Контрольные нормативы для бассейнов 50 м

								Мужчины									
Группа	**50в/с**	**100в/с**	**200в/с**	**400в/с**	**800в/с**	**1500в/с**	**50сп.**	**100сп.**	**200сп.**	**50бр.**	**100бр.**	**200бр.**	**50батт.**	**100батт.**	**200батт.**	**200к/п**	**400к/п**
25-29	00:29.75	01:11.00	02:30.00	05:32.50	11:45.00	22:15.00	00:35.75	01:19.00	02:51.00	00:38.00	01:27.00	03:07.00	00:34.25	01:19.00	02:54.00	02:59.00	06:22.50
30-34	00:31.00	01:13.50	02:33.00	05:40.00	12:15.00	23:15.00	00:37.50	01:21.50	02:54.00	00:39.50	01:29.50	03:15.00	00:35.50	01:21.50	03:02.00	03:09.00	06:45.00
35-39	00:32.50	01:16.50	02:38.00	05:47.50	12:45.00	24:15.00	00:39.00	01:24.00	03:02.00	00:40.75	01:32.00	03:23.00	00:36.75	01:24.00	03:09.00	03:20.00	07:05.00
40-44	00:34.25	01:21.50	02:46.00	06:02.50	13:15.00	25:15.00	00:40.50	01:29.50	03:09.00	00:42.00	01:34.50	03:30.00	00:39.50	01:27.00	03:20.00	03:30.00	07:27.50
45-49	00:35.50	01:24.00	02:54.00	06:20.00	13:45.00	26:15.00	00:42.00	01:34.50	03:20.00	00:44.75	01:40.00	03:41.00	00:42.00	01:29.50	03:30.00	03:41.00	07:50.00
50-54	00:36.75	01:29.50	03:02.00	06:35.00	14:15.00	27:30.00	00:44.75	01:40.00	03:30.00	00:47.25	01:45.00	03:57.00	00:44.75	01:34.50	03:41.00	03:57.00	08:25.00
55-59	00:39.50	01:34.50	03:22.00	06:50.00	14:45.00	28:30.00	00:47.25	01:45.00	03:41.00	00:52.50	01:55.50	04:12.00	00:47.25	01:45.00	03:57.00	04:12.00	08:57.50
60-64	00:42.00	01:40.00	03:25.00	07:07.50	15:45.00	30:30.00	00:52.50	01:55.50	03:57.00	00:57.75	02:06.00	04:28.00	00:52.50	01:55.50	04:12.00	04:28.00	09:32.50
65-69	00:44.75	01:45.00	03:41.00	07:52.50	17:00.00	32:30.00	00:57.75	02:06.00	04:29.00	01:03.00	02:16.50	04:44.00	00:57.75	02:06.00	04:28.00	04:44.00	10:05.00
70-74	00:47.25	01:50.50	03:57.00	08:40.00	18:00.00	34:30.00	01:03.00	02:22.00	05:02.00	01:08.25	02:27.00	05:15.00	01:05.75	02:27.00	05:00.00	05:00.00	10:37.50
75-79	00:52.50	01:55.50	04:12.00	09:12.50	19:00.00	36:30.00	01:08.25	02:30.00	05:19.00	01:13.50	02:37.50	05:47.00	01:13.50	02:37.50	05:31.00	05:15.00	11:12.50
80-84	00:57.75	02:03.50	04:44.00	10:00.00	20:00.00	38:30.00	01:13.50	02:37.50	05:31.00	01:21.50	02:53.50	06:18.00	01:21.50	02:53.50	06:03.00	05:47.00	12:20.00
85-89	01:03.00	02:11.50	05:15.00	10:47.50	21:45.00	41:30.00	01:24.00	02:53.50	06:18.00	01:29.25	03:09.00	06:50.00	01:29.25	03:09.00	06:50.00	06:18.00	13:27.50
90-94	01:13.50	02:37.50	05:47.00	11:35.00	24:15.00	46:30.00	01:34.50	03:25.00	07:06.00	01:42.50	03:40.50	07:37.00	01:45.00	03:40.50	07:53.00	06:50.00	14:32.50

								Женщины									
Группа	**50в/с**	**100в/с**	**200в/с**	**400в/с**	**800в/с**	**1500в/с**	**50сп.**	**100сп.**	**200сп.**	**50бр.**	**100бр.**	**200бр.**	**50батт.**	**100батт.**	**200батт.**	**200к/п**	**400к/п**
25-29	00:34.25	01:24.00	02:54.00	06:50.00	14:15.00	27:30.00	00:40.75	01:29.50	03:09.00	00:46.00	01:42.50	03:33.00	00:38.75	01:27.00	03:25.00	03:30.00	07:27.50
30-34	00:35.50	01:27.00	03:02.00	07:07.50	14:45.00	28:30.00	00:42.00	01:34.50	03:20.00	00:47.25	01:45.00	03:41.00	00:40.00	01:29.50	03:33.00	03:41.00	07:50.00
35-39	00:36.75	01:29.50	03:09.00	07:22.50	15:15.00	29:30.00	00:44.75	01:40.00	03:30.00	00:50.00	01:50.50	03:51.00	00:42.00	01:34.50	03:41.00	03:51.00	08:12.50
40-44	00:39.50	01:32.00	03:17.00	07:37.50	15:45.00	30:30.00	00:47.25	01:45.00	03:41.00	00:52.50	01:55.50	04:02.00	00:44.75	01:40.00	03:51.00	04:02.00	08:35.00
45-49	00:42.00	01:34.50	03:25.00	07:52.50	16:30.00	31:30.00	00:52.50	01:55.50	03:57.00	00:55.25	02:01.00	04:12.00	00:47.25	01:45.00	04:02.00	04:12.00	08:57.50
50-54	00:44.75	01:42.50	03:41.00	08:10.00	17:00.00	32:30.00	00:57.75	02:06.00	04:23.00	00:57.75	02:06.00	04:28.00	00:52.50	01:55.50	04:12.00	04:28.00	09:32.50
55-59	00:47.25	01:50.50	03:57.00	08:25.00	17:30.00	33:30.00	01:03.00	02:16.50	04:44.00	01:00.50	02:16.50	04:44.00	00:57.75	02:06.00	04:28.00	04:44.00	10:05.00
60-64	00:52.50	01:58.50	04:12.00	08:57.50	18:30.00	35:30.00	01:08.25	02:27.00	05:10.00	01:03.00	02:27.00	05:00.00	01:03.00	02:16.50	04:44.00	05:00.00	10:37.50
65-69	00:57.75	02:06.00	04:28.00	09:27.50	19:45.00	38:00.00	01:16.25	02:37.50	05:31.00	01:08.25	02:37.50	05:31.00	01:08.25	02:24.50	05:00.00	05:15.00	11:12.50
70-74	01:03.00	02:16.50	04:44.00	10:00.00	21:00.00	40:30.00	01:24.00	02:53.50	06:10.00	01:13.50	02:48.00	06:03.00	01:13.50	02:37.50	05:31.00	05:47.00	12:20.00
75-79	01:08.25	02:27.00	05:00.00	10:30.00	22:30.00	43:00.00	01:32.00	03:09.00	06:34.00	01:24.00	02:58.50	06:34.00	01:21.50	02:53.50	06:03.00	06:18.00	13:27.50
80-84	01:13.50	02:37.50	05:31.00	11:17.50	24:15.00	46:30.00	01:34.50	03:25.00	07:06.00	01:34.50	03:14.50	07:06.00	01:29.25	03:09.00	06:34.00	06:50.00	14:32.50
85-89	01:18.75	02:53.50	06:03.00	12:37.50	25:45.00	49:30.00	01:50.25	03:56.50	08:24.00	01:45.00	03:40.50	07:53.00	01:39.75	03:40.50	07:37.00	07:37.00	16:15.00
90-94	01:24.00	03:09.00	06:34.00	13:40.00	28:00.00	53:45.00	02:06.00	04:28.00	09:12.00	01:55.50	03:56.50	08:40.00	01:50.25	04:12.00	08:40.00	08:40.00	18:27.50