 49.61 |
|      | 200m: 3:03.58      | 48.60       | 400m: 6:25.86 | 51.53     | 600m: 9:50.45 | 50.93 | 800m: 13:08.45 | 47.08 |

Masters 55+

|    |                                  |                   |               |           |               |       |                |       |
|----|----------------------------------|-------------------|---------------|-----------|---------------|-------|----------------|-------|
| 1. | Marten de Groot                  | HZ&PC Heerenvveen | 9:42.68       | 195800149 | 9:39.03       | +0,79 |                |       |
|    | <i>Nederlands Masters Record</i> |                   |               |           |               |       |                |       |
|    | 50m: 33.52                       | 33.52             | 250m: 2:59.08 | 36.40     | 450m: 5:24.73 | 36.55 | 650m: 7:51.99  | 36.74 |
|    | 100m: 1:10.08                    | 36.56             | 300m: 3:35.39 | 36.31     | 500m: 6:01.40 | 36.67 | 700m: 8:28.37  | 36.38 |
|    | 150m: 1:46.60                    | 36.52             | 350m: 4:11.56 | 36.17     | 550m: 6:38.22 | 36.82 | 750m: 9:04.61  | 36.24 |
|    | 200m: 2:22.68                    | 36.08             | 400m: 4:48.18 | 36.62     | 600m: 7:15.25 | 37.03 | 800m: 9:39.03  | 34.42 |
| 2. | Marius Ros                       | ZCNF'34           | 10:51.72      | 195900779 | 10:56.56      | +0,77 |                |       |
|    | 50m: 37.13                       | 37.13             | 250m: 3:20.17 | 41.25     | 450m: 6:07.46 | 42.14 | 650m: 8:55.71  | 42.09 |
|    | 100m: 1:16.67                    | 39.54             | 300m: 4:01.60 | 41.43     | 500m: 6:49.03 | 41.57 | 700m: 9:37.04  | 41.33 |
|    | 150m: 1:57.76                    | 41.09             | 350m: 4:43.60 | 42.00     | 550m: 7:31.46 | 42.43 | 750m: 10:18.86 | 41.82 |
|    | 200m: 2:38.92                    | 41.16             | 400m: 5:25.32 | 41.72     | 600m: 8:13.62 | 42.16 | 800m: 10:56.56 | 37.70 |
| 3. | Richard Broer                    | PLONS             | 11:09.58      | 195900077 | 11:04.45      | +0,99 |                |       |
|    | 50m: 35.55                       | 35.55             | 250m: 3:20.46 | 40.33     | 450m: 6:08.11 | 42.02 | 650m: 8:58.85  | 42.80 |
|    | 100m: 1:16.04                    | 40.49             | 300m: 4:02.04 | 41.58     | 500m: 6:50.60 | 42.49 | 700m: 9:41.67  | 42.82 |
|    | 150m: 1:57.95                    | 41.91             | 350m: 4:43.19 | 41.15     | 550m: 7:32.89 | 42.29 | 750m: 10:24.05 | 42.38 |
|    | 200m: 2:40.13                    | 42.18             | 400m: 5:26.09 | 42.90     | 600m: 8:16.05 | 43.16 | 800m: 11:04.45 | 40.40 |
| 4. | Henk Slomp                       | De Pinquin        | 11:11.91      | 195500359 | 11:33.90      | +0,81 |                |       |
|    | 50m: 36.80                       | 36.80             | 250m: 3:29.03 | 44.29     | 450m: 6:27.81 | 44.55 | 650m: 9:26.64  | 44.88 |
|    | 100m: 1:17.79                    | 40.99             | 300m: 4:13.33 | 44.30     | 500m: 7:12.16 | 44.35 | 700m: 10:11.29 | 44.65 |
|    | 150m: 2:01.25                    | 43.46             | 350m: 4:58.58 | 45.25     | 550m: 7:57.56 | 45.40 | 750m: 10:55.31 | 44.02 |
|    | 200m: 2:44.74                    | 43.49             | 400m: 5:43.26 | 44.68     | 600m: 8:41.76 | 44.20 | 800m: 11:33.90 | 38.59 |
| 5. | Lex Hoogendam                    | MNC Dordrecht     | 11:53.76      | 195700541 | 12:25.80      | +1,11 |                |       |
|    | 50m: 39.57                       | 39.57             | 250m: 3:43.98 | 47.24     | 450m: 6:54.42 | 49.24 | 650m: 10:06.02 | 47.67 |
|    | 100m: 1:23.46                    | 43.89             | 300m: 4:31.26 | 47.28     | 500m: 7:41.37 | 46.95 | 700m: 10:53.87 | 47.85 |
|    | 150m: 2:09.60                    | 46.14             | 350m: 5:18.67 | 47.41     | 550m: 8:30.58 | 49.21 | 750m: 11:41.13 | 47.26 |
|    | 200m: 2:56.74                    | 47.14             | 400m: 6:05.18 | 46.51     | 600m: 9:18.35 | 47.77 | 800m: 12:25.80 | 44.67 |
| 6. | Dirk Crok                        | OEZA              | 12:58.61      | 195800547 | 13:20.08      | +1,28 |                |       |
|    | 50m: 42.82                       | 42.82             | 250m: 3:58.95 | 50.58     | 450m: 7:22.86 | 51.12 | 650m: 10:48.39 | 50.94 |
|    | 100m: 1:29.49                    | 46.67             | 300m: 4:49.64 | 50.69     | 500m: 8:14.70 | 51.84 | 700m: 11:39.66 | 51.27 |
|    | 150m: 2:18.44                    | 48.95             | 350m: 5:40.61 | 50.97     | 550m: 9:05.82 | 51.12 | 750m: 12:29.80 | 50.14 |
|    | 200m: 3:08.37                    | 49.93             | 400m: 6:31.74 | 51.13     | 600m: 9:57.45 | 51.63 | 800m: 13:20.08 | 50.28 |

Masters 60+

|    |               |                |               |           |               |       |                |       |
|----|---------------|----------------|---------------|-----------|---------------|-------|----------------|-------|
| 1. | Piet Schop    | De Bevelanders | 12:35.92      | 195000109 | 12:22.18      | +0,73 |                |       |
|    | 50m: 40.20    | 40.20          | 250m: 3:44.24 | 47.30     | 450m: 6:57.02 | 48.26 | 650m: 10:08.17 | 47.01 |
|    | 100m: 1:23.45 | 43.25          | 300m: 4:32.80 | 48.56     | 500m: 7:45.16 | 48.14 | 700m: 10:56.56 | 48.39 |
|    | 150m: 2:09.33 | 45.88          | 350m: 5:20.85 | 48.05     | 550m: 8:33.32 | 48.16 | 750m: 11:41.26 | 44.70 |
|    | 200m: 2:56.94 | 47.61          | 400m: 6:08.76 | 47.91     | 600m: 9:21.16 | 47.84 | 800m: 12:22.18 | 40.92 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 3, Men, 800m Freestyle, Masters 60+

| rang | naam          | vereniging | inschrijftijd | startnr.  | tijd            | RT    |                |       |
|------|---------------|------------|---------------|-----------|-----------------|-------|----------------|-------|
| 2.   | Jos Kamps     | De Amer    | 13:52.76      | 195100085 | <b>13:48.23</b> | +1,21 |                |       |
|      | 50m: 42.30    | 42.30      | 250m: 4:03.35 | 52.70     | 450m: 7:38.26   | 53.57 | 650m: 11:16.54 | 54.66 |
|      | 100m: 1:29.53 | 47.23      | 300m: 4:57.41 | 54.06     | 500m: 8:33.36   | 55.10 | 700m: 12:09.13 | 52.59 |
|      | 150m: 2:18.93 | 49.40      | 350m: 5:51.49 | 54.08     | 550m: 9:27.68   | 54.32 | 750m: 13:02.80 | 53.67 |
|      | 200m: 3:10.65 | 51.72      | 400m: 6:44.69 | 53.20     | 600m: 10:21.88  | 54.20 | 800m: 13:48.23 | 45.43 |

Masters 65+

|    |                      |                |               |           |                 |       |                |       |
|----|----------------------|----------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Donald Uijtenbogaart | Het Y          | 11:05.13      | 194700107 | <b>11:12.72</b> | +0,89 |                |       |
|    | 50m: 38.53           | 38.53          | 250m: 3:32.10 | 43.44     | 450m: 6:23.97   | 42.90 | 650m: 9:12.16  | 41.43 |
|    | 100m: 1:21.46        | 42.93          | 300m: 4:15.26 | 43.16     | 500m: 7:06.49   | 42.52 | 700m: 9:53.49  | 41.33 |
|    | 150m: 2:05.06        | 43.60          | 350m: 4:58.24 | 42.98     | 550m: 7:49.23   | 42.74 | 750m: 10:34.24 | 40.75 |
|    | 200m: 2:48.66        | 43.60          | 400m: 5:41.07 | 42.83     | 600m: 8:30.73   | 41.50 | 800m: 11:12.72 | 38.48 |
| 2. | Willem Putter        | ZVVS           | 13:44.48      | 194500135 | <b>13:41.31</b> | +1,03 |                |       |
|    | 50m: 43.63           | 43.63          | 250m: 4:12.41 | 53.03     | 450m: 7:42.04   | 52.13 | 650m: 11:12.86 | 51.85 |
|    | 100m: 1:33.98        | 50.35          | 300m: 5:05.70 | 53.29     | 500m: 8:35.32   | 53.28 | 700m: 12:04.17 | 51.31 |
|    | 150m: 2:25.79        | 51.81          | 350m: 5:58.13 | 52.43     | 550m: 9:28.29   | 52.97 | 750m: 12:55.39 | 51.22 |
|    | 200m: 3:19.38        | 53.59          | 400m: 6:49.91 | 51.78     | 600m: 10:21.01  | 52.72 | 800m: 13:41.31 | 45.92 |
| 3. | Ludwig Lorenz        | SV Gladbeck 13 | 13:39.86      | 127866    | <b>13:44.17</b> | +1,05 |                |       |
|    | 50m: 47.96           | 47.96          | 250m: 4:19.04 | 52.31     | 450m: 7:48.60   | 53.40 | 650m: 11:11.20 | 53.25 |
|    | 100m: 1:40.49        | 52.53          | 300m: 5:10.93 | 51.89     | 500m: 8:38.85   | 50.25 | 700m: 12:07.07 | 50.77 |
|    | 150m: 2:34.55        | 54.06          | 350m: 6:03.78 | 52.85     | 550m: 9:31.33   | 52.48 | 750m: 12:59.21 | 52.14 |
|    | 200m: 3:26.73        | 52.18          | 400m: 6:55.20 | 51.42     | 600m: 10:23.05  | 51.72 | 800m: 13:44.17 | 44.96 |

Masters 70+

|    |                  |           |               |           |                 |       |                |       |
|----|------------------|-----------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Frans van Enst   | WS Twente | 13:06.78      | 194000011 | <b>13:40.13</b> | +1,01 |                |       |
|    | 50m: 43.14       | 43.14     | 250m: 4:12.63 | 53.16     | 450m: 7:44.43   | 52.36 | 650m: 11:11.20 | 51.09 |
|    | 100m: 1:33.34    | 50.20     | 300m: 5:06.10 | 53.47     | 500m: 8:36.27   | 51.84 | 700m: 12:02.72 | 51.52 |
|    | 150m: 2:25.51    | 52.17     | 350m: 5:58.97 | 52.87     | 550m: 9:28.26   | 51.99 | 750m: 12:53.18 | 50.46 |
|    | 200m: 3:19.47    | 53.96     | 400m: 6:52.07 | 53.10     | 600m: 10:20.11  | 51.85 | 800m: 13:40.13 | 46.95 |
| 2. | Rob Hanou        | PSV       | 12:57.37      | 194300109 | <b>14:00.76</b> | +1,17 |                |       |
|    | 50m: 43.03       | 43.03     | 250m: 4:17.32 | 52.72     | 450m: 7:51.75   | 51.98 | 650m: 11:27.00 | 52.77 |
|    | 100m: 1:36.01    | 52.98     | 300m: 5:12.31 | 54.99     | 500m: 8:46.67   | 54.92 | 700m: 12:21.94 | 54.94 |
|    | 150m: 2:29.61    | 53.60     | 350m: 6:05.05 | 52.74     | 550m: 9:39.59   | 52.92 | 750m: 13:13.97 | 52.03 |
|    | 200m: 3:24.60    | 54.99     | 400m: 6:59.77 | 54.72     | 600m: 10:34.23  | 54.64 | 800m: 14:00.76 | 46.79 |
| 3. | Geza Kaltenecker | AZC       | 14:02.64      | 194200065 | <b>14:27.25</b> | +1,10 |                |       |
|    | 50m: 43.32       | 43.32     | 250m: 4:22.74 | 55.94     | 450m: 8:07.12   | 54.08 | 650m: 11:49.28 | 54.70 |
|    | 100m: 1:36.49    | 53.17     | 300m: 5:20.01 | 57.27     | 500m: 9:03.87   | 56.75 | 700m: 12:45.57 | 56.29 |
|    | 150m: 2:30.08    | 53.59     | 350m: 6:15.16 | 55.15     | 550m: 9:58.37   | 54.50 | 750m: 13:37.52 | 51.95 |
|    | 200m: 3:26.80    | 56.72     | 400m: 7:13.04 | 57.88     | 600m: 10:54.58  | 56.21 | 800m: 14:27.25 | 49.73 |

Masters 75+

|    |   |               |               |           |                 |       |                |       |
|----|---|---------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Nic Geers<br><i>Nederlands Masters Record</i> | Z&PC De Gouwe | 13:06.11      | 193800007 | <b>13:37.10</b> | +0,96 |                |       |
|    | 50m: 46.66                                    | 46.66         | 250m: 4:11.64 | 52.36     | 450m: 7:41.33   | 52.48 | 650m: 11:13.04 | 52.37 |
|    | 100m: 1:36.46                                 | 49.80         | 300m: 5:03.50 | 51.86     | 500m: 8:34.04   | 52.71 | 700m: 12:04.00 | 50.96 |
|    | 150m: 2:28.18                                 | 51.72         | 350m: 5:56.54 | 53.04     | 550m: 9:27.55   | 53.51 | 750m: 12:52.93 | 48.93 |
|    | 200m: 3:19.28                                 | 51.10         | 400m: 6:48.85 | 52.31     | 600m: 10:20.67  | 53.12 | 800m: 13:37.10 | 44.17 |

Masters 80+

|      |          |     |          |           |  |  |
|------|----------|-----|----------|-----------|--|--|
| sick | Bob Berg | PSV | 16:46.81 | 193300011 |  |  |
|------|----------|-----|----------|-----------|--|--|

2 - ONMK 2014 lb sessie 2

02-05-2014 - 14:00

Event 5 4 x 200m Freestyle Masters Open Results  
02-05-2014 - 14:00

| rang               | vereniging  | inschrijftijd       | startnr. | tijd             | RT      |         |         |         |
|--------------------|---|---------------------|----------|------------------|---------|---------|---------|---------|
| <b>100+, Men</b>   |   |                     |          |                  |         |         |         |         |
| 1.                 | ZPC De Hof 1<br><i>Nederlands Masters Record</i>          | ZPC De Hof          | 8:10.60  | <b>8:33.26</b>   | +0,85   |         |         |         |
|                    | Jasper de Boer  | 93                  | +0,85    | 30.58            | 1:03.64 | 1:38.13 | 2:12.46 | 2:12.46 |
|                    | Pieter Pickhardt  | 83                  | +0,45    | 28.92            | 1:01.67 | 1:36.10 | 2:09.78 | 2:09.78 |
|                    | Emiel Huisken   | 85                  | +0,49    | 27.91            | 59.60   | 1:32.94 | 2:06.21 | 2:06.21 |
|                    | Richard Huisken   | 85                  | +0,51    | 28.07            | 59.32   | 1:31.99 | 2:04.81 | 2:04.81 |
| 2.                 | LZ 1886 1   | LZ 1886             | 8:35.48  | <b>8:46.66</b> * | +0,72   |         |         |         |
|                    | Thomas Hansen   | 92                  | +0,72    | 29.78            | 1:03.53 | 1:38.31 | 2:13.03 | 2:13.03 |
|                    | Kristiaan Lenos   | 83                  | +0,50    | 27.45            | 58.31   | 1:31.19 | 2:03.55 | 2:03.55 |
|                    | Sjoerd Sieval   | 90                  | +0,07    | 29.27            | 1:02.86 | 1:39.23 | 2:17.30 | 2:17.30 |
|                    | Joost Rijntjes  | 91                  | +0,39    | 28.18            | 1:01.07 | 1:36.69 | 2:12.78 | 2:12.78 |
| 3.                 | MGO (SG) 1  | MGO (SG)            | 9:01.09  | <b>9:19.14</b>   | +0,73   |         |         |         |
|                    | Bastian Zoon  | 87                  | +0,73    | 30.50            | 1:06.42 | 1:43.24 | 2:19.16 | 2:19.16 |
|                    | Leander Noordijk  | 81                  | +0,60    | 30.79            | 1:06.29 | 1:43.48 | 2:19.29 | 2:19.29 |
|                    | Frank van der Voordt                                      | 83                  | +0,42    | 32.05            | 1:08.35 | 1:46.10 | 2:24.45 | 2:24.45 |
|                    | Niels Albrechts   | 88                  | +0,34    | 30.50            | 1:04.55 | 1:39.98 | 2:16.24 | 2:16.24 |
| <b>100+, Mixed</b> |   |                     |          |                  |         |         |         |         |
| 1.                 | Steenwijk 1934 1  | Steenwijk 1934      | 10:33.12 | <b>10:56.50</b>  | +0,84   |         |         |         |
|                    | Charine de Ruiter   | 94                  | +0,84    | 36.03            | 1:17.88 | 2:02.04 | 2:46.36 | 2:46.36 |
|                    | Mike Koelewijn  | 93                  | +0,71    | 30.71            | 1:06.51 | 1:45.12 | 2:20.66 | 2:20.66 |
|                    | Tara Keijzer  | 91                  | +0,77    | 40.57            | 1:28.10 | 2:16.43 | 3:03.70 | 3:03.70 |
|                    | Casper Dollekamp  | 63                  | +0,56    | 37.48            | 1:20.31 | 2:03.86 | 2:45.78 | 2:45.78 |
| <b>120+, Women</b> |   |                     |          |                  |         |         |         |         |
| 1.                 | Het Y 1<br><i>Nederlands Masters Record</i>               | Het Y               | 9:24.45  | <b>9:32.87</b>   | +0,79   |         |         |         |
|                    | Alice Bravo   | 87                  | +0,79    | 31.41            | 1:05.80 | 1:41.12 | 2:15.77 | 2:15.77 |
|                    | Cynthia Noordermeer                                       | 70                  | +0,63    | 36.84            | 1:16.72 | 1:57.07 | 2:35.64 | 2:35.64 |
|                    | Ana-Lara da Silva   | 80                  | +0,55    | 33.55            | 1:10.96 | 1:49.20 | 2:26.87 | 2:26.87 |
|                    | Evelien Sohl  | 86                  | +0,41    | 31.33            | 1:05.43 | 1:39.98 | 2:14.59 | 2:14.59 |
| <b>120+, Men</b>   |   |                     |          |                  |         |         |         |         |
| 1.                 | Zwemlust-den Hommel 1<br><i>Nederlands Masters Record</i> | Zwemlust-den Hommel | 8:31.25  | <b>8:39.33</b>   | +0,75   |         |         |         |
|                    | Vincent Versteeg  | 77                  | +0,75    | 29.43            | 1:02.87 | 1:37.57 | 2:12.11 | 2:12.11 |
|                    | Mark Musch  | 84                  | +0,27    | 28.32            | 1:00.45 | 1:34.98 | 2:10.85 | 2:10.85 |
|                    | Mark Zwart  | 79                  | +0,47    | 30.21            | 1:04.09 | 1:39.61 | 2:14.71 | 2:14.71 |
|                    | Raoul Engelenburg   | 89                  |          | 27.58            | 58.25   | 1:29.48 | 2:01.66 | 2:01.66 |
| 2.                 | DAW 1   | DAW                 | 9:38.52  | <b>9:19.47</b>   | +0,82   |         |         |         |
|                    | Rene de Boer  | 64                  | +0,82    | 31.30            | 1:06.18 | 1:43.47 | 2:20.38 | 2:20.38 |
|                    | Alex Damen  | 75                  | +0,40    | 30.22            | 1:04.15 | 1:39.89 | 2:16.27 | 2:16.27 |
|                    | Kars Lutik  | 78                  |          | 30.25            | 1:05.76 | 1:42.09 | 2:18.73 | 2:18.73 |
|                    | Jeroen Vogelsang  | 80                  | +0,53    | 31.81            | 1:07.65 | 1:46.07 | 2:24.09 | 2:24.09 |
| 3.                 | RZ 1  | RZ                  | 9:42.48  | <b>9:44.80</b>   | +0,74   |         |         |         |
|                    | Kenneth Caster  | 91                  | +0,74    | 29.36            | 1:02.78 | 1:39.72 | 2:19.35 | 2:19.35 |
|                    | Patrick Creemers  | 90                  | +0,54    | 29.94            | 1:03.44 | 1:37.85 | 2:11.87 | 2:11.87 |
|                    | Mark van Wingerden  | 70                  | +0,50    | 32.39            | 1:10.18 | 1:50.78 | 2:32.71 | 2:32.71 |
|                    | Ralph Caster  | 61                  | +0,47    | 34.76            | 1:15.12 | 1:57.82 | 2:40.87 | 2:40.87 |
| <b>160+, Women</b> |   |                     |          |                  |         |         |         |         |
| 1.                 | Oceanus 1   | Oceanus             | 10:40.00 | <b>10:46.50</b>  | +0,84   |         |         |         |
|                    | Annette de Visser   | 71                  | +0,84    | 34.30            | 1:12.94 | 1:53.04 | 2:33.11 | 2:33.11 |
|                    | Margreet van der Pol                                      | 66                  | +0,63    | 38.33            | 1:20.77 | 2:05.06 | 2:48.94 | 2:48.94 |
|                    | Margriet Grove-Lingeman                                   | 62                  | +0,43    | 36.71            | 1:19.21 | 2:02.98 | 2:46.73 | 2:46.73 |
|                    | Laura Staal   | 67                  | +0,59    | 35.97            | 1:16.43 | 1:57.27 | 2:37.72 | 2:37.72 |

Event 5, 4 x 200m Freestyle

160+, Men

|    |  |                    |       |         |         |         |         |                |       |
|----|--|--------------------|-------|---------|---------|---------|---------|----------------|-------|
| 1. | d'ELFT WAVE (SG) 1<br><i>Nederlands Masters Record</i> | d'ELFT WAVE (SG)   |       | 8:58.42 |         |         |         | <b>9:03.49</b> | +0,79 |
|    | Erik Simons  | 89                 | +0,79 | 26.99   | 57.58   | 1:30.54 | 2:03.26 | 2:03.26        |       |
|    | Menno Lomans   | 61                 | +0,56 | 32.15   | 1:09.78 | 1:49.98 | 2:29.05 | 2:29.05        |       |
|    | Marc Bleeker   | 69                 | +0,56 | 32.70   | 1:08.89 | 1:46.45 | 2:23.43 | 2:23.43        |       |
|    | Egbert Stolk   | 76                 | +0,47 | 29.53   | 1:01.54 | 1:34.76 | 2:07.75 | 2:07.75        |       |
| 2. | Upstream Amsterdam 1                                   | Upstream Amsterdam |       | 9:24.00 |         |         |         | <b>9:17.55</b> | +0,98 |
|    | Peter van Vuuren                                       | 60                 | +0,98 | 32.68   | 1:10.48 | 1:49.71 | 2:28.11 | 2:28.11        |       |
|    | Edwin van der Meulen                                   | 81                 | +0,40 | 29.89   | 1:04.42 | 1:42.11 | 2:22.39 | 2:22.39        |       |
|    | Jeroen Zelsmann  | 77                 | +0,46 | 28.42   | 1:02.46 | 1:38.73 | 2:12.96 | 2:12.96        |       |
|    | Dennis Schouten  | 75                 | +0,23 | 29.66   | 1:03.59 | 1:38.52 | 2:14.09 | 2:14.09        |       |
| 3. | PLONS 1  | PLONS              |       | 9:19.50 |         |         |         | <b>9:27.96</b> | +0,71 |
|    | Jerry Grondel  | 72                 | +0,71 | 30.16   | 1:04.82 | 1:43.26 | 2:22.72 | 2:22.72        |       |
|    | Stan Dekker  | 79                 | +0,17 | 30.69   | 1:05.13 | 1:42.11 | 2:18.46 | 2:18.46        |       |
|    | Richard Broer  | 59                 | +0,68 | 32.79   | 1:10.80 | 1:51.18 | 2:32.83 | 2:32.83        |       |
|    | Bart Groenemans  | 82                 | +0,26 | 30.60   | 1:04.38 | 1:39.26 | 2:13.95 | 2:13.95        |       |
| 4. | ZVVS 1   | ZVVS               |       | 9:28.31 |         |         |         | <b>9:47.89</b> | +0,86 |
|    | Rene de Jong   | 66                 | +0,86 | 32.81   | 1:09.65 | 1:49.10 | 2:28.20 | 2:28.20        |       |
|    | Marcel Hoeksels  | 70                 | +0,88 | 35.34   | 1:15.67 | 1:57.70 | 2:39.13 | 2:39.13        |       |
|    | Bas van den Nouwelant                                  | 80                 | +0,60 | 31.68   | 1:07.52 | 1:46.41 | 2:27.04 | 2:27.04        |       |
|    | Mario Verbeek  | 73                 | +0,38 | 30.70   | 1:04.71 | 1:40.06 | 2:13.52 | 2:13.52        |       |

160+, Mixed

|    |                      |          |       |          |         |         |         |                 |       |
|----|----------------------|----------|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | De Futen 1           | De Futen |       | 10:18.75 |         |         |         | <b>10:02.69</b> | +0,79 |
|    | Petra Benani-Wolsing | 84       | +0,79 | 32.35    | 1:09.61 | 1:49.52 | 2:28.85 | 2:28.85         |       |
|    | Tony de Groot        | 73       | +0,18 | 36.75    | 1:19.35 | 2:05.15 | 2:48.83 | 2:48.83         |       |
|    | Arnold de Rover      | 64       | +0,50 | 31.16    | 1:05.87 | 1:41.76 | 2:18.59 | 2:18.59         |       |
|    | Erwin Zuidervelt     | 75       | +0,60 | 33.35    | 1:11.03 | 1:50.24 | 2:26.42 | 2:26.42         |       |
| 2. | PLONS 1              | PLONS    |       | 11:12.00 |         |         |         | <b>11:19.77</b> | +0,86 |
|    | Inge Wolfs           | 60       | +0,86 | 37.79    | 1:19.68 | 2:04.79 | 2:50.12 | 2:50.12         |       |
|    | Gabi Vink            | 84       | +0,83 | 46.34    | 1:36.30 | 2:28.39 | 3:18.73 | 3:18.73         |       |
|    | Mark Kas             | 61       | +0,55 | 36.19    | 1:16.42 | 1:57.90 | 2:39.68 | 2:39.68         |       |
|    | Leo den Dekker       | 66       | +0,58 | 33.97    | 1:12.79 | 1:52.15 | 2:31.24 | 2:31.24         |       |

200+, Men

|    |                                       |     |       |          |         |         |         |                 |       |
|----|---------------------------------------|-----|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | WWV 1<br><i>Kampioenschaps Record</i> | WWV |       | 10:36.56 |         |         |         | <b>10:37.65</b> | +0,78 |
|    | Eddy Lamers                           | 77  | +0,78 | 33.13    | 1:10.94 | 1:49.02 | 2:24.00 | 2:24.00         |       |
|    | Theo Schouten                         | 46  | +0,48 | 39.21    | 1:25.22 | 2:14.21 | 3:01.09 | 3:01.09         |       |
|    | Laurens Klein Breteler                | 54  | +0,34 | 37.79    | 1:20.66 | 2:04.48 | 2:45.78 | 2:45.78         |       |
|    | Kees-Jan van Overbeeke                | 62  | +0,45 | 34.16    | 1:11.92 | 1:50.84 | 2:26.78 | 2:26.78         |       |

240+, Women

|    |  |           |       |          |         |         |         |                 |       |
|----|--|-----------|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | PSV 1<br><i>Nederlands Masters Record, NMR startzwemster</i> | PSV       |       | 11:52.77 |         |         |         | <b>11:50.14</b> | +0,77 |
|    | Corrie Verhoeven   | 46        | +0,77 | 38.74    | 1:24.23 | 2:14.79 | 3:08.52 | 3:08.52         |       |
|    | Lottie Geurts  | 35        | +0,63 | 49.92    | 1:45.98 | 2:42.01 | 3:33.40 | 3:33.40         |       |
|    | Patty Verhagen   | 59        | +0,56 | 39.80    | 1:22.04 | 2:05.06 | 2:47.29 | 2:47.29         |       |
|    | Liselotte Joling   | 75        | +0,73 | 31.82    | 1:08.75 | 1:45.47 | 2:20.93 | 2:20.93         |       |
| 2. | Old Dutch 1  | Old Dutch |       | 14:55.58 |         |         |         | <b>16:12.61</b> |       |
|    | Annie de Vos   | 34        |       | 1:08.88  | 2:25.88 | 3:43.73 | 5:01.30 | 5:01.30         |       |
|    | Karin van den Heuvel   | 66        | +0,49 | 40.29    | 1:24.22 | 2:10.57 | 2:55.78 | 2:55.78         |       |
|    | Matty van der Veen   | 44        | +0,71 | 51.28    | 1:48.73 | 2:49.46 | 3:50.91 | 3:50.91         |       |
|    | Truus Ruiters  | 40        |       | 57.41    | 2:04.29 | 3:15.43 | 4:24.62 | 4:24.62         |       |

240+, Men

|    |                       |     |       |          |         |         |         |                 |       |
|----|-----------------------|-----|-------|----------|---------|---------|---------|-----------------|-------|
| 1. | PSV 2<br><i>200m*</i> | PSV |       | 11:43.84 |         |         |         | <b>15:05.77</b> | +0,83 |
|    | Frans Suijkerbuijk    | 56  | +0,83 | 58.51    | 2:07.74 | 3:22.03 | 4:32.67 | 4:32.67         |       |
|    | Wim ter Laak          | 40  |       | 1:00.27  | 2:10.84 | 3:20.29 | 4:24.44 | 4:24.44         |       |
|    | Rob Hanou             | 43  | +0,48 | 43.08    | 1:38.24 | 2:31.17 | 3:25.96 | 3:25.96         |       |
|    | Erik van Dartel       | 67  | +0,12 | 36.86    | 1:18.02 | 2:00.75 | 2:42.70 | 2:42.70         |       |

Event 5, 4 x 200m Freestyle

240+, Mixed

|                   |      |    |          |       |         |         |                 |         |
|-------------------|------|----|----------|-------|---------|---------|-----------------|---------|
| 1. ZVVS 1         | ZVVS |    | 11:25.79 |       |         |         | <b>11:35.63</b> | +0,79   |
| Ada de Voogd      |      | 59 | +0,79    | 37.00 | 1:20.57 | 2:05.98 | 2:48.48         | 2:48.48 |
| Willem Putter     |      | 45 | +0,55    | 39.72 | 1:27.49 | 2:17.58 | 3:03.99         | 3:03.99 |
| Emiel van Elderen |      | 56 | +0,79    | 37.60 | 1:18.67 | 2:01.48 | 2:44.16         | 2:44.16 |
| Conny Boer-Buys   |      | 50 | +0,92    | 39.89 | 1:23.30 | 2:09.69 | 2:59.00         | 2:59.00 |

Event 6  
02-05-2014 - 14:42

Women, 50m Breaststroke

Masters Open  
Results

| rang               | naam                            | vereniging          | inschrijftijd | startnr.  | tijd                  | RT    |
|--------------------|---------------------------------|---------------------|---------------|-----------|-----------------------|-------|
| <b>Masters 20+</b> |                                 |                     |               |           |                       |       |
| 1.                 | Sharon Gelmers                  | Octopus             | 34.02         | 199400416 | <b>35.29</b>          | +0,73 |
| 2.                 | Carmen Seesing                  | NDD                 | 34.33         | 199406220 | <b>35.51</b>          | +0,76 |
| 3.                 | Marissa Minkman                 | ZC Aquadream        | 33.96         | 199306054 | <b>35.94</b>          | +0,73 |
| 4.                 | Suzanne Brummel                 | LZ 1886             | 36.03         | 199401366 | <b>36.75</b>          | +0,74 |
| 5.                 | Désirée Hulsmeyer               | Het Ravijn          | 37.86         | 199001656 | <b>37.10</b>          | +0,68 |
| 6.                 | Chantal van der Horst           | De Meer             | 37.61         | 199400616 | <b>37.51</b>          | +0,72 |
| 7.                 | Erika Aan het Rot               | Octopus             | 35.65         | 199000010 | <b>37.60</b>          | +0,77 |
| 8.                 | Isabelle Massar                 | WVZ                 | 35.41         | 199102034 | <b>37.66</b>          | +0,74 |
| 9.                 | Sabine Gaspersz                 | DSZ                 | 36.97         | 199100972 | <b>38.28</b>          | +0,79 |
| 10.                | Chantal Meyerink                | De Grunte           | 39.51         | 199105212 | <b>38.40</b>          |       |
| 11.                | Catherine Holmes                | Maidenhead Marlins  | 38.77         | 36934     | <b>38.87</b>          | +0,75 |
| 12.                | Rosanne de Boer                 | LZ 1886             | 40.06         | 199104060 | <b>39.13</b>          | +0,80 |
| 13.                | Melissa de Zeeuw                | WVZ                 | 38.73         | 199305674 | <b>39.27</b>          | +0,88 |
| 14.                | Karin Verbeek                   | Nautilus            | 37.81         | 199201848 | <b>39.83</b>          |       |
| 15.                | Kimberley Kranenberg            | ZPC De Hof          | 39.97         | 199400292 | <b>42.14</b>          | +0,76 |
| 16.                | Ramona Noordermeer              | ZVVS                | 42.03         | 199401746 | <b>42.20</b>          | +0,74 |
| 17.                | Tara Keijzer                    | Steenwijk 1934      | 40.25         | 199108498 | <b>42.51</b>          | +0,75 |
| 18.                | Yvonne Bruls                    | Eurode KZC          | 43.35         | 199008114 | <b>42.59</b>          | +0,78 |
| 19.                | Mieke Cornelisse                | Sassenheim          | 42.05         | 199405090 | <b>42.66</b>          | +0,85 |
| 20.                | Daniëlle de Klein               | DWF                 | 46.68         | 199404786 | <b>48.85</b>          |       |
| WDR                | Maartje Lenten                  | De Spatters         | 39.46         | 199204286 |                       |       |
| <b>Masters 25+</b> |                                 |                     |               |           |                       |       |
| 1.                 | Larissa Brak                    | AZ&PC               | 33.41         | 198800572 | <b>34.57</b>          | +0,76 |
| 2.                 | Suzan van den Bogaard           | RZ                  | 35.71         | 198900450 | <b>36.76</b>          | +0,74 |
| 3.                 | Aniek Huijsman                  | De Lansingh         | 37.19         | 198801932 | <b>37.18</b>          | +0,77 |
| 4.                 | Carly Noordermeer               | ZOB'66              | 38.04         | 198702984 | <b>39.06</b>          | +0,60 |
| 5.                 | Annelette de Vries              | WS Twente           | 44.85         | 198603908 | <b>40.44</b>          | +0,83 |
| 6.                 | Rianne Hofland                  | Sassenheim          | 39.66         | 198801820 | <b>41.50</b>          | +0,72 |
| 7.                 | Esther Steltenpohl              | DAW                 | 41.61         | 198504116 | <b>42.56</b>          | +0,72 |
| 8.                 | Jose Janssen                    | TRB-RES             | 40.81         | 198907324 | <b>43.53</b>          | +0,65 |
| 9.                 | Marian Bouts                    | RZ                  | 42.25         | 198600492 | <b>43.64</b>          |       |
| 10.                | Carola Hompes                   | Budel               | 41.11         | 198801868 | <b>43.93</b>          | +0,79 |
| 11.                | Margriet Aan het Rot            | Octopus             | 42.72         | 198603088 | <b>44.43</b>          | +0,86 |
| 12.                | Anne van den Besselaar          | HZ&PC Heerenveen    | 1:24.48       | 198504062 | SB8<br><b>1:23.10</b> | +1,11 |
| <b>Masters 30+</b> |                                 |                     |               |           |                       |       |
| 1.                 | Tamar Bakker                    | PLONS               | 35.94         | 198400080 | <b>36.92</b>          | +0,78 |
| 2.                 | Laura Badoux                    | DAW                 | 34.45         | 198200038 | <b>37.73</b>          | +0,83 |
| 3.                 | C. Schrijvershof-van der Zijden | PLONS               | 41.31         | 198202446 | <b>40.75</b>          | +0,76 |
| 4.                 | Esther Versteeg                 | Van Vliet-Barracuda | 40.85         | 198302112 | <b>41.40</b>          |       |
| 5.                 | Angela Giezen                   | Montferland         | 44.41         | 198302796 | <b>44.01</b>          |       |
| 6.                 | Marijke Dirkse                  | IJZPC               | 45.48         | 198403480 | <b>47.00</b>          | +1,05 |
| 7.                 | Ilse Franken                    | WIDEX GZC DONK      | 46.73         | 198302572 | <b>49.99</b>          | +0,96 |
| DSQ                | Annette Vogelsang               | ZV De Bron          | 41.06         | 198402632 |                       | AA    |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 6, Women, 50m Breaststroke

Masters 35+

|    |                    |            |       |           |              |       |
|----|--------------------|------------|-------|-----------|--------------|-------|
| 1. | Inez Heideman      | WS Twente  | 38.80 | 197500198 | <b>39.48</b> | +0,82 |
| 2. | Geraldine Trainor  | De Duck    | 39.30 | 197500544 | <b>40.04</b> | +0,81 |
| 3. | Evelien Meeuwissen | Sassenheim | 41.33 | 197500360 | <b>42.43</b> | +0,80 |
| 4. | Marian Nederlof    | DWF        | 42.34 | 197600950 | <b>42.54</b> | +0,83 |
| 5. | Petra Verstegen    | WVZ        | 43.47 | 197700906 | <b>42.59</b> | +0,80 |

Masters 40+

|    |                          |                |       |           |              |       |
|----|--------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Karin Stein              | ZVVS           | 37.70 | 197100554 | <b>37.38</b> | +0,81 |
| 2. | Caroline Griffin         | Potters Bar SC | 45.34 | 955690    | <b>45.72</b> | +1,06 |
| 3. | Daniëlle Hoeksel-Verveen | ZVVS           | 44.84 | 197300724 | <b>46.48</b> | +0,88 |

Masters 45+

|    |                           |                      |       |           |              |       |
|----|---------------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Annette Wijnja-Visser     | De Biesboschzwemmers | 38.41 | 196700528 | <b>38.51</b> | +0,64 |
| 2. | Yvette Kilian             | Zoetermeer           | 42.85 | 196600534 | <b>45.06</b> | +0,83 |
| 3. | Roelien Speelman-Tigelaar | De Spatters          | 47.46 | 196600664 | <b>47.13</b> | +0,82 |
| 4. | Irna van der Molen        | Het Ravijn           | 45.57 | 196900938 | <b>47.48</b> | +0,80 |
| 5. | Margriet de Hoop          | De Fuut              | 49.25 | 196800848 | <b>52.17</b> | +0,79 |

Masters 50+

|    |                           |                  |       |           |              |       |
|----|---------------------------|------------------|-------|-----------|--------------|-------|
| 1. | Marja Bloemzaad           | AZ&PC            | 36.97 | 196100014 | <b>38.53</b> | +0,79 |
| 2. | Jacqueline Rolloos-Bakker | De Lansingh      | 40.81 | 196300222 | <b>41.88</b> | +0,84 |
| 3. | Anita Bottger             | De Berkelduikers | 42.40 | 196300498 | <b>42.84</b> | +0,78 |
| 4. | Marijke Kraak-Beckers     | WS Twente        | 43.72 | 196000240 | <b>44.10</b> | +0,85 |
| 5. | Lia Bijkerk               | WIDEX GZC DONK   | 47.08 | 196000014 | <b>49.87</b> | +0,98 |

Masters 55+

|    |                              |            |       |             |                |       |
|----|------------------------------|------------|-------|-------------|----------------|-------|
| 1. | Colette Crabbe<br><i>BMR</i> | CNSW       | 39.66 | CNSW/559/56 | <b>39.55</b>   | +0,78 |
| 2. | Claire Anthony               | CNSW       | 47.08 | CNSW/487/57 | <b>48.16</b>   | +0,90 |
| 3. | Anje Manuputty               | De Dolfijn | 51.20 | 195700176   | <b>51.03</b> * |       |

Masters 60+

|    |                          |            |         |           |                |       |
|----|--------------------------|------------|---------|-----------|----------------|-------|
| 1. | Patty Krupiarz           | PSV        | 46.96   | 195400074 | <b>47.95</b>   | +0,77 |
| 2. | Gonnie Bak               | PSV        | 52.68   | 195100064 | <b>51.84</b>   | +0,91 |
| 3. | Tineke van Diggelen      | Oceanus    | 53.70   | 195200048 | <b>53.79</b>   | +0,89 |
| 4. | Geerdien Meerwaldt       | De Geul    | 56.52   | 195200058 | <b>56.03</b>   | +1,23 |
| 5. | Nini van Dongen-de Paepe | De Devel   | 1:01.51 | 195100044 | <b>1:00.70</b> | +1,19 |
| 6. | Janny van der Weide      | Deltasteur | 1:04.81 | 195100066 | <b>1:10.40</b> |       |

Masters 65+

|    |   |                |       |           |              |       |
|----|---|----------------|-------|-----------|--------------|-------|
| 1. | Bea Swijnenberg<br><i>Nederlands Masters Record</i> | Swol 1894      | 45.02 | 194900010 | <b>45.45</b> | +0,87 |
| 2. | Corrie Verhoeven                                    | PSV            | 45.74 | 194600026 | <b>46.16</b> | +0,72 |
| 3. | Annet Verhoeven                                     | De Duinkickers | 52.47 | 194600024 | <b>56.27</b> | +1,16 |

Masters 70+

|    |                   |     |         |           |                |       |
|----|-------------------|-----|---------|-----------|----------------|-------|
| 1. | Liesbeth ter Laak | PSV | 1:09.99 | 194200008 | <b>1:11.30</b> | +1,11 |
|----|-------------------|-----|---------|-----------|----------------|-------|

Masters 75+

|     |                |     |         |           |  |    |
|-----|----------------|-----|---------|-----------|--|----|
| DSQ | Alice Lindhout | PSV | 1:04.53 | 193500010 |  | SA |
|-----|----------------|-----|---------|-----------|--|----|





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 6, Women, 50m Breaststroke

Masters 80+

|    |                     |           |         |               |                |       |
|----|---------------------|-----------|---------|---------------|----------------|-------|
| 1. | Agnes Van Obberghen | AZSC      | 49.49   | AZSC/20696/31 | <b>50.93</b>   | +1,01 |
| 2. | Annie de Vos        | Old Dutch | 1:24.75 | 193400004     | <b>1:25.42</b> |       |

Event 7

02-05-2014 - 14:55

Men, 50m Breaststroke

Masters Open  
Results

| rang               | naam                             | vereniging     | inschrijftijd | startnr.  | tijd         | RT    |
|--------------------|----------------------------------|----------------|---------------|-----------|--------------|-------|
| <b>Masters 20+</b> |                                  |                |               |           |              |       |
| 1.                 | Roald Blok                       | Octopus        | 30.07         | 199302685 | <b>30.50</b> | +0,67 |
|                    | <i>Nederlands Masters Record</i> |                |               |           |              |       |
| 2.                 | Dennis Wijbenga                  | Stadskanaal    | 32.27         | 199003283 | <b>32.75</b> | +0,84 |
| 3.                 | Patrick Creemers                 | RZ             | 31.41         | 199000579 | <b>33.03</b> | +0,73 |
| 4.                 | Kenneth Caster                   | RZ             | 31.86         | 199100375 | <b>33.31</b> | +0,74 |
| 5.                 | Ricardo Hauber                   | DES            | 34.19         | 199402029 | <b>34.02</b> | +0,72 |
| 6.                 | Mike Koelewijn                   | Steenwijk 1934 | 33.64         | 199303597 | <b>35.42</b> | +0,76 |
| 7.                 | Thomas Hansen                    | LZ 1886        | 36.70         | 199204327 | <b>35.61</b> | +0,70 |
| 8.                 | Nick Baron                       | WVZ            | 33.32         | 199103533 | <b>35.78</b> | +0,73 |
| 9.                 | Rens Post                        | WVZ            | 33.78         | 199101827 | <b>35.83</b> | +0,73 |
| 10.                | Michael Schlijper                | Eurode KZC     | 39.64         | 199303691 | <b>39.69</b> | +0,89 |
| 11.                | Daniel van den Wildenberg        | Eurode KZC     | 37.88         | 199206491 | <b>41.96</b> | +0,73 |
| WDR                | Daniel Rosenkranz                | Montferland    | 39.95         | 199107601 |              |       |

Masters 25+

|    |                        |                |       |           |              |       |
|----|------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Roderik Meijers        | ZOB'66         | 30.83 | 198602063 | <b>32.63</b> | +0,70 |
| 2. | Remko Hooft            | De Duinkickers | 32.44 | 198701405 | <b>33.37</b> | +0,67 |
| 3. | Brian Narain           | DSZ            | 34.50 | 198904363 | <b>34.60</b> | +0,78 |
| 4. | Wouter van 't Klooster | AZ&PC          | 36.96 | 198806159 | <b>36.53</b> | +0,75 |
| 5. | Martijn van Hoorn      | MGO (SG)       | 36.87 | 198901343 | <b>37.17</b> | +0,79 |
| 6. | Harmen Reemst          | ZOB'66         | 36.92 | 198702715 | <b>38.38</b> | +0,78 |

Masters 30+

|    |                      |                      |       |           |              |       |
|----|----------------------|----------------------|-------|-----------|--------------|-------|
| 1. | Simon van Ravesteijn | Zoetermeer           | 31.42 | 198002263 | <b>32.13</b> | +0,79 |
| 2. | Jim Geestman         | RSW (SG)             | 33.48 | 198300699 | <b>35.05</b> | +0,89 |
| 3. | Gerwin Vonk          | De Spatters          | 36.42 | 198201907 | <b>35.40</b> | +0,68 |
| 4. | Erik Drewes          | De Biesboschzwemmers | 34.61 | 198400543 | <b>36.15</b> | +0,75 |
| 5. | Hans Cligge          | De Futen             | 37.06 | 198100315 | <b>37.64</b> | +0,83 |
| 6. | Sebastian Baars      | WS Twente            | 38.67 | 198300053 | <b>38.91</b> | +0,97 |

Masters 35+

|    |                   |                     |       |           |              |       |
|----|-------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Evgeny Ryzhov     | Sprut               | 30.56 | 101628    | <b>31.47</b> | +0,77 |
| 2. | Victor Barnar     | GoSwim              | 32.73 | 197801805 | <b>32.37</b> | +0,72 |
| 3. | Vincent Versteeg  | Zwemlust-den Hommel | 32.26 | 197701003 | <b>32.64</b> | +0,74 |
| 4. | Freddie Geerlings | HGN (SG)            | 33.61 | 197900379 | <b>33.51</b> | +0,81 |
| 5. | Ewoud Rupert      | WS Twente           | 32.73 | 197801795 | <b>34.49</b> | +0,86 |
| 6. | Mark Zwart        | Zwemlust-den Hommel | 32.68 | 197901461 | <b>35.16</b> | +0,85 |
| 7. | Ron Langelaan     | DAW                 | 33.08 | 197800643 | <b>35.60</b> | +0,70 |

Masters 40+

|    |                      |              |       |           |              |       |
|----|----------------------|--------------|-------|-----------|--------------|-------|
| 1. | Marcel van Winssen   | De Gelenberg | 32.30 | 197101477 | <b>33.50</b> | +0,85 |
| 2. | Mark van Wingerden   | RZ           | 33.57 | 197001665 | <b>34.88</b> | +0,89 |
| 3. | Jerry Grondel        | PLONS        | 34.26 | 197201223 | <b>35.03</b> | +0,67 |
| 4. | Reinier Beek         | WZK Zwemmen  | 36.97 | 197101243 | <b>36.93</b> | +1,12 |
| 5. | Michael van Bekkum   | Swol 1894    | 35.86 | 197200051 | <b>37.01</b> | +0,90 |
| 6. | Martin Berkhout      | LZ 1886      | 40.54 | 197101123 | <b>38.49</b> | +0,84 |
| 7. | Gertjan van de Bosch | IJZPC        | 39.65 | 197001615 | <b>40.64</b> | +1,10 |
| 8. | Mike Molenaar        | Zoetermeer   | 41.43 | 197201493 | <b>44.12</b> | +1,18 |







Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 7, Men, 50m Breaststroke, Masters 40+

| rang | naam           | vereniging | inschrijftijd | startnr.  | tijd         | RT    |
|------|----------------|------------|---------------|-----------|--------------|-------|
| 9.   | Oebele Boomsma | Orca       | 49.75         | 197001659 | <b>49.94</b> | +1,07 |
| WDR  | Sergey Petrov  | Poseidon   | 32.53         | 102211    |              |       |

Masters 45+

|     |                              |                 |       |           |              |       |
|-----|------------------------------|-----------------|-------|-----------|--------------|-------|
| 1.  | Harold Matla                 | PSV             | 32.21 | 196800591 | <b>32.47</b> | +0,86 |
|     | <i>Kampioenschaps Record</i> |                 |       |           |              |       |
| 2.  | Marcel Jonkman               | Aqualero        | 34.51 | 196801389 | <b>34.07</b> | +0,75 |
| 3.  | Roeland van der Heijden      | PSV             | 35.24 | 196701389 | <b>34.95</b> | +0,75 |
| 4.  | Jeroen Kort                  | DAW             | 36.77 | 196801543 | <b>36.37</b> | +0,70 |
| 5.  | Hans Schoenmakers            | DAW             | 37.11 | 196900863 | <b>36.63</b> | +0,87 |
| 6.  | Gerard Tel                   | GLS Ketelbinkie | 37.22 | 196701175 | <b>37.65</b> | +0,87 |
| 7.  | Eric van der Burgt           | Arethusa        | 37.82 | 196701613 | <b>38.05</b> | +0,70 |
| 8.  | Joop Weenink                 | WS Twente       | 39.37 | 196801535 | <b>39.13</b> | +0,95 |
| 9.  | Gertjan van der Vaart        | ZVVS            | 40.68 | 196801529 | <b>40.63</b> | +0,77 |
| 10. | Mark Formby                  | Potters Bar SC  | 44.30 | 907997    | <b>44.28</b> | +0,83 |
| 11. | René Speelman                | De Spatters     | 43.79 | 196601521 | <b>44.72</b> | +0,86 |

Masters 50+

|     |                              |                  |       |           |              |       |
|-----|------------------------------|------------------|-------|-----------|--------------|-------|
| 1.  | Cees van Houwelingen         | De Schelde       | 33.85 | 196300351 | <b>34.34</b> | +0,91 |
|     | <i>Kampioenschaps Record</i> |                  |       |           |              |       |
| 2.  | Theo Bakker                  | TriVia           | 34.64 | 196401231 | <b>36.43</b> | +0,76 |
| 3.  | Ralph Caster                 | RZ               | 34.55 | 196100069 | <b>36.59</b> | +0,80 |
| 4.  | Adrian Ortiz Buitrago        | WIDEX GZC DONK   | 38.33 | 196000931 | <b>40.05</b> | +0,85 |
| 5.  | John Stoffer                 | Zoetermeer       | 37.63 | 196300725 | <b>40.37</b> | +0,74 |
| 6.  | Jack Barends                 | WS Twente        | 41.70 | 196201011 | <b>41.53</b> | +0,80 |
| 7.  | Eric Tijms                   | OEZA             | 41.02 | 196401125 | <b>42.07</b> | +0,89 |
| 8.  | Ger de Hoop                  | Zwemclub Polaris | 41.97 | 196401367 | <b>42.58</b> | +1,12 |
| 9.  | Jan Willem Heuten            | WS Twente        | 42.49 | 196000883 | <b>43.03</b> | +0,95 |
| 10. | Bart van Calker              | WS Twente        | 44.29 | 196100067 | <b>43.35</b> | +0,89 |
| 11. | Hendrik Haze                 | GoSwim           | 44.41 | 196401387 | <b>46.36</b> | +0,85 |

Masters 55+

|    |                      |           |       |             |              |       |
|----|----------------------|-----------|-------|-------------|--------------|-------|
| 1. | Paul Bunnik          | Triton    | 38.19 | 195600413   | <b>38.85</b> | +0,95 |
| 2. | Philippe Godbille    | CNSW      | 38.49 | CNSW/053/57 | <b>39.16</b> | +0,90 |
| 3. | Dirk Crok            | OEZA      | 45.78 | 195800547   | <b>44.52</b> | +1,06 |
| 4. | Adrie van der Gracht | OEZA      | 46.21 | 195700485   | <b>46.56</b> | +1,25 |
| 5. | Herbert Katgert      | WS Twente | 47.16 | 195900739   | <b>49.02</b> | +1,23 |
| 6. | Frans Suijkerbuijk   | PSV       | 53.65 | 195600499   | <b>53.46</b> | +0,84 |

Masters 60+

|    |                        |        |         |             |                |       |
|----|------------------------|--------|---------|-------------|----------------|-------|
| 1. | Laurens klein Breteler | WWV    | 39.36   | 195400109   | <b>40.90</b>   | +0,89 |
| 2. | Nikolay Dronov         | Troyka | 43.07   | 003037      | <b>43.26</b>   | +1,11 |
| 3. | Etienne Languillier    | CNSW   | 1:09.72 | CNSW/061/50 | <b>1:17.63</b> | +1,36 |

Masters 65+

|    |                 |          |       |           |              |       |
|----|-----------------|----------|-------|-----------|--------------|-------|
| 1. | Willem Putter   | ZVVS     | 44.60 | 194500135 | <b>45.63</b> | +1,06 |
| 2. | Peter Ouweneel  | RSW (SG) | 53.45 | 194500077 | <b>52.71</b> | +1,18 |
| 3. | Nico van Dongen | De Devel | 52.31 | 194800159 | <b>53.06</b> | +1,04 |

Masters 70+

|    |                  |           |       |             |              |       |
|----|------------------|-----------|-------|-------------|--------------|-------|
| 1. | Nico Baay        | Old Dutch | 43.38 | 194200053   | <b>44.65</b> | +0,84 |
| 2. | Ruud Sloof       | De Rijn   | 46.70 | 194400073   | <b>47.00</b> | +0,92 |
| 3. | Kevork Boyrazian | CNSW      | 51.24 | CNSW/609/44 | <b>52.13</b> | +1,16 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 7, Men, 50m Breaststroke

Masters 75+

|                  |               |       |           |              |       |
|------------------|---------------|-------|-----------|--------------|-------|
| 1. Jan Eichhorn  | ZV Haerlem    | 52.49 | 193700015 | <b>53.99</b> | +1,08 |
| 2. Gregor Pompen | Aqua-Novio'94 | 54.61 | 193700021 | <b>54.03</b> | +1,14 |

Event 8  
02-05-2014 - 15:07

Women, 200m Medley

Masters Open  
Results

| rang naam                | vereniging         | inschrijftijd     | tijd           | RT    | 50m     | 100m    | 150m    | 200m    |
|--------------------------|--------------------|-------------------|----------------|-------|---------|---------|---------|---------|
| <b>Masters 20+</b>       |                    |                   |                |       |         |         |         |         |
| 1. Wendan Poelstra       | TriVia             | 2:22.56 199102496 | <b>2:30.04</b> | +0,73 | 31.45   | 1:10.27 | 1:54.72 | 2:30.04 |
| 2. Maaïke Vooren         | DAW                | 2:36.18 199103324 | <b>2:33.99</b> | +0,86 | 32.47   | 1:14.83 | 1:59.07 | 2:33.99 |
| 3. Suzanne Brummel       | LZ 1886            | 2:33.61 199401366 | <b>2:35.78</b> | +0,81 | 33.79   | 1:16.06 | 1:59.78 | 2:35.78 |
| 4. Manon van Strien      | WVZ                | 2:34.78 199400770 | <b>2:36.25</b> | +0,82 | 33.90   | 1:14.39 | 2:00.32 | 2:36.25 |
| 5. Henriëke ten Bokkel   | NDD                | 2:30.04 199402764 | <b>2:40.00</b> | +0,80 | 32.82   | 1:13.97 | 2:00.98 | 2:40.00 |
| 6. Chantal van der Horst | De Meer            | 2:41.22 199400616 | <b>2:41.80</b> | +0,71 | 36.90   | 1:19.77 | 2:04.35 | 2:41.80 |
| 7. Wendy de Bruin        | ZOB'66             | 2:36.77 199206320 | <b>2:44.23</b> | +0,68 | 34.00   | 1:18.06 | 2:05.88 | 2:44.23 |
| 8. Melissa de Zeeuw      | WVZ                | 2:43.28 199305674 | <b>2:46.81</b> | +0,91 | 37.66   | 1:23.27 | 2:09.51 | 2:46.81 |
| 9. Simone de Boer        | LZ 1886            | 2:45.98 199306858 | <b>2:47.12</b> | +0,87 | 35.31   | 1:17.45 | 2:08.02 | 2:47.12 |
| 10. Maaïke de Boer       | De Duinkickers     | 2:40.75 199000362 | <b>2:50.69</b> | +0,79 | 38.76   | 1:23.65 | 2:11.90 | 2:50.69 |
| 11. Catherine Holmes     | Maidenhead Marlins | 2:53.75 36934     | <b>2:50.98</b> | +0,75 | 38.32   | 1:24.82 | 2:10.77 | 2:50.98 |
| 12. Lindsey Hol          | De Meer            | 2:52.29 199008088 | <b>2:54.56</b> | +0,65 | 36.73   | 1:20.85 | 2:12.70 | 2:54.56 |
| 13. Chantal Meyerink     | De Grunte          | 2:41.52 199105212 | <b>2:56.77</b> | +0,79 | 36.79   | 1:23.72 | 2:13.04 | 2:56.77 |
| 14. Jora Broerse         | De Futen           | 2:59.26 199203946 | <b>3:00.96</b> | +0,85 | 39.68   | 1:28.57 | 2:19.98 | 3:00.96 |
| 15. Claudia Creemers     | RZ                 | 3:25.94 199202864 | <b>3:30.70</b> | +0,79 | 44.88   | 1:39.70 | 2:43.37 | 3:30.70 |
| 16. Liesbeth Bruinekool  | Zuiderzeezwemmers  | 4:32.43 199007958 | <b>4:41.68</b> | +0,85 | 1:05.38 | 2:19.16 | 3:37.35 | 4:41.68 |

Masters 25+

|                           |                     |                     |                |       |       |         |         |         |
|---------------------------|---------------------|---------------------|----------------|-------|-------|---------|---------|---------|
| 1. Samantha van Eijk      | De Geul             | 2:33.31 198806826   | <b>2:36.27</b> | +0,68 | 33.70 | 1:13.18 | 2:00.87 | 2:36.27 |
| 2. Larissa Brak           | AZ&PC               | 2:32.04 198800572   | <b>2:37.12</b> | +0,78 | 34.23 | 1:18.54 | 2:01.78 | 2:37.12 |
| 3. Stephanie Rombout      | PSV                 | 2:34.16 198803696   | <b>2:42.12</b> | +0,71 | 32.48 | 1:15.45 | 2:04.40 | 2:42.12 |
| 4. Aniek Huijsman         | De Lansingh         | 2:42.84 198801932   | <b>2:42.55</b> | +0,80 | 34.13 | 1:17.96 | 2:04.45 | 2:42.55 |
| 5. Maryse Lampe           | Van Vliet-Barracuda | 2:38.42 198702458   | <b>2:43.80</b> | +0,76 | 33.54 | 1:16.78 | 2:05.07 | 2:43.80 |
| 6. Suzan van den Bogaard  | RZ                  | 2:36.04 198900450   | <b>2:45.69</b> | +0,74 | 32.85 | 1:16.41 | 2:05.12 | 2:45.69 |
| 7. Anna Boef              | LZ 1886             | 2:44.30 198806288   | <b>2:46.03</b> | +0,84 | 34.72 | 1:16.50 | 2:06.28 | 2:46.03 |
| 8. Ilse van den Wijngaard | ZPC Woerden         | 2:43.90 198904736   | <b>2:48.31</b> | +0,74 | 35.40 | 1:20.83 | 2:10.49 | 2:48.31 |
| 9. Bianca Paape           | DAW                 | 2:50.12 198502262   | <b>2:53.13</b> | +0,76 | 36.65 | 1:25.05 | 2:14.20 | 2:53.13 |
| 10. Liset de Veer         | Aqua-Novio'94       | 2:53.81 198704190   | <b>2:56.52</b> | +0,89 | 36.58 | 1:20.92 | 2:15.70 | 2:56.52 |
| 11. Sandra Koenig         | CNSW                | 2:56.60 CNSW/612/86 | <b>2:57.32</b> | +0,81 | 36.91 | 1:24.61 | 2:17.15 | 2:57.32 |
| 12. Isaline Manchel       | CNSW                | 2:58.01 CNSW/475/85 | <b>3:00.30</b> | +0,83 | 38.46 | 1:28.71 | 2:19.07 | 3:00.30 |
| 13. Liesbeth van Mill     | DWK                 | 2:52.67 198702786   | <b>3:03.21</b> | +0,88 | 37.95 | 1:25.51 | 2:18.90 | 3:03.21 |
| 14. Serima Veen           | De Spatters         | 3:04.57 198604104   | <b>3:05.14</b> | +0,79 | 38.78 | 1:28.34 | 2:25.43 | 3:05.14 |

Masters 30+

|                         |                  |                       |                |       |       |         |         |         |
|-------------------------|------------------|-----------------------|----------------|-------|-------|---------|---------|---------|
| 1. Nadya Putter         | ZVVS             | 2:36.35 198301630     | <b>2:38.40</b> | +0,71 | 34.07 | 1:15.63 | 2:01.55 | 2:38.40 |
| 2. Stephanie Vaernewyck | Mega             | 2:42.45 MEGA/20352/83 | <b>2:44.47</b> | +0,87 | 34.70 | 1:17.46 | 2:05.91 | 2:44.47 |
| 3. Joana Carneiro       | d'ELFT WAVE (SG) | 2:48.78 198202256     | <b>2:47.26</b> | +0,86 | 33.11 | 1:18.42 | 2:06.67 | 2:47.26 |
| 4. Annette Vogelsang    | ZV De Bron       | 2:58.74 198402632     | <b>3:00.40</b> | +0,98 | 38.46 | 1:26.32 | 2:20.15 | 3:00.40 |
| 5. Rianne van Vegchelen | Deltasteur       | 3:37.26 198101530     | <b>3:43.61</b> | +1,12 | 48.64 | 1:50.79 | 2:54.90 | 3:43.61 |

Masters 35+

|                            |                         |                   |                |       |       |         |         |         |
|----------------------------|-------------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Liselotte Joling        | PSV                     | 2:44.96 197500268 | <b>2:39.77</b> | +0,99 | 34.65 | 1:17.88 | 2:03.93 | 2:39.77 |
| 2. M. den Drijver-Aarse    | Zwemvereniging Westland | 2:55.49 197500884 | <b>2:59.86</b> | +0,96 | 36.78 | 1:24.42 | 2:17.96 | 2:59.86 |
| 3. Paula 't Hart-Buitelaar | ZVVS                    | 3:30.62 197701132 | <b>3:20.70</b> | +0,81 | 45.24 | 1:36.01 | 2:34.13 | 3:20.70 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 8, Women, 200m Medley

Masters 40+

|                                  |                |         |           |                |         |       |         |         |         |
|----------------------------------|----------------|---------|-----------|----------------|---------|-------|---------|---------|---------|
| 1. Gudule van der Meer           | PSV            | 2:44.48 | 197200396 | <b>2:38.94</b> | +0,82   | 31.97 | 1:13.62 | 2:00.84 | 2:38.94 |
| <i>Nederlands Masters Record</i> |                |         |           |                |         |       |         |         |         |
| 2. Karin Stein                   | ZVVS           | 2:46.35 | 197100554 | <b>2:47.38</b> | * +0,81 | 35.95 | 1:24.39 | 2:09.82 | 2:47.38 |
| 3. Ilona Hogerheyde              | DAW            | 2:49.38 | 197400224 | <b>2:50.60</b> | +0,71   | 34.72 | 1:20.73 | 2:10.62 | 2:50.60 |
| 4. Annette de Visser             | Oceanus        | 2:59.35 | 197100602 | <b>2:53.33</b> | +0,84   | 37.97 | 1:25.65 | 2:14.97 | 2:53.33 |
| 5. J. de Ruiter-Wijnolst         | WIDEX GZC DONK | 2:49.89 | 197400446 | <b>2:56.68</b> | +0,87   | 36.27 | 1:23.48 | 2:15.61 | 2:56.68 |
| 6. L. v. Bon-Rosenbrand          | AZ&PC          | 2:45.70 | 197000054 | <b>2:56.70</b> | +0,90   | 36.87 | 1:25.32 | 2:14.54 | 2:56.70 |
| 7. Henriëtte Manting             | GZVW           | 3:00.17 | 197100246 | <b>3:10.58</b> | +0,96   | 37.96 | 1:28.30 | 2:25.94 | 3:10.58 |
| 8. Ageeth Boomsma                | Orca           | 3:09.38 | 197000826 | <b>3:12.60</b> | +0,89   | 42.89 | 1:33.32 | 2:30.22 | 3:12.60 |
| 9. Annet Kootstra                | Swol 1894      | 3:19.74 | 197100344 | <b>3:20.54</b> | +0,90   | 43.06 | 1:39.54 | 2:34.81 | 3:20.54 |
| 10. Greta Wyma-Teitsma           | DWK            | 3:37.85 | 197100696 | <b>3:35.64</b> | +0,93   | 54.00 | 1:46.57 | 2:46.49 | 3:35.64 |

Masters 45+

|                         |                    |         |           |                |         |       |         |         |         |
|-------------------------|--------------------|---------|-----------|----------------|---------|-------|---------|---------|---------|
| 1. Heidi van Stein      | LZ 1886            | 2:51.45 | 196900864 | <b>2:48.08</b> | +0,80   | 35.86 | 1:18.51 | 2:09.82 | 2:48.08 |
| 2. Bridget Bewick       | Maidenhead Marlins | 2:48.91 | 36934     | <b>2:48.52</b> | +0,99   | 35.69 | 1:19.81 | 2:08.79 | 2:48.52 |
| 3. Karin van den Heuvel | Old Dutch          | 3:10.81 | 196600188 | <b>3:14.62</b> | +0,89   | 39.70 | 1:36.57 | 2:30.22 | 3:14.62 |
| 4. Peggi Hurenkamp      | HZ&PC Heerenveen   | 3:18.01 | 196900922 | <b>3:16.75</b> | +0,93   | 40.24 | 1:34.85 | 2:32.63 | 3:16.75 |
| 5. Ingeborg Stokx       | DAW                | 3:38.52 | 196700666 | <b>3:37.42</b> | * +0,72 | 52.24 | 1:53.10 | 2:51.72 | 3:37.42 |

Masters 50+

|                        |                |         |           |                |       |       |         |         |         |
|------------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. M. Remmits-De Lange | ZPC Woerden    | 2:48.91 | 196300518 | <b>2:50.17</b> | +0,77 | 34.20 | 1:20.55 | 2:11.34 | 2:50.17 |
| 2. Petra Tossings      | DAW            | 3:00.74 | 196100376 | <b>3:06.10</b> | +0,80 | 37.86 | 1:28.77 | 2:23.21 | 3:06.10 |
| 3. Inge Wolfs          | PLONS          | 2:59.76 | 196000304 | <b>3:08.40</b> | +0,88 | 36.99 | 1:27.70 | 2:22.53 | 3:08.40 |
| 4. Lia Bijkerk         | WIDEX GZC DONK | 3:44.64 | 196000014 | <b>3:40.89</b> | +0,92 | 49.48 | 1:50.39 | 2:52.17 | 3:40.89 |

Masters 55+

|                   |            |         |           |                |         |       |         |         |         |
|-------------------|------------|---------|-----------|----------------|---------|-------|---------|---------|---------|
| 1. Mathilde Vink  | Swol 1894  | 3:08.40 | 195800128 | <b>3:06.93</b> | +1,02   | 37.54 | 1:28.00 | 2:25.90 | 3:06.93 |
| 2. Patty Verhagen | PSV        | 3:07.55 | 195900146 | <b>3:14.23</b> | +1,15   | 41.87 | 1:34.52 | 2:30.49 | 3:14.23 |
| 3. Anje Manuputty | De Dolfijn | 4:14.26 | 195700176 | <b>4:00.90</b> | * +0,85 | 57.15 | 2:02.03 | 3:02.21 | 4:00.90 |

Masters 60+

|                          |           |         |           |                |       |       |         |         |         |
|--------------------------|-----------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Christien Nieuwenhuis | Swol 1894 | 3:13.67 | 195100022 | <b>3:14.79</b> | +0,82 | 37.82 | 1:33.58 | 2:32.85 | 3:14.79 |
| 2. Carla Hensen          | PSV       | 3:37.68 | 195300062 | <b>3:34.06</b> | +1,02 | 44.87 | 1:40.51 | 2:46.07 | 3:34.06 |
| 3. Gonnie Bak            | PSV       | 3:46.13 | 195100064 | <b>3:53.12</b> | +0,90 | 56.95 | 2:00.40 | 3:01.13 | 3:53.12 |

Masters 70+

|                       |           |         |           |                |       |         |         |         |         |
|-----------------------|-----------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Matty van der Veen | Old Dutch | 4:06.34 | 194400020 | <b>4:32.93</b> | +1,15 | 1:07.84 | 2:23.82 | 3:35.28 | 4:32.93 |
|-----------------------|-----------|---------|-----------|----------------|-------|---------|---------|---------|---------|

Event 9  
02-05-2014 - 15:37

Men, 200m Medley

Masters Open  
Results

| rang naam                        | vereniging  | inschrijftijd | tijd      | RT             | 50m   | 100m  | 150m    | 200m    |         |
|----------------------------------|-------------|---------------|-----------|----------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b>               |             |               |           |                |       |       |         |         |         |
| 1. Ensger Kotterink              | Albion      | 2:02.04       | 199403391 | <b>2:10.80</b> | +0,66 | 26.79 | 58.81   | 1:38.08 | 2:10.80 |
| <i>Nederlands Masters Record</i> |             |               |           |                |       |       |         |         |         |
| 2. Dennis Wijbenga               | Stadskanaal | 2:22.74       | 199003283 | <b>2:27.56</b> | +0,78 | 32.60 | 1:13.23 | 1:52.16 | 2:27.56 |
| 3. Maik Steenkamp                | Montferland | 2:24.02       | 199103847 | <b>2:35.45</b> | +0,73 | 32.36 | 1:15.36 | 1:59.98 | 2:35.45 |
| 4. Frank Hezemans                | LZ 1886     | 2:31.91       | 199200521 | <b>2:36.81</b> | +0,88 | 31.94 | 1:14.57 | 2:00.96 | 2:36.81 |
| 5. John van Heteren              | DWF         | 2:51.59       | 199305017 | <b>2:57.56</b> | +0,85 | 37.39 | 1:25.33 | 2:16.05 | 2:57.56 |
| DNS Rutger Dalm                  | De Lansingh | 2:26.30       | 199005561 |                |       |       |         |         |         |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 9, Men, 200m Medley

Masters 25+

|                      |                  |         |           |                |       |       |         |         |         |
|----------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Niels Albrechts   | MGO (SG)         | 2:40.18 | 198800039 | <b>2:40.83</b> | +0,85 | 34.33 | 1:14.25 | 2:07.72 | 2:40.83 |
| 2. Roel van Beek     | Montferland      | 2:47.87 | 198905861 | <b>2:41.07</b> | +0,90 | 32.60 | 1:16.72 | 2:07.40 | 2:41.07 |
| 3. Wesley van Diejen | PSV              | 2:43.18 | 198604551 | <b>2:44.05</b> | +0,84 | 32.89 | 1:16.11 | 2:07.43 | 2:44.05 |
| 4. Melano Winter     | RSW (SG)         | 2:46.65 | 198703847 | <b>2:46.12</b> | +0,79 | 32.63 | 1:16.14 | 2:07.01 | 2:46.12 |
| 5. Willem Jacobs     | d'ELFT WAVE (SG) | 2:52.86 | 198705037 | <b>2:48.34</b> | +0,70 | 37.28 | 1:18.66 | 2:06.77 | 2:48.34 |

Masters 30+

|                         |                     |         |           |                |       |       |         |         |         |
|-------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Kristiaan Lenos      | LZ 1886             | 2:23.39 | 198301331 | <b>2:19.64</b> | +0,80 | 28.95 | 1:05.39 | 1:47.26 | 2:19.64 |
| 2. Thommy Nickel        | Van Vliet-Barracuda | 2:25.51 | 198401627 | <b>2:23.77</b> | +0,76 | 31.25 | 1:07.75 | 1:49.74 | 2:23.77 |
| 3. Marcel Reefhuis      | WS Twente           | 2:30.00 | 198101381 | <b>2:31.85</b> | +0,82 | 32.12 | 1:12.26 | 1:56.72 | 2:31.85 |
| 4. Rob van Vliet        | AZ&PC               | 2:30.75 | 198402459 | <b>2:34.24</b> | +0,90 | 31.04 | 1:12.68 | 1:56.93 | 2:34.24 |
| 5. Frank van der Voordt | MGO (SG)            | 2:29.79 | 198302259 | <b>2:37.48</b> | +0,88 | 32.05 | 1:13.00 | 1:58.86 | 2:37.48 |
| 6. Jeroen Vogelsang     | DAW                 | 2:40.93 | 198001645 | <b>2:45.12</b> | +0,86 | 34.27 | 1:22.35 | 2:09.52 | 2:45.12 |
| 7. Maarten Prot         | Upstream Amsterdam  | 2:59.32 | 198403195 | <b>3:00.96</b> | +0,83 | 36.50 | 1:23.88 | 2:16.73 | 3:00.96 |
| 8. Remco Veerkamp       | Zuiderzeewemmers    | 3:31.96 | 198102311 | <b>3:15.02</b> | +0,90 | 38.26 | 1:31.35 | 2:28.93 | 3:15.02 |

Masters 35+

|                              |                  |         |           |                |       |       |         |         |         |
|------------------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Egbert Stolk              | d'ELFT WAVE (SG) | 2:13.37 | 197600889 | <b>2:18.56</b> | +0,77 | 28.71 | 1:04.36 | 1:46.14 | 2:18.56 |
| <i>Kampioenschaps Record</i> |                  |         |           |                |       |       |         |         |         |
| 2. Freddie Geerlings         | HGN (SG)         | 2:25.53 | 197900379 | <b>2:32.90</b> | +0,84 | 32.01 | 1:13.13 | 1:56.41 | 2:32.90 |
| 3. Arjan Buijsse             | Sassenheim       | 2:26.33 | 197901767 | <b>2:34.36</b> | +0,80 | 32.03 | 1:11.59 | 1:56.32 | 2:34.36 |
| 4. Victor Barnar             | GoSwim           | 2:32.57 | 197801805 | <b>2:36.61</b> | +0,79 | 31.97 | 1:15.73 | 1:58.65 | 2:36.61 |
| 5. Mark van Wijk             | WZK Zwemmen      | 2:59.68 | 197801725 | <b>2:57.32</b> | +0,86 | 36.77 | 1:22.78 | 2:18.06 | 2:57.32 |
| 6. Remco Luijnenburg         | WIDEX GZC DONK   | 3:30.16 | 197901851 | <b>3:33.64</b> | +0,95 | 46.45 | 1:46.06 | 2:42.27 | 3:33.64 |

Masters 40+

|                       |                  |         |           |                |       |       |         |         |         |
|-----------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Marcel van Winssen | De Gelenberg     | 2:34.79 | 197101477 | <b>2:32.19</b> | +0,83 | 31.33 | 1:11.83 | 1:56.60 | 2:32.19 |
| 2. Joeri Stoffels     | AZC              | 2:31.68 | 197300851 | <b>2:37.09</b> | +0,93 | 30.85 | 1:13.27 | 2:01.73 | 2:37.09 |
| 3. Richard Ricksen    | HGN (SG)         | 2:26.86 | 197000841 | <b>2:37.84</b> | +0,90 | 32.96 | 1:16.33 | 2:01.71 | 2:37.84 |
| 4. Gerard Eghuizen    | HZ&PC Heerenveen | 2:35.51 | 197400197 | <b>2:38.11</b> | +0,85 | 32.25 | 1:13.67 | 1:59.81 | 2:38.11 |
| 5. Martin Berkhout    | LZ 1886          | 2:50.36 | 197101123 | <b>2:51.29</b> | +0,82 | 34.13 | 1:22.15 | 2:12.51 | 2:51.29 |

Masters 45+

|                       |                  |         |           |                |       |       |         |         |         |
|-----------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. René Beetsma       | HZ&PC Heerenveen | 2:31.04 | 196900069 | <b>2:32.10</b> | +0,80 | 32.20 | 1:11.74 | 1:57.05 | 2:32.10 |
| 2. Arjan Bellaart     | Oceanus          | 2:33.14 | 196900079 | <b>2:32.93</b> | +0,75 | 31.45 | 1:10.54 | 1:57.65 | 2:32.93 |
| 3. Frank v Nobelen    | Sassenheim       | 2:34.55 | 196900753 | <b>2:37.21</b> | +0,78 | 31.99 | 1:13.34 | 2:01.07 | 2:37.21 |
| 4. Harold Matla       | PSV              | 2:40.98 | 196800591 | <b>2:42.98</b> | +0,91 | 36.04 | 1:21.21 | 2:07.34 | 2:42.98 |
| 5. Thijs Geurts       | De Watervogels   | 2:40.08 | 196601557 | <b>2:44.18</b> | +1,07 | 33.08 | 1:15.99 | 2:04.17 | 2:44.18 |
| 6. Marc Bleeker       | d'ELFT WAVE (SG) | 2:44.44 | 196901729 | <b>2:44.99</b> | +1,06 | 32.33 | 1:17.92 | 2:07.70 | 2:44.99 |
| 7. Erik Saan          | De Duck          | 3:00.73 | 196500769 | <b>3:00.63</b> | +0,99 | 36.83 | 1:25.25 | 2:17.87 | 3:00.63 |
| 8. Marcel Brittijn    | De Duinkickers   | 2:56.88 | 196900159 | <b>3:01.21</b> | +0,70 | 35.85 | 1:26.77 | 2:19.74 | 3:01.21 |
| WDR Konstantin Sklyar | TG Lage 1862     | 2:40.75 | 321129    |                |       |       |         |         |         |

Masters 50+

|                          |                |         |           |                |       |       |         |         |         |
|--------------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Rene de Boer          | DAW            | 2:42.43 | 196400087 | <b>2:43.47</b> | +0,78 | 34.01 | 1:19.50 | 2:08.26 | 2:43.47 |
| 2. Ronald Grove          | Oceanus        | 2:45.48 | 196100161 | <b>2:47.74</b> | +0,73 | 34.95 | 1:22.45 | 2:09.91 | 2:47.74 |
| 3. John Stokx            | DAW            | 2:41.18 | 196401341 | <b>2:48.89</b> | +0,80 | 33.78 | 1:16.65 | 2:09.37 | 2:48.89 |
| 4. Adrian Ortiz Buitrago | WIDEX GZC DONK | 2:51.49 | 196000931 | <b>2:57.16</b> | +0,85 | 37.06 | 1:24.40 | 2:16.83 | 2:57.16 |
| 5. Paul van der Voort    | De Zwoer       | 2:59.01 | 196200715 | <b>2:58.91</b> | +1,06 | 37.95 | 1:25.85 | 2:21.95 | 2:58.91 |
| 6. Nico van Maanen       | De Duck        | 3:05.56 | 196100371 | <b>3:08.46</b> | +0,74 | 37.07 | 1:27.06 | 2:24.89 | 3:08.46 |

Masters 55+

|                  |       |         |           |                |       |       |         |         |         |
|------------------|-------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Jan Timmerman | IJZPC | 3:36.86 | 195700347 | <b>3:40.74</b> | +0,75 | 43.91 | 1:42.61 | 2:47.90 | 3:40.74 |
|------------------|-------|---------|-----------|----------------|-------|-------|---------|---------|---------|





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 9, Men, 200m Medley

Masters 60+

|               |                |         |           |                |       |       |         |         |         |
|---------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Piet Schop | De Bevelanders | 3:06.78 | 195000109 | <b>2:59.97</b> | +0,68 | 36.35 | 1:24.99 | 2:19.34 | 2:59.97 |
| 2. Jos Kamps  | De Amer        | 3:42.97 | 195100085 | <b>3:42.17</b> | +1,10 | 49.57 | 1:48.80 | 2:56.86 | 3:42.17 |

Masters 65+

|                         |       |         |           |                |       |       |         |         |         |
|-------------------------|-------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Donald Uijtenbogaart | Het Y | 2:56.83 | 194700107 | <b>2:57.80</b> | +0,82 | 38.71 | 1:27.90 | 2:18.55 | 2:57.80 |
|-------------------------|-------|---------|-----------|----------------|-------|-------|---------|---------|---------|

Masters 70+

|                   |           |         |           |                |       |       |         |         |         |
|-------------------|-----------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Frans van Enst | WS Twente | 3:20.89 | 194000011 | <b>3:25.61</b> | +1,09 | 41.87 | 1:32.15 | 2:37.64 | 3:25.61 |
| 2. Rob Hanou      | PSV       | 3:14.15 | 194300109 | <b>3:30.91</b> | +1,12 | 47.08 | 1:47.25 | 2:46.19 | 3:30.91 |

Masters 75+

|              |               |         |           |                |       |       |         |         |         |
|--------------|---------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Nic Geers | Z&PC De Gouwe | 3:31.84 | 193800007 | <b>4:01.42</b> | +1,02 | 57.87 | 2:00.17 | 3:15.13 | 4:01.42 |
|--------------|---------------|---------|-----------|----------------|-------|-------|---------|---------|---------|

Event 10  
02-05-2014 - 16:01

Women, 100m Fly

Masters Open  
Results

| rang naam                        | vereniging          | inschrijftijd |           | tijd             | RT    | 50m   | 100m    |
|----------------------------------|---------------------|---------------|-----------|------------------|-------|-------|---------|
| <b>Masters 20+</b>               |                     |               |           |                  |       |       |         |
| 1. Karin Verbeek                 | Nautilus            | 1:12.42       | 199201848 | <b>1:11.83</b>   | +0,69 | 33.00 | 1:11.83 |
| 2. Anouk van der Pligt           | ZOB'66              | 1:13.85       | 199303296 | <b>1:17.18</b>   | +0,62 | 34.55 | 1:17.18 |
| 3. Eva Engelen                   | NDD                 | 1:12.91       | 199405514 | <b>1:17.63</b>   | +0,69 | 33.29 | 1:17.63 |
| 4. Nicky Vanhijfte               | Scheldestroom       | 1:29.31       | 199201806 | <b>1:23.70</b>   | +0,77 | 37.21 | 1:23.70 |
| 5. Chantal Willems               | Noord-Limburg (SG)  | 1:20.30       | 199105482 | <b>1:24.65</b>   | +0,88 | 37.03 | 1:24.65 |
| 6. Sanne van Dijk                | Zoetermeer          | 1:22.59       | 199000818 | <b>1:24.99</b>   | +0,92 | 37.15 | 1:24.99 |
| 7. Lindsey Hol                   | De Meer             | 1:26.13       | 199008088 | <b>1:26.25</b>   | +0,69 | 38.71 | 1:26.25 |
| 8. Aure Lampe                    | De Devel            | 1:18.14       | 199400072 | <b>1:30.17</b>   | +0,83 | 38.10 | 1:30.17 |
| 9. Lieke Janssen                 | HGN (SG)            | 1:28.42       | 199305954 | <b>1:30.25</b>   | +0,88 | 40.20 | 1:30.25 |
| 10. Tessa Karels                 | Scheldestroom       | 1:30.53       | 199401520 | <b>1:34.14</b>   | +0,78 | 39.75 | 1:34.14 |
| 11. Heleen ten Have              | De Pinquin          | 1:24.65       | 199403000 | <b>1:35.43</b>   | +0,88 | 42.09 | 1:35.43 |
| 12. Tara Keijzer                 | Steenwijk 1934      | 1:32.25       | 199108498 | <b>1:37.22</b>   | +0,79 | 42.23 | 1:37.22 |
| <b>Masters 25+</b>               |                     |               |           |                  |       |       |         |
| 1. Rianne Hofland                | Sassenheim          | 1:10.84       | 198801820 | <b>1:14.17</b>   | +0,75 | 33.06 | 1:14.17 |
| 2. Maaïke van Diggele            | ZPB H&L Productions | 1:18.71       | 198700868 | <b>1:21.88</b>   | +0,86 | 36.26 | 1:21.88 |
| 3. Liset de Veer                 | Aqua-Novio'94       | 1:19.27       | 198704190 | <b>1:22.20</b> * | +0,88 | 36.83 | 1:22.20 |
| 4. Liesbeth van Mill             | DWK                 | 1:20.73       | 198702786 | <b>1:25.79</b>   | +0,87 | 38.76 | 1:25.79 |
| <b>Masters 30+</b>               |                     |               |           |                  |       |       |         |
| 1. Pauline Gouwens               | DWK                 | 1:04.53       | 198400790 | <b>1:05.48</b>   | +0,74 | 30.19 | 1:05.48 |
| <i>Nederlands Masters Record</i> |                     |               |           |                  |       |       |         |
| 2. Delia Badoux                  | Zoetermeer          | 1:08.01       | 198000042 | <b>1:09.99</b>   | +0,70 | 31.97 | 1:09.99 |
| 3. Nadya Putter                  | ZVVS                | 1:09.25       | 198301630 | <b>1:11.38</b>   | +0,71 | 33.62 | 1:11.38 |
| 4. Tonia Ruybroek                | Poseidon'56         | 1:09.53       | 198101290 | <b>1:12.54</b>   | +0,88 | 34.30 | 1:12.54 |
| 5. Esther Versteeg               | Van Vliet-Barracuda | 1:11.98       | 198302112 | <b>1:12.77</b>   | +0,90 | 34.10 | 1:12.77 |
| 6. Roos van Esch                 | TRB-RES             | 1:12.31       | 198200468 | <b>1:12.79</b>   | +0,84 | 33.77 | 1:12.79 |
| 7. Pauline Tieleman              | De Geul             | 1:15.21       | 198403348 | <b>1:19.67</b> * | +0,74 | 35.30 | 1:19.67 |
| 8. Marjolein v.d Sanden          | Noord-Limburg (SG)  | 1:33.53       | 198402136 | <b>1:36.73</b>   | +0,85 | 41.99 | 1:36.73 |
| <b>Masters 35+</b>               |                     |               |           |                  |       |       |         |
| 1. Inez Heideman                 | WS Twente           | 1:20.18       | 197500198 | <b>1:19.50</b>   | +0,88 | 36.03 | 1:19.50 |
| 2. Geraldine Trainor             | De Duck             | 1:16.50       | 197500544 | <b>1:19.88</b>   | +0,79 | 34.94 | 1:19.88 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 10, Women, 100m Fly

Masters 40+

|                            |            |         |           |                |       |       |         |
|----------------------------|------------|---------|-----------|----------------|-------|-------|---------|
| 1. Gudule van der Meer     | PSV        | 1:15.70 | 197200396 | <b>1:13.23</b> | +0,81 | 33.23 | 1:13.23 |
| 2. Jeanne Petit            | Maxwell SC | 1:13.50 | 1112847   | <b>1:15.33</b> | +0,78 | 34.23 | 1:15.33 |
| 3. Ilona Hogerheyde        | DAW        | 1:14.92 | 197400224 | <b>1:18.27</b> | +0,71 | 35.05 | 1:18.27 |
| 4. Lidia v. Bon-Rosenbrand | AZ&PC      | 1:15.58 | 197000054 | <b>1:21.55</b> | +0,90 | 36.70 | 1:21.55 |

Masters 45+

|                         |           |         |           |                |       |       |         |
|-------------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Karin van den Heuvel | Old Dutch | 1:29.24 | 196600188 | <b>1:31.86</b> | +0,90 | 41.63 | 1:31.86 |
| DNS Lesley Cordial      | Neptunus  | 1:09.96 | 196700684 |                |       |       |         |

Masters 50+

|                            |                  |         |           |                |       |       |         |
|----------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Anita Bottger           | De Berkelduikers | 1:17.44 | 196300498 | <b>1:18.80</b> | +0,83 | 36.45 | 1:18.80 |
| 2. Marjan Remmits-De Lange | ZPC Woerden      | 1:16.49 | 196300518 | <b>1:18.81</b> | +0,79 | 35.06 | 1:18.81 |
| 3. Margriet Grove-Lingeman | Oceanus          | 1:25.60 | 196200080 | <b>1:24.38</b> | +0,82 | 38.37 | 1:24.38 |

Masters 55+

|                              |           |         |             |                |       |       |         |
|------------------------------|-----------|---------|-------------|----------------|-------|-------|---------|
| 1. Mathilde Vink             | Swol 1894 | 1:15.20 | 195800128   | <b>1:18.03</b> | +0,99 | 38.21 | 1:18.03 |
| <i>Kampioenschaps Record</i> |           |         |             |                |       |       |         |
| 2. Claire Anthony            | CNSW      | 1:22.67 | CNSW/487/57 | <b>1:26.04</b> | +0,93 | 39.33 | 1:26.04 |

Masters 60+

|                 |     |         |           |                |       |       |         |
|-----------------|-----|---------|-----------|----------------|-------|-------|---------|
| 1. Carla Hensen | PSV | 1:41.99 | 195300062 | <b>1:40.95</b> | +1,01 | 47.43 | 1:40.95 |
|-----------------|-----|---------|-----------|----------------|-------|-------|---------|

Event 11  
02-05-2014 - 16:26

Men, 100m Fly

Masters Open  
Results

| rang naam                        | vereniging       | inschrijftijd | tijd      | RT             | 50m     | 100m  |         |
|----------------------------------|------------------|---------------|-----------|----------------|---------|-------|---------|
| <b>Masters 20+</b>               |                  |               |           |                |         |       |         |
| 1. Ensger Kotterink              | Albion           | 54.87         | 199403391 | <b>57.25</b>   | +0,67   | 27.12 | 57.25   |
| <i>Nederlands Masters Record</i> |                  |               |           |                |         |       |         |
| 2. Bruno Carissimi Boff          | WVZ              | 57.92         | 199207283 | <b>59.14</b>   | +0,70   | 27.51 | 59.14   |
| 3. Joost Rijntjes                | LZ 1886          | 1:00.63       | 199101899 | <b>1:02.74</b> | +0,75   | 28.82 | 1:02.74 |
| 4. Simon Kassing                 | d'ELFT WAVE (SG) | 1:00.32       | 199406553 | <b>1:03.11</b> | +0,74   | 29.51 | 1:03.11 |
| 5. Thomas Hansen                 | LZ 1886          | 1:06.45       | 199204327 | <b>1:05.54</b> | +0,71   | 30.26 | 1:05.54 |
| 6. Erwin Sneek                   | De Futen         | 1:04.16       | 199102153 | <b>1:07.34</b> | +0,79   | 30.65 | 1:07.34 |
| 7. Robin Eltink                  | NDD              | 1:03.06       | 199406147 | <b>1:07.71</b> | +0,83   | 30.77 | 1:07.71 |
| 8. Kenneth Caster                | RZ               | 1:04.73       | 199100375 | <b>1:11.47</b> | +0,76   | 31.17 | 1:11.47 |
| 9. Mike Koelewijn                | Steenwijk 1934   | 1:10.08       | 199303597 | <b>1:13.22</b> | +0,74   | 31.85 | 1:13.22 |
| WDR Ruben Stolk                  | ZOB'66           | 1:04.20       | 199005665 |                |         |       |         |
| <b>Masters 25+</b>               |                  |               |           |                |         |       |         |
| 1. Philipp Müller                | Piranha          | 58.48         | 198604633 | <b>57.06</b>   | * +0,71 | 26.18 | 57.06   |
| <i>Nederlands Masters Record</i> |                  |               |           |                |         |       |         |
| 2. Alex Schelvis                 | NZ&PC            | 58.51         | 198702927 | <b>58.09</b>   | +0,78   | 27.23 | 58.09   |
| 3. Jean Pierre Bisslik           | DES              | 59.63         | 198705243 | <b>1:02.82</b> | +0,61   | 28.94 | 1:02.82 |
| 4. Roderik Meijers               | ZOB'66           | 1:03.67       | 198602063 | <b>1:04.50</b> | +0,73   | 28.59 | 1:04.50 |
| 5. Bastian Zoon                  | MGO (SG)         | 1:04.07       | 198703929 | <b>1:04.61</b> | +0,70   | 30.37 | 1:04.61 |
| 6. Hjalmar de Ruiter             | NDD              | 1:02.57       | 198902695 | <b>1:10.45</b> | +0,73   | 31.23 | 1:10.45 |
| 7. Melano Winter                 | RSW (SG)         | 1:12.95       | 198703847 | <b>1:18.45</b> | +0,83   | 36.18 | 1:18.45 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 11, Men, 100m Fly

Masters 30+

|                     |                      |         |           |                |         |       |         |
|---------------------|----------------------|---------|-----------|----------------|---------|-------|---------|
| 1. Pieter Pickhardt | ZPC De Hof           | 1:03.83 | 198301657 | <b>1:06.08</b> | +0,83   | 30.69 | 1:06.08 |
| 2. Erik Drewes      | De Biesboschzwemmers | 1:05.81 | 198400543 | <b>1:06.13</b> | +0,75   | 30.42 | 1:06.13 |
| 3. Thommy Nickel    | Van Vliet-Barracuda  | 1:07.42 | 198401627 | <b>1:07.53</b> | +0,76   | 31.41 | 1:07.53 |
| 4. Mark Musch       | Zwemlust-den Hommel  | 1:06.25 | 198401609 | <b>1:08.28</b> | +0,82   | 29.87 | 1:08.28 |
| 5. Leander Noordijk | MGO (SG)             | 1:09.76 | 198101221 | <b>1:08.84</b> | * +1,12 | 31.78 | 1:08.84 |
| 6. Rob van Vliet    | AZ&PC                | 1:09.16 | 198402459 | <b>1:11.13</b> | +0,92   | 32.62 | 1:11.13 |
| 7. Gerwin Vonk      | De Spatters          | 1:08.56 | 198201907 | <b>1:12.17</b> | +0,67   | 30.35 | 1:12.17 |

Masters 35+

|                              |                    |         |           |                |       |       |         |
|------------------------------|--------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Evgeny Ryzhov             | Sprut              | 58.85   | 101628    | <b>1:02.41</b> | +0,79 | 28.30 | 1:02.41 |
| <i>Kampioenschaps Record</i> |                    |         |           |                |       |       |         |
| 2. Dennis Schouten           | Upstream Amsterdam | 1:05.02 | 197501351 | <b>1:05.62</b> | +0,79 | 29.85 | 1:05.62 |
| 3. Alex Damen                | DAW                | 1:06.87 | 197501371 | <b>1:09.57</b> | +0,89 | 32.00 | 1:09.57 |
| 4. Markus van Rest           | Zoetermeer         | 1:06.24 | 197701197 | <b>1:10.12</b> | +0,86 | 31.69 | 1:10.12 |
| 5. Kars Luttik               | DAW                | 1:08.22 | 197800675 | <b>1:11.60</b> | +0,78 | 31.64 | 1:11.60 |
| 6. Ingmar Kooman             | De Zijl/LGB        | 1:13.87 | 197901517 | <b>1:15.35</b> | +0,88 | 34.48 | 1:15.35 |

Masters 40+

|                          |           |         |           |                |       |       |         |
|--------------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Mario Verbeek         | ZVVS      | 1:09.36 | 197300913 | <b>1:07.07</b> | +1,06 | 31.12 | 1:07.07 |
| 2. Antwan van Engen      | De Ward   | 1:08.84 | 197101577 | <b>1:09.34</b> | +0,73 | 30.70 | 1:09.34 |
| 3. Richard Ricksen       | HGN (SG)  | 1:06.18 | 197000841 | <b>1:12.95</b> | +0,83 | 34.01 | 1:12.95 |
| 4. Machiel Stolk         | Swol 1894 | 1:09.30 | 197400779 | <b>1:13.21</b> | +0,91 | 33.26 | 1:13.21 |
| 5. Gertjan van der Knaap | De Duck   | 1:11.58 | 197300459 | <b>1:13.41</b> | +0,88 | 32.90 | 1:13.41 |

Masters 45+

|                       |                  |         |           |                |         |       |         |
|-----------------------|------------------|---------|-----------|----------------|---------|-------|---------|
| 1. Marc Bleeker       | d'ELFT WAVE (SG) | 1:11.62 | 196901729 | <b>1:08.52</b> | +0,96   | 31.70 | 1:08.52 |
| 2. Frank v Nobelen    | Sassenheim       | 1:08.84 | 196900753 | <b>1:10.09</b> | +0,79   | 32.19 | 1:10.09 |
| 3. Hans Schoenmakers  | DAW              | 1:18.93 | 196900863 | <b>1:18.40</b> | +0,80   | 34.78 | 1:18.40 |
| 4. Danny Zulver       | ZVVS             | 1:19.79 | 196701617 | <b>1:19.02</b> | +0,76   | 33.90 | 1:19.02 |
| 5. Harald Mulder      | Zoetermeer       | 1:17.18 | 196701459 | <b>1:19.60</b> | +0,98   | 35.67 | 1:19.60 |
| 6. Jeroen Kort        | DAW              | 1:24.99 | 196801543 | <b>1:25.74</b> | * +0,71 | 36.04 | 1:25.74 |
| DSQ Richard Rozema    | d'ELFT WAVE (SG) | 1:32.34 | 196701583 |                | AF      |       |         |
| WDR Konstantin Sklyar | TG Lage 1862     | 1:10.87 | 321129    |                |         |       |         |

Masters 50+

|                     |                    |         |           |                |       |       |         |
|---------------------|--------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Arnold de Rover  | De Futen           | 1:09.14 | 196400645 | <b>1:14.66</b> | +0,94 | 33.31 | 1:14.66 |
| 2. Peter van Vuuren | Upstream Amsterdam | 1:19.51 | 196000641 | <b>1:17.97</b> | +0,91 | 33.66 | 1:17.97 |
| DSQ Johan Remmits   | ZPC Woerden        | 1:05.85 | 196201159 |                | VH    |       |         |

Masters 55+

|                     |                  |         |           |                |       |       |         |
|---------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Gerhard Prohaska | EW Donau SC 1903 | 1:11.33 | 19054     | <b>1:14.23</b> | +0,84 | 36.25 | 1:14.23 |
| 2. Paul Bunnik      | Triton           | 1:23.89 | 195600413 | <b>1:22.52</b> | +0,97 | 38.13 | 1:22.52 |

Masters 60+

|                                  |      |         |             |                |       |       |         |
|----------------------------------|------|---------|-------------|----------------|-------|-------|---------|
| 1. Jean-Marie Cadiat             | CNSW | 1:08.99 | CNSW/557/53 | <b>1:09.77</b> | +0,90 | 31.49 | 1:09.77 |
| <i>Kampioenschaps Record</i>     |      |         |             |                |       |       |         |
| 2. Brend Brevé                   | PSV  | 1:19.70 | 195200265   | <b>1:14.85</b> | +0,88 | 33.86 | 1:14.85 |
| <i>Nederlands Masters Record</i> |      |         |             |                |       |       |         |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 12  
02-05-2014 - 16:36

Women, 200m Freestyle

Masters Open  
Results

| rang naam               | vereniging          | inschrijftijd     | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|-------------------------|---------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b>      |                     |                   |                |       |       |         |         |         |
| 1. Wendan Poelstra      | TriVia              | 2:09.66 199102496 | <b>2:13.50</b> | +0,72 | 31.18 | 1:05.09 | 1:39.17 | 2:13.50 |
| 2. Maaike Vooren        | DAW                 | 2:17.55 199103324 | <b>2:16.21</b> | +0,84 | 31.69 | 1:06.19 | 1:41.05 | 2:16.21 |
| 3. Rebecca Vroomen      | Eurode KZC          | 2:17.08 199301772 | <b>2:21.33</b> | +0,86 | 32.08 | 1:08.68 | 1:45.77 | 2:21.33 |
| 4. Sigrid Dogger        | De Zwoer            | 2:25.20 199200452 | <b>2:23.91</b> | +0,88 | 31.49 | 1:08.37 | 1:46.61 | 2:23.91 |
| 5. Isabelle Massar      | WVZ                 | 2:17.07 199102034 | <b>2:24.01</b> | +0,81 | 32.14 | 1:07.97 | 1:46.33 | 2:24.01 |
| 6. Marissa Minkman      | ZC Aquadream        | 2:13.41 199306054 | <b>2:25.84</b> | +0,71 | 31.46 | 1:07.45 | 1:46.36 | 2:25.84 |
| 7. Wendy de Bruin       | ZOB'66              | 2:20.05 199206320 | <b>2:26.63</b> | +0,66 | 33.35 | 1:09.96 | 1:48.20 | 2:26.63 |
| 8. Kimberley Kranenberg | ZPC De Hof          | 2:19.02 199400292 | <b>2:28.10</b> | +0,87 | 33.07 | 1:11.23 | 1:50.70 | 2:28.10 |
| 9. Myrthe Lampe         | De Devel            | 2:23.93 199002236 | <b>2:31.37</b> | +0,89 | 34.45 | 1:12.98 | 1:52.29 | 2:31.37 |
| 10. Mieke Cornelisse    | Sassenheim          | 2:28.45 199405090 | <b>2:32.67</b> | +0,86 | 34.29 | 1:12.86 | 1:53.22 | 2:32.67 |
| 11. Mandy Verbakel      | ZPC Woerden         | 2:34.35 199003908 | <b>2:33.27</b> | +0,93 | 35.02 | 1:14.19 | 1:54.14 | 2:33.27 |
| 12. Ramona Noordermeer  | ZVVS                | 2:35.21 199401746 | <b>2:34.88</b> | +0,77 | 35.51 | 1:15.05 | 1:56.86 | 2:34.88 |
| 13. Irmgard van Weeghel | Octopus             | 2:27.46 199204834 | <b>2:35.60</b> | +0,72 | 34.82 | 1:13.33 | 1:54.30 | 2:35.60 |
| 14. Yvonne Bruls        | Eurode KZC          | 2:31.09 199008114 | <b>2:37.34</b> | +0,72 | 34.94 | 1:14.07 | 1:55.50 | 2:37.34 |
| 15. Jora Broerse        | De Futen            | 2:37.83 199203946 | <b>2:41.86</b> | +0,93 | 36.78 | 1:18.76 | 2:01.73 | 2:41.86 |
| 16. Charine de Rooter   | Steenwijk 1934      | 2:41.44 199403668 | <b>2:43.24</b> | +0,84 | 36.65 | 1:17.49 | 2:00.55 | 2:43.24 |
| 17. Eline Schoenmaker   | Zwemlust-den Hommel | 2:46.18 199003322 | <b>2:46.71</b> | +0,67 | 38.35 | 1:21.29 | 2:05.10 | 2:46.71 |
| 18. Heleen ten Have     | De Pinquin          | 2:42.05 199403000 | <b>2:49.40</b> | +0,87 | 36.94 | 1:19.00 | 2:04.17 | 2:49.40 |
| 19. Daniëlle de Klein   | DWF                 | 2:45.61 199404786 | <b>2:52.54</b> | +0,84 | 38.79 | 1:22.29 | 2:07.63 | 2:52.54 |
| 20. Wieteke Jansen      | Montferland         | 2:51.25 199001750 | <b>2:52.86</b> | +0,86 | 38.44 | 1:22.29 | 2:09.23 | 2:52.86 |
| 21. Liesbeth Bruinekoel | Zuiderzeezwemmers   | 4:06.45 199007958 | <b>4:16.28</b> | +0,83 | 57.95 | 2:04.17 | 3:12.20 | 4:16.28 |
| WDR Maartje Lenten      | De Spatters         | 2:32.34 199204286 |                |       |       |         |         |         |

**Masters 25+**

|                            |                     |                     |                  |       |         |         |         |         |
|----------------------------|---------------------|---------------------|------------------|-------|---------|---------|---------|---------|
| 1. Lisanne Andeweg         | Zuiderzeezwemmers   | 2:16.58 198800092   | <b>2:18.71</b>   | +0,80 | 32.11   | 1:07.52 | 1:43.68 | 2:18.71 |
| 2. Samantha van Eijk       | De Geul             | 2:17.41 198806826   | <b>2:20.10</b>   | +0,70 | 32.48   | 1:08.73 | 1:45.19 | 2:20.10 |
| 3. Stephanie Rombout       | PSV                 | 2:17.70 198803696   | <b>2:23.71</b>   | +0,73 | 31.29   | 1:06.77 | 1:44.22 | 2:23.71 |
| 4. Jose Janssen            | TRB-RES             | 2:22.21 198907324   | <b>2:27.66</b> * | +0,65 | 33.79   | 1:11.06 | 1:50.10 | 2:27.66 |
| 5. Marije Jansen           | Montferland         | 2:38.25 198504088   | <b>2:33.69</b>   | +0,77 | 34.57   | 1:13.73 | 1:54.23 | 2:33.69 |
| 6. Bianca Paape            | DAW                 | 2:35.27 198502262   | <b>2:38.60</b>   | +0,79 | 34.44   | 1:14.56 | 1:56.96 | 2:38.60 |
| 7. Isaline Manchel         | CNSW                | 2:38.01 CNSW/475/85 | <b>2:39.29</b>   | +0,85 | 36.63   | 1:17.25 | 1:59.19 | 2:39.29 |
| 8. Sandra Koenig           | CNSW                | 2:40.87 CNSW/612/86 | <b>2:41.15</b>   | +0,84 | 37.73   | 1:18.94 | 2:00.67 | 2:41.15 |
| 9. Maaike van Diggele      | ZPB H&L Productions | 2:44.02 198700868   | <b>2:45.05</b>   | +0,87 | 38.00   | 1:20.02 | 2:03.80 | 2:45.05 |
| 10. Tineke Roelofs         | PSV                 | 2:46.61 198504004   | <b>2:46.07</b>   | +0,76 | 37.27   | 1:18.51 | 2:01.89 | 2:46.07 |
| 11. Esther Steltenpohl     | DAW                 | 2:48.45 198504116   | <b>2:48.05</b>   | +0,71 | 35.63   | 1:18.54 | 2:03.56 | 2:48.05 |
| 12. Annebeth van Ark       | Octopus             | 2:48.50 198805588   | <b>2:56.01</b>   | +0,85 | 39.24   | 1:24.21 | 2:10.72 | 2:56.01 |
| 13. Anne van den Besselaar | HZ&PC Heerenveen    | 5:07.27 198504062   | <b>5:19.49</b>   | +1,18 | 1:11.39 | 2:33.72 | 3:59.08 | 5:19.49 |

**Masters 30+**

|                         |                    |                       |                  |       |       |         |         |         |
|-------------------------|--------------------|-----------------------|------------------|-------|-------|---------|---------|---------|
| 1. Roos van Esch        | TRB-RES            | 2:24.41 198200468     | <b>2:26.18</b>   | +0,85 | 33.81 | 1:10.85 | 1:48.99 | 2:26.18 |
| 2. Stephanie Vaernewyck | Mega               | 2:28.81 MEGA/20352/83 | <b>2:29.00</b> * | +0,84 | 33.65 | 1:11.75 | 1:50.49 | 2:29.00 |
| 3. Anke Lamboij         | AZL                | 2:24.79 198001182     | <b>2:33.05</b>   | +0,84 | 34.94 | 1:13.75 | 1:53.44 | 2:33.05 |
| 4. Linda Hoogendam      | Zoetermeer         | 2:29.45 198300892     | <b>2:35.33</b>   | +0,72 | 34.73 | 1:14.38 | 1:56.26 | 2:35.33 |
| 5. Marijke Dirkse       | IJZPC              | 2:53.57 198403480     | <b>2:47.39</b>   | +0,99 | 36.50 | 1:18.40 | 2:02.67 | 2:47.39 |
| 6. Marjolein v.d Sanden | Noord-Limburg (SG) | 2:53.41 198402136     | <b>3:02.77</b>   | +0,78 | 40.98 | 1:26.77 | 2:15.30 | 3:02.77 |
| 7. Marloes Rebel        | WS Twente          | 3:17.67 198403474     | <b>3:14.61</b>   | +0,92 | 43.15 | 1:33.05 | 2:24.64 | 3:14.61 |
| 8. Rianne van Vegchelen | Deltasteur         | 3:01.32 198101530     | <b>3:18.08</b>   | +1,10 | 42.42 | 1:31.61 | 2:24.65 | 3:18.08 |
| WDR Ramona Linting      | Zoetermeer         | 2:29.51 198301274     |                  |       |       |         |         |         |

**Masters 35+**

|                         |                     |                   |                  |       |       |         |         |         |
|-------------------------|---------------------|-------------------|------------------|-------|-------|---------|---------|---------|
| 1. H. Spelde - Fransens | THOR                | 2:36.92 197901358 | <b>2:33.60</b>   | +1,04 | 34.21 | 1:12.70 | 1:53.43 | 2:33.60 |
| 2. Evelien Meeuwissen   | Sassenheim          | 2:35.81 197500360 | <b>2:37.61</b>   | +0,83 | 34.18 | 1:13.16 | 1:55.45 | 2:37.61 |
| 3. Marian Nederlof      | DWF                 | 2:40.76 197600950 | <b>2:40.47</b> * | +0,79 | 36.14 | 1:15.63 | 1:57.71 | 2:40.47 |
| 4. Carmen Haan          | De Spatters         | 2:39.83 197901458 | <b>2:43.89</b>   | +0,97 | 36.29 | 1:17.12 | 1:59.76 | 2:43.89 |
| 5. C. van Bruxvoort     | ZPB H&L Productions | 3:09.85 197700138 | <b>3:19.39</b>   | +0,98 | 43.33 | 1:34.91 | 2:29.44 | 3:19.39 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 12, Women, 200m Freestyle

Masters 40+

|                            |                   |         |           |                |         |       |         |         |         |
|----------------------------|-------------------|---------|-----------|----------------|---------|-------|---------|---------|---------|
| 1. Annette de Visser       | Oceanus           | 2:30.29 | 197100602 | <b>2:27.65</b> | +0,85   | 33.80 | 1:10.94 | 1:49.67 | 2:27.65 |
| 2. Pascaline Neiss-Janssen | De Roersoppers    | 2:41.54 | 197300852 | <b>2:43.21</b> | +0,92   | 36.43 | 1:17.90 | 2:00.66 | 2:43.21 |
| 3. Renata van Essen        | Zuiderzeezwemmers | 2:44.22 | 197300740 | <b>2:44.94</b> | +0,80   | 38.35 | 1:21.35 | 2:04.48 | 2:44.94 |
| 4. Tanya Lyvbarskaya       | SCOM              | 2:44.16 | 197101000 | <b>2:48.02</b> | * +0,79 | 37.01 | 1:19.04 | 2:04.22 | 2:48.02 |
| 5. Annet Kootstra          | Swol 1894         | 2:49.92 | 197100344 | <b>2:52.72</b> | +0,90   | 39.64 | 1:23.49 | 2:08.95 | 2:52.72 |
| 6. Daniella Harrison       | Potters Bar SC    | 2:39.42 | 692010    | <b>2:56.85</b> | +0,99   | 40.68 | 1:26.70 | 2:13.27 | 2:56.85 |
| 7. D. Hoeksel-Verveen      | ZVVS              | 2:56.12 | 197300724 | <b>3:11.67</b> | * +0,87 | 40.29 | 1:27.28 | 2:17.95 | 3:11.67 |
| DSQ Edith Janssen-Koolen   | TRB-RES           | 2:26.77 | 197300898 |                |         |       |         |         |         |

AA

Masters 45+

|                          |                      |         |           |                |         |       |         |         |         |
|--------------------------|----------------------|---------|-----------|----------------|---------|-------|---------|---------|---------|
| 1. Heidi van Stein       | LZ 1886              | 2:23.01 | 196900864 | <b>2:23.59</b> | +0,86   | 32.60 | 1:08.61 | 1:46.21 | 2:23.59 |
| 2. Annette Wijnja-Visser | De Biesboschzwemmers | 2:34.07 | 196700528 | <b>2:31.10</b> | +0,75   | 33.78 | 1:11.65 | 1:51.33 | 2:31.10 |
| 3. Bridget Bewick        | Maidenhead Marlins   | 2:27.87 | 36934     | <b>2:31.96</b> | +0,97   | 34.97 | 1:13.52 | 1:53.34 | 2:31.96 |
| 4. Claudia Goldschmidt   | Maidenhead Marlins   | 2:30.98 | 954626    | <b>2:32.37</b> | +0,95   | 34.93 | 1:13.85 | 1:53.78 | 2:32.37 |
| 5. Marion Broekhuis      | WS Twente            | 2:43.51 | 196800060 | <b>2:39.79</b> | +0,77   | 36.80 | 1:17.61 | 1:59.27 | 2:39.79 |
| 6. Irna van der Molen    | Het Ravijn           | 2:48.49 | 196900938 | <b>2:52.12</b> | * +0,74 | 37.12 | 1:20.66 | 2:06.74 | 2:52.12 |
| 7. Peggi Hurenkamp       | HZ&PC Heerenveen     | 2:52.08 | 196900922 | <b>2:53.28</b> | +0,85   | 38.01 | 1:21.41 | 2:08.12 | 2:53.28 |
| 8. R. Speelman-Tigelaar  | De Spatters          | 2:59.43 | 196600664 | <b>2:55.44</b> | +0,79   | 39.26 | 1:23.44 | 2:09.83 | 2:55.44 |
| 9. Ingeborg Stokx        | DAW                  | 3:03.48 | 196700666 | <b>3:06.66</b> | +0,77   | 42.45 | 1:29.46 | 2:19.31 | 3:06.66 |
| 10. Sandra Daamen-Posma  | AZC                  | 3:08.27 | 196800854 | <b>3:12.74</b> | +1,12   | 41.84 | 1:29.63 | 2:21.94 | 3:12.74 |
| WDR Friderika Kerekes    | AZ&PC                | 3:01.84 | 196500540 |                |         |       |         |         |         |

Masters 50+

|                          |                     |         |           |                |       |       |         |         |         |
|--------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. C. Moerkerken-Beukema | ZPB H&L Productions | 2:30.92 | 196300524 | <b>2:34.47</b> | +0,93 | 34.67 | 1:13.39 | 1:53.22 | 2:34.47 |
| 2. J. Rolloos-Bakker     | De Lansingh         | 2:38.60 | 196300222 | <b>2:43.46</b> | +0,87 | 38.17 | 1:19.99 | 2:03.07 | 2:43.46 |
| 3. Petra Tossings        | DAW                 | 2:43.53 | 196100376 | <b>2:46.01</b> | +0,83 | 37.03 | 1:19.65 | 2:03.69 | 2:46.01 |
| 4. Inge Wolfs            | PLONS               | 2:39.11 | 196000304 | <b>2:49.73</b> | +0,88 | 37.46 | 1:19.84 | 2:04.55 | 2:49.73 |
| 5. Marijke Kraak-Beckers | WS Twente           | 2:53.06 | 196000240 | <b>2:50.20</b> | +0,90 | 38.29 | 1:21.69 | 2:06.20 | 2:50.20 |
| 6. J. Resink-Lindeboom   | DWK                 | 3:02.02 | 196000142 | <b>3:05.79</b> | +0,96 | 41.93 | 1:28.62 | 2:17.65 | 3:05.79 |
| 7. Marie-Josée Matte     | WVZ                 | 2:58.41 | 196000326 | <b>3:07.34</b> | +0,90 | 38.97 | 1:25.57 | 2:16.43 | 3:07.34 |

Masters 55+

|                   |            |         |             |                |       |       |         |         |         |
|-------------------|------------|---------|-------------|----------------|-------|-------|---------|---------|---------|
| 1. Colette Crabbe | CNSW       | 2:33.99 | CNSW/559/56 | <b>2:33.06</b> |       | 35.27 | 1:14.50 | 1:54.32 | 2:33.06 |
| <i>BMR</i>        |            |         |             |                |       |       |         |         |         |
| 2. Ada de Voogd   | ZVVS       | 2:45.39 | 195900280   | <b>2:45.43</b> | +0,84 | 37.11 | 1:19.23 | 2:04.02 | 2:45.43 |
| 3. Margriet Pasma | De Pinquin | 2:46.78 | 195500088   | <b>2:57.81</b> | +0,94 | 40.77 | 1:26.67 | 2:12.49 | 2:57.81 |

Masters 60+

|                          |                  |         |             |                |         |         |         |         |         |
|--------------------------|------------------|---------|-------------|----------------|---------|---------|---------|---------|---------|
| 1. Christien Nieuwenhuis | Swol 1894        | 2:46.56 | 195100022   | <b>2:48.86</b> | +0,86   | 37.22   | 1:20.66 | 2:05.80 | 2:48.86 |
| 2. Ineke Meijer          | HZ&PC Heerenveen | 3:11.89 | 195200034   | <b>3:18.70</b> | +0,91   | 45.28   | 1:36.89 | 2:29.79 | 3:18.70 |
| 3. Fernande Blondeel     | CNSW             | 3:29.88 | CNSW/011/52 | <b>3:36.69</b> | * +0,84 | 46.93   | 1:41.76 | 2:39.27 | 3:36.69 |
| 4. Tineke van Diggelen   | Oceanus          | 3:32.34 | 195200048   | <b>3:42.56</b> | +1,00   | 49.48   | 1:44.64 | 2:44.01 | 3:42.56 |
| 5. Geerdien Meerwaldt    | De Geul          | 4:08.10 | 195200058   | <b>4:21.26</b> | +1,16   | 56.44   | 2:03.17 | 3:12.23 | 4:21.26 |
| 6. Janny van der Weide   | Deltasteur       | 4:21.50 | 195100066   | <b>4:30.38</b> |         | 1:01.67 | 2:09.96 | 3:20.08 | 4:30.38 |
| WDR Conny Boer-Buys      | ZVVS             | 2:36.64 | 195000006   |                |         |         |         |         |         |

Masters 65+

|                          |       |         |           |                |       |       |         |         |         |
|--------------------------|-------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Corrie Verhoeven      | PSV   | 3:16.31 | 194600026 | <b>3:10.92</b> | +0,76 | 41.63 | 1:30.26 | 2:21.57 | 3:10.92 |
| WDR Loekie v. Huissteden | AZ&PC | 4:20.90 | 194500002 |                |       |       |         |         |         |

Masters 70+

|                  |           |         |           |                |       |       |         |         |         |
|------------------|-----------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Truus Ruiters | Old Dutch | 4:02.00 | 194000004 | <b>4:28.43</b> | +0,73 | 57.75 | 2:06.81 | 3:17.53 | 4:28.43 |
|------------------|-----------|---------|-----------|----------------|-------|-------|---------|---------|---------|





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 12, Women, 200m Freestyle

Masters 75+

|                  |     |         |           |                |       |       |         |         |         |
|------------------|-----|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Lottie Geurts | PSV | 3:28.87 | 193500006 | <b>3:36.45</b> | +1,14 | 51.19 | 1:46.58 | 2:43.33 | 3:36.45 |
|------------------|-----|---------|-----------|----------------|-------|-------|---------|---------|---------|

Masters 80+

|                              |           |         |               |                |       |         |         |         |         |
|------------------------------|-----------|---------|---------------|----------------|-------|---------|---------|---------|---------|
| 1. Eliane Pellis             | AZSC      | 3:44.51 | AZSC/20672/33 | <b>3:53.43</b> | +0,95 | 49.15   | 1:47.28 | 2:50.23 | 3:53.43 |
| <i>Kampioenschaps Record</i> |           |         |               |                |       |         |         |         |         |
| 2. Annie de Vos              | Old Dutch | 4:27.01 | 193400004     | <b>5:00.99</b> |       | 1:08.55 | 2:25.43 | 3:43.77 | 5:00.99 |

Event 13  
02-05-2014 - 17:14

Men, 200m Freestyle

Masters Open  
Results

| rang naam | vereniging | inschrijftijd |  | tijd | RT | 50m | 100m | 150m | 200m |
|-----------|------------|---------------|--|------|----|-----|------|------|------|
|-----------|------------|---------------|--|------|----|-----|------|------|------|

Masters 20+

|                      |                |         |           |                |       |       |         |         |         |
|----------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Patrick Creemers  | RZ             | 2:01.14 | 199000579 | <b>2:11.69</b> | +0,76 | 27.57 | 1:01.22 | 1:36.52 | 2:11.69 |
| 2. Michael Schlijper | Eurode KZC     | 2:29.22 | 199303691 | <b>2:26.58</b> | +0,92 | 33.64 | 1:10.12 | 1:48.89 | 2:26.58 |
| 3. Ruben de Boer     | De Duinkickers | 2:25.11 | 199301419 | <b>2:32.14</b> | +0,76 | 33.25 | 1:10.90 | 1:51.07 | 2:32.14 |
| 4. John van Heteren  | DWF            | 2:34.76 | 199305017 | <b>2:38.36</b> | +0,90 | 35.91 | 1:15.99 | 1:58.13 | 2:38.36 |

Masters 25+

|                       |                     |         |           |                |       |       |         |         |         |
|-----------------------|---------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Raoul Engelenburg  | Zwemlust-den Hommel | 2:01.29 | 198900843 | <b>2:00.87</b> | +0,69 | 28.22 | 59.80   | 1:30.22 | 2:00.87 |
| 2. Richard Huisken    | ZPC De Hof          | 1:59.67 | 198501141 | <b>2:05.52</b> | +0,74 | 28.13 | 1:00.05 | 1:32.65 | 2:05.52 |
| 3. Emiel Huisken      | ZPC De Hof          | 2:00.94 | 198501139 | <b>2:07.04</b> | +0,74 | 28.57 | 1:00.72 | 1:34.01 | 2:07.04 |
| 4. Erik van der Heide | Zuiderzeezwemmers   | 2:09.40 | 198801337 | <b>2:09.19</b> | +0,78 | 28.68 | 1:01.05 | 1:34.67 | 2:09.19 |
| 5. Roel van Beek      | Montferland         | 2:24.68 | 198905861 | <b>2:17.93</b> | +0,85 | 32.04 | 1:07.37 | 1:42.43 | 2:17.93 |
| 6. Dimitri Sauvage    | TRB-RES             | 2:16.77 | 198906755 | <b>2:19.37</b> | +0,69 | 29.96 | 1:03.84 | 1:41.12 | 2:19.37 |
| 7. Remko Hoof         | De Duinkickers      | 2:10.01 | 198701405 | <b>2:21.59</b> | +0,69 | 31.91 | 1:07.34 | 1:43.63 | 2:21.59 |
| 8. Wesley van Diejen  | PSV                 | 2:19.15 | 198604551 | <b>2:26.90</b> | +0,82 | 32.79 | 1:09.46 | 1:47.52 | 2:26.90 |

Masters 30+

|                      |                    |         |           |                |       |       |         |         |         |
|----------------------|--------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Stefan Oosting    | PSV                | 1:58.93 | 198101265 | <b>2:00.84</b> | +0,81 | 27.61 | 58.72   | 1:29.71 | 2:00.84 |
| 2. Kristiaan Lenos   | LZ 1886            | 2:05.54 | 198301331 | <b>2:04.87</b> | +0,77 | 28.04 | 59.62   | 1:32.64 | 2:04.87 |
| 3. Jim Geestman      | RSW (SG)           | 2:03.95 | 198300699 | <b>2:12.80</b> | +0,87 | 30.05 | 1:02.98 | 1:37.73 | 2:12.80 |
| 4. Marcel Reefhuis   | WS Twente          | 2:11.56 | 198101381 | <b>2:13.06</b> | +0,80 | 30.29 | 1:03.67 | 1:38.61 | 2:13.06 |
| 5. Bart Groenemans   | PLONS              | 2:14.56 | 198200551 | <b>2:13.22</b> | +0,72 | 30.83 | 1:04.68 | 1:39.30 | 2:13.22 |
| 6. Jeroen Vogelsang  | DAW                | 2:21.04 | 198001645 | <b>2:21.83</b> | +0,84 | 31.66 | 1:07.14 | 1:44.04 | 2:21.83 |
| 7. Sebastiaan Baars  | WS Twente          | 2:39.06 | 198300053 | <b>2:27.98</b> | +0,97 | 32.84 | 1:09.86 | 1:49.08 | 2:27.98 |
| 8. Maarten Prot      | Upstream Amsterdam | 2:39.73 | 198403195 | <b>2:38.95</b> | +0,83 | 34.66 | 1:15.26 | 1:57.44 | 2:38.95 |
| 9. Marnix Cornelisse | LZ 1886            | 2:49.10 | 198002343 | <b>2:50.78</b> | +0,96 | 36.12 | 1:16.23 | 2:02.60 | 2:50.78 |
| 10. Hans Cligge      | De Futen           | 2:49.38 | 198100315 | <b>2:55.57</b> | +0,85 | 35.06 | 1:18.30 | 2:08.28 | 2:55.57 |

Masters 35+

|                   |             |         |           |                |       |       |         |         |         |
|-------------------|-------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Roland de Jong | Eurode KZC  | 2:03.37 | 197601513 | <b>2:07.36</b> | +0,71 | 29.02 | 1:00.70 | 1:34.43 | 2:07.36 |
| 2. Ewoud Rupert   | WS Twente   | 2:19.75 | 197801795 | <b>2:16.18</b> | +0,83 | 31.01 | 1:05.21 | 1:41.01 | 2:16.18 |
| 3. Arjan Buijsse  | Sassenheim  | 2:14.86 | 197901767 | <b>2:23.24</b> | +0,78 | 31.62 | 1:07.18 | 1:45.20 | 2:23.24 |
| 4. Bas Broekhuis  | MZ&PC       | 2:27.88 | 197601561 | <b>2:29.02</b> | +0,88 | 31.72 | 1:07.09 | 1:46.85 | 2:29.02 |
| 5. Ingmar Kooman  | De Zijl/LGB | 2:31.86 | 197901517 | <b>2:34.85</b> | +0,89 | 35.99 | 1:16.34 | 1:56.96 | 2:34.85 |
| 6. Roan Doves     | ZVVS        | 3:04.64 | 197501427 | <b>2:59.10</b> | +0,83 | 35.83 | 1:19.18 | 2:07.35 | 2:59.10 |

Masters 40+

|                   |         |         |           |                |       |       |         |         |         |
|-------------------|---------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Marcel Hoeksel | ZVVS    | 2:30.13 | 197001655 | <b>2:43.30</b> | +1,04 | 35.45 | 1:16.68 | 2:00.42 | 2:43.30 |
| 2. Bas van Gool   | De Geul | 2:57.20 | 197201435 | <b>3:05.36</b> | +0,87 | 37.57 | 1:23.58 | 2:14.82 | 3:05.36 |
| 3. Oebele Boomsma | Orca    | 3:27.93 | 197001659 | <b>3:25.58</b> | +1,15 | 45.97 | 1:39.16 | 2:33.57 | 3:25.58 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 13, Men, 200m Freestyle

Masters 45+

|                          |                  |         |             |                |       |       |         |         |         |
|--------------------------|------------------|---------|-------------|----------------|-------|-------|---------|---------|---------|
| 1. Arjan Bellaart        | Oceanus          | 2:15.04 | 196900079   | <b>2:15.52</b> | +0,74 | 29.86 | 1:04.17 | 1:40.06 | 2:15.52 |
| 2. Maurice van den Berge | HZ Zian          | 2:13.74 | 196900087   | <b>2:15.73</b> | +0,86 | 31.27 | 1:05.57 | 1:40.78 | 2:15.73 |
| 3. René Beetsma          | HZ&PC Heerenveen | 2:23.60 | 196900069   | <b>2:16.92</b> | +0,81 | 31.53 | 1:06.15 | 1:41.88 | 2:16.92 |
| 4. Thijs Geurts          | De Watervogels   | 2:26.38 | 196601557   | <b>2:26.06</b> |       | 32.13 | 1:08.25 | 1:47.28 | 2:26.06 |
| 5. Pieter-Sjoerd de Wijn | Aqua-Novio'94    | 2:34.99 | 196501027   | <b>2:33.83</b> | +0,82 | 35.49 | 1:14.64 | 1:55.10 | 2:33.83 |
| 6. Darren Hamshere       | Potters Bar SC   | 2:38.27 | 955680      | <b>2:34.84</b> | +0,84 | 35.08 | 1:15.11 | 1:56.60 | 2:34.84 |
| 7. Marc Wouters          | PSV              | 2:40.30 | 196501501   | <b>2:34.98</b> | +0,75 | 34.29 | 1:13.28 | 1:55.19 | 2:34.98 |
| 8. Frederic Robin        | CNSW             | 2:27.22 | CNSW/603/69 | <b>2:36.06</b> | +0,81 | 33.09 | 1:10.33 | 1:51.76 | 2:36.06 |
| 9. Erik van Dartel       | PSV              | 2:30.46 | 196700185   | <b>2:41.08</b> | +1,01 | 36.44 | 1:17.38 | 1:59.23 | 2:41.08 |
| 10. Erik Saan            | De Duck          | 2:41.67 | 196500769   | <b>2:42.68</b> | +1,03 | 35.97 | 1:18.71 | 2:01.00 | 2:42.68 |
| 11. Marcel Brittijn      | De Duinkickers   | 2:42.65 | 196900159   | <b>2:44.35</b> | +0,70 | 35.38 | 1:16.21 | 2:02.29 | 2:44.35 |
| 12. Ramon Alsina Munoz   | CNSW             | 2:50.03 | CNSW/608/69 | <b>2:47.32</b> | +0,91 | 36.98 | 1:18.72 | 2:03.18 | 2:47.32 |
| 13. Eugene Gormley       | Potters Bar SC   | 2:40.10 | 778738      | <b>2:51.71</b> |       | 36.24 | 1:18.34 | 2:04.61 | 2:51.71 |
| 14. René Speelman        | De Spatters      | 2:56.51 | 196601521   | <b>2:57.47</b> | +0,92 | 39.24 | 1:23.45 | 2:11.22 | 2:57.47 |

Masters 50+

|                        |                |         |           |                |       |       |         |         |         |
|------------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Cees van Houweligen | De Schelde     | 2:11.07 | 196300351 | <b>2:14.92</b> | +0,93 | 29.95 | 1:04.06 | 1:39.78 | 2:14.92 |
| 2. Dmitry Kromskiy     | Poseidon       | 2:20.49 | 037011    | <b>2:17.46</b> | +0,84 | 32.36 | 1:07.37 | 1:42.80 | 2:17.46 |
| 3. Rene de Boer        | DAW            | 2:17.64 | 196400087 | <b>2:19.51</b> | +0,81 | 31.65 | 1:06.71 | 1:43.43 | 2:19.51 |
| 4. Casper Dollekamp    | Steenwijk 1934 | 2:49.26 | 196301341 | <b>2:41.10</b> | +0,86 | 35.23 | 1:16.15 | 1:59.23 | 2:41.10 |
| 5. Mark Kas            | PLONS          | 2:34.81 | 196100285 | <b>2:43.62</b> | +0,87 | 36.72 | 1:19.02 | 2:00.95 | 2:43.62 |
| 6. Jack Barends        | WS Twente      | 2:36.00 | 196201011 | <b>2:43.81</b> | +0,86 | 37.06 | 1:18.87 | 2:02.17 | 2:43.81 |
| 7. Bart van Calker     | WS Twente      | 2:43.55 | 196100067 | <b>2:44.59</b> | +0,85 | 37.96 | 1:18.94 | 2:01.43 | 2:44.59 |
| 8. Eric Tijms          | OEZA           | 2:42.92 | 196401125 | <b>2:48.22</b> | +0,91 | 36.99 | 1:18.88 | 2:03.88 | 2:48.22 |
| 9. Hendrik Haze        | GoSwim         | 2:44.34 | 196401387 | <b>2:48.42</b> | +0,79 | 35.40 | 1:16.70 | 2:02.48 | 2:48.42 |
| 10. Jan Willem Heuten  | WS Twente      | 2:51.86 | 196000883 | <b>2:51.60</b> | +0,95 | 37.69 | 1:19.96 | 2:06.52 | 2:51.60 |
| 11. Nico van Maanen    | De Duck        | 2:43.58 | 196100371 | <b>2:53.17</b> | +0,77 | 36.86 | 1:20.23 | 2:07.91 | 2:53.17 |
| 12. Ger van Veen       | Arethusa       | 2:49.33 | 196000583 | <b>2:53.29</b> | +0,89 | 37.62 | 1:20.75 | 2:07.58 | 2:53.29 |
| 13. Marco Schoenmakers | ZVVS           | 3:14.79 | 196401375 | <b>3:07.66</b> | +0,89 | 41.62 | 1:29.50 | 2:19.63 | 3:07.66 |

Masters 55+

|                                  |                  |         |           |                |       |       |         |         |         |
|----------------------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Marten de Groot               | HZ&PC Heerenveen | 2:11.29 | 195800149 | <b>2:10.32</b> | +0,82 | 30.94 | 1:03.81 | 1:37.00 | 2:10.32 |
| <i>Nederlands Masters Record</i> |                  |         |           |                |       |       |         |         |         |
| 2. Andre Storm                   | Zoetermeer       | 2:43.77 | 195600407 | <b>2:33.54</b> | +0,89 | 34.06 | 1:13.48 | 1:54.21 | 2:33.54 |
| 3. Henk Slomp                    | De Pinquin       | 2:30.10 | 195500359 | <b>2:37.86</b> | +0,79 | 34.40 | 1:13.78 | 1:56.76 | 2:37.86 |
| 4. Lex Hoogendam                 | MNC Dordrecht    | 2:47.22 | 195700541 | <b>2:57.42</b> | +1,06 | 37.07 | 1:21.71 | 2:09.11 | 2:57.42 |
| 5. Leo de Keizer                 | PLONS            | 3:04.42 | 195600487 | <b>3:01.90</b> | +0,91 | 37.82 | 1:22.18 | 2:11.74 | 3:01.90 |
| 6. Dirk Crok                     | OEZA             | 2:54.93 | 195800547 | <b>3:02.26</b> | +1,23 | 38.81 | 1:23.37 | 2:13.22 | 3:02.26 |
| 7. Herbert Katgert               | WS Twente        | 3:09.08 | 195900739 | <b>3:13.38</b> | +1,31 | 42.58 | 1:31.71 | 2:23.57 | 3:13.38 |
| WDR Evertjan Masurel             | PSV              | 2:46.37 | 195600495 |                |       |       |         |         |         |

Masters 60+

|                      |                |         |           |                |       |       |         |         |         |
|----------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Brend Brevé       | PSV            | 2:31.85 | 195200265 | <b>2:30.28</b> | +0,83 | 34.90 | 1:13.82 | 1:53.54 | 2:30.28 |
| 2. Piet Schop        | De Bevelanders | 2:51.24 | 195000109 | <b>2:50.04</b> | +0,68 | 36.83 | 1:18.59 | 2:04.86 | 2:50.04 |
| 3. Frank Zwijnenberg | PSV            | 2:58.11 | 195400361 | <b>2:55.91</b> | +0,76 | 37.71 | 1:22.05 | 2:10.43 | 2:55.91 |
| DSQ Jos Kamps        | De Amer        | 2:53.47 | 195100085 |                | AA    |       |         |         |         |

Masters 65+

|                   |                |         |           |                |       |       |         |         |         |
|-------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Ludwig Lorenz  | SV Gladbeck 13 | 3:17.43 | 127866    | <b>3:17.45</b> | +0,99 | 46.24 | 1:37.14 | 2:29.43 | 3:17.45 |
| 2. Peter Ouweneel | RSW (SG)       | 3:56.29 | 194500077 | <b>4:19.46</b> | +1,07 | 52.71 | 1:56.20 | 3:07.01 | 4:19.46 |

Masters 70+

|                     |           |         |           |                |       |         |         |         |         |
|---------------------|-----------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Frans van Enst   | WS Twente | 3:09.07 | 194000011 | <b>3:06.45</b> | +1,01 | 39.58   | 1:29.31 | 2:18.55 | 3:06.45 |
| 2. Rob Hanou        | PSV       | 3:05.62 | 194300109 | <b>3:06.86</b> | +1,07 | 41.48   | 1:30.54 | 2:22.47 | 3:06.86 |
| 3. Ruud Sloof       | De Rijn   | 3:11.54 | 194400073 | <b>3:14.39</b> | +1,06 | 41.93   | 1:32.84 | 2:25.07 | 3:14.39 |
| 4. Geza Kaltenecker | AZC       | 3:07.20 | 194200065 | <b>3:18.54</b> | +1,14 | 42.25   | 1:35.84 | 2:28.89 | 3:18.54 |
| 5. Wim ter Laak     | PSV       | 4:12.16 | 194000027 | <b>4:23.79</b> | +1,21 | 1:01.07 | 2:10.57 | 3:20.12 | 4:23.79 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 13, Men, 200m Freestyle

Masters 75+

|                  |               |         |           |                |       |       |         |         |         |
|------------------|---------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Nic Geers     | Z&PC De Gouwe | 2:45.37 | 193800007 | <b>3:05.42</b> | +0,96 | 44.20 | 1:32.87 | 2:21.38 | 3:05.42 |
| 2. Gregor Pompen | Aqua-Novio'94 | 3:17.74 | 193700021 | <b>3:32.78</b> | +1,12 | 48.35 | 1:42.43 | 2:38.75 | 3:32.78 |

Event 14

02-05-2014 - 17:52

Women, 4 x 50m Medley

Masters Open  
Results

| rang        | vereniging                           | inschrijftijd | startnr.                  | tijd             | RT    |
|-------------|--------------------------------------|---------------|---------------------------|------------------|-------|
| <b>80+</b>  |                                      |               |                           |                  |       |
| 1.          | Octopus 1                            | 2:19.45       |                           | <b>2:22.86</b>   | +0,69 |
|             | Sharon Gelmers                       | 31.59         | Margriet Aan het Rot      | 86               | +0,60 |
|             | Erika Aan het Rot                    | 37.00         | Annebeth van Ark          | 88               | +0,48 |
|             | 94                                   | +0,69         |                           |                  | 38.79 |
|             | 90                                   | +0,53         |                           |                  | 35.48 |
| <b>100+</b> |                                      |               |                           |                  |       |
| 1.          | DAW 1                                | 2:10.33       |                           | <b>2:14.53</b>   | +0,74 |
|             | Wieteke Elzinga                      | 35.82         | Maaïke Vooren             | 91               | +0,63 |
|             | Laura Badoux                         | 37.86         | Bianca Paape              | 85               | +0,33 |
|             | 86                                   | +0,74         |                           |                  | 31.69 |
|             | 82                                   | +0,56         |                           |                  | 29.16 |
| 2.          | LZ 1886 1                            | 2:18.33       |                           | <b>2:15.87</b>   | +0,74 |
|             | Anna Boef                            | 35.82         | Simone de Boer            | 93               |       |
|             | Suzanne Brummel                      | 36.98         | Heidi van Stein           | 69               | +0,26 |
|             | 88                                   | +0,74         |                           |                  | 33.45 |
|             | 94                                   | +0,48         |                           |                  | 29.62 |
| 3.          | Montferland 1                        | 2:31.43       |                           | <b>2:30.31</b> * | +0,77 |
|             | Marïje Jansen                        | 35.80         | Wieteke Jansen            | 90               | +0,70 |
|             | Angela Giezen                        | 43.31         | Daphne Meijer             | 93               | +0,35 |
|             | 85                                   | +0,77         |                           |                  | 38.25 |
|             | 83                                   | +0,84         |                           |                  | 32.95 |
| <b>120+</b> |                                      |               |                           |                  |       |
| 1.          | Het Y 1                              | 2:19.17       |                           | <b>2:16.82</b>   | +0,76 |
|             | Alice Bravo                          | 33.60         | Cynthia Noordermeer       | 70               | +0,58 |
|             | Evelien Sohl                         | 37.64         | Ana-Lara da Silva         | 80               | +0,48 |
|             | 87                                   | +0,76         |                           |                  | 36.22 |
|             | 86                                   | +0,29         |                           |                  | 29.36 |
| 2.          | ZPC Woerden 1                        | 2:16.74       |                           | <b>2:18.94</b>   | +0,50 |
|             | Ilse van den Wijngaard               | 36.66         | Marjan Remmits-De Lange   | 63               | +0,39 |
|             | Sabine Lina                          | 38.65         | Mandy Verbakel            | 90               | +0,57 |
|             | 89                                   | +0,50         |                           |                  | 33.41 |
|             | 89                                   | +0,27         |                           |                  | 30.22 |
| 3.          | PLONS 1                              | 2:23.50       |                           | <b>2:20.08</b>   | +0,78 |
|             | Tamar Bakker                         | 33.98         | Inge Wolfs                | 60               | +0,40 |
|             | Carlien Schrijvershof-van der Zijden | 41.18         | Marïje Bouma              | 86               | +0,45 |
|             | 84                                   | +0,78         |                           |                  | 36.65 |
|             | 82                                   | +0,52         |                           |                  | 28.27 |
| 4.          | RZ 1                                 | 2:23.05       |                           | <b>2:26.60</b>   | +0,90 |
|             | Wendy Knoops                         | 39.27         | Marian Bouts              | 86               | +0,43 |
|             | Suzan van den Bogaard                | 36.30         | Claudia Creemers          | 92               | +0,37 |
|             | 68                                   | +0,90         |                           |                  | 34.78 |
|             | 89                                   | +0,58         |                           |                  | 36.25 |
| 5.          | Zoetermeer 1                         | 2:24.87       |                           | <b>2:26.87</b>   | +0,83 |
|             | Linda Hoogendam                      | 40.74         | Delia Badoux              | 80               | +0,20 |
|             | Fleur Maas                           | 43.69         | Chita van der Goorbergh   | 68               | +0,45 |
|             | 83                                   | +0,83         |                           |                  | 30.46 |
|             | 89                                   | +0,58         |                           |                  | 31.98 |
| 6.          | De Spatters 1                        | 2:28.56       |                           | <b>2:34.09</b>   | +1,01 |
|             | Carmen Haan                          | 40.73         | Serima Veen               | 86               | +0,52 |
|             | Karin Hovenkamp                      | 43.46         | Roelien Speelman-Tigelaar | 66               | +0,32 |
|             | 79                                   | +1,01         |                           |                  | 35.81 |
|             | 87                                   | +0,46         |                           |                  | 34.09 |
| 7.          | DWK 1                                | 2:37.11       |                           | <b>2:38.11</b>   | +0,72 |
|             | Greta Wyma-Teitsma                   | 46.32         | Pauline Gouwens           | 84               | +0,36 |
|             | Liesbeth van Mill                    | 45.61         | Jennie Resink-Lindeboom   | 60               | +0,49 |
|             | 71                                   | +0,72         |                           |                  | 29.05 |
|             | 87                                   | +0,65         |                           |                  | 37.13 |
| 8.          | Budel 1                              | 2:48.30       |                           | <b>2:43.76</b>   | +0,63 |
|             | Jolanda van Knippenberg              | 43.28         | Carola Hompes             | 88               |       |
|             | Lilian Kelly                         | 53.79         | Joyce Raemaekers          | 91               |       |
|             | 66                                   | +0,63         |                           |                  | 36.09 |
|             | 63                                   |               |                           |                  | 30.60 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 14, Women, 4 x 50m Medley

160+

|    |  |   |         |  |         |       |                |
|----|--|---|---------|--|---------|-------|----------------|
| 1. | WS Twente 1<br>Marijke Kraak-Beckers<br>Inez Heideman                        | WS Twente<br>60 +0,69 41.18<br>75 +0,30 39.84         | 2:24.76 | Annelette de Vries 86<br>Marion Broekhuis 68       | 2:26.30 | +0,69 | 32.27<br>33.01 |
| 2. | DAW 2<br>Sandra Pannekeet<br>Petra Tossings                                  | DAW<br>84 +0,90 39.72<br>61 +0,75 45.17               | 2:35.85 | Ilona Hogerheyde 74<br>Ingeborg Stokx 67           | 2:34.25 | +0,90 | 33.03<br>36.33 |
| 3. | Zwemvereniging Westland 1<br>Tineke Brouwer-Maat<br>Mirjan den Drijver-Aarse | Zwemvereniging Westland<br>53 +0,80 48.08<br>75 42.63 | 2:40.11 | Petra Schoon-Spaans 69<br>Elke Nuijten 64          | 2:41.52 | +0,80 | 36.53<br>34.28 |
| 4. | WIDEX GZC DONK 1<br>Feikje Wittermans<br>Ilse Franken                        | WIDEX GZC DONK<br>64 +1,13 38.48<br>83 49.25          | 2:45.17 | Lia Bijkerk 60<br>Jacqueline de Ruiter-Wijnolst 74 | 2:44.14 | +1,13 | 45.91<br>30.50 |

200+

|    |   |  |         |   |           |       |                |
|----|---|--|---------|---|-----------|-------|----------------|
| 1. | CNSW 1<br>Sandra Koenig<br>Colette Crabbe       | CNSW<br>86 +0,71 41.52<br>56 +0,11 38.53 | 2:38.00 | Claire Anthony 57<br>Fernande Blondeel 52     | 2:38.00 * | +0,71 | 34.85<br>43.10 |
| 2. | Swol 1894 1<br>Mathilde Vink<br>Bea Swijnenberg | Swol 1894<br>58 41.55<br>49 +0,35 46.18  | 2:37.00 | Annet Kootstra 71<br>Christien Nieuwenhuis 51 | 2:40.93   |       | 40.02<br>33.18 |

240+

|    |   |   |         |  |         |       |                |
|----|---|---|---------|--|---------|-------|----------------|
| 1. | PSV 1<br><i>Nederlands Masters Record</i><br>Patty Krupiarz<br>Corrie Verhoeven | PSV<br>54 +0,74 42.26<br>46 +0,31 47.62 | 2:39.15 | Gudule van der Meer 72<br>Lottie Geurts 35 | 2:43.22 | +0,74 | 31.52<br>41.82 |
|----|---|---|---------|--|---------|-------|----------------|

Event 15  
02-05-2014 - 18:01

Men, 4 x 50m Medley

Masters Open  
Results

| rang | vereniging  | inschrijftijd                                  | startnr. | tijd   | RT      |       |                |
|------|---|--|----------|--|---------|-------|----------------|
| 80+  |   |  |          |  |         |       |                |
| 1.   | WVZ 1<br>Mark Costeris<br>Rens Post                 | WVZ<br>92 +0,61 28.83<br>91 +0,42 35.16        | 1:54.52  | Bruno Carissimi Boff 92<br>Nick Baron 91       | 1:56.89 | +0,61 | 26.57<br>26.33 |
| 2.   | LZ 1886 1<br>Frank Hezemans<br>Kristiaan Lenos      | LZ 1886<br>92 +0,76 32.75<br>83 +0,59 33.64    | 2:01.02  | Thomas Hansen 92<br>Joost Rijntjes 91          | 2:00.04 | +0,76 | 28.10<br>25.55 |
| 100+ |   |  |          |  |         |       |                |
| 1.   | ZPC De Hof 1<br>Richard Huisken<br>Pieter Pickhardt | ZPC De Hof<br>85 +0,61 31.25<br>83 +0,48 34.07 | 1:56.01  | Jasper de Boer 93<br>Emiel Huisken 85          | 1:59.62 | +0,61 | 27.97<br>26.33 |
| 2.   | MGO (SG) 1<br>Leander Noordijk<br>Bastian Zoon      | MGO (SG)<br>81 +0,87 32.29<br>87 +0,36 34.86   | 2:08.29  | Frank van der Voordt 83<br>Martijn van Hoom 89 | 2:04.67 | +0,87 | 30.63<br>26.89 |
| 3.   | ZOB'66 1<br>Harmen Reemst<br>Roderik Meijers        | ZOB'66<br>87 35.52<br>86 +0,35 33.38           | 2:00.83  | Ruben Stolk 90<br>Ferry Blangé 83              | 2:04.85 |       | 29.47<br>26.48 |

Event 15, Men, 4 x 50m Medley

120+

|    |                       |                     |         |       |                    |                |       |       |
|----|-----------------------|---------------------|---------|-------|--------------------|----------------|-------|-------|
| 1. | Zwemlust-den Hommel 1 | Zwemlust-den Hommel | 1:55.28 |       |                    | <b>1:57.80</b> | +0,99 |       |
|    | Raoul Engelenburg     | 89                  | +0,99   | 30.85 | Mark Zwart         | 79             | +0,31 | 29.97 |
|    | Vincent Versteeg      | 77                  | +0,25   | 31.94 | Mark Musch         | 84             | +0,07 | 25.04 |
| 2. | PLONS 1               | PLONS               | 2:02.69 |       |                    | <b>2:02.10</b> | +0,71 |       |
|    | Stan Dekker           | 79                  | +0,71   | 32.17 | René Correljé-Kets | 68             |       | 29.49 |
|    | Jerry Grondel         | 72                  | +0,28   | 33.67 | Bart Groenemans    | 82             | +0,44 | 26.77 |
| 3. | RZ 1                  | RZ                  | 2:08.07 |       |                    | <b>2:08.82</b> | +1,13 |       |
|    | Patrick Creemers      | 90                  | +1,13   | 32.47 | Kenneth Caster     | 91             | +0,47 | 29.72 |
|    | Ralph Caster          | 61                  | +0,61   | 37.20 | Mark van Wingerden | 70             | +0,50 | 29.43 |
| 4. | De Futen 1            | De Futen            | 2:09.11 |       |                    | <b>2:09.96</b> | +0,69 |       |
|    | Erwin Zuidervelt      | 75                  | +0,69   | 35.04 | Erwin Sneek        | 91             | +0,04 | 28.36 |
|    | Hans Cligge           | 81                  | +0,39   | 38.40 | Arnold de Rover    | 64             | +0,41 | 28.16 |

160+

|     |                      |                    |         |       |                       |                |       |       |
|-----|----------------------|--------------------|---------|-------|-----------------------|----------------|-------|-------|
| 1.  | PSV 1                | PSV                | 2:01.42 |       |                       | <b>2:03.09</b> | +0,72 |       |
|     | Stefan Oosting       | 81                 | +0,72   | 30.81 | Wesley van Diejen     | 86             | +0,38 | 30.22 |
|     | Harold Matla         | 68                 | +0,39   | 32.45 | Brend Brevé           | 52             | +0,51 | 29.61 |
| 2.  | DAW 1                | DAW                | 2:06.51 |       |                       | <b>2:06.35</b> | +0,76 |       |
|     | John Stokx           | 64                 | +0,76   | 33.87 | Alex Damen            | 75             | +0,43 | 29.88 |
|     | Ron Langelaan        | 78                 | +0,26   | 35.24 | Kars Luttk            | 78             | +0,17 | 27.36 |
| 3.  | Zoetermeer 1         | Zoetermeer         | 2:08.35 |       |                       | <b>2:09.04</b> | +0,60 |       |
|     | Andre Storm          | 56                 | +0,60   | 36.56 | Markus van Rest       | 77             | +0,25 | 30.28 |
|     | Simon van Ravesteijn | 80                 | +0,37   | 31.59 | John Stoffer          | 63             | +0,72 | 30.61 |
| 4.  | ZVVS 1               | ZVVS               | 2:09.97 |       |                       | <b>2:10.56</b> | +0,71 |       |
|     | Danny Zulver         | 67                 | +0,71   | 37.63 | Mario Verbeek         | 73             | +0,36 | 29.87 |
|     | Rene de Jong         | 66                 | +0,41   | 36.26 | Bas van den Nouweland | 80             | +0,41 | 26.80 |
| 5.  | WS Twente 1          | WS Twente          | 2:10.28 |       |                       | <b>2:15.52</b> | +0,64 |       |
|     | Frans van Enst       | 40                 | +0,64   | 39.96 | Marcel Reefhuis       | 81             | +0,26 | 30.56 |
|     | Ewoud Rupert         | 78                 | +0,39   | 34.42 | Sebastiaan Baars      | 83             | +0,50 | 30.58 |
| DSQ | Upstream Amsterdam 1 | Upstream Amsterdam | 1:59.00 |       |                       |                | EA    | +0,70 |
|     | Edwin van der Meulen | 81                 | +0,70   | 34.29 | Peter van Vuuren      | 60             | +0,57 |       |
|     | Dennis Schouten      | 75                 | -0,08   |       | Jeroen Zelsmann       | 77             | +0,02 |       |
| WDR | De Fuut 1            | De Fuut            | 2:29.69 |       |                       |                |       |       |

200+

|    |                        |       |         |       |                        |                |       |       |
|----|------------------------|-------|---------|-------|------------------------|----------------|-------|-------|
| 1. | WWV 1                  | WWV   | 2:23.30 |       |                        | <b>2:21.70</b> | +0,67 |       |
|    | Theo Schouten          | 46    | +0,67   | 42.32 | Kees-Jan van Overbeeke | 62             | +0,45 | 30.98 |
|    | Laurens Klein Breteler | 54    | +0,44   | 40.34 | Eddy Lamers            | 77             | +0,20 | 28.06 |
| 2. | CNSW 1                 | CNSW  | 2:20.00 |       |                        | <b>2:21.81</b> | +0,86 |       |
|    | Ramon Alsina Munoz     | 69    | +0,86   | 44.23 | Jean-Marie Cadiat      | 53             |       | 30.11 |
|    | Philippe Godbille      | 57    | +0,31   | 38.79 | Frederic Robin         | 69             | +0,43 | 28.68 |
| 3. | PLONS 2                | PLONS | 2:26.50 |       |                        | <b>2:35.59</b> | +0,92 |       |
|    | Hans Maas              | 65    | +0,92   | 43.01 | Mark Kas               | 61             | +0,60 | 35.76 |
|    | Vincent de Keijzer     | 58    | +0,42   | 42.59 | Leo de Keizer          | 56             | +0,33 | 34.23 |

240+

|     |       |     |         |  |  |  |  |
|-----|-------|-----|---------|--|--|--|--|
| DNS | PSV 2 | PSV | 2:56.84 |  |  |  |  |
|-----|-------|-----|---------|--|--|--|--|

3 - ONMK 2014 lb sessie 3

03-05-2014 - 9:00

Event 17

Men, 400m Freestyle

Masters Open  
Results

03-05-2014 - 9:00

| rang               | naam                   | vereniging             | inschrijftijd       | startnr.            | tijd                | RT    |
|--------------------|------------------------|------------------------|---------------------|---------------------|---------------------|-------|
| <b>Masters 20+</b> |                        |                        |                     |                     |                     |       |
| 1.                 | Roderick van Doeselaar | De Rijn                | 4:33.12             | 199200261           | <b>4:31.15</b>      | +0,66 |
|                    | 50m: 29.57 29.57       | 150m: 1:37.92 34.42    | 250m: 2:47.13 34.65 | 350m: 3:57.45 35.15 | 350m: 3:57.45 35.15 |       |
|                    | 100m: 1:03.50 33.93    | 200m: 2:12.48 34.56    | 300m: 3:22.30 35.17 | 400m: 4:31.15 33.70 | 400m: 4:31.15 33.70 |       |
| 2.                 | Joost Rijntjes         | LZ 1886                | 4:29.41             | 199101899           | <b>4:37.40</b>      | +0,75 |
|                    | 50m: 29.59 29.59       | 150m: 1:38.80 35.24    | 250m: 2:50.52 35.72 | 350m: 4:01.88 35.89 | 350m: 4:01.88 35.89 |       |
|                    | 100m: 1:03.56 33.97    | 200m: 2:14.80 36.00    | 300m: 3:25.99 35.47 | 400m: 4:37.40 35.52 | 400m: 4:37.40 35.52 |       |
| 3.                 | Dennis Wijbenga        | Stadskanaal            | 4:45.98             | 199003283           | <b>4:42.88</b>      | +0,86 |
|                    | 50m: 31.59 31.59       | 150m: 1:42.85 36.57    | 250m: 2:56.01 37.04 | 350m: 4:08.81 36.33 | 350m: 4:08.81 36.33 |       |
|                    | 100m: 1:06.28 34.69    | 200m: 2:18.97 36.12    | 300m: 3:32.48 36.47 | 400m: 4:42.88 34.07 | 400m: 4:42.88 34.07 |       |
| 4.                 | Rens Post              | WVZ                    | 4:55.97             | 199101827           | <b>5:00.62</b>      | +0,80 |
|                    | 50m: 32.30 32.30       | 150m: 1:46.67 37.67    | 250m: 3:04.40 38.35 | 350m: 4:24.39 40.26 | 350m: 4:24.39 40.26 |       |
|                    | 100m: 1:09.00 36.70    | 200m: 2:26.05 39.38    | 300m: 3:44.13 39.73 | 400m: 5:00.62 36.23 | 400m: 5:00.62 36.23 |       |
| 5.                 | Ruben de Boer          | De Duinkickers         | 5:23.32             | 199301419           | <b>5:25.54</b>      | +0,82 |
|                    | 50m: 37.03 37.03       | 150m: 2:00.16 42.05    | 250m: 3:24.24 42.37 | 350m: 4:45.92 40.54 | 350m: 4:45.92 40.54 |       |
|                    | 100m: 1:18.11 41.08    | 200m: 2:41.87 41.71    | 300m: 4:05.38 41.14 | 400m: 5:25.54 39.62 | 400m: 5:25.54 39.62 |       |
| 6.                 | John van Heteren       | DWF                    | 5:26.23             | 199305017           | <b>5:37.13</b>      | +0,93 |
|                    | 50m: 36.63 36.63       | 150m: 2:00.41 43.00    | 250m: 3:28.54 44.01 | 350m: 4:55.59 43.09 | 350m: 4:55.59 43.09 |       |
|                    | 100m: 1:17.41 40.78    | 200m: 2:44.53 44.12    | 300m: 4:12.50 43.96 | 400m: 5:37.13 41.54 | 400m: 5:37.13 41.54 |       |
| 7.                 | Danny Vochteloo        | ZZG de Boskickers (SG) | 6:33.64             | 199207251           | <b>6:20.91</b>      | +0,97 |
|                    | 50m: 42.96 42.96       | 150m: 2:17.83 48.28    | 250m: 3:56.23 49.39 | 350m: 5:35.07 49.19 | 350m: 5:35.07 49.19 |       |
|                    | 100m: 1:29.55 46.59    | 200m: 3:06.84 49.01    | 300m: 4:45.88 49.65 | 400m: 6:20.91 45.84 | 400m: 6:20.91 45.84 |       |
| <b>Masters 25+</b> |                        |                        |                     |                     |                     |       |
| 1.                 | Alex Schelvis          | NZ&PC                  | 4:02.28             | 198702927           | <b>4:14.18</b>      | +0,77 |
|                    | 50m: 28.40 28.40       | 150m: 1:32.09 32.17    | 250m: 2:36.96 32.47 | 350m: 3:42.13 32.44 | 350m: 3:42.13 32.44 |       |
|                    | 100m: 59.92 31.52      | 200m: 2:04.49 32.40    | 300m: 3:09.69 32.73 | 400m: 4:14.18 32.05 | 400m: 4:14.18 32.05 |       |
| 2.                 | Raoul Engelenburg      | Zwemlust-den Hommel    | 4:27.47             | 198900843           | <b>4:24.12</b>      | +0,70 |
|                    | 50m: 29.49 29.49       | 150m: 1:37.03 34.35    | 250m: 2:44.16 33.69 | 350m: 3:51.17 33.41 | 350m: 3:51.17 33.41 |       |
|                    | 100m: 1:02.68 33.19    | 200m: 2:10.47 33.44    | 300m: 3:17.76 33.60 | 400m: 4:24.12 32.95 | 400m: 4:24.12 32.95 |       |
| 3.                 | Richard Huisken        | ZPC De Hof             | 4:16.57             | 198501141           | <b>4:25.53</b>      | +0,76 |
|                    | 50m: 29.13 29.13       | 150m: 1:35.18 33.57    | 250m: 2:43.63 34.48 | 350m: 3:52.68 34.42 | 350m: 3:52.68 34.42 |       |
|                    | 100m: 1:01.61 32.48    | 200m: 2:09.15 33.97    | 300m: 3:18.26 34.63 | 400m: 4:25.53 32.85 | 400m: 4:25.53 32.85 |       |
| 4.                 | Erik Simons            | d'ELFT WAVE (SG)       | 4:32.33             | 198902845           | <b>4:26.87</b>      | +0,77 |
|                    | 50m: 29.06 29.06       | 150m: 1:36.73 34.13    | 250m: 2:44.46 33.62 | 350m: 3:53.44 34.13 | 350m: 3:53.44 34.13 |       |
|                    | 100m: 1:02.60 33.54    | 200m: 2:10.84 34.11    | 300m: 3:19.31 34.85 | 400m: 4:26.87 33.43 | 400m: 4:26.87 33.43 |       |
| 5.                 | Emiel Huisken          | ZPC De Hof             | 4:16.26             | 198501139           | <b>4:38.94</b>      | +0,78 |
|                    | 50m: 29.34 29.34       | 150m: 1:36.65 34.27    | 250m: 2:48.12 36.04 | 350m: 4:02.26 37.27 | 350m: 4:02.26 37.27 |       |
|                    | 100m: 1:02.38 33.04    | 200m: 2:12.08 35.43    | 300m: 3:24.99 36.87 | 400m: 4:38.94 36.68 | 400m: 4:38.94 36.68 |       |
| 6.                 | Roel van Beek          | Montferland            | 5:17.61             | 198905861           | <b>5:01.21</b>      | +0,90 |
|                    | 50m: 33.89 33.89       | 150m: 1:49.51 38.48    | 250m: 3:06.81 38.33 | 350m: 4:23.60 38.21 | 350m: 4:23.60 38.21 |       |
|                    | 100m: 1:11.03 37.14    | 200m: 2:28.48 38.97    | 300m: 3:45.39 38.58 | 400m: 5:01.21 37.61 | 400m: 5:01.21 37.61 |       |
| 7.                 | Wesley van Diejen      | PSV                    | 5:11.60             | 198604551           | <b>5:21.84</b>      | +0,87 |
|                    | 50m: 34.26 34.26       | 150m: 1:53.76 40.26    | 250m: 3:16.63 41.28 | 350m: 4:40.20 41.53 | 350m: 4:40.20 41.53 |       |
|                    | 100m: 1:13.50 39.24    | 200m: 2:35.35 41.59    | 300m: 3:58.67 42.04 | 400m: 5:21.84 41.64 | 400m: 5:21.84 41.64 |       |
| 8.                 | Willem Jacobs          | d'ELFT WAVE (SG)       | 5:35.17             | 198705037           | <b>5:33.85</b>      | +0,71 |
|                    | 50m: 34.20 34.20       | 150m: 1:54.22 41.56    | 250m: 3:21.88 44.09 | 350m: 4:50.62 44.11 | 350m: 4:50.62 44.11 |       |
|                    | 100m: 1:12.66 38.46    | 200m: 2:37.79 43.57    | 300m: 4:06.51 44.63 | 400m: 5:33.85 43.23 | 400m: 5:33.85 43.23 |       |
| 9.                 | Niels van der Wekken   | MGO (SG)               | 5:35.78             | 198905103           | <b>5:37.43</b>      | +0,79 |
|                    | 50m: 35.41 35.41       | 150m: 1:58.30 42.32    | 250m: 3:26.30 44.10 | 350m: 4:55.88 44.63 | 350m: 4:55.88 44.63 |       |
|                    | 100m: 1:15.98 40.57    | 200m: 2:42.20 43.90    | 300m: 4:11.25 44.95 | 400m: 5:37.43 41.55 | 400m: 5:37.43 41.55 |       |
| WDR                | Niels Albrechts        | MGO (SG)               | 4:50.11             | 198800039           |                     |       |

Event 17, Men, 400m Freestyle

Masters 30+

|    |                  |                    |               |           |                |       |               |       |
|----|------------------|--------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Erik Schroeder   | TriVia             | 4:07.08       | 198402025 | <b>4:23.65</b> | +0,79 |               |       |
|    | 50m: 29.09       | 29.09              | 150m: 1:34.30 | 33.19     | 250m: 2:42.67  | 34.46 | 350m: 3:50.91 | 34.19 |
|    | 100m: 1:01.11    | 32.02              | 200m: 2:08.21 | 33.91     | 300m: 3:16.72  | 34.05 | 400m: 4:23.65 | 32.74 |
| 2. | Kristiaan Lenos  | LZ 1886            | 4:30.96       | 198301331 | <b>4:26.33</b> | +0,80 |               |       |
|    | 50m: 29.35       | 29.35              | 150m: 1:35.51 | 33.11     | 250m: 2:43.41  | 34.19 | 350m: 3:52.79 | 34.48 |
|    | 100m: 1:02.40    | 33.05              | 200m: 2:09.22 | 33.71     | 300m: 3:18.31  | 34.90 | 400m: 4:26.33 | 33.54 |
| 3. | Marcel Reefhuis  | WS Twente          | 4:42.04       | 198101381 | <b>4:48.14</b> | +0,79 |               |       |
|    | 50m: 32.30       | 32.30              | 150m: 1:44.06 | 36.48     | 250m: 2:57.67  | 37.00 | 350m: 4:11.93 | 37.22 |
|    | 100m: 1:07.58    | 35.28              | 200m: 2:20.67 | 36.61     | 300m: 3:34.71  | 37.04 | 400m: 4:48.14 | 36.21 |
| 4. | Jim Geestman     | RSW (SG)           | 4:34.13       | 198300699 | <b>4:54.12</b> | +0,92 |               |       |
|    | 50m: 30.87       | 30.87              | 150m: 1:40.62 | 35.89     | 250m: 2:57.82  | 39.11 | 350m: 4:17.26 | 39.96 |
|    | 100m: 1:04.73    | 33.86              | 200m: 2:18.71 | 38.09     | 300m: 3:37.30  | 39.48 | 400m: 4:54.12 | 36.86 |
| 5. | Jeroen Vogelsang | DAW                | 4:53.63       | 198001645 | <b>4:59.36</b> | +0,86 |               |       |
|    | 50m: 32.82       | 32.82              | 150m: 1:46.12 | 37.37     | 250m: 3:01.99  | 38.73 | 350m: 4:20.70 | 39.43 |
|    | 100m: 1:08.75    | 35.93              | 200m: 2:23.26 | 37.14     | 300m: 3:41.27  | 39.28 | 400m: 4:59.36 | 38.66 |
| 6. | Rob van Vliet    | AZ&PC              | 5:10.71       | 198402459 | <b>5:00.38</b> | +0,92 |               |       |
|    | 50m: 32.58       | 32.58              | 150m: 1:46.66 | 37.96     | 250m: 3:03.82  | 38.81 | 350m: 4:22.06 | 39.10 |
|    | 100m: 1:08.70    | 36.12              | 200m: 2:25.01 | 38.35     | 300m: 3:42.96  | 39.14 | 400m: 5:00.38 | 38.32 |
| 7. | Maarten Prot     | Upstream Amsterdam | 5:44.77       | 198403195 | <b>5:49.09</b> | +0,81 |               |       |
|    | 50m: 36.74       | 36.74              | 150m: 2:04.15 | 44.94     | 250m: 3:36.06  | 45.93 | 350m: 5:08.34 | 46.14 |
|    | 100m: 1:19.21    | 42.47              | 200m: 2:50.13 | 45.98     | 300m: 4:22.20  | 46.14 | 400m: 5:49.09 | 40.75 |

Masters 35+

|     |                 |                 |               |           |                |       |               |       |
|-----|-----------------|-----------------|---------------|-----------|----------------|-------|---------------|-------|
| 1.  | Roland de Jong  | Eurode KZC      | 4:27.04       | 197601513 | <b>4:36.38</b> | +0,72 |               |       |
|     | 50m: 30.16      | 30.16           | 150m: 1:37.72 | 34.60     | 250m: 2:49.30  | 36.20 | 350m: 4:01.78 | 36.25 |
|     | 100m: 1:03.12   | 32.96           | 200m: 2:13.10 | 35.38     | 300m: 3:25.53  | 36.23 | 400m: 4:36.38 | 34.60 |
| 2.  | Ivo Roozeboom   | WVZ             | 4:40.07       | 197700801 | <b>4:45.18</b> | +0,88 |               |       |
|     | 50m: 31.18      | 31.18           | 150m: 1:43.88 | 36.65     | 250m: 2:57.67  | 36.68 | 350m: 4:10.54 | 36.41 |
|     | 100m: 1:07.23   | 36.05           | 200m: 2:20.99 | 37.11     | 300m: 3:34.13  | 36.46 | 400m: 4:45.18 | 34.64 |
| 3.  | Bas Broekhuis   | MZ&PC           | 5:29.08       | 197601561 | <b>5:23.43</b> | +0,93 |               |       |
|     | 50m: 36.57      | 36.57           | 150m: 1:59.19 | 41.83     | 250m: 3:23.06  | 42.04 | 350m: 4:46.57 | 41.13 |
|     | 100m: 1:17.36   | 40.79           | 200m: 2:41.02 | 41.83     | 300m: 4:05.44  | 42.38 | 400m: 5:23.43 | 36.86 |
| 4.  | Markus van Rest | Zoetermeer      | 4:57.20       | 197701197 | <b>5:25.65</b> | +0,86 |               |       |
|     | 50m: 34.76      | 34.76           | 150m: 1:55.49 | 41.46     | 250m: 3:20.92  | 43.09 | 350m: 4:45.30 | 41.58 |
|     | 100m: 1:14.03   | 39.27           | 200m: 2:37.83 | 42.34     | 300m: 4:03.72  | 42.80 | 400m: 5:25.65 | 40.35 |
| 5.  | Steven Prins    | PLONS           | 5:16.80       | 197901833 | <b>5:27.68</b> | +0,73 |               |       |
|     | 50m: 35.49      | 35.49           | 150m: 1:56.70 | 41.22     | 250m: 3:20.23  | 41.30 | 350m: 4:45.45 | 42.15 |
|     | 100m: 1:15.48   | 39.99           | 200m: 2:38.93 | 42.23     | 300m: 4:03.30  | 43.07 | 400m: 5:27.68 | 42.23 |
| WDR | Svet Gavrilov   | GLS Ketelbinkie | 5:04.29       | 197501263 |                |       |               |       |

Masters 40+

|    |                      |             |               |           |                |       |               |       |
|----|----------------------|-------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Richard Ricksen      | HGN (SG)    | 4:45.01       | 197000841 | <b>5:05.89</b> | +0,90 |               |       |
|    | 50m: 33.70           | 33.70       | 150m: 1:49.72 | 38.54     | 250m: 3:08.24  | 38.93 | 350m: 4:27.51 | 39.19 |
|    | 100m: 1:11.18        | 37.48       | 200m: 2:29.31 | 39.59     | 300m: 3:48.32  | 40.08 | 400m: 5:05.89 | 38.38 |
| 2. | Wouter van der Stelt | Den Doorn   | 5:18.60       | 197200889 | <b>5:32.17</b> | +0,74 |               |       |
|    | 50m: 34.34           | 34.34       | 150m: 1:53.97 | 40.97     | 250m: 3:19.88  | 43.49 | 350m: 4:47.76 | 44.04 |
|    | 100m: 1:13.00        | 38.66       | 200m: 2:36.39 | 42.42     | 300m: 4:03.72  | 43.84 | 400m: 5:32.17 | 44.41 |
| 3. | Marcel Hoeksel       | ZVVS        | 5:14.25       | 197001655 | <b>5:35.58</b> | +1,11 |               |       |
|    | 50m: 35.99           | 35.99       | 150m: 1:58.79 | 42.47     | 250m: 3:26.36  | 44.02 | 350m: 4:53.24 | 43.19 |
|    | 100m: 1:16.32        | 40.33       | 200m: 2:42.34 | 43.55     | 300m: 4:10.05  | 43.69 | 400m: 5:35.58 | 42.34 |
| 4. | Stefan Vogel         | Racing Club | 5:37.55       | 197101589 | <b>5:53.04</b> | +0,80 |               |       |
|    | 50m: 36.40           | 36.40       | 150m: 2:02.31 | 44.58     | 250m: 3:35.67  | 47.14 | 350m: 5:10.15 | 46.96 |
|    | 100m: 1:17.73        | 41.33       | 200m: 2:48.53 | 46.22     | 300m: 4:23.19  | 47.52 | 400m: 5:53.04 | 42.89 |
| 5. | Bas van Gool         | De Geul     | 6:30.75       | 197201435 | <b>6:53.35</b> | +0,87 |               |       |
|    | 50m: 41.84           | 41.84       | 150m: 2:21.30 | 51.59     | 250m: 4:11.08  | 55.59 | 350m: 6:01.69 | 54.64 |
|    | 100m: 1:29.71        | 47.87       | 200m: 3:15.49 | 54.19     | 300m: 5:07.05  | 55.97 | 400m: 6:53.35 | 51.66 |



Event 17, Men, 400m Freestyle

Masters 45+

|     |                       |                         |                     |                     |                |       |
|-----|-----------------------|-------------------------|---------------------|---------------------|----------------|-------|
| 1.  | Maurice van den Berge | HZ Zian                 | 4:48.09             | 196900087           | <b>4:49.54</b> | +0,85 |
|     | 50m: 32.75 32.75      | 150m: 1:45.86 37.17     | 250m: 3:00.56 37.51 | 350m: 4:14.52 36.80 |                |       |
|     | 100m: 1:08.69 35.94   | 200m: 2:23.05 37.19     | 300m: 3:37.72 37.16 | 400m: 4:49.54 35.02 |                |       |
| 2.  | Arjan Bellaart        | Oceanus                 | 4:47.98             | 196900079           | <b>4:50.66</b> | +0,80 |
|     | 50m: 32.56 32.56      | 150m: 1:45.39 36.93     | 250m: 2:59.79 37.11 | 350m: 4:14.60 37.24 |                |       |
|     | 100m: 1:08.46 35.90   | 200m: 2:22.68 37.29     | 300m: 3:37.36       | 400m: 4:50.66 36.06 |                |       |
| 3.  | René Beetsma          | HZ&PC Heerenveen        | 4:55.82             | 196900069           | <b>4:52.23</b> | +0,82 |
|     | 50m: 33.05 33.05      | 150m: 1:46.41 36.79     | 250m: 3:01.13 37.01 | 350m: 4:16.09 37.06 |                |       |
|     | 100m: 1:09.62 36.57   | 200m: 2:24.12 37.71     | 300m: 3:39.03 37.90 | 400m: 4:52.23 36.14 |                |       |
| 4.  | Harold Matla          | PSV                     | 5:14.43             | 196800591           | <b>5:13.24</b> | +0,90 |
|     | 50m: 35.36 35.36      | 150m: 1:53.87 39.71     | 250m: 3:15.52 40.62 | 350m: 4:35.58 39.88 |                |       |
|     | 100m: 1:14.16 38.80   | 200m: 2:34.90 41.03     | 300m: 3:55.70 40.18 | 400m: 5:13.24 37.66 |                |       |
| 5.  | Francis Roosen        | VZV Njord               | 6:08.38             | 196801581           | <b>5:35.66</b> | +0,69 |
|     | 50m: 36.24 36.24      | 150m: 1:55.94 40.24     | 250m: 3:21.81 43.60 | 350m: 4:51.93 45.93 |                |       |
|     | 100m: 1:15.70 39.46   | 200m: 2:38.21 42.27     | 300m: 4:06.00 44.19 | 400m: 5:35.66 43.73 |                |       |
| 6.  | Erik van Dartel       | PSV                     | 5:18.50             | 196700185           | <b>5:42.05</b> | +1,07 |
|     | 50m: 38.88 38.88      | 150m: 2:03.95 42.98     | 250m: 3:31.23 43.51 | 350m: 4:59.25 43.74 |                |       |
|     | 100m: 1:20.97 42.09   | 200m: 2:47.72 43.77     | 300m: 4:15.51 44.28 | 400m: 5:42.05 42.80 |                |       |
| 7.  | Freddy van der Veen   | ZVVS                    | 5:49.00             | 196601161           | <b>5:46.09</b> | +1,03 |
|     | 50m: 34.45 34.45      | 150m: 1:57.78 42.97     | 250m: 3:27.82 45.66 | 350m: 5:00.68 47.08 |                |       |
|     | 100m: 1:14.81 40.36   | 200m: 2:42.16 44.38     | 300m: 4:13.60 45.78 | 400m: 5:46.09 45.41 |                |       |
| 8.  | Ramon Alsina Munoz    | CNSW                    | 5:50.96             | CNSW/608/69         | <b>5:49.01</b> | +0,90 |
|     | 50m: 38.75 38.75      | 150m: 2:05.97 44.52     | 250m: 3:34.17 43.89 | 350m: 5:04.60 45.43 |                |       |
|     | 100m: 1:21.45 42.70   | 200m: 2:50.28 44.31     | 300m: 4:19.17 45.00 | 400m: 5:49.01 44.41 |                |       |
| 9.  | Fred Dijkshoorn       | Zwemvereniging Westland | 6:16.65             | 196501539           | <b>5:57.83</b> | +1,01 |
|     | 50m: 36.74 36.74      | 150m: 2:04.69 45.91     | 250m: 3:39.34 47.25 | 350m: 5:13.85 47.03 |                |       |
|     | 100m: 1:18.78 42.04   | 200m: 2:52.09 47.40     | 300m: 4:26.82 47.48 | 400m: 5:57.83 43.98 |                |       |
| 10. | Marcel Brittijn       | De Duinkickers          | 5:52.39             | 196900159           | <b>6:12.42</b> | +0,73 |
|     | 50m: 38.03 38.03      | 150m: 2:08.88 46.91     | 250m: 3:46.80 49.33 | 350m: 5:27.36 49.32 |                |       |
|     | 100m: 1:21.97 43.94   | 200m: 2:57.47 48.59     | 300m: 4:38.04 51.24 | 400m: 6:12.42 45.06 |                |       |
| WDR | Henk van Zetten       | Octopus                 | 6:29.56             | 196701261           |                |       |
| WDR | Konstantin Sklyar     | TG Lage 1862            | 5:02.98             | 321129              |                |       |

Masters 50+

|     |                     |                     |                     |                     |                |       |
|-----|---------------------|---------------------|---------------------|---------------------|----------------|-------|
| 1.  | Paul van der Voort  | De Zwoer            | 5:36.91             | 196200715           | <b>5:33.09</b> | +1,05 |
|     | 50m: 35.05 35.05    | 150m: 1:57.62 42.28 | 250m: 3:23.69 43.31 | 350m: 4:51.85 44.12 |                |       |
|     | 100m: 1:15.34 40.29 | 200m: 2:40.38 42.76 | 300m: 4:07.73 44.04 | 400m: 5:33.09 41.24 |                |       |
| 2.  | Eric Tijms          | OEZA                | 6:10.09             | 196401125           | <b>6:05.69</b> | +1,02 |
|     | 50m: 39.09 39.09    | 150m: 2:07.41 45.29 | 250m: 3:42.69 47.23 | 350m: 5:19.36 49.05 |                |       |
|     | 100m: 1:22.12 43.03 | 200m: 2:55.46 48.05 | 300m: 4:30.31 47.62 | 400m: 6:05.69 46.33 |                |       |
| 3.  | Nico van Maanen     | De Duck             | 6:22.99             | 196100371           | <b>6:21.19</b> | +0,76 |
|     | 50m: 39.26 39.26    | 150m: 2:11.74 47.83 | 250m: 3:51.27 50.07 | 350m: 5:34.05 51.27 |                |       |
|     | 100m: 1:23.91 44.65 | 200m: 3:01.20 49.46 | 300m: 4:42.78 51.51 | 400m: 6:21.19 47.14 |                |       |
| 4.  | Marco Schoenmakers  | ZVVS                | 7:01.51             | 196401375           | <b>6:45.69</b> | +1,00 |
|     | 50m: 42.53 42.53    | 150m: 2:24.91 52.84 | 250m: 4:10.64 52.85 | 350m: 5:58.08 53.68 |                |       |
|     | 100m: 1:32.07 49.54 | 200m: 3:17.79 52.88 | 300m: 5:04.40 53.76 | 400m: 6:45.69 47.61 |                |       |
| 5.  | Jan Haitisma        | De Spatters         | 7:00.16             | 196000929           | <b>6:59.05</b> | +1,10 |
|     | 50m: 46.93 46.93    | 150m: 2:32.65 53.34 | 250m: 4:19.10 53.63 | 350m: 6:07.42 54.55 |                |       |
|     | 100m: 1:39.31 52.38 | 200m: 3:25.47 52.82 | 300m: 5:12.87 53.77 | 400m: 6:59.05 51.63 |                |       |
| WDR | Hendrik Haze        | GoSwim              | 5:44.21             | 196401387           |                |       |

Masters 55+

|    |   |                     |                     |                     |                |       |
|----|---|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Marten de Groot<br><i>Kampioenschaps Record</i> | HZ&PC Heerenveen    | 4:39.18             | 195800149           | <b>4:39.58</b> | +0,82 |
|    | 50m: 32.41 32.41                                | 150m: 1:43.73 35.71 | 250m: 2:55.23 35.58 | 350m: 4:05.52 35.15 |                |       |
|    | 100m: 1:08.02 35.61                             | 200m: 2:19.65 35.92 | 300m: 3:30.37 35.14 | 400m: 4:39.58 34.06 |                |       |
| 2. | Albert Boonstra                                 | Aqua-Novio'94       | 4:47.84             | 195700425           | <b>4:57.71</b> | +0,90 |
|    | 50m: 33.60 33.60                                | 150m: 1:48.95 38.06 | 250m: 3:04.77 37.52 | 350m: 4:20.61 37.65 |                |       |
|    | 100m: 1:10.89 37.29                             | 200m: 2:27.25 38.30 | 300m: 3:42.96 38.19 | 400m: 4:57.71 37.10 |                |       |
| 3. | Richard Broer                                   | PLONS               | 5:19.11             | 195900077           | <b>5:18.19</b> | +0,99 |
|    | 50m: 35.55 35.55                                | 150m: 1:56.82 41.62 | 250m: 3:18.74 41.18 | 350m: 4:39.01 40.40 |                |       |
|    | 100m: 1:15.20 39.65                             | 200m: 2:37.56 40.74 | 300m: 3:58.61 39.87 | 400m: 5:18.19 39.18 |                |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 17, Men, 400m Freestyle, Masters 55+

| rang | naam                        | vereniging                     | inschrijftijd                  | startnr.                       | tijd           | RT    |
|------|-----------------------------|--------------------------------|--------------------------------|--------------------------------|----------------|-------|
| 4.   | Henk Slomp                  | De Pinquin                     | 5:20.70                        | 195500359                      | <b>5:35.60</b> | +0,84 |
|      | 50m: 36.61<br>100m: 1:18.46 | 150m: 2:01.98<br>200m: 2:45.97 | 250m: 3:29.78<br>300m: 4:13.76 | 350m: 4:57.10<br>400m: 5:35.60 | 43.34<br>38.50 |       |
| 5.   | Hans Groothelm              | DBD                            | 5:35.81                        | 195800151                      | <b>5:44.62</b> | +0,76 |
|      | 50m: 35.72<br>100m: 1:16.53 | 150m: 1:59.56<br>200m: 2:43.98 | 250m: 3:29.76<br>300m: 4:15.19 | 350m: 5:00.82<br>400m: 5:44.62 | 45.63<br>43.80 |       |
| 6.   | Lex Hoogendam               | MNC Dordrecht                  | 5:44.05                        | 195700541                      | <b>6:04.25</b> | +1,04 |
|      | 50m: 37.61<br>100m: 1:27.70 | 150m: 2:06.96<br>200m: 2:54.25 | 250m: 3:41.41<br>300m: 4:29.41 | 350m: 5:17.26<br>400m: 6:04.25 | 47.85<br>46.99 |       |
| 7.   | Dirk Crok                   | OEZA                           | 6:18.51                        | 195800547                      | <b>6:30.53</b> | +1,34 |
|      | 50m: 41.26<br>100m: 1:27.58 | 150m: 2:17.21<br>200m: 3:07.41 | 250m: 3:58.37<br>300m: 4:49.55 | 350m: 5:40.44<br>400m: 6:30.53 | 50.89<br>50.09 |       |
| 8.   | Leo de Keizer               | PLONS                          | 6:38.38                        | 195600487                      | <b>6:52.57</b> | +0,96 |
|      | 50m: 42.31<br>100m: 1:30.77 | 150m: 2:23.25<br>200m: 3:17.85 | 250m: 4:12.03<br>300m: 5:06.49 | 350m: 5:59.47<br>400m: 6:52.57 | 52.98<br>53.10 |       |
| 9.   | Dré Klaassen                | ZOB'66                         | 6:42.11                        | 195600141                      | <b>7:07.40</b> | +0,92 |
|      | 50m: 46.74<br>100m: 1:38.79 | 150m: 2:32.39<br>200m: 3:27.13 | 250m: 4:22.40<br>300m: 5:18.18 | 350m: 6:14.65<br>400m: 7:07.40 | 56.47<br>52.75 |       |

Masters 60+

|    |                             |                                |                                |                                |                |       |
|----|-----------------------------|--------------------------------|--------------------------------|--------------------------------|----------------|-------|
| 1. | Brend Brevé                 | PSV                            | 5:29.24                        | 195200265                      | <b>5:21.37</b> | +0,87 |
|    | 50m: 36.08<br>100m: 1:16.22 | 150m: 1:57.85<br>200m: 2:39.46 | 250m: 3:21.16<br>300m: 4:02.38 | 350m: 4:43.56<br>400m: 5:21.37 | 41.18<br>37.81 |       |
| 2. | Piet Schop                  | De Bevelanders                 | 6:01.99                        | 195000109                      | <b>5:52.89</b> | +0,65 |
|    | 50m: 37.37<br>100m: 1:21.19 | 150m: 2:07.73<br>200m: 2:53.98 | 250m: 3:40.59<br>300m: 4:26.00 | 350m: 5:11.30<br>400m: 5:52.89 | 45.30<br>41.59 |       |
| 3. | Jos Kamps                   | De Amer                        | 6:35.30                        | 195100085                      | <b>6:36.19</b> | +1,17 |
|    | 50m: 40.96<br>100m: 1:27.37 | 150m: 2:17.29<br>200m: 3:07.52 | 250m: 3:59.54<br>300m: 4:52.92 | 350m: 5:44.56<br>400m: 6:36.19 | 51.64<br>51.63 |       |

Masters 65+

|    |                             |                                |                                |                                |                    |       |
|----|-----------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------|-------|
| 1. | Ludwig Lorenz               | SV Gladbeck 13                 | 6:51.39                        | 127866                         | <b>6:44.04</b>     | +0,95 |
|    | 50m: 47.82<br>100m: 1:39.94 | 150m: 2:32.45<br>200m: 3:24.17 | 250m: 4:16.32<br>300m: 5:07.44 | 350m: 5:57.27<br>400m: 6:44.04 | 49.83<br>46.77     |       |
| 2. | Peter Ouweneel              | RSW (SG)                       | 8:48.31                        | 194500077                      | <b>9:13.51</b>     | +1,18 |
|    | 50m: 58.43<br>100m: 2:05.37 | 150m: 3:13.29<br>200m: 4:26.07 | 250m: 5:40.90<br>300m: 6:54.16 | 350m: 8:06.56<br>400m: 9:13.51 | 1:12.40<br>1:06.95 |       |

Masters 70+

|    |                               |                                |                                |                                |                    |       |
|----|-------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------|-------|
| 1. | Rob Hanou                     | PSV                            | 6:24.23                        | 194300109                      | <b>6:47.82</b>     | +1,09 |
|    | 50m: 44.35<br>100m: 1:36.69   | 150m: 2:30.47<br>200m: 3:23.86 | 250m: 4:16.16<br>300m: 5:08.35 | 350m: 6:01.46<br>400m: 6:47.82 | 53.11<br>46.36     |       |
| 2. | Geza Kaltenecker              | AZC                            | 6:47.34                        | 194200065                      | <b>6:57.79</b>     | +1,05 |
|    | 50m: 46.36<br>100m: 1:37.54   | 150m: 2:33.76<br>200m: 3:28.24 | 250m: 4:24.13<br>300m: 5:17.80 | 350m: 6:11.84<br>400m: 6:57.79 | 54.04<br>45.95     |       |
| 3. | Wim ter Laak                  | PSV                            | 8:51.00                        | 194000027                      | <b>9:20.67</b>     | +1,19 |
|    | 50m: 1:02.21<br>100m: 2:15.75 | 150m: 3:30.60<br>200m: 4:44.65 | 250m: 5:58.39<br>300m: 7:08.66 | 350m: 8:17.06<br>400m: 9:20.67 | 1:08.40<br>1:03.61 |       |

Masters 75+

|    |   |                                |                                |                                |                |       |
|----|---|--------------------------------|--------------------------------|--------------------------------|----------------|-------|
| 1. | Nic Geers<br><i>Kampioenschaps Record</i> | Z&PC De Gouwe                  | 5:54.80                        | 193800007                      | <b>6:44.07</b> | +0,93 |
|    | 50m: 45.02<br>100m: 1:36.38               | 150m: 2:29.40<br>200m: 3:21.89 | 250m: 4:14.77<br>300m: 5:07.54 | 350m: 5:58.76<br>400m: 6:44.07 | 51.22<br>45.31 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 18  
03-05-2014 - 9:59

Women, 400m Freestyle

Masters Open  
Results

| rang               | naam                | vereniging     | inschrijftijd | startnr.  | tijd           | RT    |               |       |               |       |
|--------------------|---------------------|----------------|---------------|-----------|----------------|-------|---------------|-------|---------------|-------|
| <b>Masters 20+</b> |                     |                |               |           |                |       |               |       |               |       |
| 1.                 | Wendan Poelstra     | TriVia         | 4:40.09       | 199102496 | <b>4:44.52</b> | +0,73 |               |       |               |       |
|                    | 50m: 31.87          | 31.87          | 150m: 1:43.41 | 36.00     | 250m: 2:55.81  | 36.10 | 350m: 4:08.23 | 36.22 | 400m: 4:44.52 | 36.29 |
|                    | 100m: 1:07.41       | 35.54          | 200m: 2:19.71 | 36.30     | 300m: 3:32.01  | 36.20 |               |       |               |       |
| 2.                 | Maaïke Vooren       | DAW            | 4:52.74       | 199103324 | <b>4:46.38</b> | +0,85 |               |       |               |       |
|                    | 50m: 32.30          | 32.30          | 150m: 1:44.13 | 36.16     | 250m: 2:57.10  | 36.40 | 350m: 4:10.35 | 36.51 | 400m: 4:46.38 | 36.03 |
|                    | 100m: 1:07.97       | 35.67          | 200m: 2:20.70 | 36.57     | 300m: 3:33.84  | 36.74 |               |       |               |       |
| 3.                 | Iris Pijtak         | AZ&PC          | 4:41.15       | 199300602 | <b>4:51.50</b> | +0,69 |               |       |               |       |
|                    | 50m: 32.35          | 32.35          | 150m: 1:45.30 | 37.02     | 250m: 3:00.67  | 37.44 | 350m: 4:16.31 | 37.69 | 400m: 4:51.50 | 35.19 |
|                    | 100m: 1:08.28       | 35.93          | 200m: 2:23.23 | 37.93     | 300m: 3:38.62  | 37.95 |               |       |               |       |
| 4.                 | Rebecca Vroomen     | Eurode KZC     | 4:46.14       | 199301772 | <b>4:55.61</b> | +0,86 |               |       |               |       |
|                    | 50m: 33.06          | 33.06          | 150m: 1:47.78 | 37.68     | 250m: 3:04.04  | 38.29 | 350m: 4:19.65 | 38.00 | 400m: 4:55.61 | 35.96 |
|                    | 100m: 1:10.10       | 37.04          | 200m: 2:25.75 | 37.97     | 300m: 3:41.65  | 37.61 |               |       |               |       |
| 5.                 | Sigrit Aarten       | Deltasteur     | 4:52.48       | 199302868 | <b>4:57.67</b> | +0,98 |               |       |               |       |
|                    | 50m: 32.73          | 32.73          | 150m: 1:46.47 | 37.68     | 250m: 3:02.92  | 37.96 | 350m: 4:19.81 | 38.40 | 400m: 4:57.67 | 37.86 |
|                    | 100m: 1:08.79       | 36.06          | 200m: 2:24.96 | 38.49     | 300m: 3:41.41  | 38.49 |               |       |               |       |
| 6.                 | Jasmijn Ruijgrok    | De Zijl/LGB    | 5:03.66       | 199401032 | <b>4:58.25</b> | +0,76 |               |       |               |       |
|                    | 50m: 32.36          | 32.36          | 150m: 1:46.80 | 37.59     | 250m: 3:03.15  | 38.32 | 350m: 4:20.48 | 38.51 | 400m: 4:58.25 | 37.77 |
|                    | 100m: 1:09.21       | 36.85          | 200m: 2:24.83 | 38.03     | 300m: 3:41.97  | 38.82 |               |       |               |       |
| 7.                 | Seline Koek         | LZ 1886        | 4:55.72       | 199400622 | <b>5:06.61</b> | +0,86 |               |       |               |       |
|                    | 50m: 31.79          | 31.79          | 150m: 1:45.45 | 37.93     | 250m: 3:07.44  | 41.49 | 350m: 4:29.37 | 40.40 | 400m: 5:06.61 | 37.24 |
|                    | 100m: 1:07.52       | 35.73          | 200m: 2:25.95 | 40.50     | 300m: 3:48.97  | 41.53 |               |       |               |       |
| 8.                 | Suzanne Brummel     | LZ 1886        | 4:57.70       | 199401366 | <b>5:07.00</b> | +0,79 |               |       |               |       |
|                    | 50m: 32.21          | 32.21          | 150m: 1:47.67 | 38.54     | 250m: 3:07.49  | 39.55 | 350m: 4:28.69 | 40.59 | 400m: 5:07.00 | 38.31 |
|                    | 100m: 1:09.13       | 36.92          | 200m: 2:27.94 | 40.27     | 300m: 3:48.10  | 40.61 |               |       |               |       |
| 9.                 | Anouk Kuijlaars     | ZC Aquadream   | 5:16.32       | 199401700 | <b>5:08.86</b> | +0,74 |               |       |               |       |
|                    | 50m: 33.08          | 33.08          | 150m: 1:49.44 | 39.12     | 250m: 3:10.09  | 40.06 | 350m: 4:30.26 | 40.07 | 400m: 5:08.86 | 38.60 |
|                    | 100m: 1:10.32       | 37.24          | 200m: 2:30.03 | 40.59     | 300m: 3:50.19  | 40.10 |               |       |               |       |
| 10.                | Eline Roobol        | De Lansingh    | 5:07.42       | 199106414 | <b>5:11.28</b> | +0,76 |               |       |               |       |
|                    | 50m: 33.35          | 33.35          | 150m: 1:50.23 | 39.34     | 250m: 3:10.81  | 40.32 | 350m: 4:32.20 | 40.75 | 400m: 5:11.28 | 39.08 |
|                    | 100m: 1:10.89       | 37.54          | 200m: 2:30.49 | 40.26     | 300m: 3:51.45  | 40.64 |               |       |               |       |
| 11.                | Wendy de Bruin      | ZOB'66         | 4:55.40       | 199206320 | <b>5:12.34</b> | +0,67 |               |       |               |       |
|                    | 50m: 34.77          | 34.77          | 150m: 1:52.63 | 39.79     | 250m: 3:13.85  | 40.71 | 350m: 4:33.56 | 39.75 | 400m: 5:12.34 | 38.78 |
|                    | 100m: 1:12.84       | 38.07          | 200m: 2:33.14 | 40.51     | 300m: 3:53.81  | 39.96 |               |       |               |       |
| 12.                | Denise Koerhuis     | De Spatters    | 5:11.18       | 199400306 | <b>5:23.44</b> | +0,75 |               |       |               |       |
|                    | 50m: 34.03          | 34.03          | 150m: 1:56.00 | 42.34     | 250m: 3:21.19  | 42.63 | 350m: 4:46.26 | 42.20 | 400m: 5:23.44 | 37.18 |
|                    | 100m: 1:13.66       | 39.63          | 200m: 2:38.56 | 42.56     | 300m: 4:04.06  | 42.87 |               |       |               |       |
| 13.                | Maaïke de Boer      | De Duinkickers | 5:16.03       | 199000362 | <b>5:25.13</b> | +0,78 |               |       |               |       |
|                    | 50m: 35.15          | 35.15          | 150m: 1:56.24 | 41.14     | 250m: 3:19.49  | 41.81 | 350m: 4:43.47 | 41.74 | 400m: 5:25.13 | 41.66 |
|                    | 100m: 1:15.10       | 39.95          | 200m: 2:37.68 | 41.44     | 300m: 4:01.73  | 42.24 |               |       |               |       |
| 14.                | Myrthe Lampe        | De Devel       | 5:05.40       | 199002236 | <b>5:27.73</b> | +0,89 |               |       |               |       |
|                    | 50m: 35.60          | 35.60          | 150m: 1:56.57 | 41.10     | 250m: 3:20.55  | 42.26 | 350m: 4:45.73 | 42.87 | 400m: 5:27.73 | 42.00 |
|                    | 100m: 1:15.47       | 39.87          | 200m: 2:38.29 | 41.72     | 300m: 4:02.86  | 42.31 |               |       |               |       |
| 15.                | Irmgard van Weeghel | Octopus        | 5:12.10       | 199204834 | <b>5:31.87</b> | +0,71 |               |       |               |       |
|                    | 50m: 35.07          | 35.07          | 150m: 1:56.05 | 41.43     | 250m: 3:22.04  | 43.29 | 350m: 4:49.91 | 44.03 | 400m: 5:31.87 | 41.96 |
|                    | 100m: 1:14.62       | 39.55          | 200m: 2:38.75 | 42.70     | 300m: 4:05.88  | 43.84 |               |       |               |       |
| 16.                | Lieke Janssen       | HGN (SG)       | 5:25.76       | 199305954 | <b>5:35.51</b> | +0,90 |               |       |               |       |
|                    | 50m: 37.44          | 37.44          | 150m: 2:02.95 | 43.19     | 250m: 3:29.08  | 42.96 | 350m: 4:54.83 | 42.60 | 400m: 5:35.51 | 40.68 |
|                    | 100m: 1:19.76       | 42.32          | 200m: 2:46.12 | 43.17     | 300m: 4:12.23  | 43.15 |               |       |               |       |
| 17.                | Ramona Noordermeer  | ZVVS           | 5:27.36       | 199401746 | <b>5:36.16</b> | +0,77 |               |       |               |       |
|                    | 50m: 37.60          | 37.60          | 150m: 2:03.12 | 43.45     | 250m: 3:30.79  | 43.55 | 350m: 4:56.27 | 42.54 | 400m: 5:36.16 | 39.89 |
|                    | 100m: 1:19.67       | 42.07          | 200m: 2:47.24 | 44.12     | 300m: 4:13.73  | 42.94 |               |       |               |       |
| 18.                | Carmen Veldkamp     | WVZ            | 5:21.54       | 199406114 | <b>5:37.77</b> | +0,79 |               |       |               |       |
|                    | 50m: 37.00          | 37.00          | 150m: 2:02.58 | 43.15     | 250m: 3:30.15  | 43.81 | 350m: 4:56.82 | 43.18 | 400m: 5:37.77 | 40.95 |
|                    | 100m: 1:19.43       | 42.43          | 200m: 2:46.34 | 43.76     | 300m: 4:13.64  | 43.49 |               |       |               |       |
| 19.                | Yvonne Bruls        | Eurode KZC     | 5:24.51       | 199008114 | <b>5:38.84</b> | +0,74 |               |       |               |       |
|                    | 50m: 35.49          | 35.49          | 150m: 1:59.24 | 43.23     | 250m: 3:27.47  | 44.57 | 350m: 4:55.97 | 44.38 | 400m: 5:38.84 | 42.87 |
|                    | 100m: 1:16.01       | 40.52          | 200m: 2:42.90 | 43.66     | 300m: 4:11.59  | 44.12 |               |       |               |       |
| 20.                | Rowie Hooff         | De Duinkickers | 5:44.04       | 199301988 | <b>6:03.66</b> | +0,89 |               |       |               |       |
|                    | 50m: 36.58          | 36.58          | 150m: 2:03.32 | 45.22     | 250m: 3:37.06  | 47.52 | 350m: 5:15.11 | 49.35 | 400m: 6:03.66 | 48.55 |
|                    | 100m: 1:18.10       | 41.52          | 200m: 2:49.54 | 46.22     | 300m: 4:25.76  | 48.70 |               |       |               |       |



### Event 18, Women, 400m Freestyle, Masters 20+

| rang | naam             | vereniging | inschrijftijd | startnr.  | tijd           | RT    |               |       |
|------|------------------|------------|---------------|-----------|----------------|-------|---------------|-------|
| 21.  | Claudia Creemers | RZ         | 6:29.83       | 199202864 | <b>6:34.61</b> | +0,77 |               |       |
|      | 50m: 40.57       | 40.57      | 150m: 2:17.63 | 50.19     | 250m: 4:02.89  | 52.94 | 350m: 5:47.48 | 52.32 |
|      | 100m: 1:27.44    | 46.87      | 200m: 3:09.95 | 52.32     | 300m: 4:55.16  | 52.27 | 400m: 6:34.61 | 47.13 |

### Masters 25+

|    |                   |                   |               |             |                |       |               |       |
|----|-------------------|-------------------|---------------|-------------|----------------|-------|---------------|-------|
| 1. | Lisanne Andeweg   | Zuiderzeezwemmers | 4:43.32       | 198800092   | <b>4:49.30</b> | +0,83 |               |       |
|    | 50m: 32.63        | 32.63             | 150m: 1:45.63 | 37.15       | 250m: 2:59.88  | 37.09 | 350m: 4:13.89 | 36.70 |
|    | 100m: 1:08.48     | 35.85             | 200m: 2:22.79 | 37.16       | 300m: 3:37.19  | 37.31 | 400m: 4:49.30 | 35.41 |
| 2. | Stephanie Rombout | PSV               | 5:00.02       | 198803696   | <b>5:16.17</b> | +0,70 |               |       |
|    | 50m: 32.76        | 32.76             | 150m: 1:47.88 | 38.58       | 250m: 3:08.67  | 40.92 | 350m: 4:33.43 | 43.45 |
|    | 100m: 1:09.30     | 36.54             | 200m: 2:27.75 | 39.87       | 300m: 3:49.98  | 41.31 | 400m: 5:16.17 | 42.74 |
| 3. | Anna Boef         | LZ 1886           | 5:27.46       | 198806288   | <b>5:21.03</b> | +0,83 |               |       |
|    | 50m: 34.25        | 34.25             | 150m: 1:53.18 | 40.33       | 250m: 3:15.79  | 41.78 | 350m: 4:39.96 | 42.39 |
|    | 100m: 1:12.85     | 38.60             | 200m: 2:34.01 | 40.83       | 300m: 3:57.57  | 41.78 | 400m: 5:21.03 | 41.07 |
| 4. | Sandra Koenig     | CNSW              | 5:34.59       | CNSW/612/86 | <b>5:36.44</b> | +0,83 |               |       |
|    | 50m: 39.08        | 39.08             | 150m: 2:03.75 | 42.91       | 250m: 3:29.22  | 42.67 | 350m: 4:55.16 | 42.86 |
|    | 100m: 1:20.84     | 41.76             | 200m: 2:46.55 | 42.80       | 300m: 4:12.30  | 43.08 | 400m: 5:36.44 | 41.28 |
| 5. | Marije van Manen  | AZ&PC             | 5:37.75       | 198602386   | <b>5:37.75</b> | +0,74 |               |       |
|    | 50m: 36.36        | 36.36             | 150m: 2:00.34 | 43.17       | 250m: 3:28.80  | 44.26 | 350m: 4:57.04 | 43.79 |
|    | 100m: 1:17.17     | 40.81             | 200m: 2:44.54 | 44.20       | 300m: 4:13.25  | 44.45 | 400m: 5:37.75 | 40.71 |
| 6. | Isaline Manchel   | CNSW              | 5:38.16       | CNSW/475/85 | <b>5:42.52</b> | +0,90 |               |       |
|    | 50m: 39.26        | 39.26             | 150m: 2:06.93 | 44.17       | 250m: 3:35.18  | 43.41 | 350m: 5:01.56 | 42.68 |
|    | 100m: 1:22.76     | 43.50             | 200m: 2:51.77 | 44.84       | 300m: 4:18.88  | 43.70 | 400m: 5:42.52 | 40.96 |
| 7. | Fleur Maas        | Zoetermeer        | 5:38.03       | 198902768   | <b>5:42.63</b> | +0,91 |               |       |
|    | 50m: 38.11        | 38.11             | 150m: 2:05.00 | 43.48       | 250m: 3:33.39  | 44.34 | 350m: 5:01.02 | 43.52 |
|    | 100m: 1:21.52     | 43.41             | 200m: 2:49.05 | 44.05       | 300m: 4:17.50  | 44.11 | 400m: 5:42.63 | 41.61 |
| 8. | Danielle Stevens  | Arethusa          | 5:34.39       | 198800226   | <b>5:42.88</b> | +0,90 |               |       |
|    | 50m: 39.56        | 39.56             | 150m: 2:06.12 | 43.63       | 250m: 3:33.61  | 43.47 | 350m: 5:00.43 | 43.19 |
|    | 100m: 1:22.49     | 42.93             | 200m: 2:50.14 | 44.02       | 300m: 4:17.24  | 43.63 | 400m: 5:42.88 | 42.45 |
| 9. | Desiree Baltes    | ZPC De Hof        | 5:40.58       | 198900182   | <b>5:54.75</b> | +0,92 |               |       |
|    | 50m: 38.45        | 38.45             | 150m: 2:07.14 | 45.02       | 250m: 3:38.38  | 45.63 | 350m: 5:10.91 | 46.49 |
|    | 100m: 1:22.12     | 43.67             | 200m: 2:52.75 | 45.61       | 300m: 4:24.42  | 46.04 | 400m: 5:54.75 | 43.84 |

### Masters 30+

|     |                      |            |               |               |                |       |               |       |
|-----|----------------------|------------|---------------|---------------|----------------|-------|---------------|-------|
| 1.  | Petra Benani-Wolsing | De Futen   | 5:06.90       | 198402796     | <b>4:59.64</b> | +0,79 |               |       |
|     | 50m: 32.16           | 32.16      | 150m: 1:45.77 | 37.61         | 250m: 3:03.15  | 38.81 | 350m: 4:22.14 | 39.48 |
|     | 100m: 1:08.16        | 36.00      | 200m: 2:24.34 | 38.57         | 300m: 3:42.66  | 39.51 | 400m: 4:59.64 | 37.50 |
| 2.  | Stephanie Vaernewyck | Mega       | 5:06.40       | MEGA/20352/83 | <b>5:13.17</b> | +0,88 |               |       |
|     | 50m: 34.73           | 34.73      | 150m: 1:51.94 | 39.59         | 250m: 3:12.36  | 40.39 | 350m: 4:33.21 | 40.63 |
|     | 100m: 1:12.35        | 37.62      | 200m: 2:31.97 | 40.03         | 300m: 3:52.58  | 40.22 | 400m: 5:13.17 | 39.96 |
| 3.  | Linda Hoogendam      | Zoetermeer | 5:13.11       | 198300892     | <b>5:23.16</b> | +0,73 |               |       |
|     | 50m: 35.77           | 35.77      | 150m: 1:58.31 | 41.73         | 250m: 3:21.92  | 41.53 | 350m: 4:44.39 | 40.88 |
|     | 100m: 1:16.58        | 40.81      | 200m: 2:40.39 | 42.08         | 300m: 4:03.51  | 41.59 | 400m: 5:23.16 | 38.77 |
| 4.  | Anke Lambooj         | AZL        | 5:15.61       | 198001182     | <b>5:31.80</b> | +0,83 |               |       |
|     | 50m: 35.93           | 35.93      | 150m: 1:59.14 | 42.61         | 250m: 3:26.16  | 43.60 | 350m: 4:52.20 | 42.54 |
|     | 100m: 1:16.53        | 40.60      | 200m: 2:42.56 | 43.42         | 300m: 4:09.66  | 43.50 | 400m: 5:31.80 | 39.60 |
| 5.  | Gabi Vink            | PLONS      | 7:12.33       | 198403472     | <b>6:43.97</b> | +0,81 |               |       |
|     | 50m: 44.95           | 44.95      | 150m: 2:25.83 | 51.30         | 250m: 4:08.70  | 51.37 | 350m: 5:52.91 | 52.01 |
|     | 100m: 1:34.53        | 49.58      | 200m: 3:17.33 | 51.50         | 300m: 5:00.90  | 52.20 | 400m: 6:43.97 | 51.06 |
| 6.  | Rianne van Vegchelen | Deltasteur | 6:30.07       | 198101530     | <b>6:55.78</b> | +1,13 |               |       |
|     | 50m: 45.38           | 45.38      | 150m: 2:29.25 | 52.75         | 250m: 4:15.70  | 53.57 | 350m: 6:03.74 | 54.22 |
|     | 100m: 1:36.50        | 51.12      | 200m: 3:22.13 | 52.88         | 300m: 5:09.52  | 53.82 | 400m: 6:55.78 | 52.04 |
| WDR | Denise de Riet       | De Devel   | 5:30.59       | 198402040     |                |       |               |       |
| WDR | Ramona Linting       | Zoetermeer | 5:23.72       | 198301274     |                |       |               |       |

### Masters 35+

|    |               |             |               |           |                |       |               |       |
|----|---------------|-------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Carmen Haan   | De Spatters | 5:46.13       | 197901458 | <b>5:56.63</b> | +1,02 |               |       |
|    | 50m: 37.73    | 37.73       | 150m: 2:07.72 | 46.05     | 250m: 3:40.32  | 46.37 | 350m: 5:12.44 | 45.92 |
|    | 100m: 1:21.67 | 43.94       | 200m: 2:53.95 | 46.23     | 300m: 4:26.52  | 46.20 | 400m: 5:56.63 | 44.19 |

Event 18, Women, 400m Freestyle, Masters 35+

| rang | naam                     | vereniging          | inschrijftijd | startnr.  | tijd          | RT    |               |       |
|------|--------------------------|---------------------|---------------|-----------|---------------|-------|---------------|-------|
| 2.   | Clementine van Bruxvoort | ZPB H&L Productions | 6:43.64       | 197700138 | 7:00.13       | +0,95 |               |       |
|      | 50m: 45.02               | 45.02               | 150m: 2:31.12 | 53.93     | 250m: 4:20.03 | 54.66 | 350m: 6:10.59 | 55.27 |
|      | 100m: 1:37.19            | 52.17               | 200m: 3:25.37 | 54.25     | 300m: 5:15.32 | 55.29 | 400m: 7:00.13 | 49.54 |

Masters 40+

|    |                      |                     |               |           |               |       |               |       |
|----|----------------------|---------------------|---------------|-----------|---------------|-------|---------------|-------|
| 1. | Grith Sigsgaard      | Zwemlust-den Hommel | 4:49.48       | 197200772 | 4:51.19       | +0,91 |               |       |
|    | 50m: 32.93           | 32.93               | 150m: 1:46.31 | 36.97     | 250m: 3:00.77 | 37.18 | 350m: 4:15.12 | 37.13 |
|    | 100m: 1:09.34        | 36.41               | 200m: 2:23.59 | 37.28     | 300m: 3:37.99 | 37.22 | 400m: 4:51.19 | 36.07 |
| 2. | Karin Stein          | ZVVS                | 4:59.83       | 197100554 | 5:03.57       | +0,84 |               |       |
|    | 50m: 34.77           | 34.77               | 150m: 1:51.07 | 38.74     | 250m: 3:08.91 | 38.53 | 350m: 4:25.91 | 38.40 |
|    | 100m: 1:12.33        | 37.56               | 200m: 2:30.38 | 39.31     | 300m: 3:47.51 | 38.60 | 400m: 5:03.57 | 37.66 |
| 3. | Annette de Visser    | Oceanus             | 5:15.96       | 197100602 | 5:10.12       | +0,83 |               |       |
|    | 50m: 34.06           | 34.06               | 150m: 1:51.22 | 39.09     | 250m: 3:11.21 | 39.98 | 350m: 4:31.52 | 40.03 |
|    | 100m: 1:12.13        | 38.07               | 200m: 2:31.23 | 40.01     | 300m: 3:51.49 | 40.28 | 400m: 5:10.12 | 38.60 |
| 4. | Jeanne Petit         | Maxwell SC          | 5:10.10       | 1112847   | 5:26.95       | +0,82 |               |       |
|    | 50m: 34.79           | 34.79               | 150m: 1:55.98 | 41.45     | 250m: 3:19.94 | 41.64 | 350m: 4:45.10 | 42.62 |
|    | 100m: 1:14.53        | 39.74               | 200m: 2:38.30 | 42.32     | 300m: 4:02.48 | 42.54 | 400m: 5:26.95 | 41.85 |
| 5. | Joyce Brummelkamp    | ZVVS                | 5:55.75       | 197000952 | 6:00.13       | +0,89 |               |       |
|    | 50m: 38.55           | 38.55               | 150m: 2:06.92 | 45.32     | 250m: 3:40.66 | 46.93 | 350m: 5:14.55 | 46.76 |
|    | 100m: 1:21.60        | 43.05               | 200m: 2:53.73 | 46.81     | 300m: 4:27.79 | 47.13 | 400m: 6:00.13 | 45.58 |
| 6. | Renata van Essen     | Zuiderzeezwemmers   | 5:51.87       | 197300740 | 6:04.89       | +0,83 |               |       |
|    | 50m: 40.13           | 40.13               | 150m: 2:11.48 | 47.02     | 250m: 3:46.32 | 47.50 | 350m: 5:20.70 | 47.51 |
|    | 100m: 1:24.46        | 44.33               | 200m: 2:58.82 | 47.34     | 300m: 4:33.19 | 46.87 | 400m: 6:04.89 | 44.19 |
| 7. | Karin Sagonas-Koolen | VZV Njord           | 5:59.32       | 197000964 | 6:13.47       | +0,81 |               |       |
|    | 50m: 38.66           | 38.66               | 150m: 2:09.43 | 46.78     | 250m: 3:46.62 | 48.93 | 350m: 5:25.24 | 49.01 |
|    | 100m: 1:22.65        | 43.99               | 200m: 2:57.69 | 48.26     | 300m: 4:36.23 | 49.61 | 400m: 6:13.47 | 48.23 |
| 8. | Greta Wyma-Teitsma   | DWK                 | 6:38.84       | 197100696 | 6:53.56       | +0,85 |               |       |
|    | 50m: 43.38           | 43.38               | 150m: 2:26.88 | 53.37     | 250m: 4:15.94 | 54.88 | 350m: 6:02.81 | 52.13 |
|    | 100m: 1:33.51        | 50.13               | 200m: 3:21.06 | 54.18     | 300m: 5:10.68 | 54.74 | 400m: 6:53.56 | 50.75 |

Masters 45+

|    |                                  |                     |               |           |               |         |               |       |
|----|----------------------------------|---------------------|---------------|-----------|---------------|---------|---------------|-------|
| 1. | Heidi van Stein                  | LZ 1886             | 5:04.74       | 196900864 | 5:01.21       | +0,81   |               |       |
|    | <i>Nederlands Masters Record</i> |                     |               |           |               |         |               |       |
|    | 50m: 32.85                       | 32.85               | 150m: 1:47.56 | 38.63     | 250m: 3:05.71 | 39.15   | 350m: 4:23.24 | 39.03 |
|    | 100m: 1:08.93                    | 36.08               | 200m: 2:26.56 | 39.00     | 300m: 3:44.21 | 38.50   | 400m: 5:01.21 | 37.97 |
| 2. | Bridget Bewick                   | Maidenhead Marlines | 5:18.52       | 36934     | 5:18.18       | +0,97   |               |       |
|    | 50m: 35.23                       | 35.23               | 150m: 1:54.69 | 40.31     | 250m: 3:16.37 | 40.80   | 350m: 4:38.07 | 40.93 |
|    | 100m: 1:14.38                    | 39.15               | 200m: 2:35.57 | 40.88     | 300m: 3:57.14 | 40.77   | 400m: 5:18.18 | 40.11 |
| 3. | Claudia Goldschmidt              | Maidenhead Marlines | 5:29.48       | 954626    | 5:28.44       | +0,98   |               |       |
|    | 50m: 37.04                       | 37.04               | 150m: 2:01.20 | 42.87     | 250m: 3:26.09 | 42.20   | 350m: 4:49.96 | 41.81 |
|    | 100m: 1:18.33                    | 41.29               | 200m: 2:43.89 | 42.69     | 300m: 4:08.15 | 42.06   | 400m: 5:28.44 | 38.48 |
| 4. | Marion Broekhuis                 | WS Twente           | 5:33.54       | 196800060 | 5:44.12       | +0,75   |               |       |
|    | 50m: 38.52                       | 38.52               | 150m: 2:03.16 | 43.08     | 250m: 3:31.60 | 44.53   | 350m: 5:00.80 | 44.84 |
|    | 100m: 1:20.08                    | 41.56               | 200m: 2:47.07 | 43.91     | 300m: 4:15.96 | 44.36   | 400m: 5:44.12 | 43.32 |
| 5. | Ellen van Wingerden              | DWK                 | 5:40.82       | 196900970 | 5:53.90       | +0,97   |               |       |
|    | 50m: 37.13                       | 37.13               | 150m: 2:04.40 | 44.69     | 250m: 3:35.68 | 45.59   | 350m: 5:09.05 | 46.75 |
|    | 100m: 1:19.71                    | 42.58               | 200m: 2:50.09 | 45.69     | 300m: 4:22.30 | 46.62   | 400m: 5:53.90 | 44.85 |
| 6. | Jacqueline Tuin                  | DAW                 | 6:09.44       | 196600690 | 6:05.18       | +0,87   |               |       |
|    | 50m: 38.96                       | 38.96               | 150m: 2:08.93 | 46.10     | 250m: 3:44.40 | 47.82   | 350m: 5:21.49 | 48.71 |
|    | 100m: 1:22.83                    | 43.87               | 200m: 2:56.58 | 47.65     | 300m: 4:32.78 | 48.38   | 400m: 6:05.18 | 43.69 |
| 7. | Ingeborg Stokx                   | DAW                 | 6:36.40       | 196700666 | 6:32.64       | +0,77   |               |       |
|    | 50m: 43.31                       | 43.31               | 150m: 2:22.34 | 50.59     | 250m: 4:03.77 | 51.00   | 350m: 5:44.99 | 50.20 |
|    | 100m: 1:31.75                    | 48.44               | 200m: 3:12.77 | 50.43     | 300m: 4:54.79 | 51.02   | 400m: 6:32.64 | 47.65 |
| 8. | Sandra Daamen-Posma              | AZC                 | 6:57.92       | 196800854 | 7:00.91       | +1,02   |               |       |
|    | 50m: 42.85                       | 42.85               | 150m: 2:24.63 | 52.83     | 250m: 4:14.10 | 54.73   | 350m: 6:07.33 | 56.40 |
|    | 100m: 1:31.80                    | 48.95               | 200m: 3:19.37 | 54.74     | 300m: 5:10.93 | 56.83   | 400m: 7:00.91 | 53.58 |
| 9. | Monika Millet                    | The Mermaids        | 7:36.37       | 66MONI    | 7:49.32       | +1,09   |               |       |
|    | 50m: 52.57                       | 52.57               | 150m: 2:50.77 | 59.15     | 250m: 4:51.95 | 1:00.89 | 350m: 6:52.21 | 59.60 |
|    | 100m: 1:51.62                    | 59.05               | 200m: 3:51.06 | 1:00.29   | 300m: 5:52.61 | 1:00.66 | 400m: 7:49.32 | 57.11 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 18, Women, 400m Freestyle

Masters 50+

|     |                              |                     |               |           |                |       |               |       |
|-----|------------------------------|---------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1.  | Christine Moerkerken-Beukema | ZPB H&L Productions | 5:15.74       | 196300524 | <b>5:28.09</b> | +0,94 |               |       |
|     | 50m: 35.13                   | 35.13               | 150m: 1:56.46 | 41.74     | 250m: 3:21.21  | 42.41 | 350m: 4:46.51 | 42.64 |
|     | 100m: 1:14.72                | 39.59               | 200m: 2:38.80 | 42.34     | 300m: 4:03.87  | 42.66 | 400m: 5:28.09 | 41.58 |
| 2.  | Hannah Ueckermann            | Witham Dolphins     | 5:29.87       | 50524     | <b>5:31.74</b> | +0,90 |               |       |
|     | 50m: 39.66                   | 39.66               | 150m: 2:04.07 | 42.02     | 250m: 3:28.55  | 42.36 | 350m: 4:52.51 | 41.72 |
|     | 100m: 1:22.05                | 42.39               | 200m: 2:46.19 | 42.12     | 300m: 4:10.79  | 42.24 | 400m: 5:31.74 | 39.23 |
| 3.  | Jacqueline Rolloos-Bakker    | De Lansingh         | 5:34.77       | 196300222 | <b>5:38.97</b> | +0,75 |               |       |
|     | 50m: 38.02                   | 38.02               | 150m: 2:04.99 | 43.63     | 250m: 3:32.21  | 43.49 | 350m: 4:58.70 | 42.77 |
|     | 100m: 1:21.36                | 43.34               | 200m: 2:48.72 | 43.73     | 300m: 4:15.93  | 43.72 | 400m: 5:38.97 | 40.27 |
| 4.  | Petra Tossings               | DAW                 | 5:55.17       | 196100376 | <b>5:56.76</b> | +0,80 |               |       |
|     | 50m: 38.93                   | 38.93               | 150m: 2:08.84 | 45.35     | 250m: 3:40.86  | 46.15 | 350m: 5:13.37 | 46.05 |
|     | 100m: 1:23.49                | 44.56               | 200m: 2:54.71 | 45.87     | 300m: 4:27.32  | 46.46 | 400m: 5:56.76 | 43.39 |
| 5.  | Annemarie Vuist              | Swol 1894           | 5:40.95       | 196300282 | <b>6:06.40</b> | +0,96 |               |       |
|     | 50m: 39.83                   | 39.83               | 150m: 2:08.97 | 45.27     | 250m: 3:42.40  | 47.02 | 350m: 5:18.58 | 48.13 |
|     | 100m: 1:23.70                | 43.87               | 200m: 2:55.38 | 46.41     | 300m: 4:30.45  | 48.05 | 400m: 6:06.40 | 47.82 |
| 6.  | Marie-Josée Matte            | WVZ                 | 6:21.07       | 196000326 | <b>6:34.92</b> | +0,91 |               |       |
|     | 50m: 42.52                   | 42.52               | 150m: 2:21.36 | 50.49     | 250m: 4:03.39  | 50.63 | 350m: 5:45.56 | 50.73 |
|     | 100m: 1:30.87                | 48.35               | 200m: 3:12.76 | 51.40     | 300m: 4:54.83  | 51.44 | 400m: 6:34.92 | 49.36 |
| 7.  | Jennie Resink-Lindeboom      | DWK                 | 6:31.07       | 196000142 | <b>6:43.83</b> | +1,04 |               |       |
|     | 50m: 44.42                   | 44.42               | 150m: 2:25.58 | 52.05     | 250m: 4:11.76  | 53.12 | 350m: 5:56.87 | 51.46 |
|     | 100m: 1:33.53                | 49.11               | 200m: 3:18.64 | 53.06     | 300m: 5:05.41  | 53.65 | 400m: 6:43.83 | 46.96 |
| 8.  | Frances van der Moolen       | Aqua-Novio'94       | 6:49.78       | 196400454 | <b>6:49.88</b> | +1,24 |               |       |
|     | 50m: 47.64                   | 47.64               | 150m: 2:30.80 | 52.21     | 250m: 4:15.23  | 52.59 | 350m: 6:00.73 | 52.40 |
|     | 100m: 1:38.59                | 50.95               | 200m: 3:22.64 | 51.84     | 300m: 5:08.33  | 53.10 | 400m: 6:49.88 | 49.15 |
| 9.  | Marlies Kinzel               | The Mermaids        | 7:05.70       | 60MARL    | <b>7:37.01</b> | +0,97 |               |       |
|     | 50m: 51.80                   | 51.80               | 150m: 2:46.80 | 58.57     | 250m: 4:45.44  | 59.78 | 350m: 6:41.79 | 58.18 |
|     | 100m: 1:48.23                | 56.43               | 200m: 3:45.66 | 58.86     | 300m: 5:43.61  | 58.17 | 400m: 7:37.01 | 55.22 |
| WDR | Inge Wolfs                   | PLONS               | 5:44.87       | 196000304 |                |       |               |       |

Masters 55+

|    |                              |               |               |             |                |       |               |       |
|----|------------------------------|---------------|---------------|-------------|----------------|-------|---------------|-------|
| 1. | Colette Crabbe<br><i>BMR</i> | CNSW          | 5:41.88       | CNSW/559/56 | <b>5:26.65</b> | +0,84 |               |       |
|    | 50m: 36.10                   | 36.10         | 150m: 1:58.53 | 41.90       | 250m: 3:23.24  | 42.17 | 350m: 4:46.66 | 41.37 |
|    | 100m: 1:16.63                | 40.53         | 200m: 2:41.07 | 42.54       | 300m: 4:05.29  | 42.05 | 400m: 5:26.65 | 39.99 |
| 2. | Patty Verhagen               | PSV           | 5:29.75       | 195900146   | <b>5:49.45</b> | +1,14 |               |       |
|    | 50m: 41.63                   | 41.63         | 150m: 2:08.85 | 43.74       | 250m: 3:37.52  | 44.50 | 350m: 5:06.28 | 44.36 |
|    | 100m: 1:25.11                | 43.48         | 200m: 2:53.02 | 44.17       | 300m: 4:21.92  | 44.40 | 400m: 5:49.45 | 43.17 |
| 3. | Dorothy Ledwith              | Ennis Masters | 5:46.55       | 10009706    | <b>5:49.72</b> | +0,88 |               |       |
|    | 50m: 38.82                   | 38.82         | 150m: 2:05.90 | 44.32       | 250m: 3:35.54  | 44.88 | 350m: 5:05.90 | 44.94 |
|    | 100m: 1:21.58                | 42.76         | 200m: 2:50.66 | 44.76       | 300m: 4:20.96  | 45.42 | 400m: 5:49.72 | 43.82 |
| 4. | Ada de Voogd                 | ZVVS          | 5:48.62       | 195900280   | <b>5:55.98</b> | +0,79 |               |       |
|    | 50m: 38.85                   | 38.85         | 150m: 2:09.32 | 46.30       | 250m: 3:42.76  | 46.85 | 350m: 5:15.63 | 45.94 |
|    | 100m: 1:23.02                | 44.17         | 200m: 2:55.91 | 46.59       | 300m: 4:29.69  | 46.93 | 400m: 5:55.98 | 40.35 |
| 5. | Mathilde Vink                | Swol 1894     | 6:03.27       | 195800128   | <b>5:56.48</b> | +0,91 |               |       |
|    | 50m: 41.37                   | 41.37         | 150m: 2:13.08 | 45.94       | 250m: 3:44.66  | 45.75 | 350m: 5:14.51 | 44.33 |
|    | 100m: 1:27.14                | 45.77         | 200m: 2:58.91 | 45.83       | 300m: 4:30.18  | 45.52 | 400m: 5:56.48 | 41.97 |
| 6. | Monica Bakker                | ZVZ           | 6:16.02       | 195600082   | <b>6:03.72</b> | +1,06 |               |       |
|    | 50m: 41.95                   | 41.95         | 150m: 2:13.71 | 46.61       | 250m: 3:46.74  | 46.76 | 350m: 5:18.54 | 45.53 |
|    | 100m: 1:27.10                | 45.15         | 200m: 2:59.98 | 46.27       | 300m: 4:33.01  | 46.27 | 400m: 6:03.72 | 45.18 |
| 7. | Margriet Pasma               | De Pinquin    | 5:55.30       | 195500088   | <b>6:11.44</b> | +1,05 |               |       |
|    | 50m: 41.68                   | 41.68         | 150m: 2:15.59 | 48.28       | 250m: 3:52.02  | 48.57 | 350m: 5:26.99 | 47.49 |
|    | 100m: 1:27.31                | 45.63         | 200m: 3:03.45 | 47.86       | 300m: 4:39.50  | 47.48 | 400m: 6:11.44 | 44.45 |

Masters 60+

|    |                 |                  |               |           |                |       |               |       |
|----|-----------------|------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Conny Boer-Buys | ZVVS             | 5:32.67       | 195000006 | <b>6:13.01</b> | +1,13 |               |       |
|    | 50m: 40.11      | 40.11            | 150m: 2:11.43 | 47.19     | 250m: 3:47.20  | 47.38 | 350m: 5:25.69 | 49.28 |
|    | 100m: 1:24.24   | 44.13            | 200m: 2:59.82 | 48.39     | 300m: 4:36.41  | 49.21 | 400m: 6:13.01 | 47.32 |
| 2. | Ineke Meijer    | HZ&PC Heerenveen | 6:48.98       | 195200034 | <b>7:04.31</b> | +0,93 |               |       |
|    | 50m: 45.91      | 45.91            | 150m: 2:33.10 | 54.93     | 250m: 4:23.89  | 55.14 | 350m: 6:14.02 | 54.40 |
|    | 100m: 1:38.17   | 52.26            | 200m: 3:28.75 | 55.65     | 300m: 5:19.62  | 55.73 | 400m: 7:04.31 | 50.29 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 18, Women, 400m Freestyle, Masters 60+

| rang | naam                  | vereniging            | inschrijftijd         | startnr.              | tijd           | RT    |
|------|-----------------------|-----------------------|-----------------------|-----------------------|----------------|-------|
| 3.   | Gonnie Bak            | PSV                   | 7:20.49               | 195100064             | <b>7:29.84</b> | +0,88 |
|      | 50m: 49.27 49.27      | 150m: 2:45.03 58.32   | 250m: 4:41.02 58.68   | 350m: 6:37.31 58.10   |                |       |
|      | 100m: 1:46.71 57.44   | 200m: 3:42.34 57.31   | 300m: 5:39.21 58.19   | 400m: 7:29.84 52.53   |                |       |
| 4.   | Janny van der Weide   | Deltasteur            | 9:24.59               | 195100066             | <b>9:25.21</b> |       |
|      | 50m: 1:01.41 1:01.41  | 150m: 3:21.71 1:11.68 | 250m: 5:47.45 1:12.48 | 350m: 8:13.26 1:10.41 |                |       |
|      | 100m: 2:10.03 1:08.62 | 200m: 4:34.97 1:13.26 | 300m: 7:02.85 1:15.40 | 400m: 9:25.21 1:11.95 |                |       |

Masters 65+

|     |                      |                       |                     |                     |                |       |
|-----|----------------------|-----------------------|---------------------|---------------------|----------------|-------|
| 1.  | Annie Smits          | PSV                   | 7:06.82             | 194600016           | <b>7:31.29</b> | +1,03 |
|     | 50m: 53.43 53.43     | 150m: 2:49.06 57.98   | 250m: 4:47.11 57.86 | 350m: 6:38.98 54.78 |                |       |
|     | 100m: 1:51.08 57.65  | 200m: 3:49.25 1:00.19 | 300m: 5:44.20 57.09 | 400m: 7:31.29 52.31 |                |       |
| WDR | Loekie v. Huissteden | AZ&PC                 | 9:00.57             | 194500002           |                |       |

Masters 70+

|    |                       |                       |                       |                        |                 |       |
|----|-----------------------|-----------------------|-----------------------|------------------------|-----------------|-------|
| 1. | Matty van der Veen    | Old Dutch             | 7:09.20               | 194400020              | <b>7:58.51</b>  | +1,13 |
|    | 50m: 52.28 52.28      | 150m: 2:47.67 58.40   | 250m: 4:50.41 1:01.44 | 350m: 6:56.19 1:04.01  |                 |       |
|    | 100m: 1:49.27 56.99   | 200m: 3:48.97 1:01.30 | 300m: 5:52.18 1:01.77 | 400m: 7:58.51 1:02.32  |                 |       |
| 2. | Liesbeth ter Laak     | PSV                   | 11:49.24              | 194200008              | <b>12:01.28</b> | +0,97 |
|    | 50m: 1:14.83 1:14.83  | 150m: 4:18.94 1:33.63 | 250m: 7:25.45 1:33.53 | 350m: 10:31.27 1:34.26 |                 |       |
|    | 100m: 2:45.31 1:30.48 | 200m: 5:51.92 1:32.98 | 300m: 8:57.01 1:31.56 | 400m: 12:01.28 1:30.01 |                 |       |

Masters 80+

|    |                       |                       |                       |                        |                 |  |
|----|-----------------------|-----------------------|-----------------------|------------------------|-----------------|--|
| 1. | Annie de Vos          | Old Dutch             | 9:09.85               | 193400004              | <b>10:04.45</b> |  |
|    | 50m: 1:06.21 1:06.21  | 150m: 3:38.95 1:17.11 | 250m: 6:14.35 1:18.07 | 350m: 8:48.98 1:17.34  |                 |  |
|    | 100m: 2:21.84 1:15.63 | 200m: 4:56.28 1:17.33 | 300m: 7:31.64 1:17.29 | 400m: 10:04.45 1:15.47 |                 |  |

Event 19  
03-05-2014 - 11:08

Men, 200m Fly

Masters Open  
Results

| rang               | naam                             | vereniging       | inschrijftijd     | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|--------------------|----------------------------------|------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b> |                                  |                  |                   |                |       |       |         |         |         |
| 1.                 | Ensgar Kotterink                 | Albion           | 2:02.43 199403391 | <b>2:06.38</b> | +0,67 | 27.27 | 58.94   | 1:31.89 | 2:06.38 |
|                    | <i>Nederlands Masters Record</i> |                  |                   |                |       |       |         |         |         |
| 2.                 | Bruno Carissimi Boff             | WVZ              | 2:11.22 199207283 | <b>2:19.82</b> | +0,76 | 30.34 | 1:05.98 | 1:41.72 | 2:19.82 |
| 3.                 | Simon Kassing                    | d'ELFT WAVE (SG) | 2:17.96 199406553 | <b>2:21.13</b> | +0,76 | 30.93 | 1:06.98 | 1:44.11 | 2:21.13 |
| 4.                 | Roderick van Doeselaar           | De Rijn          | 2:24.90 199200261 | <b>2:23.93</b> | +0,69 | 31.23 | 1:09.18 | 1:46.95 | 2:23.93 |
| 5.                 | Maik Steenkamp                   | Montferland      | 2:21.01 199103847 | <b>2:31.76</b> | +0,72 | 32.81 | 1:11.34 | 1:50.91 | 2:31.76 |
| 6.                 | Erwin Sneek                      | De Futen         | 2:28.42 199102153 | <b>2:36.38</b> | +0,82 | 33.24 | 1:12.05 | 1:53.96 | 2:36.38 |
| 7.                 | Robin Eltink                     | NDD              | 2:32.84 199406147 | <b>2:47.57</b> | +0,86 | 33.31 | 1:14.59 | 1:59.38 | 2:47.57 |
| sick               | Emile Manni                      | Octopus          | 2:12.78 199001901 |                |       |       |         |         |         |

Masters 25+

|    |                      |                |                   |                |       |       |         |         |         |
|----|----------------------|----------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. | Alex Schelvis        | NZ&PC          | 2:08.77 198702927 | <b>2:13.07</b> | +0,77 | 28.51 | 1:00.76 | 1:34.95 | 2:13.07 |
| 2. | Bastian Zoon         | MGO (SG)       | 2:35.68 198703929 | <b>2:37.81</b> | +0,73 | 32.19 | 1:11.52 | 1:53.76 | 2:37.81 |
| 3. | Rick Driezen         | Steenwijk 1934 | 2:33.88 198600713 | <b>2:38.68</b> | +0,83 | 33.68 | 1:14.70 | 1:54.98 | 2:38.68 |
| 4. | Remko Hooft          | De Duinkickers | 2:38.86 198701405 | <b>2:44.78</b> | +0,77 | 33.30 | 1:15.46 | 1:59.66 | 2:44.78 |
| 5. | Niels van der Wekken | MGO (SG)       | 3:03.17 198905103 | <b>3:09.28</b> | +0,79 | 36.50 | 1:21.30 | 2:12.10 | 3:09.28 |

Masters 30+

|    |                  |                     |                   |                |       |       |         |         |         |
|----|------------------|---------------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. | Pieter Pickhardt | ZPC De Hof          | 2:21.48 198301657 | <b>2:29.12</b> | +0,82 | 32.56 | 1:11.48 | 1:49.13 | 2:29.12 |
| 2. | Thommy Nickel    | Van Vliet-Barracuda | 2:34.71 198401627 | <b>2:33.40</b> | +0,74 | 34.70 | 1:13.40 | 1:53.14 | 2:33.40 |
| 3. | Erik Drewes      | De Biesboschwimmers | 2:29.37 198400543 | <b>2:37.43</b> | +0,78 | 33.03 | 1:12.31 | 1:54.69 | 2:37.43 |
| 4. | Jeroen Vogelsang | DAW                 | 2:58.35 198001645 | <b>2:58.46</b> | +0,90 | 36.22 | 1:20.59 | 2:09.85 | 2:58.46 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 19, Men, 200m Fly

Masters 35+

|                      |                    |         |           |                |       |       |         |         |         |
|----------------------|--------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Dennis Schouten   | Upstream Amsterdam | 2:30.26 | 197501351 | <b>2:31.35</b> | +0,80 | 32.65 | 1:11.07 | 1:51.15 | 2:31.35 |
| 2. Joris Haest       | ZV De Zaan         | 2:38.43 | 197900441 | <b>2:45.25</b> | +0,94 | 34.42 | 1:16.31 | 2:01.07 | 2:45.25 |
| 3. Freddie Geerlings | HGN (SG)           | 2:43.02 | 197900379 | <b>2:54.12</b> | +0,88 | 36.23 | 1:20.56 | 2:06.48 | 2:54.12 |
| DNS Erwin Zuidervelt | De Futen           | 2:58.70 | 197501015 |                |       |       |         |         |         |

Masters 40+

|                    |                  |         |           |                |       |       |         |         |         |
|--------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Gerard Eghuizen | HZ&PC Heerenveen | 2:42.04 | 197400197 | <b>2:52.95</b> | +0,87 | 35.94 | 1:20.54 | 2:07.69 | 2:52.95 |
| 2. Stefan Dortmund | AZ&PC            | 2:57.98 | 197201167 | <b>2:58.45</b> | +0,88 | 34.02 | 1:15.28 | 2:04.33 | 2:58.45 |

Masters 45+

|                       |              |         |           |                |       |       |         |         |         |
|-----------------------|--------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Ron Korzelius      | AZ&PC        | 2:48.70 | 196500513 | <b>3:02.45</b> | +0,87 | 38.48 | 1:25.38 | 2:13.77 | 3:02.45 |
| DSQ Marcel Jonkman    | Aqualero     | 3:05.22 | 196801389 |                |       |       |         |         |         |
| VC                    |              |         |           |                |       |       |         |         |         |
| WDR Konstantin Sklyar | TG Lage 1862 | 2:53.35 | 321129    |                |       |       |         |         |         |

Masters 50+

|                       |             |         |           |                |       |       |         |         |         |
|-----------------------|-------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Johan Remmits      | ZPC Woerden | 2:29.63 | 196201159 | <b>2:40.80</b> | +0,87 | 34.42 | 1:14.77 | 1:56.62 | 2:40.80 |
| 2. Rene de Boer       | DAW         | 2:45.96 | 196400087 | <b>2:46.41</b> | +0,79 | 36.05 | 1:18.70 | 2:02.56 | 2:46.41 |
| 3. Paul van der Voort | De Zwoer    | 3:12.97 | 196200715 | <b>3:08.52</b> | +1,07 | 38.28 | 1:25.91 | 2:17.59 | 3:08.52 |

Masters 55+

|                    |               |         |           |                |         |       |         |         |         |
|--------------------|---------------|---------|-----------|----------------|---------|-------|---------|---------|---------|
| 1. Albert Boonstra | Aqua-Novio'94 | 2:33.34 | 195700425 | <b>2:41.29</b> | +0,88   | 34.14 | 1:14.53 | 1:56.57 | 2:41.29 |
| 2. Paul Bunnik     | Triton        | 3:20.37 | 195600413 | <b>3:20.75</b> | * +1,01 | 40.26 | 1:28.32 | 2:22.20 | 3:20.75 |
| 100m*              |               |         |           |                |         |       |         |         |         |

Masters 60+

|                              |      |         |             |                |       |       |         |         |         |
|------------------------------|------|---------|-------------|----------------|-------|-------|---------|---------|---------|
| 1. Jean-Marie Cadiat         | CNSW | 2:43.98 | CNSW/557/53 | <b>2:47.29</b> | +0,93 | 37.16 | 1:21.40 | 2:06.39 | 2:47.29 |
| <i>Kampioenschaps Record</i> |      |         |             |                |       |       |         |         |         |

Masters 70+

|              |     |         |           |                |       |       |         |         |         |
|--------------|-----|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Rob Hanou | PSV | 3:29.74 | 194300109 | <b>4:00.32</b> | +1,10 | 50.69 | 1:53.90 | 2:59.39 | 4:00.32 |
|--------------|-----|---------|-----------|----------------|-------|-------|---------|---------|---------|

Event 20  
03-05-2014 - 11:22

Women, 200m Fly

Masters Open  
Results

| rang naam                    | vereniging          | inschrijftijd | tijd        | RT             | 50m   | 100m  | 150m    | 200m    |         |
|------------------------------|---------------------|---------------|-------------|----------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b>           |                     |               |             |                |       |       |         |         |         |
| 1. Jasmijn Ruijgrok          | De Zijl/LGB         | 2:39.85       | 199401032   | <b>2:43.34</b> | +0,83 | 34.87 | 1:16.18 | 2:00.02 | 2:43.34 |
| 2. Suzanne Brummel           | LZ 1886             | 2:41.28       | 199401366   | <b>2:45.94</b> | +0,76 | 34.37 | 1:15.82 | 2:00.04 | 2:45.94 |
| <b>Masters 25+</b>           |                     |               |             |                |       |       |         |         |         |
| 1. Marlijn Hendriksen        | Arethusa            | 2:31.64       | 198806828   | <b>2:30.05</b> | +0,69 | 32.57 | 1:10.20 | 1:48.98 | 2:30.05 |
| <i>Kampioenschaps Record</i> |                     |               |             |                |       |       |         |         |         |
| 2. Samantha van Eijk         | De Geul             | 2:34.30       | 198806826   | <b>2:41.31</b> | +0,72 | 35.68 | 1:16.53 | 1:58.84 | 2:41.31 |
| 3. Fanny Koenig              | CNSW                | 2:58.66       | CNSW/638/89 | <b>2:47.71</b> | +0,79 | 35.61 | 1:17.53 | 2:01.50 | 2:47.71 |
| 4. Liset de Veer             | Aqua-Novio'94       | 2:52.41       | 198704190   | <b>3:02.33</b> | +0,92 | 37.85 | 1:22.66 | 2:11.98 | 3:02.33 |
| 5. Karin Hovenkamp           | De Spatters         | 3:03.07       | 198701850   | <b>3:05.73</b> | +0,63 | 36.73 | 1:22.65 | 2:12.39 | 3:05.73 |
| 6. Linda Janssen             | ZPB H&L Productions | 3:10.38       | 198802088   | <b>3:26.57</b> | +0,96 | 40.75 | 1:32.16 | 2:29.27 | 3:26.57 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 20, Women, 200m Fly

Masters 30+

|                         |                  |         |           |                |       |       |         |         |         |
|-------------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Tonia Ruybroek       | Poseidon'56      | 2:37.48 | 198101290 | <b>2:37.87</b> | +0,89 | 34.54 | 1:14.05 | 1:55.23 | 2:37.87 |
| 2. Roos van Esch        | TRB-RES          | 2:37.44 | 198200468 | <b>2:38.18</b> | +0,85 | 35.34 | 1:16.29 | 1:57.25 | 2:38.18 |
| 3. Nadya Putter         | ZVVS             | 2:37.78 | 198301630 | <b>2:38.97</b> | +0,72 | 35.22 | 1:15.69 | 1:56.82 | 2:38.97 |
| 4. Joana Carneiro       | d'ELFT WAVE (SG) | 2:49.50 | 198202256 | <b>2:51.19</b> | +0,93 | 37.68 | 1:19.77 | 2:03.66 | 2:51.19 |
| 5. Annette Vogelsang    | ZV De Bron       | 3:17.09 | 198402632 | <b>3:21.48</b> | +0,96 | 39.95 | 1:28.80 | 2:23.29 | 3:21.48 |
| 6. Rianne van Vegchelen | Deltasteur       | 4:04.81 | 198101530 | <b>4:10.52</b> | +1,07 | 54.47 | 1:58.41 | 3:04.35 | 4:10.52 |

Masters 35+

|                                  |      |         |           |                |       |       |         |         |         |
|----------------------------------|------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Liselotte Joling              | PSV  | 2:44.06 | 197500268 | <b>2:41.90</b> | +0,94 | 35.43 | 1:16.64 | 1:59.95 | 2:41.90 |
| <i>Nederlands Masters Record</i> |      |         |           |                |       |       |         |         |         |
| 2. Paula 't Hart-Buitelaar       | ZVVS | 4:00.08 | 197701132 | <b>4:05.88</b> | +0,80 | 46.29 | 1:46.26 | 2:54.52 | 4:05.88 |

Masters 40+

|                        |           |         |           |                |       |       |         |         |         |
|------------------------|-----------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Ilona Hogerheyde    | DAW       | 2:54.40 | 197400224 | <b>2:58.20</b> | +0,73 | 34.93 | 1:18.45 | 2:06.62 | 2:58.20 |
| 2. Miranda Straetemans | Zignea    | 3:14.29 | 197400514 | <b>3:28.24</b> | +0,84 | 39.36 | 1:30.38 | 2:28.72 | 3:28.24 |
| 3. Annet Kootstra      | Swol 1894 | 3:30.87 | 197100344 | <b>3:28.73</b> | +0,94 | 44.84 | 1:40.10 | 2:33.79 | 3:28.73 |

Masters 45+

|                         |            |         |           |                |       |       |         |         |         |
|-------------------------|------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Janine Horsthuis     | De Granaet | 3:15.67 | 196900890 | <b>3:07.03</b> | +0,94 | 38.53 | 1:25.24 | 2:15.08 | 3:07.03 |
| 2. Nicky Slinger        | HPC        | 3:18.02 | 196600316 | <b>3:16.76</b> | +0,94 | 40.60 | 1:29.37 | 2:22.20 | 3:16.76 |
| 3. Karin van den Heuvel | Old Dutch  | 3:16.26 | 196600188 | <b>3:25.65</b> | +0,84 | 41.85 | 1:33.04 | 2:30.39 | 3:25.65 |
| WDR Miranda Keijl       | Zignea     | 3:46.73 | 196500588 |                |       |       |         |         |         |

Masters 50+

|                      |         |         |             |                |       |       |         |         |         |
|----------------------|---------|---------|-------------|----------------|-------|-------|---------|---------|---------|
| 1. Pierrette Michel  | CNSW    | 2:58.11 | CNSW/500/62 | <b>2:48.96</b> | +0,90 | 35.18 | 1:17.09 | 2:01.85 | 2:48.96 |
| <i>BMR</i>           |         |         |             |                |       |       |         |         |         |
| 2. M. Grove-Lingeman | Oceanus | 3:03.36 | 196200080   | <b>3:02.38</b> | +0,83 | 39.21 | 1:24.99 | 2:13.53 | 3:02.38 |

Masters 55+

|                   |           |         |             |                |       |         |         |         |         |
|-------------------|-----------|---------|-------------|----------------|-------|---------|---------|---------|---------|
| 1. Claire Anthony | CNSW      | 3:27.07 | CNSW/487/57 | <b>3:37.45</b> | +1,00 | 42.08   | 1:35.22 | 2:38.20 | 3:37.45 |
| 2. Mies Kuipers   | Old Dutch | 4:29.02 | 195800202   | <b>4:41.62</b> | +0,94 | 1:03.42 | 2:15.10 | 3:29.32 | 4:41.62 |

Masters 60+

|                      |      |         |             |                |       |       |         |         |         |
|----------------------|------|---------|-------------|----------------|-------|-------|---------|---------|---------|
| 1. Fernande Blondeel | CNSW | 4:14.06 | CNSW/011/52 | <b>4:07.01</b> | +0,93 | 53.62 | 1:55.54 | 3:00.78 | 4:07.01 |
|----------------------|------|---------|-------------|----------------|-------|-------|---------|---------|---------|

Event 21  
03-05-2014 - 11:38

Men, 50m Backstroke

Masters Open  
Results

| rang               | naam                      | vereniging     | inschrijftijd | startnr.  | tijd         | RT    |
|--------------------|---------------------------|----------------|---------------|-----------|--------------|-------|
| <b>Masters 20+</b> |                           |                |               |           |              |       |
| 1.                 | Ensgar Kotterink          | Albion         | 25.67         | 199403391 | <b>27.78</b> | +0,58 |
| 2.                 | Mark Costeris             | WVZ            | 27.64         | 199202327 | <b>28.83</b> | +0,99 |
| 3.                 | Jos de Graaf              | PSV            | 28.02         | 199106095 | <b>29.74</b> | +0,78 |
| 4.                 | Lorenzo Cavallini         | De Futen       | 30.85         | 199007465 | <b>31.04</b> | +0,60 |
| 5.                 | Mike Koelewijn            | Steenwijk 1934 | 31.86         | 199303597 | <b>32.56</b> | +0,78 |
| 6.                 | Daniël Kunne              | UZSC           | 33.67         | 199001709 | <b>33.71</b> | +1,06 |
| 7.                 | Ruben de Boer             | De Duinkickers | 35.01         | 199301419 | <b>36.21</b> | +0,74 |
| 8.                 | Daniel van den Wildenberg | Eurode KZC     | 35.71         | 199206491 | <b>37.64</b> | +0,71 |
| 9.                 | Daniel Rosenkranz         | Montferland    | 40.75         | 199107601 | <b>39.28</b> | +0,95 |

Event 21, Men, 50m Backstroke

Masters 25+

|     |                      |                     |       |           |              |       |
|-----|----------------------|---------------------|-------|-----------|--------------|-------|
| 1.  | Martijn Giezen       | Montferland         | 29.56 | 198500813 | <b>30.00</b> | +0,67 |
| 2.  | Hjalmar de Ruyter    | NDD                 | 28.10 | 198902695 | <b>30.16</b> | +0,65 |
| 3.  | Mike Stoffer         | WVZ                 | 28.73 | 198903041 | <b>30.48</b> | +0,76 |
| 4.  | Raoul Engelenburg    | Zwemlust-den Hommel | 31.45 | 198900843 | <b>30.66</b> | +0,90 |
| 5.  | Jean Pierre Bisslik  | DES                 | 31.13 | 198705243 | <b>31.73</b> | +0,76 |
| 6.  | Roderik Meijers      | ZOB'66              | 29.57 | 198602063 | <b>32.16</b> | +0,74 |
| 7.  | Erik Simons          | d'ELFT WAVE (SG)    | 32.35 | 198902845 | <b>32.22</b> | +0,87 |
| 8.  | Erik van der Heide   | Zuiderzeezwemmers   | 32.30 | 198801337 | <b>32.74</b> | +0,75 |
| 9.  | Martin Teley         | PSV                 | 30.75 | 198906059 | <b>34.05</b> | +0,78 |
| 10. | Harmen Reemst        | ZOB'66              | 34.96 | 198702715 | <b>36.28</b> | +0,68 |
| 11. | Robin Eggenkamp      | De Duinkickers      | 36.25 | 198700847 | <b>37.73</b> | +0,89 |
| 12. | Erik van der Zeijden | RZ                  | 37.18 | 198604569 | <b>38.21</b> | +0,75 |

Masters 30+

|     |                   |                           |       |           |              |       |
|-----|-------------------|---------------------------|-------|-----------|--------------|-------|
| 1.  | Mark Spijkerboer  | Nautilus                  | 29.33 | 198101589 | <b>30.07</b> | +0,78 |
| 2.  | Lauren Vis        | Steenwijk 1934            | 30.92 | 198201883 | <b>31.01</b> | +0,66 |
| 3.  | Richard Claus     | Swimteam Helden-Mosa (SG) | 29.94 | 198000265 | <b>31.58</b> | +1,09 |
| 4.  | Reinier Ellenkamp | De Rog                    | 29.71 | 198002109 | <b>31.81</b> | +0,72 |
| 5.  | Gerwin Vonk       | De Spatters               | 32.22 | 198201907 | <b>32.19</b> | +0,77 |
| 6.  | Leander Noordijk  | MGO (SG)                  | 32.43 | 198101221 | <b>32.49</b> | +0,89 |
| 7.  | Jim Geestman      | RSW (SG)                  | 31.76 | 198300699 | <b>32.93</b> | +0,81 |
| 8.  | Erik Drewes       | De Biesboschzwemmers      | 33.27 | 198400543 | <b>35.32</b> | +0,72 |
| 9.  | Joël Kapelle      | ZVW'74                    | 35.39 | 198200857 | <b>36.40</b> | +0,67 |
| 10. | Hans Cligge       | De Futen                  | 37.17 | 198100315 | <b>38.53</b> | +0,71 |

Masters 35+

|    |               |       |       |           |              |       |
|----|---------------|-------|-------|-----------|--------------|-------|
| 1. | Ronald Smits  | PSV   | 32.68 | 197800981 | <b>30.94</b> | +0,68 |
| 2. | Ivo Roozeboom | WVZ   | 30.48 | 197700801 | <b>31.04</b> | +0,72 |
| 3. | Alex Damen    | DAW   | 34.55 | 197501371 | <b>33.08</b> | +0,80 |
| 4. | Gino Martijn  | RZ    | 34.66 | 197901865 | <b>35.20</b> | +0,99 |
| 5. | Steven Prins  | PLONS | 37.87 | 197901833 | <b>37.49</b> | +0,58 |

Masters 40+

|     |                        |                 |       |           |              |       |
|-----|------------------------|-----------------|-------|-----------|--------------|-------|
| 1.  | Remco Plass            | De Lansingh     | 33.05 | 197300687 | <b>33.48</b> | +0,72 |
| 2.  | Machiel Stolk          | Swol 1894       | 35.26 | 197400779 | <b>34.87</b> | +0,94 |
| 3.  | Gertjan van der Knaap  | De Duck         | 36.07 | 197300459 | <b>36.52</b> | +1,08 |
| 4.  | Dennis van Markesteijn | TZC-Vahalis     | 38.55 | 197201333 | <b>38.91</b> | +0,73 |
| 5.  | Sead Cilic             | PSV             | 59.52 | 197001649 | <b>58.92</b> | +1,22 |
| WDR | Harry Raven            | GLS Ketelbinkie | 35.59 | 197000831 |              |       |

Masters 45+

|     |                       |                  |       |             |              |       |
|-----|-----------------------|------------------|-------|-------------|--------------|-------|
| 1.  | Guido Keutgen         | AZC              | 30.24 | 196801551   | <b>30.95</b> | +0,69 |
| 2.  | René Beetsma          | HZ&PC Heerenveen | 34.03 | 196900069   | <b>32.70</b> | +0,81 |
| 3.  | Martin Kaptein        | DWK              | 32.60 | 196701677   | <b>33.31</b> | +0,67 |
| 4.  | Bernd Bienek          | SV Gladbeck 13   | 33.18 | 278658      | <b>33.57</b> | +0,77 |
| 5.  | Nico Swart            | Den Doorn        | 33.28 | 196801475   | <b>34.76</b> | +0,73 |
| 6.  | Harold Matla          | PSV              | 33.90 | 196800591   | <b>35.15</b> | +0,81 |
| 7.  | Fred Heemstra         | DAW              | 34.12 | 196500357   | <b>35.80</b> | +0,68 |
| 8.  | Jeroen Kort           | DAW              | 35.70 | 196801543   | <b>35.85</b> | +0,80 |
| 9.  | Roelof Broekman       | De Spatters      | 36.91 | 196800155   | <b>37.53</b> | +0,75 |
| 10. | Marcel Brittijn       | De Duinkickers   | 38.53 | 196900159   | <b>38.99</b> | +0,67 |
| 11. | Pieter-Sjoerd de Wijn | Aqua-Novio'94    | 42.04 | 196501027   | <b>41.91</b> | +0,89 |
| 12. | Hans Maas             | PLONS            | 37.50 | 196501433   | <b>43.16</b> | +0,72 |
| 13. | Ramon Alsina Munoz    | CNSW             | 44.18 | CNSW/608/69 | <b>43.18</b> | +0,83 |
| 14. | Gertjan van der Vaart | ZVVS             | 45.81 | 196801529   | <b>43.21</b> | +0,72 |
| WDR | Henk van Zetten       | Octopus          | 41.86 | 196701261   |              |       |

Event 21, Men, 50m Backstroke

Masters 50+

|     |   |                         |       |           |              |       |
|-----|---|-------------------------|-------|-----------|--------------|-------|
| 1.  | Peter Bernsen<br><i>Kampioenschaps Record</i> | De Rog                  | 30.65 | 196301119 | <b>31.48</b> | +0,63 |
| 2.  | John Stokx                                    | DAW                     | 32.63 | 196401341 | <b>33.92</b> | +1,09 |
| 3.  | Clemens de Waal                               | De Ward                 | 33.03 | 196001063 | <b>34.01</b> | +0,78 |
| 4.  | Mark Nuijten                                  | Zwemvereniging Westland | 34.08 | 196000411 | <b>34.71</b> | +0,88 |
| 5.  | Dmitry Kromskiy                               | Poseidon                | 33.46 | 037011    | <b>34.85</b> | +0,81 |
| 6.  | Jetze Sipma                                   | HZ&PC Heerenveen        | 34.38 | 196201025 | <b>34.90</b> | +0,73 |
| 7.  | Eric Langhorst                                | De Rijn                 | 39.36 | 196200389 | <b>37.43</b> | +1,15 |
| 8.  | Nico van Maanen                               | De Duck                 | 37.05 | 196100371 | <b>38.22</b> | +0,68 |
| 9.  | Casper Dollekamp                              | Steenwijk 1934          | 36.43 | 196301341 | <b>38.70</b> | +0,71 |
| 10. | Jack Barends                                  | WS Twente               | 39.13 | 196201011 | <b>39.67</b> | +0,78 |
| 11. | Bart van Calker                               | WS Twente               | 39.82 | 196100067 | <b>39.86</b> | +0,78 |
| WDR | Hendrik Haze                                  | GoSwim                  | 44.37 | 196401387 |              |       |

Masters 55+

|    |                      |            |       |           |              |       |
|----|----------------------|------------|-------|-----------|--------------|-------|
| 1. | Joop Ariaens         | PSV        | 34.56 | 195900747 | <b>34.22</b> | +0,74 |
| 2. | Andre Storm          | Zoetermeer | 36.30 | 195600407 | <b>35.81</b> | +0,59 |
| 3. | Hans Groothelm       | DBD        | 37.63 | 195800151 | <b>38.02</b> | +0,74 |
| 4. | Evertjan Masurel     | PSV        | 38.07 | 195600495 | <b>38.94</b> | +0,77 |
| 5. | Herbert Katgert      | WS Twente  | 46.94 | 195900739 | <b>49.00</b> | +0,96 |
| 6. | Adrie van der Gracht | OEZA       | 54.29 | 195700485 | <b>54.50</b> | +1,08 |

Masters 60+

|    |             |                |       |           |              |       |
|----|-------------|----------------|-------|-----------|--------------|-------|
| 1. | Brend Brevé | PSV            | 35.02 | 195200265 | <b>35.04</b> | +0,76 |
| 2. | Piet Schop  | De Bevelanders | 40.22 | 195000109 | <b>39.58</b> | +0,69 |
| 3. | Jos Kamps   | De Amer        | 43.78 | 195100085 | <b>43.49</b> | +0,78 |

Masters 65+

|    |               |           |       |           |              |       |
|----|---------------|-----------|-------|-----------|--------------|-------|
| 1. | Anton Lovink  | Speedeaus | 46.87 | 47ANTO    | <b>45.94</b> | +0,75 |
| 2. | Willem Putter | ZVVS      | 44.77 | 194500135 | <b>45.99</b> | +0,86 |

Masters 70+

|    |                  |           |       |             |                |       |
|----|------------------|-----------|-------|-------------|----------------|-------|
| 1. | Frans van Enst   | WS Twente | 37.39 | 194000011   | <b>39.21</b>   | +0,88 |
| 2. | Nico Baay        | Old Dutch | 48.07 | 194200053   | <b>49.88</b>   | +0,77 |
| 3. | Kevork Boyrazian | CNSW      | 59.74 | CNSW/609/44 | <b>1:00.33</b> | +0,85 |

Masters 75+

|    |               |               |       |           |              |       |
|----|---------------|---------------|-------|-----------|--------------|-------|
| 1. | Nic Geers     | Z&PC De Gouwe | 43.57 | 193800007 | <b>46.88</b> | +0,77 |
| 2. | Jan Eichhorn  | ZV Haerlem    | 47.79 | 193700015 | <b>48.88</b> | +0,87 |
| 3. | Gregor Pompen | Aqua-Novio'94 | 55.85 | 193700021 | <b>51.90</b> | +1,06 |

Event 22  
03-05-2014 - 11:52

Women, 50m Backstroke

Masters Open  
Results

| rang               | naam  | vereniging          | inschrijftijd | startnr.  | tijd         | RT    |
|--------------------|---|---------------------|---------------|-----------|--------------|-------|
| <b>Masters 20+</b> |   |                     |               |           |              |       |
| 1.                 | Anja van der Hout<br><i>Nederlands Masters Record</i> | WVZ                 | 28.92         | 199001598 | <b>29.77</b> | +0,65 |
| 2.                 | Kimberley Albers                                      | WVZ                 | 31.26         | 199204102 | <b>31.46</b> | +0,65 |
| 3.                 | Sharon Gelmers  | Octopus             | 30.05         | 199400416 | <b>31.56</b> | +1,05 |
| 4.                 | Chantal Grove   | De Dolfijn          | 31.72         | 199401844 | <b>32.08</b> | +0,72 |
| 5.                 | Malissa van der Horst                                 | Zwemlust-den Hommel | 30.68         | 199200810 | <b>32.49</b> | +0,70 |
| 6.                 | Désirée Emmen   | De Warande          | 31.63         | 199204862 | <b>32.86</b> | +0,72 |
| 7.                 | Henriette ten Bokkel                                  | NDD                 | 31.78         | 199402764 | <b>32.91</b> | +0,71 |
| 8.                 | Manon van Strien                                      | WVZ                 | 32.42         | 199400770 | <b>33.12</b> | +0,85 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 22, Women, 50m Backstroke, Masters 20+

| rang | naam                 | vereniging          | inschrijftijd | startnr.  | tijd         | RT    |
|------|----------------------|---------------------|---------------|-----------|--------------|-------|
| 9.   | Lis Kop Jansen       | Z&PC De Gouwe       | 33.94         | 199101740 | <b>34.18</b> | +0,74 |
| 10.  | Ilse Noorlander      | d'ELFT WAVE (SG)    | 36.14         | 199307810 | <b>34.71</b> | +0,60 |
| 11.  | Iris Pijtak          | AZ&PC               | 33.47         | 199300602 | <b>34.96</b> | +0,69 |
| 12.  | Kimberley Kranenberg | ZPC De Hof          | 34.18         | 199400292 | <b>35.71</b> | +0,98 |
| 13.  | Simone de Boer       | LZ 1886             | 36.58         | 199306858 | <b>36.54</b> | +0,71 |
| 14.  | Getrude Corporaal    | ZVZ                 | 35.25         | 199200380 | <b>36.73</b> | +0,69 |
| 15.  | Joyce Raemaekers     | Budel               | 34.73         | 199106106 | <b>36.84</b> | +0,75 |
| 16.  | Lindsey Hol          | De Meer             | 35.91         | 199008088 | <b>37.03</b> | +0,63 |
| 17.  | Eline Schoenmaker    | Zwemlust-den Hommel | 37.25         | 199003322 | <b>37.43</b> | +0,75 |
| 18.  | Yvonne Bruls         | Eurode KZC          | 35.96         | 199008114 | <b>37.44</b> | +0,79 |
| 19.  | Madeleine Sielemann  | GoSwim              | 37.78         | 199106166 | <b>37.52</b> | +0,72 |
| 20.  | Denise Austen        | RZ                  | 34.16         | 199303778 | <b>37.84</b> | +0,71 |
| 21.  | Pauline Magnée       | De Warande          | 38.43         | 199205434 | <b>39.84</b> | +1,08 |
| 22.  | Aure Lampe           | De Devel            | 37.75         | 199400072 | <b>40.24</b> | +0,69 |
| 23.  | Charine de Ruiter    | Steenwijk 1934      | 38.92         | 199403668 | <b>40.32</b> | +0,82 |
| 24.  | Ramona Noordermeer   | ZVVS                | 39.70         | 199401746 | <b>40.80</b> | +0,77 |
| 25.  | Tara Keijzer         | Steenwijk 1934      | 41.17         | 199108498 | <b>41.74</b> | +0,79 |

Masters 25+

|     |                        |                     |         |           |                      |       |
|-----|------------------------|---------------------|---------|-----------|----------------------|-------|
| 1.  | Charlotte Groeneveld   | Zwemlust-den Hommel | 32.49   | 198701404 | <b>32.75</b>         | +0,80 |
| 2.  | Stephanie Rombout      | PSV                 | 33.61   | 198803696 | <b>33.93</b>         | +0,66 |
| 3.  | Samantha van Eijk      | De Geul             | 32.75   | 198806826 | <b>34.15</b>         | +1,11 |
| 4.  | Sabine Lina            | ZPC Woerden         | 33.83   | 198902680 | <b>34.52</b>         | +0,72 |
| 5.  | Maryse Lampe           | Van Vliet-Barracuda | 34.16   | 198702458 | <b>35.07</b>         | +0,74 |
| 6.  | Ilse van den Wijngaard | ZPC Woerden         | 34.95   | 198904736 | <b>35.80</b>         | +0,65 |
| 7.  | Marije Jansen          | Montferland         | 36.54   | 198504088 | <b>36.38</b>         | +0,81 |
| 8.  | Lisette Prins          | WVZ                 | 35.65   | 198803522 | <b>36.54</b>         | +0,68 |
| 9.  | Carly Noordermeer      | ZOB'66              | 35.66   | 198702984 | <b>37.68</b>         | +1,02 |
| 10. | Bianca Paape           | DAW                 | 37.29   | 198502262 | <b>37.78</b>         | +0,71 |
| 11. | Marian Bouts           | RZ                  | 37.88   | 198600492 | <b>39.35</b>         | +0,65 |
| 12. | Liesbeth van Mill      | DWK                 | 37.54   | 198702786 | <b>39.90</b>         | +0,77 |
| 13. | Annebeth van Ark       | Octopus             | 42.99   | 198805588 | <b>41.59</b>         | +0,82 |
| 14. | Anne van den Besselaar | HZ&PC Heerenveen    | 1:18.56 | 198504062 | S8<br><b>1:21.37</b> | +0,68 |

Masters 30+

|     |                   |                     |       |           |              |       |
|-----|-------------------|---------------------|-------|-----------|--------------|-------|
| 1.  | Roos van Esch     | TRB-RES             | 34.49 | 198200468 | <b>35.05</b> | +0,79 |
| 2.  | Marjon van Kempen | MGO (SG)            | 36.04 | 198000578 | <b>36.20</b> | +0,83 |
| 3.  | Esther Versteeg   | Van Vliet-Barracuda | 36.44 | 198302112 | <b>36.44</b> | +0,68 |
| 4.  | Emmy Slabbers     | De Roersoppers      | 34.55 | 198101386 | <b>38.44</b> | +0,71 |
| 5.  | Angela Giezen     | Montferland         | 39.72 | 198302796 | <b>39.72</b> | +0,80 |
| 6.  | Marloes Rebel     | WS Twente           | 46.97 | 198403474 | <b>47.72</b> | +1,26 |
| WDR | Ramona Linting    | Zoetermeer          | 37.80 | 198301274 |              |       |

Masters 35+

|    |                          |                         |       |           |              |       |
|----|--------------------------|-------------------------|-------|-----------|--------------|-------|
| 1. | Geraldine Trainor        | De Duck                 | 37.59 | 197500544 | <b>37.17</b> | +1,10 |
| 2. | Petra Verstegen          | WVZ                     | 37.72 | 197700906 | <b>37.70</b> | +0,78 |
| 3. | Mirjan den Drijver-Aarse | Zwemvereniging Westland | 37.77 | 197500884 | <b>38.29</b> | +0,75 |
| 4. | Heleen Spelde - Fransens | THOR                    | 37.08 | 197901358 | <b>38.44</b> | +0,81 |
| 5. | Inge Otter               | De Bevelanders          | 38.44 | 197801242 | <b>39.13</b> | +0,87 |

Masters 40+

|     |                               |                |       |             |              |       |
|-----|-------------------------------|----------------|-------|-------------|--------------|-------|
| 1.  | Gudule van der Meer           | PSV            | 33.70 | 197200396   | <b>33.73</b> | +0,66 |
| 2.  | Edith Janssen-Koolen          | TRB-RES        | 35.39 | 197300898   | <b>35.52</b> | +0,81 |
| 3.  | Jacqueline de Ruiter-Wijnolst | WIDEX GZC DONK | 36.52 | 197400446   | <b>37.45</b> | +0,73 |
| 4.  | Trudie van Niejenhuis         | TZC-Vahalis    | 37.01 | 197100444   | <b>38.10</b> | +0,74 |
| 5.  | Daniëlle Hoeksel-Verveen      | ZVVS           | 39.61 | 197300724   | <b>40.84</b> | +0,82 |
| 6.  | Greta Wyma-Teitsma            | DWK            | 45.17 | 197100696   | <b>44.93</b> | +0,72 |
| 7.  | Patricia Austen               | RZ             | 46.12 | 197000968   | <b>47.48</b> | +0,77 |
| WDR | Viviane Delvaux               | CNSW           | 43.26 | CNSW/623/74 |              |       |

Event 22, Women, 50m Backstroke

Masters 45+

|    |                         |              |       |           |              |       |
|----|-------------------------|--------------|-------|-----------|--------------|-------|
| 1. | Heidi van Stein         | LZ 1886      | 36.57 | 196900864 | <b>36.63</b> | +1,15 |
| 2. | Ellen van Wingerden     | DWK          | 39.57 | 196900970 | <b>39.64</b> | +0,76 |
| 3. | Wendy Knoops            | RZ           | 38.25 | 196800720 | <b>39.79</b> | +0,78 |
| 4. | Antoinette Kant         | Den Doorn    | 42.07 | 196900920 | <b>42.01</b> | +0,71 |
| 5. | Jolanda van Knippenberg | Budel        | 42.24 | 196600688 | <b>43.32</b> | +0,73 |
| 6. | Sandra Daamen-Posma     | AZC          | 44.00 | 196800854 | <b>46.25</b> | +0,85 |
| 7. | Cora Smulders           | ESCA Zwemmen | 48.85 | 196600668 | <b>48.97</b> | +0,72 |

Masters 50+

|     |                           |                  |         |           |                |       |
|-----|---------------------------|------------------|---------|-----------|----------------|-------|
| 1.  | Jacqueline Rolloos-Bakker | De Lansingh      | 36.87   | 196300222 | <b>39.13</b>   | +0,80 |
| 2.  | Inge Wolfs                | PLONS            | 38.29   | 196000304 | <b>40.75</b>   | +0,72 |
| 3.  | Monique Munnik            | AZC              | 42.95   | 196200328 | <b>41.38</b>   | +0,92 |
| 4.  | Marijke Kraak-Beckers     | WS Twente        | 40.30   | 196000240 | <b>41.65</b>   | +1,11 |
| 5.  | Marie-Josée Matte         | WVZ              | 41.14   | 196000326 | <b>42.06</b>   | +0,72 |
| 6.  | Annemarie Vuist           | Swol 1894        | 43.27   | 196300282 | <b>44.36</b>   | +1,30 |
| 7.  | Alie Visser               | HZ&PC Heerenveen | 46.19   | 196400494 | <b>46.54</b>   | +0,81 |
| 8.  | Lia Bijkerk               | WIDEX GZC DONK   | 47.59   | 196000014 | <b>47.61</b>   |       |
| 9.  | Alice de Haan             | WIDEX GZC DONK   | 51.49   | 196400590 | <b>49.63</b> * | +0,91 |
| 10. | Riekje Schra              | Steenwijk 1934   | 1:03.42 | 196400404 | <b>1:06.03</b> | +0,69 |

Masters 55+

|    |               |           |       |           |              |       |
|----|---------------|-----------|-------|-----------|--------------|-------|
| 1. | Mathilde Vink | Swol 1894 | 39.76 | 195800128 | <b>41.21</b> | +1,00 |
|----|---------------|-----------|-------|-----------|--------------|-------|

Masters 60+

|     |                            |                         |         |           |                |       |
|-----|----------------------------|-------------------------|---------|-----------|----------------|-------|
| 1.  | Patty Krupiarz             | PSV                     | 42.03   | 195400074 | <b>42.34</b>   | +0,76 |
| 2.  | Tineke Brouwer-Maat        | Zwemvereniging Westland | 45.83   | 195300074 | <b>47.32</b>   | +0,79 |
| 3.  | Antoinette Gilding-Tussaud | WS Twente               | 46.65   | 195000038 | <b>47.67</b>   | +0,79 |
| 4.  | Janny van der Weide        | Deltasteur              | 1:09.54 | 195100066 | <b>1:11.55</b> | +1,24 |
| WDR | Alison Gilbert             | De Futen                | 42.53   | 195300068 |                |       |
| WDR | Carla Hensen               | PSV                     | 52.11   | 195300062 |                |       |

Masters 65+

|    |                                  |       |       |           |              |       |
|----|----------------------------------|-------|-------|-----------|--------------|-------|
| 1. | Corrie Verhoeven                 | PSV   | 46.20 | 194600026 | <b>45.63</b> | +0,75 |
|    | <i>Nederlands Masters Record</i> |       |       |           |              |       |
| 2. | Loekie v. Huissteden             | AZ&PC | 56.33 | 194500002 | <b>56.72</b> | +0,87 |

Masters 70+

|    |              |            |       |           |                  |       |
|----|--------------|------------|-------|-----------|------------------|-------|
| 1. | Leny Kamp    | Aquapoldro | 55.98 | 194400008 | <b>58.53</b>     | +0,67 |
| 2. | Truus Ruiter | Old Dutch  | 57.55 | 194000004 | <b>1:04.38</b> * | +1,18 |

Masters 75+

|    |                |     |       |           |              |       |
|----|----------------|-----|-------|-----------|--------------|-------|
| 1. | Lottie Geurts  | PSV | 51.19 | 193500006 | <b>54.36</b> | +0,85 |
| 2. | Alice Lindhout | PSV | 53.75 | 193500010 | <b>55.43</b> | +0,79 |

Masters 80+

|    |              |           |         |           |                |       |
|----|--------------|-----------|---------|-----------|----------------|-------|
| 1. | Annie de Vos | Old Dutch | 1:01.26 | 193400004 | <b>1:06.16</b> | +0,77 |
|----|--------------|-----------|---------|-----------|----------------|-------|



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 23  
03-05-2014 - 12:11

4 x 100m Medley

Masters Open  
Results

| rang              | vereniging                                    | inschrijftijd                              | startnr.                                    | tijd                                       | RT    |
|-------------------|---|--|---|--|-------|
| <b>80+, Women</b> |   |  |   |  |       |
| 1.                | LZ 1886 1<br><i>Nederlands Masters Record</i> | LZ 1886                                    | 4:57.32                                     | <b>4:56.97</b>                             | +0,80 |
|                   | Simone de Boer<br>Suzanne Brummel             | +0,80 37.72 1:17.66<br>+0,35 37.69 1:20.11 | Janet van der Poel<br>Seline Koek           | +0,25 31.88 1:13.36<br>+0,56 31.31 1:05.84 |       |
| 2.                | Aqua-Novio'94 1                               | Aqua-Novio'94                              | 4:51.31                                     | <b>5:06.19</b>                             | +0,79 |
|                   | Natasja Snijders<br>Inge Pepping              | +0,79 38.51 1:18.60<br>+0,54 38.28 1:23.29 | Lodi Broeder<br>Milène Catoire              | +0,27 31.26 1:09.92<br>+0,29 33.89 1:14.38 |       |
| 3.                | Octopus 1                                     | Octopus                                    | 4:59.42                                     | <b>5:18.10</b>                             | +0,75 |
|                   | Sharon Gelmers<br>Erika Aan het Rot           | +0,75 35.00 1:12.96<br>+0,58 38.14 1:22.73 | Margriet Aan het Rot<br>Irmgard van Weeghel | +0,43 39.16 1:31.08<br>+0,30 33.62 1:11.33 |       |
| 4.                | De Amer 1                                     | De Amer                                    | 5:34.46                                     | <b>5:37.84</b>                             | +0,67 |
|                   | Renske Eilers<br>Kathy van Zuielen            | +0,67 41.38 1:26.11<br>+0,63 40.99 1:27.51 | Anne Duijst<br>Sabine Duijst                | +0,67 39.56 1:30.91<br>+0,19 34.76 1:13.31 |       |
| <b>80+, Men</b>   |   |  |   |  |       |
| 1.                | LZ 1886 2                                     | LZ 1886                                    | 4:18.03                                     | <b>4:22.00</b>                             | +0,72 |
|                   | Sjoerd Sieval<br>Kristiaan Lenos              | +0,72 34.52 1:10.29<br>+0,52 33.78 1:14.04 | Joost Rijntjes<br>Lars Sieval               | +0,47 28.18 1:02.08<br>+0,45 26.31 55.59   |       |
| 2.                | Montferland 1                                 | Montferland                                | 4:16.92                                     | <b>4:33.21</b>                             | +0,76 |
|                   | Martijn Giezen<br>Dennis Bosma                | +0,76 32.58 1:06.89<br>+0,51 34.97 1:16.51 | Maik Steenkamp<br>Roel van Beek             | +0,39 31.44 1:07.13<br>+0,28 29.74 1:02.68 |       |
| <b>80+, Mixed</b> |   |  |   |  |       |
| 1.                | NDD 1<br><i>Nederlands Masters Record</i>     | NDD  | 4:22.40                                     | <b>4:39.50</b>                             | +0,63 |
|                   | Hjalmar de Ruiter<br>Carmen Seesing           | +0,63 33.29 1:07.89<br>+0,65 36.41 1:21.15 | Robin Eltink<br>Henriëke ten Bokkel         | +0,50 31.15 1:06.98<br>+0,35 30.42 1:03.48 |       |
| 2.                | ZOB'66 1                                      | ZOB'66                                     | 4:44.12                                     | <b>4:57.88</b>                             | +0,96 |
|                   | Wendy de Bruin<br>Harmen Reemst               | +0,96 37.95 1:17.79<br>+0,52 38.36 1:24.37 | Ruben Stolk<br>Anouk van der Pliigt         | +0,58 29.85 1:08.25<br>+0,15 30.73 1:07.47 |       |
| 3.                | De Duinkkickers 1                             | De Duinkkickers                            | 4:49.51                                     | <b>5:12.65</b>                             | +0,86 |
|                   | Maaïke de Boer<br>Remko Hooft                 | +0,86 39.04 1:20.69<br>+0,52 36.71 1:17.94 | Sven van Zanten<br>Rowie Hooft              | +0,36 31.75 1:16.80<br>+0,33 34.87 1:17.22 |       |
| <b>100+, Men</b>  |   |  |   |  |       |
| 1.                | d'ELFT WAVE (SG) 1                            | d'ELFT WAVE (SG)                           | 4:16.43                                     | <b>4:16.28</b>                             | +0,61 |
|                   | Victor den Heijer<br>Egbert Stolk             | +0,61 32.71 1:09.30<br>+0,50 32.32 1:10.44 | Simon Kassing<br>Erik Simons                | +0,64 29.04 1:02.39<br>+0,47 25.91 54.15   |       |
| 2.                | ZPC De Hof 1                                  | ZPC De Hof                                 | 4:11.87                                     | <b>4:25.40</b>                             | +0,79 |
|                   | Jasper de Boer<br>Richard Huisken             | +0,79 32.40 1:06.01<br>+0,30 34.02 1:15.23 | Pieter Pickhardt<br>Emiel Huisken           | +0,41 30.67 1:06.78<br>+0,43 26.94 57.38   |       |
| 3.                | MGO (SG) 1                                    | MGO (SG)                                   | 4:35.39                                     | <b>4:41.56</b>                             | +1,04 |
|                   | Bastian Zoon<br>Jos Terlouw                   | +1,04 36.64 1:14.58<br>+0,49 35.47 1:18.21 | Leander Noordijk<br>Niels Albrechts         | +0,58 31.28 1:08.66<br>+0,27 28.57 1:00.11 |       |

Event 23, 4 x 100m Medley

100+, Mixed

|  |   |   |                |                                |                |       |
|--|---|---|----------------|--------------------------------|----------------|-------|
| 1. Zwemlust-den Hommel 1<br>Charlotte Groeneveld<br>Vincent Versteeg | Zwemlust-den Hommel<br>+0,80 33.96 1:11.68<br>+0,51 32.53 1:11.90 | 4:25.78<br>Raoul Engelenburg<br>Malissa van der Horst | +0,52          | 29.51 1:04.05<br>27.63 58.92   | <b>4:26.55</b> | +0,80 |
| 2. De Lansingh 1<br>Remco Plass<br>Rutger Dalm                       | De Lansingh<br>+0,80 37.79 1:16.12<br>+0,39 37.42 1:19.88         | 4:43.84<br>Petra van Achteren<br>Eline Roobol         | +0,36<br>+0,20 | 34.22 1:14.75<br>31.30 1:04.82 | <b>4:55.57</b> | +0,80 |
| 3. MGO (SG) 2<br>Marjon van Kempen<br>Eline Roeland                  | MGO (SG)<br>+0,81 39.82 1:21.24<br>+0,81 41.66 1:28.03            | 4:55.99<br>Coen van der Wekken<br>Martijn van Hoorn   | +0,28<br>+0,70 | 32.72 1:13.36<br>28.30 1:00.35 | <b>5:02.98</b> | +0,81 |

120+, Women

|   |  |   |                |                                |                |       |
|---|--|---|----------------|--------------------------------|----------------|-------|
| 1. DAW 1<br>Wietke Elzinga<br>Bianca Paape                  | DAW<br>+1,17 39.38 1:19.46<br>+0,59 42.37 1:29.93        | 5:26.48<br>Petra Tossings<br>Sandra Pannekeet | +0,62<br>+0,54 | 40.36 1:31.15<br>32.97 1:11.03 | <b>5:31.57</b> | +1,17 |
| 2. Zoetermeer 1<br>Chita van der Goorbergh<br>Yvette Kilian | Zoetermeer<br>+0,73 41.08 1:27.11<br>+0,16 46.44 1:39.34 | 5:47.09<br>Linda Hoogendam<br>Fleur Maas      | +0,53<br>+0,64 | 37.79 1:25.58<br>34.00 1:13.31 | <b>5:45.34</b> | +0,73 |

120+, Men

|  |  |   |                |                                |                |       |
|--|--|---|----------------|--------------------------------|----------------|-------|
| 1. WVZ 1<br><i>Nederlands Masters Record</i><br>Ivo Roozeboom<br>Jan-Willem van den Berg | WVZ<br>+1,11 33.18 1:07.51<br>+0,33 36.51 1:18.41            | 4:14.10<br>Bruno Carissimi Boff<br>Mike Stoffer       | +0,44<br>+0,27 | 27.12 58.19<br>28.21 59.02     | <b>4:23.13</b> | +1,11 |
| 2. PLONS 1<br>Stan Dekker<br>Jerry Grondel   | PLONS<br>+0,70 33.69 1:10.27<br>+0,31 35.49 1:16.19          | 4:40.00<br>René Correljé-Kets<br>Bart Groenemans      | +0,49<br>+0,34 | 32.26 1:12.09<br>27.35 58.82   | <b>4:37.37</b> | +0,70 |
| 3. Steenwijk 1934 1<br>Casper Dollekamp<br>Lauren Vis                                    | Steenwijk 1934<br>+0,68 40.42 1:22.11<br>+0,42 33.83 1:14.00 | 4:36.78<br>Rick Driezen<br>Mike Koelewijn             | +0,58<br>+0,37 | 28.61 1:02.63<br>26.78 58.74   | <b>4:37.48</b> | +0,68 |
| 4. PSV 1<br>Martin Teley<br>Ronald Smits   | PSV<br>+0,82 34.53 1:13.51<br>+0,27 35.00 1:17.15            | 4:42.06<br>Wesley van Diejen<br>Albert Garcia i Tormo | +0,42<br>+0,66 | 31.96 1:14.85<br>32.39 1:07.44 | <b>4:52.95</b> | +0,82 |
| 5. AZC 1<br>Guido Keutgen<br>Patrick Brouwer   | AZC<br>+0,70 32.68 1:09.76<br>+0,77 41.93 1:29.74            | 5:09.53<br>Michael Go<br>Joeri Stoffels               | +0,47          | 35.09 1:27.36<br>26.73 59.33   | <b>5:06.19</b> | +0,70 |

WDR Octopus 1

|         |         |
|---------|---------|
| Octopus | 4:23.73 |
|---------|---------|

120+, Mixed

|  |  |  |                |                                |                |       |
|--|--|--|----------------|--------------------------------|----------------|-------|
| 1. PSV 1<br><i>Nederlands Masters Record</i><br>Jos de Graaf<br>Harold Matla | PSV<br>+0,84 30.75 1:03.35<br>+0,46 35.65 1:14.88              | 4:30.51<br>Stephanie Rombout<br>Liselotte Joling   | +0,68<br>+0,76 | 32.93 1:15.65<br>32.07 1:06.63 | <b>4:40.51</b> | +0,84 |
| 2. Zoetermeer 1<br>Markus van Rest<br>Simon van Ravesteijn                   | Zoetermeer<br>+0,77 36.49 1:15.43<br>+0,42 32.68 1:11.68       | 4:41.52<br>Delia Badoux<br>Sanne van Dijk          | +0,12<br>+0,38 | 31.67 1:10.81<br>31.83 1:07.03 | <b>4:44.95</b> | +0,77 |
| 3. ZPC Woerden 1<br>Sabine Lina<br>Niels van Beurden                         | ZPC Woerden<br>+0,78 36.46 1:16.28<br>+0,24 36.15 1:19.10      | 4:37.08<br>Johan Remmits<br>Ilse van den Wijngaard | +0,27<br>+0,23 | 31.03 1:07.52<br>30.96 1:05.07 | <b>4:47.97</b> | +0,78 |
| 4. d'ELFT WAVE (SG) 1<br>Willem Jacobs<br>Zarife Gela                        | d'ELFT WAVE (SG)<br>+0,71 37.09 1:16.36<br>+0,48 40.20 1:28.85 | 5:04.59<br>Joana Carneiro<br>Marc Bleeker          | +0,55<br>+0,60 | 34.12 1:15.05<br>31.19 1:04.54 | <b>5:04.80</b> | +0,71 |
| 5. AZ&PC 2<br>Françoise Duran<br>Larissa Brak                                | AZ&PC<br>+0,76 47.39 1:36.73<br>+0,25 35.15 1:16.81            | 5:01.88<br>Rob van Vliet<br>Ron Korzelius          | +0,30<br>+0,70 | 31.06 1:08.54<br>30.73 1:03.79 | <b>5:05.87</b> | +0,76 |
| 6. Steenwijk 1934 1<br>Arnold Kiburg<br>Tara Keijzer                         | Steenwijk 1934<br>+0,71 41.11 1:27.89<br>+0,57 47.01 1:39.35   | 5:35.38<br>Lonneke Oenema<br>Huib Stegeman         | +0,53<br>+0,18 | 41.68 1:32.88<br>32.67 1:11.64 | <b>5:51.76</b> | +0,71 |

Event 23, 4 x 100m Medley

160+, Women

|    |                    |       |         |         |                |       |         |
|----|--------------------|-------|---------|---------|----------------|-------|---------|
| 1. | DWK 1              | DWK   | 6:17.83 |         | <b>6:17.04</b> |       | +0,71   |
|    | Liesbeth van Mill  | +0,71 | 41.85   | 1:26.57 | +0,81          | 41.16 | 1:30.15 |
|    | Greta Wyma-Teitsma | +0,65 | 53.51   | 1:54.54 | +0,78          | 40.57 | 1:25.78 |

160+, Men

|    |  |                    |         |         |                |       |         |
|----|--|--------------------|---------|---------|----------------|-------|---------|
| 1. | Upstream Amsterdam 1<br><i>Nederlands Masters Record</i> | Upstream Amsterdam | 4:33.00 |         | <b>4:31.50</b> |       | +0,73   |
|    | Jan Gert Notenbomer                                      | +0,73              | 32.86   | 1:07.50 | +0,26          | 30.05 | 1:05.02 |
|    | Jeroen Zelsmann  | +0,30              | 36.04   | 1:17.76 | +0,49          | 27.72 | 1:01.22 |
| 2. | De Rog 2   | De Rog             | 4:43.20 |         | <b>4:53.61</b> |       | +0,62   |
|    | Peter Bernsen  | +0,62              | 33.62   | 1:09.64 | +0,65          | 34.28 | 1:15.99 |
|    | Reinier Ellenkamp  | +0,25              | 35.64   | 1:16.47 | +0,47          | 32.67 | 1:11.51 |
| 3. | ZVVS 1   | ZVVS               | 4:57.97 |         | <b>4:55.98</b> |       | +1,02   |
|    | Danny Zulver   | +1,02              | 40.45   | 1:24.43 | +0,50          | 30.79 | 1:07.04 |
|    | Rene de Jong   | +0,59              | 37.34   | 1:22.65 | +0,56          | 30.07 | 1:01.86 |
| 4. | DAW 1  | DAW                | 5:03.99 |         | <b>5:09.42</b> |       | +0,75   |
|    | Fred Heemstra  | +0,75              | 38.57   | 1:20.69 | +0,39          | 35.12 | 1:18.64 |
|    | Hans Schoenmakers  | +0,42              | 37.64   | 1:23.84 | +0,55          | 32.63 | 1:06.25 |
| 5. | De Rijn 1  | De Rijn            | 4:56.32 |         | <b>5:18.62</b> |       | +0,79   |
|    | Hans de Korte  | +0,79              | 38.59   | 1:22.61 | +0,40          | 28.11 | 1:02.76 |
|    | Ruud Sloof   | +0,74              | 48.42   | 1:43.06 | +0,41          | 33.29 | 1:10.19 |

160+, Mixed

|    |                           |                         |         |         |                |       |         |
|----|---------------------------|-------------------------|---------|---------|----------------|-------|---------|
| 1. | De Roersoppers 1          | De Roersoppers          | 4:53.49 |         | <b>4:58.72</b> |       | +0,76   |
|    | Wieke Bos                 | +0,76                   | 37.50   | 1:17.22 | +0,33          | 32.32 | 1:12.90 |
|    | Arno Schrauwen            | +0,24                   | 37.39   | 1:20.79 | +0,33          | 31.81 | 1:07.81 |
| 2. | Oceanus 1                 | Oceanus                 | 5:10.00 |         | <b>5:03.74</b> |       | +0,70   |
|    | Arjan Bellaart            | +0,70                   | 34.01   | 1:09.94 | +0,30          | 37.00 | 1:21.68 |
|    | Ronald Grove              | +0,34                   | 38.20   | 1:24.56 | +0,60          | 32.05 | 1:07.56 |
| 3. | Zwemvereniging Westland 1 | Zwemvereniging Westland | 5:18.22 |         | <b>5:27.96</b> |       | +0,96   |
|    | Mark Nuijten              | +0,96                   | 37.06   | 1:18.08 | +0,17          | 29.47 | 1:06.54 |
|    | Mirjan den Drijver-Aarse  | +0,65                   | 44.89   | 1:34.04 | +0,52          | 42.21 | 1:29.30 |
| 4. | ZV De Bron 1              | ZV De Bron              | 5:40.18 |         | <b>5:42.38</b> |       | +0,96   |
|    | Han Roos                  | +0,96                   | 47.21   | 1:37.63 | +0,64          | 39.53 | 1:27.38 |
|    | Okko de Haas              | +0,43                   | 37.86   | 1:21.19 | +0,75          | 34.34 | 1:16.18 |
| 5. | Den Doorn 1               | Den Doorn               | 5:55.02 |         | <b>6:03.29</b> |       | +0,82   |
|    | Nico Swart                | +0,82                   | 36.42   | 1:17.38 |                | 34.85 | 1:21.95 |
|    | Antoinette Kant           | +0,61                   | 48.04   | 1:42.72 | +0,44          | 45.97 | 1:41.24 |

200+, Women

|    |                 |           |         |         |                |       |         |
|----|-----------------|-----------|---------|---------|----------------|-------|---------|
| 1. | Swol 1894 1     | Swol 1894 | 5:40.00 |         | <b>5:52.15</b> |       | +1,00   |
|    | Annemarie Vuist | +1,00     | 48.40   | 1:37.30 | +0,73          | 38.08 | 1:19.06 |
|    | Bea Swijnenberg | +0,36     | 48.81   | 1:41.80 | +0,42          | 35.16 | 1:13.99 |

200+, Mixed

|    |  |       |         |         |                |       |         |
|----|--|-------|---------|---------|----------------|-------|---------|
| 1. | AZ&PC 1  | AZ&PC | 4:46.74 |         | <b>4:47.52</b> |       | +0,73   |
|    | <i>Wereld Masters Record, Startzwemmer NMR</i> |       |         |         |                |       |         |
|    | Edwin v. Norden                                | +0,73 | 32.29   | 1:06.44 | +0,37          | 29.40 | 1:09.26 |
|    | Marja Bloemzaad                                | +0,37 | 38.37   | 1:23.13 | +0,27          | 31.76 | 1:08.69 |

240+, Women

|    |                                  |           |         |         |                |       |         |
|----|----------------------------------|-----------|---------|---------|----------------|-------|---------|
| 1. | PSV 3                            | PSV       | 6:08.72 |         | <b>6:14.06</b> |       | +1,01   |
|    | <i>Nederlands Masters Record</i> |           |         |         |                |       |         |
|    | Gudule van der Meer              | +1,01     | 36.68   | 1:15.47 | +0,82          | 40.70 | 1:34.22 |
|    | Corrie Verhoeven                 | +0,58     | 49.79   | 1:47.37 | +0,65          | 47.59 | 1:37.00 |
| 2. | Old Dutch 1                      | Old Dutch | 7:34.31 |         | <b>8:20.29</b> |       | +0,82   |
|    | Annie de Vos                     | +0,82     | 1:07.62 | 2:22.74 | +0,32          | 40.78 | 1:30.59 |
|    | Matty van der Veen               | +0,92     | 1:04.73 | 2:15.82 | +0,38          | 59.31 | 2:11.14 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 23, 4 x 100m Medley

240+, Mixed

| DSQ | CNSW 1                              | CNSW  | 5:40.00 |         | +0,82             |       |
|-----|-------------------------------------|-------|---------|---------|-------------------|-------|
|     | <i>EA - Took over too quickly**</i> |       |         |         |                   |       |
|     | Pierrette Michel                    | +0,82 | 38.69   | 1:18.87 | Jean-Marie Cadiat | -0,08 |
|     | Kevork Boyrazian                    | +0,60 | 58.17   | 2:04.03 | Colette Crabbe    |       |

280+, Women

| 1. | PSV 4             | PSV   | 8:13.81 |         | 8:20.64     | +0,78   |
|----|-------------------|-------|---------|---------|-------------|---------|
|    | Alice Lindhout    | +0,78 | 59.57   | 2:04.07 | Gonnie Bak  | +0,81   |
|    | Liesbeth ter Laak | +1,03 | 1:13.45 | 2:33.94 | Annie Smits | +0,51   |
|    |                   |       |         |         |             | 59.63   |
|    |                   |       |         |         |             | 2:03.80 |
|    |                   |       |         |         |             | 46.74   |
|    |                   |       |         |         |             | 1:38.83 |

4 - ONMK 2014 lb sessie 4

03-05-2014 - 13:45

Event 25

Men, 4 x 50m Freestyle

Masters Open  
Results

03-05-2014 - 13:45

| rang        | vereniging            | inschrijftijd | startnr. | tijd                 | RT       |       |
|-------------|-----------------------|---------------|----------|----------------------|----------|-------|
| <b>80+</b>  |                       |               |          |                      |          |       |
| 1.          | LZ 1886 1             | LZ 1886       | 1:45.16  | 1:43.26              | +0,63    |       |
|             | Lars Sieval           | 93 +0,63      | 25.76    | Sjoerd Sieval        | 90 +0,27 | 26.61 |
|             | Kristiaan Lenos       | 83 +0,34      | 25.49    | Joost Rijnthjes      | 91 +0,43 | 25.40 |
| 2.          | Montferland 1         | Montferland   | 1:50.64  | 1:51.41              | +0,82    |       |
|             | Martijn Giezen        | 85 +0,82      | 27.16    | Dennis Bosma         | 94 +0,43 | 26.41 |
|             | Maik Steenkamp        | 91 +0,57      | 28.30    | Daniel Rosenkranz    | 91 +0,38 | 29.54 |
| <b>100+</b> |                       |               |          |                      |          |       |
| 1.          | WVZ 1                 | WVZ           | 1:42.52  | 1:41.31              | +0,70    |       |
|             | Bruno Carissimi Boff  | 92 +0,70      | 26.39    | Ivo Roozeboom        | 77 +0,37 | 25.96 |
|             | Thomas Kersten        | 90 +0,35      | 25.34    | Mark Costeris        | 92 +0,21 | 23.62 |
| 2.          | ZPC De Hof 1          | ZPC De Hof    | 1:46.08  | 1:44.96              | +0,74    |       |
|             | Emiel Huisken         | 85 +0,74      | 26.07    | Pieter Pickhardt     | 83 +0,44 | 27.15 |
|             | Jasper de Boer        | 93 +0,46      | 26.16    | Richard Huisken      | 85 +0,36 | 25.58 |
| 3.          | PSV 1                 | PSV           | 1:47.95  | 1:45.06              | +0,69    |       |
|             | Martin Teley          | 89 +0,69      | 25.59    | Ronald Smits         | 78 +0,12 | 25.62 |
|             | Wesley van Diejen     | 86 +0,33      | 28.09    | Jos de Graaf         | 91 +0,13 | 25.76 |
| 4.          | WVZ 2                 | WVZ           | 1:45.82  | 1:47.81              | +0,70    |       |
|             | Rens Post             | 91 +0,70      | 27.36    | Mike Stoffer         | 89 +0,32 | 26.33 |
|             | Bas v.d. Laan         | 83 +0,27      | 26.96    | Nick Baron           | 91 +0,51 | 27.16 |
| 5.          | MGO (SG) 1            | MGO (SG)      | 1:48.07  | 1:48.62              | +0,86    |       |
|             | Martijn van Hoon      | 89 +0,86      | 27.37    | Leander Noordijk     | 81 +0,39 | 27.39 |
|             | Niels Albrechts       | 88 +0,39      | 27.39    | Bastian Zoon         | 87 +0,13 | 26.47 |
| 6.          | De Futen 1            | De Futen      | 1:52.22  | 1:48.90              | +0,74    |       |
|             | Lorenzo Cavallini     | 90 +0,74      | 25.34    | Erwin Zuidervelt     | 75 +0,22 | 27.95 |
|             | Hans Cligge           | 81 +0,08      | 28.83    | Erwin Sneek          | 91 +0,27 | 26.78 |
| 7.          | RZ 1                  | RZ            | 1:50.25  | 1:49.41              | +0,75    |       |
|             | Kenneth Caster        | 91 +0,75      | 27.20    | Erik van der Zeijden | 86 +0,38 | 29.64 |
|             | Patrick Creemers      | 90 +0,34      | 25.85    | Dimitrie Sonnemans   | 75 +0,54 | 26.72 |
| 8.          | De Lansingh 1         | De Lansingh   | 1:50.20  | 1:50.21              | +0,68    |       |
|             | Martijn van den Berge | 85 +0,68      | 27.49    | Remco Plass          | 73 +0,29 | 27.96 |
|             | Mark Huijsman         | 90 +0,40      | 28.51    | Rutger Dalm          | 90 +0,33 | 26.25 |
| 9.          | MGO (SG) 2            | MGO (SG)      | 2:01.54  | 2:00.07              | +0,89    |       |
|             | Marcel Stolk          | 80 +0,89      | 31.97    | Niels van der Wekken | 89 +0,31 | 30.48 |
|             | Jos Terlouw           | 94 +0,42      | 28.65    | Coen van der Wekken  | 92 +0,33 | 28.97 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 25, Men, 4 x 50m Freestyle

120+

|                          |                     |                       |                |       |
|--------------------------|---------------------|-----------------------|----------------|-------|
| 1. Zwemlust-den Hommel 1 | Zwemlust-den Hommel | 1:46.03               | <b>1:45.70</b> | +0,78 |
| Mark Musch               | 84 +0,78 26.31      | Mark Zwart            | 79 +0,39 27.02 |       |
| Vincent Versteeg         | 77 +0,24 26.58      | Raoul Engelenburg     | 89 +0,45 25.79 |       |
| 2. PLONS 1               | PLONS               | 1:48.93               | <b>1:47.78</b> | +0,80 |
| René Correljé-Kets       | 68 +0,80 27.65      | Stan Dekker           | 79 +0,24 26.07 |       |
| Jerry Grondel            | 72 +0,39 27.87      | Bart Groenemans       | 82 +0,26 26.19 |       |
| 3. Steenwijk 1934 1      | Steenwijk 1934      | 1:49.29               | <b>1:49.32</b> | +0,77 |
| Mike Koelewijn           | 93 +0,77 26.49      | Rick Driezen          | 86 +0,36 26.86 |       |
| Arnold Kiburg            | 75 +0,56 30.85      | Lauren Vis            | 82 +0,26 25.12 |       |
| 4. DAW 1                 | DAW                 | 1:55.53               | <b>1:53.44</b> | +0,68 |
| Ron Langelaan            | 78 +0,68 30.37      | Alex Darnen           | 75 +0,16 26.69 |       |
| Jeroen Kort              | 68 +0,48 29.46      | Kars Luttk            | 78 +0,14 26.92 |       |
| 5. AZC 1                 | AZC                 | 1:53.10               | <b>1:53.92</b> | +0,78 |
| Guido Keutgen            | 68 +0,78 28.54      | Michael Go            | 75 +0,50 30.13 |       |
| Patrick Brouwer          | 93 +0,66 29.21      | Joeri Stoffels        | 73 +0,27 26.04 |       |
| 6. Swol 1894 1           | Swol 1894           | 1:56.00               | <b>1:56.32</b> | +0,93 |
| Arjan Aalbers            | 75 +0,93 29.36      | Kasper van den Berghe | 73 +0,52 29.17 |       |
| Johan Wezenberg          | 76 +0,35 29.26      | Machiel Stolk         | 74 +0,61 28.53 |       |
| 7. ZOB'66 1              | ZOB'66              | 1:57.48               | <b>1:57.08</b> | +0,72 |
| Roderik Meijers          | 86 +0,72 25.50      | Ferry Blangé          | 83 +0,39 27.02 |       |
| Ruben Stolk              | 90 +0,57 27.12      | Dré Klaassen          | 56 +0,40 37.44 |       |
| 8. d'ELFT WAVE (SG) 1    | d'ELFT WAVE (SG)    | 1:59.12               | <b>1:57.47</b> | +1,08 |
| Marc Bleeker             | 69 +1,08 29.81      | Mark den Blanken      | 88 +0,07 29.75 |       |
| Menno Lomans             | 61 +0,72 30.98      | Victor den Heijer     | 83 +0,09 26.93 |       |
| 9. ESCA Zwemmen 1        | ESCA Zwemmen        | 2:00.36               | <b>2:01.23</b> | +1,18 |
| Durand Lammers           | 60 +1,18 32.01      | Paul Rutten           | 80 +0,57 32.17 |       |
| David van Limpt          | 90 +0,52 30.77      | Bram Meijlis          | 94 +0,51 26.28 |       |

160+

|                         |                    |                        |                |       |
|-------------------------|--------------------|------------------------|----------------|-------|
| 1. Upstream Amsterdam 1 | Upstream Amsterdam | 1:45.00                | <b>1:45.90</b> | +0,72 |
| Jeroen Zelsmann         | 77 +0,72 25.12     | Dennis Schouten        | 75 +0,26 26.59 |       |
| Jan Gert Notenbomer     | 66 +0,25 27.53     | Joost Roelofs          | 76 +0,53 26.66 |       |
| 2. ZVVS 1               | ZVVS               | 1:55.56                | <b>1:52.95</b> | +0,91 |
| Rene de Jong            | 66 +0,91 29.34     | Bas van den Nouwelant  | 80 +0,53 26.77 |       |
| Danny Zulver            | 67 +0,33 29.34     | Mario Verbeek          | 73 +0,53 27.50 |       |
| 3. De Rog 1             | De Rog             | 1:55.10                | <b>1:54.98</b> | +0,67 |
| Peter Bensen            | 63 +0,67 26.73     | Roy le Clercq          | 64 +0,48 31.77 |       |
| Erik Kamphuis           | 60 +0,26 29.05     | Reinier Ellenkamp      | 80 +0,05 27.43 |       |
| 4. PLONS 2              | PLONS              | 1:59.00                | <b>2:01.80</b> | +0,77 |
| Francois Boudreault     | 74 +0,77 28.20     | Vincent de Keijzer     | 58 +0,49 34.33 |       |
| Jeroen Rikkerink        | 63 +0,22 30.05     | Steven Prins           | 79 +0,01 29.22 |       |
| 5. Zoetermeer 1         | Zoetermeer         | 2:02.51                | <b>2:02.23</b> | +1,06 |
| Mike Molenaar           | 72 +1,06 33.18     | John Stoffer           | 63 +0,40 30.64 |       |
| Simon van Ravesteijn    | 80 +0,46 28.22     | Andre Storm            | 56 +0,72 30.19 |       |
| 6. De Rijn 1            | De Rijn            | 2:00.23                | <b>2:04.67</b> | +0,85 |
| Eric Langhorst          | 62 +0,85 31.08     | Ruud Sloof             | 44 +0,76 36.68 |       |
| Hans de Korte           | 86 +0,53 30.83     | Roderick van Doeselaar | 92 +0,31 26.08 |       |
| 7. De Duinkickers 1     | De Duinkickers     | 2:04.25                | <b>2:08.35</b> | +0,94 |
| Robert de Brauer        | 64 +0,94 30.77     | Robin Eggenkamp        | 87 +0,40 31.93 |       |
| Jaap de Boer            | 58 +0,40 34.15     | Marcel Brittijn        | 69 +0,57 31.50 |       |
| 8. WIDEX GZC DONK 1     | WIDEX GZC DONK     | 2:10.98                | <b>2:18.98</b> | +0,86 |
| Yves van den Berg       | 66 +0,86 32.63     | Peter Coffeng          | 57 +0,66 36.75 |       |
| Remco Luijnenburg       | 79 +0,45 39.54     | Adrian Ortiz Buitrago  | 60 +0,65 30.06 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 25, Men, 4 x 50m Freestyle

200+

|    |                   |         |       |         |              |                |             |
|----|-------------------|---------|-------|---------|--------------|----------------|-------------|
| 1. | De Amer 1         | De Amer |       | 1:59.30 |              | <b>1:59.86</b> | +0,83       |
|    | Paul de Boer      | 68      | +0,83 | 28.82   | Jan Vonk     | 54             | 31.07       |
|    | Jos Kamps         | 51      | +0,70 | 33.35   | Rutger Stam  | 81             | +0,50 26.62 |
| 2. | PSV 2             | PSV     |       | 2:06.72 |              | <b>2:08.00</b> | +0,76       |
|    | Rob Penninks      | 60      | +0,76 | 31.43   | Nico Buurman | 64             | +0,32 32.28 |
|    | Frank Zwijnenberg | 54      | +0,43 | 34.08   | Marc Wouters | 65             | +0,64 30.21 |
| 3. | PLONS 3           | PLONS   |       | 2:15.00 |              | <b>2:10.65</b> | +0,84       |
|    | Mark Kas          | 61      | +0,84 | 32.58   | Hans Maas    | 65             | +0,43 33.85 |
|    | Leo de Keizer     | 56      | +0,26 | 32.41   | James Norman | 60             | +0,27 31.81 |

240+

|    |                                  |     |       |         |                  |                |             |
|----|----------------------------------|-----|-------|---------|------------------|----------------|-------------|
| 1. | PSV 3                            | PSV |       | 2:07.53 |                  | <b>2:04.84</b> | +0,75       |
|    | <i>Nederlands Masters Record</i> |     |       |         |                  |                |             |
|    | Joop Ariaens                     | 59  | +0,75 | 28.96   | Evertjan Masurel | 56             | +0,58 31.54 |
|    | Rob Hanou                        | 43  | +0,75 | 34.95   | Brend Brevé      | 52             | +0,30 29.39 |

Event 26  
03-05-2014 - 13:55

Women, 4 x 50m Freestyle

Masters Open  
Results

| rang |                                  | vereniging     |       | inschrijftijd |                        | startnr. |             | tijd             | RT    |
|------|----------------------------------|----------------|-------|---------------|------------------------|----------|-------------|------------------|-------|
| 80+  |                                  |                |       |               |                        |          |             |                  |       |
| 1.   | WVZ 1                            | WVZ            |       | 1:51.84       |                        |          |             | <b>1:51.98</b>   | +0,76 |
|      | <i>Nederlands Masters Record</i> |                |       |               |                        |          |             |                  |       |
|      | Kimberley Albers                 | 92             | +0,76 | 28.38         | Manon van Strien       | 94       | +0,65 28.38 |                  |       |
|      | Isabelle Massar                  | 91             | +0,49 | 28.63         | Anja van der Hout      | 90       | +0,20 26.59 |                  |       |
| 2.   | LZ 1886 1                        | LZ 1886        |       | 1:58.75       |                        |          |             | <b>1:58.78</b>   | +0,79 |
|      | Janet van der Poel               | 93             | +0,79 | 29.38         | Seline Koek            | 94       | +0,53 30.34 |                  |       |
|      | Suzanne Brummel                  | 94             | +0,50 | 29.39         | Simone de Boer         | 93       | +0,50 29.67 |                  |       |
| 3.   | Aqua-Novio'94 1                  | Aqua-Novio'94  |       | 1:55.95       |                        |          |             | <b>1:59.22</b>   | +0,72 |
|      | Lodi Broeder                     | 93             | +0,72 | 29.00         | Milène Catoire         | 87       | +0,49 32.27 |                  |       |
|      | Natasja Snijders                 | 91             | +0,56 | 29.15         | Inge Pepping           | 94       | +0,63 28.80 |                  |       |
| 4.   | De Amer 1                        | De Amer        |       | 2:05.00       |                        |          |             | <b>2:05.84</b>   | +0,79 |
|      | Renske Eilers                    | 88             | +0,79 | 33.09         | Kathy van Zuilen       | 93       | +0,47 30.95 |                  |       |
|      | Sabine Duijst                    | 87             | +0,34 | 32.46         | Anne Duijst            | 89       | +0,47 29.34 |                  |       |
| 5.   | RZ 1                             | RZ             |       | 2:14.05       |                        |          |             | <b>2:09.88</b>   | +0,79 |
|      | Claudia Creemers                 | 92             | +0,79 | 36.03         | Marian Bouts           | 86       | +0,36 32.39 |                  |       |
|      | Denise Austen                    | 93             | +0,27 | 31.29         | Suzan van den Bogaard  | 89       | +0,49 30.17 |                  |       |
| 100+ |                                  |                |       |               |                        |          |             |                  |       |
| 1.   | WVZ 2                            | WVZ            |       | 2:05.96       |                        |          |             | <b>2:10.03</b> * | +0,79 |
|      | Melissa de Zeeuw                 | 93             | +0,79 | 29.28         | Petra Versteegen       | 77       | +0,56 32.99 |                  |       |
|      | Tessa Verheijdt                  | 89             | +0,26 | 34.36         | Lisette Prins          | 88       | +0,30 33.40 |                  |       |
| WDR  | De Spatters 1                    | De Spatters    |       | 2:07.85       |                        |          |             |                  |       |
| 120+ |                                  |                |       |               |                        |          |             |                  |       |
| 1.   | DAW 1                            | DAW            |       | 2:03.35       |                        |          |             | <b>2:03.92</b>   | +0,92 |
|      | Wietke Etzinga                   | 86             | +0,92 | 32.53         | Ilona Hogerheyde       | 74       | +0,31 29.82 |                  |       |
|      | Esther Steltenpohl               | 85             | +0,53 | 32.48         | Bianca Paape           | 85       | +0,35 29.09 |                  |       |
| 2.   | De Roersoppers 1                 | De Roersoppers |       | 2:06.50       |                        |          |             | <b>2:04.50</b>   | +0,67 |
|      | Ilse Clevers                     | 85             | +0,67 | 29.33         | Pascalie Neiss-Janssen | 73       | +0,42 33.29 |                  |       |
|      | Wieke Bos                        | 82             | +0,38 | 30.69         | Emmy Slabbers          | 81       | +0,33 31.19 |                  |       |
| 3.   | Zoetermeer 1                     | Zoetermeer     |       | 2:05.49       |                        |          |             | <b>2:05.30</b>   | +0,73 |
|      | Delia Badoux                     | 80             | +0,73 | 29.63         | Yvette Kilian          | 66       | +0,51 33.31 |                  |       |
|      | Chita van der Goorbergh          | 68             | +0,35 | 31.24         | Linda Hoogendam        | 83       | +0,42 31.12 |                  |       |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 26, Women, 4 x 50m Freestyle, 120+

| rang | vereniging  | inschrijftijd             | startnr.       | tijd                                    | RT                   |                  |
|------|---|---------------------------|----------------|---|----------------------|------------------|
| 4.   | CNSW 1<br><i>BMR</i>                                | CNSW<br>2:09.38           |                | <b>2:07.96</b>                          | +0,76                |                  |
|      | Colette Crabbe<br>Fanny Koenig                      | 56 +0,76<br>89 +0,32      | 32.06<br>29.90 | Isaline Manchel<br>Sandra Koenig        | 85 +0,33<br>86 +0,38 | 32.08<br>33.92   |
| 5.   | ZVVS 1  | ZVVS<br>2:16.37           |                | <b>2:16.32</b>                          | +0,91                |                  |
|      | Daniëlle Hoeksel-Verveen<br>Paula 't Hart-Buitelaar | 73 +0,91<br>77 +0,19      | 34.97<br>34.82 | Joyce Brummelkamp<br>Ramona Noordermeer | 70 +0,38<br>94 +0,48 | 34.55<br>31.98   |
| 6.   | Budel 1   | Budel<br>2:25.66          |                | <b>2:23.32</b>                          | +1,11                |                  |
|      | Lilian Kelly<br>Jolanda van Knippenberg             | 63 +1,11<br>66 +0,04      | 43.50<br>37.81 | Carola Hompes<br>Joyce Raemaekers       | 88 +0,53<br>91 +0,18 | 31.86<br>30.15   |
| 7.   | Steenwijk 1934 1                                    | Steenwijk 1934<br>2:42.56 |                | <b>3:01.06</b>                          | +0,95                |                  |
|      | Ciska Wagter<br>Charine de Ruiter                   | 70 +0,95<br>94 +0,63      | 44.56<br>34.37 | Riekje Schra<br>Lonneke Oenema          | 64 +0,85<br>91 +0,48 | 1:07.32<br>34.81 |

160+

|    |  |                           |                |  |                      |                |
|----|--|---------------------------|----------------|--|----------------------|----------------|
| 1. | WS Twente 1                                    | WS Twente<br>2:09.33      |                | <b>2:04.42</b>                                 | +0,75                |                |
|    | Marion Broekhuis<br>Inez Heideman              | 68 +0,75<br>75 +0,29      | 33.12<br>29.57 | Marijke Kraak-Beckers<br>Annette de Vries      | 60 +0,48<br>86 +0,28 | 32.93<br>28.80 |
| 2. | WIDEX GZC DONK 1                               | WIDEX GZC DONK<br>2:10.63 |                | <b>2:18.45</b>                                 | +0,81                |                |
|    | Jacqueline de Ruiter-Wijnolst<br>Alice de Haan | 74 +0,81<br>64 +0,59      | 30.54<br>39.58 | Feikje Wittermans<br>Laura van Manen           | 64 +0,49<br>84 +0,60 | 34.57<br>33.76 |
| 3. | RZ 2   | RZ<br>2:16.36             |                | <b>2:19.04</b>                                 | +0,96                |                |
|    | Patricia Austen<br>Vivian van Kerkwijk         | 70 +0,96<br>75 +0,59      | 38.34<br>34.55 | Marion van Gerwen<br>Wendy Knoops              | 65 +0,46<br>68 +0,41 | 34.36<br>31.79 |
| 4. | DWK 1  | DWK<br>2:25.69            |                | <b>2:25.33</b>                                 | +0,87                |                |
|    | Liesbeth van Mill<br>Greta Wyma-Teitsma        | 87 +0,87<br>71 +0,87      | 34.45<br>39.66 | Jennie Resink-Lindeboom<br>Ellen van Wingerden | 60 +0,49<br>69 +0,87 | 37.57<br>33.65 |

200+

|    |  |                         |                |  |                      |                |
|----|--|-------------------------|----------------|--|----------------------|----------------|
| 1. | Swol 1894 1                                    | Swol 1894<br>2:22.00    |                | <b>2:27.80</b>                           | +0,85                |                |
|    | Marjan Spoelstra<br>Annet Kootstra             | 60 +0,85<br>71 +0,51    | 38.62<br>39.37 | Annemarie Vuist<br>Christien Nieuwenhuis | 63 +0,19<br>51 +0,25 | 37.13<br>32.68 |
| 2. | ESCA Zwemmen 1                                 | ESCA Zwemmen<br>2:45.48 |                | <b>2:43.44</b>                           | +0,91                |                |
|    | Yoka de Vegt- van Dijk<br>Marion Kolkman-Pluim | 62 +0,91<br>60 +0,52    | 37.55<br>41.42 | Cora Smulders<br>Ria Peters-Veurman      | 66 +0,56<br>58 +0,41 | 41.04<br>43.43 |

240+

|    |                                       |                      |                |                                    |                      |                |
|----|---------------------------------------|----------------------|----------------|------------------------------------|----------------------|----------------|
| 1. | PSV 1<br><i>Kampioenschaps Record</i> | PSV<br>2:22.59       |                | <b>2:26.14</b>                     | +0,97                |                |
|    | Liselotte Joling<br>Lottie Geurts     | 75 +0,97<br>35 +0,67 | 31.13<br>41.33 | Patty Krupiarz<br>Corrie Verhoeven | 54 +0,44<br>46 +0,43 | 36.91<br>36.77 |

280+

|    |                                    |                      |                |                              |          |                  |
|----|------------------------------------|----------------------|----------------|------------------------------|----------|------------------|
| 1. | Old Dutch 1                        | Old Dutch<br>3:40.71 |                | <b>3:47.87</b>               | +0,90    |                  |
|    | Mies Kuipers<br>Matty van der Veen | 58 +0,90<br>44 +0,72 | 51.21<br>49.60 | Truus Ruiter<br>Annie de Vos | 40<br>34 | 57.96<br>1:09.10 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 27  
03-05-2014 - 14:10

Men, 200m Breaststroke

Masters Open  
Results

| rang naam                        | vereniging             | inschrijftijd       | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|----------------------------------|------------------------|---------------------|----------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b>               |                        |                     |                |       |       |         |         |         |
| 1. Roald Blok                    | Octopus                | 2:22.90 199302685   | <b>2:25.31</b> | +0,71 | 32.14 | 1:09.06 | 1:47.23 | 2:25.31 |
| <i>Nederlands Masters Record</i> |                        |                     |                |       |       |         |         |         |
| 2. Dennis Wijbenga               | Stadskanaal            | 2:31.83 199003283   | <b>2:36.71</b> | +0,83 | 35.27 | 1:15.28 | 1:57.07 | 2:36.71 |
| 3. Ricardo Hauber                | DES                    | 2:36.08 199402029   | <b>2:42.88</b> | +0,70 | 34.82 | 1:15.14 | 1:58.09 | 2:42.88 |
| 4. Patrick Creemers              | RZ                     | 2:44.36 199000579   | <b>2:43.25</b> | +0,71 | 36.61 | 1:18.10 | 2:00.97 | 2:43.25 |
| 5. Thomas Kersten                | WVZ                    | 2:38.72 199001515   | <b>2:44.52</b> | +0,74 | 36.44 | 1:17.99 | 2:01.21 | 2:44.52 |
| 6. Bram Becks                    | HZPC                   | 2:40.59 199303701   | <b>2:47.44</b> | +0,70 | 37.34 | 1:19.59 | 2:03.77 | 2:47.44 |
| 7. Kenneth Caster                | RZ                     | 2:43.79 199100375   | <b>2:48.28</b> | +0,78 | 37.15 | 1:19.90 | 2:04.24 | 2:48.28 |
| 8. Maik Steenkamp                | Montferland            | 2:35.74 199103847   | <b>2:51.72</b> | +0,73 | 38.25 | 1:22.26 | 2:07.33 | 2:51.72 |
| 9. Patrick Janssen               | HZPC                   | 2:40.62 199302009   | <b>2:52.59</b> | +0,75 | 37.26 | 1:20.67 | 2:06.25 | 2:52.59 |
| 10. Jos Terlouw                  | MGO (SG)               | 2:43.46 199400601   | <b>2:56.98</b> | +0,78 | 37.33 | 1:22.04 | 2:09.38 | 2:56.98 |
| 11. Mark Huijsman                | De Lansingh            | 2:48.70 199001305   | <b>3:00.54</b> | +0,78 | 40.26 | 1:26.92 | 2:13.97 | 3:00.54 |
| 12. Mike Koelewijn               | Steenwijk 1934         | 2:59.34 199303597   | <b>3:00.65</b> | +0,75 | 39.40 | 1:25.48 | 2:13.60 | 3:00.65 |
| 13. D. van den Wildenberg        | Eurode KZC             | 3:04.82 199206491   | <b>3:17.83</b> | +0,79 | 44.89 | 1:36.76 | 2:28.64 | 3:17.83 |
| 14. Danny Vochtelo               | ZZG de Boskickers (SG) | 3:20.56 199207251   | <b>3:26.43</b> | +0,99 | 49.16 | 1:42.06 | 2:35.49 | 3:26.43 |
| <b>Masters 25+</b>               |                        |                     |                |       |       |         |         |         |
| 1. Tim van den Berg              | MNC Dordrecht          | 2:26.71 198500157   | <b>2:25.25</b> | +0,73 | 32.71 | 1:09.57 | 1:47.64 | 2:25.25 |
| <i>Nederlands Masters Record</i> |                        |                     |                |       |       |         |         |         |
| 2. Remko Hooft                   | De Duinkickers         | 2:36.82 198701405   | <b>2:47.74</b> | +0,73 | 37.42 | 1:20.77 | 2:04.39 | 2:47.74 |
| 3. Niels van Beurden             | ZPC Woerden            | 2:41.93 198805669   | <b>2:54.85</b> | +0,90 | 38.62 | 1:22.62 | 2:08.46 | 2:54.85 |
| 4. Alex Vermeulen                | WZK Zwemmen            | 2:45.69 198905811   | <b>2:59.34</b> | +0,78 | 39.29 | 1:25.05 | 2:13.06 | 2:59.34 |
| <b>Masters 30+</b>               |                        |                     |                |       |       |         |         |         |
| 1. Richard Claus                 | Swimteam Helden-Mosa   | (S2:33.99 198000265 | <b>2:32.94</b> | +0,78 | 33.86 | 1:13.70 | 1:53.43 | 2:32.94 |
| <i>Nederlands Masters Record</i> |                        |                     |                |       |       |         |         |         |
| 2. Jan Boier Pedersen            | Hovedstaden SK         | 2:36.93 8371AA      | <b>2:36.16</b> | +0,87 | 35.11 | 1:14.60 | 1:54.96 | 2:36.16 |
| 3. Kristiaan Lenos               | LZ 1886                | 2:42.90 198301331   | <b>2:44.28</b> | +0,84 | 36.41 | 1:18.02 | 2:01.52 | 2:44.28 |
| 4. Pieter Pickhardt              | ZPC De Hof             | 2:33.91 198301657   | <b>2:45.04</b> | +0,84 | 37.28 | 1:19.37 | 2:02.14 | 2:45.04 |
| 5. Reinier Ellenkamp             | De Rog                 | 2:39.90 198002109   | <b>2:46.29</b> | +0,87 | 36.21 | 1:18.58 | 2:02.71 | 2:46.29 |
| 6. Albert Garcia i Tormo         | PSV                    | 2:54.19 198202583   | <b>2:59.84</b> | +0,66 | 39.50 | 1:24.67 | 2:11.90 | 2:59.84 |
| 7. Sebastiaan Baars              | WS Twente              | 2:54.64 198300053   | <b>3:05.14</b> | +0,92 | 40.18 | 1:27.11 | 2:15.85 | 3:05.14 |
| <b>Masters 35+</b>               |                        |                     |                |       |       |         |         |         |
| 1. Egbert Stolk                  | d'ELFT WAVE (SG)       | 2:27.21 197600889   | <b>2:35.25</b> | +0,77 | 34.89 | 1:13.77 | 1:54.20 | 2:35.25 |
| 2. Vincent Versteeg              | Zwemlust-den Hommel    | 2:41.97 197701003   | <b>2:43.15</b> | +0,74 | 37.44 | 1:19.97 | 2:04.52 | 2:43.15 |
| 3. Victor Barnar                 | GoSwim                 | 2:39.63 197801805   | <b>2:44.52</b> | +0,77 | 37.51 | 1:20.50 | 2:02.10 | 2:44.52 |
| 4. Freddie Geerlings             | HGN (SG)               | 2:41.96 197900379   | <b>2:45.09</b> | +0,85 | 38.09 | 1:20.63 | 2:03.34 | 2:45.09 |
| 5. Okko de Haas                  | ZV De Bron             | 2:47.28 197801593   | <b>2:57.79</b> | +0,85 | 40.26 | 1:25.08 | 2:11.64 | 2:57.79 |
| <b>Masters 40+</b>               |                        |                     |                |       |       |         |         |         |
| 1. Jerry Grondel                 | PLONS                  | 2:49.35 197201223   | <b>2:50.69</b> | +0,77 | 38.63 | 1:21.88 | 2:06.51 | 2:50.69 |
| 2. Wibo Mooibroek                | ZV De Zaan             | 2:58.82 197401339   | <b>3:02.86</b> | +1,04 | 39.68 | 1:24.64 | 2:12.69 | 3:02.86 |
| 3. Kasper van den Berghe         | Swol 1894              | 3:02.30 197301125   | <b>3:16.75</b> | +0,81 | 45.93 | 1:34.99 | 2:25.86 | 3:16.75 |
| 4. Gertjan van de Bosch          | IJZPC                  | 3:30.20 197001615   | <b>3:35.66</b> | +1,00 | 44.17 | 1:37.05 | 2:35.57 | 3:35.66 |
| <b>Masters 45+</b>               |                        |                     |                |       |       |         |         |         |
| 1. Jan Gert Notenbomer           | Upstream Amsterdam     | 2:45.37 196600557   | <b>2:44.87</b> | +0,83 | 38.31 | 1:21.63 | 2:03.00 | 2:44.87 |
| <i>Kampioenschaps Record</i>     |                        |                     |                |       |       |         |         |         |
| 2. Harold Matla                  | PSV                    | 2:47.72 196800591   | <b>2:49.51</b> | +0,86 | 38.75 | 1:23.21 | 2:08.04 | 2:49.51 |
| 3. René Beetsma                  | HZ&PC Heerenveen       | 2:47.94 196900069   | <b>2:50.79</b> | +0,80 | 39.05 | 1:22.38 | 2:06.61 | 2:50.79 |
| 4. Thijs Geurts                  | De Watervogels         | 3:01.43 196601557   | <b>2:55.01</b> | +1,03 | 38.68 | 1:22.02 | 2:08.01 | 2:55.01 |
| 5. J. van den Berg               | WVZ                    | 2:48.91 196801575   | <b>2:56.92</b> | +0,81 | 40.59 | 1:25.28 | 2:11.56 | 2:56.92 |
| 6. Arno Schrauwen                | De Roersoppers         | 2:52.61 196501355   | <b>3:01.04</b> | +0,81 | 40.60 | 1:27.82 | 2:15.32 | 3:01.04 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 27, Men, 200m Breaststroke, Masters 45+

| rang naam                 | vereniging      | inschrijftijd     | tijd           | RT      | 50m   | 100m    | 150m    | 200m    |
|---------------------------|-----------------|-------------------|----------------|---------|-------|---------|---------|---------|
| 7. Joop Weenink           | WS Twente       | 3:10.82 196801535 | <b>3:06.93</b> | +1,04   | 42.65 | 1:29.94 | 2:18.81 | 3:06.93 |
| 8. Hans Schoenmakers      | DAW             | 3:00.11 196900863 | <b>3:08.38</b> | * +0,80 | 40.89 | 1:30.01 | 2:19.67 | 3:08.38 |
| 9. Roelof Broekman        | De Spatters     | 3:19.22 196800155 | <b>3:19.44</b> | +0,81   | 45.00 | 1:35.66 | 2:27.71 | 3:19.44 |
| 10. Gertjan van der Vaart | ZVVS            | 3:43.26 196801529 | <b>3:39.96</b> | +0,80   | 47.59 | 1:45.41 | 2:43.81 | 3:39.96 |
| 11. Mark Formby           | Potters Bar SC  | 3:59.49 907997    | <b>3:47.42</b> | +0,84   | 50.22 | 1:47.64 | 2:48.58 | 3:47.42 |
| WDR Gerard Tel            | GLS Ketelbinkie | 3:02.46 196701175 |                |         |       |         |         |         |
| WDR Henk van Zetten       | Octopus         | 3:26.14 196701261 |                |         |       |         |         |         |
| sick Huyb Stegeman        | Steenwijk 1934  | 3:16.39 196701535 |                |         |       |         |         |         |

Masters 50+

|                         |             |                   |                |         |       |         |         |         |
|-------------------------|-------------|-------------------|----------------|---------|-------|---------|---------|---------|
| 1. Cees van Houwelingen | De Schelde  | 2:47.40 196300351 | <b>2:54.19</b> | +0,94   | 38.92 | 1:22.80 | 2:08.12 | 2:54.19 |
| 2. Ronald Grove         | Oceanus     | 3:03.62 196100161 | <b>3:03.41</b> | +0,79   | 41.62 | 1:28.70 | 2:16.43 | 3:03.41 |
| 3. Ralph Caster         | RZ          | 2:59.55 196100069 | <b>3:06.96</b> | +0,87   | 41.18 | 1:29.25 | 2:19.68 | 3:06.96 |
| 4. Theo Bakker          | TriVia      | 2:58.78 196401231 | <b>3:09.55</b> | +0,75   | 40.71 | 1:29.20 | 2:18.83 | 3:09.55 |
| 5. Eric Giling          | De Fuut     | 3:05.38 196400237 | <b>3:19.03</b> | +0,77   | 42.70 | 1:33.40 | 2:26.54 | 3:19.03 |
| 6. Jack Barends         | WS Twente   | 3:13.55 196201011 | <b>3:20.47</b> | +0,86   | 45.76 | 1:36.28 | 2:28.54 | 3:20.47 |
| 7. Roy le Clercq        | De Rog      | 3:16.80 196401041 | <b>3:24.48</b> | +0,94   | 46.28 | 1:38.97 | 2:33.41 | 3:24.48 |
| 8. Bart van Calker      | WS Twente   | 3:32.45 196100067 | <b>3:33.02</b> | +0,89   | 49.93 | 1:43.53 | 2:40.41 | 3:33.02 |
| 9. Jan Haitsma          | De Spatters | 3:38.61 196000929 | <b>3:46.22</b> | +0,98   | 52.29 | 1:49.68 | 2:49.00 | 3:46.22 |
| 10. Martin Dorsman      | De Devel    | 3:36.46 196301339 | <b>3:47.74</b> | +0,93   | 46.20 | 1:42.87 | 2:43.48 | 3:47.74 |
| 11. John Tersteeg       | De Fuut     | 3:39.28 196001039 | <b>3:51.81</b> | * +0,89 | 52.04 | 1:51.73 | 2:53.03 | 3:51.81 |

Masters 55+

|                         |           |                   |                |       |       |         |         |         |
|-------------------------|-----------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Vincent de Keijzer   | PLONS     | 3:16.16 195800207 | <b>3:24.25</b> | +0,92 | 45.13 | 1:37.90 | 2:31.84 | 3:24.25 |
| 2. Paul Bunnik          | Triton    | 3:21.61 195600413 | <b>3:26.08</b> |       | 46.35 | 1:40.79 | 2:34.80 | 3:26.08 |
| 3. Dré Klaassen         | ZOB'66    | 3:25.68 195600141 | <b>3:30.31</b> | +0,93 | 48.71 | 1:41.12 | 2:35.42 | 3:30.31 |
| 4. Jan Timmerman        | IJZPC     | 3:41.70 195700347 | <b>3:53.41</b> | +0,82 | 48.05 | 1:48.30 | 2:51.99 | 3:53.41 |
| 5. Herbert Katgert      | WS Twente | 3:46.31 195900739 | <b>3:59.08</b> | +1,31 | 53.36 | 1:53.47 | 2:56.96 | 3:59.08 |
| 6. Adrie van der Gracht | OEZA      | 3:57.40 195700485 | <b>4:15.97</b> | +0,97 | 57.87 | 2:04.29 | 3:11.82 | 4:15.97 |

Masters 60+

|                           |                |                   |                |       |       |         |         |         |
|---------------------------|----------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Charles Bos            | De Roersoppers | 3:02.56 195300019 | <b>3:13.23</b> | +0,84 | 43.44 | 1:32.41 | 2:22.62 | 3:13.23 |
| 2. Piet Schop             | De Bevelanders | 3:22.94 195000109 | <b>3:20.58</b> | +0,69 | 44.10 | 1:35.26 | 2:29.17 | 3:20.58 |
| 3. Laurens klein Breteler | WWV            | 3:13.03 195400109 | <b>3:20.90</b> | +0,87 | 42.44 | 1:33.65 | 2:27.84 | 3:20.90 |

Masters 65+

|                         |       |                   |                |       |       |         |         |         |
|-------------------------|-------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Donald Uijtenbogaart | Het Y | 3:13.89 194700107 | <b>3:14.68</b> | +0,89 | 44.92 | 1:34.32 | 2:24.47 | 3:14.68 |
|-------------------------|-------|-------------------|----------------|-------|-------|---------|---------|---------|

Masters 70+

|                     |           |                     |                |         |         |         |         |         |
|---------------------|-----------|---------------------|----------------|---------|---------|---------|---------|---------|
| 1. Rob Hanou        | PSV       | 3:22.36 194300109   | <b>3:36.13</b> | +1,08   | 48.53   | 1:44.35 | 2:42.45 | 3:36.13 |
| 2. Nico Baay        | Old Dutch | 3:39.37 194200053   | <b>3:45.07</b> | +0,85   | 48.29   | 1:44.96 | 2:45.04 | 3:45.07 |
| 3. Ruud Sloof       | De Rijn   | 3:41.48 194400073   | <b>3:51.37</b> | +0,98   | 53.58   | 1:52.50 | 2:52.97 | 3:51.37 |
| 4. Kevork Boyrazian | CNSW      | 4:38.32 CNSW/609/44 | <b>4:47.38</b> | * +1,33 | 1:02.32 | 2:16.30 | 3:34.32 | 4:47.38 |

Masters 75+

|                 |            |                   |                |       |       |         |         |         |
|-----------------|------------|-------------------|----------------|-------|-------|---------|---------|---------|
| 1. Jan Eichhorn | ZV Haerlem | 4:12.86 193700015 | <b>4:22.36</b> | +1,10 | 59.60 | 2:05.74 | 3:13.31 | 4:22.36 |
|-----------------|------------|-------------------|----------------|-------|-------|---------|---------|---------|



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 28  
03-05-2014 - 14:43

Women, 200m Breaststroke

Masters Open  
Results

| rang naam                        | vereniging          | inschrijftijd |             | tijd           | RT    | 50m     | 100m    | 150m    | 200m    |
|----------------------------------|---------------------|---------------|-------------|----------------|-------|---------|---------|---------|---------|
| <b>Masters 20+</b>               |                     |               |             |                |       |         |         |         |         |
| 1. Suzanne Brummel               | LZ 1886             | 2:49.57       | 199401366   | <b>2:45.23</b> | +0,83 | 39.00   | 1:20.79 | 2:03.32 | 2:45.23 |
| <i>Nederlands Masters Record</i> |                     |               |             |                |       |         |         |         |         |
| 2. Chantal van der Horst         | De Meer             | 2:51.62       | 199400616   | <b>2:47.96</b> | +0,76 | 38.59   | 1:21.10 | 2:04.45 | 2:47.96 |
| 3. Maaïke Vooren                 | DAW                 | 2:48.73       | 199103324   | <b>2:52.46</b> | +0,88 | 38.92   | 1:22.73 | 2:07.38 | 2:52.46 |
| 4. Jasmijn Ruijgrok              | De Zijl/LGB         | 2:59.39       | 199401032   | <b>3:01.27</b> | +0,85 | 40.93   | 1:26.86 | 2:14.33 | 3:01.27 |
| 5. Rosanne de Boer               | LZ 1886             | 2:55.39       | 199104060   | <b>3:02.15</b> | +0,79 | 40.92   | 1:27.02 | 2:14.65 | 3:02.15 |
| 6. Désirée Hulsmeijer            | Het Ravijn          | 3:17.41       | 199001656   | <b>3:02.90</b> | +0,62 | 40.57   | 1:27.87 | 2:15.53 | 3:02.90 |
| 7. Erika Aan het Rot             | Octopus             | 2:51.84       | 199000010   | <b>3:02.94</b> | +0,71 | 39.59   | 1:25.34 | 2:13.51 | 3:02.94 |
| 8. Catherine Holmes              | Maidenhead Marlins  | 3:04.42       | 36934       | <b>3:05.21</b> | +0,77 | 40.32   | 1:27.51 | 2:16.09 | 3:05.21 |
| 9. Maaïke de Boer                | De Duinkickers      | 2:58.51       | 199000362   | <b>3:08.60</b> | +0,79 | 43.02   | 1:31.06 | 2:19.64 | 3:08.60 |
| 10. Nicky Vanhijfte              | Scheldestroom       | 3:15.09       | 199201806   | <b>3:20.42</b> | +0,73 | 42.90   | 1:31.84 | 2:24.86 | 3:20.42 |
| 11. Lieke Janssen                | HGN (SG)            | 3:14.34       | 199305954   | <b>3:26.27</b> | +0,90 | 46.33   | 1:38.77 | 2:33.14 | 3:26.27 |
| 12. Tara Keijzer                 | Steenwijk 1934      | 3:34.07       | 199108498   | <b>3:33.53</b> | +0,76 | 47.28   | 1:40.30 | 2:36.75 | 3:33.53 |
| 13. Janneke Wynia                | WS Twente           | 3:34.21       | 199005500   | <b>3:49.40</b> | +1,00 | 50.86   | 1:51.37 | 2:51.51 | 3:49.40 |
| 14. Carmen Ensink                | Piranha             | 3:55.66       | 199307842   | <b>3:55.75</b> | +0,98 | 51.06   | 1:47.65 | 2:50.81 | 3:55.75 |
| WDR Maartje Lenten               | De Spatters         | 3:01.29       | 199204286   |                |       |         |         |         |         |
| WDR Zarife Gela                  | d'ELFT WAVE (SG)    | 2:54.26       | 199200584   |                |       |         |         |         |         |
| <b>Masters 25+</b>               |                     |               |             |                |       |         |         |         |         |
| 1. Larissa Brak                  | AZ&PC               | 2:42.69       | 198800572   | <b>2:45.34</b> | +0,76 | 37.00   | 1:19.80 | 2:03.25 | 2:45.34 |
| <i>Nederlands Masters Record</i> |                     |               |             |                |       |         |         |         |         |
| 2. Marlijn Hendriksen            | Arethusa            | 2:50.74       | 198806828   | <b>2:54.29</b> | +0,74 | 40.19   | 1:24.46 | 2:09.59 | 2:54.29 |
| 3. Suzan van den Bogaard         | RZ                  | 2:54.21       | 198900450   | <b>3:02.24</b> | +0,73 | 40.15   | 1:26.02 | 2:13.63 | 3:02.24 |
| 4. Aniek Huijsman                | De Lansingh         | 3:04.02       | 198801932   | <b>3:04.49</b> | +0,78 | 40.49   | 1:26.89 | 2:15.02 | 3:04.49 |
| 5. Anne Duijst                   | De Amer             | 3:03.37       | 198901030   | <b>3:10.20</b> | +0,89 | 42.54   | 1:30.49 | 2:20.13 | 3:10.20 |
| 6. Monique Pronk                 | WVZ                 | 3:02.81       | 198803528   | <b>3:10.81</b> | +0,83 | 41.75   | 1:29.97 | 2:19.09 | 3:10.81 |
| 7. Maryse Lampe                  | Van Vliet-Barracuda | 3:02.34       | 198702458   | <b>3:11.31</b> | +0,76 | 43.06   | 1:31.07 | 2:21.12 | 3:11.31 |
| 8. Isaline Manchel               | CNSW                | 3:14.75       | CNSW/475/85 | <b>3:15.84</b> | +0,84 | 44.10   | 1:33.51 | 2:24.21 | 3:15.84 |
| 9. Linda Janssen                 | ZPB H&L Productions | 3:04.48       | 198802088   | <b>3:19.40</b> | +0,87 | 43.92   | 1:34.14 | 2:26.70 | 3:19.40 |
| 10. Liesbeth van Mill            | DWK                 | 3:16.38       | 198702786   | <b>3:26.78</b> | +0,90 | 46.56   | 1:38.71 | 2:32.24 | 3:26.78 |
| 11. Carola Hompes                | Budel               | 3:20.29       | 198801868   | <b>3:27.38</b> | +0,80 | 48.16   | 1:39.46 | 2:33.48 | 3:27.38 |
| 12. Margriet Aan het Rot         | Octopus             | 3:18.68       | 198603088   | <b>3:28.96</b> | +0,81 | 46.22   | 1:39.01 | 2:33.57 | 3:28.96 |
| 13. Sabine Duijst                | De Amer             | 3:21.16       | 198701032   | <b>3:32.63</b> | +0,87 | 47.11   | 1:40.70 | 2:36.74 | 3:32.63 |
| 14. Anne van den Besselaar       | HZ&PC Heerenveen    | 6:23.24       | 198504062   | <b>6:30.36</b> | +1,04 | 1:30.88 | 3:10.48 | 4:49.45 | 6:30.36 |
| DSQ Karin Hovenkamp              | De Spatters         | 3:13.12       | 198701850   |                | AA    |         |         |         |         |
| <b>Masters 30+</b>               |                     |               |             |                |       |         |         |         |         |
| 1. Nadya Putter                  | ZVVS                | 3:00.59       | 198301630   | <b>2:59.42</b> | +0,70 | 41.82   | 1:27.96 | 2:13.81 | 2:59.42 |
| 2. Pauline Tieleman              | De Geul             | 3:10.42       | 198403348   | <b>3:10.11</b> | +0,77 | 43.51   | 1:32.60 | 2:20.59 | 3:10.11 |
| 3. Roos van Esch                 | TRB-RES             | 3:12.45       | 198200468   | <b>3:13.00</b> | +0,83 | 43.86   | 1:32.48 | 2:22.67 | 3:13.00 |
| 4. Annette Vogelsang             | ZV De Bron          | 3:13.55       | 198402632   | <b>3:23.00</b> | +0,91 | 44.95   | 1:34.59 | 2:28.26 | 3:23.00 |
| <b>Masters 35+</b>               |                     |               |             |                |       |         |         |         |         |
| 1. Liselotte Joling              | PSV                 | 3:07.03       | 197500268   | <b>3:03.57</b> | +0,98 | 41.85   | 1:30.00 | 2:17.37 | 3:03.57 |
| 2. Inez Heideman                 | WS Twente           | 3:16.95       | 197500198   | <b>3:08.22</b> | +0,91 | 42.00   | 1:29.84 | 2:19.32 | 3:08.22 |
| 3. Kristel Lips                  | ZV De Bron          | 3:13.93       | 197900562   | <b>3:23.49</b> | +0,99 | 45.76   | 1:36.67 | 2:29.68 | 3:23.49 |
| <b>Masters 40+</b>               |                     |               |             |                |       |         |         |         |         |
| 1. Nadège van Meeteren           | De Meer             | 3:05.97       | 197400736   | <b>3:00.41</b> | +0,79 | 40.68   | 1:26.29 | 2:13.97 | 3:00.41 |
| 2. Karin Stein                   | ZVVS                | 2:58.64       | 197100554   | <b>3:00.99</b> | +0,85 | 40.40   | 1:27.46 | 2:14.20 | 3:00.99 |
| 3. Miranda Straetemans           | Zignea              | 3:11.36       | 197400514   | <b>3:10.89</b> | +0,91 | 43.20   | 1:31.45 | 2:20.85 | 3:10.89 |
| 4. Pascaline Neiss-Janssen       | De Roersoppers      | 3:14.48       | 197300852   | <b>3:19.50</b> | +0,99 | 45.37   | 1:36.90 | 2:27.55 | 3:19.50 |
| 5. Ageeth Boomsma                | Orca                | 3:30.33       | 197000826   | <b>3:39.21</b> | +0,95 | 49.68   | 1:43.99 | 2:42.04 | 3:39.21 |
| 6. Annet Kootstra                | Swol 1894           | 3:31.49       | 197100344   | <b>3:40.08</b> | +0,88 | 50.83   | 1:47.54 | 2:44.49 | 3:40.08 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 28, Women, 200m Breaststroke

Masters 45+

|                          |                       |         |           |                |       |       |         |         |         |
|--------------------------|-----------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Annette Wijnja-Visser | De Biesboschzweimmers | 2:58.80 | 196700528 | <b>2:59.87</b> | +0,74 | 40.48 | 1:25.75 | 2:12.27 | 2:59.87 |
| 2. Bridget Bewick        | Maidenhead Marlins    | 3:11.93 | 36934     | <b>3:10.66</b> | +0,90 | 43.52 | 1:31.77 | 2:21.25 | 3:10.66 |
| 3. Esther Mijnen         | ZV De Zaan            | 3:19.77 | 196900846 | <b>3:27.25</b> | +0,81 | 45.11 | 1:37.58 | 2:32.23 | 3:27.25 |
| 4. Irna van der Molen    | Het Ravijn            | 3:29.08 | 196900938 | <b>3:33.42</b> | +0,71 | 48.47 | 1:43.99 | 2:38.65 | 3:33.42 |
| 5. Monika Millet         | The Mermaids          | 3:43.38 | 66MONI    | <b>3:45.94</b> | +1,01 | 51.80 | 1:48.77 | 2:48.10 | 3:45.94 |
| 6. Yvette Kilian         | Zoetermeer            | 3:38.42 | 196600534 | <b>3:46.63</b> | +0,85 | 51.57 | 1:48.93 | 2:48.34 | 3:46.63 |
| 7. Ingeborg Stokx        | DAW                   | 3:57.23 | 196700666 | <b>3:49.29</b> | +0,71 | 52.47 | 1:52.28 | 2:51.24 | 3:49.29 |
| WDR Margriet de Hoop     | De Fuut               | 4:05.82 | 196800848 |                |       |       |         |         |         |
| WDR Friderika Kerekes    | AZ&PC                 | 3:41.37 | 196500540 |                |       |       |         |         |         |

Masters 50+

|                      |                 |         |           |                |       |         |         |         |         |
|----------------------|-----------------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Hannah Ueckermann | Witham Dolphins | 3:07.54 | 50524     | <b>3:06.33</b> | +0,82 | 44.93   | 1:31.32 | 2:19.27 | 3:06.33 |
| 2. Annemarie Vuist   | Swol 1894       | 3:15.45 | 196300282 | <b>3:20.59</b> | +0,95 | 46.62   | 1:37.92 | 2:30.02 | 3:20.59 |
| 3. Petra Tossings    | DAW             | 3:20.52 | 196100376 | <b>3:27.69</b> | +0,86 | 47.48   | 1:40.81 | 2:34.97 | 3:27.69 |
| 4. Inge Wolfs        | PLONS           | 3:34.88 | 196000304 | <b>3:31.08</b> | +0,83 | 49.68   | 1:44.67 | 2:39.46 | 3:31.08 |
| 5. Marjan Spoelstra  | Swol 1894       | 3:51.00 | 196000236 | <b>3:54.48</b> | +0,94 | 54.20   | 1:53.85 | 2:54.34 | 3:54.48 |
| 6. Lilian Kelly      | Budel           | 4:34.42 | 196300534 | <b>4:41.21</b> | +1,08 | 1:03.87 | 2:15.78 | 3:31.00 | 4:41.21 |

Masters 55+

|                   |            |         |           |                |       |         |         |         |         |
|-------------------|------------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Monica Bakker  | ZVZ        | 3:48.43 | 195600082 | <b>3:40.39</b> | +1,00 | 50.28   | 1:45.36 | 2:43.96 | 3:40.39 |
| 2. Anje Manuputty | De Dolfijn | 4:12.31 | 195700176 | <b>4:05.23</b> | +0,95 | 55.10   | 1:56.77 | 3:00.76 | 4:05.23 |
| 3. Mies Kuipers   | Old Dutch  | 4:18.20 | 195800202 | <b>4:35.06</b> | +0,87 | 1:05.37 | 2:15.39 | 3:27.32 | 4:35.06 |

Masters 60+

|                           |            |         |           |                |       |         |         |         |         |
|---------------------------|------------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Gonnie Bak             | PSV        | 3:59.46 | 195100064 | <b>4:13.02</b> | +0,90 | 59.50   | 2:04.32 | 3:08.04 | 4:13.02 |
| 2. Geerdien Meerwaldt     | De Geul    | 4:41.45 | 195200058 | <b>4:38.27</b> | +1,14 | 1:00.88 | 2:12.36 | 3:24.07 | 4:38.27 |
| 3. N. van Dongen-de Paape | De Devel   | 4:47.95 | 195100044 | <b>4:52.62</b> | +1,31 | 1:03.88 | 2:19.14 | 3:36.10 | 4:52.62 |
| 4. Janny van der Weide    | Deltasteur | 5:13.30 | 195100066 | <b>5:33.25</b> |       | 1:17.57 | 2:41.00 | 4:07.51 | 5:33.25 |

Masters 65+

|   |           |         |           |                |       |         |         |         |         |
|---|-----------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Bea Swijnenberg                            | Swol 1894 | 3:44.47 | 194900010 | <b>3:35.80</b> | +0,78 | 49.58   | 1:45.67 | 2:41.99 | 3:35.80 |
| <i>Nederlands Masters Record, tt 100m NMR</i> |           |         |           |                |       |         |         |         |         |
| 2. Loekie v. Huissteden                       | AZ&PC     | 4:20.21 | 194500002 | <b>4:27.68</b> | +1,00 | 1:02.15 | 2:11.10 | 3:19.95 | 4:27.68 |

Masters 70+

|                       |           |         |           |                |       |         |         |         |         |
|-----------------------|-----------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Matty van der Veen | Old Dutch | 4:08.85 | 194400020 | <b>4:38.93</b> | +1,28 | 1:04.84 | 2:15.12 | 3:27.14 | 4:38.93 |
| 2. Liesbeth ter Laak  | PSV       | 5:17.47 | 194200008 | <b>5:20.79</b> | +1,09 | 1:14.12 | 2:37.24 | 3:58.76 | 5:20.79 |

Masters 80+

|                        |      |         |               |                |       |       |         |         |         |
|------------------------|------|---------|---------------|----------------|-------|-------|---------|---------|---------|
| 1. Agnes Van Obberghen | AZSC | 4:05.52 | AZSC/20696/31 | <b>4:13.03</b> | +1,12 | 55.93 | 2:00.09 | 3:06.81 | 4:13.03 |
|------------------------|------|---------|---------------|----------------|-------|-------|---------|---------|---------|

Masters 85+

|                       |       |         |           |  |  |  |  |  |  |
|-----------------------|-------|---------|-----------|--|--|--|--|--|--|
| WDR Anneke Logtenberg | OZ&PC | 6:05.55 | 192900004 |  |  |  |  |  |  |
|-----------------------|-------|---------|-----------|--|--|--|--|--|--|







Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 29  
03-05-2014 - 15:22

Men, 100m Freestyle

Masters Open  
Results

| rang naam                  | vereniging              | inschrijftijd     | tijd             | RT    | 50m   | 100m    |
|----------------------------|-------------------------|-------------------|------------------|-------|-------|---------|
| <b>Masters 20+</b>         |                         |                   |                  |       |       |         |
| 1. Ensger Kotterink        | Albion                  | 51.15 199403391   | <b>53.09</b>     | +0,68 | 25.28 | 53.09   |
| 2. Lars Sieval             | LZ 1886                 | 55.65 199300723   | <b>56.33</b>     | +0,62 | 27.04 | 56.33   |
| 3. Rutger Dalm             | De Lansingh             | 56.70 199005561   | <b>57.77</b>     | +0,77 | 27.81 | 57.77   |
| 4. Mike Koelewijn          | Steenwijk 1934          | 56.31 199303597   | <b>58.91</b>     | +0,71 | 27.84 | 58.91   |
| 5. Bram Meijlis            | ESCA Zwemmen            | 55.57 199401967   | <b>59.04</b>     | +0,71 | 27.91 | 59.04   |
| 6. Robin Eltink            | NDD                     | 57.64 199406147   | <b>59.21</b>     | +0,82 | 28.39 | 59.21   |
| 7. Rens Post               | WVZ                     | 57.96 199101827   | <b>59.85</b>     | +0,72 | 28.33 | 59.85   |
| 8. Jasper de Boer          | ZPC De Hof              | 57.08 199300051   | <b>59.90</b>     | +0,79 | 28.49 | 59.90   |
| 9. Sjoerd Sieval           | LZ 1886                 | 59.65 199002663   | <b>1:00.34</b>   | +0,74 | 29.14 | 1:00.34 |
| 10. Dennis Bosma           | Montferland             | 56.55 199403851   | <b>1:01.16</b>   | +0,67 | 28.52 | 1:01.16 |
| 11. Patrick Brouwer        | AZC                     | 1:02.61 199303715 | <b>1:04.34</b> * | +0,92 | 30.67 | 1:04.34 |
| 12. Michael Schlijper      | Eurode KZC              | 1:04.28 199303691 | <b>1:04.80</b>   | +0,94 | 31.39 | 1:04.80 |
| 13. Coen van der Wekken    | MGO (SG)                | 1:04.42 199202965 | <b>1:05.07</b>   | +0,72 | 30.94 | 1:05.07 |
| 14. Timo van der Wel       | Piranha                 | 1:13.05 199307221 | <b>1:10.83</b>   | +0,91 | 34.58 | 1:10.83 |
| 15. Mark Meijerink         | d'ELFT WAVE (SG)        | 1:16.21 199107559 | <b>1:11.93</b>   | +1,05 | 34.01 | 1:11.93 |
| 16. Jerry Alberto          | De Futen                | 1:10.51 199406523 | <b>1:12.53</b>   | +0,73 | 32.49 | 1:12.53 |
| WDR Ruben Stolk            | ZOB'66                  | 57.68 199005665   |                  |       |       |         |
| <b>Masters 25+</b>         |                         |                   |                  |       |       |         |
| 1. Alex Schelvis           | NZ&PC                   | 54.30 198702927   | <b>55.10</b>     | +0,74 | 26.32 | 55.10   |
| 2. Raoul Engelenburg       | Zwemlust-den Hommel     | 56.08 198900843   | <b>55.63</b>     | +0,68 | 27.26 | 55.63   |
| 3. Martin Teley            | PSV                     | 55.70 198906059   | <b>56.76</b>     | +0,72 | 27.35 | 56.76   |
| 4. Richard Huiskens        | ZPC De Hof              | 55.02 198501141   | <b>57.47</b>     | +0,71 | 27.29 | 57.47   |
| 5. Jean Pierre Bisslik     | DES                     | 56.34 198705243   | <b>57.70</b>     | +0,59 | 28.15 | 57.70   |
| 6. Roderik Meijers         | ZOB'66                  | 56.72 198602063   | <b>57.89</b>     | +0,74 | 27.17 | 57.89   |
| 7. Erik van der Heide      | Zuiderzeezwemmers       | 58.21 198801337   | <b>58.27</b>     | +0,73 | 28.04 | 58.27   |
| 8. Emiel Huiskens          | ZPC De Hof              | 55.11 198501139   | <b>58.59</b>     | +0,74 | 27.61 | 58.59   |
| 9. Brian Narain            | DSZ                     | 56.93 198904363   | <b>58.89</b>     | +0,77 | 28.06 | 58.89   |
| 10. Rick Driezen           | Steenwijk 1934          | 1:00.77 198600713 | <b>1:00.49</b>   | +0,88 | 29.48 | 1:00.49 |
| 11. Hjalmar de Ruiters     | NDD                     | 54.25 198902695   | <b>1:01.29</b>   | +0,66 | 28.55 | 1:01.29 |
| 12. Peter van den Dool     | GoSwim                  | 1:00.49 198704973 | <b>1:01.31</b>   | +0,86 | 29.07 | 1:01.31 |
| 13. Martijn van Hoorn      | MGO (SG)                | 58.53 198901343   | <b>1:02.01</b>   | +0,79 | 29.63 | 1:02.01 |
| 14. Melano Winter          | RSW (SG)                | 1:02.16 198703847 | <b>1:02.36</b>   | +0,76 | 29.33 | 1:02.36 |
| 15. Dirk-Jan Pronk         | LZ 1886                 | 1:02.46 198702665 | <b>1:04.06</b>   | +0,85 | 30.56 | 1:04.06 |
| 16. Dimitri Sauvage        | TRB-RES                 | 1:04.38 198906755 | <b>1:04.15</b>   | +0,71 | 29.98 | 1:04.15 |
| 17. Erik van der Zeijden   | RZ                      | 1:05.25 198604569 | <b>1:07.03</b>   | +0,82 | 31.62 | 1:07.03 |
| 18. Willem Jacobs          | d'ELFT WAVE (SG)        | 1:07.02 198705037 | <b>1:07.78</b>   | +0,68 | 32.25 | 1:07.78 |
| 19. Patrick de Jonge       | ZPC Woerden             | 1:14.42 198906635 | <b>1:08.31</b>   | +0,81 | 32.13 | 1:08.31 |
| 20. Mark den Blanken       | d'ELFT WAVE (SG)        | 1:10.35 198806087 | <b>1:08.96</b>   | +0,72 | 32.01 | 1:08.96 |
| 21. Elmar Steenhof         | ZVW'74                  | 1:05.90 198502481 | <b>1:09.27</b>   | +0,82 | 32.70 | 1:09.27 |
| 22. Wouter van 't Klooster | AZ&PC                   | 1:11.15 198806159 | <b>1:10.95</b>   | +0,70 | 32.92 | 1:10.95 |
| <b>Masters 30+</b>         |                         |                   |                  |       |       |         |
| 1. Kristiaan Lenos         | LZ 1886                 | 56.45 198301331   | <b>56.13</b>     | +0,83 | 27.27 | 56.13   |
| 2. Lauren Vis              | Steenwijk 1934          | 56.60 198201883   | <b>56.58</b>     | +0,74 | 27.13 | 56.58   |
| 3. Jim Geestman            | RSW (SG)                | 56.10 198300699   | <b>58.18</b>     | +0,86 | 28.13 | 58.18   |
| 4. Bart Groenemans         | PLONS                   | 1:01.01 198200551 | <b>59.13</b>     | +0,72 | 27.92 | 59.13   |
| 5. Mark Musch              | Zwemlust-den Hommel     | 1:00.43 198401609 | <b>59.29</b>     | +0,77 | 27.27 | 59.29   |
| 6. Ronald Koeckhoven       | Zwemvereniging Westland | 58.73 198102017   | <b>1:00.57</b>   | +0,80 | 28.66 | 1:00.57 |
| 7. Ferry Blangé            | ZOB'66                  | 58.51 198300185   | <b>1:00.67</b>   | +0,78 | 28.36 | 1:00.67 |
| 8. Erik Drewes             | De Biesboschzwemmers    | 1:04.99 198400543 | <b>1:01.11</b>   | +0,75 | 28.89 | 1:01.11 |
| 9. Fabian Kissler          | The Mermaids            | 1:01.89 81FABI    | <b>1:02.85</b>   | +0,82 | 29.22 | 1:02.85 |
| 10. Bas v.d. Laan          | WVZ                     | 1:00.18 198302471 | <b>1:03.09</b>   | +0,77 | 28.86 | 1:03.09 |
| 11. Jeroen Vogelsang       | DAW                     | 1:03.69 198001645 | <b>1:04.92</b>   | +0,86 | 31.23 | 1:04.92 |
| 12. Joël Kapelle           | ZVW'74                  | 1:03.95 198200857 | <b>1:05.72</b>   | +0,69 | 30.37 | 1:05.72 |
| Albert Garcia i Tormo      | PSV                     | 1:03.24 198202583 | <b>1:05.72</b>   | +0,65 | 30.52 | 1:05.72 |
| 14. Hans Cligge            | De Futen                | 1:11.43 198100315 | <b>1:11.51</b>   | +0,82 | 32.53 | 1:11.51 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 29, Men, 100m Freestyle, Masters 30+

| rang naam             | vereniging         | inschrijftijd |           | tijd           | RT    | 50m   | 100m    |
|-----------------------|--------------------|---------------|-----------|----------------|-------|-------|---------|
| 15. Marnix Cornelisse | LZ 1886            | 1:12.13       | 198002343 | <b>1:13.08</b> | +0,74 | 33.62 | 1:13.08 |
| DSQ Maarten Prot      | Upstream Amsterdam | 1:08.80       | 198403195 |                | AA    |       |         |

Masters 35+

|                       |                     |         |           |                |       |       |         |
|-----------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Roland de Jong     | Eurode KZC          | 55.71   | 197601513 | <b>56.93</b>   | +0,74 | 27.40 | 56.93   |
| 2. Jeroen Zelsmann    | Upstream Amsterdam  | 57.32   | 197701551 | <b>57.54</b>   | +0,76 | 27.29 | 57.54   |
| 3. Dennis Schouten    | Upstream Amsterdam  | 57.93   | 197501351 | <b>58.54</b>   | +0,77 | 27.97 | 58.54   |
| 4. Alex Damen         | DAW                 | 59.77   | 197501371 | <b>59.58</b>   | +0,78 | 29.09 | 59.58   |
| 5. Mark Zwart         | Zwemlust-den Hommel | 57.56   | 197901461 | <b>59.88</b>   | +0,83 | 28.82 | 59.88   |
| 6. Victor Barnar      | GoSwim              | 58.80   | 197801805 | <b>1:00.65</b> | +0,74 | 29.08 | 1:00.65 |
| 7. Erik Lamers        | De Gelenberg        | 59.63   | 197500507 | <b>1:01.02</b> | +0,70 | 28.39 | 1:01.02 |
| 8. Dimitrie Sonnemans | RZ                  | 1:00.58 | 197501391 | <b>1:01.45</b> | +0,85 | 28.69 | 1:01.45 |
| 9. Erwin Zuidervelt   | De Futen            | 1:00.97 | 197501015 | <b>1:02.91</b> | +0,78 | 30.10 | 1:02.91 |
| 10. Kelvin Isselt     | RZ                  | 1:03.45 | 197601119 | <b>1:03.98</b> | +0,72 | 29.24 | 1:03.98 |
| 11. Bas Broekhuis     | MZ&PC               | 1:05.52 | 197601561 | <b>1:04.62</b> | +0,82 | 30.80 | 1:04.62 |
| 12. Steven Prins      | PLONS               | 1:04.01 | 197901833 | <b>1:05.13</b> | +0,70 | 31.12 | 1:05.13 |
| 13. Mark van Wijk     | WZK Zwemmen         | 1:07.90 | 197801725 | <b>1:05.20</b> | +0,85 | 30.85 | 1:05.20 |
| 14. Okko de Haas      | ZV De Bron          | 1:03.97 | 197801593 | <b>1:06.02</b> | +0,87 | 31.13 | 1:06.02 |
| 15. Gino Martijn      | RZ                  | 1:05.62 | 197901865 | <b>1:06.35</b> | +0,70 | 30.41 | 1:06.35 |
| 16. Arjan Aalbers     | Swol 1894           | 1:04.22 | 197500001 | <b>1:06.40</b> | +0,88 | 30.29 | 1:06.40 |
| 17. Johan Wezenberg   | Swol 1894           | 1:05.97 | 197601023 | <b>1:09.69</b> | +1,09 | 32.78 | 1:09.69 |
| 18. Arnold Kiburg     | Steenwijk 1934      | 1:13.68 | 197501423 | <b>1:16.86</b> | +0,80 | 35.73 | 1:16.86 |
| 19. Remco Luijnenburg | WIDEX GZC DONK      | 1:23.42 | 197901851 | <b>1:31.66</b> | +0,98 | 42.97 | 1:31.66 |
| WDR Svet Gavrilov     | GLS Ketelbinkie     | 1:02.93 | 197501263 |                |       |       |         |

Masters 40+

|                          |                 |         |           |                |       |       |         |
|--------------------------|-----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marcel van Winssen    | De Gelenberg    | 1:01.31 | 197101477 | <b>58.65</b>   | +0,79 | 27.67 | 58.65   |
| 2. Richard Rickse        | HGN (SG)        | 59.08   | 197000841 | <b>1:01.67</b> | +0,79 | 29.62 | 1:01.67 |
| 3. Antwan van Engen      | De Ward         | 1:01.80 | 197101577 | <b>1:02.24</b> | +0,77 | 29.18 | 1:02.24 |
| 4. Francois Boudreault   | PLONS           | 1:05.60 | 197401155 | <b>1:03.32</b> | +0,79 | 30.07 | 1:03.32 |
| 5. Machiel Stolk         | Swol 1894       | 1:01.03 | 197400779 | <b>1:04.00</b> | +0,91 | 30.42 | 1:04.00 |
| 6. Mark van Wingerden    | RZ              | 1:03.82 | 197001665 | <b>1:05.46</b> | +0,89 | 30.40 | 1:05.46 |
| 7. Martin Berkhout       | LZ 1886         | 1:04.93 | 197101123 | <b>1:05.81</b> | +0,79 | 31.26 | 1:05.81 |
| 8. Stefan Vogel          | Racing Club     | 1:07.14 | 197101589 | <b>1:09.05</b> | +0,80 | 33.49 | 1:09.05 |
| 9. Edward van Nijmweegen | Budel           | 1:12.72 | 197001635 | <b>1:12.13</b> | +0,99 | 33.91 | 1:12.13 |
| 10. Marcel Hoeksel       | ZVVS            | 1:10.20 | 197001655 | <b>1:13.38</b> | +1,03 | 34.28 | 1:13.38 |
| 11. Mike Molenaar        | Zoetermeer      | 1:16.81 | 197201493 | <b>1:15.50</b> | +1,21 | 36.48 | 1:15.50 |
| 12. Bas van Gool         | De Geul         | 1:17.48 | 197201435 | <b>1:20.62</b> | +0,88 | 36.33 | 1:20.62 |
| 13. Oebele Boomsma       | Orca            | 1:30.16 | 197001659 | <b>1:28.39</b> | +1,02 | 40.77 | 1:28.39 |
| WDR Harry Raven          | GLS Ketelbinkie | 1:07.25 | 197000831 |                |       |       |         |
| WDR Jeroen Kraaijeveld   | PLONS           | 1:11.10 | 197301257 |                |       |       |         |

Masters 45+

|                          |                         |         |           |                |       |       |         |
|--------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Arjan Bellaart        | Oceanus                 | 1:00.60 | 196900079 | <b>1:00.28</b> | +0,77 | 28.52 | 1:00.28 |
| 2. Ron Korzelius         | AZ&PC                   | 1:02.71 | 196500513 | <b>1:03.25</b> | +0,75 | 30.50 | 1:03.25 |
| 3. Marc Bleeker          | d'ELFT WAVE (SG)        | 1:09.09 | 196901729 | <b>1:05.80</b> | +1,00 | 31.69 | 1:05.80 |
| 4. Jeroen Kort           | DAW                     | 1:07.83 | 196801543 | <b>1:05.89</b> | +0,70 | 32.38 | 1:05.89 |
| 5. Francis Roosen        | VZV Njord               | 1:06.11 | 196801581 | <b>1:06.16</b> | +0,78 | 31.39 | 1:06.16 |
| 6. Jos Wensink           | WS Twente               | 1:04.10 | 196901719 | <b>1:06.50</b> | +0,65 | 30.08 | 1:06.50 |
| 7. Freddy van der Veen   | ZVVS                    | 1:07.62 | 196601161 | <b>1:06.86</b> | +1,07 | 30.82 | 1:06.86 |
| 8. Darren Hamshere       | Potters Bar SC          | 1:06.28 | 955680    | <b>1:07.42</b> | +0,77 | 32.91 | 1:07.42 |
| 9. Pieter-Sjoerd de Wijn | Aqua-Novio'94           | 1:08.24 | 196501027 | <b>1:07.68</b> | +0,75 | 32.05 | 1:07.68 |
| 10. Marc Wouters         | PSV                     | 1:06.02 | 196501501 | <b>1:07.80</b> | +1,07 | 32.40 | 1:07.80 |
| 11. Fred Dijkshoorn      | Zwemvereniging Westland | 1:06.97 | 196501539 | <b>1:07.81</b> | +0,89 | 31.95 | 1:07.81 |
| 12. Erik Saan            | De Duck                 | 1:07.91 | 196500769 | <b>1:08.60</b> | +0,93 | 31.92 | 1:08.60 |
| 13. Marcel Brittijn      | De Duinkickers          | 1:08.51 | 196900159 | <b>1:11.69</b> | +0,70 | 32.75 | 1:11.69 |
| 14. Eugene Gormley       | Potters Bar SC          | 1:09.49 | 778738    | <b>1:12.10</b> | +0,86 | 33.54 | 1:12.10 |
| 15. Harald Mulder        | Zoetermeer              | 1:12.52 | 196701459 | <b>1:12.40</b> | +1,01 | 35.09 | 1:12.40 |
| 16. Peter Schielen       | De Fuut                 | 1:11.99 | 196501531 | <b>1:12.98</b> | +0,75 | 33.85 | 1:12.98 |
| 17. Yves van den Berg    | WIDEX GZC DONK          | 1:11.22 | 196601437 | <b>1:14.35</b> | +0,94 | 35.54 | 1:14.35 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 29, Men, 100m Freestyle, Masters 45+

| rang naam                 | vereniging       | inschrijftijd |             | tijd           | RT    | 50m   | 100m    |
|---------------------------|------------------|---------------|-------------|----------------|-------|-------|---------|
| 18. Ramon Alsina Munoz    | CNSW             | 1:15.89       | CNSW/608/69 | <b>1:15.47</b> | +0,88 | 35.24 | 1:15.47 |
| 19. Richard Rozema        | d'ELFT WAVE (SG) | 1:24.67       | 196701583   | <b>1:17.00</b> | +1,03 | 35.37 | 1:17.00 |
| 20. Gertjan van der Vaart | ZVVS             | 1:16.71       | 196801529   | <b>1:17.22</b> | +0,80 | 36.29 | 1:17.22 |
| 21. Mark Formby           | Potters Bar SC   | 1:27.43       | 907997      | <b>1:26.07</b> | +0,86 | 39.85 | 1:26.07 |

Masters 50+

|                              |                |         |           |                |       |       |         |
|------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Edwin v. Norden           | AZ&PC          | 59.08   | 196300563 | <b>57.53</b>   | +0,71 | 27.66 | 57.53   |
| <i>Kampioenschaps Record</i> |                |         |           |                |       |       |         |
| 2. Cees van Houwelingen      | De Schelde     | 57.05   | 196300351 | <b>59.47</b>   | +0,93 | 28.61 | 59.47   |
| 3. Dmitry Kromskiy           | Poseidon       | 1:00.75 | 037011    | <b>1:00.83</b> | +0,83 | 29.28 | 1:00.83 |
| 4. Rene de Boer              | DAW            | 1:01.98 | 196400087 | <b>1:02.42</b> | +0,82 | 30.18 | 1:02.42 |
| 5. John Stokx                | DAW            | 1:03.38 | 196401341 | <b>1:05.40</b> | +0,79 | 30.78 | 1:05.40 |
| 6. Rob Penninks              | PSV            | 1:08.39 | 196000897 | <b>1:08.64</b> | +0,81 | 32.56 | 1:08.64 |
| 7. Henk Kuipers              | UZSC           | 1:13.39 | 196201207 | <b>1:08.91</b> | +0,84 | 32.41 | 1:08.91 |
| 8. Eric Langhorst            | De Rijn        | 1:12.99 | 196200389 | <b>1:09.03</b> | +0,85 | 33.61 | 1:09.03 |
| 9. Bob Nieuwenhuys           | De Fuut        | 1:08.92 | 196201227 | <b>1:09.06</b> | +0,82 | 32.35 | 1:09.06 |
| 10. Robert de Brauwer        | De Duinkickers | 1:08.84 | 196401383 | <b>1:09.94</b> | +0,90 | 32.53 | 1:09.94 |
| 11. Rob van Wijk             | DES            | 1:11.43 | 196401213 | <b>1:11.97</b> | +0,89 | 34.35 | 1:11.97 |
| 12. James Norman             | PLONS          | 1:12.49 | 196001029 | <b>1:12.68</b> | +0,88 | 34.94 | 1:12.68 |
| 13. Nico Buurman             | PSV            | 1:14.57 | 196401357 | <b>1:15.33</b> | +0,92 | 35.24 | 1:15.33 |
| 14. John Tersteeg            | De Fuut        | 1:19.76 | 196001039 | <b>1:23.54</b> | +0,88 | 39.56 | 1:23.54 |
| 15. Marco Schoenmakers       | ZVVS           | 1:27.98 | 196401375 | <b>1:24.10</b> | +0,89 | 38.95 | 1:24.10 |
| WDR Hendrik Haze             | GoSwim         | 1:09.42 | 196401387 |                |       |       |         |

Masters 55+

|                     |                  |         |           |                |       |       |         |
|---------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Albert Boonstra  | Aqua-Novio'94    | 59.55   | 195700425 | <b>1:00.32</b> | +0,84 | 29.39 | 1:00.32 |
| 2. Marten de Groot  | HZ&PC Heerenveen | 59.65   | 195800149 | <b>1:00.82</b> | +0,86 | 29.93 | 1:00.82 |
| 3. Gerhard Prohaska | EW Donau SC 1903 | 1:07.10 | 19054     | <b>1:08.47</b> | +0,80 | 32.73 | 1:08.47 |
| 4. Evertjan Masurel | PSV              | 1:08.55 | 195600495 | <b>1:09.26</b> | +0,87 | 32.99 | 1:09.26 |
| 5. Hans Groothelm   | DBD              | 1:08.87 | 195800151 | <b>1:09.76</b> | +0,76 | 32.91 | 1:09.76 |
| 6. Johan Wouda      | Neptunus         | 1:12.85 | 195500395 | <b>1:12.87</b> | +1,01 | 34.90 | 1:12.87 |
| 7. Leo de Keizer    | PLONS            | 1:19.27 | 195600487 | <b>1:18.75</b> | +0,89 | 35.81 | 1:18.75 |
| 8. Peter Coffeng    | WIDEX GZC DONK   | 1:22.09 | 195700063 | <b>1:22.45</b> | +0,97 | 38.65 | 1:22.45 |

Masters 60+

|                              |                |         |           |                |       |       |         |
|------------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Brend Brevé               | PSV            | 1:06.97 | 195200265 | <b>1:06.08</b> | +0,81 | 32.06 | 1:06.08 |
| <i>Kampioenschaps Record</i> |                |         |           |                |       |       |         |
| 2. Piet Schop                | De Bevelanders | 1:11.32 | 195000109 | <b>1:10.14</b> | +0,69 | 33.32 | 1:10.14 |
| 3. Jan Vonk                  | De Amer        | 1:11.60 | 195400237 | <b>1:10.61</b> | +0,89 | 34.02 | 1:10.61 |
| 4. Laurens klein Breteler    | WWV            | 1:13.04 | 195400109 | <b>1:15.29</b> | +0,87 | 35.59 | 1:15.29 |
| 5. Frank Zwijnenberg         | PSV            | 1:18.26 | 195400361 | <b>1:16.71</b> | +0,65 | 36.79 | 1:16.71 |
| 6. Jos Kamps                 | De Amer        | 1:15.04 | 195100085 | <b>1:17.79</b> | +1,21 | 37.40 | 1:17.79 |
| 7. Richard Catoire           | Oceanus        | 1:19.31 | 195200253 | <b>1:20.74</b> | +0,99 | 37.41 | 1:20.74 |

Masters 65+

|                  |            |         |           |                |       |       |         |
|------------------|------------|---------|-----------|----------------|-------|-------|---------|
| 1. Han Roos      | ZV De Bron | 1:14.47 | 194500081 | <b>1:15.76</b> | +0,99 | 36.35 | 1:15.76 |
| 2. Willem Putter | ZVVS       | 1:16.05 | 194500135 | <b>1:18.30</b> | +1,01 | 37.98 | 1:18.30 |

Masters 70+

|                     |           |         |           |                |       |       |         |
|---------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Frans van Enst   | WS Twente | 1:19.13 | 194000011 | <b>1:20.40</b> | +0,99 | 36.75 | 1:20.40 |
| 2. Ruud Sloof       | De Rijn   | 1:20.77 | 194400073 | <b>1:24.51</b> | +1,01 | 40.09 | 1:24.51 |
| 3. Geza Kaltenecker | AZC       | 1:23.26 | 194200065 | <b>1:25.81</b> | +1,02 | 39.38 | 1:25.81 |
| 4. Wim ter Laak     | PSV       | 1:46.56 | 194000027 | <b>1:52.41</b> | +1,18 | 52.96 | 1:52.41 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 29, Men, 100m Freestyle

Masters 75+

|                  |               |         |           |                |       |       |         |
|------------------|---------------|---------|-----------|----------------|-------|-------|---------|
| 1. Nic Geers     | Z&PC De Gouwe | 1:16.12 | 193800007 | <b>1:22.11</b> | +0,94 | 41.14 | 1:22.11 |
| 2. Gregor Pompen | Aqua-Novio'94 | 1:28.88 | 193700021 | <b>1:34.68</b> | +1,09 | 45.87 | 1:34.68 |

Masters 80+

|              |     |         |           |
|--------------|-----|---------|-----------|
| WDR Bob Berg | PSV | 1:42.85 | 193300011 |
|--------------|-----|---------|-----------|

Event 30

03-05-2014 - 15:54

Women, 100m Freestyle

Masters Open

Results

| rang naam                 | vereniging          | inschrijftijd |           | tijd           | RT    | 50m   | 100m    |
|---------------------------|---------------------|---------------|-----------|----------------|-------|-------|---------|
| <b>Masters 20+</b>        |                     |               |           |                |       |       |         |
| 1. Malissa van der Horst  | Zwemlust-den Hommel | 58.79         | 199200810 | <b>59.20</b>   | +0,73 | 28.44 | 59.20   |
| 2. Jolanda Post           | DIO                 | 58.97         | 199004848 | <b>1:01.02</b> | +0,73 | 29.15 | 1:01.02 |
| 3. Inge Pepping           | Aqua-Novio'94       | 59.36         | 199402308 | <b>1:03.71</b> | +0,78 | 30.34 | 1:03.71 |
| 4. Natasja Snijders       | Aqua-Novio'94       | 1:01.59       | 199107966 | <b>1:03.82</b> | +0,81 | 30.91 | 1:03.82 |
| 5. Isabelle Massar        | WVZ                 | 1:02.38       | 199102034 | <b>1:04.11</b> | +0,82 | 30.39 | 1:04.11 |
| 6. Kimberley Kranenberg   | ZPC De Hof          | 1:03.05       | 199400292 | <b>1:04.47</b> | +0,75 | 31.09 | 1:04.47 |
| 7. Eline Roobol           | De Lansingh         | 1:03.89       | 199106414 | <b>1:04.74</b> | +0,75 | 30.84 | 1:04.74 |
| 8. Janet van der Poel     | LZ 1886             | 1:04.27       | 199301842 | <b>1:04.96</b> | +0,76 | 31.23 | 1:04.96 |
| 9. Ilse Noorlander        | d'ELFT WAVE (SG)    | 1:05.34       | 199307810 | <b>1:05.12</b> | +0,70 | 30.19 | 1:05.12 |
| 10. Melissa de Zeeuw      | WVZ                 | 1:04.73       | 199305674 | <b>1:05.61</b> | +0,81 | 31.65 | 1:05.61 |
| 11. Seline Koek           | LZ 1886             | 1:04.76       | 199400622 | <b>1:05.82</b> | +0,83 | 31.68 | 1:05.82 |
| 12. Wendy de Bruin        | ZOB'66              | 1:04.10       | 199206320 | <b>1:06.35</b> | +0,65 | 31.79 | 1:06.35 |
| 13. Chantal van der Horst | De Meer             | 1:06.42       | 199400616 | <b>1:06.81</b> | +0,73 | 31.89 | 1:06.81 |
| 14. Mandy Verbakel        | ZPC Woerden         | 1:07.36       | 199003908 | <b>1:07.03</b> | +0,88 | 32.29 | 1:07.03 |
| 15. Emma Siemensma        | De Zijl/LGB         | 1:05.40       | 199402716 | <b>1:07.32</b> | +0,76 | 32.53 | 1:07.32 |
| 16. Simone de Boer        | LZ 1886             | 1:06.78       | 199306858 | <b>1:07.45</b> | +0,78 | 31.71 | 1:07.45 |
| 17. Myrthe Lampe          | De Devel            | 1:04.73       | 199002236 | <b>1:08.10</b> | +0,88 | 32.55 | 1:08.10 |
| 18. Chantal Willems       | Noord-Limburg (SG)  | 1:09.77       | 199105482 | <b>1:08.11</b> | +0,85 | 32.75 | 1:08.11 |
| 19. Getrude Corporaal     | ZVZ                 | 1:12.67       | 199200380 | <b>1:08.25</b> | +0,75 | 33.85 | 1:08.25 |
| 20. Denise Koerhuis       | De Spatters         | 1:08.17       | 199400306 | <b>1:08.55</b> | +0,73 | 32.66 | 1:08.55 |
| 21. Sanne van Dijk        | Zoetermeer          | 1:07.15       | 199000818 | <b>1:09.37</b> | +0,90 | 32.77 | 1:09.37 |
| 22. Ramona Noordermeer    | ZVVS                | 1:10.53       | 199401746 | <b>1:11.22</b> | +0,74 | 34.54 | 1:11.22 |
| 23. Carmen Veldkamp       | WVZ                 | 1:10.35       | 199406114 | <b>1:12.66</b> | +0,81 | 34.66 | 1:12.66 |
| 24. Aure Lampe            | De Devel            | 1:08.94       | 199400072 | <b>1:12.69</b> | +0,81 | 34.00 | 1:12.69 |
| 25. Charine de Ruiter     | Steenwijk 1934      | 1:12.05       | 199403668 | <b>1:12.72</b> | +0,77 | 34.48 | 1:12.72 |
| 26. Irmgard van Weeghel   | Octopus             | 1:07.45       | 199204834 | <b>1:13.12</b> | +0,75 | 34.57 | 1:13.12 |
| 27. Anouk van der Pligt   | ZOB'66              | 1:03.35       | 199303296 | <b>1:13.27</b> | +0,61 | 33.08 | 1:13.27 |
| 28. Daphne Meijer         | Montferland         | 1:10.70       | 199303850 | <b>1:14.28</b> | +1,00 | 35.81 | 1:14.28 |
| 29. Eline Schoenmaker     | Zwemlust-den Hommel | 1:12.72       | 199003322 | <b>1:15.78</b> | +0,65 | 36.36 | 1:15.78 |
| 30. Rowie Hooff           | De Duinkickers      | 1:13.34       | 199301988 | <b>1:15.94</b> | +0,88 | 36.39 | 1:15.94 |
| 31. Heleen ten Have       | De Pinquin          | 1:09.48       | 199403000 | <b>1:16.54</b> | +0,82 | 35.67 | 1:16.54 |
| 32. Kelly Bocking         | Montferland         | 1:16.62       | 199104050 | <b>1:17.00</b> | +0,79 | 36.91 | 1:17.00 |
| 33. Tessa Karels          | Scheldestroom       | 1:14.54       | 199401520 | <b>1:17.31</b> | +0,79 | 35.45 | 1:17.31 |
| 34. Lonneke Oenema        | Steenwijk 1934      | 1:12.48       | 199102314 | <b>1:18.63</b> | +0,80 | 36.08 | 1:18.63 |
| 35. Sharon van Dooren     | De Rog              | 1:43.39       | 199207902 | <b>1:37.04</b> | +0,77 | 46.16 | 1:37.04 |
| 36. Jorinde Veraar        | De Amer             | 1:37.26       | 199204726 | <b>1:38.56</b> | +1,04 | 45.51 | 1:38.56 |
| WDR Zarife Gela           | d'ELFT WAVE (SG)    | 1:07.41       | 199200584 |                |       |       |         |

Masters 25+

|                           |                   |         |           |                |       |       |         |
|---------------------------|-------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Lisanne Andeweg        | Zuiderzeezwemmers | 1:04.48 | 198800092 | <b>1:04.89</b> | +0,80 | 31.60 | 1:04.89 |
| 2. Sabine Lina            | ZPC Woerden       | 1:02.43 | 198902680 | <b>1:04.97</b> | +0,71 | 30.39 | 1:04.97 |
| 3. Ilse van den Wijngaard | ZPC Woerden       | 1:05.10 | 198904736 | <b>1:05.87</b> | +0,72 | 31.45 | 1:05.87 |
| 4. Bianca Paape           | DAW               | 1:06.42 | 198502262 | <b>1:06.35</b> | +0,74 | 30.68 | 1:06.35 |
| 5. Annelette de Vries     | WS Twente         | 1:05.96 | 198603908 | <b>1:07.08</b> | +0,71 | 31.70 | 1:07.08 |
| 6. Marije van Manen       | AZ&PC             | 1:06.52 | 198602386 | <b>1:08.34</b> | +0,77 | 33.20 | 1:08.34 |
| 7. Jose Janssen           | TRB-RES           | 1:11.78 | 198907324 | <b>1:08.51</b> | +0,64 | 32.79 | 1:08.51 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 30, Women, 100m Freestyle, Masters 25+

| rang naam              | vereniging    | inschrijftijd     | tijd           | RT    | 50m   | 100m    |
|------------------------|---------------|-------------------|----------------|-------|-------|---------|
| 8. Carly Noordermeer   | ZOB'66        | 1:05.66 198702984 | <b>1:09.39</b> | +0,68 | 32.55 | 1:09.39 |
| 9. Serima Veen         | De Spatters   | 1:10.64 198604104 | <b>1:10.45</b> | +0,78 | 33.43 | 1:10.45 |
| 10. Desiree Baltes     | ZPC De Hof    | 1:10.93 198900182 | <b>1:13.78</b> | +0,94 | 36.34 | 1:13.78 |
| 11. Danielle Stevens   | Arethusa      | 1:13.08 198800226 | <b>1:13.95</b> | +0,78 | 35.69 | 1:13.95 |
| 12. Esther Steltenpohl | DAW           | 1:14.49 198504116 | <b>1:14.33</b> | +0,74 | 34.78 | 1:14.33 |
| 13. Tessa Verheijdt    | WVZ           | 1:12.81 198904290 | <b>1:14.49</b> | +0,79 | 35.06 | 1:14.49 |
| 14. Milène Catoire     | Aqua-Novio'94 | 1:14.85 198705886 | <b>1:15.80</b> | +0,90 | 35.29 | 1:15.80 |
| 15. Annebeth van Ark   | Octopus       | 1:16.45 198805588 | <b>1:18.37</b> | +0,83 | 38.04 | 1:18.37 |
| WDR Renske Eilers      | De Amer       | 1:12.03 198806072 |                |       |       |         |
| WDR Nina Ferreira      | WVZ           | 1:03.26 198901196 |                |       |       |         |

Masters 30+

|                              |                    |                   |                |       |       |         |
|------------------------------|--------------------|-------------------|----------------|-------|-------|---------|
| 1. Pauline Gouwens           | DWK                | 59.74 198400790   | <b>59.73</b>   | +0,68 | 28.75 | 59.73   |
| <i>Kampioenschaps Record</i> |                    |                   |                |       |       |         |
| 2. Anke Lambooi              | AZL                | 1:02.89 198001182 | <b>1:07.67</b> | +0,78 | 31.34 | 1:07.67 |
| 3. Pauline Tieleman          | De Geul            | 1:08.08 198403348 | <b>1:07.94</b> | +0,74 | 32.23 | 1:07.94 |
| 4. Sandra Pannekeet          | DAW                | 1:05.35 198403458 | <b>1:11.46</b> | +0,66 | 32.63 | 1:11.46 |
| 5. Angela Giezen             | Montferland        | 1:15.68 198302796 | <b>1:14.70</b> | +0,98 | 36.57 | 1:14.70 |
| 6. Laura van Manen           | WIDEX GZC DONK     | 1:13.15 198403288 | <b>1:15.82</b> | +0,81 | 35.85 | 1:15.82 |
| 7. Miriam Geuskens           | NDD                | 1:11.58 198300660 | <b>1:16.14</b> | +0,77 | 36.01 | 1:16.14 |
| 8. Marjolein v.d Sanden      | Noord-Limburg (SG) | 1:22.21 198402136 | <b>1:22.19</b> | +0,79 | 38.96 | 1:22.19 |
| 9. Marloes Rebel             | WS Twente          | 1:29.61 198403474 | <b>1:28.36</b> | +0,99 | 41.10 | 1:28.36 |

Masters 35+

|                             |                     |                   |                |       |       |         |
|-----------------------------|---------------------|-------------------|----------------|-------|-------|---------|
| 1. Heleen Spelde - Fransens | THOR                | 1:09.31 197901358 | <b>1:08.43</b> | +0,92 | 32.97 | 1:08.43 |
| 2. Marian Nederlof          | DWF                 | 1:10.10 197600950 | <b>1:10.41</b> | +0,81 | 33.07 | 1:10.41 |
| 3. Inge Otter               | De Bevelanders      | 1:14.16 197801242 | <b>1:14.18</b> | +0,94 | 34.57 | 1:14.18 |
| 4. Vivian van Kerkwijk      | RZ                  | 1:13.62 197500892 | <b>1:16.67</b> | +0,81 | 37.25 | 1:16.67 |
| 5. Paula 't Hart-Buitelaar  | ZVVS                | 1:25.31 197701132 | <b>1:22.04</b> | +0,85 | 38.08 | 1:22.04 |
| 6. Clementine van Bruxvoort | ZPB H&L Productions | 1:25.32 197700138 | <b>1:29.75</b> | +0,91 | 42.55 | 1:29.75 |

Masters 40+

|                            |                   |                     |                |       |       |         |
|----------------------------|-------------------|---------------------|----------------|-------|-------|---------|
| 1. Ilona Hogerheyde        | DAW               | 1:08.01 197400224   | <b>1:06.95</b> | +0,71 | 31.49 | 1:06.95 |
| 2. Edith Janssen-Koolen    | TRB-RES           | 1:07.66 197300898   | <b>1:07.60</b> | +0,92 | 31.68 | 1:07.60 |
| 3. J. de Ruiten-Wijnolst   | WIDEX GZC DONK    | 1:06.17 197400446   | <b>1:09.46</b> | +0,84 | 33.09 | 1:09.46 |
| 4. Lidia v. Bon-Rosenbrand | AZ&PC             | 1:05.39 197000054   | <b>1:10.36</b> | +0,88 | 32.61 | 1:10.36 |
| 5. Renata van Essen        | Zuiderzeezwemmers | 1:13.04 197300740   | <b>1:12.71</b> | +0,82 | 34.70 | 1:12.71 |
| 6. Joyce Brummelkamp       | ZVVS              | 1:17.01 197000952   | <b>1:17.99</b> | +0,79 | 36.85 | 1:17.99 |
| 7. Karin Sagonas-Koolen    | VZV Njord         | 1:13.92 197000964   | <b>1:18.02</b> | +0,88 | 36.39 | 1:18.02 |
| 8. Caroline Griffin        | Potters Bar SC    | 1:22.46 955690      | <b>1:26.12</b> | +0,92 | 38.85 | 1:26.12 |
| 9. Patricia Austen         | RZ                | 1:27.31 197000968   | <b>1:30.82</b> | +0,93 | 42.52 | 1:30.82 |
| 10. Ciska Wagter           | Steenwijk 1934    | 1:49.91 197000978   | <b>1:45.05</b> | +0,86 | 48.48 | 1:45.05 |
| DSQ Annette de Visser      | Oceanus           | 1:09.14 197100602   |                |       |       |         |
| WDR Viviane Delvaux        | CNSW              | 1:25.24 CNSW/623/74 |                |       |       |         |

Masters 45+

|                        |                    |                   |                |       |       |         |
|------------------------|--------------------|-------------------|----------------|-------|-------|---------|
| 1. Monique Tuijp       | WZ&PC Purmerend    | 1:03.05 196900800 | <b>1:03.54</b> | +0,89 | 30.43 | 1:03.54 |
| 2. Heidi van Stein     | LZ 1886            | 1:05.02 196900864 | <b>1:05.41</b> | +0,80 | 31.26 | 1:05.41 |
| 3. Claudia Goldschmidt | Maidenhead Marlins | 1:08.70 954626    | <b>1:08.86</b> | +0,90 | 32.93 | 1:08.86 |
| 4. Wendy Knoops        | RZ                 | 1:12.65 196800720 | <b>1:12.79</b> | +0,90 | 33.79 | 1:12.79 |
| 5. Marion Broekhuis    | WS Twente          | 1:12.43 196800060 | <b>1:13.12</b> | +0,72 | 34.83 | 1:13.12 |
| 6. Ellen van Wingerden | DWK                | 1:13.94 196900970 | <b>1:13.78</b> | +0,92 | 34.83 | 1:13.78 |
| 7. Peggi Hurenkamp     | HZ&PC Heerenveen   | 1:16.44 196900922 | <b>1:15.56</b> | +0,84 | 35.72 | 1:15.56 |
| 8. Irna van der Molen  | Het Ravijn         | 1:15.30 196900938 | <b>1:16.36</b> | +0,83 | 36.61 | 1:16.36 |
| 9. Marion van Gerwen   | RZ                 | 1:16.33 196500566 | <b>1:16.77</b> | +0,91 | 36.36 | 1:16.77 |
| 10. Sandra Hoofs-Buil  | Racing Club        | 1:17.61 196600678 | <b>1:17.71</b> | +0,78 | 36.48 | 1:17.71 |
| 11. Antoinette Kant    | Den Doorn          | 1:22.26 196900920 | <b>1:19.97</b> | +0,94 | 37.65 | 1:19.97 |
| 12. Ingeborg Stokx     | DAW                | 1:26.67 196700666 | <b>1:22.59</b> | +0,73 | 39.28 | 1:22.59 |
| 13. Myra Vink          | De Fuut            | 1:26.71 196600526 | <b>1:24.40</b> | +0,84 | 41.36 | 1:24.40 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 30, Women, 100m Freestyle, Masters 45+

| rang naam               | vereniging | inschrijftijd |           | tijd           | RT    | 50m   | 100m    |
|-------------------------|------------|---------------|-----------|----------------|-------|-------|---------|
| 14. Sandra Daamen-Posma | AZC        | 1:22.46       | 196800854 | <b>1:25.38</b> | +1,08 | 40.55 | 1:25.38 |
| 15. Ineke Branderhorst  | Den Doorn  | 1:38.88       | 196900918 | <b>1:41.38</b> | +1,13 | 45.27 | 1:41.38 |
| WDR Miranda Keijl       | Zignea     | 1:24.63       | 196500588 |                |       |       |         |

Masters 50+

|                            |                     |         |           |                |       |       |         |
|----------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marjan Remmits-De Lange | ZPC Woerden         | 1:07.94 | 196300518 | <b>1:08.45</b> | +0,70 | 32.98 | 1:08.45 |
| 2. C. Moerkerken-Beukema   | ZPB H&L Productions | 1:09.71 | 196300524 | <b>1:12.06</b> | +0,87 | 33.92 | 1:12.06 |
| 3. Margriet Grove-Lingeman | Oceanus             | 1:13.58 | 196200080 | <b>1:13.52</b> | +0,79 | 34.69 | 1:13.52 |
| 4. Marijke Kraak-Beckers   | WS Twente           | 1:14.77 | 196000240 | <b>1:14.71</b> | +0,81 | 35.68 | 1:14.71 |
| 5. Monique Munnik          | AZC                 | 1:19.70 | 196200328 | <b>1:20.64</b> | +0,86 | 37.59 | 1:20.64 |
| 6. Alice de Haan           | WIDEX GZC DONK      | 1:29.35 | 196400590 | <b>1:29.90</b> | +0,93 | 41.72 | 1:29.90 |
| 7. Yoka de Vegt- van Dijk  | ESCA Zwemmen        | 1:33.00 | 196200420 | <b>1:30.81</b> | +0,88 | 40.84 | 1:30.81 |
| 8. Lia Bijkerk             | WIDEX GZC DONK      | 1:34.92 | 196000014 | <b>1:33.00</b> | +0,88 | 44.12 | 1:33.00 |
| 9. Marlies Kinzel          | The Mermaids        | 1:29.17 | 60MARL    | <b>1:35.29</b> | +0,84 | 45.48 | 1:35.29 |
| 10. Riekie Schra           | Steenwijk 1934      | 2:01.10 | 196400404 | <b>2:13.41</b> | +1,36 | 59.27 | 2:13.41 |
| WDR Frances van der Moolen | Aqua-Novio'94       | 1:35.62 | 196400454 |                |       |       |         |

Masters 55+

|                                 |                 |         |             |                |       |       |         |
|---------------------------------|-----------------|---------|-------------|----------------|-------|-------|---------|
| 1. Colette Crabbe<br><i>BMR</i> | CNSW            | 1:13.87 | CNSW/559/56 | <b>1:10.19</b> | +0,84 | 33.45 | 1:10.19 |
| 2. Atie Pijtak-Radersma         | AZ&PC           | 1:08.13 | 195600048   | <b>1:11.49</b> | +0,79 | 33.85 | 1:11.49 |
| 3. Ada de Voogd                 | ZVVS            | 1:14.66 | 195900280   | <b>1:14.32</b> | +0,77 | 35.76 | 1:14.32 |
| 4. Marijke van Hoek             | De Zeeuwse Kust | 1:15.35 | 195800050   | <b>1:15.14</b> | +0,81 | 36.39 | 1:15.14 |
| 5. Claire Anthony               | CNSW            | 1:20.32 | CNSW/487/57 | <b>1:20.48</b> | +0,88 | 38.39 | 1:20.48 |
| 6. Hannie Poletiek              | TriVia          | 1:23.07 | 195900278   | <b>1:27.06</b> | +1,08 | 39.59 | 1:27.06 |

Masters 60+

|                               |                  |         |           |                |       |       |         |
|-------------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Christien Nieuwenhuis      | Swol 1894        | 1:11.78 | 195100022 | <b>1:12.62</b> | +0,75 | 34.44 | 1:12.62 |
| 2. Ineke Meijer               | HZ&PC Heerenveen | 1:28.51 | 195200034 | <b>1:31.80</b> | +0,95 | 44.24 | 1:31.80 |
| 3. Antoinette Gilding-Tussaud | WS Twente        | 1:43.43 | 195000038 | <b>1:48.50</b> | +1,09 | 49.61 | 1:48.50 |
| WDR Alison Gilbert            | De Futen         | 1:15.80 | 195300068 |                |       |       |         |
| WDR Conny Boer-Buys           | ZVVS             | 1:11.37 | 195000006 |                |       |       |         |

Masters 65+

|   |     |         |           |                |       |       |         |
|---|-----|---------|-----------|----------------|-------|-------|---------|
| 1. Corrie Verhoeven<br><i>Kampioenschaps Record</i> | PSV | 1:20.76 | 194600026 | <b>1:23.09</b> | +0,78 | 38.25 | 1:23.09 |
| 2. Annie Smits                                      | PSV | 1:32.61 | 194600016 | <b>1:38.30</b> | +1,22 | 47.85 | 1:38.30 |

Masters 70+

|                 |           |         |           |                |       |       |         |
|-----------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Truus Ruiter | Old Dutch | 1:52.23 | 194000004 | <b>2:05.37</b> | +0,95 | 57.19 | 2:05.37 |
|-----------------|-----------|---------|-----------|----------------|-------|-------|---------|

Masters 75+

|                  |     |         |           |                |       |       |         |
|------------------|-----|---------|-----------|----------------|-------|-------|---------|
| 1. Lottie Geurts | PSV | 1:31.89 | 193500006 | <b>1:35.89</b> | +1,14 | 46.57 | 1:35.89 |
|------------------|-----|---------|-----------|----------------|-------|-------|---------|

Masters 80+

|  |      |         |               |                  |       |       |         |
|--|------|---------|---------------|------------------|-------|-------|---------|
| 1. Eliane Pellis<br><i>Kampioenschaps Record</i> | AZSC | 1:37.18 | AZSC/20672/33 | <b>1:42.13</b> * | +0,90 | 46.42 | 1:42.13 |
|--|------|---------|---------------|------------------|-------|-------|---------|

Masters 85+

|                       |       |         |           |  |  |  |  |
|-----------------------|-------|---------|-----------|--|--|--|--|
| WDR Anneke Logtenberg | OZ&PC | 2:22.02 | 192900004 |  |  |  |  |
|-----------------------|-------|---------|-----------|--|--|--|--|

Event 31  
03-05-2014 - 16:21

Men, 50m Fly

Masters Open  
Results

| rang               | naam                      | vereniging       | inschrijftijd | startnr.  | tijd         | RT    |
|--------------------|---------------------------|------------------|---------------|-----------|--------------|-------|
| <b>Masters 20+</b> |                           |                  |               |           |              |       |
| 1.                 | Bruno Carissimi Boff      | WVZ              | 27.02         | 199207283 | <b>27.03</b> | +0,71 |
| 2.                 | Lars Sieval               | LZ 1886          | 28.55         | 199300723 | <b>27.43</b> | +0,62 |
| 3.                 | Thomas Kersten            | WVZ              | 27.33         | 199001515 | <b>27.68</b> | +0,77 |
| 4.                 | Jos de Graaf              | PSV              | 26.97         | 199106095 | <b>27.73</b> | +0,76 |
| 5.                 | Joost Rijntjes            | LZ 1886          | 27.61         | 199101899 | <b>27.89</b> | +0,74 |
| 6.                 | Jasper de Boer            | ZPC De Hof       | 28.37         | 199300051 | <b>28.32</b> | +0,82 |
| 7.                 | Erwin Sneek               | De Futen         | 28.66         | 199102153 | <b>29.43</b> | +0,77 |
| 8.                 | Kenneth Caster            | RZ               | 29.44         | 199100375 | <b>30.04</b> | +0,76 |
| 9.                 | Ruben Stolk               | ZOB'66           | 28.32         | 199005665 | <b>30.09</b> | +0,77 |
| 10.                | Patrick Janssen           | HZPC             | 29.98         | 199302009 | <b>30.35</b> | +0,76 |
| 11.                | Mark Huijsman             | De Lansingh      | 30.99         | 199001305 | <b>31.36</b> | +0,76 |
| 12.                | Coen van der Wekken       | MGO (SG)         | 31.73         | 199202965 | <b>31.62</b> | +0,68 |
| 13.                | Sven van Zanten           | De Duinkickers   | 29.80         | 199003405 | <b>31.66</b> | +0,74 |
| 14.                | Mark Meijerink            | d'ELFT WAVE (SG) | 36.20         | 199107559 | <b>34.72</b> | +0,98 |
| 15.                | Michael Schlijper         | Eurode KZC       | 34.69         | 199303691 | <b>34.82</b> | +0,91 |
| 16.                | Jerry Alberto             | De Futen         | 35.23         | 199406523 | <b>34.92</b> | +0,72 |
| 17.                | Daniel Rosenkranz         | Montferland      | 36.00         | 199107601 | <b>35.38</b> | +0,85 |
| 18.                | Daniel van den Wildenberg | Eurode KZC       | 34.10         | 199206491 | <b>37.64</b> | +0,73 |
| 19.                | Jeffrey Smits-Velthuis    | VZV Njord        | 38.70         | 199007257 | <b>43.50</b> | +0,98 |
| sick               | Emile Manni               | Octopus          | 25.71         | 199001901 |              |       |

**Masters 25+**

|     |                       |                   |       |           |              |       |
|-----|-----------------------|-------------------|-------|-----------|--------------|-------|
| 1.  | Filipp Müller         | Piranha           | 25.52 | 198604633 | <b>25.31</b> | +0,70 |
| 2.  | Alex Schelvis         | NZ&PC             | 27.10 | 198702927 | <b>26.89</b> | +0,73 |
| 3.  | Jean Pierre Bisslik   | DES               | 27.23 | 198705243 | <b>27.47</b> | +0,58 |
| 4.  | Teun Groeneweg        | Piranha           | 27.53 | 198701133 | <b>27.62</b> | +0,74 |
| 5.  | Roderik Meijers       | ZOB'66            | 27.21 | 198602063 | <b>28.08</b> | +0,68 |
| 6.  | Rick Driezen          | Steenwijk 1934    | 28.81 | 198600713 | <b>28.69</b> | +0,88 |
| 7.  | Bastian Zoon          | MGO (SG)          | 28.04 | 198703929 | <b>28.73</b> | +0,68 |
| 8.  | Brian Narain          | DSZ               | 30.45 | 198904363 | <b>29.76</b> | +0,76 |
| 9.  | Martin Teley          | PSV               | 28.98 | 198906059 | <b>30.04</b> | +0,74 |
| 10. | Erik van der Heide    | Zuiderzeezwemmers | 28.73 | 198801337 | <b>30.22</b> | +0,76 |
| 11. | Wesley van Diejen     | PSV               | 29.58 | 198604551 | <b>30.40</b> | +0,73 |
| 12. | Remko Hooft           | De Duinkickers    | 29.53 | 198701405 | <b>30.73</b> | +0,72 |
| 13. | Melano Winter         | RSW (SG)          | 31.54 | 198703847 | <b>30.79</b> | +0,76 |
| 14. | Martijn van den Berge | De Lansingh       | 30.60 | 198503539 | <b>31.04</b> | +0,66 |
| 15. | Niels van Beurden     | ZPC Woerden       | 29.06 | 198805669 | <b>31.24</b> | +0,86 |
| 16. | Dirk-Jan Pronk        | LZ 1886           | 32.11 | 198702665 | <b>31.77</b> | +0,83 |
| 17. | Patrick de Jonge      | ZPC Woerden       | 35.49 | 198906635 | <b>31.91</b> | +0,81 |
| 18. | Dimitri Sauvage       | TRB-RES           | 32.65 | 198906755 | <b>32.28</b> | +0,71 |
| 19. | Mark den Blanken      | d'ELFT WAVE (SG)  | 33.79 | 198806087 | <b>32.85</b> | +0,78 |
| 20. | Erik van der Zeijden  | RZ                | 35.07 | 198604569 | <b>35.34</b> | +0,81 |
| 21. | Robin Eggenkamp       | De Duinkickers    | 34.58 | 198700847 | <b>35.66</b> | +0,81 |

**Masters 30+**

|     |                     |                           |       |           |              |       |
|-----|---------------------|---------------------------|-------|-----------|--------------|-------|
| 1.  | Lauren Vis          | Steenwijk 1934            | 27.34 | 198201883 | <b>27.49</b> | +0,74 |
| 2.  | Richard Claus       | Swimteam Helden-Mosa (SG) | 28.70 | 198000265 | <b>28.45</b> | +0,74 |
| 3.  | Erik Drewes         | De Biesboschzwemmers      | 28.61 | 198400543 | <b>29.03</b> | +0,77 |
| 4.  | Mark van Ballegooij | Zeester-Meerval           | 28.43 | 198200071 | <b>29.23</b> | +0,77 |
| 5.  | Ronald Koeckhoven   | Zwemvereniging Westland   | 28.26 | 198102017 | <b>29.30</b> | +0,82 |
| 6.  | Rob van Vliet       | AZ&PC                     | 31.70 | 198402459 | <b>29.61</b> | +0,90 |
| 7.  | Gerwin Vonk         | De Spatters               | 29.59 | 198201907 | <b>29.75</b> | +0,68 |
| 8.  | Reinier Ellenkamp   | De Rog                    | 29.90 | 198002109 | <b>30.01</b> | +0,83 |
| 9.  | Mark Musch          | Zwemlust-den Hommel       | 29.64 | 198401609 | <b>30.08</b> | +0,62 |
|     | Leander Noordijk    | MGO (SG)                  | 30.27 | 198101221 | <b>30.08</b> | +0,99 |
| 11. | Jim Geestman        | RSW (SG)                  | 29.65 | 198300699 | <b>30.41</b> | +0,90 |
| 12. | Bart Groenemans     | PLONS                     | 30.23 | 198200551 | <b>30.99</b> | +0,76 |
| 13. | Fabian Kissler      | The Mermaids              | 31.09 | 81FABI    | <b>32.43</b> | +0,86 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 31, Men, 50m Fly, Masters 30+

| rang | naam             | vereniging   | inschrijftijd | startnr.  | tijd         | RT    |
|------|------------------|--------------|---------------|-----------|--------------|-------|
| 14.  | Sebastiaan Baars | WS Twente    | 33.81         | 198300053 | <b>34.28</b> | +0,93 |
| 15.  | Paul Rutten      | ESCA Zwemmen | 35.61         | 198001293 | <b>37.80</b> | +0,82 |

Masters 35+

|    |                 |                    |       |           |              |       |
|----|-----------------|--------------------|-------|-----------|--------------|-------|
| 1. | Evgeny Ryzhov   | Sprut              | 27.28 | 101628    | <b>27.94</b> | +0,78 |
| 2. | Jeroen Zelsmann | Upstream Amsterdam | 27.79 | 197701551 | <b>28.41</b> | +0,73 |
| 3. | Ronald Smits    | PSV                | 28.69 | 197800981 | <b>28.63</b> | +0,70 |
| 4. | Kars Lutтик     | DAW                | 29.70 | 197800675 | <b>30.26</b> | +0,74 |
| 5. | Kelvin Isselt   | RZ                 | 29.39 | 197601119 | <b>30.51</b> | +0,77 |
| 6. | Alex Damen      | DAW                | 29.38 | 197501371 | <b>30.59</b> | +0,77 |
| 7. | Michael Go      | AZC                | 31.27 | 197501397 | <b>32.25</b> | +0,82 |
| 8. | Johan Wezenberg | Swol 1894          | 32.71 | 197601023 | <b>34.92</b> | +0,99 |
| 9. | Arnold Kiburg   | Steenwijk 1934     | 37.71 | 197501423 | <b>39.95</b> | +0,86 |

Masters 40+

|     |                       |              |       |           |              |       |
|-----|-----------------------|--------------|-------|-----------|--------------|-------|
| 1.  | Marcel van Winssen    | De Gelenberg | 29.89 | 197101477 | <b>29.22</b> | +0,81 |
| 2.  | Joeri Stoffels        | AZC          | 31.34 | 197300851 | <b>30.11</b> | +0,88 |
| 3.  | Antwan van Engen      | De Ward      | 31.07 | 197101577 | <b>30.48</b> | +0,73 |
| 4.  | Machiel Stolk         | Swol 1894    | 29.50 | 197400779 | <b>30.69</b> | +0,89 |
| 5.  | Gertjan van der Knaap | De Duck      | 31.27 | 197300459 | <b>31.04</b> | +0,81 |
| 6.  | Richard Ricksen       | HGN (SG)     | 29.11 | 197000841 | <b>31.46</b> | +0,84 |
| 7.  | Wibo Mooibroek        | ZV De Zaan   | 32.70 | 197401339 | <b>32.72</b> | +0,96 |
| 8.  | Mark van Wingerden    | RZ           | 31.65 | 197001665 | <b>32.76</b> | +0,84 |
| 9.  | Francois Boudreault   | PLONS        | 34.23 | 197401155 | <b>33.25</b> | +0,78 |
| 10. | Martin Berkhout       | LZ 1886      | 33.18 | 197101123 | <b>33.67</b> | +0,83 |
| 11. | Wouter van der Stelt  | Den Doorn    | 34.79 | 197200889 | <b>36.41</b> | +0,69 |
| 12. | Bas van Gool          | De Geul      | 37.31 | 197201435 | <b>37.39</b> | +0,88 |
| DSQ | Gertjan van de Bosch  | IJZPC        | 37.38 | 197001615 |              | AA    |
| WDR | Sergey Petrov         | Poseidon     | 29.35 | 102211    |              |       |

Masters 45+

|     |                       |                  |       |             |              |       |
|-----|-----------------------|------------------|-------|-------------|--------------|-------|
| 1.  | Marc Bleeker          | d'ELFT WAVE (SG) | 32.90 | 196901729   | <b>30.99</b> | +0,94 |
| 2.  | Jos Wensink           | WS Twente        | 30.87 | 196901719   | <b>31.21</b> | +0,73 |
| 3.  | Fred Heemstra         | DAW              | 30.90 | 196500357   | <b>31.71</b> | +0,92 |
| 4.  | Erik Saan             | De Duck          | 31.71 | 196500769   | <b>32.29</b> | +0,95 |
| 5.  | Jeroen Kort           | DAW              | 31.69 | 196801543   | <b>33.04</b> | +0,66 |
| 6.  | Danny Zulver          | ZVVS             | 33.43 | 196701617   | <b>33.21</b> | +0,78 |
| 7.  | Thijs Geurts          | De Watervogels   | 32.97 | 196601557   | <b>33.46</b> | +1,03 |
| 8.  | Hans Schoenmakers     | DAW              | 32.96 | 196900863   | <b>33.68</b> | +0,89 |
| 9.  | Darren Hamshere       | Potters Bar SC   | 32.55 | 955680      | <b>34.09</b> | +0,83 |
| 10. | Pieter-Sjoerd de Wijn | Aqua-Novio'94    | 33.95 | 196501027   | <b>34.26</b> | +0,82 |
| 11. | Sander Nieuwenhuys    | De Fuut          | 35.58 | 196801423   | <b>35.09</b> | +0,73 |
| 12. | Marcel Brittijn       | De Duinkickers   | 33.37 | 196900159   | <b>35.60</b> | +0,75 |
| 13. | Roelof Broekman       | De Spatters      | 34.26 | 196800155   | <b>35.81</b> | +0,84 |
| 14. | Huyb Stegeman         | Steenwijk 1934   | 35.36 | 196701535   | <b>37.71</b> | +0,89 |
| 15. | Peter Schielen        | De Fuut          | 39.15 | 196501531   | <b>38.60</b> | +0,76 |
| 16. | Ramon Alsina Munoz    | CNSW             | 41.51 | CNSW/608/69 | <b>42.74</b> | +0,90 |
| DSQ | Ruud Goudswaard       | De Zeeuwse Kust  | 28.80 | 196901437   |              | AA    |

Masters 50+

|     |                       |                |       |           |              |       |
|-----|-----------------------|----------------|-------|-----------|--------------|-------|
| 1.  | Johan Remmits         | ZPC Woerden    | 28.82 | 196201159 | <b>29.39</b> | +0,72 |
| 2.  | Eric Giling           | De Fuut        | 34.11 | 196400237 | <b>33.76</b> | +0,72 |
| 3.  | Adrian Ortiz Buitrago | WIDEX GZC DONK | 34.80 | 196000931 | <b>34.51</b> | +0,78 |
| 4.  | James Norman          | PLONS          | 35.24 | 196001029 | <b>34.71</b> | +0,89 |
| 5.  | Henk Kuipers          | UZSC           | 36.97 | 196201207 | <b>35.18</b> | +0,86 |
| 6.  | Robert de Brauwier    | De Duinkickers | 32.08 | 196401383 | <b>35.25</b> | +1,03 |
| 7.  | Jan Willem Heuten     | WS Twente      | 35.08 | 196000883 | <b>35.66</b> | +0,91 |
| 8.  | Mark Kas              | PLONS          | 34.44 | 196100285 | <b>35.80</b> | +0,89 |
| 9.  | John Stoffer          | Zoetermeer     | 34.78 | 196300725 | <b>35.94</b> | +0,75 |
| 10. | Jeroen Rikkerink      | PLONS          | 39.86 | 196301337 | <b>38.78</b> | +1,06 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 31, Men, 50m Fly

Masters 55+

|    |                      |                  |       |           |              |       |
|----|----------------------|------------------|-------|-----------|--------------|-------|
| 1. | Joop Ariaens         | PSV              | 30.46 | 195900747 | <b>30.22</b> | +0,84 |
| 2. | Gerhard Prohaska     | EW Donau SC 1903 | 30.78 | 19054     | <b>31.48</b> | +0,84 |
| 3. | Paul Bunnik          | Triton           | 35.26 | 195600413 | <b>35.48</b> | +0,97 |
| 4. | Johan Wouda          | Neptunus         | 35.63 | 195500395 | <b>36.17</b> | +1,10 |
| 5. | Jaap de Boer         | De Duinkickers   | 36.52 | 195800691 | <b>37.07</b> | +0,81 |
| 6. | Hans Groothelm       | DBD              | 34.66 | 195800151 | <b>38.45</b> | +0,72 |
| 7. | Adrie van der Gracht | OEZA             | 46.57 | 195700485 | <b>47.35</b> | +0,89 |

Masters 60+

|    |                              |                |       |             |              |       |
|----|------------------------------|----------------|-------|-------------|--------------|-------|
| 1. | Jean-Marie Cadiat            | CNSW           | 29.49 | CNSW/557/53 | <b>29.59</b> | +0,82 |
|    | <i>Kampioenschaps Record</i> |                |       |             |              |       |
| 2. | Charles Bos                  | De Roersoppers | 32.37 | 195300019   | <b>32.77</b> | +0,84 |
| 3. | Jan Vonk                     | De Amer        | 37.62 | 195400237   | <b>38.75</b> | +0,94 |
| 4. | Richard Catoire              | Oceanus        | 43.35 | 195200253   | <b>43.31</b> | +0,93 |

Masters 65+

|    |              |            |       |           |              |       |
|----|--------------|------------|-------|-----------|--------------|-------|
| 1. | Han Roos     | ZV De Bron | 38.55 | 194500081 | <b>38.38</b> | +1,00 |
| 2. | Anton Lovink | Speedeaus  | 51.17 | 47ANTO    | <b>51.55</b> | +0,85 |

Masters 70+

|    |           |           |       |           |              |       |
|----|-----------|-----------|-------|-----------|--------------|-------|
| 1. | Rob Hanou | PSV       | 40.31 | 194300109 | <b>43.72</b> | +1,06 |
| 2. | Nico Baay | Old Dutch | 58.16 | 194200053 | <b>59.95</b> | +0,92 |

Event 32  
03-05-2014 - 16:37

Women, 50m Fly

Masters Open  
Results

| rang               | naam                         | vereniging         | inschrijftijd | startnr.  | tijd         | RT    |
|--------------------|------------------------------|--------------------|---------------|-----------|--------------|-------|
| <b>Masters 20+</b> |                              |                    |               |           |              |       |
| 1.                 | Jolanda Post                 | DIO                | 29.34         | 199004848 | <b>29.78</b> | +0,76 |
|                    | <i>Kampioenschaps Record</i> |                    |               |           |              |       |
| 2.                 | Carmen Seesing               | NDD                | 31.04         | 199406220 | <b>30.78</b> | +0,73 |
| 3.                 | Lodi Broeder                 | Aqua-Novio'94      | 30.28         | 199302620 | <b>31.13</b> | +0,75 |
| 4.                 | Sharon Gelmers               | Octopus            | 30.00         | 199400416 | <b>31.20</b> | +0,72 |
| 5.                 | Linda van der Hout           | Piranha            | 30.84         | 199300344 | <b>31.22</b> | +0,70 |
| 6.                 | Eva Engelen                  | NDD                | 30.98         | 199405514 | <b>31.62</b> | +0,69 |
| 7.                 | Inge Pepping                 | Aqua-Novio'94      | 29.42         | 199402308 | <b>31.77</b> | +0,77 |
| 8.                 | Janet van der Poel           | LZ 1886            | 31.57         | 199301842 | <b>32.13</b> | +0,79 |
| 9.                 | Suzanne Brummel              | LZ 1886            | 31.96         | 199401366 | <b>32.26</b> | +0,74 |
| 10.                | Whitney van Hoeckel          | DIO                | 32.00         | 199402390 | <b>32.87</b> | +0,76 |
| 11.                | Anouk van der Pligt          | ZOB'66             | 31.21         | 199303296 | <b>33.15</b> | +0,63 |
| 12.                | Natasja Snijders             | Aqua-Novio'94      | 32.57         | 199107966 | <b>33.84</b> | +0,79 |
| 13.                | Eline Schaft                 | Piranha            | 34.43         | 199202692 | <b>33.93</b> | +0,79 |
| 14.                | Denise Austen                | RZ                 | 32.67         | 199303778 | <b>33.95</b> | +0,65 |
| 15.                | Nicky Vanhijfte              | Scheldestroom      | 36.49         | 199201806 | <b>34.84</b> | +0,75 |
| 16.                | Chantal Willems              | Noord-Limburg (SG) | 35.26         | 199105482 | <b>34.99</b> | +0,90 |
| 17.                | Aure Lampe                   | De Devel           | 33.72         | 199400072 | <b>35.67</b> | +0,77 |
| 18.                | Mandy Verbakel               | ZPC Woerden        | 35.83         | 199003908 | <b>35.75</b> | +0,88 |
| 19.                | Carmen Veldkamp              | WVZ                | 35.12         | 199406114 | <b>36.37</b> | +0,76 |
| 20.                | Tara Keijzer                 | Steenwijk 1934     | 37.70         | 199108498 | <b>36.82</b> | +0,78 |
| 21.                | Madeleine Sielemann          | GoSwim             | 37.83         | 199106166 | <b>38.07</b> | +0,84 |
| 22.                | Daphne Meijer                | Montferland        | 38.12         | 199303850 | <b>39.08</b> | +0,97 |
| 23.                | Kelly Bockting               | Montferland        | 38.78         | 199104050 | <b>39.10</b> | +0,80 |
| 24.                | Pauline Magnée               | De Warande         | 40.11         | 199205434 | <b>39.71</b> | +0,91 |
| 25.                | Claudia Creemers             | RZ                 | 38.32         | 199202864 | <b>41.46</b> | +0,74 |
| 26.                | Janneke Wynia                | WS Twente          | 43.48         | 199005500 | <b>42.76</b> | +1,05 |

Event 32, Women, 50m Fly

Masters 25+

|     |                       |                     |       |             |              |       |
|-----|-----------------------|---------------------|-------|-------------|--------------|-------|
| 1.  | Marlijn Hendriksen    | Arethusa            | 29.96 | 198806828   | <b>30.51</b> | +0,76 |
| 2.  | Fanny Koenig          | CNSW                | 31.14 | CNSW/638/89 | <b>30.86</b> | +0,73 |
| 3.  | Charlotte Groeneveld  | Zwemlust-den Hommel | 32.18 | 198701404   | <b>30.96</b> | +0,76 |
| 4.  | Stephanie Rombout     | PSV                 | 30.16 | 198803696   | <b>31.26</b> | +0,71 |
| 5.  | Suzan van den Bogaard | RZ                  | 30.51 | 198900450   | <b>31.37</b> | +0,71 |
| 6.  | Ilse Clevers          | De Roersoppers      | 32.62 | 198503908   | <b>31.76</b> | +0,72 |
| 7.  | Maryse Lampe          | Van Vliet-Barracuda | 32.06 | 198702458   | <b>31.82</b> | +0,74 |
| 8.  | Larissa Brak          | AZ&PC               | 31.27 | 198800572   | <b>32.23</b> | +0,74 |
| 9.  | Annelette de Vries    | WS Twente           | 32.60 | 198603908   | <b>32.96</b> | +0,71 |
| 10. | Carly Noordermeer     | ZOB'66              | 33.21 | 198702984   | <b>34.24</b> | +0,67 |
| 11. | Marian Bouts          | RZ                  | 34.63 | 198600492   | <b>34.44</b> | +0,89 |
| 12. | Jose Janssen          | TRB-RES             | 33.51 | 198907324   | <b>34.64</b> | +0,66 |
| 13. | Monique Pronk         | WVZ                 | 34.80 | 198803528   | <b>35.98</b> | +0,80 |
| 14. | Liesbeth van Mill     | DWK                 | 35.84 | 198702786   | <b>36.02</b> | +0,90 |
| 15. | Eline Roeland         | MGO (SG)            | 37.87 | 198805970   | <b>36.06</b> | +0,86 |
| 16. | Esther Steltenpohl    | DAW                 | 36.40 | 198504116   | <b>36.44</b> | +0,75 |
| 17. | Carola Hompes         | Budel               | 35.57 | 198801868   | <b>36.64</b> | +0,81 |
| 18. | Sabine Duijst         | De Amer             | 36.82 | 198701032   | <b>38.19</b> | +0,89 |
| 19. | Danielle Stevens      | Arethusa            | 38.39 | 198800226   | <b>39.55</b> | +0,88 |
| 20. | Milène Catoire        | Aqua-Novio'94       | 37.29 | 198705886   | <b>39.67</b> | +0,88 |

Masters 30+

|     |                                |                     |       |           |              |       |
|-----|--------------------------------|---------------------|-------|-----------|--------------|-------|
| 1.  | Pauline Gouwens                | DWK                 | 28.34 | 198400790 | <b>28.66</b> | +0,72 |
|     | <i>Europees Masters Record</i> |                     |       |           |              |       |
| 2.  | Delia Badoux                   | Zoetermeer          | 30.03 | 198000042 | <b>30.65</b> | +0,72 |
| 3.  | Esther Versteeg                | Van Vliet-Barracuda | 31.50 | 198302112 | <b>32.35</b> | +0,84 |
|     | Nadya Putter                   | ZVVS                | 32.30 | 198301630 | <b>32.35</b> | +0,73 |
| 5.  | Petra van Achteren             | De Lansingh         | 34.29 | 198400020 | <b>32.71</b> | +0,71 |
| 6.  | Wieke Bos                      | De Roersoppers      | 32.95 | 198200218 | <b>33.52</b> | +0,82 |
| 7.  | Laura Badoux                   | DAW                 | 31.65 | 198200038 | <b>33.89</b> | +0,81 |
| 8.  | Marjolein v.d Sanden           | Noord-Limburg (SG)  | 38.55 | 198402136 | <b>38.89</b> | +0,76 |
| 9.  | Miriam Geuskens                | NDD                 | 38.53 | 198300660 | <b>40.77</b> | +0,74 |
| 10. | Laura van Manen                | WIDEX GZC DONK      | 40.32 | 198403288 | <b>42.66</b> | +0,83 |

Masters 35+

|     |                          |                         |       |           |              |       |
|-----|--------------------------|-------------------------|-------|-----------|--------------|-------|
| 1.  | Inez Heideman            | WS Twente               | 32.31 | 197500198 | <b>32.92</b> | +0,86 |
| 2.  | Geraldine Trainor        | De Duck                 | 34.00 | 197500544 | <b>33.77</b> | +0,77 |
| 3.  | Mirjan den Drijver-Aarse | Zwemvereniging Westland | 34.92 | 197500884 | <b>36.31</b> | +0,85 |
| 4.  | Inge Otter               | De Bevelanders          | 35.84 | 197801242 | <b>36.58</b> | +0,95 |
| 5.  | Kristel Lips             | ZV De Bron              | 36.67 | 197900562 | <b>38.78</b> | +0,94 |
| WDR | Kirsten Savelberg        | AZC                     | 37.00 | 197901192 |              |       |

Masters 40+

|     |                         |                |       |           |              |       |
|-----|-------------------------|----------------|-------|-----------|--------------|-------|
| 1.  | Jeanne Petit            | Maxwell SC     | 32.12 | 1112847   | <b>32.20</b> | +0,81 |
| 2.  | Ilona Hogerheyde        | DAW            | 33.07 | 197400224 | <b>33.28</b> | +0,74 |
| 3.  | Lidia v. Bon-Rosenbrand | AZ&PC          | 34.81 | 197000054 | <b>35.52</b> | +0,82 |
| 4.  | Henriëtte Manting       | GZVW           | 35.64 | 197100246 | <b>35.75</b> | +0,96 |
| 5.  | Tanya Lyvbarskaya       | SCOM           | 35.89 | 197101000 | <b>36.42</b> | +0,79 |
| 6.  | Tony de Groot           | De Futen       | 37.14 | 197300758 | <b>38.31</b> | +0,89 |
| 7.  | Daniella Harrison       | Potters Bar SC | 36.81 | 692010    | <b>38.32</b> | +0,93 |
| 8.  | Karin Sagonas-Koolen    | VZV Njord      | 37.12 | 197000964 | <b>38.68</b> | +0,83 |
| 9.  | Joyce Brummelkamp       | ZVVS           | 38.58 | 197000952 | <b>39.60</b> | +0,80 |
| 10. | Annet Kootstra          | Swol 1894      | 39.07 | 197100344 | <b>40.03</b> | +0,86 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 32, Women, 50m Fly

Masters 45+

|    |  |                  |       |           |              |       |
|----|--|------------------|-------|-----------|--------------|-------|
| 1. | Lesley Cordial<br><i>Kampioenschaps Record</i> | Neptunus         | 31.15 | 196700684 | <b>31.55</b> | +0,80 |
| 2. | Monique Tuijp                                  | WZ&PC Purmerend  | 33.22 | 196900800 | <b>33.52</b> | +0,89 |
| 3. | Chita van der Goorbergh                        | Zoetermeer       | 33.04 | 196800762 | <b>35.12</b> | +0,71 |
| 4. | Sandra Hoofs-Buil                              | Racing Club      | 37.56 | 196600678 | <b>37.92</b> | +0,77 |
| 5. | Peggi Hurenkamp                                | HZ&PC Heerenveen | 37.73 | 196900922 | <b>38.70</b> | +0,81 |
| 6. | Monika Millet                                  | The Mermaids     | 51.44 | 66MONI    | <b>51.34</b> | +1,00 |

Masters 50+

|    |                           |                |       |           |              |       |
|----|---------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Marjan Remmits-De Lange   | ZPC Woerden    | 33.11 | 196300518 | <b>33.47</b> | +0,76 |
| 2. | Jacqueline Rolloos-Bakker | De Lansingh    | 35.58 | 196300222 | <b>35.74</b> | +0,78 |
| 3. | Inge Wolfs                | PLONS          | 35.29 | 196000304 | <b>37.04</b> | +0,78 |
| 4. | Petra Tossings            | DAW            | 36.10 | 196100376 | <b>37.91</b> | +0,86 |
| 5. | Marijke Kraak-Beckers     | WS Twente      | 37.59 | 196000240 | <b>38.01</b> | +0,78 |
| 6. | Lia Bijkerk               | WIDEX GZC DONK | 45.92 | 196000014 | <b>47.76</b> | +0,89 |
| 7. | Marlies Kinzel            | The Mermaids   | 47.39 | 60MARL    | <b>49.41</b> | +0,95 |

Masters 55+

|    |                 |           |       |             |              |       |
|----|-----------------|-----------|-------|-------------|--------------|-------|
| 1. | Mathilde Vink   | Swol 1894 | 34.27 | 195800128   | <b>34.99</b> | +0,84 |
| 2. | Claire Anthony  | CNSW      | 35.90 | CNSW/487/57 | <b>35.91</b> | +0,90 |
| 3. | Hannie Poletiek | TriVia    | 44.11 | 195900278   | <b>47.33</b> | +1,34 |

Masters 60+

|    |                       |           |       |             |              |       |
|----|-----------------------|-----------|-------|-------------|--------------|-------|
| 1. | Christien Nieuwenhuis | Swol 1894 | 35.65 | 195100022   | <b>36.19</b> | +0,74 |
| 2. | Fernande Blondeel     | CNSW      | 47.90 | CNSW/011/52 | <b>49.78</b> | +0,88 |

Masters 65+

|     |   |                |         |           |              |       |
|-----|---|----------------|---------|-----------|--------------|-------|
| 1.  | Bea Swijnenberg<br><i>Kampioenschaps Record</i> | Swol 1894      | 41.79   | 194900010 | <b>41.89</b> | +0,84 |
| DSQ | Annet Verhoeven                                 | De Duinkickers | 1:11.45 | 194600024 |              | AA    |

Masters 70+

|    |           |            |         |           |                |       |
|----|-----------|------------|---------|-----------|----------------|-------|
| 1. | Leny Kamp | Aquapoldro | 1:16.76 | 194400008 | <b>1:22.59</b> | +1,12 |
|----|-----------|------------|---------|-----------|----------------|-------|

Event 33  
03-05-2014 - 16:51

Men, 100m Backstroke

Masters Open  
Results

| rang naam          | vereniging   | inschrijftijd | tijd              | RT             | 50m   | 100m          |
|--------------------|--|---------------|-------------------|----------------|-------|---------------|
| <b>Masters 20+</b> |  |               |                   |                |       |               |
| 1.                 | Ensgel Kotterink<br><i>Nederlands Masters Record</i> | Albion        | 54.70 199403391   | <b>58.98</b>   | +0,60 | 28.65 58.98   |
| 2.                 | Bram Becks   | HZPC          | 1:07.69 199303701 | <b>1:11.70</b> | +0,69 | 34.79 1:11.70 |
| 3.                 | Daniël Kunne   | UZSC          | 1:12.38 199001709 | <b>1:15.51</b> | +0,67 | 37.28 1:15.51 |
| 4.                 | Patrick Brouwer                                      | AZC           | 1:13.26 199303715 | <b>1:17.08</b> | +0,71 | 37.82 1:17.08 |
| 5.                 | Bram Meijlis   | ESCA Zwemmen  | 1:05.00 199401967 | <b>1:21.89</b> | +0,66 | 39.65 1:21.89 |
| WDR                | Jos de Graaf   | PSV           | 58.78 199106095   |                |       |               |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 33, Men, 100m Backstroke

Masters 25+

|                      |                     |         |           |                |       |       |         |
|----------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Hjalmar de Ruiter | NDD                 | 59.80   | 198902695 | <b>1:05.18</b> | +1,02 | 31.80 | 1:05.18 |
| 2. Raoul Engelenburg | Zwemlust-den Hommel | 1:08.08 | 198900843 | <b>1:06.31</b> | +0,60 | 32.47 | 1:06.31 |
| 3. Martijn Giezen    | Montferland         | 1:05.47 | 198500813 | <b>1:06.56</b> | +0,67 | 32.08 | 1:06.56 |
| 4. Alex Vermeulen    | WZK Zwemmen         | 1:04.24 | 198905811 | <b>1:09.69</b> | +0,69 | 33.07 | 1:09.69 |
| 5. Bastian Zoon      | MGO (SG)            | 1:11.71 | 198703929 | <b>1:14.44</b> | +0,68 | 36.19 | 1:14.44 |
| 6. Willem Jacobs     | d'ELFT WAVE (SG)    | 1:15.82 | 198705037 | <b>1:16.63</b> | +0,66 | 38.02 | 1:16.63 |
| 7. Harmen Reemst     | ZOB'66              | 1:15.97 | 198702715 | <b>1:19.68</b> | +0,67 | 38.55 | 1:19.68 |
| 8. Robin Eggenkamp   | De Duinkickers      | 1:19.78 | 198700847 | <b>1:23.33</b> | +0,94 | 40.19 | 1:23.33 |

Masters 30+

|                     |                     |         |           |                |       |       |         |
|---------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Mark Spijkerboer | Nautilus            | 1:03.53 | 198101589 | <b>1:06.41</b> | +0,78 | 31.97 | 1:06.41 |
| 2. Thommy Nickel    | Van Vliet-Barracuda | 1:08.03 | 198401627 | <b>1:07.23</b> | +0,76 | 33.09 | 1:07.23 |
| 3. Marcel Reefhuis  | WS Twente           | 1:09.42 | 198101381 | <b>1:09.97</b> | +0,59 | 34.26 | 1:09.97 |
| 4. Bas v.d. Laan    | WVZ                 | 1:10.98 | 198302471 | <b>1:14.53</b> | +0,78 | 36.39 | 1:14.53 |
| 5. Marcel Stolk     | MGO (SG)            | 1:17.96 | 198001461 | <b>1:22.43</b> | +0,86 | 39.23 | 1:22.43 |
| 6. Maarten Prot     | Upstream Amsterdam  | 1:27.53 | 198403195 | <b>1:25.46</b> | +0,94 | 41.13 | 1:25.46 |

Masters 35+

|                    |                  |         |           |                |       |       |         |
|--------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Egbert Stolk    | d'ELFT WAVE (SG) | 1:01.56 | 197600889 | <b>1:04.11</b> | +0,79 | 31.11 | 1:04.11 |
| 2. Dennis Brouwers | HZPC             | 1:03.64 | 197800167 | <b>1:04.94</b> | +0,77 | 32.43 | 1:04.94 |
| 3. Ivo Roozeboom   | WVZ              | 1:07.03 | 197700801 | <b>1:07.13</b> | +0,73 | 33.33 | 1:07.13 |
| 4. Ronald Smits    | PSV              | 1:07.16 | 197800981 | <b>1:08.30</b> | +1,09 | 33.45 | 1:08.30 |
| 5. Stan Dekker     | PLONS            | 1:07.16 | 197901823 | <b>1:10.14</b> | +0,75 | 34.18 | 1:10.14 |
| 6. Arjan Aalbers   | Swol 1894        | 1:14.79 | 197500001 | <b>1:17.55</b> | +1,13 | 38.11 | 1:17.55 |
| 7. Erik Lamers     | De Gelenberg     | 1:12.45 | 197500507 | <b>1:17.75</b> | +0,72 | 37.25 | 1:17.75 |
| 8. Gino Martijn    | RZ               | 1:19.78 | 197901865 | <b>1:21.14</b> | +0,67 | 40.07 | 1:21.14 |

Masters 40+

|                    |                  |         |           |                |       |       |         |
|--------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Gerard Eghuizen | HZ&PC Heerenveen | 1:11.16 | 197400197 | <b>1:13.22</b> | +0,86 | 36.01 | 1:13.22 |
| 2. Remco Plass     | De Lansingh      | 1:10.66 | 197300687 | <b>1:13.52</b> | +0,71 | 36.46 | 1:13.52 |
| WDR Harry Raven    | GLS Ketelbinkie  | 1:14.14 | 197000831 |                |       |       |         |

Masters 45+

|                            |                         |         |           |                |       |       |         |
|----------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Guido Keutgen           | AZC                     | 1:07.27 | 196801551 | <b>1:09.92</b> | +0,74 | 33.52 | 1:09.92 |
| 2. Arjan Bellaart          | Oceanus                 | 1:09.98 | 196900079 | <b>1:10.52</b> | +0,78 | 34.66 | 1:10.52 |
| 3. René Beetsma            | HZ&PC Heerenveen        | 1:12.32 | 196900069 | <b>1:11.31</b> | +0,81 | 34.64 | 1:11.31 |
| 4. Jan-Willem van den Berg | WVZ                     | 1:09.37 | 196801575 | <b>1:12.38</b> | +0,78 | 34.72 | 1:12.38 |
| 5. Nico Swart              | Den Doorn               | 1:15.45 | 196801475 | <b>1:16.75</b> | +0,73 | 36.34 | 1:16.75 |
| 6. Bernd Bienek            | SV Gladbeck 13          | 1:15.29 | 278658    | <b>1:16.86</b> | +0,87 | 39.15 | 1:16.86 |
| 7. Harold Matla            | PSV                     | 1:19.49 | 196800591 | <b>1:18.33</b> | +0,82 | 38.71 | 1:18.33 |
| 8. Fred Heemstra           | DAW                     | 1:15.16 | 196500357 | <b>1:18.65</b> | +0,71 | 37.67 | 1:18.65 |
| 9. Fred Dijkshoorn         | Zwemvereniging Westland | 1:19.11 | 196501539 | <b>1:21.17</b> | +0,75 | 39.70 | 1:21.17 |
| 10. Hans Maas              | PLONS                   | 1:28.28 | 196501433 | <b>1:43.14</b> | +0,77 | 51.56 | 1:43.14 |
| WDR Henk van Zetten        | Octopus                 | 1:35.16 | 196701261 |                |       |       |         |

Masters 50+

|                                  |                  |         |           |                |       |       |         |
|----------------------------------|------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Edwin v. Norden               | AZ&PC            | 1:08.34 | 196300563 | <b>1:06.23</b> | +0,83 | 32.48 | 1:06.23 |
| <i>Nederlands Masters Record</i> |                  |         |           |                |       |       |         |
| 2. Peter Bernsen                 | De Rog           | 1:08.53 | 196301119 | <b>1:08.98</b> | +0,98 | 33.23 | 1:08.98 |
| 3. Johan Remmits                 | ZPC Woerden      | 1:08.22 | 196201159 | <b>1:12.09</b> | +0,77 | 35.73 | 1:12.09 |
| 4. Clemens de Waal               | De Ward          | 1:13.39 | 196001063 | <b>1:13.13</b> | +0,77 | 35.61 | 1:13.13 |
| 5. John Stokx                    | DAW              | 1:11.95 | 196401341 | <b>1:16.13</b> | +1,08 | 36.87 | 1:16.13 |
| 6. Erik Kamphuis                 | De Rog           | 1:13.90 | 196001035 | <b>1:17.76</b> | +0,76 | 38.31 | 1:17.76 |
| 7. Menno Lomans                  | d'ELFT WAVE (SG) | 1:18.35 | 196101071 | <b>1:20.12</b> | +1,17 | 39.10 | 1:20.12 |
| 8. Eric Langhorst                | De Rijn          | 1:19.99 | 196200389 | <b>1:20.68</b> | +0,79 | 39.95 | 1:20.68 |
| 9. Casper Dollekamp              | Steenwijk 1934   | 1:22.48 | 196301341 | <b>1:22.58</b> | +0,67 | 40.72 | 1:22.58 |
| 10. Jack Barends                 | WS Twente        | 1:26.72 | 196201011 | <b>1:29.90</b> | +0,77 | 43.59 | 1:29.90 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 33, Men, 100m Backstroke, Masters 50+

| rang naam           | vereniging | inschrijftijd     | tijd           | RT    | 50m   | 100m    |
|---------------------|------------|-------------------|----------------|-------|-------|---------|
| 11. Bart van Calker | WS Twente  | 1:27.42 196100067 | <b>1:32.19</b> | +0,97 | 46.26 | 1:32.19 |

Masters 55+

|                      |               |                   |                |       |       |         |
|----------------------|---------------|-------------------|----------------|-------|-------|---------|
| 1. Evertjan Masurel  | PSV           | 1:22.25 195600495 | <b>1:22.37</b> | +0,75 | 40.48 | 1:22.37 |
| 2. Andre Storm       | Zoetermeer    | 1:29.51 195600407 | <b>1:25.19</b> | +0,57 | 41.59 | 1:25.19 |
| 3. Dré Klaassen      | ZOB'66        | 1:39.42 195600141 | <b>1:43.88</b> | +1,32 | 50.94 | 1:43.88 |
| 4. Herbert Katgert   | WS Twente     | 1:51.65 195900739 | <b>1:55.54</b> | +1,09 | 56.55 | 1:55.54 |
| sick Albert Boonstra | Aqua-Novio'94 | 1:12.14 195700425 |                |       |       |         |

Masters 60+

|                |         |                   |                |       |       |         |
|----------------|---------|-------------------|----------------|-------|-------|---------|
| 1. Brend Brevé | PSV     | 1:16.41 195200265 | <b>1:20.34</b> | +0,79 | 40.18 | 1:20.34 |
| 2. Jos Kamps   | De Amer | 1:36.81 195100085 | <b>1:39.60</b> | +0,89 | 47.67 | 1:39.60 |

Masters 65+

|                  |                |                |                |       |       |         |
|------------------|----------------|----------------|----------------|-------|-------|---------|
| 1. Ludwig Lorenz | SV Gladbeck 13 | 1:42.62 127866 | <b>1:38.37</b> | +0,72 | 48.48 | 1:38.37 |
| 2. Anton Lovink  | Speedeaus      | 1:46.69 47ANTO | <b>1:48.27</b> | +0,84 | 52.52 | 1:48.27 |

Masters 70+

|                   |           |                   |                |       |       |         |
|-------------------|-----------|-------------------|----------------|-------|-------|---------|
| 1. Frans van Enst | WS Twente | 1:24.65 194000011 | <b>1:28.09</b> | +0,98 | 43.67 | 1:28.09 |
|-------------------|-----------|-------------------|----------------|-------|-------|---------|

Masters 75+

|                 |               |                   |                |       |       |         |
|-----------------|---------------|-------------------|----------------|-------|-------|---------|
| 1. Nic Geers    | Z&PC De Gouwe | 1:31.40 193800007 | <b>1:46.38</b> | +0,88 | 54.38 | 1:46.38 |
| 2. Jan Eichhorn | ZV Haerlem    | 1:44.28 193700015 | <b>1:50.22</b> | +0,95 | 53.18 | 1:50.22 |

Event 34  
03-05-2014 - 17:05

Women, 100m Backstroke

Masters Open  
Results

| rang naam                | vereniging          | inschrijftijd     | tijd           | RT    | 50m   | 100m    |
|--------------------------|---------------------|-------------------|----------------|-------|-------|---------|
| <b>Masters 20+</b>       |                     |                   |                |       |       |         |
| 1. Chantal Grove         | De Dolfijn          | 1:08.17 199401844 | <b>1:08.46</b> | +0,80 | 33.07 | 1:08.46 |
| 2. Malissa van der Horst | Zwemlust-den Hommel | 1:06.83 199200810 | <b>1:09.58</b> | +0,73 | 33.61 | 1:09.58 |
| 3. Désirée Emmen         | De Warande          | 1:08.36 199204862 | <b>1:10.78</b> | +0,72 | 34.15 | 1:10.78 |
| Sharon Gelmers           | Octopus             | 1:07.24 199400416 | <b>1:10.78</b> | +1,11 | 34.08 | 1:10.78 |
| 5. Manon van Strien      | WVZ                 | 1:08.56 199400770 | <b>1:11.62</b> | +0,87 | 34.57 | 1:11.62 |
| 6. Sigrid Dogger         | De Zwoer            | 1:13.10 199200452 | <b>1:12.69</b> | +0,70 | 34.75 | 1:12.69 |
| 7. Lodi Broeder          | Aqua-Novio'94       | 1:08.78 199302620 | <b>1:13.78</b> | +0,67 | 35.32 | 1:13.78 |
| 8. Iris Pijtak           | AZ&PC               | 1:09.67 199300602 | <b>1:13.87</b> | +0,67 | 35.89 | 1:13.87 |
| 9. Lis Kop Jansen        | Z&PC De Gouwe       | 1:11.68 199101740 | <b>1:14.60</b> | +0,77 | 35.53 | 1:14.60 |
| 10. Whitney van Hoeckel  | DIO                 | 1:15.48 199402390 | <b>1:15.08</b> | +0,73 | 37.49 | 1:15.08 |
| 11. Ilse Noorlander      | d'ELFT WAVE (SG)    | 1:20.28 199307810 | <b>1:15.70</b> | +0,95 | 37.02 | 1:15.70 |
| 12. Eline Roobol         | De Lansingh         | 1:14.31 199106414 | <b>1:16.21</b> | +0,78 | 36.39 | 1:16.21 |
| 13. Carmen Seesing       | NDD                 | 1:09.50 199406220 | <b>1:18.34</b> |       | 36.55 | 1:18.34 |
| 14. Wendy de Bruin       | ZOB'66              | 1:14.38 199206320 | <b>1:18.58</b> | +0,63 | 38.81 | 1:18.58 |
| 15. Simone de Boer       | LZ 1886             | 1:19.52 199306858 | <b>1:18.67</b> | +0,73 | 38.62 | 1:18.67 |
| 16. Getrude Corporaal    | ZVZ                 | 1:20.58 199200380 | <b>1:20.67</b> | +0,77 | 39.06 | 1:20.67 |
| 17. Denise Austen        | RZ                  | 1:12.60 199303778 | <b>1:20.93</b> | +0,71 | 39.32 | 1:20.93 |
| 18. Emma Siemensma       | De Zijl/LGB         | 1:17.01 199402716 | <b>1:21.87</b> | +0,72 | 39.35 | 1:21.87 |
| 19. Madeleine Sielemann  | GoSwim              | 1:19.15 199106166 | <b>1:22.23</b> | +0,76 | 39.77 | 1:22.23 |
| 20. Joyce Raemaekers     | Budel               | 1:18.92 199106106 | <b>1:22.37</b> | +0,66 | 39.13 | 1:22.37 |
| 21. Eline Schoenmaker    | Zwemlust-den Hommel | 1:20.55 199003322 | <b>1:23.77</b> | +0,71 | 41.81 | 1:23.77 |
| 22. Heleen ten Have      | De Pinquin          | 1:19.91 199403000 | <b>1:26.87</b> | +0,79 | 41.77 | 1:26.87 |
| 23. Ramona Noordermeer   | ZVVS                | 1:24.89 199401746 | <b>1:27.09</b> | +0,75 | 42.98 | 1:27.09 |
| 24. Charine de Ruiter    | Steenwijk 1934      | 1:25.92 199403668 | <b>1:27.88</b> | +0,80 | 43.91 | 1:27.88 |
| 25. Lonneke Oenema       | Steenwijk 1934      | 1:22.07 199102314 | <b>1:28.18</b> | +0,78 | 42.38 | 1:28.18 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 34, Women, 100m Backstroke, Masters 20+

| rang naam             | vereniging  | inschrijftijd |           | tijd           | RT    | 50m   | 100m    |
|-----------------------|-------------|---------------|-----------|----------------|-------|-------|---------|
| 26. Pauline Magnée    | De Warande  | 1:24.70       | 199205434 | <b>1:29.19</b> | +0,67 | 44.23 | 1:29.19 |
| 27. Jorinde Veraar    | De Amer     | 1:46.66       | 199204726 | <b>1:46.72</b> | +1,21 | 50.65 | 1:46.72 |
| DSQ Sharon van Dooren | De Rog      | 2:08.37       | 199207902 |                | RD    |       |         |
| WDR Maartje Lenten    | De Spatters | 1:19.23       | 199204286 |                |       |       |         |

Masters 25+

|                            |                     |         |           |                   |       |         |         |
|----------------------------|---------------------|---------|-----------|-------------------|-------|---------|---------|
| 1. Charlotte Groeneveld    | Zwemlust-den Hommel | 1:10.70 | 198701404 | <b>1:11.13</b>    | +1,17 | 34.02   | 1:11.13 |
| 2. Samantha van Eijk       | De Geul             | 1:09.75 | 198806826 | <b>1:11.79</b>    | +0,84 | 35.28   | 1:11.79 |
| 3. Anna Boef               | LZ 1886             | 1:16.33 | 198806288 | <b>1:14.64</b>    | +0,67 | 36.28   | 1:14.64 |
| 4. Aniek Huijsman          | De Lansingh         | 1:12.17 | 198801932 | <b>1:16.19</b>    | +0,80 | 35.59   | 1:16.19 |
| 5. Ilse van den Wijngaard  | ZPC Woerden         | 1:14.23 | 198904736 | <b>1:17.21</b>    | +0,72 | 37.46   | 1:17.21 |
| 6. Lisette Prins           | WVZ                 | 1:17.39 | 198803522 | <b>1:20.04</b>    | +0,78 | 38.99   | 1:20.04 |
| 7. Bianca Paape            | DAW                 | 1:22.17 | 198502262 | <b>1:24.93</b>    | +1,11 | 42.30   | 1:24.93 |
| 8. Liset de Veer           | Aqua-Novio'94       | 1:26.90 | 198704190 | <b>1:25.21</b>    | +0,75 | 41.39   | 1:25.21 |
| 9. Sabine Lina             | ZPC Woerden         | 1:13.17 | 198902680 | <b>1:28.78</b>    | +0,79 | 42.77   | 1:28.78 |
| 10. Annebeth van Ark       | Octopus             | 1:27.31 | 198805588 | <b>1:29.42</b>    | +0,84 | 43.37   | 1:29.42 |
| 11. Anne van den Besselaar | HZ&PC Heerenveen    | 2:49.10 | 198504062 | S8 <b>2:53.79</b> | +0,87 | 1:25.43 | 2:53.79 |

Masters 30+

|                      |                     |         |           |                |       |       |         |
|----------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Roos van Esch     | TRB-RES             | 1:14.42 | 198200468 | <b>1:15.01</b> | +0,85 | 37.61 | 1:15.01 |
| 2. Marjon van Kempen | MGO (SG)            | 1:14.37 | 198000578 | <b>1:18.75</b> | +1,18 | 37.76 | 1:18.75 |
| 3. Esther Versteeg   | Van Vliet-Barracuda | 1:19.38 | 198302112 | <b>1:21.86</b> | +0,68 | 40.89 | 1:21.86 |
| 4. Angela Giezen     | Montferland         | 1:30.28 | 198302796 | <b>1:27.90</b> | +1,17 | 46.38 | 1:27.90 |

Masters 35+

|                             |                         |         |           |                |       |       |         |
|-----------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Geraldine Trainor        | De Duck                 | 1:20.63 | 197500544 | <b>1:20.47</b> | +0,73 | 39.00 | 1:20.47 |
| 2. Petra Verstegen          | WVZ                     | 1:22.14 | 197700906 | <b>1:23.00</b> | +0,74 | 39.97 | 1:23.00 |
| 3. Heleen Spelde - Fransens | THOR                    | 1:21.56 | 197901358 | <b>1:24.11</b> | +0,86 | 40.80 | 1:24.11 |
| 4. Mirjan den Drijver-Aarse | Zwemvereniging Westland | 1:22.15 | 197500884 | <b>1:24.53</b> | +0,74 | 41.83 | 1:24.53 |
| 5. Carmen Haan              | De Spatters             | 1:27.41 | 197901458 | <b>1:26.24</b> | +0,83 | 41.88 | 1:26.24 |

Masters 40+

|                             |         |         |           |                |       |       |         |
|-----------------------------|---------|---------|-----------|----------------|-------|-------|---------|
| 1. Edith Janssen-Koolen     | TRB-RES | 1:19.08 | 197300898 | <b>1:19.14</b> | +0,78 | 39.24 | 1:19.14 |
| 2. Henriëtte Manting        | GZVW    | 1:23.13 | 197100246 | <b>1:28.29</b> | +0,80 | 43.00 | 1:28.29 |
| 3. Ageeth Boomsma           | Orca    | 1:26.24 | 197000826 | <b>1:29.29</b> | +1,10 | 43.70 | 1:29.29 |
| 4. Daniëlle Hoeksel-Verveen | ZVVS    | 1:29.37 | 197300724 | <b>1:34.64</b> | +0,68 | 46.78 | 1:34.64 |

Masters 45+

|                        |                    |         |           |                |       |       |         |
|------------------------|--------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Lesley Cordial      | Neptunus           | 1:15.23 | 196700684 | <b>1:18.96</b> | +0,66 | 38.22 | 1:18.96 |
| 2. Bridget Bewick      | Maidenhead Marlins | 1:20.10 | 36934     | <b>1:20.35</b> | +0,78 | 40.12 | 1:20.35 |
| 3. Heidi van Stein     | LZ 1886            | 1:18.22 | 196900864 | <b>1:20.36</b> | +1,13 | 38.84 | 1:20.36 |
| 4. Ellen van Wingerden | DWK                | 1:23.91 | 196900970 | <b>1:27.87</b> | +0,81 | 42.33 | 1:27.87 |
| 5. Esther Mijnen       | ZV De Zaan         | 1:30.58 | 196900846 | <b>1:33.33</b> | +0,85 | 45.18 | 1:33.33 |
| 6. Françoise Duran     | AZ&PC              | 1:32.22 | 196900222 | <b>1:36.29</b> |       | 48.11 | 1:36.29 |
| 7. Cora Smulders       | ESCA Zwemmen       | 1:46.92 | 196600668 | <b>1:47.61</b> | +0,64 | 52.26 | 1:47.61 |

Masters 50+

|                      |                  |         |           |                |         |       |         |
|----------------------|------------------|---------|-----------|----------------|---------|-------|---------|
| 1. Feikje Wittermans | WIDEX GZC DONK   | 1:25.04 | 196400408 | <b>1:24.47</b> | +0,79   | 39.98 | 1:24.47 |
| 2. Marie-Josée Matte | WVZ              | 1:28.74 | 196000326 | <b>1:33.86</b> | +0,41   | 43.44 | 1:33.86 |
| 3. Annemarie Vuist   | Swol 1894        | 1:29.71 | 196300282 | <b>1:34.60</b> | +0,92   | 47.10 | 1:34.60 |
| 4. Alie Visser       | HZ&PC Heerenveen | 1:40.64 | 196400494 | <b>1:42.24</b> | * +0,81 | 49.67 | 1:42.24 |
| WDR Judith Cromjongh | De Zwoer         | 1:18.94 | 196400054 |                |         |       |         |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 34, Women, 100m Backstroke

Masters 55+

|                         |           |         |           |                |       |       |         |
|-------------------------|-----------|---------|-----------|----------------|-------|-------|---------|
| 1. Atie Pijtak-Radersma | AZ&PC     | 1:23.49 | 195600048 | <b>1:27.01</b> | +0,80 | 42.72 | 1:27.01 |
| 2. Mathilde Vink        | Swol 1894 | 1:27.91 | 195800128 | <b>1:33.50</b> | +0,90 | 46.40 | 1:33.50 |

Masters 60+

|                               |                         |         |           |                |       |         |         |
|-------------------------------|-------------------------|---------|-----------|----------------|-------|---------|---------|
| 1. Patty Krupiarz             | PSV                     | 1:34.57 | 195400074 | <b>1:36.13</b> | +0,73 | 45.42   | 1:36.13 |
| 2. Tineke Brouwer-Maat        | Zwemvereniging Westland | 1:39.87 | 195300074 | <b>1:42.98</b> | +0,76 | 50.84   | 1:42.98 |
| 3. Antoinette Gilding-Tussaud | WS Twente               | 1:43.33 | 195000038 | <b>1:46.53</b> | +0,83 | 52.30   | 1:46.53 |
| 4. Ineke Meijer               | HZ&PC Heerenveen        | 1:41.44 | 195200034 | <b>1:48.95</b> | +0,74 | 53.71   | 1:48.95 |
| 5. Janny van der Weide        | Deltasteur              | 2:41.54 | 195100066 | <b>2:52.24</b> | +1,68 | 1:20.85 | 2:52.24 |
| WDR Carla Hensen              | PSV                     | 1:48.47 | 195300062 |                |       |         |         |

Masters 65+

|                         |       |         |           |                |       |         |         |
|-------------------------|-------|---------|-----------|----------------|-------|---------|---------|
| 1. Loekie v. Huissteden | AZ&PC | 2:03.49 | 194500002 | <b>2:10.16</b> | +0,96 | 1:06.09 | 2:10.16 |
|-------------------------|-------|---------|-----------|----------------|-------|---------|---------|

Masters 70+

|                 |            |         |           |                |       |         |         |
|-----------------|------------|---------|-----------|----------------|-------|---------|---------|
| 1. Leny Kamp    | Aquapoldro | 2:04.58 | 194400008 | <b>2:12.20</b> | +0,65 | 1:02.49 | 2:12.20 |
| 2. Truus Ruiter | Old Dutch  | 2:03.30 | 194000004 | <b>2:18.33</b> | +0,84 | 1:06.96 | 2:18.33 |

Masters 75+

|                   |     |         |           |                |  |       |         |
|-------------------|-----|---------|-----------|----------------|--|-------|---------|
| 1. Alice Lindhout | PSV | 2:01.64 | 193500010 | <b>2:02.73</b> |  | 58.74 | 2:02.73 |
|-------------------|-----|---------|-----------|----------------|--|-------|---------|

Masters 80+

|                 |           |         |           |                |       |         |         |
|-----------------|-----------|---------|-----------|----------------|-------|---------|---------|
| 1. Annie de Vos | Old Dutch | 2:11.73 | 193400004 | <b>2:22.80</b> | +0,82 | 1:07.39 | 2:22.80 |
|-----------------|-----------|---------|-----------|----------------|-------|---------|---------|

Event 35

Mixed, 4 x 50m Medley

Masters Open  
Results

03-05-2014 - 17:31

| rang       | vereniging   | inschrijftijd                        | startnr. | tijd           | RT    |
|------------|--|--------------------------------------|----------|----------------|-------|
| <b>80+</b> |  |                                      |          |                |       |
| 1.         | WVZ 3<br><i>Nederlands Masters Record, startzwemster NMR</i> | 1:54.36                              |          | <b>1:57.14</b> | +0,65 |
|            | Anja van der Hout 90 +0,65 29.64                             | Bruno Carissimi Boff 92 +0,28 26.38  |          |                |       |
|            | Isabelle Massar 91 +0,54 37.72                               | Mark Costeris 92 +0,15 23.40         |          |                |       |
| 2.         | Piranha 1  | 2:05.28                              |          | <b>2:02.00</b> | +0,64 |
|            | Linda van der Hout 93 +0,64 33.53                            | Filipp Müller 86 +0,33 25.08         |          |                |       |
|            | Teun Groeneweg 87 +0,42 32.38                                | Eline Schaft 92 +0,28 31.01          |          |                |       |
| 3.         | NDD 1  | 1:59.83                              |          | <b>2:02.77</b> | +1,01 |
|            | Hjalmar de Ruiter 89 +1,01 30.21                             | Eva Engelen 94 +0,35 30.79           |          |                |       |
|            | Carmen Seesing 94 +0,52 35.39                                | Robin Eltink 94 +0,47 26.38          |          |                |       |
| 4.         | LZ 1886 1  | 2:05.90                              |          | <b>2:06.10</b> | +0,81 |
|            | Kristiaan Lenos 83 +0,81 31.96                               | Janet van der Poel 93 +0,34 31.60    |          |                |       |
|            | Suzanne Brummel 94 +0,57 37.27                               | Lars Sieval 93 +0,50 25.27           |          |                |       |
| 5.         | Octopus 1  | 2:00.87                              |          | <b>2:07.10</b> | +0,75 |
|            | Albert van Piekeren 84 +0,75 31.66                           | Sharon Gelmers 94 +0,40 31.03        |          |                |       |
|            | Roald Blok 93 +0,41 29.90                                    | Margriet Aan het Rot 86 +0,49 34.51  |          |                |       |
| 6.         | RZ 1   | 2:14.23                              |          | <b>2:08.22</b> | +0,68 |
|            | Denise Austen 93 +0,68 38.07                                 | Suzan van den Bogaard 89 +0,27 31.22 |          |                |       |
|            | Kenneth Caster 91 +0,53 32.89                                | Patrick Creemers 90 +0,30 26.04      |          |                |       |
| 7.         | LZ 1886 2  | 2:10.37                              |          | <b>2:08.58</b> | +0,74 |
|            | Sjoerd Sieval 90 +0,74 32.77                                 | Joost Rijntjes 91 +0,32 27.59        |          |                |       |
|            | Rosanne de Boer 91 +0,30 38.43                               | Simone de Boer 93 +0,35 29.79        |          |                |       |
| 8.         | d'ELFT WAVE (SG) 1   | 2:06.20                              |          | <b>2:08.89</b> | +0,62 |
|            | Victor den Heijer 83 +0,62 31.89                             | Simon Kassing 94 +0,49 27.70         |          |                |       |
|            | Zarife Gela 92 +0,42 40.08                                   | Ilse Noorlander 93 +0,49 29.22       |          |                |       |



Event 35, Mixed, 4 x 50m Medley, 80+

| rang | vereniging           | inschrijftijd  | startnr.       | tijd           | RT    |
|------|----------------------|----------------|----------------|----------------|-------|
| 9.   | ZPC De Hof 1         | 2:08.70        |                | <b>2:09.14</b> | +0,66 |
|      | Kimberley Kranenberg | 94 +0,66 34.34 | Jasper de Boer | 93 +0,49 28.26 |       |
|      | Richard Huisken      | 85 +0,37 33.58 | Desiree Baltes | 89 +0,68 32.96 |       |
| 10.  | Montferland 1        | 2:29.18        |                | <b>2:29.00</b> | +0,76 |
|      | Kelly Bocking        | 91 +0,76 45.04 | Dennis Bosma   | 94 +0,43 28.77 |       |
|      | Daniel Rosenkranz    | 91 +0,73 41.66 | Daphne Meijer  | 93 +0,39 33.53 |       |

100+

|    |                        |                |                       |                |       |
|----|------------------------|----------------|-----------------------|----------------|-------|
| 1. | Zwemlust-den Hommel 1  | 2:00.40        |                       | <b>1:58.98</b> | +0,80 |
|    | Charlotte Groeneveld   | 87 +0,80 32.41 | Raoul Engelenburg     | 89 +0,52 28.09 |       |
|    | Vincent Versteeg       | 77 +0,32 31.81 | Malissa van der Horst | 92 +0,27 26.67 |       |
| 2. | ZOB'66 1               | 2:04.65        |                       | <b>2:09.38</b> | +0,59 |
|    | Wendy de Bruin         | 92 +0,59 36.94 | Ferry Blangé          | 83 +0,38 29.17 |       |
|    | Roderik Meijers        | 86 +0,36 32.70 | Carly Noordermeer     | 87 +0,23 30.57 |       |
| 3. | MGO (SG) 1             | 2:11.87        |                       | <b>2:12.17</b> | +0,80 |
|    | Marjon van Kempen      | 80 +0,80 37.26 | Bastian Zoon          | 87 +0,21 28.25 |       |
|    | Eline Roeland          | 88 +0,65 39.89 | Martijn van Hoorn     | 89 +0,65 26.77 |       |
| 4. | WVZ 4                  | 2:10.70        |                       | <b>2:13.43</b> | +0,82 |
|    | Manon van Strien       | 94 +0,82 33.23 | Mike Stoffer          | 89 +0,11 29.42 |       |
|    | Tessa Verheijdt        | 89 +0,24 43.39 | Bas v.d. Laan         | 83 +0,28 27.39 |       |
| 5. | ZPC Woerden 1          | 2:14.81        |                       | <b>2:14.44</b> | +0,46 |
|    | Ilse van den Wijngaard | 89 +0,46 36.84 | Sabine Lina           | 89 +0,40 35.06 |       |
|    | Niels van Beurden      | 88 +0,30 34.88 | Patrick de Jonge      | 89 0.00 27.66  |       |
| 6. | Steenwijk 1934 1       | 2:12.21        |                       | <b>2:14.49</b> | +0,68 |
|    | Lauren Vis             | 82 +0,68 31.59 | Rick Driezen          | 86 +0,51 28.28 |       |
|    | Tara Keijzer           | 91 +0,66 42.29 | Charine de Ruiter     | 94 +0,66 32.33 |       |

120+

|     |                           |                |                       |                |       |
|-----|---------------------------|----------------|-----------------------|----------------|-------|
| 1.  | PSV 2                     | 2:03.35        |                       | <b>2:03.29</b> | +0,78 |
|     | Jos de Graaf              | 91 +0,78 29.93 | Stephanie Rombout     | 88 +0,69 31.16 |       |
|     | Harold Matla              | 68 +0,37 31.93 | Liselotte Joling      | 75 +0,79 30.27 |       |
| 2.  | WS Twente 1               | 2:07.83        |                       | <b>2:06.58</b> | +0,58 |
|     | Marcel Reefhuis           | 81 +0,58 32.34 | Inez Heideman         | 75 +0,39 32.34 |       |
|     | Ewoud Rupert              | 78 +0,31 33.29 | Annelette de Vries    | 86 +0,27 28.61 |       |
| 3.  | Zoetermeer 1              | 2:05.89        |                       | <b>2:07.62</b> | +0,67 |
|     | Markus van Rest           | 77 +0,67 34.64 | Delia Badoux          | 80 +0,15 30.81 |       |
|     | Simon van Ravesteijn      | 80 +0,31 31.57 | Sanne van Dijk        | 90 +0,56 30.60 |       |
| 4.  | WVZ 1                     | 2:06.07        |                       | <b>2:11.45</b> | +1,07 |
|     | Ivo Roozeboom             | 77 +1,07 30.95 | Mea Ferreira          | 89 +0,32 31.64 |       |
|     | Nick Baron                | 91 +0,48 36.89 | Petra Versteegen      | 77 +0,55 31.97 |       |
| 5.  | Van Vliet-Barracuda 1     | 2:12.13        |                       | <b>2:11.92</b> | +1,10 |
|     | Maryse Lampe              | 87 +1,10 35.13 | Esther Versteeg       | 83 +0,54 32.45 |       |
|     | Walter Rolloos            | 59 +0,29 37.98 | Thommy Nickel         | 84 +0,33 26.36 |       |
| 6.  | DAW 1                     | 2:06.56        |                       | <b>2:12.35</b> | +0,85 |
|     | Wieteke Elzinga           | 86 +0,85 36.39 | Alex Damen            | 75 +0,37 29.93 |       |
|     | Laura Badoux              | 82 +0,39 38.33 | Kars Luttik           | 78 +0,39 27.70 |       |
| 7.  | RZ 2                      | 2:18.09        |                       | <b>2:16.67</b> | +0,76 |
|     | Dimitrie Sonnemans        | 75 +0,76 34.67 | Marian Bouts          | 86 +0,53 33.91 |       |
|     | Mark van Wingerden        | 70 +0,42 34.39 | Vivian van Kerkwijk   | 75 +0,46 33.70 |       |
| 8.  | De Lansingh 1             | 2:12.21        |                       | <b>2:16.78</b> | +0,77 |
|     | Jacqueline Rolloos-Bakker | 63 +0,77 39.99 | Mark Huijsman         | 90 +0,35 31.18 |       |
|     | Aniek Huijsman            | 88 +0,30 38.01 | Martijn van den Berge | 85 +0,44 27.60 |       |
| 9.  | WVZ 2                     | 2:15.73        |                       | <b>2:17.43</b> | +1,14 |
|     | Jan-Willem van den Berg   | 68 +1,14 33.55 | Thomas Kersten        | 90 +0,20 27.26 |       |
|     | Monique Pronk             | 88 +0,62 39.82 | Marie-Josée Matte     | 60 +0,45 36.80 |       |
| 10. | De Amer 1                 | 2:14.89        |                       | <b>2:18.73</b> | +0,89 |
|     | Anne Duijst               | 89 +0,89 38.76 | Paul de Boer          | 68 +0,40 33.48 |       |
|     | Kathy van Zuilen          | 93 +0,41 39.90 | Rutger Stam           | 81 +0,25 26.59 |       |
| 11. | De Futen 1                | 2:23.72        |                       | <b>2:19.97</b> | +0,72 |
|     | Erwin Zuidervelt          | 75 +0,72 35.09 | Tony de Groot         | 73 +0,43 38.86 |       |
|     | Erwin Sneek               | 91 +0,28 35.62 | Petra Benani-Wolsing  | 84 +0,48 30.40 |       |



Event 35, Mixed, 4 x 50m Medley, 120+

| rang | vereniging                    | inschrijftijd  | startnr. | tijd           | RT    |
|------|-------------------------------|----------------|----------|----------------|-------|
| 12.  | <b>AZ&amp;PC 2</b>            | <b>2:18.81</b> |          | <b>2:20.40</b> | +0,75 |
|      | Françoise Duran               | 69 +0,75 45.48 | 84       | +0,44 28.79    |       |
|      | Wouter van 't Klooster        | 88 +0,29 35.63 | 86       | +0,28 30.50    |       |
| 13.  | <b>VZV Njord 1</b>            | <b>2:31.61</b> |          | <b>2:28.74</b> | +0,84 |
|      | Jeffrey Smits-Velthuis        | 90 +0,84 41.29 | 70       | +0,56 38.11    |       |
|      | Joke Smits-Velthuis           | 90 +0,42 40.54 | 68       | +0,49 28.80    |       |
| 14.  | <b>De Spatters 1</b>          | <b>2:30.89</b> |          | <b>2:34.56</b> | +0,68 |
|      | Roelof Broekman               | 68 +0,68 37.61 | 87       | +0,42 39.29    |       |
|      | Jan Haitsma                   | 60 +0,55 47.19 | 94       | +0,10 30.47    |       |
| 15.  | <b>WIDEX GZC DONK 1</b>       | <b>2:30.96</b> |          | <b>2:38.50</b> | +0,79 |
|      | Jacqueline de Ruiter-Wijnolst | 74 +0,79 37.90 | 84       | +0,63 43.31    |       |
|      | Remco Luijnenburg             | 79 +0,61 45.33 | 66       | +0,40 31.96    |       |

160+

|    |                                  |                  |    |                |       |
|----|----------------------------------|------------------|----|----------------|-------|
| 1. | <b>De Roersoppers 1</b>          | <b>2:13.16</b>   |    | <b>2:16.33</b> | +0,78 |
|    | Emmy Slabbers                    | 81 +0,78 38.15   | 82 | +0,28 33.16    |       |
|    | Arno Schrauwen                   | 65 +0,20 35.58   | 53 | +0,61 29.44    |       |
| 2. | <b>DAW 3</b>                     | <b>2:21.54</b>   |    | <b>2:20.13</b> | +0,68 |
|    | John Stokx                       | 64 +0,68 34.09   | 74 | +0,30 33.36    |       |
|    | Hans Schoenmakers                | 69 +0,42 36.69   | 67 | +0,42 35.99    |       |
| 3. | <b>Zwemvereniging Westland 1</b> | <b>2:21.98</b>   |    | <b>2:22.17</b> | +0,77 |
|    | Fred Dijkshoorn                  | 65 +0,77 35.61   | 81 |                | 28.38 |
|    | Mirjan den Drijver-Aarse         | 75 +0,65 43.60   | 64 | +0,35 34.58    |       |
| 4. | <b>DAW 2</b>                     | <b>2:24.68</b>   |    | <b>2:23.84</b> | +1,10 |
|    | Sandra Pannekeet                 | 84 +1,10 39.36   | 61 | +0,59 39.94    |       |
|    | Ron Langelaan                    | 78 +0,01 35.33   | 68 | +0,20 29.21    |       |
| 5. | <b>AZC 1</b>                     | <b>2:17.22</b>   |    | <b>2:29.32</b> | +0,60 |
|    | Guido Keutgen                    | 68 +0,60 31.53   | 75 | +0,44 31.84    |       |
|    | Sandra Daamen-Posma              | 68 +0,41 49.21   | 62 | +0,54 36.74    |       |
| 6. | <b>Potters Bar Sharks</b>        | <b>2:30.85</b>   |    | <b>2:36.70</b> | +0,74 |
|    | Daniella Harrison                | 72 +0,74 43.87   | 67 |                | 34.75 |
|    | Caroline Griffin                 | 73 +0,42 46.14   | 67 | +0,44 31.94    |       |
| 7. | <b>Swol 1894 1</b>               | <b>2:29.00</b>   |    | <b>2:39.32</b> | +0,94 |
|    | Annemarie Vuist                  | 63 +0,94 46.01   | 73 | +0,27 34.24    |       |
|    | Marjan Spoelstra                 | 60 +0,41 50.02   | 76 | +0,07 29.05    |       |
| 8. | <b>Den Doorn 1</b>               | <b>2:39.24</b>   |    | <b>2:45.43</b> | +0,78 |
|    | Antoinette Kant                  | 69 +0,78 43.19   | 69 | +0,49 51.61    |       |
|    | Wouter van der Stelt             | 72 +0,29 41.39   | 68 | +0,57 29.24    |       |
| 9. | <b>ESCA Zwemmen 1 50m*</b>       | <b>2:56.73</b>   |    | <b>3:03.62</b> | +0,89 |
|    | Ria Peters-Veurman               | 58 +0,89 1:00.07 | 80 | +0,34 37.67    |       |
|    | Durand Lammers                   | 60 +0,65 43.48   | 60 |                | 42.40 |

200+

|    |                                  |                |    |                |       |
|----|----------------------------------|----------------|----|----------------|-------|
| 1. | <b>AZ&amp;PC 1</b>               | <b>2:13.77</b> |    | <b>2:11.60</b> | +0,68 |
|    | <i>Nederlands Masters Record</i> |                |    |                |       |
|    | Lidia v. Bon-Rosenbrand          | 70 +0,68 37.35 | 63 | +0,25 27.25    |       |
|    | Ron Korzelius                    | 65 +0,36 35.65 | 56 | +0,27 31.35    |       |
| 2. | <b>Swol 1894 2</b>               | <b>2:24.00</b> |    | <b>2:24.53</b> | +0,81 |
|    | Arjan Aalbers                    | 75 +0,81 35.23 | 74 | +0,35 30.93    |       |
|    | Bea Swijnenberg                  | 49 +0,27 45.97 | 51 | +0,53 32.40    |       |
| 3. | <b>ZVVS 1</b>                    | <b>2:29.79</b> |    | <b>2:30.04</b> | +0,75 |
|    | Emiel van Elderen                | 56 +0,75 39.99 | 83 | +0,28 32.34    |       |
|    | Willem Putter                    | 45 +0,55 44.96 | 59 | +0,38 32.75    |       |
| 4. | <b>WS Twente 2</b>               | <b>2:31.24</b> |    | <b>2:30.87</b> | +1,07 |
|    | Antoinette Gilding-Tussaud       | 50 +1,07 48.52 | 69 | +0,48 30.76    |       |
|    | Joop Weenink                     | 68 +0,58 38.67 | 68 | +0,33 32.92    |       |
| 5. | <b>WIDEX GZC DONK 2</b>          | <b>2:40.06</b> |    | <b>2:40.81</b> | +0,65 |
|    | Feikje Wittermans                | 64 +0,65 38.65 | 60 | +0,26 46.54    |       |
|    | Peter Coffeng                    | 57 +0,69 46.31 | 60 | +0,36 29.31    |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 35, Mixed, 4 x 50m Medley, 200+

| rang | vereniging     | inschrijftijd    | startnr.      | tijd           | RT    |
|------|----------------|------------------|---------------|----------------|-------|
| 6.   | Steenwijk 1934 | 3:07.35          |               | <b>3:17.74</b> | +0,86 |
|      | Ciska Wagter   | 70 +0,86 1:02.87 | Huyb Stegeman | 67 +0,54 36.54 |       |
|      | Riekie Schra   | 64 +0,90 1:03.73 | Sierd Tilma   | 53 +0,78 34.60 |       |

240+

| rang | vereniging     | inschrijftijd  | startnr.         | tijd           | RT    |
|------|----------------|----------------|------------------|----------------|-------|
| 1.   | PSV            | 2:27.58        |                  | <b>2:30.25</b> | +0,73 |
|      | Brend Brevé    | 52 +0,73 35.54 | Joop Ariaens     | 59 +0,67 30.69 |       |
|      | Patty Krupiarz | 54 +0,58 48.64 | Corrie Verhoeven | 46 +0,59 35.38 |       |

5 - ONMK 2014 lb sessie 5

04-05-2014 - 9:00

Event 36

Women, 800m Freestyle

Masters Open  
Results

04-05-2014 - 9:00

| rang               | naam                | vereniging   | inschrijftijd | startnr.  | tijd            | RT    |
|--------------------|---------------------|--------------|---------------|-----------|-----------------|-------|
| <b>Masters 20+</b> |                     |              |               |           |                 |       |
| 1.                 | Iris Pijtak         | AZ&PC        | 9:39.37       | 199300602 | <b>9:57.55</b>  | +0,74 |
|                    | 50m: 33.86          | 33.86        | 250m: 3:05.33 | 38.25     | 450m: 5:37.61   | 37.40 |
|                    | 100m: 1:11.24       | 37.38        | 300m: 3:43.60 | 38.27     | 500m: 6:15.36   | 37.75 |
|                    | 150m: 1:49.21       | 37.97        | 350m: 4:21.90 | 38.30     | 550m: 6:53.39   | 38.03 |
|                    | 200m: 2:27.08       | 37.87        | 400m: 5:00.21 | 38.31     | 600m: 7:30.94   | 37.55 |
|                    |                     |              |               |           | 650m: 8:08.18   | 37.24 |
|                    |                     |              |               |           | 700m: 8:45.49   | 37.31 |
|                    |                     |              |               |           | 750m: 9:22.58   | 37.09 |
|                    |                     |              |               |           | 800m: 9:57.55   | 34.97 |
| 2.                 | Rebecca Vroomen     | Eurode KZC   | 9:33.69       | 199301772 | <b>10:03.92</b> | +0,85 |
|                    | 50m: 34.04          | 34.04        | 250m: 3:07.32 | 38.69     | 450m: 5:39.31   | 37.91 |
|                    | 100m: 1:11.86       | 37.82        | 300m: 3:45.41 | 38.09     | 500m: 6:16.95   | 37.64 |
|                    | 150m: 1:50.20       | 38.34        | 350m: 4:23.83 | 38.42     | 550m: 6:54.99   | 38.04 |
|                    | 200m: 2:28.63       | 38.43        | 400m: 5:01.40 | 37.57     | 600m: 7:32.62   | 37.63 |
|                    |                     |              |               |           | 650m: 8:10.69   | 38.07 |
|                    |                     |              |               |           | 700m: 8:48.47   | 37.78 |
|                    |                     |              |               |           | 750m: 9:26.76   | 38.29 |
|                    |                     |              |               |           | 800m: 10:03.92  | 37.16 |
| 3.                 | Jasmijn Ruijgrok    | De Zijl/LGB  | 10:16.01      | 199401032 | <b>10:22.25</b> | +0,85 |
|                    | 50m: 34.89          | 34.89        | 250m: 3:12.75 | 40.14     | 450m: 5:50.87   | 38.81 |
|                    | 100m: 1:13.62       | 38.73        | 300m: 3:52.80 | 40.05     | 500m: 6:30.25   | 39.38 |
|                    | 150m: 1:53.24       | 39.62        | 350m: 4:32.37 | 39.57     | 550m: 7:09.55   | 39.30 |
|                    | 200m: 2:32.61       | 39.37        | 400m: 5:12.06 | 39.69     | 600m: 7:48.62   | 39.07 |
|                    |                     |              |               |           | 650m: 8:28.08   | 39.46 |
|                    |                     |              |               |           | 700m: 9:06.98   | 38.90 |
|                    |                     |              |               |           | 750m: 9:45.57   | 38.59 |
|                    |                     |              |               |           | 800m: 10:22.25  | 36.68 |
| 4.                 | Suzanne Brummel     | LZ 1886      | 10:11.43      | 199401366 | <b>10:23.28</b> | +0,78 |
|                    | 50m: 35.60          | 35.60        | 250m: 3:13.18 | 39.93     | 450m: 5:52.04   | 39.36 |
|                    | 100m: 1:14.13       | 38.53        | 300m: 3:53.20 | 40.02     | 500m: 6:31.77   | 39.73 |
|                    | 150m: 1:53.62       | 39.49        | 350m: 4:33.00 | 39.80     | 550m: 7:10.90   | 39.13 |
|                    | 200m: 2:33.25       | 39.63        | 400m: 5:12.68 | 39.68     | 600m: 7:51.20   | 40.30 |
|                    |                     |              |               |           | 650m: 8:30.31   | 39.11 |
|                    |                     |              |               |           | 700m: 9:09.23   | 38.92 |
|                    |                     |              |               |           | 750m: 9:47.73   | 38.50 |
|                    |                     |              |               |           | 800m: 10:23.28  | 35.55 |
| 5.                 | Anouk Kuijlaars     | ZC Aquadream | 10:49.32      | 199401700 | <b>10:36.47</b> | +0,74 |
|                    | 50m: 35.84          | 35.84        | 250m: 3:15.33 | 40.84     | 450m: 5:57.24   | 40.65 |
|                    | 100m: 1:14.40       | 38.56        | 300m: 3:55.61 | 40.28     | 500m: 6:37.71   | 40.47 |
|                    | 150m: 1:54.36       | 39.96        | 350m: 4:36.05 | 40.44     | 550m: 7:17.99   | 40.28 |
|                    | 200m: 2:34.49       | 40.13        | 400m: 5:16.59 | 40.54     | 600m: 7:58.51   | 40.52 |
|                    |                     |              |               |           | 650m: 8:38.62   | 40.11 |
|                    |                     |              |               |           | 700m: 9:18.88   | 40.26 |
|                    |                     |              |               |           | 750m: 9:58.78   | 39.90 |
|                    |                     |              |               |           | 800m: 10:36.47  | 37.69 |
| 6.                 | Emma Siemensma      | De Zijl/LGB  | 10:42.49      | 199402716 | <b>10:50.08</b> | +0,77 |
|                    | 50m: 35.53          | 35.53        | 250m: 3:14.91 | 40.87     | 450m: 5:59.76   | 41.19 |
|                    | 100m: 1:14.41       | 38.88        | 300m: 3:56.05 | 41.14     | 500m: 6:41.13   | 41.37 |
|                    | 150m: 1:54.10       | 39.69        | 350m: 4:37.43 | 41.38     | 550m: 7:22.53   | 41.40 |
|                    | 200m: 2:34.04       | 39.94        | 400m: 5:18.57 | 41.14     | 600m: 8:04.71   | 42.18 |
|                    |                     |              |               |           | 650m: 8:46.69   | 41.98 |
|                    |                     |              |               |           | 700m: 9:28.64   | 41.95 |
|                    |                     |              |               |           | 750m: 10:09.82  | 41.18 |
|                    |                     |              |               |           | 800m: 10:50.08  | 40.26 |
| 7.                 | Irmgard van Weeghel | Octopus      | 10:40.59      | 199204834 | <b>11:23.18</b> | +0,70 |
|                    | 50m: 36.59          | 36.59        | 250m: 3:26.52 | 43.33     | 450m: 6:20.66   | 43.85 |
|                    | 100m: 1:17.68       | 41.09        | 300m: 4:09.63 | 43.11     | 500m: 7:04.26   | 43.60 |
|                    | 150m: 2:00.19       | 42.51        | 350m: 4:53.48 | 43.85     | 550m: 7:47.93   | 43.67 |
|                    | 200m: 2:43.19       | 43.00        | 400m: 5:36.81 | 43.33     | 600m: 8:31.42   | 43.49 |
|                    |                     |              |               |           | 650m: 9:15.20   | 43.78 |
|                    |                     |              |               |           | 700m: 9:58.57   | 43.37 |
|                    |                     |              |               |           | 750m: 10:41.76  | 43.19 |
|                    |                     |              |               |           | 800m: 11:23.18  | 41.42 |
| 8.                 | Lieke Janssen       | HGN (SG)     | 11:25.87      | 199305954 | <b>11:36.92</b> | +0,90 |
|                    | 50m: 38.25          | 38.25        | 250m: 3:34.69 | 44.26     | 450m: 6:32.38   | 44.18 |
|                    | 100m: 1:21.29       | 43.04        | 300m: 4:19.03 | 44.34     | 500m: 7:16.96   | 44.58 |
|                    | 150m: 2:05.43       | 44.14        | 350m: 5:03.69 | 44.66     | 550m: 8:01.00   | 44.04 |
|                    | 200m: 2:50.43       | 45.00        | 400m: 5:48.20 | 44.51     | 600m: 8:45.70   | 44.70 |
|                    |                     |              |               |           | 650m: 9:29.70   | 44.00 |
|                    |                     |              |               |           | 700m: 10:13.79  | 44.09 |
|                    |                     |              |               |           | 750m: 10:56.39  | 42.60 |
|                    |                     |              |               |           | 800m: 11:36.92  | 40.53 |
| 9.                 | Denise Koerhuis     | De Spatters  | 10:43.01      | 199400306 | <b>11:41.22</b> | +0,70 |
|                    | 50m: 36.10          | 36.10        | 250m: 3:28.86 | 44.51     | 450m: 6:29.63   | 44.73 |
|                    | 100m: 1:17.18       | 41.08        | 300m: 4:13.98 | 45.12     | 500m: 7:15.10   | 45.47 |
|                    | 150m: 1:59.87       | 42.69        | 350m: 4:59.76 | 45.78     | 550m: 8:00.08   | 44.98 |
|                    | 200m: 2:44.35       | 44.48        | 400m: 5:44.90 | 45.14     | 600m: 8:45.21   | 45.13 |
|                    |                     |              |               |           | 650m: 9:30.07   | 44.86 |
|                    |                     |              |               |           | 700m: 10:14.38  | 44.31 |
|                    |                     |              |               |           | 750m: 10:58.29  | 43.91 |
|                    |                     |              |               |           | 800m: 11:41.22  | 42.93 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 36, Women, 800m Freestyle, Masters 20+

| rang | naam          | vereniging | inschrijftijd | startnr.  | tijd            | RT    |                |       |
|------|---------------|------------|---------------|-----------|-----------------|-------|----------------|-------|
| 10.  | Yvonne Bruls  | Eurode KZC | 11:17.76      | 199008114 | <b>11:42.36</b> | +0,73 |                |       |
|      | 50m: 37.76    | 37.76      | 250m: 3:34.47 | 44.42     | 450m: 6:32.71   | 44.33 | 650m: 9:31.05  | 44.90 |
|      | 100m: 1:21.20 | 43.44      | 300m: 4:18.73 | 44.26     | 500m: 7:17.42   | 44.71 | 700m: 10:15.34 | 44.29 |
|      | 150m: 2:05.53 | 44.33      | 350m: 5:03.72 | 44.99     | 550m: 8:01.75   | 44.33 | 750m: 10:59.37 | 44.03 |
|      | 200m: 2:50.05 | 44.52      | 400m: 5:48.38 | 44.66     | 600m: 8:46.15   | 44.40 | 800m: 11:42.36 | 42.99 |

Masters 25+

|    |                     |                  |               |           |                 |       |                |       |
|----|---------------------|------------------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Lisanne Andeweg     | Zuiderzeewimmers | 9:41.77       | 198800092 | <b>9:54.59</b>  | +0,84 |                |       |
|    | 50m: 33.87          | 33.87            | 250m: 3:04.19 | 37.64     | 450m: 5:35.48   | 37.88 | 650m: 8:06.14  | 37.38 |
|    | 100m: 1:10.88       | 37.01            | 300m: 3:41.86 | 37.67     | 500m: 6:13.12   | 37.64 | 700m: 8:43.21  | 37.07 |
|    | 150m: 1:48.66       | 37.78            | 350m: 4:19.57 | 37.71     | 550m: 6:51.07   | 37.95 | 750m: 9:19.75  | 36.54 |
|    | 200m: 2:26.55       | 37.89            | 400m: 4:57.60 | 38.03     | 600m: 7:28.76   | 37.69 | 800m: 9:54.59  | 34.84 |
| 2. | Sunanda van Heteren | De Geul          | 10:42.44      | 198901728 | <b>11:25.72</b> | +0,94 |                |       |
|    | 50m: 36.61          | 36.61            | 250m: 3:25.06 | 43.52     | 450m: 6:21.95   | 44.09 | 650m: 9:19.08  | 44.10 |
|    | 100m: 1:17.04       | 40.43            | 300m: 4:09.19 | 44.13     | 500m: 7:06.84   | 44.89 | 700m: 10:02.80 | 43.72 |
|    | 150m: 1:58.97       | 41.93            | 350m: 4:53.34 | 44.15     | 550m: 7:51.14   | 44.30 | 750m: 10:45.64 | 42.84 |
|    | 200m: 2:41.54       | 42.57            | 400m: 5:37.86 | 44.52     | 600m: 8:34.98   | 43.84 | 800m: 11:25.72 | 40.08 |
| 3. | Desiree Baltes      | ZPC De Hof       | 11:35.07      | 198900182 | <b>12:20.28</b> | +0,97 |                |       |
|    | 50m: 39.56          | 39.56            | 250m: 3:41.93 | 45.71     | 450m: 6:51.77   | 48.01 | 650m: 10:02.29 | 47.32 |
|    | 100m: 1:24.90       | 45.34            | 300m: 4:29.11 | 47.18     | 500m: 7:39.66   | 47.89 | 700m: 10:50.00 | 47.71 |
|    | 150m: 2:10.20       | 45.30            | 350m: 5:16.77 | 47.66     | 550m: 8:27.27   | 47.61 | 750m: 11:36.88 | 46.88 |
|    | 200m: 2:56.22       | 46.02            | 400m: 6:03.76 | 46.99     | 600m: 9:14.97   | 47.70 | 800m: 12:20.28 | 43.40 |
| 4. | Karin van Leersum   | Piranha          | 12:18.64      | 198802658 | <b>12:36.02</b> | +0,94 |                |       |
|    | 50m: 41.19          | 41.19            | 250m: 3:52.76 | 48.95     | 450m: 7:06.85   | 48.51 | 650m: 10:18.79 | 47.65 |
|    | 100m: 1:27.40       | 46.21            | 300m: 4:41.43 | 48.67     | 500m: 7:55.06   | 48.21 | 700m: 11:06.70 | 47.91 |
|    | 150m: 2:15.15       | 47.75            | 350m: 5:29.97 | 48.54     | 550m: 8:43.12   | 48.06 | 750m: 11:52.59 | 45.89 |
|    | 200m: 3:03.81       | 48.66            | 400m: 6:18.34 | 48.37     | 600m: 9:31.14   | 48.02 | 800m: 12:36.02 | 43.43 |

Masters 30+

|    |                      |            |               |               |                 |       |                |       |
|----|----------------------|------------|---------------|---------------|-----------------|-------|----------------|-------|
| 1. | Petra Benani-Wolsing | De Futen   | 10:22.88      | 198402796     | <b>10:23.52</b> | +0,78 |                |       |
|    | 50m: 33.00           | 33.00      | 250m: 3:08.32 | 40.17         | 450m: 5:47.70   | 39.88 | 650m: 8:27.69  | 39.89 |
|    | 100m: 1:10.31        | 37.31      | 300m: 3:47.89 | 39.57         | 500m: 6:27.78   | 40.08 | 700m: 9:07.39  | 39.70 |
|    | 150m: 1:49.13        | 38.82      | 350m: 4:27.96 | 40.07         | 550m: 7:07.86   | 40.08 | 750m: 9:46.49  | 39.10 |
|    | 200m: 2:28.15        | 39.02      | 400m: 5:07.82 | 39.86         | 600m: 7:47.80   | 39.94 | 800m: 10:23.52 | 37.03 |
| 2. | Pauline Tieleman     | De Geul    | 10:48.36      | 198403348     | <b>10:36.96</b> | +0,72 |                |       |
|    | 50m: 34.80           | 34.80      | 250m: 3:14.46 | 40.73         | 450m: 5:56.87   | 40.77 | 650m: 8:39.22  | 40.79 |
|    | 100m: 1:13.75        | 38.95      | 300m: 3:54.89 | 40.43         | 500m: 6:37.45   | 40.58 | 700m: 9:19.02  | 39.80 |
|    | 150m: 1:53.55        | 39.80      | 350m: 4:35.72 | 40.83         | 550m: 7:18.03   | 40.58 | 750m: 9:59.11  | 40.09 |
|    | 200m: 2:33.73        | 40.18      | 400m: 5:16.10 | 40.38         | 600m: 7:58.43   | 40.40 | 800m: 10:36.96 | 37.85 |
| 3. | Stephanie Vaernewyck | Mega       | 10:22.26      | MEGA/20352/83 | <b>10:53.96</b> | +0,87 |                |       |
|    | 50m: 34.87           | 34.87      | 250m: 3:16.55 | 41.11         | 450m: 6:04.01   | 42.20 | 650m: 8:50.95  | 41.81 |
|    | 100m: 1:13.81        | 38.94      | 300m: 3:58.21 | 41.66         | 500m: 6:45.94   | 41.93 | 700m: 9:32.18  | 41.23 |
|    | 150m: 1:54.40        | 40.59      | 350m: 4:39.97 | 41.76         | 550m: 7:27.95   | 42.01 | 750m: 10:13.84 | 41.66 |
|    | 200m: 2:35.44        | 41.04      | 400m: 5:21.81 | 41.84         | 600m: 8:09.14   | 41.19 | 800m: 10:53.96 | 40.12 |
| 4. | Linda Hoogendam      | Zoetermeer | 10:44.59      | 198300892     | <b>11:08.99</b> | +0,76 |                |       |
|    | 50m: 36.40           | 36.40      | 250m: 3:24.85 | 42.23         | 450m: 6:14.19   | 42.22 | 650m: 9:05.02  | 43.12 |
|    | 100m: 1:18.26        | 41.86      | 300m: 4:06.80 | 41.95         | 500m: 6:56.00   | 41.81 | 700m: 9:47.43  | 42.41 |
|    | 150m: 2:00.43        | 42.17      | 350m: 4:49.74 | 42.94         | 550m: 7:38.90   | 42.90 | 750m: 10:29.37 | 41.94 |
|    | 200m: 2:42.62        | 42.19      | 400m: 5:31.97 | 42.23         | 600m: 8:21.90   | 43.00 | 800m: 11:08.99 | 39.62 |
| 5. | Annette Vogelsang    | ZV De Bron | 11:26.15      | 198402632     | <b>12:19.28</b> | +0,93 |                |       |
|    | 50m: 36.98           | 36.98      | 250m: 3:33.12 | 45.54         | 450m: 6:41.66   | 47.35 | 650m: 9:57.53  | 48.72 |
|    | 100m: 1:19.01        | 42.03      | 300m: 4:19.08 | 45.96         | 500m: 7:30.76   | 49.10 | 700m: 10:45.16 | 47.63 |
|    | 150m: 2:03.02        | 44.01      | 350m: 5:06.59 | 47.51         | 550m: 8:19.65   | 48.89 | 750m: 11:32.56 | 47.40 |
|    | 200m: 2:47.58        | 44.56      | 400m: 5:54.31 | 47.72         | 600m: 9:08.81   | 49.16 | 800m: 12:19.28 | 46.72 |

WDR Denise de Riet De Devel 11:18.69 198402040

Masters 35+

|    |                          |       |               |           |                 |       |                |       |
|----|--------------------------|-------|---------------|-----------|-----------------|-------|----------------|-------|
| 1. | Liselotte Joling         | PSV   | 10:10.02      | 197500268 | <b>10:18.74</b> | +0,95 |                |       |
|    | 50m: 35.59               | 35.59 | 250m: 3:13.47 | 39.61     | 450m: 5:49.18   | 35.96 | 650m: 8:25.42  | 39.52 |
|    | 100m: 1:14.68            | 39.09 | 300m: 3:53.13 | 39.66     | 500m: 6:27.87   | 38.69 | 700m: 9:04.91  | 39.49 |
|    | 150m: 1:54.25            | 39.57 | 350m: 4:33.18 | 40.05     | 550m: 7:07.06   | 39.19 | 750m: 9:43.19  | 38.28 |
|    | 200m: 2:33.86            | 39.61 | 400m: 5:13.22 | 40.04     | 600m: 7:45.90   | 38.84 | 800m: 10:18.74 | 35.55 |
| 2. | Heleen Spelde - Fransens | THOR  | 11:47.42      | 197901358 | <b>12:04.25</b> | +1,01 |                |       |
|    | 50m: 37.01               | 37.01 | 250m: 3:36.98 | 46.37     | 450m: 6:44.12   | 46.75 | 650m: 9:50.12  | 45.98 |
|    | 100m: 1:19.37            | 42.36 | 300m: 4:23.64 | 46.66     | 500m: 7:30.27   | 46.15 | 700m: 10:36.20 | 46.08 |
|    | 150m: 2:04.59            | 45.22 | 350m: 5:10.43 | 46.79     | 550m: 8:17.00   | 46.73 | 750m: 11:20.77 | 44.57 |
|    | 200m: 2:50.61            | 46.02 | 400m: 5:57.37 | 46.94     | 600m: 9:04.14   | 47.14 | 800m: 12:04.25 | 43.48 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 36, Women, 800m Freestyle

Masters 40+

|                                |                     |                      |                      |                 |       |
|--------------------------------|---------------------|----------------------|----------------------|-----------------|-------|
| 1. Grith Sigsgaard             | Zwemlust-den Hommel | 9:52.17              | 197200772            | <b>9:52.79</b>  | +0,91 |
| 50m: 34.05 34.05               | 250m: 3:03.62 37.74 | 450m: 5:33.29 37.47  | 650m: 8:03.11 37.68  |                 |       |
| 100m: 1:11.10 37.05            | 300m: 3:40.81 37.19 | 500m: 6:10.59 37.30  | 700m: 8:40.43 37.32  |                 |       |
| 150m: 1:48.66 37.56            | 350m: 4:18.36 37.55 | 550m: 6:48.18 37.59  | 750m: 9:17.74 37.31  |                 |       |
| 200m: 2:25.88 37.22            | 400m: 4:55.82 37.46 | 600m: 7:25.43 37.25  | 800m: 9:52.79 35.05  |                 |       |
| 2. Karin Stein                 | ZVVS                | 10:06.08             | 197100554            | <b>10:19.35</b> | +0,87 |
| 50m: 35.58 35.58               | 250m: 3:08.73 38.64 | 450m: 5:45.45 39.36  | 650m: 8:24.08 39.59  |                 |       |
| 100m: 1:13.37 37.79            | 300m: 3:47.63 38.90 | 500m: 6:25.37 39.92  | 700m: 9:03.61 39.53  |                 |       |
| 150m: 1:51.48 38.11            | 350m: 4:26.90 39.27 | 550m: 7:05.05 39.68  | 750m: 9:42.37 38.76  |                 |       |
| 200m: 2:30.09 38.61            | 400m: 5:06.09 39.19 | 600m: 7:44.49 39.44  | 800m: 10:19.35 36.98 |                 |       |
| 3. Annette de Visser           | Oceanus             | 10:50.32             | 197100602            | <b>10:48.26</b> | +0,93 |
| 50m: 35.69 35.69               | 250m: 3:16.27 40.87 | 450m: 6:01.34 41.31  | 650m: 8:46.91 41.40  |                 |       |
| 100m: 1:14.40 38.71            | 300m: 3:57.51 41.24 | 500m: 6:42.95 41.61  | 700m: 9:28.23 41.32  |                 |       |
| 150m: 1:54.40 40.00            | 350m: 4:38.59 41.08 | 550m: 7:24.13 41.18  | 750m: 10:08.43 40.20 |                 |       |
| 200m: 2:35.40 41.00            | 400m: 5:20.03 41.44 | 600m: 8:05.51 41.38  | 800m: 10:48.26 39.83 |                 |       |
| 4. Pascale Neiss-Janssen       | De Roersoppers      | 11:58.72             | 197300852            | <b>12:22.38</b> | +0,98 |
| 50m: 38.89 38.89               | 250m: 3:43.62 47.47 | 450m: 6:52.96 47.78  | 650m: 10:03.33 47.70 |                 |       |
| 100m: 1:23.23 44.34            | 300m: 4:30.45 46.83 | 500m: 7:40.22 47.26  | 700m: 10:50.63 47.30 |                 |       |
| 150m: 2:09.54 46.31            | 350m: 5:17.62 47.17 | 550m: 8:27.72 47.50  | 750m: 11:37.52 46.89 |                 |       |
| 200m: 2:56.15 46.61            | 400m: 6:05.18 47.56 | 600m: 9:15.63 47.91  | 800m: 12:22.38 44.86 |                 |       |
| 5. Renata van Essen            | Zuiderzeewimmers    | 12:27.60             | 197300740            | <b>12:30.76</b> | +0,74 |
| 50m: 41.51 41.51               | 250m: 3:51.28 48.09 | 450m: 7:02.15 47.98  | 650m: 10:13.17 48.13 |                 |       |
| 100m: 1:27.99 46.48            | 300m: 4:38.87 47.59 | 500m: 7:49.44 47.29  | 700m: 11:00.21 47.04 |                 |       |
| 150m: 2:15.47 47.48            | 350m: 5:26.83 47.96 | 550m: 8:37.07 47.63  | 750m: 11:46.47 46.26 |                 |       |
| 200m: 3:03.19 47.72            | 400m: 6:14.17 47.34 | 600m: 9:25.04 47.97  | 800m: 12:30.76 44.29 |                 |       |
| 6. Ingrid Versteegen           | DBD                 | 12:57.17             | 197300770            | <b>12:48.16</b> | +0,88 |
| 50m: 43.49 43.49               | 250m: 3:53.34 48.59 | 450m: 7:08.15 48.93  | 650m: 10:23.60 49.30 |                 |       |
| 100m: 1:30.19 46.70            | 300m: 4:41.71 48.37 | 500m: 7:57.19 49.04  | 700m: 11:12.64 49.04 |                 |       |
| 150m: 2:17.63 47.44            | 350m: 5:30.75 49.04 | 550m: 8:46.09 48.90  | 750m: 12:01.72 49.08 |                 |       |
| 200m: 3:04.75 47.12            | 400m: 6:19.22 48.47 | 600m: 9:34.30 48.21  | 800m: 12:48.16 46.44 |                 |       |
| 7. Greta Wyma-Teitsma<br>100m* | DWK                 | 13:26.77             | 197100696            | <b>14:02.35</b> | +0,86 |
| 50m: 44.30 44.30               | 250m: 4:13.61 53.08 | 450m: 7:48.67 54.26  | 650m: 11:25.24 54.06 |                 |       |
| 100m: 1:35.66 51.36            | 300m: 5:07.17 53.56 | 500m: 8:42.68 54.01  | 700m: 12:18.98 53.74 |                 |       |
| 150m: 2:28.33 52.67            | 350m: 6:01.16 53.99 | 550m: 9:37.65 54.97  | 750m: 13:11.34 52.36 |                 |       |
| 200m: 3:20.53 52.20            | 400m: 6:54.41 53.25 | 600m: 10:31.18 53.53 | 800m: 14:02.35 51.01 |                 |       |

Masters 45+

|                                 |                     |                     |                      |                 |       |
|---------------------------------|---------------------|---------------------|----------------------|-----------------|-------|
| 1. Lisenka Kornet-van den Akker | ZPC Woerden         | 10:46.74            | 196900914            | <b>10:55.39</b> | +0,92 |
| 50m: 36.09 36.09                | 250m: 3:18.75 41.18 | 450m: 6:04.82 41.51 | 650m: 8:51.85 41.42  |                 |       |
| 100m: 1:15.78 39.69             | 300m: 4:00.21 41.46 | 500m: 6:46.64 41.82 | 700m: 9:33.88 42.03  |                 |       |
| 150m: 1:56.18 40.40             | 350m: 4:41.35 41.14 | 550m: 7:28.46 41.82 | 750m: 10:15.01 41.13 |                 |       |
| 200m: 2:37.57 41.39             | 400m: 5:23.31 41.96 | 600m: 8:10.43 41.97 | 800m: 10:55.39 40.38 |                 |       |
| 2. Laura Staal                  | Oceanus             | 10:55.23            | 196700358            | <b>11:16.68</b> | +0,85 |
| 50m: 37.21 37.21                | 250m: 3:26.62 43.06 | 450m: 6:18.67 43.15 | 650m: 9:10.63 42.92  |                 |       |
| 100m: 1:18.31 41.10             | 300m: 4:09.55 42.93 | 500m: 7:01.89 43.22 | 700m: 9:52.98 42.35  |                 |       |
| 150m: 2:00.72 42.41             | 350m: 4:52.58 43.03 | 550m: 7:45.10 43.21 | 750m: 10:35.28 42.30 |                 |       |
| 200m: 2:43.56 42.84             | 400m: 5:35.52 42.94 | 600m: 8:27.71 42.61 | 800m: 11:16.68 41.40 |                 |       |
| 3. Claudia Goldschmidt          | Maidenhead Marlins  | 11:12.35            | 954626               | <b>11:23.92</b> | +0,97 |
| 50m: 37.52 37.52                | 250m: 3:26.84 42.93 | 450m: 6:19.55 43.23 | 650m: 9:14.22 44.37  |                 |       |
| 100m: 1:19.09 41.57             | 300m: 4:10.04 43.20 | 500m: 7:02.80 43.25 | 700m: 9:58.22 44.00  |                 |       |
| 150m: 2:01.43 42.34             | 350m: 4:53.20 43.16 | 550m: 7:46.44 43.64 | 750m: 10:42.56 44.34 |                 |       |
| 200m: 2:43.91 42.48             | 400m: 5:36.32 43.12 | 600m: 8:29.85 43.41 | 800m: 11:23.92 41.36 |                 |       |
| 4. Marion Broekhuis             | WS Twente           | 11:38.03            | 196800060            | <b>11:52.31</b> | +0,76 |
| 50m: 38.68 38.68                | 250m: 3:37.36 45.68 | 450m: 6:40.36 45.66 | 650m: 9:41.51 45.18  |                 |       |
| 100m: 1:21.41 42.73             | 300m: 4:23.31 45.95 | 500m: 7:26.04 45.68 | 700m: 10:26.38 44.87 |                 |       |
| 150m: 2:06.16 44.75             | 350m: 5:08.88 45.57 | 550m: 8:11.17 45.13 | 750m: 11:10.86 44.48 |                 |       |
| 200m: 2:51.68 45.52             | 400m: 5:54.70 45.82 | 600m: 8:56.33 45.16 | 800m: 11:52.31 41.45 |                 |       |
| 5. Ellen van Wingerden          | DWK                 | 11:48.85            | 196900970            | <b>11:58.40</b> | +1,03 |
| 50m: 38.54 38.54                | 250m: 3:36.24 45.15 | 450m: 6:40.53 46.13 | 650m: 9:44.60 45.91  |                 |       |
| 100m: 1:21.37 42.83             | 300m: 4:21.99 45.75 | 500m: 7:25.94 45.41 | 700m: 10:31.17 46.57 |                 |       |
| 150m: 2:05.69 44.32             | 350m: 5:08.36 46.37 | 550m: 8:12.85 46.91 | 750m: 11:16.30 45.13 |                 |       |
| 200m: 2:51.09 45.40             | 400m: 5:54.40 46.04 | 600m: 8:58.69 45.84 | 800m: 11:58.40 42.10 |                 |       |
| 6. Jacqueline Tuin              | DAW                 | 12:38.06            | 196600690            | <b>12:41.34</b> | +1,00 |
| 50m: 41.99 41.99                | 250m: 3:52.15 47.98 | 450m: 7:08.04 49.15 | 650m: 10:21.43 48.15 |                 |       |
| 100m: 1:27.74 45.75             | 300m: 4:40.70 48.55 | 500m: 7:56.83 48.79 | 700m: 11:09.51 48.08 |                 |       |
| 150m: 2:15.46 47.72             | 350m: 5:29.87 49.17 | 550m: 8:45.36 48.53 | 750m: 11:57.77 48.26 |                 |       |
| 200m: 3:04.17 48.71             | 400m: 6:18.89 49.02 | 600m: 9:33.28 47.92 | 800m: 12:41.34 43.57 |                 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 36, Women, 800m Freestyle, Masters 45+

| rang | naam                 | vereniging | inschrijftijd | startnr.  | tijd | RT |
|------|----------------------|------------|---------------|-----------|------|----|
| WDR  | Margreet van der Pol | Oceanus    | 12:08.69      | 196600276 |      |    |

Masters 50+

|                              |                              |                     |          |             |                 |       |
|------------------------------|------------------------------|---------------------|----------|-------------|-----------------|-------|
| 1.                           | Pierrette Michel             | CNSW                | 10:36.98 | CNSW/500/62 | <b>10:41.48</b> | +0,96 |
| <i>Kampioenschaps Record</i> |                              |                     |          |             |                 |       |
|                              | 50m:                         | 36.07               | 36.07    | 250m:       | 3:17.15         | 40.32 |
|                              | 100m:                        | 1:16.21             | 40.14    | 300m:       | 3:57.82         | 40.67 |
|                              | 150m:                        | 1:56.12             | 39.91    | 350m:       | 4:38.01         | 40.19 |
|                              | 200m:                        | 2:36.83             | 40.71    | 400m:       | 5:18.20         | 40.19 |
|                              | 450m:                        | 5:58.13             | 39.93    | 650m:       | 8:40.48         | 40.75 |
|                              | 500m:                        | 6:38.52             | 40.39    | 700m:       | 9:21.37         | 40.89 |
|                              | 550m:                        | 7:19.05             | 40.53    | 750m:       | 10:01.94        | 40.57 |
|                              | 600m:                        | 7:59.73             | 40.68    | 800m:       | 10:41.48        | 39.54 |
| 2.                           | Christine Moerkerken-Beukema | ZPB H&L Productions | 10:48.97 | 196300524   | <b>11:02.11</b> | +0,88 |
|                              | 50m:                         | 37.18               | 37.18    | 250m:       | 3:22.67         | 41.30 |
|                              | 100m:                        | 1:18.54             | 41.36    | 300m:       | 4:04.54         | 41.87 |
|                              | 150m:                        | 1:59.50             | 40.96    | 350m:       | 4:46.09         | 41.55 |
|                              | 200m:                        | 2:41.37             | 41.87    | 400m:       | 5:28.57         | 42.48 |
|                              | 450m:                        | 6:10.19             | 41.62    | 650m:       | 8:57.89         | 41.63 |
|                              | 500m:                        | 6:52.20             | 42.01    | 700m:       | 9:41.16         | 43.27 |
|                              | 550m:                        | 7:34.14             | 41.94    | 750m:       | 10:22.14        | 40.98 |
|                              | 600m:                        | 8:16.26             | 42.12    | 800m:       | 11:02.11        | 39.97 |
| 3.                           | Marlien Wijnhof              | Nat Utrecht         | 12:24.67 | 196100300   | <b>12:37.98</b> | +0,77 |
|                              | 50m:                         | 42.47               | 42.47    | 250m:       | 3:54.58         | 48.09 |
|                              | 100m:                        | 1:29.69             | 47.22    | 300m:       | 4:43.41         | 48.83 |
|                              | 150m:                        | 2:18.47             | 48.78    | 350m:       | 5:31.59         | 48.18 |
|                              | 200m:                        | 3:06.49             | 48.02    | 400m:       | 6:20.19         | 48.60 |
|                              | 450m:                        | 7:08.67             | 48.48    | 650m:       | 10:19.88        | 47.37 |
|                              | 500m:                        | 7:56.28             | 47.61    | 700m:       | 11:07.45        | 47.57 |
|                              | 550m:                        | 8:43.64             | 47.36    | 750m:       | 11:53.55        | 46.10 |
|                              | 600m:                        | 9:32.51             | 48.87    | 800m:       | 12:37.98        | 44.43 |
| 4.                           | Katinka Elders               | Oceanus             | 13:15.15 | 196000292   | <b>13:25.40</b> | +0,75 |
|                              | 50m:                         | 43.48               | 43.48    | 250m:       | 4:03.02         | 51.73 |
|                              | 100m:                        | 1:31.41             | 47.93    | 300m:       | 4:54.28         | 51.26 |
|                              | 150m:                        | 2:21.52             | 50.11    | 350m:       | 5:46.50         | 52.22 |
|                              | 200m:                        | 3:11.29             | 49.77    | 400m:       | 6:38.67         | 52.17 |
|                              | 450m:                        | 7:31.05             | 52.38    | 650m:       | 10:57.08        | 51.49 |
|                              | 500m:                        | 8:22.60             | 51.55    | 700m:       | 11:49.04        | 51.96 |
|                              | 550m:                        | 9:14.08             | 51.48    | 750m:       | 12:39.75        | 50.71 |
|                              | 600m:                        | 10:05.59            | 51.51    | 800m:       | 13:25.40        | 46.65 |
| 5.                           | Marjan Spoelstra             | Swol 1894           | 13:51.04 | 196000236   | <b>13:33.53</b> | +0,87 |
|                              | 50m:                         | 45.69               | 45.69    | 250m:       | 4:12.06         | 52.27 |
|                              | 100m:                        | 1:36.43             | 50.74    | 300m:       | 5:03.91         | 51.85 |
|                              | 150m:                        | 2:28.05             | 51.62    | 350m:       | 5:56.23         | 52.32 |
|                              | 200m:                        | 3:19.79             | 51.74    | 400m:       | 6:48.31         | 52.08 |
|                              | 450m:                        | 7:40.31             | 52.00    | 650m:       | 11:06.37        | 52.08 |
|                              | 500m:                        | 8:31.63             | 51.32    | 700m:       | 11:57.33        | 50.96 |
|                              | 550m:                        | 9:22.94             | 51.31    | 750m:       | 12:46.88        | 49.55 |
|                              | 600m:                        | 10:14.29            | 51.35    | 800m:       | 13:33.53        | 46.65 |

Masters 55+

|    |                      |            |          |           |                 |       |
|----|----------------------|------------|----------|-----------|-----------------|-------|
| 1. | Atie Pijtak-Radersma | AZ&PC      | 11:10.72 | 195600048 | <b>11:34.16</b> | +0,83 |
|    | 50m:                 | 37.41      | 37.41    | 250m:     | 3:29.38         | 43.72 |
|    | 100m:                | 1:19.07    | 41.66    | 300m:     | 4:13.63         | 44.25 |
|    | 150m:                | 2:02.25    | 43.18    | 350m:     | 4:58.00         | 44.37 |
|    | 200m:                | 2:45.66    | 43.41    | 400m:     | 5:42.31         | 44.31 |
|    | 450m:                | 6:26.70    | 44.39    | 650m:     | 9:24.64         | 44.71 |
|    | 500m:                | 7:11.33    | 44.63    | 700m:     | 10:09.30        | 44.66 |
|    | 550m:                | 7:55.63    | 44.30    | 750m:     | 10:53.10        | 43.80 |
|    | 600m:                | 8:39.93    | 44.30    | 800m:     | 11:34.16        | 41.06 |
| 2. | Patty Verhagen       | PSV        | 11:22.58 | 195900146 | <b>11:52.86</b> | +1,17 |
|    | 50m:                 | 42.11      | 42.11    | 250m:     | 3:41.47         | 45.24 |
|    | 100m:                | 1:26.34    | 44.23    | 300m:     | 4:26.95         | 45.48 |
|    | 150m:                | 2:11.34    | 45.00    | 350m:     | 5:12.49         | 45.54 |
|    | 200m:                | 2:56.23    | 44.89    | 400m:     | 5:58.34         | 45.85 |
|    | 450m:                | 6:42.82    | 44.48    | 650m:     | 9:40.82         | 44.47 |
|    | 500m:                | 7:27.39    | 44.57    | 700m:     | 10:25.49        | 44.67 |
|    | 550m:                | 8:11.56    | 44.17    | 750m:     | 11:09.79        | 44.30 |
|    | 600m:                | 8:56.35    | 44.79    | 800m:     | 11:52.86        | 43.07 |
| 3. | Ada de Voogd         | ZVVS       | 12:02.56 | 195900280 | <b>11:58.21</b> | +0,80 |
|    | 50m:                 | 40.80      | 40.80    | 250m:     | 3:45.91         | 46.79 |
|    | 100m:                | 1:25.68    | 44.88    | 300m:     | 4:31.90         | 45.99 |
|    | 150m:                | 2:12.49    | 46.81    | 350m:     | 5:18.22         | 46.32 |
|    | 200m:                | 2:59.12    | 46.63    | 400m:     | 6:03.45         | 45.23 |
|    | 450m:                | 6:48.08    | 44.63    | 650m:     | 9:49.40         | 45.45 |
|    | 500m:                | 7:32.96    | 44.88    | 700m:     | 10:34.33        | 44.93 |
|    | 550m:                | 8:18.59    | 45.63    | 750m:     | 11:18.75        | 44.42 |
|    | 600m:                | 9:03.95    | 45.36    | 800m:     | 11:58.21        | 39.46 |
| 4. | Mathilde Vink        | Swol 1894  | 12:18.38 | 195800128 | <b>12:24.34</b> | +1,02 |
|    | 50m:                 | 42.43      | 42.43    | 250m:     | 3:52.54         | 47.38 |
|    | 100m:                | 1:29.57    | 47.14    | 300m:     | 4:39.93         | 47.39 |
|    | 150m:                | 2:17.52    | 47.95    | 350m:     | 5:27.50         | 47.57 |
|    | 200m:                | 3:05.16    | 47.64    | 400m:     | 6:14.61         | 47.11 |
|    | 450m:                | 7:02.33    | 47.72    | 650m:     | 10:10.61        | 46.70 |
|    | 500m:                | 7:49.55    | 47.22    | 700m:     | 11:03.15        | 46.54 |
|    | 550m:                | 8:37.50    | 47.95    | 750m:     | 11:42.63        | 45.48 |
|    | 600m:                | 9:23.91    | 46.41    | 800m:     | 12:24.34        | 41.71 |
| 5. | Monica Bakker        | ZVZ        | 12:04.74 | 195600082 | <b>12:28.86</b> | +1,04 |
|    | 50m:                 | 42.30      | 42.30    | 250m:     | 3:49.80         | 46.99 |
|    | 100m:                | 1:28.31    | 46.01    | 300m:     | 4:37.00         | 47.20 |
|    | 150m:                | 2:15.70    | 47.39    | 350m:     | 5:24.79         | 47.79 |
|    | 200m:                | 3:02.81    | 47.11    | 400m:     | 6:12.10         | 47.31 |
|    | 450m:                | 6:59.92    | 47.82    | 650m:     | 10:09.94        | 47.45 |
|    | 500m:                | 7:47.55    | 47.63    | 700m:     | 10:57.14        | 47.20 |
|    | 550m:                | 8:35.31    | 47.76    | 750m:     | 11:43.82        | 46.68 |
|    | 600m:                | 9:22.49    | 47.18    | 800m:     | 12:28.86        | 45.04 |
| 6. | Margriet Pasma       | De Pinquin | 12:13.87 | 195500088 | <b>12:35.97</b> | +0,97 |
|    | 50m:                 | 42.54      | 42.54    | 250m:     | 3:54.72         | 47.96 |
|    | 100m:                | 1:30.17    | 47.63    | 300m:     | 4:44.14         | 49.42 |
|    | 150m:                | 2:18.34    | 48.17    | 350m:     | 5:32.32         | 48.18 |
|    | 200m:                | 3:06.76    | 48.42    | 400m:     | 6:20.36         | 48.04 |
|    | 450m:                | 7:08.01    | 47.65    | 650m:     | 10:19.32        | 47.60 |
|    | 500m:                | 7:56.12    | 48.11    | 700m:     | 11:06.86        | 47.54 |
|    | 550m:                | 8:43.95    | 47.83    | 750m:     | 11:53.23        | 46.37 |
|    | 600m:                | 9:31.72    | 47.77    | 800m:     | 12:35.97        | 42.74 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 36, Women, 800m Freestyle

Masters 60+

|                     |       |                  |       |                |           |                 |       |
|---------------------|-------|------------------|-------|----------------|-----------|-----------------|-------|
| 1. Ineke Meijer     |       | HZ&PC Heerenveen |       | 13:49.14       | 195200034 | <b>14:40.07</b> | +0,88 |
| 50m: 48.38          | 48.38 | 250m: 4:32.79    | 56.79 | 450m: 8:15.95  | 55.16     | 650m: 11:58.56  | 55.61 |
| 100m: 1:43.21       | 54.83 | 300m: 5:29.07    | 56.28 | 500m: 9:11.96  | 56.01     | 700m: 12:54.15  | 55.59 |
| 150m: 2:39.75       | 56.54 | 350m: 6:24.60    | 55.53 | 550m: 10:07.00 | 55.04     | 750m: 13:49.28  | 55.13 |
| 200m: 3:36.00       | 56.25 | 400m: 7:20.79    | 56.19 | 600m: 11:02.95 | 55.95     | 800m: 14:40.07  | 50.79 |
| WDR Conny Boer-Buys |       | ZVVS             |       | 11:26.49       | 195000006 |                 |       |

Masters 65+

|                          |  |       |  |          |           |  |  |
|--------------------------|--|-------|--|----------|-----------|--|--|
| WDR Loekie v. Huissteden |  | AZ&PC |  | 18:27.77 | 194500002 |  |  |
|--------------------------|--|-------|--|----------|-----------|--|--|

Masters 70+

|                       |         |               |         |                |           |                 |         |
|-----------------------|---------|---------------|---------|----------------|-----------|-----------------|---------|
| 1. Matty van der Veen |         | Old Dutch     |         | 14:39.11       | 194400020 | <b>16:35.39</b> | +1,15   |
| 50m: 51.94            | 51.94   | 250m: 4:53.41 | 1:01.96 | 450m: 9:07.19  | 1:03.76   | 650m: 13:22.43  | 1:04.13 |
| 100m: 1:49.60         | 57.66   | 300m: 5:55.53 | 1:02.12 | 500m: 10:10.28 | 1:03.09   | 700m: 14:27.22  | 1:04.79 |
| 150m: 2:49.94         | 1:00.34 | 350m: 6:58.79 | 1:03.26 | 550m: 11:14.28 | 1:04.00   | 750m: 15:31.62  | 1:04.40 |
| 200m: 3:51.45         | 1:01.51 | 400m: 8:03.43 | 1:04.64 | 600m: 12:18.30 | 1:04.02   | 800m: 16:35.39  | 1:03.77 |

Masters 80+

|                 |         |                |         |                |           |                 |         |
|-----------------|---------|----------------|---------|----------------|-----------|-----------------|---------|
| 1. Annie de Vos |         | Old Dutch      |         | 18:27.18       | 193400004 | <b>20:42.20</b> |         |
| 50m: 1:06.62    | 1:06.62 | 250m: 6:14.75  | 1:18.26 | 450m: 11:30.07 | 1:17.98   | 650m: 16:44.58  | 1:18.86 |
| 100m: 2:22.76   | 1:16.14 | 300m: 7:33.00  | 1:18.25 | 500m: 12:48.11 | 1:18.04   | 700m: 18:03.83  | 1:19.25 |
| 150m: 3:39.39   | 1:16.63 | 350m: 8:52.18  | 1:19.18 | 550m: 14:07.44 | 1:19.33   | 750m: 19:23.77  | 1:19.94 |
| 200m: 4:56.49   | 1:17.10 | 400m: 10:12.09 | 1:19.91 | 600m: 15:25.72 | 1:18.28   | 800m: 20:42.20  | 1:18.43 |

Event 37  
04-05-2014 - 10:34

Men, 1500m Freestyle

Masters Open  
Results

| rang               | naam            | vereniging  | inschrijftijd  | startnr.  | tijd            | RT    |                 |       |
|--------------------|-----------------|-------------|----------------|-----------|-----------------|-------|-----------------|-------|
| <b>Masters 20+</b> |                 |             |                |           |                 |       |                 |       |
| 1.                 | Dennis Wijbenga | Stadskanaal | 18:31.80       | 199003283 | <b>18:48.95</b> | +0,85 |                 |       |
|                    | 50m: 32.57      | 32.57       | 450m: 5:34.79  | 38.37     | 850m: 10:42.88  | 38.85 | 1250m: 15:43.66 | 37.22 |
|                    | 100m: 1:08.81   | 36.24       | 500m: 6:13.17  | 38.38     | 900m: 11:22.50  | 39.62 | 1300m: 16:20.71 | 37.05 |
|                    | 150m: 1:46.74   | 37.93       | 550m: 6:51.26  | 38.09     | 950m: 12:01.43  | 38.93 | 1350m: 16:58.47 | 37.76 |
|                    | 200m: 2:24.80   | 38.06       | 600m: 7:29.32  | 38.06     | 1000m: 12:39.22 | 37.79 | 1400m: 17:35.48 | 37.01 |
|                    | 250m: 3:02.73   | 37.93       | 650m: 8:08.07  | 38.75     | 1050m: 13:15.92 | 36.70 | 1450m: 18:13.40 | 37.92 |
|                    | 300m: 3:40.75   | 38.02       | 700m: 8:46.84  | 38.77     | 1100m: 13:52.31 | 36.39 | 1500m: 18:48.95 | 35.55 |
|                    | 350m: 4:18.67   | 37.92       | 750m: 9:25.69  | 38.85     | 1150m: 14:29.45 | 37.14 |                 |       |
|                    | 400m: 4:56.42   | 37.75       | 800m: 10:04.03 | 38.34     | 1200m: 15:06.44 | 36.99 |                 |       |
| 2.                 | Maik Steenkamp  | Montferland | 18:38.81       | 199103847 | <b>20:18.23</b> | +0,77 |                 |       |
|                    | 50m: 32.95      | 32.95       | 450m: 5:48.52  | 41.29     | 850m: 11:21.28  | 40.98 | 1250m: 16:54.59 | 42.11 |
|                    | 100m: 1:09.52   | 36.57       | 500m: 6:30.36  | 41.84     | 900m: 12:03.36  | 42.08 | 1300m: 17:35.86 | 41.27 |
|                    | 150m: 1:47.24   | 37.72       | 550m: 7:11.90  | 41.54     | 950m: 12:44.72  | 41.36 | 1350m: 18:17.06 | 41.20 |
|                    | 200m: 2:25.77   | 38.53       | 600m: 7:53.87  | 41.97     | 1000m: 13:26.26 | 41.54 | 1400m: 18:57.77 | 40.71 |
|                    | 250m: 3:05.50   | 39.73       | 650m: 8:35.59  | 41.72     | 1050m: 14:07.91 | 41.65 | 1450m: 19:38.91 | 41.14 |
|                    | 300m: 3:45.61   | 40.11       | 700m: 9:17.76  | 42.17     | 1100m: 14:49.36 | 41.45 | 1500m: 20:18.23 | 39.32 |
|                    | 350m: 4:26.32   | 40.71       | 750m: 9:58.81  | 41.05     | 1150m: 15:30.52 | 41.16 |                 |       |
|                    | 400m: 5:07.23   | 40.91       | 800m: 10:40.30 | 41.49     | 1200m: 16:12.48 | 41.96 |                 |       |
| <b>Masters 25+</b> |                 |             |                |           |                 |       |                 |       |
| 1.                 | Emiel Huisken   | ZPC De Hof  | 17:26.15       | 198501139 | <b>18:03.65</b> | +0,81 |                 |       |
|                    | 50m: 30.47      | 30.47       | 450m: 5:15.08  | 36.54     | 850m: 10:08.36  | 36.80 | 1250m: 15:02.00 | 36.97 |
|                    | 100m: 1:04.34   | 33.87       | 500m: 5:51.73  | 36.65     | 900m: 10:44.88  | 36.52 | 1300m: 15:38.66 | 36.66 |
|                    | 150m: 1:39.35   | 35.01       | 550m: 6:28.38  | 36.65     | 950m: 11:21.54  | 36.66 | 1350m: 16:15.40 | 36.74 |
|                    | 200m: 2:15.03   | 35.68       | 600m: 7:04.70  | 36.32     | 1000m: 11:58.10 | 36.56 | 1400m: 16:51.83 | 36.43 |
|                    | 250m: 2:50.50   | 35.47       | 650m: 7:41.67  | 36.97     | 1050m: 12:34.88 | 36.78 | 1450m: 17:28.25 | 36.42 |
|                    | 300m: 3:26.46   | 35.96       | 700m: 8:18.19  | 36.52     | 1100m: 13:11.43 | 36.55 | 1500m: 18:03.65 | 35.40 |
|                    | 350m: 4:02.21   | 35.75       | 750m: 8:55.03  | 36.84     | 1150m: 13:48.23 | 36.80 |                 |       |
|                    | 400m: 4:38.54   | 36.33       | 800m: 9:31.56  | 36.53     | 1200m: 14:25.03 | 36.80 |                 |       |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 37, Men, 1500m Freestyle, Masters 25+

| rang | naam            | vereniging  | inschrijftijd  | startnr.  | tijd            | RT    |                 |       |
|------|-----------------|-------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 2.   | Richard Huisken | ZPC De Hof  | 17:19.47       | 198501141 | 18:14.37        | +0,77 |                 |       |
|      | 50m: 30.04      | 30.04       | 450m: 5:13.97  | 36.40     | 850m: 10:09.89  | 37.15 | 1250m: 15:08.24 | 37.71 |
|      | 100m: 1:04.33   | 34.29       | 500m: 5:50.30  | 36.33     | 900m: 10:47.00  | 37.11 | 1300m: 15:45.37 | 37.13 |
|      | 150m: 1:39.60   | 35.27       | 550m: 6:27.14  | 36.84     | 950m: 11:24.83  | 37.83 | 1350m: 16:22.47 | 37.10 |
|      | 200m: 2:14.94   | 35.34       | 600m: 7:04.29  | 37.15     | 1000m: 12:01.82 | 36.99 | 1400m: 17:00.38 | 37.91 |
|      | 250m: 2:50.71   | 35.77       | 650m: 7:41.54  | 37.25     | 1050m: 12:39.32 | 37.50 | 1450m: 17:37.63 | 37.25 |
|      | 300m: 3:25.91   | 35.20       | 700m: 8:18.39  | 36.85     | 1100m: 13:16.48 | 37.16 | 1500m: 18:14.37 | 36.74 |
|      | 350m: 4:01.64   | 35.73       | 750m: 8:56.24  | 37.85     | 1150m: 13:53.51 | 37.03 |                 |       |
|      | 400m: 4:37.57   | 35.93       | 800m: 9:32.74  | 36.50     | 1200m: 14:30.53 | 37.02 |                 |       |
| 3.   | Niels Albrechts | MGO (SG)    | 19:19.96       | 198800039 | 19:51.59        | +0,91 |                 |       |
|      | 50m: 35.29      | 35.29       | 450m: 5:51.54  | 39.92     | 850m: 11:11.51  | 39.73 | 1250m: 16:35.70 | 40.80 |
|      | 100m: 1:13.82   | 38.53       | 500m: 6:31.66  | 40.12     | 900m: 11:50.80  | 39.29 | 1300m: 17:15.32 | 39.62 |
|      | 150m: 1:52.92   | 39.10       | 550m: 7:11.84  | 40.18     | 950m: 12:30.80  | 40.00 | 1350m: 17:55.11 | 39.79 |
|      | 200m: 2:32.97   | 40.05       | 600m: 7:52.17  | 40.33     | 1000m: 13:11.01 | 40.21 | 1400m: 18:35.26 | 40.15 |
|      | 250m: 3:12.11   | 39.14       | 650m: 8:32.40  | 40.23     | 1050m: 13:51.54 | 40.53 | 1450m: 19:14.76 | 39.50 |
|      | 300m: 3:52.00   | 39.89       | 700m: 9:12.55  | 40.15     | 1100m: 14:32.21 | 40.67 | 1500m: 19:51.59 | 36.83 |
|      | 350m: 4:31.47   | 39.47       | 750m: 9:52.26  | 39.71     | 1150m: 15:13.72 | 41.51 |                 |       |
|      | 400m: 5:11.62   | 40.15       | 800m: 10:31.78 | 39.52     | 1200m: 15:54.90 | 41.18 |                 |       |
| 4.   | Roel van Beek   | Montferland | 21:09.42       | 198905861 | 21:06.58        | +0,90 |                 |       |
|      | 50m: 36.51      | 36.51       | 450m: 6:09.96  | 42.79     | 850m: 11:52.80  | 43.06 | 1250m: 17:37.03 | 42.03 |
|      | 100m: 1:16.05   | 39.54       | 500m: 6:52.55  | 42.59     | 900m: 12:35.11  | 42.31 | 1300m: 18:19.31 | 42.28 |
|      | 150m: 1:56.54   | 40.49       | 550m: 7:34.52  | 41.97     | 950m: 13:18.81  | 43.70 | 1350m: 19:01.68 | 42.37 |
|      | 200m: 2:37.79   | 41.25       | 600m: 8:17.15  | 42.63     | 1000m: 14:01.99 | 43.18 | 1400m: 19:43.92 | 42.24 |
|      | 250m: 3:19.54   | 41.75       | 650m: 8:59.86  | 42.71     | 1050m: 14:45.35 | 43.36 | 1450m: 20:25.78 | 41.86 |
|      | 300m: 4:01.45   | 41.91       | 700m: 9:43.13  | 43.27     | 1100m: 15:28.01 | 42.66 | 1500m: 21:06.58 | 40.80 |
|      | 350m: 4:44.26   | 42.81       | 750m: 10:26.68 | 43.55     | 1150m: 16:11.25 | 43.24 |                 |       |
|      | 400m: 5:27.17   | 42.91       | 800m: 11:09.74 | 43.06     | 1200m: 16:55.00 | 43.75 |                 |       |

Masters 30+

|    |  |                |               |           |                 |       |                 |       |
|----|--|----------------|---------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Erik Schroeder                                     | TriVia         | 16:50.53      | 198402025 | 17:32.21        | +0,82 |                 |       |
|    | 50m: 30.16   | 30.16          | 450m: 5:12.29 | 35.64     | 850m: 9:57.27   | 35.49 | 1250m: 14:39.83 | 34.99 |
|    | 100m: 1:04.17                                      | 34.01          | 500m: 5:47.80 | 35.51     | 900m: 10:32.83  | 35.56 | 1300m: 15:15.21 | 35.38 |
|    | 150m: 1:39.15                                      | 34.98          | 550m: 6:23.49 | 35.69     | 950m: 11:08.23  | 35.40 | 1350m: 15:49.80 | 34.59 |
|    | 200m: 2:14.48                                      | 35.33          | 600m: 6:59.04 | 35.55     | 1000m: 11:43.81 | 35.58 | 1400m: 16:25.11 | 35.31 |
|    | 250m: 2:49.83                                      | 35.35          | 650m: 7:34.61 | 35.57     | 1050m: 12:19.05 | 35.24 | 1450m: 16:59.22 | 34.11 |
|    | 300m: 3:25.34                                      | 35.51          | 700m: 8:10.44 | 35.83     | 1100m: 12:54.45 | 35.40 | 1500m: 17:32.21 | 32.99 |
|    | 350m: 4:00.86                                      | 35.52          | 750m: 8:46.08 | 35.64     | 1150m: 13:29.64 | 35.19 |                 |       |
|    | 400m: 4:36.65                                      | 35.79          | 800m: 9:21.78 | 35.70     | 1200m: 14:04.84 | 35.20 |                 |       |
| 2. | Kristiaan Lenos                                    | LZ 1886        | 18:08.34      | 198301331 | 18:02.41        | +0,77 |                 |       |
|    | 50m: 30.67   | 30.67          | 450m: 5:15.02 | 36.36     | 850m: 10:08.79  | 36.79 | 1250m: 15:02.13 | 36.95 |
|    | 100m: 1:04.55                                      | 33.88          | 500m: 5:51.43 | 36.41     | 900m: 10:45.22  | 36.43 | 1300m: 15:38.73 | 36.60 |
|    | 150m: 1:39.96                                      | 35.41          | 550m: 6:28.16 | 36.73     | 950m: 11:21.86  | 36.64 | 1350m: 16:15.59 | 36.86 |
|    | 200m: 2:15.21                                      | 35.25          | 600m: 7:04.82 | 36.66     | 1000m: 11:58.20 | 36.34 | 1400m: 16:51.99 | 36.40 |
|    | 250m: 2:50.71                                      | 35.50          | 650m: 7:41.74 | 36.92     | 1050m: 12:35.01 | 36.81 | 1450m: 17:28.84 | 36.85 |
|    | 300m: 3:26.59                                      | 35.88          | 700m: 8:18.41 | 36.67     | 1100m: 13:11.64 | 36.63 | 1500m: 18:02.41 | 33.57 |
|    | 350m: 4:02.65                                      | 36.06          | 750m: 8:55.55 | 37.14     | 1150m: 13:48.82 | 37.18 |                 |       |
|    | 400m: 4:38.66                                      | 36.01          | 800m: 9:32.00 | 36.45     | 1200m: 14:25.18 | 36.36 |                 |       |
| 3. | Jan Boier Pedersen<br><i>Danish Masters Record</i> | Hovedstaden SK | 17:42.52      | 8371AA    | 18:26.83        | +0,88 |                 |       |
|    | 50m: 32.42   | 32.42          | 450m: 5:26.35 | 37.09     | 850m: 10:24.26  | 36.93 | 1250m: 15:22.62 | 37.45 |
|    | 100m: 1:07.26                                      | 34.84          | 500m: 6:03.59 | 37.24     | 900m: 11:01.66  | 37.40 | 1300m: 16:00.32 | 37.70 |
|    | 150m: 1:43.30                                      | 36.04          | 550m: 6:40.70 | 37.11     | 950m: 11:38.92  | 37.26 | 1350m: 16:37.46 | 37.14 |
|    | 200m: 2:20.15                                      | 36.85          | 600m: 7:17.90 | 37.20     | 1000m: 12:15.90 | 36.98 | 1400m: 17:14.71 | 37.25 |
|    | 250m: 2:57.47                                      | 37.32          | 650m: 7:55.25 | 37.35     | 1050m: 12:53.21 | 37.31 | 1450m: 17:51.53 | 36.82 |
|    | 300m: 3:34.91                                      | 37.44          | 700m: 8:32.44 | 37.19     | 1100m: 13:30.69 | 37.48 | 1500m: 18:26.83 | 35.30 |
|    | 350m: 4:12.08                                      | 37.17          | 750m: 9:09.81 | 37.37     | 1150m: 14:07.79 | 37.10 |                 |       |
|    | 400m: 4:49.26                                      | 37.18          | 800m: 9:47.33 | 37.52     | 1200m: 14:45.17 | 37.38 |                 |       |
| 4. | Erik Wolsing                                       | VZC E&P        | 18:34.46      | 198001777 | 18:31.71        | +0,81 |                 |       |
|    | 50m: 32.72   | 32.72          | 450m: 5:26.71 | 37.06     | 850m: 10:24.49  | 37.34 | 1250m: 15:26.64 | 37.86 |
|    | 100m: 1:08.28                                      | 35.56          | 500m: 6:03.90 | 37.19     | 900m: 11:02.20  | 37.71 | 1300m: 16:04.53 | 37.89 |
|    | 150m: 1:44.95                                      | 36.67          | 550m: 6:40.92 | 37.02     | 950m: 11:40.23  | 38.03 | 1350m: 16:42.28 | 37.75 |
|    | 200m: 2:21.42                                      | 36.47          | 600m: 7:17.95 | 37.03     | 1000m: 12:17.78 | 37.55 | 1400m: 17:19.69 | 37.41 |
|    | 250m: 2:58.33                                      | 36.91          | 650m: 7:55.26 | 37.31     | 1050m: 12:55.51 | 37.73 | 1450m: 17:56.96 | 37.27 |
|    | 300m: 3:35.04                                      | 36.71          | 700m: 8:32.48 | 37.22     | 1100m: 13:33.29 | 37.78 | 1500m: 18:31.71 | 34.75 |
|    | 350m: 4:12.15                                      | 37.11          | 750m: 9:09.69 | 37.21     | 1150m: 14:11.21 | 37.92 |                 |       |
|    | 400m: 4:49.65                                      | 37.50          | 800m: 9:47.15 | 37.46     | 1200m: 14:48.78 | 37.57 |                 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 37, Men, 1500m Freestyle, Masters 30+

| rang | naam             | vereniging        | inschrijftijd  | startnr.  | tijd            | RT    |                 |       |
|------|------------------|-------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 5.   | Marcel Reefhuis  | WS Twente         | 18:45.40       | 198101381 | 19:12.74        | +0,83 |                 |       |
|      | 50m: 33.80       | 33.80             | 450m: 5:37.22  | 38.45     | 850m: 10:45.74  | 38.44 | 1250m: 16:00.23 | 39.17 |
|      | 100m: 1:10.77    | 36.97             | 500m: 6:15.64  | 38.42     | 900m: 11:24.96  | 39.22 | 1300m: 16:39.39 | 39.16 |
|      | 150m: 1:48.32    | 37.55             | 550m: 6:54.02  | 38.38     | 950m: 12:03.84  | 38.88 | 1350m: 17:18.19 | 38.80 |
|      | 200m: 2:26.20    | 37.88             | 600m: 7:32.63  | 38.61     | 1000m: 12:43.19 | 39.35 | 1400m: 17:58.10 | 39.91 |
|      | 250m: 3:04.28    | 38.08             | 650m: 8:10.91  | 38.28     | 1050m: 13:22.30 | 39.11 | 1450m: 18:36.46 | 38.36 |
|      | 300m: 3:42.25    | 37.97             | 700m: 8:49.87  | 38.96     | 1100m: 14:01.94 | 39.64 | 1500m: 19:12.74 | 36.28 |
|      | 350m: 4:20.47    | 38.22             | 750m: 9:28.12  | 38.25     | 1150m: 14:41.18 | 39.24 |                 |       |
|      | 400m: 4:58.77    | 38.30             | 800m: 10:07.30 | 39.18     | 1200m: 15:21.06 | 39.88 |                 |       |
| 6.   | Jeroen Vogelsang | DAW               | 19:27.81       | 198001645 | 19:52.12        | +0,85 |                 |       |
|      | 50m: 34.38       | 34.38             | 450m: 5:45.27  | 39.85     | 850m: 11:10.43  | 40.41 | 1250m: 16:34.60 | 40.97 |
|      | 100m: 1:11.63    | 37.25             | 500m: 6:25.78  | 40.51     | 900m: 11:50.99  | 40.56 | 1300m: 17:16.56 | 41.96 |
|      | 150m: 1:49.99    | 38.36             | 550m: 7:05.91  | 40.13     | 950m: 12:31.43  | 40.44 | 1350m: 17:56.01 | 39.45 |
|      | 200m: 2:29.03    | 39.04             | 600m: 7:46.76  | 40.85     | 1000m: 13:12.77 | 41.34 | 1400m: 18:35.45 | 39.44 |
|      | 250m: 3:08.27    | 39.24             | 650m: 8:26.80  | 40.04     | 1050m: 13:52.99 | 40.22 | 1450m: 19:14.58 | 39.13 |
|      | 300m: 3:47.76    | 39.49             | 700m: 9:08.84  | 42.04     | 1100m: 14:33.28 | 40.29 | 1500m: 19:52.12 | 37.54 |
|      | 350m: 4:26.45    | 38.69             | 750m: 9:49.52  | 40.68     | 1150m: 15:13.62 | 40.34 |                 |       |
|      | 400m: 5:05.42    | 38.97             | 800m: 10:30.02 | 40.50     | 1200m: 15:53.63 | 40.01 |                 |       |
| 7.   | Remco Veerkamp   | Zuiderzeezwimmers | 25:23.39       | 198102311 | 26:04.78        | +0,94 |                 |       |
|      | 50m: 40.57       | 40.57             | 450m: 7:24.84  | 52.81     | 850m: 14:27.36  | 53.28 | 1250m: 21:38.15 | 54.91 |
|      | 100m: 1:26.89    | 46.32             | 500m: 8:17.40  | 52.56     | 900m: 15:20.33  | 52.97 | 1300m: 22:32.17 | 54.02 |
|      | 150m: 2:15.80    | 48.91             | 550m: 9:10.01  | 52.61     | 950m: 16:13.49  | 53.16 | 1350m: 23:26.29 | 54.12 |
|      | 200m: 3:05.79    | 49.99             | 600m: 10:02.60 | 52.59     | 1000m: 17:06.77 | 53.28 | 1400m: 24:22.21 | 55.92 |
|      | 250m: 3:56.97    | 51.18             | 650m: 10:55.37 | 52.77     | 1050m: 17:59.73 | 52.96 | 1450m: 25:15.44 | 53.23 |
|      | 300m: 4:48.02    | 51.05             | 700m: 11:48.36 | 52.99     | 1100m: 18:54.07 | 54.34 | 1500m: 26:04.78 | 49.34 |
|      | 350m: 5:40.26    | 52.24             | 750m: 12:41.88 | 53.52     | 1150m: 19:47.18 | 53.11 |                 |       |
|      | 400m: 6:32.03    | 51.77             | 800m: 13:34.08 | 52.20     | 1200m: 20:43.24 | 56.06 |                 |       |

Masters 35+

|    |                |            |                |           |                 |       |                 |       |
|----|----------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Roland de Jong | Eurode KZC | 18:17.54       | 197601513 | 19:02.38        | +0,79 |                 |       |
|    | 50m: 33.06     | 33.06      | 450m: 5:35.00  | 38.11     | 850m: 10:42.66  | 38.44 | 1250m: 15:46.55 | 38.43 |
|    | 100m: 1:09.25  | 36.19      | 500m: 6:13.43  | 38.43     | 900m: 11:21.59  | 38.93 | 1300m: 16:24.95 | 38.40 |
|    | 150m: 1:47.32  | 38.07      | 550m: 6:52.08  | 38.65     | 950m: 12:00.60  | 39.01 | 1350m: 17:04.68 | 39.73 |
|    | 200m: 2:25.38  | 38.06      | 600m: 7:29.98  | 37.90     | 1000m: 12:39.30 | 38.70 | 1400m: 17:44.26 | 39.58 |
|    | 250m: 3:03.62  | 38.24      | 650m: 8:08.66  | 38.68     | 1050m: 13:16.82 | 37.52 | 1450m: 18:23.57 | 39.31 |
|    | 300m: 3:41.36  | 37.74      | 700m: 8:47.27  | 38.61     | 1100m: 13:53.41 | 36.59 | 1500m: 19:02.38 | 38.81 |
|    | 350m: 4:19.27  | 37.91      | 750m: 9:25.63  | 38.36     | 1150m: 14:30.59 | 37.18 |                 |       |
|    | 400m: 4:58.89  | 37.62      | 800m: 10:04.22 | 38.59     | 1200m: 15:08.12 | 37.53 |                 |       |
| 2. | Roan Doves     | ZVVS       | 26:00.82       | 197501427 | 26:53.90        | +1,19 |                 |       |
|    | 50m: 44.57     | 44.57      | 450m: 7:42.43  | 54.86     | 850m: 14:58.39  | 54.30 | 1250m: 22:20.20 | 56.93 |
|    | 100m: 1:33.28  | 48.71      | 500m: 8:36.10  | 53.67     | 900m: 15:53.28  | 54.89 | 1300m: 23:16.38 | 56.18 |
|    | 150m: 2:23.56  | 50.28      | 550m: 9:30.21  | 54.11     | 950m: 16:48.36  | 55.08 | 1350m: 24:11.82 | 55.44 |
|    | 200m: 3:14.10  | 50.54      | 600m: 10:24.77 | 54.56     | 1000m: 17:42.72 | 54.36 | 1400m: 25:06.48 | 54.66 |
|    | 250m: 4:07.00  | 52.90      | 650m: 11:18.81 | 54.04     | 1050m: 18:38.13 | 55.41 | 1450m: 26:01.57 | 55.09 |
|    | 300m: 4:59.73  | 52.73      | 700m: 12:13.79 | 54.98     | 1100m: 19:31.67 | 53.54 | 1500m: 26:53.90 | 52.33 |
|    | 350m: 5:53.26  | 53.53      | 750m: 13:08.30 | 54.51     | 1150m: 20:28.09 | 56.42 |                 |       |
|    | 400m: 6:47.57  | 54.31      | 800m: 14:04.09 | 55.79     | 1200m: 21:23.27 | 55.18 |                 |       |

Masters 40+

|    |                       |           |                |           |                 |       |                 |       |
|----|-----------------------|-----------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Richard Ricksen       | HGN (SG)  | 19:44.58       | 197000841 | 20:07.92        | +1,14 |                 |       |
|    | 50m: 35.48            | 35.48     | 450m: 5:53.76  | 40.66     | 850m: 11:20.32  | 40.85 | 1250m: 16:47.80 | 40.16 |
|    | 100m: 1:13.98         | 38.50     | 500m: 6:35.31  | 41.55     | 900m: 12:00.89  | 40.57 | 1300m: 17:28.65 | 40.85 |
|    | 150m: 1:53.06         | 39.08     | 550m: 7:15.63  | 40.32     | 950m: 12:41.49  | 40.60 | 1350m: 18:09.89 | 41.24 |
|    | 200m: 2:32.63         | 39.57     | 600m: 7:56.88  | 41.25     | 1000m: 13:22.23 | 40.74 | 1400m: 18:49.27 | 39.38 |
|    | 250m: 3:12.36         | 39.73     | 650m: 8:37.60  | 40.72     | 1050m: 14:03.36 | 41.13 | 1450m: 19:28.63 | 39.36 |
|    | 300m: 3:52.55         | 40.19     | 700m: 9:18.43  | 40.83     | 1100m: 14:45.42 | 42.06 | 1500m: 20:07.92 | 39.29 |
|    | 350m: 4:32.65         | 40.10     | 750m: 9:58.76  | 40.33     | 1150m: 15:26.02 | 40.60 |                 |       |
|    | 400m: 5:13.10         | 40.45     | 800m: 10:39.47 | 40.71     | 1200m: 16:07.64 | 41.62 |                 |       |
| 2. | Kasper van den Berghe | Swol 1894 | 22:17.69       | 197301125 | 22:12.32        | +0,79 |                 |       |
|    | 50m: 36.38            | 36.38     | 450m: 6:16.72  | 43.69     | 850m: 12:13.81  | 44.50 | 1250m: 18:26.37 | 46.79 |
|    | 100m: 1:16.49         | 40.11     | 500m: 7:01.12  | 44.40     | 900m: 12:59.47  | 45.66 | 1300m: 19:12.83 | 46.46 |
|    | 150m: 1:58.83         | 42.34     | 550m: 7:45.25  | 44.13     | 950m: 13:45.82  | 46.35 | 1350m: 20:00.50 | 47.67 |
|    | 200m: 2:40.87         | 42.04     | 600m: 8:29.79  | 44.54     | 1000m: 14:32.68 | 46.86 | 1400m: 20:46.59 | 46.09 |
|    | 250m: 3:23.05         | 42.18     | 650m: 9:14.20  | 44.41     | 1050m: 15:19.43 | 46.75 | 1450m: 21:32.58 | 45.99 |
|    | 300m: 4:06.58         | 43.53     | 700m: 9:59.27  | 45.07     | 1100m: 16:06.25 | 46.82 | 1500m: 22:12.32 | 39.74 |
|    | 350m: 4:49.48         | 42.90     | 750m: 10:44.11 | 44.84     | 1150m: 16:53.03 | 46.78 |                 |       |
|    | 400m: 5:33.03         | 43.55     | 800m: 11:29.31 | 45.20     | 1200m: 17:39.58 | 46.55 |                 |       |



Event 37, Men, 1500m Freestyle, Masters 40+

| rang | naam                  | vereniging | inschrijftijd  |       | startnr.        | tijd            |                 | RT    |
|------|-----------------------|------------|----------------|-------|-----------------|-----------------|-----------------|-------|
| 3.   | Albert Roosenboom     | Budel      | 22:19.68       |       | 197101599       | <b>22:40.42</b> |                 | +1,15 |
|      | 50m: 36.48            | 36.48      | 450m: 6:37.81  | 46.18 | 850m: 12:50.32  | 46.92           | 1250m: 18:56.78 | 46.40 |
|      | 100m: 1:18.49         | 42.01      | 500m: 7:23.93  | 46.12 | 900m: 13:35.47  | 45.15           | 1300m: 19:42.90 | 46.12 |
|      | 150m: 2:03.52         | 45.03      | 550m: 8:10.47  | 46.54 | 950m: 14:22.50  | 47.03           | 1350m: 20:29.08 | 46.18 |
|      | 200m: 2:48.71         | 45.19      | 600m: 8:56.79  | 46.32 | 1000m: 15:07.79 | 45.29           | 1400m: 21:14.66 | 45.58 |
|      | 250m: 3:34.38         | 45.67      | 650m: 9:43.55  | 46.76 | 1050m: 15:53.96 | 46.17           | 1450m: 21:59.79 | 45.13 |
|      | 300m: 4:19.94         | 45.56      | 700m: 10:30.03 | 46.48 | 1100m: 16:38.65 | 44.69           | 1500m: 22:40.42 | 40.63 |
|      | 350m: 5:05.89         | 45.95      | 750m: 11:17.24 | 47.21 | 1150m: 17:25.14 | 46.49           |                 |       |
|      | 400m: 5:51.63         | 45.74      | 800m: 12:03.40 | 46.16 | 1200m: 18:10.38 | 45.24           |                 |       |
| 4.   | Edward van Nijmweegen | Budel      | 24:55.30       |       | 197001635       | <b>26:40.81</b> |                 | +1,06 |
|      | 50m: 39.52            | 39.52      | 450m: 7:33.55  | 55.33 | 850m: 14:56.83  | 55.96           | 1250m: 22:16.90 | 56.25 |
|      | 100m: 1:24.59         | 45.07      | 500m: 8:28.28  | 54.73 | 900m: 15:51.02  | 54.19           | 1300m: 23:11.45 | 54.55 |
|      | 150m: 2:12.10         | 47.51      | 550m: 9:23.57  | 55.29 | 950m: 16:44.10  | 53.08           | 1350m: 24:06.14 | 54.69 |
|      | 200m: 3:01.57         | 49.47      | 600m: 10:19.06 | 55.49 | 1000m: 17:38.60 | 54.50           | 1400m: 24:59.00 | 52.86 |
|      | 250m: 3:53.86         | 52.29      | 650m: 11:15.64 | 56.58 | 1050m: 18:35.35 | 56.75           | 1450m: 25:50.07 | 51.07 |
|      | 300m: 4:48.22         | 54.36      | 700m: 12:10.46 | 54.82 | 1100m: 19:30.98 | 55.63           | 1500m: 26:40.81 | 50.74 |
|      | 350m: 5:43.05         | 54.83      | 750m: 13:06.33 | 55.87 | 1150m: 20:25.83 | 54.85           |                 |       |
|      | 400m: 6:38.22         | 55.17      | 800m: 14:00.87 | 54.54 | 1200m: 21:20.65 | 54.82           |                 |       |

Masters 45+

|     |                                  |                         |                |       |                 |                 |                 |       |
|-----|----------------------------------|-------------------------|----------------|-------|-----------------|-----------------|-----------------|-------|
| 1.  | Maurice van den Berge            | HZ Zian                 | 18:25.18       |       | 196900087       | <b>19:05.41</b> |                 | +0,87 |
|     | <i>Nederlands Masters Record</i> |                         |                |       |                 |                 |                 |       |
|     | 50m: 32.79                       | 32.79                   | 450m: 5:34.74  | 38.19 | 850m: 10:42.11  | 38.21           | 1250m: 15:53.94 | 38.23 |
|     | 100m: 1:09.12                    | 36.33                   | 500m: 6:12.95  | 38.21 | 900m: 11:21.36  | 39.25           | 1300m: 16:32.58 | 38.64 |
|     | 150m: 1:46.40                    | 37.28                   | 550m: 6:51.08  | 38.13 | 950m: 11:59.92  | 38.56           | 1350m: 17:11.20 | 38.62 |
|     | 200m: 2:24.09                    | 37.69                   | 600m: 7:29.28  | 38.20 | 1000m: 12:38.97 | 39.05           | 1400m: 17:49.34 | 38.14 |
|     | 250m: 3:02.09                    | 38.00                   | 650m: 8:07.78  | 38.50 | 1050m: 13:18.23 | 39.26           | 1450m: 18:27.88 | 38.54 |
|     | 300m: 3:39.94                    | 37.85                   | 700m: 8:47.03  | 39.25 | 1100m: 13:57.23 | 39.00           | 1500m: 19:05.41 | 37.53 |
|     | 350m: 4:18.34                    | 38.40                   | 750m: 9:25.40  | 38.37 | 1150m: 14:36.12 | 38.89           |                 |       |
|     | 400m: 4:56.55                    | 38.21                   | 800m: 10:03.90 | 38.50 | 1200m: 15:15.71 | 39.59           |                 |       |
| 2.  | Arjan Bellaart                   | Oceanus                 | 19:46.47       |       | 196900079       | <b>19:41.24</b> |                 | +0,84 |
|     | 50m: 33.88                       | 33.88                   | 450m: 5:46.32  | 39.79 | 850m: 11:05.13  | 39.64           | 1250m: 16:23.60 | 39.74 |
|     | 100m: 1:11.70                    | 37.82                   | 500m: 6:25.85  | 39.53 | 900m: 11:44.76  | 39.63           | 1300m: 17:03.60 | 40.00 |
|     | 150m: 1:50.40                    | 38.70                   | 550m: 7:05.43  | 39.58 | 950m: 12:24.52  | 39.76           | 1350m: 17:43.81 | 40.21 |
|     | 200m: 2:29.28                    | 38.88                   | 600m: 7:45.21  | 39.78 | 1000m: 13:04.15 | 39.63           | 1400m: 18:23.73 | 39.92 |
|     | 250m: 3:08.62                    | 39.34                   | 650m: 8:25.31  | 40.10 | 1050m: 13:43.79 | 39.64           | 1450m: 19:03.56 | 39.83 |
|     | 300m: 3:47.76                    | 39.14                   | 700m: 9:05.33  | 40.02 | 1100m: 14:23.80 | 40.01           | 1500m: 19:41.24 | 37.68 |
|     | 350m: 4:27.33                    | 39.57                   | 750m: 9:45.43  | 40.10 | 1150m: 15:03.74 | 39.94           |                 |       |
|     | 400m: 5:06.53                    | 39.20                   | 800m: 10:25.49 | 40.06 | 1200m: 15:43.86 | 40.12           |                 |       |
| 3.  | Mario Cuelenaere                 | De Zeeuwse Kust         | 22:40.07       |       | 196901569       | <b>23:20.54</b> |                 | +1,09 |
|     | 50m: 39.63                       | 39.63                   | 450m: 6:53.77  | 47.72 | 850m: 13:10.59  | 47.32           | 1250m: 19:27.64 | 47.35 |
|     | 100m: 1:23.51                    | 43.88                   | 500m: 7:40.78  | 47.01 | 900m: 13:57.44  | 46.85           | 1300m: 20:14.53 | 46.89 |
|     | 150m: 2:09.85                    | 46.34                   | 550m: 8:28.09  | 47.31 | 950m: 14:44.54  | 47.10           | 1350m: 21:02.12 | 47.59 |
|     | 200m: 2:56.61                    | 46.76                   | 600m: 9:15.17  | 47.08 | 1000m: 15:32.12 | 47.58           | 1400m: 21:48.68 | 46.56 |
|     | 250m: 3:43.80                    | 47.19                   | 650m: 10:02.17 | 47.00 | 1050m: 16:19.18 | 47.06           | 1450m: 22:35.10 | 46.42 |
|     | 300m: 4:30.78                    | 46.98                   | 700m: 10:48.93 | 46.76 | 1100m: 17:05.80 | 46.62           | 1500m: 23:20.54 | 45.44 |
|     | 350m: 5:18.55                    | 47.77                   | 750m: 11:36.06 | 47.13 | 1150m: 17:52.43 | 46.63           |                 |       |
|     | 400m: 6:06.05                    | 47.50                   | 800m: 12:23.27 | 47.21 | 1200m: 18:40.29 | 47.86           |                 |       |
| 4.  | Fred Dijkshoorn                  | Zwemvereniging Westland | 23:03.01       |       | 196501539       | <b>23:53.77</b> |                 | +0,93 |
|     | 50m: 40.05                       | 40.05                   | 450m: 7:08.26  | 48.91 | 850m: 13:38.40  | 48.71           | 1250m: 20:02.34 | 47.42 |
|     | 100m: 1:25.30                    | 45.25                   | 500m: 7:57.39  | 49.13 | 900m: 14:26.82  | 48.42           | 1300m: 20:50.20 | 47.86 |
|     | 150m: 2:13.64                    | 48.34                   | 550m: 8:46.00  | 48.61 | 950m: 15:14.75  | 47.93           | 1350m: 21:37.67 | 47.47 |
|     | 200m: 3:02.54                    | 48.90                   | 600m: 9:34.90  | 48.90 | 1000m: 16:03.24 | 48.49           | 1400m: 22:24.04 | 46.37 |
|     | 250m: 3:52.07                    | 49.53                   | 650m: 10:24.08 | 49.18 | 1050m: 16:51.48 | 48.24           | 1450m: 23:09.71 | 45.67 |
|     | 300m: 4:41.40                    | 49.33                   | 700m: 11:13.01 | 48.93 | 1100m: 17:40.32 | 48.84           | 1500m: 23:53.77 | 44.06 |
|     | 350m: 5:30.72                    | 49.32                   | 750m: 12:01.44 | 48.43 | 1150m: 18:27.59 | 47.27           |                 |       |
|     | 400m: 6:19.35                    | 48.63                   | 800m: 12:49.69 | 48.25 | 1200m: 19:14.92 | 47.33           |                 |       |
| DSQ | Roland Klein-Bölting             | Bocholter WSV           | 18:32.16       |       | 74076           | VRA             |                 |       |
|     | 50m:                             | 450m:                   | 850m:          |       | 1250m:          |                 |                 |       |
|     | 100m:                            | 500m:                   | 900m:          |       | 1300m:          |                 |                 |       |
|     | 150m:                            | 550m:                   | 950m:          |       | 1350m:          |                 |                 |       |
|     | 200m:                            | 600m:                   | 1000m:         |       | 1400m:          |                 |                 |       |
|     | 250m:                            | 650m:                   | 1050m:         |       | 1450m:          |                 |                 |       |
|     | 300m:                            | 700m:                   | 1100m:         |       | 1500m:          |                 |                 |       |
|     | 350m:                            | 750m:                   | 1150m:         |       |                 |                 |                 |       |
|     | 400m:                            | 800m:                   | 1200m:         |       |                 |                 |                 |       |

Event 37, Men, 1500m Freestyle, Masters 45+

| rang | naam           | vereniging      | inschrijftijd | startnr.  | tijd | RT |
|------|----------------|-----------------|---------------|-----------|------|----|
| WDR  | Michel Honders | GLS Ketelbinkie | 25:07.09      | 196901395 |      |    |

Masters 50+

|    |                    |                  |                |           |                 |       |                 |       |
|----|--------------------|------------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | Jan Brink          | De Zeeuwse Kust  | 18:35.36       | 196200091 | <b>19:18.28</b> | +0,83 |                 |       |
|    | 50m: 34.05         | 34.05            | 450m: 5:38.06  | 38.40     | 850m: 10:46.67  | 38.57 | 1250m: 16:01.40 | 39.39 |
|    | 100m: 1:11.41      | 37.36            | 500m: 6:16.60  | 38.54     | 900m: 11:25.62  | 38.95 | 1300m: 16:41.00 | 39.60 |
|    | 150m: 1:49.22      | 37.81            | 550m: 6:54.91  | 38.31     | 950m: 12:04.38  | 38.76 | 1350m: 17:20.84 | 39.84 |
|    | 200m: 2:27.26      | 38.04            | 600m: 7:33.37  | 38.46     | 1000m: 12:43.67 | 39.29 | 1400m: 18:00.46 | 39.62 |
|    | 250m: 3:05.15      | 37.89            | 650m: 8:11.97  | 38.60     | 1050m: 13:23.10 | 39.43 | 1450m: 18:40.15 | 39.69 |
|    | 300m: 3:43.43      | 38.28            | 700m: 8:50.67  | 38.70     | 1100m: 14:02.49 | 39.39 | 1500m: 19:18.28 | 38.13 |
|    | 350m: 4:21.43      | 38.00            | 750m: 9:28.98  | 38.31     | 1150m: 14:41.85 | 39.36 |                 |       |
|    | 400m: 4:59.66      | 38.23            | 800m: 10:08.10 | 39.12     | 1200m: 15:22.01 | 40.16 |                 |       |
| 2. | Menno Lomans       | d'ELFT WAVE (SG) | 19:58.29       | 196101071 | <b>21:21.15</b> | +0,80 |                 |       |
|    | 50m: 37.05         | 37.05            | 450m: 6:20.19  | 43.51     | 850m: 12:06.35  | 42.64 | 1250m: 17:50.23 | 43.40 |
|    | 100m: 1:18.09      | 41.04            | 500m: 7:03.68  | 43.49     | 900m: 12:49.28  | 42.93 | 1300m: 18:33.46 | 43.23 |
|    | 150m: 2:00.65      | 42.56            | 550m: 7:46.87  | 43.19     | 950m: 13:32.22  | 42.94 | 1350m: 19:16.23 | 42.77 |
|    | 200m: 2:43.50      | 42.85            | 600m: 8:30.36  | 43.49     | 1000m: 14:15.30 | 43.08 | 1400m: 19:59.43 | 43.20 |
|    | 250m: 3:26.51      | 43.01            | 650m: 9:13.87  | 43.51     | 1050m: 14:58.56 | 43.26 | 1450m: 20:41.76 | 42.33 |
|    | 300m: 4:09.86      | 43.35            | 700m: 9:57.24  | 43.37     | 1100m: 15:41.37 | 42.81 | 1500m: 21:21.15 | 39.39 |
|    | 350m: 4:53.17      | 43.31            | 750m: 10:40.57 | 43.33     | 1150m: 16:23.71 | 42.34 |                 |       |
|    | 400m: 5:36.68      | 43.51            | 800m: 11:23.71 | 43.14     | 1200m: 17:06.83 | 43.12 |                 |       |
| 3. | Paul van der Voort | De Zwoer         | 21:51.91       | 196200715 | <b>21:50.28</b> | +1,05 |                 |       |
|    | 50m: 35.53         | 35.53            | 450m: 6:20.91  | 43.95     | 850m: 12:12.37  | 43.78 | 1250m: 18:07.24 | 44.66 |
|    | 100m: 1:16.01      | 40.48            | 500m: 7:04.92  | 44.01     | 900m: 12:56.14  | 43.77 | 1300m: 18:51.91 | 44.67 |
|    | 150m: 1:58.74      | 42.73            | 550m: 7:49.00  | 44.08     | 950m: 13:40.79  | 44.65 | 1350m: 19:36.03 | 44.12 |
|    | 200m: 2:42.10      | 43.36            | 600m: 8:32.70  | 43.70     | 1000m: 14:24.71 | 43.92 | 1400m: 20:21.89 | 45.86 |
|    | 250m: 3:25.35      | 43.25            | 650m: 9:16.77  | 44.07     | 1050m: 15:09.16 | 44.45 | 1450m: 21:06.91 | 45.02 |
|    | 300m: 4:09.03      | 43.68            | 700m: 10:00.94 | 44.17     | 1100m: 15:53.55 | 44.39 | 1500m: 21:50.28 | 43.37 |
|    | 350m: 4:53.19      | 44.16            | 750m: 10:44.70 | 43.76     | 1150m: 16:38.19 | 44.64 |                 |       |
|    | 400m: 5:36.96      | 43.77            | 800m: 11:28.59 | 43.89     | 1200m: 17:22.58 | 44.39 |                 |       |
| 4. | Ronald Grove       | Oceanus          | 21:02.77       | 196100161 | <b>22:16.92</b> | +0,86 |                 |       |
|    | 50m: 36.51         | 36.51            | 450m: 6:28.13  | 45.04     | 850m: 12:29.71  | 45.41 | 1250m: 18:33.59 | 45.62 |
|    | 100m: 1:18.25      | 41.74            | 500m: 7:13.29  | 45.16     | 900m: 13:14.61  | 44.90 | 1300m: 19:18.49 | 44.90 |
|    | 150m: 2:01.20      | 42.95            | 550m: 7:58.35  | 45.06     | 950m: 14:00.28  | 45.67 | 1350m: 20:04.29 | 45.80 |
|    | 200m: 2:44.65      | 43.45            | 600m: 8:44.05  | 45.70     | 1000m: 14:45.85 | 45.57 | 1400m: 20:47.96 | 43.67 |
|    | 250m: 3:29.39      | 44.74            | 650m: 9:29.23  | 45.18     | 1050m: 15:30.92 | 45.07 | 1450m: 21:33.27 | 45.31 |
|    | 300m: 4:13.46      | 44.07            | 700m: 10:14.13 | 44.90     | 1100m: 16:16.09 | 45.17 | 1500m: 22:16.92 | 43.65 |
|    | 350m: 4:57.76      | 44.30            | 750m: 10:58.95 | 44.82     | 1150m: 17:01.86 | 45.77 |                 |       |
|    | 400m: 5:43.09      | 45.33            | 800m: 11:44.30 | 45.35     | 1200m: 17:47.97 | 46.11 |                 |       |
| 5. | James Norman       | PLONS            | 22:07.12       | 196001029 | <b>22:36.99</b> | +0,88 |                 |       |
|    | 50m: 39.45         | 39.45            | 450m: 6:42.00  | 46.34     | 850m: 12:50.77  | 46.10 | 1250m: 18:56.11 | 46.37 |
|    | 100m: 1:22.48      | 43.03            | 500m: 7:28.33  | 46.33     | 900m: 13:36.23  | 45.46 | 1300m: 19:42.75 | 46.64 |
|    | 150m: 2:07.84      | 45.36            | 550m: 8:14.54  | 46.21     | 950m: 14:22.08  | 45.85 | 1350m: 20:26.81 | 44.06 |
|    | 200m: 2:52.95      | 45.11            | 600m: 9:00.36  | 45.82     | 1000m: 15:07.78 | 45.70 | 1400m: 21:10.71 | 43.90 |
|    | 250m: 3:37.79      | 44.84            | 650m: 9:46.16  | 45.80     | 1050m: 15:52.79 | 45.01 | 1450m: 21:54.78 | 44.07 |
|    | 300m: 4:23.98      | 46.19            | 700m: 10:32.57 | 46.41     | 1100m: 16:38.78 | 45.99 | 1500m: 22:36.99 | 42.21 |
|    | 350m: 5:09.55      | 45.57            | 750m: 11:18.41 | 45.84     | 1150m: 17:24.15 | 45.37 |                 |       |
|    | 400m: 5:55.66      | 46.11            | 800m: 12:04.67 | 46.26     | 1200m: 18:09.74 | 45.59 |                 |       |
| 6. | Eric Tijms         | OEZA             | 23:50.34       | 196401125 | <b>24:10.66</b> | +0,96 |                 |       |
|    | 50m: 40.64         | 40.64            | 450m: 7:01.85  | 49.98     | 850m: 13:34.84  | 49.27 | 1250m: 20:07.69 | 48.69 |
|    | 100m: 1:25.46      | 44.82            | 500m: 7:50.29  | 48.44     | 900m: 14:23.14  | 48.30 | 1300m: 20:57.07 | 49.38 |
|    | 150m: 2:11.34      | 45.88            | 550m: 8:39.27  | 48.98     | 950m: 15:12.16  | 49.02 | 1350m: 21:45.94 | 48.87 |
|    | 200m: 2:59.19      | 47.85            | 600m: 9:29.10  | 49.83     | 1000m: 16:01.56 | 49.40 | 1400m: 22:35.32 | 49.38 |
|    | 250m: 3:46.82      | 47.63            | 650m: 10:18.27 | 49.17     | 1050m: 16:50.04 | 48.48 | 1450m: 23:24.26 | 48.94 |
|    | 300m: 4:35.23      | 48.41            | 700m: 11:07.40 | 49.13     | 1100m: 17:40.96 | 50.92 | 1500m: 24:10.66 | 46.40 |
|    | 350m: 5:23.83      | 48.60            | 750m: 11:56.33 | 48.93     | 1150m: 18:29.20 | 48.24 |                 |       |
|    | 400m: 6:11.87      | 48.04            | 800m: 12:45.57 | 49.24     | 1200m: 19:19.00 | 49.80 |                 |       |
| 7. | Henk Gierveld      | Nat Utrecht      | 24:43.89       | 196000869 | <b>24:56.00</b> | +1,04 |                 |       |
|    | 50m: 42.93         | 42.93            | 450m: 7:23.19  | 50.96     | 850m: 14:08.63  | 50.17 | 1250m: 20:49.81 | 49.79 |
|    | 100m: 1:29.36      | 46.43            | 500m: 8:13.92  | 50.73     | 900m: 14:58.60  | 49.97 | 1300m: 21:40.45 | 50.64 |
|    | 150m: 2:18.63      | 49.27            | 550m: 9:04.43  | 50.51     | 950m: 15:48.64  | 50.04 | 1350m: 22:30.01 | 49.56 |
|    | 200m: 3:08.49      | 49.86            | 600m: 9:54.94  | 50.51     | 1000m: 16:38.79 | 50.15 | 1400m: 23:19.94 | 49.93 |
|    | 250m: 3:59.66      | 51.17            | 650m: 10:45.56 | 50.62     | 1050m: 17:29.81 | 51.02 | 1450m: 24:09.49 | 49.55 |
|    | 300m: 4:49.86      | 50.20            | 700m: 11:36.14 | 50.58     | 1100m: 18:19.92 | 50.11 | 1500m: 24:56.00 | 46.51 |
|    | 350m: 5:40.54      | 50.68            | 750m: 12:26.79 | 50.65     | 1150m: 19:10.25 | 50.33 |                 |       |
|    | 400m: 6:32.23      | 51.69            | 800m: 13:18.46 | 51.67     | 1200m: 20:00.02 | 49.77 |                 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 37, Men, 1500m Freestyle, Masters 50+

| rang | naam             | vereniging | inschrijftijd | startnr.  | tijd            | RT    |        |          |       |        |          |       |
|------|------------------|------------|---------------|-----------|-----------------|-------|--------|----------|-------|--------|----------|-------|
| 8.   | Rik van Gasteren | AquAmigos  | 28:01.71      | 196401015 | <b>27:38.34</b> | +1,21 |        |          |       |        |          |       |
|      | 50m:             | 44.21      | 44.21         | 450m:     | 7:54.82         | 55.64 | 850m:  | 15:28.00 | 58.88 | 1250m: | 23:04.07 | 59.25 |
|      | 100m:            | 1:33.56    | 49.35         | 500m:     | 8:51.96         | 57.14 | 900m:  | 16:26.26 | 58.26 | 1300m: | 24:01.07 | 57.00 |
|      | 150m:            | 2:26.12    | 52.56         | 550m:     | 9:48.23         | 56.27 | 950m:  | 17:21.42 | 55.16 | 1350m: | 24:58.11 | 57.04 |
|      | 200m:            | 3:19.53    | 53.41         | 600m:     | 10:44.68        | 56.45 | 1000m: | 18:17.82 | 56.40 | 1400m: | 25:54.32 | 56.21 |
|      | 250m:            | 4:13.80    | 54.27         | 650m:     | 11:41.21        | 56.53 | 1050m: | 19:16.57 | 58.75 | 1450m: | 26:49.46 | 55.14 |
|      | 300m:            | 5:08.88    | 55.08         | 700m:     | 12:36.95        | 55.74 | 1100m: | 20:12.53 | 55.96 | 1500m: | 27:38.34 | 48.88 |
|      | 350m:            | 6:03.95    | 55.07         | 750m:     | 13:33.00        | 56.05 | 1150m: | 21:08.92 | 56.39 |        |          |       |
|      | 400m:            | 6:59.18    | 55.23         | 800m:     | 14:29.12        | 56.12 | 1200m: | 22:04.82 | 55.90 |        |          |       |

Masters 55+

|    |   |                         |          |           |                 |       |        |          |       |        |          |       |
|----|---|-------------------------|----------|-----------|-----------------|-------|--------|----------|-------|--------|----------|-------|
| 1. | Marten de Groot<br><i>Nederlands Masters Record</i> | HZ&PC Heerenveen        | 18:45.51 | 195800149 | <b>18:41.25</b> | +0,79 |        |          |       |        |          |       |
|    | 50m:  | 33.80                   | 33.80    | 450m:     | 5:31.10         | 37.31 | 850m:  | 10:32.80 | 37.92 | 1250m: | 15:35.04 | 38.01 |
|    | 100m:   | 1:10.50                 | 36.70    | 500m:     | 6:08.39         | 37.29 | 900m:  | 11:10.57 | 37.77 | 1300m: | 16:12.63 | 37.59 |
|    | 150m:   | 1:47.21                 | 36.71    | 550m:     | 6:46.05         | 37.66 | 950m:  | 11:48.56 | 37.99 | 1350m: | 16:50.60 | 37.97 |
|    | 200m:   | 2:24.46                 | 37.25    | 600m:     | 7:23.56         | 37.51 | 1000m: | 12:26.35 | 37.79 | 1400m: | 17:28.38 | 37.78 |
|    | 250m:   | 3:02.07                 | 37.61    | 650m:     | 8:01.39         | 37.83 | 1050m: | 13:04.35 | 38.00 | 1450m: | 18:05.78 | 37.40 |
|    | 300m:   | 3:39.16                 | 37.09    | 700m:     | 8:38.88         | 37.49 | 1100m: | 13:41.73 | 37.38 | 1500m: | 18:41.25 | 35.47 |
|    | 350m:   | 4:16.75                 | 37.59    | 750m:     | 9:16.63         | 37.75 | 1150m: | 14:19.61 | 37.88 |        |          |       |
|    | 400m:   | 4:53.79                 | 37.04    | 800m:     | 9:54.88         | 38.25 | 1200m: | 14:57.03 | 37.42 |        |          |       |
| 2. | Richard Broer                                       | PLONS                   | 20:56.78 | 195900077 | <b>21:09.07</b> | +0,95 |        |          |       |        |          |       |
|    | 50m:  | 36.84                   | 36.84    | 450m:     | 6:14.53         | 42.88 | 850m:  | 11:53.25 | 42.35 | 1250m: | 17:36.52 | 43.25 |
|    | 100m:   | 1:17.87                 | 41.03    | 500m:     | 6:56.85         | 42.32 | 900m:  | 12:35.91 | 42.66 | 1300m: | 18:19.52 | 43.00 |
|    | 150m:   | 2:00.71                 | 42.84    | 550m:     | 7:38.80         | 41.95 | 950m:  | 13:18.48 | 42.57 | 1350m: | 19:02.45 | 42.93 |
|    | 200m:   | 2:43.27                 | 42.56    | 600m:     | 8:21.55         | 42.75 | 1000m: | 14:01.64 | 43.16 | 1400m: | 19:45.90 | 43.45 |
|    | 250m:   | 3:25.02                 | 41.75    | 650m:     | 9:03.51         | 41.96 | 1050m: | 14:44.90 | 43.26 | 1450m: | 20:28.31 | 42.41 |
|    | 300m:   | 4:07.18                 | 42.16    | 700m:     | 9:46.05         | 42.54 | 1100m: | 15:27.66 | 42.76 | 1500m: | 21:09.07 | 40.76 |
|    | 350m:   | 4:49.29                 | 42.11    | 750m:     | 10:28.52        | 42.47 | 1150m: | 16:09.98 | 42.32 |        |          |       |
|    | 400m:   | 5:31.65                 | 42.36    | 800m:     | 11:10.90        | 42.38 | 1200m: | 16:53.27 | 43.29 |        |          |       |
| 3. | Henk Slomp  | De Pinquin              | 21:30.89 | 195500359 | <b>22:17.95</b> | +0,83 |        |          |       |        |          |       |
|    | 50m:  | 36.84                   | 36.84    | 450m:     | 6:29.21         | 44.89 | 850m:  | 12:30.28 | 45.15 | 1250m: | 18:35.69 | 45.62 |
|    | 100m:   | 1:17.89                 | 41.05    | 500m:     | 7:14.43         | 45.22 | 900m:  | 13:15.34 | 45.06 | 1300m: | 19:21.61 | 45.92 |
|    | 150m:   | 2:01.16                 | 43.27    | 550m:     | 7:59.28         | 44.85 | 950m:  | 14:00.27 | 44.93 | 1350m: | 20:07.97 | 46.36 |
|    | 200m:   | 2:45.76                 | 44.60    | 600m:     | 8:44.82         | 45.54 | 1000m: | 14:45.93 | 45.66 | 1400m: | 20:52.91 | 44.94 |
|    | 250m:   | 3:29.60                 | 43.84    | 650m:     | 9:30.10         | 45.28 | 1050m: | 15:32.06 | 46.13 | 1450m: | 21:37.46 | 44.55 |
|    | 300m:   | 4:14.54                 | 44.94    | 700m:     | 10:15.08        | 44.98 | 1100m: | 16:18.02 | 45.96 | 1500m: | 22:17.95 | 40.49 |
|    | 350m:   | 4:59.34                 | 44.80    | 750m:     | 10:59.88        | 44.80 | 1150m: | 17:03.71 | 45.69 |        |          |       |
|    | 400m:   | 5:44.32                 | 44.98    | 800m:     | 11:45.13        | 45.25 | 1200m: | 17:50.07 | 46.36 |        |          |       |
| 4. | Andreas Wenning                                     | Bocholter WSV           | 22:40.59 | 99336     | <b>22:53.41</b> | +1,54 |        |          |       |        |          |       |
|    | 50m:  | 39.84                   | 39.84    | 450m:     | 6:40.26         | 45.91 | 850m:  | 12:48.05 | 46.45 | 1250m: | 18:59.29 | 46.95 |
|    | 100m:   | 1:21.89                 | 42.05    | 500m:     | 7:24.97         | 44.71 | 900m:  | 13:34.37 | 46.32 | 1300m: | 19:47.66 | 48.37 |
|    | 150m:   | 2:05.45                 | 43.56    | 550m:     | 8:11.01         | 46.04 | 950m:  | 14:20.82 | 46.45 | 1350m: | 20:33.44 | 45.78 |
|    | 200m:   | 2:50.27                 | 44.82    | 600m:     | 8:56.97         | 45.96 | 1000m: | 15:07.37 | 46.55 | 1400m: | 21:20.27 | 46.83 |
|    | 250m:   | 3:36.64                 | 46.37    | 650m:     | 9:44.24         | 47.27 | 1050m: | 15:53.27 | 45.90 | 1450m: | 22:07.47 | 47.20 |
|    | 300m:   | 4:22.06                 | 45.42    | 700m:     | 10:29.47        | 45.23 | 1100m: | 16:39.48 | 46.21 | 1500m: | 22:53.41 | 45.94 |
|    | 350m:   | 5:08.06                 | 46.00    | 750m:     | 11:15.55        | 46.08 | 1150m: | 17:25.72 | 46.24 |        |          |       |
|    | 400m:   | 5:54.35                 | 46.29    | 800m:     | 12:01.60        | 46.05 | 1200m: | 18:12.34 | 46.62 |        |          |       |
| 5. | Lex Hoogendam                                       | MNC Dordrecht           | 22:37.34 | 195700541 | <b>23:50.83</b> | +1,00 |        |          |       |        |          |       |
|    | 50m:  | 38.86                   | 38.86    | 450m:     | 6:54.58         | 47.96 | 850m:  | 13:21.68 | 48.82 | 1250m: | 19:49.02 | 48.84 |
|    | 100m:   | 1:22.31                 | 43.45    | 500m:     | 7:42.87         | 48.29 | 900m:  | 14:09.92 | 48.24 | 1300m: | 20:38.02 | 49.00 |
|    | 150m:   | 2:08.40                 | 46.09    | 550m:     | 8:31.14         | 48.27 | 950m:  | 14:58.23 | 48.31 | 1350m: | 21:26.67 | 48.65 |
|    | 200m:   | 2:55.50                 | 47.10    | 600m:     | 9:19.17         | 48.03 | 1000m: | 15:47.04 | 48.81 | 1400m: | 22:14.91 | 48.24 |
|    | 250m:   | 3:42.65                 | 47.15    | 650m:     | 10:07.65        | 48.48 | 1050m: | 16:35.18 | 48.14 | 1450m: | 23:03.36 | 48.45 |
|    | 300m:   | 4:30.29                 | 47.64    | 700m:     | 10:55.82        | 48.17 | 1100m: | 17:23.52 | 48.34 | 1500m: | 23:50.83 | 47.47 |
|    | 350m:   | 5:18.30                 | 48.01    | 750m:     | 11:44.39        | 48.57 | 1150m: | 18:11.57 | 48.05 |        |          |       |
|    | 400m:   | 6:06.62                 | 48.32    | 800m:     | 12:32.86        | 48.47 | 1200m: | 19:00.18 | 48.61 |        |          |       |
| 6. | Paul Spaans   | Zwemvereniging Westland | 24:01.07 | 195900647 | <b>25:05.98</b> | +1,32 |        |          |       |        |          |       |
|    | 50m:  | 40.83                   | 40.83    | 450m:     | 7:18.38         | 50.88 | 850m:  | 14:05.65 | 50.92 | 1250m: | 20:55.80 | 51.22 |
|    | 100m:   | 1:26.79                 | 45.96    | 500m:     | 8:09.69         | 51.31 | 900m:  | 14:57.08 | 51.43 | 1300m: | 21:46.65 | 50.85 |
|    | 150m:   | 2:15.60                 | 48.81    | 550m:     | 9:00.57         | 50.88 | 950m:  | 15:48.32 | 51.24 | 1350m: | 22:36.47 | 49.82 |
|    | 200m:   | 3:05.21                 | 49.61    | 600m:     | 9:51.12         | 50.55 | 1000m: | 16:39.94 | 51.62 | 1400m: | 23:27.16 | 50.69 |
|    | 250m:   | 3:54.65                 | 49.44    | 650m:     | 10:42.40        | 51.28 | 1050m: | 17:30.70 | 50.76 | 1450m: | 24:17.48 | 50.32 |
|    | 300m:   | 4:44.88                 | 50.23    | 700m:     | 11:33.30        | 50.90 | 1100m: | 18:22.16 | 51.46 | 1500m: | 25:05.98 | 48.50 |
|    | 350m:   | 5:35.86                 | 50.98    | 750m:     | 12:23.36        | 50.06 | 1150m: | 19:12.74 | 50.58 |        |          |       |
|    | 400m:   | 6:27.50                 | 51.64    | 800m:     | 13:14.73        | 51.37 | 1200m: | 20:04.58 | 51.84 |        |          |       |





# Open Nederlandse Masters Kampioenschappen 2014 lange baan Den Haag 2-4 mei 2014



## Event 37, Men, 1500m Freestyle, Masters 55+

| rang | naam             | vereniging | inschrijftijd  | startnr.  | tijd            | RT    |                 |       |
|------|------------------|------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 7.   | <b>Dirk Crok</b> | OEZA       | 24:39.30       | 195800547 | <b>25:24.21</b> | +1,20 |                 |       |
|      | 50m: 43.53       | 43.53      | 450m: 7:31.59  | 51.80     | 850m: 14:23.50  | 51.59 | 1250m: 21:10.80 | 51.15 |
|      | 100m: 1:31.62    | 48.09      | 500m: 8:23.15  | 51.56     | 900m: 15:14.05  | 50.55 | 1300m: 22:01.63 | 50.83 |
|      | 150m: 2:22.00    | 50.38      | 550m: 9:14.83  | 51.68     | 950m: 16:04.94  | 50.89 | 1350m: 22:53.21 | 51.58 |
|      | 200m: 3:13.37    | 51.37      | 600m: 10:06.09 | 51.26     | 1000m: 16:55.70 | 50.76 | 1400m: 23:43.71 | 50.50 |
|      | 250m: 4:04.98    | 51.61      | 650m: 10:58.13 | 52.04     | 1050m: 17:46.79 | 51.09 | 1450m: 24:34.79 | 51.08 |
|      | 300m: 4:56.65    | 51.67      | 700m: 11:49.94 | 51.81     | 1100m: 18:37.76 | 50.97 | 1500m: 25:24.21 | 49.42 |
|      | 350m: 5:48.32    | 51.67      | 750m: 12:40.82 | 50.88     | 1150m: 19:28.99 | 51.23 |                 |       |
|      | 400m: 6:39.79    | 51.47      | 800m: 13:31.91 | 51.09     | 1200m: 20:19.65 | 50.66 |                 |       |

|    |                       |        |                |           |                 |       |                 |       |
|----|-----------------------|--------|----------------|-----------|-----------------|-------|-----------------|-------|
| 8. | <b>Jeroen Ouendag</b> | GoSwim | 26:16.64       | 195900725 | <b>26:34.59</b> | +1,24 |                 |       |
|    | 50m: 45.74            | 45.74  | 450m: 7:51.44  | 53.86     | 850m: 15:00.35  | 53.56 | 1250m: 22:13.68 | 55.32 |
|    | 100m: 1:36.05         | 50.31  | 500m: 8:44.68  | 53.24     | 900m: 15:53.58  | 53.23 | 1300m: 23:06.28 | 52.60 |
|    | 150m: 2:29.30         | 53.25  | 550m: 9:38.59  | 53.91     | 950m: 16:47.44  | 53.86 | 1350m: 23:58.89 | 52.61 |
|    | 200m: 3:22.01         | 52.71  | 600m: 10:32.15 | 53.56     | 1000m: 17:40.64 | 53.20 | 1400m: 24:52.63 | 53.74 |
|    | 250m: 4:16.41         | 54.40  | 650m: 11:25.84 | 53.69     | 1050m: 18:35.31 | 54.67 | 1450m: 25:44.85 | 52.22 |
|    | 300m: 5:09.83         | 53.42  | 700m: 12:19.69 | 53.85     | 1100m: 19:28.88 | 53.57 | 1500m: 26:34.59 | 49.74 |
|    | 350m: 6:03.72         | 53.89  | 750m: 13:13.63 | 53.94     | 1150m: 20:23.62 | 54.74 |                 |       |
|    | 400m: 6:57.58         | 53.86  | 800m: 14:06.79 | 53.16     | 1200m: 21:18.36 | 54.74 |                 |       |

|     |            |         |          |           |  |  |
|-----|------------|---------|----------|-----------|--|--|
| WDR | Marius Ros | ZCNF'34 | 20:11.48 | 195900779 |  |  |
|-----|------------|---------|----------|-----------|--|--|

## Masters 60+

|    |                   |                |                |           |                 |       |                 |       |
|----|-------------------|----------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | <b>Piet Schop</b> | De Bevelanders | 24:40.06       | 195000109 | <b>23:43.64</b> | +0,62 |                 |       |
|    | 50m: 39.59        | 39.59          | 450m: 6:59.34  | 48.41     | 850m: 13:26.31  | 49.36 | 1250m: 19:51.37 | 47.81 |
|    | 100m: 1:24.71     | 45.12          | 500m: 7:48.29  | 48.95     | 900m: 14:14.63  | 48.32 | 1300m: 20:39.17 | 47.80 |
|    | 150m: 2:11.02     | 46.31          | 550m: 8:35.79  | 47.50     | 950m: 15:03.28  | 48.65 | 1350m: 21:26.55 | 47.38 |
|    | 200m: 2:59.44     | 48.42          | 600m: 9:24.67  | 48.88     | 1000m: 15:51.53 | 48.25 | 1400m: 22:14.89 | 48.34 |
|    | 250m: 3:46.81     | 47.37          | 650m: 10:11.94 | 47.27     | 1050m: 16:39.74 | 48.21 | 1450m: 23:00.61 | 45.72 |
|    | 300m: 4:35.13     | 48.32          | 700m: 11:00.76 | 48.82     | 1100m: 17:27.76 | 48.02 | 1500m: 23:43.64 | 43.03 |
|    | 350m: 5:22.68     | 47.55          | 750m: 11:49.30 | 48.54     | 1150m: 18:15.66 | 47.90 |                 |       |
|    | 400m: 6:10.93     | 48.25          | 800m: 12:36.95 | 47.65     | 1200m: 19:03.56 | 47.90 |                 |       |

## Masters 65+

|    |   |                |                |           |                 |       |                 |       |
|----|---|----------------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | <b>Donald Uijtenbogaart</b><br><i>Nederlands Masters Record</i> | Het Y          | 21:05.26       | 194700107 | <b>21:18.53</b> | +0,88 |                 |       |
|    | 50m: 39.84  | 39.84          | 450m: 6:27.46  | 42.99     | 850m: 12:13.67  | 42.87 | 1250m: 17:53.43 | 41.93 |
|    | 100m: 1:22.96   | 43.12          | 500m: 7:11.00  | 43.54     | 900m: 12:56.97  | 43.30 | 1300m: 18:35.76 | 42.33 |
|    | 150m: 2:06.69   | 43.73          | 550m: 7:54.38  | 43.38     | 950m: 13:39.85  | 42.88 | 1350m: 19:17.33 | 41.57 |
|    | 200m: 2:50.70   | 44.01          | 600m: 8:37.80  | 43.42     | 1000m: 14:22.49 | 42.64 | 1400m: 19:58.98 | 41.65 |
|    | 250m: 3:33.98   | 43.28          | 650m: 9:21.00  | 43.20     | 1050m: 15:04.66 | 42.17 | 1450m: 20:40.00 | 41.02 |
|    | 300m: 4:17.67   | 43.69          | 700m: 10:04.46 | 43.46     | 1100m: 15:46.97 | 42.31 | 1500m: 21:18.53 | 38.53 |
|    | 350m: 5:00.87   | 43.20          | 750m: 10:47.48 | 43.02     | 1150m: 16:28.93 | 41.96 |                 |       |
|    | 400m: 5:44.47   | 43.60          | 800m: 11:30.80 | 43.32     | 1200m: 17:11.50 | 42.57 |                 |       |
| 2. | <b>Ludwig Lorenz</b><br><i>100/200m*</i>                        | SV Gladbeck 13 | 26:25.88       | 127866    | <b>26:09.96</b> | +1,08 |                 |       |
|    | 50m: 50.13  | 50.13          | 450m: 7:51.34  | 51.39     | 850m: 14:51.84  | 53.29 | 1250m: 21:53.41 | 52.72 |
|    | 100m: 1:43.00   | 52.87          | 500m: 8:43.97  | 52.63     | 900m: 15:43.89  | 52.05 | 1300m: 22:45.27 | 51.86 |
|    | 150m: 2:36.84   | 53.84          | 550m: 9:36.57  | 52.60     | 950m: 16:36.78  | 52.89 | 1350m: 23:38.40 | 53.13 |
|    | 200m: 3:29.19   | 52.35          | 600m: 10:28.48 | 51.91     | 1000m: 17:30.21 | 53.43 | 1400m: 24:30.44 | 52.04 |
|    | 250m: 4:22.94   | 53.75          | 650m: 11:21.70 | 53.22     | 1050m: 18:21.77 | 51.56 | 1450m: 25:22.07 | 51.63 |
|    | 300m: 5:15.29   | 52.35          | 700m: 12:13.79 | 52.09     | 1100m: 19:14.70 | 52.93 | 1500m: 26:09.96 | 47.89 |
|    | 350m: 6:07.68   | 52.39          | 750m: 13:06.28 | 52.49     | 1150m: 20:07.84 | 53.14 |                 |       |
|    | 400m: 6:59.95   | 52.27          | 800m: 13:58.55 | 52.27     | 1200m: 21:00.69 | 52.85 |                 |       |

## Masters 70+

|    |                  |       |                |           |                 |       |                 |       |
|----|------------------|-------|----------------|-----------|-----------------|-------|-----------------|-------|
| 1. | <b>Rob Hanou</b> | PSV   | 25:25.16       | 194300109 | <b>27:18.87</b> | +1,12 |                 |       |
|    | 50m: 45.65       | 45.65 | 450m: 8:01.74  | 55.38     | 850m: 15:23.13  | 55.73 | 1250m: 22:47.30 | 56.62 |
|    | 100m: 1:37.61    | 51.96 | 500m: 8:56.03  | 54.29     | 900m: 16:19.37  | 56.24 | 1300m: 23:42.50 | 55.20 |
|    | 150m: 2:31.74    | 54.13 | 550m: 9:51.84  | 55.81     | 950m: 17:14.97  | 55.60 | 1350m: 24:37.80 | 55.30 |
|    | 200m: 3:26.97    | 55.23 | 600m: 10:46.97 | 55.13     | 1000m: 18:09.47 | 54.50 | 1400m: 25:32.17 | 54.37 |
|    | 250m: 4:22.23    | 55.26 | 650m: 11:41.73 | 54.76     | 1050m: 19:05.82 | 56.35 | 1450m: 26:27.80 | 55.63 |
|    | 300m: 5:16.90    | 54.67 | 700m: 12:36.95 | 55.22     | 1100m: 20:01.21 | 55.39 | 1500m: 27:18.87 | 51.07 |
|    | 350m: 6:11.86    | 54.96 | 750m: 13:33.03 | 56.08     | 1150m: 20:56.10 | 54.89 |                 |       |
|    | 400m: 7:06.36    | 54.50 | 800m: 14:27.40 | 54.37     | 1200m: 21:50.68 | 54.58 |                 |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 37, Men, 1500m Freestyle, Masters 70+

| rang | naam             | vereniging | inschrijftijd  | startnr.  | tijd            | RT      |
|------|------------------|------------|----------------|-----------|-----------------|---------|
| 2.   | Geza Kaltenecker | AZC        | 26:25.28       | 194200065 | <b>27:39.93</b> | +1,04   |
|      | 50m: 45.28       | 45.28      | 450m: 8:11.97  | 56.10     | 850m: 15:42.60  | 55.68   |
|      | 100m: 1:39.70    | 54.42      | 500m: 9:09.04  | 57.07     | 900m: 16:38.84  | 56.24   |
|      | 150m: 2:34.68    | 54.98      | 550m: 10:04.69 | 55.65     | 950m: 17:33.92  | 55.08   |
|      | 200m: 3:30.85    | 56.17      | 600m: 11:01.27 | 56.58     | 1000m: 18:30.19 | 56.27   |
|      | 250m: 4:27.27    | 56.42      | 650m: 11:57.15 | 55.88     | 1050m: 19:25.69 | 55.50   |
|      | 300m: 5:23.80    | 56.53      | 700m: 12:53.85 | 56.70     | 1100m: 20:21.87 | 56.18   |
|      | 350m: 6:19.19    | 55.39      | 750m: 13:50.20 | 56.35     | 1150m: 21:17.40 | 55.53   |
|      | 400m: 7:15.87    | 56.68      | 800m: 14:46.92 | 56.72     | 1200m: 22:12.97 | 55.57   |
| 3.   | Bob Arendsen     | De Futen   | 28:53.90       | 194400005 | <b>29:43.28</b> |         |
|      | 50m: 48.70       | 48.70      | 450m: 8:42.14  | 1:00.71   | 850m: 16:47.12  | 1:00.32 |
|      | 100m: 1:44.61    | 55.91      | 500m: 9:43.02  | 1:00.88   | 900m: 17:48.83  | 1:01.71 |
|      | 150m: 2:42.45    | 57.84      | 550m: 10:43.54 | 1:00.52   | 950m: 18:50.37  | 1:01.54 |
|      | 200m: 3:41.81    | 59.36      | 600m: 11:43.69 | 1:00.15   | 1000m: 19:50.56 | 1:00.19 |
|      | 250m: 4:41.12    | 59.31      | 650m: 12:44.16 | 1:00.47   | 1050m: 20:51.38 | 1:00.82 |
|      | 300m: 5:41.46    | 1:00.34    | 700m: 13:44.56 | 1:00.40   | 1100m: 21:51.91 | 1:00.53 |
|      | 350m: 6:40.89    | 59.43      | 750m: 14:45.60 | 1:01.04   | 1150m: 22:50.99 | 59.08   |
|      | 400m: 7:41.43    | 1:00.54    | 800m: 15:46.80 | 1:01.20   | 1200m: 23:51.89 | 1:00.90 |

Masters 75+

|    |                                  |               |                |           |                 |       |
|----|----------------------------------|---------------|----------------|-----------|-----------------|-------|
| 1. | Nic Geers                        | Z&PC De Gouwe | 25:00.47       | 193800007 | <b>26:32.12</b> | +1,03 |
|    | <i>Nederlands Masters Record</i> |               |                |           |                 |       |
|    | 50m: 48.46                       | 48.46         | 450m: 8:00.64  | 53.67     | 850m: 15:07.32  | 53.78 |
|    | 100m: 1:42.13                    | 53.67         | 500m: 8:53.79  | 53.15     | 900m: 16:00.92  | 53.60 |
|    | 150m: 2:36.94                    | 54.81         | 550m: 9:47.51  | 53.72     | 950m: 16:54.55  | 53.63 |
|    | 200m: 3:31.16                    | 54.22         | 600m: 10:40.09 | 52.58     | 1000m: 17:48.87 | 54.32 |
|    | 250m: 4:25.31                    | 54.15         | 650m: 11:33.12 | 53.03     | 1050m: 18:42.56 | 53.69 |
|    | 300m: 5:19.01                    | 53.70         | 700m: 12:26.29 | 53.17     | 1100m: 19:35.94 | 53.38 |
|    | 350m: 6:13.11                    | 54.10         | 750m: 13:20.28 | 53.99     | 1150m: 20:30.17 | 54.23 |
|    | 400m: 7:06.97                    | 53.86         | 800m: 14:13.54 | 53.26     | 1200m: 21:23.77 | 53.60 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



6 - ONMK 2014 lb sessie 6

04-05-2014 - 14:00

Event 39  
04-05-2014 - 14:00

4 x 100m Freestyle

Masters Open  
Results

| rang               | vereniging   | inschrijftijd  | startnr. | tijd           | RT    |
|--------------------|--|----------------|----------|----------------|-------|
| <b>80+, Women</b>  |  |                |          |                |       |
| 1.                 | ZOB'66 2<br><i>Nederlands Masters Record</i>                                 | ZOB'66         | 4:26.33  | <b>4:33.36</b> | +0,63 |
|                    | Anouk van der Pliigt +0,63 31.64 1:07.43 Wendy de Bruin +0,25 31.58 1:06.15  |                |          |                |       |
|                    | Rebecca Evers +0,60 34.22 1:12.16 Carly Noordermeer +0,32 32.46 1:07.62      |                |          |                |       |
| 2.                 | Piranha 1  | Piranha        | 5:06.33  | <b>5:02.70</b> | +0,86 |
|                    | Eline Schaft +0,86 35.35 1:14.59 Carmen Ensink +0,72 40.16 1:24.24           |                |          |                |       |
|                    | Karin van Leersum +0,39 36.96 1:18.51 Linda van der Hout +0,22 30.10 1:05.36 |                |          |                |       |
| <b>80+, Men</b>    |  |                |          |                |       |
| 1.                 | De Lansingh 1  | De Lansingh    | 3:58.38  | <b>4:04.62</b> | +0,71 |
|                    | Martijn van den Berge +0,71 29.07 1:00.80 Mark Huijsman +0,45 29.65 1:03.06  |                |          |                |       |
|                    | Jeroen van Blanken +0,48 29.66 1:03.46 Rutger Dalm +0,36 27.62 57.30         |                |          |                |       |
| <b>80+, Mixed</b>  |  |                |          |                |       |
| 1.                 | NDD 1<br><i>Nederlands Masters Record</i>                                    | NDD            | 3:56.86  | <b>4:06.39</b> | +0,80 |
|                    | Robin Eltink +0,80 28.04 58.38 Eva Engelen +0,33 30.57 1:05.67               |                |          |                |       |
|                    | Carmen Seesing +0,50 30.18 1:05.17 Hjalmar de Ruiter +0,50 26.77 57.17       |                |          |                |       |
| 2.                 | LZ 1886 1  | LZ 1886        | 4:09.75  | <b>4:08.15</b> | +0,70 |
|                    | Sjoerd Sieval +0,70 28.67 59.71 Rosanne de Boer +0,22 31.59 1:06.94          |                |          |                |       |
|                    | Simone de Boer +0,47 30.53 1:05.78 Kristiaan Lenos +0,27 26.48 55.72         |                |          |                |       |
| 3.                 | RZ 1   | RZ             | 4:17.57  | <b>4:12.73</b> | +0,77 |
|                    | Kenneth Caster +0,77 28.01 59.86 Suzan van den Bogaard +0,46 32.10 1:07.06   |                |          |                |       |
|                    | Denise Austen +0,25 32.86 1:08.95 Patrick Creemers +0,43 26.99 56.86         |                |          |                |       |
| <b>100+, Men</b>   |  |                |          |                |       |
| 1.                 | ZPC De Hof 1<br>50m*   | ZPC De Hof     | 3:45.88  | <b>3:51.79</b> | +0,84 |
|                    | Jasper de Boer +0,84 27.90 59.47 Pieter Pickhardt +0,45 28.21 59.38          |                |          |                |       |
|                    | Emiel Huisken +0,37 27.28 56.70 Richard Huisken +0,44 26.75 56.24            |                |          |                |       |
| 2.                 | De Futen 1   | De Futen       | 3:57.35  | <b>3:52.99</b> | +0,76 |
|                    | Lorenzo Cavallini +0,76 27.19 57.36 Erwin Sheek +0,41 27.76 59.57            |                |          |                |       |
|                    | Mike Hereijgers +0,29 28.21 1:00.53 Matteo Mattacchione +0,22 26.19 55.53    |                |          |                |       |
| 3.                 | WVZ 1  | WVZ            | 3:45.58  | <b>3:56.03</b> | +0,69 |
|                    | Rens Post +0,69 27.66 59.90 Bas v.d. Laan +0,24 29.08 1:02.29                |                |          |                |       |
|                    | Ivo Roozeboom +0,29 28.51 58.99 Mark Costeris +0,45 26.33 54.85              |                |          |                |       |
| <b>100+, Mixed</b> |  |                |          |                |       |
| 1.                 | Steenwijk 1934 1   | Steenwijk 1934 | 4:37.20  | <b>4:50.50</b> | +0,90 |
|                    | Lonneke Oenema +0,90 35.22 1:16.70 Tara Keijzer +0,59 38.50 1:23.28          |                |          |                |       |
|                    | Huyb Stegeman +0,52 33.52 1:11.47 Mike Koelewijn +0,32 28.35 59.05           |                |          |                |       |

Event 39, 4 x 100m Freestyle

120+, Women

|   |   |   |  |                      |
|---|---|---|--|----------------------|
| 1. DAW 1<br>Petra Tossings<br>Esther Steltenpohl                      | DAW<br>+0,79 36.32 1:16.88<br>+0,64 34.76 1:14.28                 | 4:50.57<br>Sandra Pannekeet<br>Bianca Paape                   | +0,37 33.45 1:11.67<br>+0,54 31.11 1:06.44 | <b>4:49.27</b> +0,79 |
| 2. ZPB H&L Productions 1<br>Linda Janssen<br>Clementine van Bruxvoort | ZPB H&L Productions<br>+0,88 32.73 1:09.06<br>+0,47 41.26 1:26.68 | 4:49.74<br>Maaïke van Diggele<br>Christine Moerkerken-Beukema | +0,09 34.35 1:12.68<br>+0,70 33.21 1:10.56 | <b>4:58.98</b> +0,88 |
| 3. WVZ 1<br>Marie-Josée Matte<br>Petra Versteegen                     | WVZ<br>+0,87 38.84 1:23.97<br>+0,18 34.61 1:15.26                 | 4:54.97<br>Tessa Verheijdt<br>Monique Pronk                   | +0,32 34.99 1:14.36<br>+0,72 33.59 1:11.10 | <b>5:04.69</b> +0,87 |

120+, Men

|   |  |   |  |                      |
|---|--|---|--|----------------------|
| 1. d'ELFT WAVE (SG) 1<br>Menno Lomans<br>Marc Bleeker | d'ELFT WAVE (SG)<br>+0,80 32.65 1:08.97<br>+0,66 31.81 1:05.88 | 4:29.85<br>Mark den Blanken<br>Marc Verhaeg     | +0,12 32.30 1:07.93<br>+0,36 30.22 1:04.52 | <b>4:27.30</b> +0,80 |
| 2. De Rijn 1<br>Erwin van den Born<br>Hans de Korte   | De Rijn<br>+0,95 29.07 1:02.43<br>+0,45 31.79 1:07.50          | 4:14.91<br>Ruud Sloof<br>Roderick van Doeselaar | +0,70 38.04 1:22.64<br>+0,51 26.92 56.19   | <b>4:28.76</b> +0,95 |
| 3. ZOB'66 1<br>Ruben Stolk<br>Dré Klaassen            | ZOB'66<br>+0,78 29.66 1:04.46<br>+0,43 40.81 1:28.39           | 4:30.68<br>Harmen Reemst<br>Ferry Blangé        | +0,35 33.09 1:12.37<br>+0,33 28.24 1:01.24 | <b>4:46.46</b> +0,78 |

120+, Mixed

|  |   |  |  |                      |
|--|---|--|--|----------------------|
| 1. De Futen 2<br>Petra Benani-Wolsing<br>Tony de Groot   | De Futen<br>+0,78 30.62 1:04.87<br>+0,34 33.63 1:13.52  | 4:44.54<br>Hans Cligge<br>Erwin Zuidervelt         | +0,43 33.40 1:10.91<br>+0,28 28.39 1:01.63 | <b>4:30.93</b> +0,78 |
| 2. Den Doorn 1<br>Lars Duijnhouwer<br>Ineke Branderhorst | Den Doorn<br>+0,79 29.54 1:02.76<br>+0,58 44.92 1:40.86 | 5:07.22<br>Wouter van der Stelt<br>Antoinette Kant | +0,49 32.05 1:08.02<br>+0,69 37.91 1:22.90 | <b>5:14.54</b> +0,79 |

160+, Men

|  |   |   |  |                      |
|--|---|---|--|----------------------|
| 1. PLONS 1<br><i>Nederlands Masters Record</i><br>Jerry Grondel<br>Stan Dekker | PLONS<br>+0,73 29.21 1:02.06<br>+0,48 28.09 1:00.60                   | 4:09.50<br>Richard Broer<br>Bart Groenemans   | +0,70 32.20 1:07.79<br>+0,34 27.78 58.43   | <b>4:08.88</b> +0,73 |
| 2. RZ 1<br>Gino Martijn<br>Mark van Wingerden                                  | RZ<br>+0,71 30.05 1:06.44<br>+0,20 31.14 1:06.87                      | 4:28.42<br>Dimitrie Sonnemans<br>Ralph Caster | +0,42 28.77 1:00.61<br>+0,37 31.73 1:09.10 | <b>4:23.02</b> +0,71 |
| 3. PSV 2<br>Martin Teley<br>Rob Hanou  | PSV<br>+0,71 27.24 57.39<br>+0,64 38.92 1:23.95                       | 4:23.49<br>Harold Matla<br>Wesley van Diejen  | +0,36 30.49 1:03.43<br>+0,54 29.03 1:01.81 | <b>4:26.58</b> +0,71 |
| 4. Zwemvereniging Westland 1<br>Fred Dijkshoorn<br>Ronald Koeckhoven           | Zwemvereniging Westland<br>+0,85 31.81 1:06.91<br>+0,31 28.22 1:00.03 | 4:30.78<br>Paul Spaans<br>Mark Nuijten        | +0,64 37.15 1:18.20<br>+0,36 31.77 1:06.46 | <b>4:31.60</b> +0,85 |

160+, Mixed

|   |  |  |  |                      |
|---|--|--|--|----------------------|
| 1. Zoetermeer 1<br>Delia Badoux<br>Simon van Ravesteijn | Zoetermeer<br>+0,75 31.21 1:05.65<br>+0,61 29.96 1:02.47 | 4:20.55<br>John Stoffer<br>Chita van der Goorbergh | +0,34 32.00 1:09.13<br>+0,46 33.14 1:11.20 | <b>4:28.45</b> +0,75 |
| 2. PLONS 1<br>Francois Boudreault<br>Inge Wolfs         | PLONS<br>+0,80 29.77 1:03.48<br>+0,62 35.52 1:15.33      | 4:35.00<br>Marije Bouma<br>Leo den Dekker          | +0,32 30.74 1:04.96<br>+0,61 31.60 1:06.02 | <b>4:29.79</b> +0,80 |

240+, Women

|   |   |   |  |                      |
|---|---|---|--|----------------------|
| 1. PSV 1<br><i>Nederlands Masters Record</i><br>Corrie Verhoeven<br>Lottie Geurts | PSV<br>+0,82 38.28 1:22.03<br>+0,62 46.07 1:34.85 | 5:35.48<br>Gonnie Bak<br>Liselotte Joling | +0,56 47.07 1:36.99<br>+0,85 32.27 1:07.22 | <b>5:41.09</b> +0,82 |
|---|---|---|--|----------------------|



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 39, 4 x 100m Freestyle

240+, Mixed

|   |   |                    |  |                            |                                      |       |
|---|---|--------------------|--|----------------------------|--------------------------------------|-------|
| 1. WS Twente 1<br>Frans van Enst<br>Marijke Kraak-Beckers | WS Twente<br>+1,00 35.86<br>+0,25 35.08 | 1:19.54<br>1:14.52 | 5:00.07<br>Jeannette Ruesink<br>Hugo Staudt  | +0,16 35.37<br>+0,24 34.69 | <b>5:00.40</b><br>1:13.90<br>1:12.44 | +1,00 |
| 2. Old Dutch 1<br>Marc van Nassau<br>Truus Ruitter        | Old Dutch<br>+0,89 34.83<br>55.36       | 1:21.38<br>2:02.99 | 6:25.53<br>Karin van den Heuvel<br>Nico Baay | +0,49 39.03<br>+0,77 47.98 | <b>6:30.35</b><br>1:22.06<br>1:43.92 | +0,89 |
| WDR ZVVS 1  | ZVVS                                    |                    | 5:07.57                                      |                            |                                      |       |

Event 40  
04-05-2014 - 14:27

Women, 200m Backstroke

Masters Open  
Results

| rang naam                 | vereniging          | inschrijftijd       | tijd             | RT    | 50m   | 100m    | 150m    | 200m    |
|---------------------------|---------------------|---------------------|------------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b>        |                     |                     |                  |       |       |         |         |         |
| 1. Manon van Strien       | WVZ                 | 2:31.98 199400770   | <b>2:33.34</b>   | +0,92 | 34.97 | 1:13.70 | 1:54.27 | 2:33.34 |
| 2. Désirée Emmen          | De Warande          | 2:26.92 199204862   | <b>2:33.75</b>   | +0,76 | 34.68 | 1:12.44 | 1:54.00 | 2:33.75 |
| 3. Iris Pijtak            | AZ&PC               | 2:28.70 199300602   | <b>2:37.06</b>   | +1,18 | 36.58 | 1:16.77 | 1:58.16 | 2:37.06 |
| 4. Sigrid Dogger          | De Zwoer            | 2:36.56 199200452   | <b>2:37.13</b>   | +0,67 | 36.77 | 1:16.88 | 1:57.75 | 2:37.13 |
| 5. Ilse Noorlander        | d'ELFT WAVE (SG)    | 2:48.64 199307810   | <b>2:46.31</b>   | +0,69 | 38.41 | 1:20.68 | 2:03.75 | 2:46.31 |
| 6. Simone de Boer         | LZ 1886             | 2:42.22 199306858   | <b>2:49.32</b>   | +0,75 | 39.68 | 1:22.36 | 2:06.16 | 2:49.32 |
| 7. Lindsey Hol            | De Meer             | 2:57.60 199008088   | <b>2:49.66</b>   | +0,72 | 40.81 | 1:23.50 | 2:06.80 | 2:49.66 |
| 8. Maaïke de Boer         | De Duinkickers      | 2:38.33 199000362   | <b>2:50.82</b>   | +0,81 | 39.93 | 1:23.19 | 2:07.20 | 2:50.82 |
| 9. Getrude Corporaal      | ZVZ                 | 2:47.36 199200380   | <b>2:53.88</b>   | +0,75 | 39.79 | 1:23.13 | 2:09.76 | 2:53.88 |
| 10. Eline Schoenmaker     | Zwemlust-den Hommel | 2:59.60 199003322   | <b>2:59.65</b>   | +0,67 | 42.82 | 1:29.05 | 2:15.30 | 2:59.65 |
| 11. Denise Austen         | RZ                  | 2:39.08 199303778   | <b>3:01.66</b>   | +1,18 | 42.05 | 1:28.20 | 2:15.80 | 3:01.66 |
| 12. Maaïke Hofland        | Sassenheim          | 2:56.84 199203754   | <b>3:03.05</b>   | +0,90 | 42.63 | 1:28.96 | 2:16.90 | 3:03.05 |
| 13. Pauline Magnée        | De Warande          | 3:03.61 199205434   | <b>3:11.11</b>   | +0,76 | 45.63 | 1:33.30 | 2:23.17 | 3:11.11 |
| <b>Masters 25+</b>        |                     |                     |                  |       |       |         |         |         |
| 1. Samantha van Eijk      | De Geul             | 2:30.33 198806826   | <b>2:35.81</b>   | +0,77 | 36.87 | 1:16.70 | 1:57.09 | 2:35.81 |
| 2. Anna Boef              | LZ 1886             | 2:44.46 198806288   | <b>2:38.81</b>   | +0,71 | 37.13 | 1:16.90 | 1:57.75 | 2:38.81 |
| 3. Rianne Hofland         | Sassenheim          | 2:34.52 198801820   | <b>2:43.69</b>   | +0,80 | 39.19 | 1:20.58 | 2:02.44 | 2:43.69 |
| 4. Ilse van den Wijngaard | ZPC Woerden         | 2:38.24 198904736   | <b>2:45.35</b>   | +0,73 | 38.92 | 1:21.28 | 2:03.81 | 2:45.35 |
| 5. Marije van Manen       | AZ&PC               | 2:48.84 198602386   | <b>2:50.30</b>   | +0,64 | 38.74 | 1:21.82 | 2:06.78 | 2:50.30 |
| 6. Lisette Prins          | WVZ                 | 2:46.71 198803522   | <b>2:55.57</b>   | +0,79 | 39.81 | 1:23.65 | 2:10.04 | 2:55.57 |
| 7. Milja Breed            | Torpedo             | 2:58.05 198800594   | <b>2:57.94</b> * | +0,78 | 41.24 | 1:25.97 | 2:12.81 | 2:57.94 |
| 8. Maaïke van Diggele     | ZPB H&L Productions | 3:00.17 198700868   | <b>3:08.93</b>   | +1,25 | 45.44 | 1:32.84 | 2:21.53 | 3:08.93 |
| 9. Isaline Manchel        | CNSW                | 3:07.20 CNSW/475/85 | <b>3:11.61</b>   | +0,66 | 45.13 | 1:33.86 | 2:23.22 | 3:11.61 |
| <b>Masters 30+</b>        |                     |                     |                  |       |       |         |         |         |
| 1. Tonia Ruybroek         | Poseidon'56         | 2:38.38 198101290   | <b>2:41.85</b>   | +0,76 | 37.15 | 1:17.58 | 2:00.04 | 2:41.85 |
| 2. Marijke Dirkse         | IJZPC               | 3:17.91 198403480   | <b>3:09.13</b>   | +0,79 | 45.40 | 1:31.85 | 2:21.27 | 3:09.13 |
| WDR Ramona Linting        | Zoetermeer          | 3:00.05 198301274   |                  |       |       |         |         |         |
| <b>Masters 40+</b>        |                     |                     |                  |       |       |         |         |         |
| 1. Trudie van Niejenhuis  | TZC-Vahalis         | 2:59.51 197100444   | <b>3:02.05</b>   | +0,78 | 43.44 | 1:30.21 | 2:17.35 | 3:02.05 |
| 2. Henriëtte Manting      | GZVW                | 3:01.49 197100246   | <b>3:14.99</b>   | +0,79 | 44.57 | 1:34.32 | 2:25.40 | 3:14.99 |
| 3. Ingrid Versteegen      | DBD                 | 3:23.65 197300770   | <b>3:28.88</b>   | +0,82 | 50.53 | 1:43.67 | 2:37.26 | 3:28.88 |
| <b>Masters 45+</b>        |                     |                     |                  |       |       |         |         |         |
| 1. Heidi van Stein        | LZ 1886             | 2:49.20 196900864   | <b>2:49.20</b>   | +0,74 | 39.18 | 1:21.16 | 2:05.55 | 2:49.20 |
| 2. Laura Staal            | Oceanus             | 2:54.65 196700358   | <b>3:02.58</b>   | +0,77 | 42.90 | 1:29.43 | 2:16.37 | 3:02.58 |
| 3. Ellen van Wingerden    | DWK                 | 3:05.98 196900970   | <b>3:04.80</b>   | +0,76 | 42.88 | 1:29.98 | 2:18.21 | 3:04.80 |
| 4. Wendy Knoops           | RZ                  | 2:59.96 196800720   | <b>3:15.00</b>   | +0,88 | 45.54 | 1:35.75 | 2:27.56 | 3:15.00 |
| 5. Esther Mijnen          | ZV De Zaan          | 3:09.71 196900846   | <b>3:19.00</b>   | +1,34 | 46.54 | 1:36.88 | 2:29.12 | 3:19.00 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 40, Women, 200m Backstroke

Masters 50+

|                        |                  |         |           |                |       |       |         |         |         |
|------------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. M. Grove-Lingeman   | Oceanus          | 3:05.14 | 196200080 | <b>3:03.13</b> | +0,79 | 41.56 | 1:27.93 | 2:15.68 | 3:03.13 |
| 2. J. Rolloos-Bakker   | De Lansingh      | 2:54.47 | 196300222 | <b>3:06.01</b> | +1,21 | 42.67 | 1:29.50 | 2:18.61 | 3:06.01 |
| 3. Inge Wolfs          | PLONS            | 3:06.12 | 196000304 | <b>3:09.38</b> | +0,79 | 45.59 | 1:33.32 | 2:20.85 | 3:09.38 |
| 4. Marie-Josée Matte   | WVZ              | 3:17.62 | 196000326 | <b>3:25.44</b> | +0,80 | 45.84 | 1:38.19 | 2:32.40 | 3:25.44 |
| 5. J. Resink-Lindeboom | DWK              | 3:29.94 | 196000142 | <b>3:42.39</b> | +0,88 | 52.74 | 1:47.99 | 2:46.21 | 3:42.39 |
| 6. Alie Visser         | HZ&PC Heerenveen | 3:39.16 | 196400494 | <b>3:42.50</b> | +1,31 | 49.98 | 1:46.00 | 2:45.18 | 3:42.50 |
| WDR Judith Cromjongh   | De Zwoer         | 2:45.22 | 196400054 |                |       |       |         |         |         |

Masters 55+

|                   |            |         |           |                |       |       |         |         |         |
|-------------------|------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Mathilde Vink  | Swol 1894  | 3:09.53 | 195800128 | <b>3:19.66</b> | +0,97 | 48.08 | 1:39.25 | 2:31.29 | 3:19.66 |
| 2. Margriet Pasma | De Pinquin | 3:14.27 | 195500088 | <b>3:28.82</b> | +0,79 | 49.84 | 1:42.71 | 2:36.34 | 3:28.82 |

Masters 60+

|                        |                         |         |           |                |       |         |         |         |         |
|------------------------|-------------------------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Carla Hensen        | PSV                     | 3:39.35 | 195300062 | <b>3:32.74</b> | +0,83 | 49.39   | 1:43.91 | 2:39.11 | 3:32.74 |
| 2. Tineke Brouwer-Maat | Zwemvereniging Westland | 3:36.84 | 195300074 | <b>3:42.77</b> | +0,85 | 53.54   | 1:51.69 | 2:50.01 | 3:42.77 |
| 3. Ineke Meijer        | HZ&PC Heerenveen        | 3:32.88 | 195200034 | <b>3:48.97</b> | +0,75 | 54.57   | 1:52.82 | 2:52.60 | 3:48.97 |
| 4. A. Gilding-Tussaud  | WS Twente               | 3:47.27 | 195000038 | <b>3:51.10</b> | +0,79 | 53.81   | 1:53.94 | 2:54.52 | 3:51.10 |
| 5. Janny van der Weide | Deltasteur              | 5:44.02 | 195100066 | <b>6:07.17</b> | +0,54 | 1:24.14 | 2:59.32 | 4:37.64 | 6:07.17 |

Masters 65+

|                         |       |         |           |                |       |         |         |         |         |
|-------------------------|-------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Loekie v. Huissteden | AZ&PC | 4:17.78 | 194500002 | <b>4:39.59</b> | +0,94 | 1:02.90 | 2:15.01 | 3:29.79 | 4:39.59 |
|-------------------------|-------|---------|-----------|----------------|-------|---------|---------|---------|---------|

Masters 70+

|                 |           |         |           |                |         |         |         |         |         |
|-----------------|-----------|---------|-----------|----------------|---------|---------|---------|---------|---------|
| 1. Truus Ruiter | Old Dutch | 4:27.94 | 194000004 | <b>4:53.23</b> | * +0,78 | 1:09.81 | 2:24.98 | 3:41.56 | 4:53.23 |
|-----------------|-----------|---------|-----------|----------------|---------|---------|---------|---------|---------|

Masters 80+

|                 |           |         |           |                |       |         |         |         |         |
|-----------------|-----------|---------|-----------|----------------|-------|---------|---------|---------|---------|
| 1. Annie de Vos | Old Dutch | 4:36.69 | 193400004 | <b>5:01.82</b> | +0,84 | 1:08.58 | 2:25.44 | 3:44.07 | 5:01.82 |
|-----------------|-----------|---------|-----------|----------------|-------|---------|---------|---------|---------|

Event 41  
04-05-2014 - 14:51

Men, 200m Backstroke

Masters Open  
Results

| rang naam                        | vereniging          | inschrijftijd |           | tijd           | RT    | 50m   | 100m    | 150m    | 200m    |
|----------------------------------|---------------------|---------------|-----------|----------------|-------|-------|---------|---------|---------|
| <b>Masters 20+</b>               |                     |               |           |                |       |       |         |         |         |
| 1. Ensger Kotterink              | Albion              | 1:58.61       | 199403391 | <b>2:10.58</b> | +0,57 | 30.40 | 1:03.41 | 1:37.15 | 2:10.58 |
| <i>Nederlands Masters Record</i> |                     |               |           |                |       |       |         |         |         |
| 2. Bruno Carissimi Boff          | WVZ                 | 2:24.10       | 199207283 | <b>2:23.37</b> | +0,67 | 34.68 | 1:11.34 | 1:47.88 | 2:23.37 |
| 3. Jasper de Boer                | ZPC De Hof          | 2:16.91       | 199300051 | <b>2:25.39</b> | +0,78 | 34.10 | 1:10.46 | 1:48.63 | 2:25.39 |
| 4. Sjoerd Sieval                 | LZ 1886             | 2:28.29       | 199002663 | <b>2:33.03</b> | +1,16 | 36.49 | 1:14.92 | 1:54.53 | 2:33.03 |
| <b>Masters 25+</b>               |                     |               |           |                |       |       |         |         |         |
| 1. Hjalmar de Ruiter             | NDD                 | 2:15.57       | 198902695 | <b>2:24.71</b> | +0,69 | 33.30 | 1:10.60 | 1:48.23 | 2:24.71 |
| 2. Martijn Giezen                | Montferland         | 2:17.36       | 198500813 | <b>2:26.19</b> | +0,72 | 33.46 | 1:10.36 | 1:49.11 | 2:26.19 |
| 3. Paul Notenboom                | Strijen             | 2:46.07       | 198805513 | <b>2:45.56</b> | +0,73 | 39.27 | 1:21.59 | 2:04.79 | 2:45.56 |
| 4. Marc Verhaeg                  | d'ELFT WAVE (SG)    | 2:30.94       | 198905665 | <b>2:45.84</b> | +0,71 | 37.86 | 1:19.32 | 2:02.96 | 2:45.84 |
| WDR Niels Albrechts              | MGO (SG)            | 2:33.55       | 198800039 |                |       |       |         |         |         |
| <b>Masters 30+</b>               |                     |               |           |                |       |       |         |         |         |
| 1. Thommy Nickel                 | Van Vliet-Barracuda | 2:25.95       | 198401627 | <b>2:24.61</b> | +0,80 | 33.99 | 1:10.00 | 1:47.50 | 2:24.61 |
| 2. Marcel Reefhuis               | WS Twente           | 2:30.94       | 198101381 | <b>2:34.88</b> | +0,64 | 35.83 | 1:15.52 | 1:55.78 | 2:34.88 |
| 3. Marco van Antwerpen           | Strijen             | 2:42.27       | 198000027 | <b>2:56.17</b> | +0,93 | 41.88 | 1:27.50 | 2:14.02 | 2:56.17 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 41, Men, 200m Backstroke

Masters 35+

|                     |            |         |           |                |       |       |         |         |         |
|---------------------|------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Dennis Brouwers  | HZPC       | 2:14.41 | 197800167 | <b>2:19.68</b> | +1,27 | 33.49 | 1:08.73 | 1:44.00 | 2:19.68 |
| 2. Ivo Roozeboom    | WVZ        | 2:25.12 | 197700801 | <b>2:30.85</b> | +0,75 | 35.76 | 1:15.08 | 1:54.30 | 2:30.85 |
| 3. Stan Dekker      | PLONS      | 2:31.63 | 197901823 | <b>2:33.60</b> | +0,72 | 35.95 | 1:13.97 | 1:53.95 | 2:33.60 |
| 4. Alex Damen       | DAW        | 2:30.97 | 197501371 | <b>2:42.75</b> | +0,88 | 37.61 | 1:18.28 | 2:00.86 | 2:42.75 |
| 5. Markus van Rest  | Zoetermeer | 2:31.42 | 197701197 | <b>2:46.13</b> | +0,79 | 37.94 | 1:20.78 | 2:04.34 | 2:46.13 |
| 6. Arjan Aalbers    | Swol 1894  | 2:42.01 | 197500001 | <b>2:46.43</b> | +0,78 | 38.02 | 1:20.70 | 2:04.56 | 2:46.43 |
| 7. Erwin Zuidervelt | De Futen   | 2:41.19 | 197501015 | <b>2:47.51</b> | +0,68 | 38.86 | 1:20.30 | 2:04.15 | 2:47.51 |
| 8. Gino Martijn     | RZ         | 2:57.38 | 197901865 | <b>3:00.87</b> | +0,73 | 43.05 | 1:28.91 | 2:16.51 | 3:00.87 |

Masters 40+

|                    |                  |         |           |                |       |       |         |         |         |
|--------------------|------------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Gerard Eghuizen | HZ&PC Heerenveen | 2:35.92 | 197400197 | <b>2:42.01</b> | +0,86 | 36.84 | 1:15.96 | 1:58.97 | 2:42.01 |
| 2. Remco Plass     | De Lansingh      | 2:38.06 | 197300687 | <b>2:45.42</b> | +0,79 | 38.58 | 1:20.55 | 2:04.19 | 2:45.42 |

Masters 45+

|                    |           |         |           |                |       |       |         |         |         |
|--------------------|-----------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Arjan Bellaart  | Oceanus   | 2:32.91 | 196900079 | <b>2:33.27</b> | +1,23 | 35.56 | 1:13.75 | 1:53.53 | 2:33.27 |
| 2. Guido Keutgen   | AZC       | 2:30.38 | 196801551 | <b>2:35.23</b> | +0,69 | 35.39 | 1:14.62 | 1:55.51 | 2:35.23 |
| 3. J. van den Berg | WVZ       | 2:32.29 | 196801575 | <b>2:40.69</b> | +0,80 | 35.53 | 1:15.11 | 1:57.55 | 2:40.69 |
| 4. Ron Korzelius   | AZ&PC     | 2:37.48 | 196500513 | <b>2:40.97</b> | +0,72 | 37.18 | 1:17.71 | 2:00.01 | 2:40.97 |
| 5. Harold Matla    | PSV       | 2:56.51 | 196800591 | <b>2:51.85</b> | +0,82 | 41.33 | 1:24.74 | 2:09.32 | 2:51.85 |
| 6. Nico Swart      | Den Doorn | 2:47.12 | 196801475 | <b>2:52.25</b> | +1,33 | 40.23 | 1:24.83 | 2:10.48 | 2:52.25 |

Masters 50+

|                     |                |         |           |                |       |       |         |         |         |
|---------------------|----------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Johan Remmits    | ZPC Woerden    | 2:27.40 | 196201159 | <b>2:32.64</b> | +0,82 | 35.69 | 1:13.53 | 1:53.03 | 2:32.64 |
| 2. John Stokx       | DAW            | 2:49.70 | 196401341 | <b>2:49.20</b> | +0,74 | 38.86 | 1:22.00 | 2:05.92 | 2:49.20 |
| 3. Casper Dollekamp | Steenwijk 1934 | 3:00.84 | 196301341 | <b>3:01.16</b> | +0,77 | 42.52 | 1:28.94 | 2:15.12 | 3:01.16 |
| 4. Jack Barends     | WS Twente      | 3:03.38 | 196201011 | <b>3:05.82</b> | +0,84 | 43.56 | 1:30.02 | 2:17.98 | 3:05.82 |
| 5. Bart van Calker  | WS Twente      | 3:15.06 | 196100067 | <b>3:15.47</b> | +0,75 | 46.10 | 1:34.54 | 2:25.81 | 3:15.47 |

Masters 55+

|                 |            |         |           |                |       |       |         |         |         |
|-----------------|------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Andre Storm  | Zoetermeer | 3:02.01 | 195600407 | <b>3:06.81</b> | +0,59 | 43.47 | 1:31.10 | 2:20.20 | 3:06.81 |
| 2. Dré Klaassen | ZOB'66     | 3:29.07 | 195600141 | <b>3:44.03</b> | +0,85 | 53.87 | 1:51.49 | 2:48.85 | 3:44.03 |

Masters 60+

|                |         |         |           |                |       |       |         |         |         |
|----------------|---------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Brend Brevé | PSV     | 2:51.08 | 195200265 | <b>2:49.50</b> | +0,79 | 40.16 | 1:23.10 | 2:07.28 | 2:49.50 |
| 2. Jos Kamps   | De Amer | 3:37.48 | 195100085 | <b>3:36.47</b> | +0,78 | 49.53 | 1:45.92 | 2:42.95 | 3:36.47 |

Masters 65+

|                  |                |         |        |                |       |       |         |         |         |
|------------------|----------------|---------|--------|----------------|-------|-------|---------|---------|---------|
| 1. Ludwig Lorenz | SV Gladbeck 13 | 3:29.12 | 127866 | <b>3:32.45</b> | +0,88 | 50.43 | 1:45.32 | 2:40.79 | 3:32.45 |
|------------------|----------------|---------|--------|----------------|-------|-------|---------|---------|---------|

Masters 70+

|                   |           |         |           |                |       |       |         |         |         |
|-------------------|-----------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Frans van Enst | WS Twente | 3:09.52 | 194000011 | <b>3:18.53</b> | +1,16 | 46.80 | 1:36.61 | 2:30.43 | 3:18.53 |
|-------------------|-----------|---------|-----------|----------------|-------|-------|---------|---------|---------|

Masters 75+

|                 |               |         |           |                |       |       |         |         |         |
|-----------------|---------------|---------|-----------|----------------|-------|-------|---------|---------|---------|
| 1. Nic Geers    | Z&PC De Gouwe | 3:22.51 | 193800007 | <b>3:46.37</b> | +0,91 | 55.78 | 1:55.48 | 2:52.36 | 3:46.37 |
| 2. Jan Eichhorn | ZV Haerlem    | 3:48.36 | 193700015 | <b>3:56.39</b> | +0,89 | 53.48 | 1:53.17 | 2:54.78 | 3:56.39 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 42  
04-05-2014 - 15:08

Women, 400m Medley

Masters Open  
Results

| rang               | naam  | vereniging                                 | inschrijftijd                              | startnr.                                   | tijd           | RT    |
|--------------------|---|--|--|--|----------------|-------|
| <b>Masters 20+</b> |   |  |  |  |                |       |
| 1.                 | Marjolein Maris<br><i>Kampioenschaps Record</i> | De Houtrib                                 | 5:17.49                                    | 199400210                                  | <b>5:30.27</b> | +0,69 |
|                    | 50m: 32.62 32.62<br>100m: 1:10.90 38.28         | 150m: 1:51.56 40.66<br>200m: 2:31.87 40.31 | 250m: 3:21.00 49.13<br>300m: 4:11.03 50.03 | 350m: 4:50.47 39.44<br>400m: 5:30.27 39.80 |                |       |
| 2.                 | Suzanne Brummel                                 | LZ 1886                                    | 5:38.60                                    | 199401366                                  | <b>5:30.66</b> | +0,82 |
|                    | 50m: 34.04 34.04<br>100m: 1:15.16 41.12         | 150m: 2:01.00 45.84<br>200m: 2:45.11 44.11 | 250m: 3:30.19 45.08<br>300m: 4:14.82 44.63 | 350m: 4:53.38 38.56<br>400m: 5:30.66 37.28 |                |       |
| 3.                 | Maaïke Vooren                                   | DAW  | 5:37.45                                    | 199103324                                  | <b>5:31.81</b> | +0,80 |
|                    | 50m: 34.10 34.10<br>100m: 1:15.21 41.11         | 150m: 2:00.48 45.27<br>200m: 2:45.06 44.58 | 250m: 3:31.03 45.97<br>300m: 4:18.02 46.99 | 350m: 4:55.72 37.70<br>400m: 5:31.81 36.09 |                |       |
| 4.                 | Jasmijn Ruijgrok                                | De Zijl/LGB                                | 5:54.30                                    | 199401032                                  | <b>5:39.44</b> | +0,86 |
|                    | 50m: 34.01 34.01<br>100m: 1:13.78 39.77         | 150m: 2:01.11 47.33<br>200m: 2:45.48 44.37 | 250m: 3:34.09 48.61<br>300m: 4:21.78 47.69 | 350m: 5:01.44 39.66<br>400m: 5:39.44 38.00 |                |       |
| 5.                 | Wendy de Bruin                                  | ZOB'66                                     | 5:38.15                                    | 199206320                                  | <b>5:52.64</b> | +0,69 |
|                    | 50m: 35.73 35.73<br>100m: 1:20.16 44.43         | 150m: 2:06.43 46.27<br>200m: 2:51.65 45.22 | 250m: 3:42.56 50.91<br>300m: 4:33.47 50.91 | 350m: 5:14.07 40.60<br>400m: 5:52.64 38.57 |                |       |
| 6.                 | Irmgard van Weeghel                             | Octopus                                    | 5:50.20                                    | 199204834                                  | <b>6:17.03</b> | +0,74 |
|                    | 50m: 39.05 39.05<br>100m: 1:27.41 48.36         | 150m: 2:16.90 49.49<br>200m: 3:03.96 47.06 | 250m: 3:57.72 53.76<br>300m: 4:52.04 54.32 | 350m: 5:35.65 43.61<br>400m: 6:17.03 41.38 |                |       |
| 7.                 | Mieke Cornelisse                                | Sassenheim                                 | 6:03.60                                    | 199405090                                  | <b>6:21.98</b> | +0,86 |
|                    | 50m: 36.70 36.70<br>100m: 1:25.82 49.12         | 150m: 2:14.65 48.83<br>200m: 3:03.20 48.55 | 250m: 4:00.45 57.25<br>300m: 4:57.50 57.05 | 350m: 5:40.07 42.57<br>400m: 6:21.98 41.91 |                |       |
| 8.                 | Lieke Janssen                                   | HGN (SG)                                   | 6:13.67                                    | 199305954                                  | <b>6:27.90</b> | +0,92 |
|                    | 50m: 41.28 41.28<br>100m: 1:32.26 50.98         | 150m: 2:23.41 51.15<br>200m: 3:12.17 48.76 | 250m: 4:07.62 55.45<br>300m: 5:00.46 52.84 | 350m: 5:45.00 44.54<br>400m: 6:27.90 42.90 |                |       |

**Masters 25+**

|     |  |  |  |  |                |       |
|-----|--|--|--|--|----------------|-------|
| 1.  | Marlijn Hendriksen<br><i>Nederlands Masters Record</i> | Arethusa                                   | 5:29.06                                    | 198806828                                  | <b>5:19.43</b> | +0,72 |
|     | 50m: 32.68 32.68<br>100m: 1:10.84 38.16                | 150m: 1:52.48 41.64<br>200m: 2:33.73 41.25 | 250m: 3:18.99 45.26<br>300m: 4:04.74 45.75 | 350m: 4:42.54 37.80<br>400m: 5:19.43 36.89 |                |       |
| 2.  | Samantha van Eijk                                      | De Geul                                    | 5:27.49                                    | 198806826                                  | <b>5:36.56</b> | +0,75 |
|     | 50m: 36.33 36.33<br>100m: 1:17.68 41.35                | 150m: 2:00.47 42.79<br>200m: 2:43.07 42.60 | 250m: 3:31.95 48.88<br>300m: 4:21.42 49.47 | 350m: 4:59.35 37.93<br>400m: 5:36.56 37.21 |                |       |
| 3.  | Larissa Brak   | AZ&PC                                      | 5:32.16                                    | 198800572                                  | <b>5:36.87</b> | +0,78 |
|     | 50m: 34.66 34.66<br>100m: 1:16.71 42.05                | 150m: 2:05.26 48.55<br>200m: 2:49.91 44.65 | 250m: 3:35.40 45.49<br>300m: 4:22.35 46.95 | 350m: 5:01.07 38.72<br>400m: 5:36.87 35.80 |                |       |
| 4.  | Aniek Huijsman   | De Lansingh                                | 5:40.89                                    | 198801932                                  | <b>5:57.09</b> | +0,84 |
|     | 50m: 35.49 35.49<br>100m: 1:18.51 43.02                | 150m: 2:06.33 47.82<br>200m: 2:53.52 47.19 | 250m: 3:44.01 50.49<br>300m: 4:34.92 50.91 | 350m: 5:16.91 41.99<br>400m: 5:57.09 40.18 |                |       |
| 5.  | Stephanie Rombout                                      | PSV  | 5:35.69                                    | 198803696                                  | <b>6:08.72</b> | +0,76 |
|     | 50m: 34.92 34.92<br>100m: 1:21.90 46.98                | 150m: 2:10.55 48.65<br>200m: 2:58.35 47.80 | 250m: 3:50.96 52.61<br>300m: 4:42.67 51.71 | 350m: 5:24.91 42.24<br>400m: 6:08.72 43.81 |                |       |
| 6.  | Liset de Veer  | Aqua-Novio'94                              | 6:15.32                                    | 198704190                                  | <b>6:10.33</b> | +0,85 |
|     | 50m: 38.22 38.22<br>100m: 1:23.59 45.37                | 150m: 2:11.00 47.41<br>200m: 2:57.36 46.36 | 250m: 3:52.64 55.28<br>300m: 4:47.40 54.76 | 350m: 5:29.66 42.26<br>400m: 6:10.33 40.67 |                |       |
| 7.  | Milja Breed  | Torpedo                                    | 6:01.77                                    | 198800594                                  | <b>6:13.47</b> | +0,91 |
|     | 50m: 38.09 38.09<br>100m: 1:24.24 46.15                | 150m: 2:13.05 48.81<br>200m: 3:01.17 48.12 | 250m: 3:54.40 53.23<br>300m: 4:48.52 54.12 | 350m: 5:31.65 43.13<br>400m: 6:13.47 41.82 |                |       |
| 8.  | Sandra Koenig  | CNSW                                       | 6:20.46                                    | CNSW/612/86                                | <b>6:22.74</b> | +0,84 |
|     | 50m: 39.29 39.29<br>100m: 1:24.96 45.67                | 150m: 2:16.27 51.31<br>200m: 3:05.99 49.72 | 250m: 4:01.12 55.13<br>300m: 4:56.71 55.59 | 350m: 5:41.14 44.43<br>400m: 6:22.74 41.60 |                |       |
| 9.  | Linda Janssen  | ZPB H&L Productions                        | 5:54.61                                    | 198802088                                  | <b>6:29.78</b> | +0,89 |
|     | 50m: 40.44 40.44<br>100m: 1:34.34 53.90                | 150m: 2:26.38 52.04<br>200m: 3:15.85 49.47 | 250m: 4:10.82 54.97<br>300m: 5:06.46 55.64 | 350m: 5:50.11 43.65<br>400m: 6:29.78 39.67 |                |       |
| 10. | Desiree Baltés   | ZPC De Hof                                 | 6:26.34                                    | 198900182                                  | <b>6:48.93</b> | +1,00 |
|     | 50m: 40.98 40.98<br>100m: 1:28.86 47.88                | 150m: 2:27.99 59.13<br>200m: 3:22.38 54.39 | 250m: 4:21.14 58.76<br>300m: 5:18.98 57.84 | 350m: 6:05.45 46.47<br>400m: 6:48.93 43.48 |                |       |



Event 42, Women, 400m Medley, Masters 25+

| rang | naam              | vereniging | inschrijftijd | startnr.  | tijd           | RT    |               |       |
|------|-------------------|------------|---------------|-----------|----------------|-------|---------------|-------|
| 11.  | Karin van Leersum | Piranha    | 6:35.09       | 198802658 | <b>6:55.29</b> | +0,99 |               |       |
|      | 50m: 49.54        | 49.54      | 150m: 2:40.64 | 52.13     | 250m: 4:28.02  | 57.38 | 350m: 6:09.98 | 46.30 |
|      | 100m: 1:48.51     | 58.97      | 200m: 3:30.64 | 50.00     | 300m: 5:23.68  | 56.66 | 400m: 6:55.29 | 45.31 |

Masters 30+

|    |                      |            |               |               |                |       |               |       |
|----|----------------------|------------|---------------|---------------|----------------|-------|---------------|-------|
| 1. | Nadya Putter         | ZVVS       | 5:30.74       | 198301630     | <b>5:37.74</b> | +0,74 |               |       |
|    | 50m: 34.98           | 34.98      | 150m: 1:59.37 | 44.96         | 250m: 3:31.48  | 48.13 | 350m: 5:00.11 | 39.50 |
|    | 100m: 1:14.41        | 39.43      | 200m: 2:43.35 | 43.98         | 300m: 4:20.61  | 49.13 | 400m: 5:37.74 | 37.63 |
| 2. | Roos van Esch        | TRB-RES    | 5:40.52       | 198200468     | <b>5:46.25</b> | +0,82 |               |       |
|    | 50m: 34.82           | 34.82      | 150m: 2:00.97 | 45.49         | 250m: 3:35.56  | 50.73 | 350m: 5:06.53 | 40.13 |
|    | 100m: 1:15.48        | 40.66      | 200m: 2:44.83 | 43.86         | 300m: 4:26.40  | 50.84 | 400m: 5:46.25 | 39.72 |
| 3. | Stephanie Vaernewyck | Mega       | 5:44.11       | MEGA/20352/83 | <b>5:59.74</b> | +0,90 |               |       |
|    | 50m: 36.45           | 36.45      | 150m: 2:08.22 | 46.52         | 250m: 3:45.10  | 50.63 | 350m: 5:18.97 | 42.00 |
|    | 100m: 1:21.70        | 45.25      | 200m: 2:54.47 | 46.25         | 300m: 4:36.97  | 51.87 | 400m: 5:59.74 | 40.77 |
| 4. | Linda Hoogendam      | Zoetermeer | 6:21.08       | 198300892     | <b>6:33.55</b> | +0,72 |               |       |
|    | 50m: 39.28           | 39.28      | 150m: 2:21.49 | 51.72         | 250m: 4:10.40  | 59.29 | 350m: 5:52.65 | 42.90 |
|    | 100m: 1:29.77        | 50.49      | 200m: 3:11.11 | 49.62         | 300m: 5:09.75  | 59.35 | 400m: 6:33.55 | 40.90 |
| 5. | Annette Vogelsang    | ZV De Bron | 6:22.47       | 198402632     | <b>6:52.32</b> | +0,92 |               |       |
|    | 50m: 42.40           | 42.40      | 150m: 2:31.38 | 54.00         | 250m: 4:22.83  | 58.75 | 350m: 6:07.26 | 45.68 |
|    | 100m: 1:37.38        | 54.98      | 200m: 3:24.08 | 52.70         | 300m: 5:21.58  | 58.75 | 400m: 6:52.32 | 45.06 |

Masters 35+

|    |                                  |       |               |           |                |         |               |       |
|----|----------------------------------|-------|---------------|-----------|----------------|---------|---------------|-------|
| 1. | Liselotte Joling                 | PSV   | 5:39.72       | 197500268 | <b>5:39.61</b> | +0,97   |               |       |
|    | <i>Nederlands Masters Record</i> |       |               |           |                |         |               |       |
|    | 50m: 35.63                       | 35.63 | 150m: 2:03.89 | 46.39     | 250m: 3:35.66  | 47.85   | 350m: 5:03.15 | 38.66 |
|    | 100m: 1:17.50                    | 41.87 | 200m: 2:47.81 | 43.92     | 300m: 4:24.49  | 48.83   | 400m: 5:39.61 | 36.46 |
| 2. | Paula 't Hart-Buitelaar          | ZVVS  | 7:09.40       | 197701132 | <b>7:15.96</b> | +0,80   |               |       |
|    | 50m: 45.20                       | 45.20 | 150m: 2:39.22 | 55.25     | 250m: 4:33.38  | 59.76   | 350m: 6:24.55 | 49.02 |
|    | 100m: 1:43.97                    | 58.77 | 200m: 3:33.62 | 54.40     | 300m: 5:35.53  | 1:02.15 | 400m: 7:15.96 | 51.41 |

Masters 40+

|     |                   |           |               |           |                |         |               |       |
|-----|-------------------|-----------|---------------|-----------|----------------|---------|---------------|-------|
| 1.  | Annette de Visser | Oceanus   | 6:10.35       | 197100602 | <b>6:14.39</b> | +0,94   |               |       |
|     | 50m: 39.90        | 39.90     | 150m: 2:23.44 | 51.80     | 250m: 4:04.01  | 52.44   | 350m: 5:36.11 | 39.29 |
|     | 100m: 1:31.64     | 51.74     | 200m: 3:11.57 | 48.13     | 300m: 4:56.82  | 52.81   | 400m: 6:14.39 | 38.28 |
| 2.  | Annet Kootstra    | Swol 1894 | 6:34.12       | 197100344 | <b>6:54.40</b> | +0,93   |               |       |
|     | 50m: 42.82        | 42.82     | 150m: 2:32.81 | 57.15     | 250m: 4:24.63  | 55.72   | 350m: 6:08.58 | 46.40 |
|     | 100m: 1:35.66     | 52.84     | 200m: 3:28.91 | 56.10     | 300m: 5:22.18  | 57.55   | 400m: 6:54.40 | 45.82 |
| 3.  | Ageeth Boomsma    | Orca      | 6:45.07       | 197000826 | <b>6:57.32</b> | +0,93   |               |       |
|     | 50m: 48.54        | 48.54     | 150m: 2:37.63 | 52.65     | 250m: 4:26.60  | 56.60   | 350m: 6:12.36 | 47.50 |
|     | 100m: 1:44.98     | 56.44     | 200m: 3:30.00 | 52.37     | 300m: 5:24.86  | 58.26   | 400m: 6:57.32 | 44.96 |
| 4.  | Ingrid Versteegen | DBD       | 7:09.45       | 197300770 | <b>7:37.99</b> | +0,99   |               |       |
|     | 50m: 55.88        | 55.88     | 150m: 2:57.13 | 57.33     | 250m: 4:56.64  | 1:04.97 | 350m: 6:50.94 | 48.45 |
|     | 100m: 1:59.80     | 1:03.92   | 200m: 3:51.67 | 54.54     | 300m: 6:02.49  | 1:05.85 | 400m: 7:37.99 | 47.05 |
| WDR | Claudia Broeke    | De Fuut   | 6:44.14       | 197300058 |                |         |               |       |

Masters 45+

|    |                              |                    |               |           |                |       |               |       |
|----|------------------------------|--------------------|---------------|-----------|----------------|-------|---------------|-------|
| 1. | Bridget Bewick               | Maidenhead Marlins | 6:01.58       | 36934     | <b>5:56.08</b> | +0,92 |               |       |
|    | <i>Kampioenschaps Record</i> |                    |               |           |                |       |               |       |
|    | 50m: 35.99                   | 35.99              | 150m: 2:05.31 | 45.65     | 250m: 3:41.29  | 50.16 | 350m: 5:14.75 | 42.17 |
|    | 100m: 1:19.66                | 43.67              | 200m: 2:51.13 | 45.82     | 300m: 4:32.58  | 51.29 | 400m: 5:56.08 | 41.33 |
| 2. | Laura Staal                  | Oceanus            | 6:20.20       | 196700358 | <b>6:13.48</b> | +0,91 |               |       |
|    | 50m: 41.81                   | 41.81              | 150m: 2:21.65 | 50.29     | 250m: 4:01.83  | 51.83 | 350m: 5:34.92 | 40.89 |
|    | 100m: 1:31.36                | 49.55              | 200m: 3:10.00 | 48.35     | 300m: 4:54.03  | 52.20 | 400m: 6:13.48 | 38.56 |
| 3. | Karin van den Heuvel         | Old Dutch          | 6:38.07       | 196600188 | <b>6:46.87</b> | +0,91 |               |       |
|    | 50m: 42.17                   | 42.17              | 150m: 2:30.38 | 58.18     | 250m: 4:20.05  | 54.54 | 350m: 6:01.01 | 45.91 |
|    | 100m: 1:32.20                | 50.03              | 200m: 3:25.51 | 55.13     | 300m: 5:15.10  | 55.05 | 400m: 6:46.87 | 45.86 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 42, Women, 400m Medley

Masters 50+

|                            |                       |                       |                     |                     |       |
|----------------------------|-----------------------|-----------------------|---------------------|---------------------|-------|
| 1. Marjan Remmits-De Lange | ZPC Woerden           | 6:13.12               | 196300518           | <b>6:10.30</b>      | +0,82 |
| 50m: 38.09 38.09           | 150m: 2:13.31 51.02   | 250m: 3:54.59 53.01   | 350m: 5:30.54 41.89 | 400m: 6:10.30 39.76 |       |
| 100m: 1:22.29 44.20        | 200m: 3:01.58 48.27   | 300m: 4:48.65 54.06   |                     |                     |       |
| 2. Marjan Spoelstra        | Swol 1894             | 7:48.54               | 196000236           | <b>7:30.19</b>      | +0,93 |
| 50m: 52.56 52.56           | 150m: 2:53.37 1:00.46 | 250m: 4:53.23 1:01.01 | 350m: 6:42.34 48.47 | 400m: 7:30.19 47.85 |       |
| 100m: 1:52.91 1:00.35      | 200m: 3:52.22 58.85   | 300m: 5:53.87 1:00.64 |                     |                     |       |

Masters 55+

|                                  |                     |                     |                     |                     |       |
|----------------------------------|---------------------|---------------------|---------------------|---------------------|-------|
| 1. Patty Verhagen                | PSV                 | 6:36.33             | 195900146           | <b>6:41.81</b>      | +1,14 |
| <i>Nederlands Masters Record</i> |                     |                     |                     |                     |       |
| 50m: 40.64 40.64                 | 150m: 2:27.85 52.19 | 250m: 4:16.01 57.48 | 350m: 5:58.46 43.90 | 400m: 6:41.81 43.35 |       |
| 100m: 1:35.66 55.02              | 200m: 3:18.53 50.68 | 300m: 5:14.56 58.55 |                     |                     |       |
| 2. Monica Bakker                 | ZVZ                 | 7:30.48             | 195600082           | <b>7:06.13</b>      | +1,08 |
| 50m: 50.20 50.20                 | 150m: 2:44.69 56.06 | 250m: 4:37.86 59.83 | 350m: 6:22.62 45.69 | 400m: 7:06.13 43.51 |       |
| 100m: 1:48.63 58.43              | 200m: 3:38.03 53.34 | 300m: 5:36.93 59.07 |                     |                     |       |

Masters 60+

|                       |                       |                       |                     |                     |       |
|-----------------------|-----------------------|-----------------------|---------------------|---------------------|-------|
| 1. Carla Hensen       | PSV                   | 7:20.70               | 195300062           | <b>7:36.04</b>      | +0,97 |
| 50m: 46.51 46.51      | 150m: 2:42.10 58.81   | 250m: 4:48.62 1:08.56 | 350m: 6:47.25 50.98 | 400m: 7:36.04 48.79 |       |
| 100m: 1:43.29 56.78   | 200m: 3:40.06 57.96   | 300m: 5:56.27 1:07.65 |                     |                     |       |
| 2. Gonnie Bak         | PSV                   | 8:11.35               | 195100064           | <b>8:24.00</b>      | +0,97 |
| 50m: 59.20 59.20      | 150m: 3:15.79 1:12.02 | 250m: 5:28.12 1:05.42 | 350m: 7:29.15 55.66 | 400m: 8:24.00 54.85 |       |
| 100m: 2:03.77 1:04.57 | 200m: 4:22.70 1:06.91 | 300m: 6:33.49 1:05.37 |                     |                     |       |
| 3. Fernande Blondeel  | CNSW                  | 8:22.34               | CNSW/011/52         | <b>8:37.78</b>      | +0,90 |
| 50m: 51.72 51.72      | 150m: 3:04.03 1:11.08 | 250m: 5:26.14 1:12.42 | 350m: 7:39.62 57.69 | 400m: 8:37.78 58.16 |       |
| 100m: 1:52.95 1:01.23 | 200m: 4:13.72 1:09.69 | 300m: 6:41.93 1:15.79 |                     |                     |       |

Event 43  
04-05-2014 - 15:59

Men, 400m Medley

Masters Open  
Results

| rang               | naam                   | vereniging          | inschrijftijd       | startnr.            | tijd                | RT    |
|--------------------|------------------------|---------------------|---------------------|---------------------|---------------------|-------|
| <b>Masters 20+</b> |                        |                     |                     |                     |                     |       |
| 1.                 | Roderick van Doeselaar | De Rijn             | 4:44.36             | 199200261           | <b>5:01.18</b>      | +0,71 |
|                    | 50m: 30.45 30.45       | 150m: 1:44.97 38.59 | 250m: 3:06.41 43.20 | 350m: 4:26.72 34.89 | 400m: 5:01.18 34.46 |       |
|                    | 100m: 1:06.38 35.93    | 200m: 2:23.21 38.24 | 300m: 3:51.83 45.42 |                     |                     |       |
| 2.                 | Dennis Wijbenga        | Stadskanaal         | 5:03.73             | 199003283           | <b>5:06.94</b>      | +0,80 |
|                    | 50m: 33.66 33.66       | 150m: 1:55.23 41.71 | 250m: 3:16.65 41.84 | 350m: 4:33.32 35.85 | 400m: 5:06.94 33.62 |       |
|                    | 100m: 1:13.52 39.86    | 200m: 2:34.81 39.58 | 300m: 3:57.47 40.82 |                     |                     |       |
| 3.                 | Jeroen van Blanken     | De Lansingh         | 5:40.37             | 199206451           | <b>6:01.25</b>      | +0,88 |
|                    | 50m: 34.58 34.58       | 150m: 2:09.60 50.14 | 250m: 3:47.43 50.90 | 350m: 5:21.46 42.18 | 400m: 6:01.25 39.79 |       |
|                    | 100m: 1:19.46 44.88    | 200m: 2:56.53 46.93 | 300m: 4:39.28 51.85 |                     |                     |       |
| <b>Masters 25+</b> |                        |                     |                     |                     |                     |       |
| 1.                 | Alex Schelvis          | NZ&PC               | 4:35.14             | 198702927           | <b>4:49.19</b>      | +0,76 |
|                    | 50m: 28.71 28.71       | 150m: 1:39.20 37.49 | 250m: 2:59.39 43.43 | 350m: 4:16.27 33.03 | 400m: 4:49.19 32.92 |       |
|                    | 100m: 1:01.71 33.00    | 200m: 2:15.96 36.76 | 300m: 3:43.24 43.85 |                     |                     |       |
| 2.                 | Martijn Giezen         | Montferland         | 5:26.74             | 198500813           | <b>5:41.64</b>      | +0,88 |
|                    | 50m: 33.31 33.31       | 150m: 1:59.75 44.19 | 250m: 3:33.62 50.22 | 350m: 5:03.41 40.17 | 400m: 5:41.64 38.23 |       |
|                    | 100m: 1:15.56 42.25    | 200m: 2:43.40 43.65 | 300m: 4:23.24 49.62 |                     |                     |       |
| 3.                 | Niels Albrechts        | MGO (SG)            | 5:50.36             | 198800039           | <b>5:48.36</b>      | +0,83 |
|                    | 50m: 35.05 35.05       | 150m: 2:00.76 43.24 | 250m: 3:39.61 56.45 | 350m: 5:12.97 36.73 | 400m: 5:48.36 35.39 |       |
|                    | 100m: 1:17.52 42.47    | 200m: 2:43.16 42.40 | 300m: 4:36.24 56.63 |                     |                     |       |
| 4.                 | Roel van Beek          | Montferland         | 5:46.97             | 198905861           | <b>6:01.03</b>      | +0,95 |
|                    | 50m: 34.20 34.20       | 150m: 2:04.01 47.78 | 250m: 3:43.79 54.14 | 350m: 5:20.00 40.64 | 400m: 6:01.03 41.03 |       |
|                    | 100m: 1:16.23 42.03    | 200m: 2:49.65 45.64 | 300m: 4:39.36 55.57 |                     |                     |       |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 43, Men, 400m Medley

Masters 30+

|                     |                     |         |               |                |               |       |
|---------------------|---------------------|---------|---------------|----------------|---------------|-------|
| 1. Kristiaan Lenos  | LZ 1886             | 5:00.17 | 198301331     | <b>5:04.60</b> | +0,82         |       |
| 50m: 30.78          | 150m: 1:47.48       | 40.74   | 250m: 3:11.44 | 44.10          | 350m: 4:31.07 | 35.57 |
| 100m: 1:06.74       | 200m: 2:27.34       | 39.86   | 300m: 3:55.50 | 44.06          | 400m: 5:04.60 | 33.53 |
| 2. Thommy Nickel    | Van Vliet-Barracuda | 5:15.16 | 198401627     | <b>5:14.08</b> | +0,73         |       |
| 50m: 34.24          | 150m: 1:54.37       | 40.41   | 250m: 3:18.81 | 44.32          | 350m: 4:39.03 | 35.72 |
| 100m: 1:13.96       | 200m: 2:34.49       | 40.12   | 300m: 4:03.31 | 44.50          | 400m: 5:14.08 | 35.05 |
| 3. Pieter Pickhardt | ZPC De Hof          | 4:59.91 | 198301657     | <b>5:16.17</b> | +0,86         |       |
| 50m: 32.62          | 150m: 1:54.63       | 44.17   | 250m: 3:20.44 | 43.41          | 350m: 4:41.07 | 36.33 |
| 100m: 1:10.46       | 200m: 2:37.03       | 42.40   | 300m: 4:04.74 | 44.30          | 400m: 5:16.17 | 35.10 |
| 4. Jeroen Vogelsang | DAW                 | 5:47.16 | 198001645     | <b>5:51.04</b> | +0,85         |       |
| 50m: 35.62          | 150m: 2:11.82       | 51.25   | 250m: 3:49.37 | 48.22          | 350m: 5:14.61 | 37.18 |
| 100m: 1:20.57       | 200m: 3:01.15       | 49.33   | 300m: 4:37.43 | 48.06          | 400m: 5:51.04 | 36.43 |

Masters 35+

|                              |                  |               |               |                |               |               |       |
|------------------------------|------------------|---------------|---------------|----------------|---------------|---------------|-------|
| 1. Egbert Stolk              | d'ELFT WAVE (SG) | 4:46.30       | 197600889     | <b>5:02.59</b> | +0,78         |               |       |
| <i>Kampioenschaps Record</i> | 50m: 30.44       | 150m: 1:46.97 | 39.87         | 250m: 3:09.45  | 43.69         | 350m: 4:28.45 | 34.85 |
|                              | 100m: 1:07.10    | 200m: 2:25.76 | 38.79         | 300m: 3:53.60  | 44.15         | 400m: 5:02.59 | 34.14 |
| 2. Evgeny Ryzhov             | Sprut            | 4:48.35       | 101628        | <b>5:08.42</b> | +0,82         |               |       |
| 50m: 30.75                   | 150m: 1:49.49    | 43.94         | 250m: 3:14.51 | 43.02          | 350m: 4:34.15 | 36.58         |       |
| 100m: 1:05.55                | 200m: 2:31.49    | 42.00         | 300m: 3:57.57 | 43.06          | 400m: 5:08.42 | 34.27         |       |
| 3. Dennis Brouwers           | HZPC             | 5:03.64       | 197800167     | <b>5:19.38</b> | +0,88         |               |       |
| 50m: 35.98                   | 150m: 1:57.29    | 38.84         | 250m: 3:21.58 | 45.60          | 350m: 4:43.89 | 35.48         |       |
| 100m: 1:18.45                | 200m: 2:35.98    | 38.69         | 300m: 4:08.41 | 46.83          | 400m: 5:19.38 | 35.49         |       |
| 4. Freddie Geerlings         | HGN (SG)         | 5:29.35       | 197900379     | <b>5:31.54</b> | +0,87         |               |       |
| 50m: 35.08                   | 150m: 2:02.33    | 44.41         | 250m: 3:31.58 | 45.66          | 350m: 4:55.20 | 37.77         |       |
| 100m: 1:17.92                | 200m: 2:45.92    | 43.59         | 300m: 4:17.43 | 45.85          | 400m: 5:31.54 | 36.34         |       |
| sick Arjan Buijsse           | Sassenheim       | 5:16.83       | 197901767     |                |               |               |       |

Masters 40+

|                          |                  |         |               |                |               |       |
|--------------------------|------------------|---------|---------------|----------------|---------------|-------|
| 1. Gerard Eghuizen       | HZ&PC Heerenveen | 5:51.13 | 197400197     | <b>5:55.20</b> | +0,84         |       |
| 50m: 35.72               | 150m: 2:07.10    | 45.01   | 250m: 3:40.93 | 49.68          | 350m: 5:13.22 | 40.30 |
| 100m: 1:22.09            | 200m: 2:51.25    | 44.15   | 300m: 4:32.92 | 51.99          | 400m: 5:55.20 | 41.98 |
| 2. Kasper van den Berghe | Swol 1894        | 6:05.52 | 197301125     | <b>6:13.43</b> | +0,80         |       |
| 50m: 37.16               | 150m: 2:11.16    | 48.46   | 250m: 3:52.00 | 54.13          | 350m: 5:31.00 | 45.19 |
| 100m: 1:22.70            | 200m: 2:57.87    | 46.71   | 300m: 4:45.81 | 53.81          | 400m: 6:13.43 | 42.43 |

Masters 45+

|                 |                  |         |               |                |               |       |
|-----------------|------------------|---------|---------------|----------------|---------------|-------|
| 1. René Beetsma | HZ&PC Heerenveen | 5:25.69 | 196900069     | <b>5:30.97</b> | +0,84         |       |
| 50m: 33.65      | 150m: 1:58.87    | 43.72   | 250m: 3:29.23 | 47.67          | 350m: 4:54.70 | 38.22 |
| 100m: 1:15.15   | 200m: 2:41.56    | 42.69   | 300m: 4:16.48 | 47.25          | 400m: 5:30.97 | 36.27 |

Masters 50+

|                       |                 |         |               |                |               |       |
|-----------------------|-----------------|---------|---------------|----------------|---------------|-------|
| 1. Jan Brink          | De Zeeuwse Kust | 5:14.82 | 196200091     | <b>5:38.03</b> | +0,80         |       |
| 50m: 34.81            | 150m: 2:03.85   | 44.99   | 250m: 3:35.89 | 48.94          | 350m: 5:02.25 | 37.67 |
| 100m: 1:18.86         | 200m: 2:46.95   | 43.10   | 300m: 4:24.58 | 48.69          | 400m: 5:38.03 | 35.78 |
| 2. Ronald Grove       | Oceanus         | 5:55.20 | 196100161     | <b>6:06.74</b> | +0,79         |       |
| 50m: 37.16            | 150m: 2:13.97   | 51.23   | 250m: 3:53.32 | 50.21          | 350m: 5:25.18 | 41.05 |
| 100m: 1:22.74         | 200m: 3:03.11   | 49.14   | 300m: 4:44.13 | 50.81          | 400m: 6:06.74 | 41.56 |
| 3. Paul van der Voort | De Zwoer        | 6:27.35 | 196200715     | <b>6:26.75</b> | +1,01         |       |
| 50m: 38.30            | 150m: 2:18.68   | 50.67   | 250m: 4:05.35 | 57.21          | 350m: 5:45.47 | 43.04 |
| 100m: 1:28.01         | 200m: 3:08.14   | 49.46   | 300m: 5:02.43 | 57.08          | 400m: 6:26.75 | 41.28 |

Masters 55+

|                |               |         |               |                |               |       |
|----------------|---------------|---------|---------------|----------------|---------------|-------|
| 1. Paul Bunnik | Triton        | 6:30.60 | 195600413     | <b>6:31.42</b> | +1,03         |       |
| 50m: 38.36     | 150m: 2:21.08 | 52.89   | 250m: 4:06.82 | 53.88          | 350m: 5:47.18 | 44.14 |
| 100m: 1:28.19  | 200m: 3:12.94 | 51.86   | 300m: 5:03.04 | 56.22          | 400m: 6:31.42 | 44.24 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 43, Men, 400m Medley

Masters 70+

|    |           |         |       |         |         |           |         |                |       |         |       |
|----|-----------|---------|-------|---------|---------|-----------|---------|----------------|-------|---------|-------|
| 1. | Rob Hanou |         | PSV   |         | 7:03.09 | 194300109 |         | <b>7:50.30</b> | +1,14 |         |       |
|    | 50m:      | 51.85   | 150m: | 2:58.23 | 1:04.12 | 250m:     | 5:03.75 | 1:03.20        | 350m: | 6:58.15 | 52.14 |
|    | 100m:     | 1:54.11 | 200m: | 4:00.55 | 1:02.32 | 300m:     | 6:06.01 | 1:02.26        | 400m: | 7:50.30 | 52.15 |

Event 44  
04-05-2014 - 16:18

Women, 50m Freestyle

Masters Open  
Results

| rang               | naam  | vereniging          | inschrijftijd | startnr.  | tijd         | RT    |
|--------------------|---|---------------------|---------------|-----------|--------------|-------|
| <b>Masters 20+</b> |   |                     |               |           |              |       |
| 1.                 | Anja van der Hout<br><i>Kampioenschaps Record</i> | WVZ                 | 26.06         | 199001598 | <b>27.06</b> | +0,67 |
| 2.                 | Kimberley Albers                                  | WVZ                 | 27.12         | 199204102 | <b>28.24</b> | +0,74 |
| 3.                 | Linda van der Hout                                | Piranha             | 28.13         | 199300344 | <b>28.71</b> | +0,73 |
| 4.                 | Isabelle Massar                                   | WVZ                 | 27.82         | 199102034 | <b>28.85</b> | +0,74 |
| 5.                 | Carmen Seesing                                    | NDD                 | 27.84         | 199406220 | <b>28.87</b> | +0,72 |
| 6.                 | Désirée Emmen                                     | De Warande          | 28.16         | 199204862 | <b>29.12</b> | +0,71 |
| 7.                 | Ilse Noorlander                                   | d'ELFT WAVE (SG)    | 28.95         | 199307810 | <b>29.36</b> | +0,68 |
| 8.                 | Anouk van der Pligt                               | ZOB'66              | 28.58         | 199303296 | <b>29.44</b> | +0,62 |
| 9.                 | Sabine Gaspersz                                   | DSZ                 | 30.07         | 199100972 | <b>29.84</b> | +0,80 |
| 10.                | Denise Koerhuis                                   | De Spatters         | 29.02         | 199400306 | <b>29.92</b> | +0,70 |
| 11.                | Lis Kop Jansen                                    | Z&PC De Gouwe       | 29.06         | 199101740 | <b>29.98</b> | +0,83 |
| 12.                | Eva Engelen                                       | NDD                 | 28.33         | 199405514 | <b>30.12</b> | +0,71 |
| 13.                | Simone de Boer                                    | LZ 1886             | 30.21         | 199306858 | <b>30.37</b> | +0,74 |
| 14.                | Sanne van Dijk                                    | Zoetermeer          | 29.87         | 199000818 | <b>30.74</b> | +0,85 |
| 15.                | Joyce Raemaekers                                  | Budel               | 30.29         | 199106106 | <b>30.92</b> | +0,77 |
| 16.                | Emma Siemensma                                    | De Zijl/LGB         | 31.61         | 199402716 | <b>30.98</b> | +0,81 |
| 17.                | Chantal Willems                                   | Noord-Limburg (SG)  | 30.48         | 199105482 | <b>31.02</b> | +0,91 |
| 18.                | Zarife Gela                                       | d'ELFT WAVE (SG)    | 29.40         | 199200584 | <b>31.15</b> | +0,65 |
| 19.                | Chantal van der Horst                             | De Meer             | 30.55         | 199400616 | <b>31.22</b> | +0,73 |
| 20.                | Yvonne Bruls                                      | Eurode KZC          | 30.78         | 199008114 | <b>31.51</b> | +0,69 |
| 21.                | Getrude Corporaal                                 | ZVZ                 | 30.68         | 199200380 | <b>31.59</b> | +0,74 |
| 22.                | Madeleine Sielemann                               | GoSwim              | 31.14         | 199106166 | <b>31.61</b> | +0,84 |
| 23.                | Eline Schaft                                      | Piranha             | 30.46         | 199202692 | <b>31.65</b> | +0,86 |
| 24.                | Lindsey Hol                                       | De Meer             | 31.65         | 199008088 | <b>31.74</b> | +0,71 |
| 25.                | Mieke Cornelisse                                  | Sassenheim          | 30.76         | 199405090 | <b>31.98</b> | +0,80 |
| 26.                | Ramona Noordermeer                                | ZVVS                | 32.21         | 199401746 | <b>32.51</b> | +0,73 |
| 27.                | Charine de Ruiter                                 | Steenwijk 1934      | 32.23         | 199403668 | <b>32.66</b> | +0,89 |
| 28.                | Lonneke Oenema                                    | Steenwijk 1934      | 32.15         | 199102314 | <b>32.79</b> | +0,79 |
| 29.                | Rebecca Evers                                     | ZOB'66              | 34.34         | 199207916 | <b>32.80</b> | +0,80 |
| 30.                | Carmen Veldkamp                                   | WVZ                 | 32.00         | 199406114 | <b>33.16</b> | +0,74 |
| 31.                | Tara Keijzer                                      | Steenwijk 1934      | 32.00         | 199108498 | <b>33.33</b> | +0,73 |
| 32.                | Daphne Meijer                                     | Montferland         | 33.43         | 199303850 | <b>33.55</b> | +0,88 |
| 33.                | Eline Schoenmaker                                 | Zwemlust-den Hommel | 35.26         | 199003322 | <b>34.47</b> | +0,68 |
| 34.                | Pauline Magnée                                    | De Warande          | 34.99         | 199205434 | <b>34.77</b> | +0,85 |
| 35.                | Kelly Bockting                                    | Montferland         | 33.80         | 199104050 | <b>35.16</b> | +0,82 |
| 36.                | Maaïke Hofland                                    | Sassenheim          | 34.35         | 199203754 | <b>35.18</b> | +0,70 |
| 37.                | Rachelle Ippel                                    | Torpedo             | 35.85         | 199407452 | <b>35.57</b> | +0,85 |
| 38.                | Carmen Ensink                                     | Piranha             | 39.54         | 199307842 | <b>37.19</b> | +0,98 |
| 39.                | Liesbeth Bruinekool                               | Zuiderzeezwemmers   | 50.81         | 199007958 | <b>51.54</b> | +0,78 |

Masters 25+

|    |                    |             |       |             |              |       |
|----|--------------------|-------------|-------|-------------|--------------|-------|
| 1. | Marije Jansen      | Montferland | 29.69 | 198504088   | <b>29.36</b> | +0,74 |
| 2. | Sabine Lina        | ZPC Woerden | 28.76 | 198902680   | <b>29.46</b> | +0,69 |
| 3. | Rianne Hofland     | Sassenheim  | 29.18 | 198801820   | <b>29.49</b> | +0,72 |
| 4. | Annelette de Vries | WS Twente   | 28.94 | 198603908   | <b>29.52</b> | +0,70 |
| 5. | Bianca Paape       | DAW         | 29.43 | 198502262   | <b>29.54</b> | +0,76 |
| 6. | Karin Ursem        | Torpedo     | 30.26 | 198904178   | <b>30.05</b> | +0,70 |
| 7. | Fanny Koenig       | CNSW        | 30.75 | CNSW/638/89 | <b>30.08</b> | +0,77 |
| 8. | Jose Janssen       | TRB-RES     | 32.00 | 198907324   | <b>30.35</b> | +0,63 |

Event 44, Women, 50m Freestyle, Masters 25+

| rang | naam                    | vereniging       | inschrijftijd | startnr.  |    | tijd           | RT    |
|------|-------------------------|------------------|---------------|-----------|----|----------------|-------|
| 9.   | Ina Schaafsma           | PLONS            | 30.54         | 198504152 |    | <b>30.47</b>   | +0,83 |
| 10.  | Ilse van den Wijngaard  | ZPC Woerden      | 30.17         | 198904736 |    | <b>30.48</b>   | +0,75 |
| 11.  | Carly Noordermeer       | ZOB'66           | 29.94         | 198702984 |    | <b>30.88</b>   | +0,67 |
| 12.  | Marije van Manen        | AZ&PC            | 29.96         | 198602386 |    | <b>31.30</b>   | +0,80 |
| 13.  | Esther Steltenpohl      | DAW              | 31.82         | 198504116 |    | <b>32.62</b>   | +0,72 |
| 14.  | Carola Hompes           | Budel            | 31.52         | 198801868 |    | <b>32.69</b>   | +0,81 |
| 15.  | Lisette Prins           | WVZ              | 31.52         | 198803522 |    | <b>33.09</b>   | +0,84 |
| 16.  | Megan ter Braake-Wijnen | WIDEX GZC DONK   | 32.96         | 198500424 |    | <b>33.42</b>   | +0,91 |
| 17.  | Annebeth van Ark        | Octopus          | 34.95         | 198805588 |    | <b>36.05</b>   | +0,82 |
| 18.  | Anne van den Besselaar  | HZ&PC Heerenveen | 1:05.55       | 198504062 | S8 | <b>1:06.90</b> | +1,06 |

Masters 30+

|    |                      |                    |       |           |  |              |       |
|----|----------------------|--------------------|-------|-----------|--|--------------|-------|
| 1. | Delia Badoux         | Zoetermeer         | 28.64 | 198000042 |  | <b>29.33</b> | +0,70 |
| 2. | Anke Lambooy         | AZL                | 28.57 | 198001182 |  | <b>30.34</b> | +0,82 |
| 3. | Sandra Pannekeet     | DAW                | 29.41 | 198403458 |  | <b>31.80</b> | +0,68 |
| 4. | Angela Giezen        | Montferland        | 33.13 | 198302796 |  | <b>33.47</b> | +0,81 |
| 5. | Marijke Dirkse       | IJZPC              | 34.73 | 198403480 |  | <b>33.56</b> | +1,00 |
| 6. | Ilse Franken         | WIDEX GZC DONK     | 37.02 | 198302572 |  | <b>36.44</b> | +0,98 |
| 7. | Marjolein v.d Sanden | Noord-Limburg (SG) | 36.69 | 198402136 |  | <b>36.48</b> | +0,78 |
| 8. | Marloes Rebel        | WS Twente          | 39.71 | 198403474 |  | <b>40.27</b> | +0,92 |

Masters 35+

|    |                          |                     |       |           |  |              |       |
|----|--------------------------|---------------------|-------|-----------|--|--------------|-------|
| 1. | Inez Heideman            | WS Twente           | 30.98 | 197500198 |  | <b>29.69</b> | +0,84 |
| 2. | Geraldine Trainor        | De Duck             | 30.24 | 197500544 |  | <b>30.53</b> | +0,80 |
| 3. | Marian Nederlof          | DWF                 | 31.69 | 197600950 |  | <b>31.30</b> | +0,71 |
| 4. | Petra Verstegen          | WVZ                 | 31.96 | 197700906 |  | <b>31.88</b> | +0,83 |
| 5. | Evelien Meeuwissen       | Sassenheim          | 31.42 | 197500360 |  | <b>32.09</b> | +0,81 |
| 6. | Paula 't Hart-Buitelaar  | ZVVS                | 36.90 | 197701132 |  | <b>35.35</b> | +0,82 |
| 7. | Clementine van Bruxvoort | ZPB H&L Productions | 38.10 | 197700138 |  | <b>39.37</b> | +0,98 |

Masters 40+

|    |                      |                   |       |           |  |              |       |
|----|----------------------|-------------------|-------|-----------|--|--------------|-------|
| 1. | Edith Janssen-Koolen | TRB-RES           | 30.56 | 197300898 |  | <b>30.38</b> | +0,90 |
| 2. | Ilona Hogerheyde     | DAW               | 30.11 | 197400224 |  | <b>30.55</b> | +0,72 |
| 3. | Tony de Groot        | De Futen          | 32.06 | 197300758 |  | <b>32.37</b> | +0,88 |
| 4. | Tanya Lyvbarskaya    | SCOM              | 32.61 | 197101000 |  | <b>32.63</b> | +0,84 |
| 5. | Renata van Essen     | Zuiderzeezwemmers | 32.78 | 197300740 |  | <b>32.73</b> | +0,73 |
| 6. | Ageeth Boomsma       | Orca              | 33.64 | 197000826 |  | <b>34.64</b> | +0,81 |
| 7. | Daniella Harrison    | Potters Bar SC    | 33.34 | 692010    |  | <b>35.64</b> | +0,90 |
| 8. | Patricia Austen      | RZ                | 36.51 | 197000968 |  | <b>38.19</b> | +0,86 |
| 9. | Caroline Griffin     | Potters Bar SC    | 37.28 | 955690    |  | <b>39.13</b> | +0,97 |

Masters 45+

|     |   |                      |       |           |  |              |       |
|-----|---|----------------------|-------|-----------|--|--------------|-------|
| 1.  | Monique Tuijp<br><i>Nederlands Masters Record</i> | WZ&PC Purmerend      | 27.69 | 196900800 |  | <b>28.00</b> | +0,84 |
| 2.  | Heidi van Stein                                   | LZ 1886              | 30.03 | 196900864 |  | <b>30.22</b> | +0,82 |
| 3.  | Annette Wijnja-Visser                             | De Biesboschzwemmers | 31.03 | 196700528 |  | <b>30.95</b> | +0,74 |
| 4.  | Claudia Goldschmidt                               | Maidenhead Marlins   | 31.02 | 954626    |  | <b>31.63</b> | +0,91 |
| 5.  | Marion Broekhuis                                  | WS Twente            | 33.48 | 196800060 |  | <b>33.13</b> | +0,74 |
| 6.  | Esther Mijnen                                     | ZV De Zaan           | 32.55 | 196900846 |  | <b>33.38</b> | +0,79 |
| 7.  | Sandra Hoofs-Buil                                 | Racing Club          | 33.71 | 196600678 |  | <b>33.66</b> | +0,80 |
| 8.  | Antoinette Kant                                   | Den Doorn            | 34.08 | 196900920 |  | <b>35.65</b> | +0,94 |
| 9.  | Ingeborg Stokx                                    | DAW                  | 36.40 | 196700666 |  | <b>36.48</b> | +0,68 |
| 10. | Myra Vink   | De Fuut              | 36.39 | 196600526 |  | <b>36.72</b> | +0,82 |
| 11. | Sandra Daamen-Posma                               | AZC                  | 35.78 | 196800854 |  | <b>38.70</b> | +1,12 |
| 12. | Ineke Branderhorst                                | Den Doorn            | 41.46 | 196900918 |  | <b>42.24</b> | +1,14 |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 44, Women, 50m Freestyle

Masters 50+

|    |                              |                     |       |           |              |       |
|----|------------------------------|---------------------|-------|-----------|--------------|-------|
| 1. | Marjan Remmits-De Lange      | ZPC Woerden         | 30.98 | 196300518 | <b>31.63</b> | +0,72 |
| 2. | Christine Moerkerken-Beukema | ZPB H&L Productions | 33.12 | 196300524 | <b>32.76</b> | +0,86 |
| 3. | Marijke Kraak-Beckers        | WS Twente           | 33.83 | 196000240 | <b>34.27</b> | +0,78 |
| 4. | Alie Visser                  | HZ&PC Heerenveen    | 39.69 | 196400494 | <b>41.26</b> | +0,87 |
| 5. | Lilian Kelly                 | Budel               | 43.85 | 196300534 | <b>42.32</b> | +0,89 |
| 6. | Riekie Schra                 | Steenwijk 1934      | 52.34 | 196400404 | <b>55.31</b> | +1,35 |

Masters 55+

|    |                  |                 |       |             |              |       |
|----|------------------|-----------------|-------|-------------|--------------|-------|
| 1. | Ada de Voogd     | ZVVS            | 33.33 | 195900280   | <b>32.85</b> | +0,80 |
| 2. | Marijke van Hoek | De Zeeuwse Kust | 34.31 | 195800050   | <b>33.94</b> | +0,80 |
| 3. | Claire Anthony   | CNSW            | 34.30 | CNSW/487/57 | <b>34.73</b> | +0,90 |
| 4. | Anje Manuputty   | De Dolfijn      | 44.74 | 195700176   | <b>46.82</b> | +0,93 |

Masters 60+

|     |                            |                         |       |           |              |       |
|-----|----------------------------|-------------------------|-------|-----------|--------------|-------|
| 1.  | Christien Nieuwenhuis      | Swol 1894               | 32.38 | 195100022 | <b>32.72</b> | +0,76 |
| 2.  | Patty Krupiarz             | PSV                     | 34.62 | 195400074 | <b>36.50</b> | +0,79 |
| 3.  | Tineke Brouwer-Maat        | Zwemvereniging Westland | 37.18 | 195300074 | <b>37.74</b> | +0,89 |
| 4.  | Tineke van Diggelen        | Oceanus                 | 40.20 | 195200048 | <b>41.51</b> | +0,78 |
| 5.  | Antoinette Gilding-Tussaud | WS Twente               | 43.99 | 195000038 | <b>46.07</b> | +1,18 |
| 6.  | Geerdien Meerwaldt         | De Geul                 | 50.16 | 195200058 | <b>51.23</b> | +1,06 |
| WDR | Alison Gilbert             | De Futen                | 33.34 | 195300068 |              |       |

Masters 65+

|    |                              |                |       |           |              |       |
|----|------------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Corrie Verhoeven             | PSV            | 35.14 | 194600026 | <b>35.19</b> | +0,79 |
|    | <i>Kampioenschaps Record</i> |                |       |           |              |       |
| 2. | Iris E. van Glinstra Beker   | De Lansingh    | 43.73 | 194800032 | <b>45.10</b> | +1,17 |
| 3. | Annet Verhoeven              | De Duinkickers | 44.50 | 194600024 | <b>46.16</b> | +1,11 |
| 4. | Loekie v. Huissteden         | AZ&PC          | 46.08 | 194500002 | <b>46.62</b> | +1,02 |

Masters 70+

|    |                   |           |         |           |                |       |
|----|-------------------|-----------|---------|-----------|----------------|-------|
| 1. | Truus Ruiter      | Old Dutch | 51.35   | 194000004 | <b>56.35</b>   | +0,91 |
| 2. | Liesbeth ter Laak | PSV       | 1:09.42 | 194200008 | <b>1:11.15</b> | +1,16 |

Masters 75+

|    |                |     |       |           |              |       |
|----|----------------|-----|-------|-----------|--------------|-------|
| 1. | Lottie Geurts  | PSV | 39.87 | 193500006 | <b>40.98</b> | +1,15 |
| 2. | Alice Lindhout | PSV | 54.51 | 193500010 | <b>54.33</b> | +1,01 |

Masters 80+

|    |                              |           |         |               |                |       |
|----|------------------------------|-----------|---------|---------------|----------------|-------|
| 1. | Eliane Pellis                | AZSC      | 41.80   | AZSC/20672/33 | <b>43.47</b>   | +0,94 |
|    | <i>Kampioenschaps Record</i> |           |         |               |                |       |
| 2. | Annie de Vos                 | Old Dutch | 1:00.44 | 193400004     | <b>1:06.58</b> |       |

Masters 85+

|     |                   |       |         |           |  |  |
|-----|-------------------|-------|---------|-----------|--|--|
| WDR | Anneke Logtenberg | OZ&PC | 1:03.50 | 192900004 |  |  |
|-----|-------------------|-------|---------|-----------|--|--|





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 45  
04-05-2014 - 16:35

Men, 50m Freestyle

Masters Open  
Results

| rang               | naam   | vereniging                | inschrijftijd  | startnr.               | tijd                         | RT             |
|--------------------|--|---------------------------|----------------|------------------------|------------------------------|----------------|
| <b>Masters 20+</b> |  |                           |                |                        |                              |                |
| 1.                 | Ensgel Kotterink<br><i>Kampioenschaps Record</i> | Albion                    | 23.18          | 199403391              | <b>23.90</b>                 | +0,58          |
| 2.                 | Mark Costeris                                    | WVZ                       | 23.01          | 199202327              | <b>24.26</b>                 | +0,72          |
| 3.                 | Lorenzo Cavallini                                | De Futen                  | 25.16          | 199007465              | <b>25.17</b>                 | +0,80          |
| 4.                 | Mike Koelewijn                                   | Steenwijk 1934            | 25.71          | 199303597              | <b>25.99</b>                 | +0,71          |
| 5.                 | Rutger Dalm                                      | De Lansingh               | 25.75          | 199005561              | <b>26.33</b>                 | +0,74          |
| 6.                 | Roald Blok                                       | Octopus                   | 26.02          | 199302685              | <b>26.94</b>                 | +0,72          |
| 7.                 | Dennis Bosma                                     | Montferland               | 25.54          | 199403851              | <b>26.98</b>                 | +0,67          |
| 8.                 | Jasper de Boer<br>Rens Post                      | ZPC De Hof<br>WVZ         | 26.23<br>26.33 | 199300051<br>199101827 | <b>27.09</b><br><b>27.09</b> | +0,78<br>+0,71 |
| 10.                | Robin Eltink                                     | NDD                       | 26.21          | 199406147              | <b>27.14</b>                 | +0,80          |
| 11.                | Nick Baron                                       | WVZ                       | 26.08          | 199103533              | <b>27.31</b>                 | +0,70          |
| 12.                | Kenneth Caster                                   | RZ                        | 27.47          | 199100375              | <b>27.66</b>                 | +0,72          |
| 13.                | Ruben Stolk                                      | ZOB'66                    | 26.35          | 199005665              | <b>28.11</b>                 | +0,81          |
| 14.                | Patrick Brouwer                                  | AZC                       | 28.83          | 199303715              | <b>29.79</b>                 | +0,92          |
| 15.                | Daniel Rosenkranz                                | Montferland               | 31.66          | 199107601              | <b>29.89</b>                 | +0,85          |
| 16.                | Michael Schlijper                                | Eurode KZC                | 30.14          | 199303691              | <b>30.52</b>                 | +0,97          |
| 17.                | Jerry Alberto                                    | De Futen                  | 30.18          | 199406523              | <b>30.53</b>                 | +0,67          |
| 18.                | Timo van der Wel                                 | Piranha                   | 32.54          | 199307221              | <b>31.87</b>                 | +0,89          |
| 19.                | Daniel van den Wildenberg                        | Eurode KZC                | 29.95          | 199206491              | <b>32.27</b>                 | +0,75          |
| <b>Masters 25+</b> |  |                           |                |                        |                              |                |
| 1.                 | Hjalmar de Ruiter                                | NDD                       | 23.98          | 198902695              | <b>25.68</b>                 | +0,71          |
| 2.                 | Martin Teley                                     | PSV                       | 25.38          | 198906059              | <b>25.72</b>                 | +0,72          |
| 3.                 | Jean Pierre Bisslik                              | DES                       | 25.61          | 198705243              | <b>26.04</b>                 | +0,57          |
| 4.                 | Emiel Huisken                                    | ZPC De Hof                | 25.50          | 198501139              | <b>26.18</b>                 | +0,71          |
| 5.                 | Richard Huisken                                  | ZPC De Hof                | 25.50          | 198501141              | <b>26.28</b>                 | +0,71          |
| 6.                 | Erik van der Heide                               | Zuiderzeewemmers          | 26.44          | 198801337              | <b>26.36</b>                 | +0,70          |
| 7.                 | Brian Narain                                     | DSZ                       | 26.10          | 198904363              | <b>26.70</b>                 | +0,77          |
| 8.                 | Martijn van Hoorn                                | MGO (SG)                  | 26.27          | 198901343              | <b>27.17</b>                 | +0,82          |
| 9.                 | Melano Winter                                    | RSW (SG)                  | 27.23          | 198703847              | <b>27.63</b>                 | +0,79          |
| 10.                | Mike Hereijgers                                  | De Futen                  | 25.98          | 198501007              | <b>27.79</b>                 | +0,78          |
| 11.                | Patrick de Jonge                                 | ZPC Woerden               | 31.31          | 198906635              | <b>28.25</b>                 | +0,80          |
| 12.                | Dirk-Jan Pronk                                   | LZ 1886                   | 28.45          | 198702665              | <b>28.27</b>                 | +0,84          |
| 13.                | Dimitri Sauvage                                  | TRB-RES                   | 29.10          | 198906755              | <b>28.31</b>                 | +0,74          |
| 14.                | Peter van den Dool                               | GoSwim                    | 27.75          | 198704973              | <b>28.61</b>                 | +0,88          |
| 15.                | Wesley van Diejen                                | PSV                       | 29.33          | 198604551              | <b>28.76</b>                 | +0,76          |
| 16.                | Paul Notenboom                                   | Strijen                   | 28.35          | 198805513              | <b>29.20</b>                 | +0,79          |
| 17.                | Mark den Blanken                                 | d'ELFT WAVE (SG)          | 31.17          | 198806087              | <b>29.52</b>                 | +0,73          |
| 18.                | Elmar Steenhof                                   | ZVW'74                    | 28.07          | 198502481              | <b>29.77</b>                 | +0,82          |
| 19.                | Robin Eggenkamp                                  | De Duinkickers            | 31.00          | 198700847              | <b>32.17</b>                 | +0,78          |
| 20.                | Wouter van 't Klooster                           | AZ&PC                     | 31.51          | 198806159              | <b>32.52</b>                 | +0,77          |
| <b>Masters 30+</b> |  |                           |                |                        |                              |                |
| 1.                 | Richard Claus                                    | Swimteam Helden-Mosa (SG) | 26.54          | 198000265              | <b>26.39</b>                 | +0,77          |
| 2.                 | Bart Groenemans                                  | PLONS                     | 27.28          | 198200551              | <b>26.64</b>                 | +0,74          |
| 3.                 | Jim Geestman                                     | RSW (SG)                  | 25.84          | 198300699              | <b>26.98</b>                 | +0,94          |
| 4.                 | Bas v.d. Laan                                    | WVZ                       | 27.49          | 198302471              | <b>27.40</b>                 | +0,72          |
| 5.                 | Joël Kapelle                                     | ZVW'74                    | 28.18          | 198200857              | <b>29.00</b>                 | +0,67          |
| 6.                 | Marco van Antwerpen                              | Strijen                   | 28.56          | 198000027              | <b>29.19</b>                 | +0,86          |
| 7.                 | Jeroen Vogelsang                                 | DAW                       | 30.93          | 198001645              | <b>30.61</b>                 | +0,82          |
| 8.                 | Hans Cligge                                      | De Futen                  | 29.52          | 198100315              | <b>30.72</b>                 | +0,74          |
| 9.                 | Marnix Cornelisse                                | LZ 1886                   | 31.73          | 198002343              | <b>32.60</b>                 | +0,77          |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 45, Men, 50m Freestyle

Masters 35+

|     |   |                    |       |           |              |       |
|-----|---|--------------------|-------|-----------|--------------|-------|
| 1.  | Matteo Mattacchione<br><i>Kampioenschaps Record</i> | De Futen           | 24.84 | 197801847 | <b>25.12</b> | +0,75 |
| 2.  | Jeroen Zelsmann                                     | Upstream Amsterdam | 25.23 | 197701551 | <b>25.34</b> | +0,69 |
| 3.  | Roland de Jong                                      | Eurode KZC         | 26.35 | 197601513 | <b>26.20</b> | +0,71 |
| 4.  | Ewoud Rupert  | WS Twente          | 26.46 | 197801795 | <b>27.15</b> | +0,82 |
|     | Dimitrie Sonnemans                                  | RZ                 | 26.97 | 197501391 | <b>27.15</b> | +0,86 |
| 6.  | Erwin van den Born                                  | De Rijn            | 27.50 | 197700143 | <b>27.33</b> | +0,81 |
| 7.  | Alex Damen  | DAW                | 27.44 | 197501371 | <b>27.42</b> | +0,73 |
| 8.  | Victor Barnar                                       | GoSwim             | 26.82 | 197801805 | <b>27.53</b> | +0,78 |
| 9.  | Erik Lamers   | De Gelenberg       | 27.05 | 197500507 | <b>27.65</b> | +0,71 |
| 10. | Kars Luttik   | DAW                | 27.93 | 197800675 | <b>27.66</b> | +0,71 |
| 11. | Kelvin Isselt                                       | RZ                 | 27.14 | 197601119 | <b>27.95</b> | +0,75 |
| 12. | Gino Martijn  | RZ                 | 28.45 | 197901865 | <b>29.28</b> | +0,71 |
| 13. | Michael Go  | AZC                | 29.32 | 197501397 | <b>30.74</b> | +0,85 |
| 14. | Roan Doves  | ZVVS               | 34.84 | 197501427 | <b>34.52</b> | +1,00 |
| DSQ | Andries de Haan                                     | GLS Ketelbinkie    | 38.54 | 197701577 |              | AA    |

Masters 40+

|     |                        |              |       |           |              |       |
|-----|------------------------|--------------|-------|-----------|--------------|-------|
| 1.  | Joeri Stoffels         | AZC          | 26.39 | 197300851 | <b>26.20</b> | +0,82 |
| 2.  | Marcel van Winssen     | De Gelenberg | 26.86 | 197101477 | <b>26.69</b> | +0,82 |
| 3.  | Richard Rickson        | HGN (SG)     | 26.74 | 197000841 | <b>27.85</b> | +0,83 |
| 4.  | Phil Airey             | LZ 1886      | 27.38 | 197401431 | <b>28.27</b> | +0,79 |
| 5.  | Francois Boudreault    | PLONS        | 28.27 | 197401155 | <b>28.63</b> | +0,74 |
| 6.  | Wibo Mooibroek         | ZV De Zaan   | 28.46 | 197401339 | <b>28.74</b> | +0,93 |
| 7.  | Martin Berkhout        | LZ 1886      | 29.29 | 197101123 | <b>29.12</b> | +0,71 |
| 8.  | Gertjan van der Knaap  | De Duck      | 29.45 | 197300459 | <b>29.79</b> | +0,81 |
| 9.  | Stefan Vogel           | Racing Club  | 30.93 | 197101589 | <b>30.26</b> | +0,77 |
| 10. | Wouter van der Stelt   | Den Doorn    | 29.70 | 197200889 | <b>31.18</b> | +0,71 |
| 11. | Edward van Nijmweegen  | Budel        | 33.71 | 197001635 | <b>31.68</b> | +0,95 |
| 12. | Albert Roosenboom      | Budel        | 31.89 | 197101599 | <b>31.95</b> | +1,00 |
| 13. | Mike Molenaar          | Zoetermeer   | 32.05 | 197201493 | <b>32.81</b> | +0,98 |
| 14. | Bas van Gool           | De Geul      | 32.00 | 197201435 | <b>33.27</b> | +0,81 |
| 15. | Oebele Boomsma         | Orca         | 39.23 | 197001659 | <b>38.44</b> | +1,09 |
| 16. | Remco Boerma           | WS Twente    | 37.06 | 197401427 | <b>38.72</b> | +0,94 |
| 17. | Sead Cilic             | PSV          | 47.89 | 197001649 | <b>44.29</b> | +1,27 |
| WDR | Dennis van Markesteijn | TZC-Vahalis  | 32.28 | 197201333 |              |       |

Masters 45+

|     |                       |                         |       |             |              |       |
|-----|-----------------------|-------------------------|-------|-------------|--------------|-------|
| 1.  | René Beetsma          | HZ&PC Heerenveen        | 27.41 | 196900069   | <b>27.74</b> | +0,79 |
| 2.  | Ruud Goudswaard       | De Zeeuwse Kust         | 27.71 | 196901437   | <b>28.00</b> | +0,90 |
| 3.  | Bernd Bienek          | SV Gladbeck 13          | 28.43 | 278658      | <b>28.57</b> | +0,87 |
| 4.  | Erik Saan             | De Duck                 | 27.88 | 196500769   | <b>28.67</b> | +0,93 |
| 5.  | Marc Bleeker          | d'ELFT WAVE (SG)        | 32.08 | 196901729   | <b>28.99</b> | +0,99 |
| 6.  | Jeroen Kort           | DAW                     | 30.16 | 196801543   | <b>29.03</b> | +0,70 |
| 7.  | Erwin Beringen        | GoSwim                  | 28.61 | 196601515   | <b>29.18</b> | +0,75 |
| 8.  | Eric van der Burgt    | Arethusa                | 29.57 | 196701613   | <b>29.63</b> | +0,66 |
| 9.  | Nico Swart            | Den Doorn               | 28.81 | 196801475   | <b>29.73</b> | +0,77 |
| 10. | Marcel Brittijn       | De Duinkickers          | 29.42 | 196900159   | <b>30.27</b> | +0,67 |
| 11. | Fred Dijkshoorn       | Zwemvereniging Westland | 30.68 | 196501539   | <b>30.32</b> | +0,76 |
| 12. | Darren Hamshere       | Potters Bar SC          | 29.92 | 955680      | <b>30.41</b> | +0,76 |
| 13. | Pieter-Sjoerd de Wijn | Aqua-Novio'94           | 30.01 | 196501027   | <b>30.54</b> | +0,78 |
| 14. | Wouter de Bruijn      | De Watervogels          | 29.83 | 196601561   | <b>31.00</b> | +1,09 |
| 15. | Ruud Kennis           | Budel                   | 34.28 | 196501555   | <b>31.77</b> | +0,82 |
| 16. | Huyb Stegeman         | Steenwijk 1934          | 32.11 | 196701535   | <b>32.46</b> | +0,78 |
| 17. | Eugene Gormley        | Potters Bar SC          | 31.09 | 778738      | <b>32.48</b> | +0,89 |
| 18. | Roelof Broekman       | De Spatters             | 31.06 | 196800155   | <b>33.85</b> | +0,80 |
| 19. | Gertjan van der Vaart | ZVVS                    | 33.56 | 196801529   | <b>33.94</b> | +0,79 |
| 20. | Hans Maas             | PLONS                   | 33.06 | 196501433   | <b>34.08</b> | +0,67 |
| 21. | Ramon Alsina Munoz    | CNSW                    | 34.11 | CNSW/608/69 | <b>34.24</b> | +0,91 |
| 22. | Marc van Nassau       | Old Dutch               | 33.94 | 196601563   | <b>35.52</b> | +0,84 |
| 23. | Mark Formby           | Potters Bar SC          | 35.55 | 907997      | <b>36.67</b> | +0,82 |

Event 45, Men, 50m Freestyle

Masters 50+

|     |                       |                         |       |           |              |       |
|-----|-----------------------|-------------------------|-------|-----------|--------------|-------|
| 1.  | Cees van Houwelingen  | De Schelde              | 25.96 | 196300351 | <b>26.78</b> | +0,89 |
| 2.  | Johan Remmits         | ZPC Woerden             | 27.60 | 196201159 | <b>27.40</b> | +0,83 |
| 3.  | Dmitry Kromskiy       | Poseidon                | 27.22 | 037011    | <b>27.97</b> | +0,82 |
| 4.  | John Stokx            | DAW                     | 28.80 | 196401341 | <b>28.96</b> | +0,72 |
| 5.  | Mark Nuijten          | Zwemvereniging Westland | 28.35 | 196000411 | <b>29.49</b> | +0,96 |
| 6.  | Adrian Ortiz Buitrago | WIDEX GZC DONK          | 29.00 | 196000931 | <b>29.59</b> | +0,82 |
| 7.  | Jetze Sipma           | HZ&PC Heerenveen        | 30.32 | 196201025 | <b>29.86</b> | +0,72 |
| 8.  | Bob Nieuwenhuys       | De Fuut                 | 30.09 | 196201227 | <b>30.59</b> | +0,82 |
| 9.  | John Stoffer          | Zoetermeer              | 29.15 | 196300725 | <b>30.78</b> | +0,72 |
| 10. | Jeroen Rikkerink      | PLONS                   | 30.11 | 196301337 | <b>30.89</b> | +0,92 |
| 11. | Eric Giling           | De Fuut                 | 30.17 | 196400237 | <b>31.12</b> | +0,75 |
| 12. | Mark Kas              | PLONS                   | 32.26 | 196100285 | <b>32.34</b> | +0,82 |
| 13. | John Tersteeg         | De Fuut                 | 33.20 | 196001039 | <b>33.14</b> | +0,84 |
| 14. | Rob van Wijk          | DES                     | 32.90 | 196401213 | <b>33.70</b> | +0,93 |
| 15. | Jan Willem Heuten     | WS Twente               | 33.48 | 196000883 | <b>33.98</b> | +0,88 |
| 16. | Marco Schoenmakers    | ZVVS                    | 39.11 | 196401375 | <b>37.19</b> | +0,88 |
| DNS | James Norman          | PLONS                   | 32.99 | 196001029 |              |       |
| WDR | Hendrik Haze          | GoSwim                  | 31.29 | 196401387 |              |       |

Masters 55+

|    |                      |                  |       |           |              |       |
|----|----------------------|------------------|-------|-----------|--------------|-------|
| 1. | Andre Storm          | Zoetermeer       | 30.19 | 195600407 | <b>30.27</b> | +0,89 |
| 2. | Gerhard Prohaska     | EW Donau SC 1903 | 29.70 | 19054     | <b>30.29</b> | +0,82 |
| 3. | Evertjan Masurel     | PSV              | 30.93 | 195600495 | <b>31.00</b> | +0,89 |
| 4. | Leo de Keizer        | PLONS            | 33.89 | 195600487 | <b>33.89</b> | +0,88 |
| 5. | Jaap de Boer         | De Duinkickers   | 34.02 | 195800691 | <b>34.40</b> | +0,76 |
| 6. | Jan Timmerman        | IJZPC            | 34.51 | 195700347 | <b>35.73</b> | +0,79 |
| 7. | Adrie van der Gracht | OEZA             | 40.90 | 195700485 | <b>42.39</b> | +1,10 |

Masters 60+

|    |                        |                |       |           |              |       |
|----|------------------------|----------------|-------|-----------|--------------|-------|
| 1. | Brend Brevé            | PSV            | 29.67 | 195200265 | <b>29.61</b> | +0,81 |
| 2. | Piet Schop             | De Bevelanders | 31.64 | 195000109 | <b>30.60</b> | +0,64 |
| 3. | Jos Kamps              | De Amer        | 32.70 | 195100085 | <b>33.06</b> | +0,98 |
| 4. | Laurens klein Breteler | WWV            | 32.17 | 195400109 | <b>33.28</b> | +0,78 |
| 5. | Richard Catoire        | Oceanus        | 34.16 | 195200253 | <b>35.06</b> | +0,92 |

Masters 65+

|    |                 |          |       |           |              |       |
|----|-----------------|----------|-------|-----------|--------------|-------|
| 1. | Willem Putter   | ZVVS     | 33.46 | 194500135 | <b>33.81</b> | +0,82 |
| 2. | Jaap Kwakkel    | DAW      | 32.04 | 194700157 | <b>33.94</b> | +1,01 |
| 3. | Nico van Dongen | De Devel | 40.53 | 194800159 | <b>43.64</b> | +0,84 |
| 4. | Peter Ouweneel  | RSW (SG) | 42.53 | 194500077 | <b>44.98</b> | +1,08 |

Masters 70+

|    |                  |           |       |             |              |       |
|----|------------------|-----------|-------|-------------|--------------|-------|
| 1. | Frans van Enst   | WS Twente | 33.27 | 194000011   | <b>34.31</b> | +1,04 |
| 2. | Ruud Sloof       | De Rijn   | 35.33 | 194400073   | <b>36.35</b> | +1,04 |
| 3. | Geza Kaltenecker | AZC       | 36.37 | 194200065   | <b>36.46</b> | +0,97 |
| 4. | Aad Grapendaal   | OEZA      | 43.98 | 194200063   | <b>44.62</b> | +0,96 |
| 5. | Kevork Boyrazian | CNSW      | 46.92 | CNSW/609/44 | <b>45.45</b> | +1,23 |
| 6. | Wim ter Laak     | PSV       | 46.86 | 194000027   | <b>48.73</b> | +1,15 |

Masters 75+

|    |           |               |       |           |              |       |
|----|-----------|---------------|-------|-----------|--------------|-------|
| 1. | Nic Geers | Z&PC De Gouwe | 33.43 | 193800007 | <b>35.82</b> | +0,97 |
|----|-----------|---------------|-------|-----------|--------------|-------|

Masters 80+

|     |          |     |       |           |  |  |
|-----|----------|-----|-------|-----------|--|--|
| WDR | Bob Berg | PSV | 44.94 | 193300011 |  |  |
|-----|----------|-----|-------|-----------|--|--|



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 46  
04-05-2014 - 16:53

Women, 100m Breaststroke

Masters Open  
Results

| rang naam                | vereniging          | inschrijftijd |             | tijd           | RT    | 50m   | 100m    |
|--------------------------|---------------------|---------------|-------------|----------------|-------|-------|---------|
| <b>Masters 20+</b>       |                     |               |             |                |       |       |         |
| 1. Suzanne Brummel       | LZ 1886             | 1:19.52       | 199401366   | <b>1:19.06</b> | +0,73 | 37.93 | 1:19.06 |
| 2. Sharon Gelmers        | Octopus             | 1:17.49       | 199400416   | <b>1:20.06</b> | +0,73 | 37.02 | 1:20.06 |
| 3. Chantal van der Horst | De Meer             | 1:20.35       | 199400616   | <b>1:20.31</b> | +0,74 | 37.61 | 1:20.31 |
| 4. Isabelle Massar       | WVZ                 | 1:18.64       | 199102034   | <b>1:22.15</b> | +0,77 | 38.29 | 1:22.15 |
| 5. Désirée Hulsmeyer     | Het Ravijn          | 1:23.83       | 199001656   | <b>1:22.42</b> | +0,64 | 37.86 | 1:22.42 |
| 6. Erika Aan het Rot     | Octopus             | 1:17.97       | 199000010   | <b>1:22.80</b> | +0,73 | 38.39 | 1:22.80 |
| 7. Rosanne de Boer       | LZ 1886             | 1:24.62       | 199104060   | <b>1:23.90</b> | +0,81 | 39.30 | 1:23.90 |
| 8. Jasmijn Ruijgrok      | De Zijl/LGB         | 1:24.46       | 199401032   | <b>1:24.07</b> | +0,76 | 39.65 | 1:24.07 |
| 9. Carmen Seesing        | NDD                 | 1:19.36       | 199406220   | <b>1:24.19</b> | +0,76 | 37.53 | 1:24.19 |
| 10. Catherine Holmes     | Maidenhead Marlins  | 1:25.13       | 36934       | <b>1:25.85</b> | +0,76 | 40.15 | 1:25.85 |
| 11. Alinda Damsteegt     | MNC Dordrecht       | 1:23.63       | 199400222   | <b>1:29.27</b> | +0,89 | 41.85 | 1:29.27 |
| 12. Denise Koerhuis      | De Spatters         | 1:27.04       | 199400306   | <b>1:30.54</b> | +0,71 | 42.15 | 1:30.54 |
| 13. Ramona Noordermeer   | ZVVS                | 1:28.23       | 199401746   | <b>1:32.44</b> | +0,74 | 43.96 | 1:32.44 |
| 14. Tara Keijzer         | Steenwijk 1934      | 1:38.49       | 199108498   | <b>1:35.11</b> | +0,63 | 43.83 | 1:35.11 |
| 15. Rebecca Evers        | ZOB'66              | 1:31.38       | 199207916   | <b>1:37.59</b> | +0,86 | 45.81 | 1:37.59 |
| 16. Janneke Wynia        | WS Twente           | 1:43.67       | 199005500   | <b>1:40.68</b> | +0,97 | 47.95 | 1:40.68 |
| WDR Zarife Gela          | d'ELFT WAVE (SG)    | 1:24.35       | 199200584   |                |       |       |         |
| <b>Masters 25+</b>       |                     |               |             |                |       |       |         |
| 1. Larissa Brak          | AZ&PC               | 1:14.20       | 198800572   | <b>1:17.29</b> | +0,79 | 36.48 | 1:17.29 |
| 2. Marlijn Hendriksen    | Arethusa            | 1:18.37       | 198806828   | <b>1:18.98</b> | +0,77 | 37.09 | 1:18.98 |
| 3. Suzan van den Bogaard | RZ                  | 1:21.47       | 198900450   | <b>1:20.45</b> | +0,76 | 38.13 | 1:20.45 |
| 4. Mea Ferreira          | WVZ                 | 1:20.05       | 198901194   | <b>1:20.46</b> | +0,78 | 37.61 | 1:20.46 |
| 5. Aniek Huijsman        | De Lansingh         | 1:20.84       | 198801932   | <b>1:25.50</b> | +0,79 | 38.67 | 1:25.50 |
| 6. Monique Pronk         | WVZ                 | 1:24.21       | 198803528   | <b>1:27.45</b> | +0,82 | 40.60 | 1:27.45 |
| 7. Bianca Paape          | DAW                 | 1:30.41       | 198502262   | <b>1:29.26</b> | +0,77 | 42.68 | 1:29.26 |
| 8. Karin Ursem           | Torpedo             | 1:26.85       | 198904178   | <b>1:29.79</b> | +0,73 | 41.59 | 1:29.79 |
| 9. Isaline Manchel       | CNSW                | 1:35.84       | CNSW/475/85 | <b>1:30.14</b> | +0,72 | 42.16 | 1:30.14 |
| 10. Linda Janssen        | ZPB H&L Productions | 1:25.59       | 198802088   | <b>1:30.86</b> | +0,88 | 42.70 | 1:30.86 |
| 11. Carly Noordermeer    | ZOB'66              | 1:27.72       | 198702984   | <b>1:33.72</b> | +0,70 | 43.41 | 1:33.72 |
| Annelette de Vries       | WS Twente           | 1:25.13       | 198603908   | <b>1:33.72</b> | +0,73 | 43.24 | 1:33.72 |
| 13. Fleur Maas           | Zoetermeer          | 1:32.22       | 198902768   | <b>1:34.84</b> | +0,96 | 44.48 | 1:34.84 |
| 14. Margriet Aan het Rot | Octopus             | 1:31.98       | 198603088   | <b>1:35.58</b> | +0,82 | 44.82 | 1:35.58 |
| 15. Jose Janssen         | TRB-RES             | 1:32.22       | 198907324   | <b>1:36.17</b> | +0,63 | 45.33 | 1:36.17 |
| 16. Tessa Verheijdt      | WVZ                 | 1:31.63       | 198904290   | <b>1:36.62</b> | +0,79 | 44.75 | 1:36.62 |
| 17. Maaïke van Diggele   | ZPB H&L Productions | 1:32.08       | 198700868   | <b>1:37.08</b> | +0,85 | 44.41 | 1:37.08 |
| 18. Carola Hompes        | Budel               | 1:31.23       | 198801868   | <b>1:37.55</b> | +0,79 | 47.28 | 1:37.55 |
| WDR Nina Ferreira        | WVZ                 | 1:17.73       | 198901196   |                |       |       |         |
| <b>Masters 30+</b>       |                     |               |             |                |       |       |         |
| 1. Laura Badoux          | DAW                 | 1:16.64       | 198200038   | <b>1:23.86</b> | +0,79 | 39.72 | 1:23.86 |
| 2. Nadya Putter          | ZVVS                | 1:25.52       | 198301630   | <b>1:24.02</b> | +0,74 | 39.70 | 1:24.02 |
| 3. Esther Versteeg       | Van Vliet-Barracuda | 1:29.51       | 198302112   | <b>1:29.53</b> | +0,83 | 42.11 | 1:29.53 |
| 4. Annette Vogelsang     | ZV De Bron          | 1:27.43       | 198402632   | <b>1:29.95</b> | +0,99 | 42.19 | 1:29.95 |
| 5. Angela Giezen         | Montferland         | 1:38.03       | 198302796   | <b>1:37.31</b> | +0,85 | 47.55 | 1:37.31 |
| 6. Marjolein v.d Sanden  | Noord-Limburg (SG)  | 1:38.02       | 198402136   | <b>1:42.15</b> | +0,74 | 49.05 | 1:42.15 |
| <b>Masters 35+</b>       |                     |               |             |                |       |       |         |
| 1. Inez Heideman         | WS Twente           | 1:30.32       | 197500198   | <b>1:25.88</b> | +0,86 | 39.93 | 1:25.88 |
| 2. Geraldine Trainor     | De Duck             | 1:28.25       | 197500544   | <b>1:28.77</b> | +0,73 | 41.54 | 1:28.77 |
| 3. Evelien Meeuwissen    | Sassenheim          | 1:28.93       | 197500360   | <b>1:31.49</b> | +0,79 | 43.45 | 1:31.49 |
| 4. Marian Nederlof       | DWF                 | 1:34.07       | 197600950   | <b>1:33.96</b> | +0,80 | 44.51 | 1:33.96 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 46, Women, 100m Breaststroke

Masters 40+

|                           |                |         |           |                |       |       |         |
|---------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Karin Stein            | ZVVS           | 1:22.04 | 197100554 | <b>1:22.79</b> | +0,84 | 38.93 | 1:22.79 |
| 2. Nadège van Meeteren    | De Meer        | 1:26.46 | 197400736 | <b>1:24.31</b> | +0,81 | 39.84 | 1:24.31 |
| 3. Ilona Hogerheyde       | DAW            | 1:28.15 | 197400224 | <b>1:29.29</b> | +0,74 | 42.02 | 1:29.29 |
| 4. Caroline Griffin       | Potters Bar SC | 1:39.28 | 955690    | <b>1:41.00</b> | +0,92 | 48.22 | 1:41.00 |
| 5. Annet Kootstra         | Swol 1894      | 1:39.39 | 197100344 | <b>1:43.52</b> | +0,96 | 49.28 | 1:43.52 |
| WDR Trudie van Niejenhuis | TZC-Vahalis    | 1:30.59 | 197100444 |                |       |       |         |

Masters 45+

|                            |                       |         |           |                |       |       |         |
|----------------------------|-----------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Annette Wijnja-Visser   | De Biesboschzweimmers | 1:24.68 | 196700528 | <b>1:24.78</b> | +0,76 | 40.10 | 1:24.78 |
| 2. Bridget Bewick          | Maidenhead Marlins    | 1:29.87 | 36934     | <b>1:29.03</b> | +0,94 | 42.34 | 1:29.03 |
| 3. Chita van der Goorbergh | Zoetermeer            | 1:33.09 | 196800762 | <b>1:36.98</b> | +0,71 | 45.31 | 1:36.98 |
| 4. Yvette Kilian           | Zoetermeer            | 1:37.34 | 196600534 | <b>1:41.48</b> | +0,89 | 46.40 | 1:41.48 |
| 5. Ingeborg Stokx          | DAW                   | 1:43.76 | 196700666 | <b>1:47.92</b> | +0,69 | 51.49 | 1:47.92 |
| 6. Margriet de Hoop        | De Fuut               | 1:52.22 | 196800848 | <b>1:55.78</b> | +0,88 | 56.01 | 1:55.78 |

Masters 50+

|                              |                     |         |           |                |       |       |         |
|------------------------------|---------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marja Bloemzaad           | AZ&PC               | 1:22.58 | 196100014 | <b>1:23.86</b> | +0,79 | 39.69 | 1:23.86 |
| 2. C. Moerkerken-Beukema     | ZPB H&L Productions | 1:30.43 | 196300524 | <b>1:32.81</b> | +0,86 | 43.61 | 1:32.81 |
| 3. Petra Tossings            | DAW                 | 1:36.52 | 196100376 | <b>1:36.78</b> | +0,80 | 45.87 | 1:36.78 |
| 4. Jacqueline Rolloos-Bakker | De Lansingh         | 1:33.24 | 196300222 | <b>1:36.95</b> | +0,85 | 43.97 | 1:36.95 |
| 5. Inge Wolfs                | PLONS               | 1:36.22 | 196000304 | <b>1:37.95</b> | +0,93 | 45.85 | 1:37.95 |
| DNS Hannah Ueckermann        | Witham Dolphins     | 1:29.45 | 50524     |                |       |       |         |

Masters 55+

|                     |                 |         |             |                |       |       |         |
|---------------------|-----------------|---------|-------------|----------------|-------|-------|---------|
| 1. Marijke van Hoek | De Zeeuwse Kust | 1:37.35 | 195800050   | <b>1:39.45</b> | +0,81 | 47.83 | 1:39.45 |
| 2. Claire Anthony   | CNSW            | 1:49.74 | CNSW/487/57 | <b>1:45.86</b> | +0,91 | 51.23 | 1:45.86 |

Masters 60+

|                             |            |         |           |                |       |         |         |
|-----------------------------|------------|---------|-----------|----------------|-------|---------|---------|
| 1. Gonnje Bak               | PSV        | 1:55.21 | 195100064 | <b>1:56.30</b> | +0,94 | 57.03   | 1:56.30 |
| 2. Tineke van Diggelen      | Oceanus    | 1:56.81 | 195200048 | <b>1:57.69</b> | +0,95 | 56.07   | 1:57.69 |
| 3. Geerdien Meerwaldt       | De Geul    | 2:01.82 | 195200058 | <b>2:04.44</b> | +1,14 | 1:00.25 | 2:04.44 |
| 4. Nini van Dongen-de Paepe | De Devel   | 2:11.27 | 195100044 | <b>2:16.09</b> | +1,15 | 1:03.77 | 2:16.09 |
| 5. Janny van der Weide      | Deltasteur | 2:30.45 | 195100066 | <b>2:33.15</b> |       | 1:14.29 | 2:33.15 |

Masters 65+

|                    |                |         |           |                |       |         |         |
|--------------------|----------------|---------|-----------|----------------|-------|---------|---------|
| 1. Annet Verhoeven | De Duinkickers | 2:02.85 | 194600024 | <b>2:07.75</b> | +1,12 | 1:01.55 | 2:07.75 |
|--------------------|----------------|---------|-----------|----------------|-------|---------|---------|

Masters 70+

|                       |           |         |           |                |       |         |         |
|-----------------------|-----------|---------|-----------|----------------|-------|---------|---------|
| 1. Matty van der Veen | Old Dutch | 1:54.57 | 194400020 | <b>2:06.08</b> | +1,14 | 1:00.60 | 2:06.08 |
| 2. Liesbeth ter Laak  | PSV       | 2:32.92 | 194200008 | <b>2:33.32</b> | +1,11 | 1:13.59 | 2:33.32 |

Masters 80+

|                        |      |         |               |                |       |       |         |
|------------------------|------|---------|---------------|----------------|-------|-------|---------|
| 1. Agnes Van Obberghen | AZSC | 1:51.91 | AZSC/20696/31 | <b>1:54.27</b> | +1,01 | 52.22 | 1:54.27 |
|------------------------|------|---------|---------------|----------------|-------|-------|---------|

Masters 85+

|                       |       |         |           |  |  |  |  |
|-----------------------|-------|---------|-----------|--|--|--|--|
| WDR Anneke Logtenberg | OZ&PC | 2:42.44 | 192900004 |  |  |  |  |
|-----------------------|-------|---------|-----------|--|--|--|--|



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 47  
04-05-2014 - 17:13

Men, 100m Breaststroke

Masters Open  
Results

| rang                             | naam                      | vereniging                | inschrijftijd |           | tijd           | RT    | 50m   | 100m    |
|----------------------------------|---------------------------|---------------------------|---------------|-----------|----------------|-------|-------|---------|
| <b>Masters 20+</b>               |                           |                           |               |           |                |       |       |         |
| 1.                               | Roald Blok                | Octopus                   | 1:05.47       | 199302685 | <b>1:06.81</b> | +0,69 | 30.75 | 1:06.81 |
| <i>Nederlands Masters Record</i> |                           |                           |               |           |                |       |       |         |
| 2.                               | Kenneth Caster            | RZ                        | 1:10.02       | 199100375 | <b>1:12.09</b> | +0,73 | 33.29 | 1:12.09 |
| 3.                               | Patrick Creemers          | RZ                        | 1:11.41       | 199000579 | <b>1:13.08</b> | +0,72 | 34.89 | 1:13.08 |
| 4.                               | Dennis Wijbenga           | Stadskanaal               | 1:10.25       | 199003283 | <b>1:13.51</b> | +0,83 | 34.10 | 1:13.51 |
| 5.                               | Ricardo Hauber            | DES                       | 1:11.09       | 199402029 | <b>1:14.84</b> | +0,71 | 34.61 | 1:14.84 |
| 6.                               | Maik Steenkamp            | Montferland               | 1:11.26       | 199103847 | <b>1:16.66</b> | +0,72 | 35.73 | 1:16.66 |
| 7.                               | Mike Koelewijn            | Steenwijk 1934            | 1:14.26       | 199303597 | <b>1:16.74</b> | +0,71 | 36.02 | 1:16.74 |
| 8.                               | Lars Duijnhouwer          | Den Doorn                 | 1:12.29       | 199107161 | <b>1:17.64</b> | +0,73 | 35.70 | 1:17.64 |
| 9.                               | Dennis Bosma              | Montferland               | 1:10.34       | 199403851 | <b>1:18.03</b> | +0,69 | 35.90 | 1:18.03 |
| 10.                              | Mark Huijsman             | De Lansingh               | 1:16.37       | 199001305 | <b>1:20.82</b> | +0,80 | 37.29 | 1:20.82 |
| 11.                              | Rens Post                 | WVZ                       | 1:17.41       | 199101827 | <b>1:23.04</b> | +0,74 | 37.82 | 1:23.04 |
| 12.                              | Michael Schlijper         | Eurode KZC                | 1:24.69       | 199303691 | <b>1:29.68</b> | +0,83 | 41.68 | 1:29.68 |
| 13.                              | Timo van der Wel          | Piranha                   | 1:31.11       | 199307221 | <b>1:30.03</b> | +0,97 | 43.62 | 1:30.03 |
| 14.                              | Daniel van den Wildenberg | Eurode KZC                | 1:23.11       | 199206491 | <b>1:31.77</b> | +0,73 | 43.22 | 1:31.77 |
| 15.                              | Danny Vochteloo           | ZZG de Boskickers (SG)    | 1:33.29       | 199207251 | <b>1:33.45</b> | +0,99 | 44.24 | 1:33.45 |
| <b>Masters 25+</b>               |                           |                           |               |           |                |       |       |         |
| 1.                               | Tim van den Berg          | MNC Dordrecht             | 1:07.72       | 198500157 | <b>1:07.79</b> | +0,73 | 31.95 | 1:07.79 |
| 2.                               | Remko Hooft               | De Duinkickers            | 1:10.74       | 198701405 | <b>1:15.78</b> | +0,73 | 34.36 | 1:15.78 |
| 3.                               | Brian Narain              | DSZ                       | 1:21.95       | 198904363 | <b>1:18.44</b> | +0,78 | 36.56 | 1:18.44 |
| 4.                               | Martijn van den Berge     | De Lansingh               | 1:20.50       | 198503539 | <b>1:18.69</b> | +0,68 | 37.28 | 1:18.69 |
| 5.                               | Niels van Beurden         | ZPC Woerden               | 1:12.96       | 198805669 | <b>1:20.66</b> | +0,76 | 36.97 | 1:20.66 |
| 6.                               | Wouter van 't Klooster    | AZ&PC                     | 1:22.22       | 198806159 | <b>1:23.89</b> | +0,73 | 37.39 | 1:23.89 |
| 7.                               | Harmen Reemst             | ZOB'66                    | 1:22.19       | 198702715 | <b>1:27.21</b> | +0,78 | 39.71 | 1:27.21 |
| 8.                               | Robin Eggenkamp           | De Duinkickers            | 1:26.79       | 198700847 | <b>1:31.59</b> | +0,81 | 44.03 | 1:31.59 |
| <b>Masters 30+</b>               |                           |                           |               |           |                |       |       |         |
| 1.                               | Richard Claus             | Swimteam Helden-Mosa (SG) | 1:08.79       | 198000265 | <b>1:07.85</b> | +0,78 | 31.65 | 1:07.85 |
| 2.                               | Simon van Ravesteijn      | Zoetermeer                | 1:08.00       | 198002263 | <b>1:11.75</b> | +0,77 | 33.21 | 1:11.75 |
| 3.                               | Kristiaan Lenos           | LZ 1886                   | 1:13.50       | 198301331 | <b>1:14.33</b> | +0,83 | 34.89 | 1:14.33 |
| 4.                               | Jim Geestman              | RSW (SG)                  | 1:13.39       | 198300699 | <b>1:18.13</b> | +0,88 | 37.30 | 1:18.13 |
| 5.                               | Ferry Blangé              | ZOB'66                    | 1:14.70       | 198300185 | <b>1:19.39</b> | +0,79 | 35.55 | 1:19.39 |
| 6.                               | Rob van Vliet             | AZ&PC                     | 1:23.36       | 198402459 | <b>1:19.58</b> | +0,91 | 37.87 | 1:19.58 |
| 7.                               | Hans Cligge               | De Futen                  | 1:21.84       | 198100315 | <b>1:28.68</b> | +0,73 | 41.09 | 1:28.68 |
| 8.                               | Remco Veerkamp            | Zuiderzeezwemmers         | 1:37.11       | 198102311 | <b>1:38.97</b> | +1,00 | 44.63 | 1:38.97 |
| <b>Masters 35+</b>               |                           |                           |               |           |                |       |       |         |
| 1.                               | Egbert Stolk              | d'ELFT WAVE (SG)          | 1:07.40       | 197600889 | <b>1:10.60</b> | +0,75 | 32.91 | 1:10.60 |
| 2.                               | Victor Barnar             | GoSwim                    | 1:10.40       | 197801805 | <b>1:12.38</b> | +0,76 | 33.68 | 1:12.38 |
| 3.                               | Vincent Versteeg          | Zwemlust-den Hommel       | 1:13.01       | 197701003 | <b>1:12.77</b> | +0,74 | 33.13 | 1:12.77 |
| 4.                               | Dennis Schouten           | Upstream Amsterdam        | 1:17.35       | 197501351 | <b>1:15.32</b> | +0,75 | 34.72 | 1:15.32 |
| 5.                               | Freddie Geerlings         | HGN (SG)                  | 1:11.17       | 197900379 | <b>1:16.82</b> | +0,86 | 35.84 | 1:16.82 |
| 6.                               | Ewoud Rupert              | WS Twente                 | 1:14.99       | 197801795 | <b>1:22.04</b> | +0,80 | 38.05 | 1:22.04 |
| 7.                               | Erwin van den Born        | De Rijn                   | 1:20.24       | 197700143 | <b>1:24.91</b> | +0,82 | 39.80 | 1:24.91 |
| 8.                               | Erik Lamers               | De Gelenberg              | 1:22.50       | 197500507 | <b>1:24.95</b> | +0,73 | 39.55 | 1:24.95 |
| 9.                               | Arjan Aalbers             | Swol 1894                 | 1:24.07       | 197500001 | <b>1:31.02</b> | +0,87 | 42.97 | 1:31.02 |
| 10.                              | Roan Doves                | ZVVS                      | 1:34.17       | 197501427 | <b>1:32.24</b> | +0,98 | 42.57 | 1:32.24 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 47, Men, 100m Breaststroke

Masters 40+

|                       |              |         |           |                |       |       |         |
|-----------------------|--------------|---------|-----------|----------------|-------|-------|---------|
| 1. Marcel van Winssen | De Gelenberg | 1:14.04 | 197101477 | <b>1:17.93</b> | +0,88 | 36.67 | 1:17.93 |
| 2. Richard Ricksen    | HGN (SG)     | 1:11.88 | 197000841 | <b>1:18.75</b> | +0,86 | 37.18 | 1:18.75 |
| 3. Jerry Grondel      | PLONS        | 1:16.20 | 197201223 | <b>1:19.10</b> | +0,75 | 36.45 | 1:19.10 |
| 4. Mark van Wingerden | RZ           | 1:15.47 | 197001665 | <b>1:21.48</b> | +0,80 | 36.45 | 1:21.48 |
| 5. Reinier Beek       | WZK Zwemmen  | 1:23.89 | 197101243 | <b>1:22.30</b> | +1,03 | 38.38 | 1:22.30 |
| 6. Wibo Mooibroek     | ZV De Zaan   | 1:21.40 | 197401339 | <b>1:23.42</b> | +0,90 | 37.85 | 1:23.42 |
| 7. Martin Berkhout    | LZ 1886      | 1:28.27 | 197101123 | <b>1:27.29</b> | +0,71 | 40.26 | 1:27.29 |
| 8. Mike Molenaar      | Zoetermeer   | 1:32.35 | 197201493 | <b>1:34.59</b> | +1,00 | 44.57 | 1:34.59 |
| 9. Stefan Vogel       | Racing Club  | 1:31.44 | 197101589 | <b>1:36.07</b> | +0,73 | 46.48 | 1:36.07 |
| 10. Albert Roosenboom | Budel        | 1:31.58 | 197101599 | <b>1:36.41</b> | +1,05 | 44.06 | 1:36.41 |
| WDR Sergey Petrov     | Poseidon     | 1:12.55 | 102211    |                |       |       |         |

Masters 45+

|                              |                 |         |           |                |       |       |         |
|------------------------------|-----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Harold Matla              | PSV             | 1:14.58 | 196800591 | <b>1:14.64</b> | +0,85 | 35.68 | 1:14.64 |
| <i>Kampioenschaps Record</i> |                 |         |           |                |       |       |         |
| 2. Bernd Bienek              | SV Gladbeck 13  | 1:16.37 | 278658    | <b>1:18.00</b> | +0,86 | 37.91 | 1:18.00 |
| 3. Thijs Geurts              | De Watervogels  | 1:17.32 | 196601557 | <b>1:18.32</b> | +1,00 | 36.02 | 1:18.32 |
| 4. Roeland van der Heijden   | PSV             | 1:20.48 | 196701389 | <b>1:19.76</b> | +0,80 | 35.93 | 1:19.76 |
| 5. Guido Keutgen             | AZC             | 1:18.55 | 196801551 | <b>1:20.70</b> | +0,79 | 37.29 | 1:20.70 |
| 6. Jan-Willem van den Berg   | WVZ             | 1:16.70 | 196801575 | <b>1:20.86</b> | +0,80 | 36.71 | 1:20.86 |
| 7. Ron Korzelius             | AZ&PC           | 1:23.70 | 196500513 | <b>1:22.51</b> | +0,75 | 38.30 | 1:22.51 |
| 8. Gerard Tel                | GLS Ketelbinkie | 1:22.44 | 196701175 | <b>1:22.85</b> | +0,85 | 39.59 | 1:22.85 |
| 9. Hans Schoenmakers         | DAW             | 1:21.47 | 196900863 | <b>1:23.49</b> | +0,80 | 37.93 | 1:23.49 |
| 10. Marcel van Lochem        | Zoetermeer      | 1:20.16 | 196500581 | <b>1:24.93</b> | +0,92 | 38.37 | 1:24.93 |
| 11. Jeroen Kort              | DAW             | 1:33.91 | 196801543 | <b>1:25.31</b> | +0,73 | 40.01 | 1:25.31 |
| 12. Joop Weenink             | WS Twente       | 1:26.70 | 196801535 | <b>1:26.24</b> | +0,99 | 41.09 | 1:26.24 |
| 13. Wouter de Bruijn         | De Watervogels  | 1:25.78 | 196601561 | <b>1:27.98</b> | +1,13 | 41.50 | 1:27.98 |
| 14. Huyb Stegeman            | Steenwijk 1934  | 1:30.23 | 196701535 | <b>1:28.82</b> | +0,82 | 42.02 | 1:28.82 |
| 15. Erik Saan                | De Duck         | 1:34.58 | 196500769 | <b>1:29.15</b> | +1,00 | 41.42 | 1:29.15 |
| 16. Erwin Beringen           | GoSwim          | 1:27.45 | 196601515 | <b>1:29.79</b> | +0,67 | 43.38 | 1:29.79 |
| 17. Marcel Brittijn          | De Duinkickers  | 1:32.16 | 196900159 | <b>1:33.36</b> | +0,70 | 44.42 | 1:33.36 |
| 18. Roelof Broekman          | De Spatters     | 1:29.92 | 196800155 | <b>1:34.02</b> | +0,76 | 43.39 | 1:34.02 |
| 19. Gertjan van der Vaart    | ZVVS            | 1:37.88 | 196801529 | <b>1:37.07</b> | +0,81 | 46.60 | 1:37.07 |
| 20. Mark Formby              | Potters Bar SC  | 1:40.39 | 907997    | <b>1:40.59</b> | +0,82 | 47.58 | 1:40.59 |

Masters 50+

|                         |            |         |           |                |       |       |         |
|-------------------------|------------|---------|-----------|----------------|-------|-------|---------|
| 1. Cees van Houwelingen | De Schelde | 1:15.60 | 196300351 | <b>1:18.31</b> | +0,97 | 37.22 | 1:18.31 |
| 2. Ralph Caster         | RZ         | 1:18.12 | 196100069 | <b>1:22.15</b> | +0,82 | 38.55 | 1:22.15 |
| 3. Theo Bakker          | TriVia     | 1:17.70 | 196401231 | <b>1:23.99</b> | +0,77 | 36.89 | 1:23.99 |
| 4. Eric Giling          | De Fuut    | 1:26.24 | 196400237 | <b>1:26.92</b> | +0,77 | 40.82 | 1:26.92 |
| 5. Ronald Grove         | Oceanus    | 1:23.74 | 196100161 | <b>1:27.13</b> | +0,75 | 39.93 | 1:27.13 |
| 6. Jack Barends         | WS Twente  | 1:29.05 | 196201011 | <b>1:31.57</b> | +0,90 | 43.42 | 1:31.57 |
| 7. Eric Tijms           | OEZA       | 1:30.16 | 196401125 | <b>1:34.58</b> | +0,90 | 45.17 | 1:34.58 |
| 8. John Tersteeg        | De Fuut    | 1:38.63 | 196001039 | <b>1:42.85</b> | +0,89 | 48.79 | 1:42.85 |
| WDR Hendrik Haze        | GoSwim     | 1:48.96 | 196401387 |                |       |       |         |

Masters 55+

|                         |                  |         |             |                |       |       |         |
|-------------------------|------------------|---------|-------------|----------------|-------|-------|---------|
| 1. Gerhard Prohaska     | EW Donau SC 1903 | 1:16.09 | 19054       | <b>1:20.86</b> | +0,76 | 39.58 | 1:20.86 |
| 2. Philippe Godbille    | CNSW             | 1:28.05 | CNSW/053/57 | <b>1:30.45</b> | +0,91 | 41.24 | 1:30.45 |
| 3. Paul Bunnik          | Triton           | 1:29.13 | 195600413   | <b>1:31.16</b> | +0,96 | 43.27 | 1:31.16 |
| 4. Vincent de Keijzer   | PLONS            | 1:29.65 | 195800207   | <b>1:33.41</b> | +0,89 | 44.38 | 1:33.41 |
| 5. Jan Timmerman        | IJZPC            | 1:41.02 | 195700347   | <b>1:42.85</b> | +0,84 | 47.45 | 1:42.85 |
| 6. Dirk Crok            | OEZA             | 1:43.70 | 195800547   | <b>1:43.18</b> | +1,28 | 48.71 | 1:43.18 |
| 7. Herbert Katgert      | WS Twente        | 1:45.78 | 195900739   | <b>1:49.38</b> | +1,14 | 51.99 | 1:49.38 |
| 8. Adrie van der Gracht | OEZA             | 1:44.76 | 195700485   | <b>1:51.18</b> | +0,97 | 51.83 | 1:51.18 |
| 9. Frans Suijkerbuijk   | PSV              | 1:58.80 | 195600499   | <b>2:01.51</b> | +0,72 | 54.62 | 2:01.51 |
| DSQ Dré Klaassen        | ZOB'66           | 1:33.08 | 195600141   |                |       |       |         |

AA







Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 47, Men, 100m Breaststroke

Masters 60+

|                           |                |         |           |                |       |       |         |
|---------------------------|----------------|---------|-----------|----------------|-------|-------|---------|
| 1. Piet Schop             | De Bevelanders | 1:31.35 | 195000109 | <b>1:29.27</b> | +0,69 | 41.80 | 1:29.27 |
| 2. Laurens klein Breteler | WWV            | 1:30.87 | 195400109 | <b>1:32.62</b> | +0,77 | 43.06 | 1:32.62 |
| 3. Nikolay Dronov         | Troyka         | 1:42.11 | 003037    | <b>1:40.50</b> | +1,15 | 46.79 | 1:40.50 |
| 4. Richard Catoire        | Oceanus        | 1:46.51 | 195200253 | <b>1:43.43</b> | +0,95 | 48.36 | 1:43.43 |

Masters 65+

|                   |          |         |           |                |       |         |         |
|-------------------|----------|---------|-----------|----------------|-------|---------|---------|
| 1. Willem Putter  | ZVVS     | 1:42.01 | 194500135 | <b>1:42.89</b> | +1,09 | 48.64   | 1:42.89 |
| 2. Jaap Kwakkel   | DAW      | 1:42.85 | 194700157 | <b>1:43.57</b> | +0,98 | 49.55   | 1:43.57 |
| 3. Peter Ouweneel | RSW (SG) | 1:59.11 | 194500077 | <b>2:07.83</b> | +1,14 | 1:01.77 | 2:07.83 |

Masters 70+

|                      |           |         |             |                |       |       |         |
|----------------------|-----------|---------|-------------|----------------|-------|-------|---------|
| 1. Rob Hanou         | PSV       | 1:32.29 | 194300109   | <b>1:36.55</b> | +1,05 | 45.88 | 1:36.55 |
| 2. Nico Baay         | Old Dutch | 1:37.16 | 194200053   | <b>1:41.52</b> | +0,83 | 46.12 | 1:41.52 |
| 3. Ruud Sloof        | De Rijn   | 1:41.84 | 194400073   | <b>1:47.71</b> | +0,99 | 52.29 | 1:47.71 |
| DSQ Kevork Boyrazian | CNSW      | 2:01.94 | CNSW/609/44 |                | SL    |       |         |

Masters 75+

|                  |               |         |           |                |       |         |         |
|------------------|---------------|---------|-----------|----------------|-------|---------|---------|
| 1. Jan Eichhorn  | ZV Haerlem    | 1:56.21 | 193700015 | <b>2:01.08</b> | +0,89 | 57.21   | 2:01.08 |
| 2. Gregor Pompen | Aqua-Novio'94 | 2:02.47 | 193700021 | <b>2:07.09</b> | +1,13 | 1:01.15 | 2:07.09 |

Event 48  
04-05-2014 - 17:43

Mixed, 4 x 50m Freestyle

Masters Open  
Results

| rang       | vereniging                                | inschrijftijd                        | startnr. | tijd           | RT    |
|------------|---|--------------------------------------|----------|----------------|-------|
| <b>80+</b> |   |                                      |          |                |       |
| 1.         | WVZ 1<br><i>Nederlands Masters Record</i> | 1:42.99                              |          | <b>1:44.27</b> | +0,76 |
|            | Kimberley Albers 92 +0,76 28.00           | Bruno Carissimi Boff 92 +0,44 25.58  |          |                |       |
|            | Anja van der Hout 90 +0,18 26.72          | Mark Costeris 92 +0,37 23.97         |          |                |       |
| 2.         | NDD 1                                     | 1:46.36                              |          | <b>1:50.02</b> | +0,80 |
|            | Robin Eltink 94 +0,80 26.95               | Eva Engelen 94 +0,33 29.37           |          |                |       |
|            | Carmen Seesing 94 +0,45 28.57             | Hjalmar de Ruiter 89 +0,17 25.13     |          |                |       |
| 3.         | LZ 1886 2                                 | 1:57.57                              |          | <b>1:53.62</b> | +0,69 |
|            | Sjoerd Sieval 90 +0,69 26.57              | Simone de Boer 93 +0,29 29.61        |          |                |       |
|            | Rosanne de Boer 91 +0,40 30.38            | Dirk-Jan Pronk 87 +0,03 27.06        |          |                |       |
| 4.         | Montferland 1                             | 1:54.58                              |          | <b>1:55.63</b> | +0,77 |
|            | Marije Jansen 85 +0,77 29.55              | Martijn Giezen 85 +0,34 26.50        |          |                |       |
|            | Dennis Bosma 94 +0,62 26.92               | Daphne Meijer 93 +0,30 32.66         |          |                |       |
| 5.         | RZ 1                                      | 2:01.64                              |          | <b>1:55.67</b> | +0,67 |
|            | Denise Austen 93 +0,67 32.00              | Suzan van den Bogaard 89 +0,55 30.02 |          |                |       |
|            | Kenneth Caster 91 +0,44 27.42             | Patrick Creemers 90 +0,45 26.23      |          |                |       |
| 6.         | Octopus 1                                 | 1:53.20                              |          | <b>1:58.32</b> | +0,73 |
|            | Sharon Gelmers 94 +0,73 28.36             | Roald Blok 93 +0,34 26.53            |          |                |       |
|            | Margriet Aan het Rot 86 +0,32 34.93       | Albert van Piekeren 84 +0,27 28.50   |          |                |       |
| 7.         | WVZ 2                                     | 1:56.73                              |          | <b>2:00.52</b> | +0,76 |
|            | Peter Taal 92 +0,76 29.59                 | Carmen Veldkamp 94 +0,47 32.80       |          |                |       |
|            | Maik Helgers 91 +0,69 29.77               | Manon van Strien 94 +0,51 28.36      |          |                |       |





Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 48, Mixed, 4 x 50m Freestyle

100+

|                       |                  |       |         |                        |                |       |
|-----------------------|------------------|-------|---------|------------------------|----------------|-------|
| 1. WVZ 4              | WVZ              |       | 1:53.07 |                        | <b>1:51.16</b> | +0,75 |
| Mea Ferreira          | 89               | +0,75 | 29.88   | Ivo Roozeboom          | 77             | +0,16 |
| Isabelle Massar       | 91               | +0,37 | 29.12   | Nick Baron             | 91             | +0,30 |
| 2. d'ELFT WAVE (SG) 1 | d'ELFT WAVE (SG) |       | 1:53.84 |                        | <b>1:51.63</b> | +0,74 |
| Egbert Stolk          | 76               | +0,74 | 25.98   | Ilse Noorlander        | 93             | +0,07 |
| Zarife Gela           | 92               | +0,55 | 30.38   | Victor den Heijer      | 83             | +0,26 |
| 3. ZPC Woerden 1      | ZPC Woerden      |       | 1:58.15 |                        | <b>1:55.49</b> | +0,85 |
| Niels van Beurden     | 88               | +0,85 | 29.27   | Ilse van den Wijngaard | 89             | +0,35 |
| Patrick de Jonge      | 89               | +0,25 | 27.04   | Sabine Lina            | 89             | +0,36 |
| 4. AZ&PC 1            | AZ&PC            |       | 1:57.97 |                        | <b>1:59.23</b> | +0,87 |
| Rob van Vliet         | 84               | +0,87 | 27.80   | Larissa Brak           | 88             | +0,31 |
| Marjje van Manen      | 86               | +0,29 | 30.28   | Wouter van 't Klooster | 88             | +0,38 |
| 5. WVZ 3              | WVZ              |       | 1:57.81 |                        | <b>1:59.89</b> | +0,76 |
| Tessa Verheijdt       | 89               | +0,76 | 33.44   | Rens Post              | 91             | +0,37 |
| Monique Pronk         | 88               | +0,66 | 32.39   | Bas v.d. Laan          | 83             | +0,12 |
| 6. Montferland 2      | Montferland      |       | 2:06.90 |                        | <b>2:07.22</b> | +0,76 |
| Maik Steenkamp        | 91               | +0,76 | 28.47   | Kelly Bocking          | 91             | +0,16 |
| Angela Giezen         | 83               | +0,42 | 33.83   | Daniel Rosenkranz      | 91             | +0,40 |

120+

|                       |            |       |         |                      |                |       |
|-----------------------|------------|-------|---------|----------------------|----------------|-------|
| 1. De Futen 1         | De Futen   |       | 1:56.63 |                      | <b>1:51.06</b> | +0,75 |
| Lorenzo Cavallini     | 90         | +0,75 | 25.03   | Petra Benani-Wolsing | 84             | +0,43 |
| Tony de Groot         | 73         | +0,34 | 31.86   | Matteo Mattacchione  | 78             | +0,28 |
| 2. DAW 3              | DAW        |       | 1:55.82 |                      | <b>1:51.08</b> | +0,77 |
| Bianca Paape          | 85         | +0,77 | 29.33   | Maaïke Vooren        | 91             | +0,32 |
| Alex Damen            | 75         | +0,23 | 26.73   | Kars Luttk           | 78             | +0,21 |
| 3. PLONS 1            | PLONS      |       | 1:54.00 |                      | <b>1:51.12</b> | +0,85 |
| Marjje Bouma          | 86         | +0,85 | 29.09   | Stan Dekker          | 79             | +0,36 |
| Ina Schaafsma         | 85         | +0,25 | 29.96   | Bart Groenemans      | 82             | +0,18 |
| 4. WS Twente 1        | WS Twente  |       | 1:54.94 |                      | <b>1:51.89</b> | +0,83 |
| Inez Heideman         | 75         | +0,83 | 29.55   | Annelette de Vries   | 86             | +0,26 |
| Marcel Reefhuis       | 81         | +0,31 | 27.83   | Ewoud Rupert         | 78             | +0,26 |
| 5. Zoetermeer 2       | Zoetermeer |       | 1:58.71 |                      | <b>1:57.45</b> | +0,95 |
| Marcel van Lochem     | 65         | +0,95 | 30.43   | Simon van Ravesteijn | 80             | +0,43 |
| Sanne van Dijk        | 90         | +0,46 | 30.29   | Delia Badoux         | 80             | +0,04 |
| 6. LZ 1886 1          | LZ 1886    |       | 2:00.09 |                      | <b>1:58.72</b> | +0,73 |
| Phil Airey            | 74         | +0,73 | 27.83   | Martin Berkhout      | 71             | +0,65 |
| Anna Boef             | 88         | +0,65 | 31.96   | Heidi van Stein      | 69             | +0,37 |
| 7. DAW 4              | DAW        |       | 2:02.41 |                      | <b>2:03.48</b> | +0,69 |
| Ron Langelaan         | 78         | +0,69 | 30.21   | Jeroen Vogelsang     | 80             | +0,31 |
| Laura Badoux          | 82         | +0,38 | 31.55   | Sandra Pannekeet     | 84             | +0,36 |
| 8. Budel 1            | Budel      |       | 2:03.80 |                      | <b>2:07.21</b> | +0,80 |
| Carola Hompes         | 88         | +0,80 | 33.25   | Ruud Kennis          | 65             | +0,45 |
| Edward van Nijmweegen | 70         | +0,37 | 31.04   | Joyce Raemaekers     | 91             | +0,39 |
| 9. ZOB'66 1           | ZOB'66     |       | 2:04.86 |                      | <b>2:07.65</b> | +0,70 |
| Carly Noordermeer     | 87         | +0,70 | 31.64   | Anouk van der Pligt  | 93             | +0,32 |
| Dré Klaassen          | 56         | +0,37 | 38.14   | Ferry Blangé         | 83             | +0,24 |
| 10. Zoetermeer 1      | Zoetermeer |       | 2:09.52 |                      | <b>2:08.80</b> | +1,09 |
| Mike Molenaar         | 72         | +1,09 | 33.22   | Yvette Kilian        | 66             | +0,47 |
| Fleur Maas            | 89         | +0,54 | 33.18   | Markus van Rest      | 77             | +0,28 |
| 11. Den Doorn 1       | Den Doorn  |       | 2:11.84 |                      | <b>2:16.05</b> | +1,18 |
| Ineke Branderhorst    | 69         | +1,18 | 42.92   | Antoinette Kant      | 69             | +0,61 |
| Nico Swart            | 68         | +0,47 | 30.01   | Lars Duijnhouwer     | 91             | +0,31 |



Open Nederlandse Masters  
Kampioenschappen 2014 lange baan  
Den Haag 2-4 mei 2014



Event 48, Mixed, 4 x 50m Freestyle

160+

|    |                     |                |       |         |                         |                |             |
|----|---------------------|----------------|-------|---------|-------------------------|----------------|-------------|
| 1. | AZC 1               | AZC            |       | 2:05.73 |                         | <b>2:01.61</b> | +0,86       |
|    | Joeri Stoffels      | 73             | +0,86 | 26.42   | Auke de Lange           | 86             | +0,13 29.75 |
|    | Sandra Daamen-Posma | 68             | +0,37 | 37.84   | Guido Keutgen           | 68             | +0,21 27.60 |
| 2. | RZ 2                | RZ             |       | 2:04.58 |                         | <b>2:06.39</b> | +0,79       |
|    | Patricia Austen     | 70             | +0,79 | 38.12   | Gino Martijn            | 79             | +0,50 29.17 |
|    | Wendy Knoops        | 68             | +0,42 | 32.31   | Dimitrie Sonnemans      | 75             | +0,47 26.79 |
| 3. | WVZ 5               | WVZ            |       | 2:15.68 |                         | <b>2:09.84</b> | +0,87       |
|    | Marie-Josée Matte   | 60             | +0,87 | 37.00   | Susan Breugem           | 71             | +0,46 33.13 |
|    | Richard Koudijs     | 63             | +0,36 | 30.35   | Jan-Willem van den Berg | 68             | +0,11 29.36 |
| 4. | DAW 2               | DAW            |       | 2:12.66 |                         | <b>2:11.47</b> | +0,67       |
|    | Ingeborg Stokx      | 67             | +0,67 | 37.50   | Wieteke Elzinga         | 86             | +0,29 33.36 |
|    | Jeroen Kort         | 68             | +0,25 | 28.53   | Hans Schoenmakers       | 69             | +0,32 32.08 |
| 5. | Swol 1894 1         | Swol 1894      |       | 2:10.00 |                         | <b>2:14.06</b> | +0,83       |
|    | Arjan Aalbers       | 75             | +0,83 | 29.30   | Annet Kootstra          | 71             | +0,38 37.47 |
|    | Marjan Spoelstra    | 60             | +0,33 | 37.88   | Kasper van den Berghe   | 73             | +0,42 29.41 |
| 6. | Potters Bar Sharks  | Potters Bar SC |       | 2:11.51 |                         | <b>2:16.57</b> | +0,88       |
|    | Eugene Gormley      | 67             | +0,88 | 32.25   | Daniella Harrison       | 72             | +0,68 35.79 |
|    | Caroline Griffin    | 73             | +0,69 | 38.27   | Darren Hamshere         | 67             | +0,47 30.26 |
| 7. | De Fuut 1           | De Fuut        |       | 2:27.03 |                         | <b>2:27.74</b> | +0,80       |
|    | Eric Giling         | 64             | +0,80 | 31.61   | Margriet de Hoop        | 68             | +0,75 45.52 |
|    | John Tersteeg       | 60             | +0,64 | 34.63   | Myra Vink               | 66             | +0,40 35.98 |
| 8. | Steenwijk 1934 1    | Steenwijk 1934 |       | 2:29.99 |                         | <b>2:35.78</b> | +1,28       |
|    | Riekje Schra        | 64             | +1,28 | 58.71   | Charine de Ruiter       | 94             | +0,58 33.70 |
|    | Casper Dollekamp    | 63             | +0,50 | 31.52   | Huyb Stegeman           | 67             | +0,38 31.85 |

200+

|    |                           |                         |       |         |                     |                |             |
|----|---------------------------|-------------------------|-------|---------|---------------------|----------------|-------------|
| 1. | DAW 1                     | DAW                     |       | 2:05.87 |                     | <b>2:07.80</b> | +0,68       |
|    | Ilona Hogerheyde          | 74                      | +0,68 | 30.35   | Petra Tossings      | 61             | +0,54 34.71 |
|    | Jaap Kwakkel              | 47                      | +0,44 | 34.18   | John Stokx          | 64             | +0,39 28.56 |
| 2. | Zwemvereniging Westland 1 | Zwemvereniging Westland |       | 2:11.20 |                     | <b>2:11.52</b> | +0,87       |
|    | Fred Dijkshoorn           | 65                      | +0,87 | 30.56   | Mark Nuijten        | 60             | +0,43 28.77 |
|    | Elke Nuijten              | 64                      | +0,39 | 34.46   | Tineke Brouwer-Maat | 53             | +0,76 37.73 |

240+

|    |                       |           |       |         |                      |                |             |
|----|-----------------------|-----------|-------|---------|----------------------|----------------|-------------|
| 1. | WS Twente 2           | WS Twente |       | 2:12.54 |                      | <b>2:13.74</b> | +0,80       |
|    | Jeannette Ruesink     | 63        | +0,80 | 34.51   | Frans van Enst       | 40             | +0,51 33.99 |
|    | Marijke Kraak-Beckers | 60        | +0,22 | 33.67   | Hugo Staudt          | 53             | +0,03 31.57 |
| 2. | CNSW 1                | CNSW      |       | 2:32.00 |                      | <b>2:33.77</b> | +0,85       |
|    | Philippe Godbille     | 57        | +0,85 | 30.51   | Fernande Blondeel    | 52             | +0,47 44.43 |
|    | Claire Anthony        | 57        | +0,26 | 33.81   | Kevork Boyrazian     | 44             | +0,09 45.02 |
| 3. | Old Dutch 1           | Old Dutch |       | 2:53.27 |                      | <b>2:59.12</b> | +0,87       |
|    | Marc van Nassau       | 66        | +0,87 | 36.67   | Nico Baay            | 42             | +0,77 46.31 |
|    | Truus Ruiter          | 40        |       | 55.97   | Karin van den Heuvel | 66             | +0,54 40.17 |

280+

|    |                                  |     |       |         |               |                |             |
|----|----------------------------------|-----|-------|---------|---------------|----------------|-------------|
| 1. | PSV 1                            | PSV |       | 2:22.79 |               | <b>2:23.07</b> | +0,78       |
|    | <i>Nederlands Masters Record</i> |     |       |         |               |                |             |
|    | Corrie Verhoeven                 | 46  | +0,78 | 36.17   | Lottie Geurts | 35             | +0,70 41.82 |
|    | Rob Hanou                        | 43  | +0,51 | 35.87   | Brend Brevé   | 52             | +0,32 29.21 |