

, 14. - 15.12.2019

1		, 50m		25	
14.12.2019 - 11:00					
III	.	9 +: 1:00.00 /	II	.	9 +: 50.50 /
III		9 +: 33.50 /	II		9 +: 31.50 /
		12 +: 26.70		I	9 +: 28.80 /
					9 +: 40.50 /
					10 +: 27.50 /
: FINA 2019					
25 - 29					
1.	,		93		28.01 603 I
2.	,		92		31.40 428 II
3.	,		90	-	32.10 400 III
30 - 34					
1.	,		89		45.77 138 2
35 - 39					
1.	,		80		31.41 427 II
2.	,		80		31.65 418 III
3.	,		80		35.21 303 1
4.	,		80	-	39.00 223 1
DNF	,		84	" "	
DNF	,		81		
40 - 44					
1.	,		76	-	36.97 262 1
45 - 49					
1.	,		73	" "	32.99 369 III
2.	,		73		37.20 257 1
3.	,		74		38.52 232 1
4.	,		73		43.12 165 2
5.	,		73		43.69 159 2
50 - 54					
1.	,		67	" "	36.18 280 1
55 - 59					
1.	,		64	-	41.87 180 2
EXH	,		20		43.64 159 2

2		, 50m		25	
14.12.2019 - 11:05					
III	9 +: 56.00 /	II	9 +: 46.00 /	I	9 +: 36.00 /
III	9 +: 30.00 /	II	9 +: 27.80 /	I	9 +: 25.40 /
	12 +: 23.40				10 +: 24.15 /
: FINA 2019					
25 - 29					
1.	,	90	-		25.77 534 II
30 - 34					
1.	,	87			27.71 429 II
2.	,	86			29.93 340 III
3.	,	85			32.38 269 1
35 - 39					
1.	,	84			28.57 392 III
2.	,	83	" "		29.35 361 III
3.	,	84			30.20 331 1
4.	,	80	-		30.64 317 1
5.	,	81			34.63 220 1
40 - 44					
1.	,	78			25.88 527 II
2.	,	79			29.29 363 III
3.	,	77	" "		29.82 344 III
4.	,	78	-		33.12 251 1
5.	,	79			33.44 244 1
DNF	,	79			
45 - 49					
1.	,	72			28.10 412 III
2.	,	73	" "		29.92 341 III
3.	,	70			30.94 308 1
4.	,	74	" "		31.97 279 1
5.	,	70			32.39 269 1
6.	,	72			35.51 204 1
50 - 54					
1.	,	68			26.46 493 II
2.	,	67			26.66 482 II
3.	,	65	" "		30.41 325 1
4.	,	68			31.94 280 1
DSQ	,	65			
55 - 59					
1.	,	62			29.17 368 III
2.	,	60	" "		30.63 318 1
3.	,	64	" "		32.30 271 1
4.	,	63			34.66 219 1

III

, 14. - 15.12.2019

" "

2, , 50m

60 - 64

1.	,	56		33.24	248 1
2.	,	58		35.01	213 1

65 - 69

1.	,	52	" "	32.91	256 1
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70 - 74

1.	,	46	-	37.72	170 2
2.	,	46		50.67	70 3

~~Финский курс~~

EXH 1.	,	20		26.84	472 II
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3

, 50m

25

14.12.2019 - 11:10

III . 9 +: 1:04.50 /	II . 9 +: 54.50 /	I . 9 +: 44.50 /
III 9 +: 37.50 /	II 9 +: 34.50 /	I 9 +: 31.90 /
12 +: 28.25		10 +: 29.40 /

: FINA 2019

25 - 29

1.	,	91		33.76	378 II
----	---	----	--	--------------	--------

30 - 34

1.	,	85	lls	53.65	94 2
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35 - 39

1.	,	80		37.98	266 1
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50 - 54

1.	,	68		39.45	237 1
----	---	----	--	--------------	-------

55 - 59

1.	,	64	" "	35.59	323 III
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, 14. - 15.12.2019

4		, 50m		25	
14.12.2019 - 11:15					
III	. 9 +: 59.00 /	II	. 9 +: 49.00 /	I	. 9 +: 39.00 /
III	9 +: 34.00 /	II	9 +: 31.00 /	I	9 +: 27.90 /
12 +: 24.90				10 +: 25.90 /	
: FINA 2019					
35 - 39					
1.	,	83	" "	35.75	241 1
40 - 44					
1.	,	77	" "	30.91	373 II
45 - 49					
1.	,	73		30.04	407 II
2.	,	73	" "	30.10	405 II
3.	,	73	" "	31.48	354 III
4.	,	72	" /	32.40	324 III
5.	,	74	" "	32.63	317 III
6.	,	73		32.69	316 III
50 - 54					
1.	,	68		28.62	471 II
2.	,	68	-	34.51	268 1
3.	,	65		35.88	239 1
4.	,	67		36.06	235 1
5.	,	65		36.84	220 1
6.	,	69		43.93	130 2
55 - 59					
1.	,	62		35.55	245 1
2.	,	60		44.57	124 2
3.	,	62	-	54.26	69 3
60 - 64					
1.	,	58		43.07	138 2
65 - 69					
1.	,	52	" "	41.90	150 2

III

" "

, 14. - 15.12.2019

5		, 50m		25	
14.12.2019 - 11:15					
III	.	9 +: 1:08.00 /	II	.	9 +: 58.00 /
III		9 +: 41.50 /	II		9 +: 37.50 /
		12 +: 29.20	I	.	9 +: 48.00 /
			I		9 +: 32.50 /
					10 +: 30.90 /

: FINA 2019

25 - 29

1. , 90 36.72 396 II

30 - 34

1. , 89 " " 43.71 235 1

35 - 39

1. , , 81 36.72 396 II

2. , 84 " " 46.49 195 1

40 - 44

1. , , 78 " " 37.45 373 II

2. , , 76 43.39 240 1

45 - 49

1. , , 73 " " 37.39 375 II

2. , , 70 46.09 200 1

6

, 50m

25

14.12.2019 - 11:20

III	.	9 +: 1:02.50 /	II	.	9 +: 52.50 /
III		9 +: 36.50 /	II		9 +: 33.00 /
		12 +: 25.40	I	.	9 +: 42.50 /
			I		9 +: 28.70 /
					10 +: 26.90 /

: FINA 2019

25 - 29

1. , , 90 - " " 30.67 479 II

2. , , 94 " " 31.79 430 II

30 - 34

1. , , 88 - 33.24 376 III

2. , , 89 - 33.40 371 III

35 - 39

1. , , 80 - 35.86 299 III

2. , , 80 - 45.78 144 2

40 - 44

1. , , 75 " " 34.90 325 III

, 50

"ALT TIMING"

6, , 50m					
45 - 49					
1.	,	73	" "	33.93	353 III
2.	,	74	" "	36.39	286 III
3.	,	72	-	37.51	261 1
4.	,	72	" "/ -	38.10	249 1
5.	,	72		39.49	224 1
6.	,	70		40.50	208 1
55 - 59					
1.	,	63		38.28	246 1
2.	,	62		44.01	162 2
3.	,	62	-	58.33	69 3
60 - 64					
1.	,	58		42.12	184 1
2.	,	57		47.47	129 2
65 - 69					
1.	,	52	" "	54.89	83 3
70 - 74					
1.	,	46	-	46.77	135 2
75 - 79					
1.	,	40	" "	1:02.19	57 3

7

, 50m

25

14.12.2019 - 11:25

III . 9+: 1:12.50 /	II . 9+: 1:02.50 /	I . 9+: 52.50 /
III 9+: 45.00 /	II 9+: 41.00 /	I 9+: 36.90 /
12+: 33.40		10+: 35.20 /

: FINA 2019

25 - 29					
1.	,	90	-	47.57	236 1
35 - 39					
1.	,	81		43.19	315 III
2.	,	80		46.17	258 1
3.	,	80	-	49.53	209 1
40 - 44					
1.	,	77		42.92	321 III
2.	,	75	" "	45.58	268 1
3.	,	76	-	49.59	208 1

III

" "

, 14. - 15.12.2019

7, , 50m

45 - 49

1.	,	73	"	"	38.50	445 II
2.	,	70			46.81	247 1
3.	,	74			50.64	195 1

50 - 54

1.	,	67	"	"	47.46	237 1
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55 - 59

1.	,	64	"	"	43.21	314 III
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8

, 50m

25

14.12.2019 - 11:25

III	.	9 +: 1:06.00 /	II	.	9 +: 56.00 /	I	.	9 +: 46.00 /
III		9 +: 39.50 /	II		9 +: 36.00 /	I		9 +: 32.60 /
		12 +: 29.20						10 +: 30.70 /

: FINA 2019

25 - 29

1.	,	90			46.03	179 2
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30 - 34

1.	,	86	"	"	34.74	416 II
2.	,	85			35.24	399 II
3.	,	85			41.53	243 1

35 - 39

1.	,	80	"	"	33.47	466 II
2.	,	82			35.99	374 II
DSQ	,	81				

40 - 44

1.	,	75			35.15	402 II
2.	,	79			38.99	294 III
3.	,	78	-		40.62	260 1

45 - 49

1.	,	74	"	"	37.95	319 III
2.	,	74	"	"	39.84	276 1

50 - 54

1.	,	65	"	"	39.13	291 III
2.	,	68	-		39.30	287 III
3.	,	69			49.07	147 2

8, , 50m

55 - 59

1.	,	62		35.83	379 II
2.	,	63		41.15	250 1
3.	,	64	" "	43.43	213 1
4.	,	62		43.52	212 1
5.	,	60		43.77	208 1

60 - 64

1.	,	56		42.10	234 1
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65 - 69

1.	,	53		39.64	280 1
2.	,	52	" "	56.70	95 3

70 - 74

1.	,	46		55.15	104 2
2.	,	46	" "	1:11.19	48

75 - 79

1.	,	40	" "	1:07.49	56
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9

, 100m

25

14.12.2019 - 11:35

III . 9 +: 2:14.00 /	II . 9 +: 1:55.00 /	I . 9 +: 1:35.00 /
III 9 +: 1:21.00 /	II 9 +: 1:13.30 /	I 9 +: 1:05.74 /
10 +: 1:01.90 /	12 +: 57.90	

: FINA 2019

25 - 29

1.	,	90	-	1:09.09	419 II
2.	,	91		1:09.62	409 II

30 - 34

1.	,	85	lls	1:32.97	172 1
2.	,	89		1:40.47	136 2

35 - 39

1.	,	80		1:24.30	230 1
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40 - 44

DSQ , 77

45 - 49

1.	,	73		1:38.06	146 2
2.	,	73		1:40.85	134 2

III

" "

, 14. - 15.12.2019

9, , 100m

55 - 59

1. , 64 - 1:41.43 132 2

10

, 100m

25

14.12.2019 - 11:40

III . 9 +: 2:05.00 /	II . 9 +: 1:45.00 /	I . 9 +: 1:25.00 /	
III 9 +: 1:12.50 /	II 9 +: 1:05.00 /	I 9 +: 58.70 /	10 +: 55.30 /
12 +: 51.90			

: FINA 2019

25 - 29

1. , 90 " " 1:13.28 262 1

30 - 34

1. , 85 " " 56.01 587 I
2. , 89 - 58.76 508 II
3. , 88 - 1:00.95 455 II
4. , 87 1:01.71 439 II
5. , 88 1:03.26 407 II
6. , 86 1:11.02 288 III
7. , 85 1:11.21 285 III
8. , 85 1:15.29 241 1

35 - 39

1. , 83 1:00.87 457 II
2. , 84 1:02.78 417 II
3. , 84 1:08.03 327 III

40 - 44

1. , 79 1:06.14 356 III
2. , 77 " " 1:06.17 356 III
3. , 77 " " 1:07.01 343 III
4. , 78 - 1:18.72 211 1
5. , 79 1:26.97 156 2

45 - 49

1. , 73 " " 1:00.02 477 II
2. , 73 " " 1:04.55 383 II
3. , 73 1:06.00 359 III
4. , 72 - 1:06.04 358 III
5. , 73 " " 1:07.80 331 III
6. , 74 " " 1:07.98 328 III

50 - 54

1. , 65 " " 1:10.21 298 III

III

, 14. - 15.12.2019

" "

10, , 100m

55 - 59

1.	,	60	" "	1:09.27	310	III
2.	,	62		1:16.81	227	1
3.	,	63		1:20.37	198	1
4.	,	64	" "	1:21.75	188	1
DNF	,	60				

60 - 64

1.	,	57		1:25.99	162	2
EXH	,	20		1:06.39	352	III

11

, 200m

25

14.12.2019 - 11:50

III	9 +: 5:14.00 /	II	9 +: 4:34.00 /	I	9 +: 3:58.00 /
III	9 +: 3:29.00 /	II	9 +: 3:03.00 /	I	9 +: 2:42.75 /
	10 +: 2:33.25 /		12 +: 2:24.75		

: FINA 2019

100m 200m

25 - 29

1.	,	91	" "	2:42.16	470	I	1:14.54	1:27.62
2.	,	92		2:49.96	408	II	1:20.16	1:29.80
3.	,	90		2:53.33	385	II	1:20.61	1:32.72
4.	,	91		2:57.64	357	II	1:23.69	1:33.95

30 - 34

1.	,	85	IIs	4:13.93	122	2	4:14.14	
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35 - 39

1.	,	80	" "	2:50.78	402	II	1:16.39	1:34.39
2.	,	80		3:03.68	323	III	1:24.89	1:38.79
3.	,	80	-	3:49.43	166	1	1:52.43	1:57.00

40 - 44

1.	,	78	" "	3:09.37	295	III	4.38	3:04.99
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45 - 49

1.	,	73		3:38.22	193	1	1:46.43	1:51.79
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50 - 54

1.	,	68		3:17.19	261	III	1:34.62	1:42.57
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III

, 14. - 15.12.2019

" "

12
14.12.2019 - 12:00

, 200m

25

III	.	9 +: 4:48.00 /	II	.	9 +: 4:08.00 /	I	.	9 +: 3:33.00 /
III		9 +: 3:08.00 /	II		9 +: 2:44.00 /	I		9 +: 2:25.75 /
		10 +: 2:17.25 /			12 +: 2:09.75			

: FINA 2019

							100m	200m
25 - 29								
1.	,	94	" "		2:19.36	547 I	1:05.66	1:13.70
2.	,	93	" "		2:32.88	414 II	2:33.20	
3.	,	90	" "		3:08.00	222 III	1:31.92	1:36.08
30 - 34								
1.	,	89	-		2:30.46	434 II	1:11.21	1:19.25
2.	,	86	" "		2:39.32	366 II	4.33	2:34.99
3.	,	88	-		2:46.27	322 III	1:17.12	1:29.15
35 - 39								
1.	,	80			2:33.90	406 II	1:13.90	1:20.00
2.	,	80	" "		2:39.15	367 II	1:17.94	1:21.21
40 - 44								
1.	,	78			2:42.58	344 II	1:19.13	1:23.45
50 - 54								
1.	,	65			3:03.05	241 III	1:28.46	1:34.59
2.	,	65			3:11.68	210 1	1:30.87	1:40.81
3.	,	67			3:12.53	207 1	1:30.42	1:42.11
4.	,	68			3:17.35	192 1	1:32.28	1:45.07
5.	,	65			3:39.85	139 2	1:39.72	2:00.13
55 - 59								
1.	,	63			2:59.21	257 III	1:27.13	1:32.08
2.	,	60			3:51.03	120 2	2:00.78	1:50.25
3.	,	62	-		4:18.50	85 3	2:05.27	2:13.23
65 - 69								
1.	,	53			3:17.69	191 1	1:39.72	1:37.97

13
14.12.2019 - 12:10

, 4 x 50m

: FINA 2019

13, , 4 x 50m

160

1.	" " 2		" "	2:01.51	407
	,	73	1:01.64	73	
	,	78	59.87	68	
2.	" " 2		" "	2:01.95	403
	,	85	1:07.60	93	
	,	64	54.35	73	
3.	_2			2:02.31	399
	,	79	57.34	81	
	,	72	1:04.97	80	
4.	-2			2:24.99	239
	,	71	1:13.46	70	
	,	63	1:11.53	62	
DNF	-3				

159

1.	" " 1		" "	1:49.37	558
	,	85	55.60	91	
	,	94	53.77	80	
2.	_1			1:53.06	505
	,	78	53.24	80	
	,	80	59.82	83	
3.	-1			1:53.14	504
	,	90	59.03	93	
	,	73	54.11	67	
4.	- 1		-	2:10.74	327
	,	78		80	
	,	88		90	
5.	" " 1		" "	2:11.39	322
	,	89	1:14.59	83	
	,	84	56.80	74	
6.	_3			2:12.03	317
	,	82	1:06.31	80	
	,	86	1:05.72	80	

14

, 1500m

25

15.12.2019 - 10:40

III . 9 +: 38:52.50 /	II . 9 +: 34:42.50 /	I . 9 +: 30:37.50 /
III 9 +: 26:30.00 /	II 9 +: 23:07.00 /	I 9 +: 20:37.00 /
10 +: 18:54.00 /	12 +: 17:45.00	

: FINA 2019

25 - 29

1.		90	-	22:30.38	316 II			
100m:	1:19.30	1:19.30	500m: 7:18.60	1:31.30	900m: 13:21.70	1:31.60	1300m: 19:30.40	1:32.40
200m:	2:46.50	1:27.20	600m: 8:49.10	1:30.50	1000m: 14:52.90	1:31.20	1400m: 21:01.20	1:30.80
300m:	4:16.50	1:30.00	700m: 10:19.60	1:30.50	1100m: 16:25.00	1:32.10	1500m: 22:30.38	1:29.18
400m:	5:47.30	1:30.80	800m: 11:50.10	1:30.50	1200m: 17:58.00	1:33.00		

	14,	, 1500m	, 25 - 29						
2.			91			22:52.13	301	II	
	100m:	1:17.24 1:17.24	500m:	7:15.24 1:31.93	900m:	13:25.02 1:33.94	1300m:	19:42.94 1:34.04	
	200m:	2:43.56 1:26.32	600m:	8:46.52 1:31.28	1000m:	15:00.01 1:34.99	1400m:	21:17.77 1:34.83	
	300m:	4:12.73 1:29.17	700m:	10:18.06 1:31.54	1100m:	16:34.17 1:34.16	1500m:	22:52.13 1:34.36	
	400m:	5:43.31 1:30.58	800m:	11:51.08 1:33.02	1200m:	18:08.90 1:34.73			
3.			92			31:32.12	115	2	
	100m:	1:56.00 1:56.00	500m:	10:24.00 2:08.00	900m:	18:50.00 2:06.00	1300m:	27:18.00 2:06.00	
	200m:	4:00.00 2:04.00	600m:	12:30.00 2:06.00	1000m:	20:57.00 2:07.00	1400m:	29:26.00 2:08.00	
	300m:	6:08.00 2:08.00	700m:	14:37.00 2:07.00	1100m:	23:05.00 2:08.00	1500m:	31:32.12 2:06.12	
	400m:	8:16.00 2:08.00	800m:	16:44.00 2:07.00	1200m:	25:12.00 2:07.00			
30 - 34									
1.			85			24:35.26	242	III	
	100m:	1:21.80 1:21.80	500m:	7:53.80 1:40.10	900m:	14:38.20 1:40.60	1300m:	21:20.90 1:40.20	
	200m:	2:56.40 1:34.60	600m:	9:36.70 1:42.90	1000m:	16:19.30 1:41.10	1400m:	23:01.90 1:41.00	
	300m:	4:33.70 1:37.30	700m:	11:17.20 1:40.50	1100m:	17:59.30 1:40.00	1500m:	24:35.26 1:33.36	
	400m:	6:13.70 1:40.00	800m:	12:57.60 1:40.40	1200m:	19:40.70 1:41.40			
2.			89			27:32.53	172	1	
	100m:	1:37.49 1:37.49	500m:	8:50.71 1:51.05	900m:	16:19.24 1:52.59	1300m:	23:53.02 1:53.69	
	200m:	3:22.22 1:44.73	600m:	10:44.41 1:53.70	1000m:	18:12.37 1:53.13	1400m:	25:45.52 1:52.50	
	300m:	5:10.60 1:48.38	700m:	12:34.02 1:49.61	1100m:	20:07.01 1:54.64	1500m:	27:32.53 1:47.01	
	400m:	6:59.66 1:49.06	800m:	14:26.65 1:52.63	1200m:	21:59.33 1:52.32			
3.			85	lls		28:58.34	148	1	
	100m:	1:32.13 1:32.13	500m:	9:10.81 1:49.27	900m:	16:58.84 1:58.00	1300m:	24:58.71 2:01.38	
	200m:	3:25.97 1:53.84	600m:	11:04.27 1:53.46	1000m:	18:58.30 1:59.46	1400m:	26:57.92 1:59.21	
	300m:	5:23.57 1:57.60	700m:	13:01.23 1:56.96	1100m:	20:57.31 1:59.01	1500m:	28:58.34 2:00.42	
	400m:	7:21.54 1:57.97	800m:	15:00.84 1:59.61	1200m:	22:57.33 2:00.02			
4.			86			29:58.96	133	1	
	100m:	1:45.14 1:45.14	500m:	9:46.90 2:02.09	900m:	17:54.92 2:02.61	1300m:	26:03.68 1:59.81	
	200m:	3:44.27 1:59.13	600m:	11:50.87 2:03.97	1000m:	19:57.30 2:02.38	1400m:	28:05.18 2:01.50	
	300m:	5:44.17 1:59.90	700m:	13:51.36 2:00.49	1100m:	22:01.00 2:03.70	1500m:	29:58.96 1:53.78	
	400m:	7:44.81 2:00.64	800m:	15:52.31 2:00.95	1200m:	24:03.87 2:02.87			
5.			87			31:25.50	116	2	
	100m:	1:57.00 1:57.00	500m:	10:24.00 2:08.00	900m:	18:50.00 2:06.00	1300m:	27:18.00 2:06.00	
	200m:	4:00.00 2:03.00	600m:	12:32.00 2:08.00	1000m:	20:57.00 2:07.00	1400m:	29:26.00 2:08.00	
	300m:	6:08.00 2:08.00	700m:	14:37.00 2:05.00	1100m:	23:05.00 2:08.00	1500m:	31:25.50 1:59.50	
	400m:	8:16.00 2:08.00	800m:	16:44.00 2:07.00	1200m:	25:12.00 2:07.00			
35 - 39									
1.			80			29:08.56	145	1	
	100m:	1:44.50 1:44.50	500m:	9:30.00 1:58.50	900m:	17:24.60 2:00.00	1300m:	25:21.00 1:57.70	
	200m:	3:38.30 1:53.80	600m:	11:29.30 1:59.30	1000m:	19:24.60 2:00.00	1400m:	27:17.80 1:56.80	
	300m:	5:33.60 1:55.30	700m:	13:27.70 1:58.40	1100m:	21:24.60 2:00.00	1500m:	29:08.56 1:50.76	
	400m:	7:31.50 1:57.90	800m:	15:24.60 1:56.90	1200m:	23:23.30 1:58.70			
2.			80	-		31:01.20	120	2	
	100m:	1:41.20 1:41.20	500m:	10:02.42 2:02.97	900m:	18:15.08 2:02.30	1300m:	26:25.40 2:02.16	
	200m:	3:50.01 2:08.81	600m:	12:06.37 2:03.95	1000m:	20:18.92 2:03.84	1400m:	28:32.01 2:06.61	
	300m:	5:54.53 2:04.52	700m:	14:09.61 2:03.24	1100m:	22:21.89 2:02.97	1500m:	31:01.20 2:29.19	
	400m:	7:59.45 2:04.92	800m:	16:12.78 2:03.17	1200m:	24:23.24 2:01.35			
45 - 49									
1.			72			23:45.53	269	III	
	100m:	1:28.30 1:28.30	500m:	7:49.08 1:34.64	900m:	14:12.05 1:35.72	1300m:	20:38.92 1:37.54	
	200m:	3:03.68 1:35.38	600m:	9:24.27 1:35.19	1000m:	16:48.96 2:36.91	1400m:	22:15.15 1:36.23	
	300m:	4:39.40 1:35.72	700m:	10:59.17 1:34.90	1100m:	17:24.96 36.00	1500m:	23:45.53 1:30.38	
	400m:	6:14.44 1:35.04	800m:	12:36.33 1:37.16	1200m:	19:01.38 1:36.42			

, 14. - 15.12.2019

14, , 1500m

EXH			20	Prilukov Swim Academy		24:11.68	254	III			
100m:	1:20.20	1:20.20	500m:	7:49.40	1:37.30	900m:	14:26.50	1:39.90	1300m:	21:01.20	1:34.10
200m:	2:56.10	1:35.90	600m:	9:26.70	1:37.30	1000m:	16:07.20	1:40.70	1400m:	22:36.54	1:35.34
300m:	4:35.40	1:39.30	700m:	11:05.90	1:39.20	1100m:	17:46.90	1:39.70	1500m:	24:11.68	1:35.14
400m:	6:12.10	1:36.70	800m:	12:46.60	1:40.70	1200m:	19:27.10	1:40.20			

15

, 1500m

25

15.12.2019 - 11:15

III	.	9 +:	36:02.50 /	II	.	9 +:	32:02.50 /	I	.	9 +:	28:02.50 /
III		9 +:	24:00.00 /	II		9 +:	21:00.00 /	I		9 +:	18:39.00 /
		10 +:	17:39.00 /			12 +:	16:01.00				

: FINA 2019

25 - 29

1.			92			21:57.62	288	III			
100m:	1:16.00	1:16.00	500m:	7:02.00	1:29.00	900m:	13:01.00	1:30.00	1300m:	19:03.00	1:31.00
200m:	2:39.00	1:23.00	600m:	8:32.00	1:30.00	1000m:	14:32.00	1:31.00	1400m:	20:34.00	1:31.00
300m:	4:04.00	1:25.00	700m:	10:01.00	1:29.00	1100m:	16:01.00	1:29.00	1500m:	21:57.62	1:23.62
400m:	5:33.00	1:29.00	800m:	11:31.00	1:30.00	1200m:	17:32.00	1:31.00			
2.			94	Sun Team		23:39.62	230	III			
100m:	1:15.00	1:15.00	500m:	7:24.00	1:36.00	900m:	13:54.00	1:37.00	1300m:	20:28.00	1:38.00
200m:	2:41.00	1:26.00	600m:	9:02.00	1:38.00	1000m:	15:33.00	1:39.00	1400m:	22:04.00	1:36.00
300m:	4:14.00	1:33.00	700m:	10:40.00	1:38.00	1100m:	17:11.00	1:38.00	1500m:	23:39.62	1:35.62
400m:	5:48.00	1:34.00	800m:	12:17.00	1:37.00	1200m:	18:50.00	1:39.00			

30 - 34

1.			89	-		18:06.94	514	I			
100m:	1:04.45	1:04.45	500m:	5:52.31	1:13.41	900m:	10:46.47	1:13.44	1300m:	15:41.75	1:13.79
200m:	2:14.29	1:09.84	600m:	7:05.93	1:13.62	1000m:	12:00.34	1:13.87	1400m:	16:55.22	1:13.47
300m:	3:26.32	1:12.03	700m:	8:19.80	1:13.87	1100m:	13:14.34	1:14.00	1500m:	18:06.94	1:11.72
400m:	4:38.90	1:12.58	800m:	9:33.03	1:13.23	1200m:	14:27.96	1:13.62			
2.			89			21:01.87	328	III			
100m:	1:09.60	1:09.60	500m:	6:35.10	1:24.50	900m:	12:22.70	1:27.90	1300m:	18:11.30	1:27.00
200m:	2:27.10	1:17.50	600m:	8:01.30	1:26.20	1000m:	13:50.60	1:27.90	1400m:	19:37.00	1:25.70
300m:	3:47.70	1:20.60	700m:	9:28.10	1:26.80	1100m:	15:16.90	1:26.30	1500m:	21:01.87	1:24.87
400m:	5:10.60	1:22.90	800m:	10:54.80	1:26.70	1200m:	16:44.30	1:27.40			
3.			88	-		21:14.82	318	III			
100m:	1:13.53	1:13.53	500m:	6:46.72	1:25.78	900m:	12:35.53	1:26.92	1300m:	18:23.25	1:28.00
200m:	2:33.78	1:20.25	600m:	8:13.78	1:27.06	1000m:	14:01.89	1:26.36	1400m:	19:50.34	1:27.09
300m:	3:56.35	1:22.57	700m:	9:41.13	1:27.35	1100m:	15:28.52	1:26.63	1500m:	21:14.82	1:24.48
400m:	5:20.94	1:24.59	800m:	11:08.61	1:27.48	1200m:	16:55.25	1:26.73			
4.			87			21:58.56	288	III			
100m:	1:18.85	1:18.85	500m:	7:05.33	1:28.04	900m:	12:59.81	1:28.34	1300m:	19:01.06	1:30.81
200m:	2:44.55	1:25.70	600m:	8:33.97	1:28.64	1000m:	14:29.19	1:29.38	1400m:	20:32.11	1:31.05
300m:	4:09.65	1:25.10	700m:	10:02.25	1:28.28	1100m:	15:59.43	1:30.24	1500m:	21:58.56	1:26.45
400m:	5:37.29	1:27.64	800m:	11:31.47	1:29.22	1200m:	17:30.25	1:30.82			
5.			85			23:09.38	246	III			
100m:	1:15.44	1:15.44	500m:	7:24.66	1:35.44	900m:	13:40.14	1:35.35	1300m:	20:04.56	1:34.41
200m:	2:43.56	1:28.12	600m:	8:57.14	1:32.48	1000m:	15:17.20	1:37.06	1400m:	21:38.62	1:34.06
300m:	4:15.85	1:32.29	700m:	10:29.94	1:32.80	1100m:	16:53.14	1:35.94	1500m:	23:09.38	1:30.76
400m:	5:49.22	1:33.37	800m:	12:04.79	1:34.85	1200m:	18:30.15	1:37.01			
6.			89			23:37.82	231	III			
100m:	1:21.58	1:21.58	500m:	7:40.58	1:36.28	900m:	14:03.07	1:35.72	1300m:	20:27.03	1:35.71
200m:	2:53.06	1:31.48	600m:	9:15.90	1:35.32	1000m:	15:39.22	1:36.15	1400m:	22:02.85	1:35.82
300m:	4:28.26	1:35.20	700m:	10:52.07	1:36.17	1100m:	17:15.54	1:36.32	1500m:	23:37.82	1:34.97
400m:	6:04.30	1:36.04	800m:	12:27.35	1:35.28	1200m:	18:51.32	1:35.78			

50

"ALT TIMING"

15, , 1500m , 30 - 34

7.			86	Multi-Team			26:01.92	173 1				
	100m:	1:25.02	1:25.02	500m:	8:14.69	1:46.93	900m:	15:27.80	1:48.64	1300m:	22:41.75	1:42.41
	200m:	3:01.95	1:36.93	600m:	10:02.86	1:48.17	1000m:	17:16.24	1:48.44	1400m:	24:33.72	1:51.97
	300m:	4:43.64	1:41.69	700m:	11:50.74	1:47.88	1100m:	19:04.72	1:48.48	1500m:	26:01.92	1:28.20
	400m:	6:27.76	1:44.12	800m:	13:39.16	1:48.42	1200m:	20:59.34	1:54.62			
8.			85				26:31.76	163 1				
	100m:	1:29.00	1:29.00	500m:	8:27.00	1:48.00	900m:	15:38.00	1:48.00	1300m:	22:55.00	1:51.00
	200m:	3:08.00	1:39.00	600m:	10:13.00	1:46.00	1000m:	17:26.00	1:48.00	1400m:	24:47.00	1:52.00
	300m:	4:52.00	1:44.00	700m:	12:02.00	1:49.00	1100m:	19:14.00	1:48.00	1500m:	26:31.76	1:44.76
	400m:	6:39.00	1:47.00	800m:	13:50.00	1:48.00	1200m:	21:04.00	1:50.00			
9.			86	Multi-Team			27:36.48	145 1				
	100m:	1:32.30	1:32.30	500m:	8:44.90	1:52.00	900m:	16:19.11	1:53.81	1300m:	23:55.40	1:54.10
	200m:	3:16.40	1:44.10	600m:	10:39.20	1:54.30	1000m:	18:14.50	1:55.39	1400m:	25:50.30	1:54.90
	300m:	5:03.10	1:46.70	700m:	12:32.50	1:53.30	1100m:	20:07.90	1:53.40	1500m:	27:36.48	1:46.18
	400m:	6:52.90	1:49.80	800m:	14:25.30	1:52.80	1200m:	22:01.30	1:53.40			
10.			85				27:49.02	142 1				
	100m:	1:25.46	1:25.46	500m:	8:27.13	1:51.19	900m:	16:02.50	1:57.49	1300m:	23:53.64	1:59.53
	200m:	3:03.20	1:37.74	600m:	10:18.77	1:51.64	1000m:	17:58.84	1:56.34	1400m:	25:50.65	1:57.01
	300m:	4:46.26	1:43.06	700m:	12:10.58	1:51.81	1100m:	19:56.70	1:57.86	1500m:	27:49.02	1:58.37
	400m:	6:35.94	1:49.68	800m:	14:05.01	1:54.43	1200m:	21:54.11	1:57.41			
35 - 39												
1.			83				19:48.50	393 II				
	100m:	1:13.00	1:13.00	500m:	6:30.80	1:20.40	900m:	11:51.00	1:20.20	1300m:	17:12.00	1:19.90
	200m:	2:32.20	1:19.20	600m:	7:51.10	1:20.30	1000m:	13:11.20	1:20.20	1400m:	18:31.60	1:19.60
	300m:	3:49.90	1:17.70	700m:	9:11.40	1:20.30	1100m:	14:31.50	1:20.30	1500m:	19:48.50	1:16.90
	400m:	5:10.40	1:20.50	800m:	10:30.80	1:19.40	1200m:	15:52.10	1:20.60			
2.			80				20:54.90	334 II				
	100m:	1:16.00	1:16.00	500m:	6:56.00	1:26.00	900m:	12:36.00	1:25.00	1300m:	18:14.00	1:23.00
	200m:	2:39.00	1:23.00	600m:	8:21.00	1:25.00	1000m:	14:02.00	1:26.00	1400m:	19:34.00	1:20.00
	300m:	4:04.00	1:25.00	700m:	9:45.00	1:24.00	1100m:	15:27.00	1:25.00	1500m:	20:54.90	1:20.90
	400m:	5:30.00	1:26.00	800m:	11:11.00	1:26.00	1200m:	16:51.00	1:24.00			
3.			83			" "	21:38.10	302 III				
	100m:	1:15.08	1:15.08	500m:	7:00.50	1:27.56	900m:	12:51.46	1:28.18	1300m:	18:44.00	1:28.31
	200m:	2:38.80	1:23.72	600m:	8:27.22	1:26.72	1000m:	14:19.46	1:28.00	1400m:	20:11.97	1:27.97
	300m:	4:05.60	1:26.80	700m:	9:55.37	1:28.15	1100m:	15:47.76	1:28.30	1500m:	21:38.10	1:26.13
	400m:	5:32.94	1:27.34	800m:	11:23.28	1:27.91	1200m:	17:15.69	1:27.93			
4.			80				22:36.14	264 III				
	100m:	1:20.49	1:20.49	500m:	7:23.32	1:31.60	900m:	13:30.74	1:31.40	1300m:	19:38.80	1:32.20
	200m:	2:48.27	1:27.78	600m:	8:55.82	1:32.50	1000m:	15:02.39	1:31.65	1400m:	21:10.32	1:31.52
	300m:	4:19.57	1:31.30	700m:	10:27.58	1:31.76	1100m:	16:34.64	1:32.25	1500m:	22:36.14	1:25.82
	400m:	5:51.72	1:32.15	800m:	11:59.34	1:31.76	1200m:	18:06.60	1:31.96			
5.			81	Prilukov Swim Academy			26:19.50	167 1				
	100m:	1:30.30	1:30.30	500m:	8:28.20	1:45.40	900m:	15:35.10	1:47.50	1300m:	22:44.60	1:49.00
	200m:	3:11.10	1:40.80	600m:	10:15.20	1:47.00	1000m:	17:20.10	1:45.00	1400m:	24:31.80	1:47.20
	300m:	4:55.90	1:44.80	700m:	12:01.00	1:45.80	1100m:	19:06.70	1:46.60	1500m:	26:19.50	1:47.70
	400m:	6:42.80	1:46.90	800m:	13:47.60	1:46.60	1200m:	20:55.60	1:48.90			
6.			80	Prilukov Swim Academy			27:52.07	141 1				
	100m:	1:35.29	1:35.29	500m:	8:58.16	1:54.95	900m:	16:35.18	1:53.68	1300m:	24:12.71	1:55.25
	200m:	3:19.05	1:43.76	600m:	10:52.31	1:54.15	1000m:	18:29.01	1:53.83	1400m:	26:09.87	1:57.16
	300m:	5:10.42	1:51.37	700m:	12:46.46	1:54.15	1100m:	20:22.93	1:53.92	1500m:	27:52.07	1:42.20
	400m:	7:03.21	1:52.79	800m:	14:41.50	1:55.04	1200m:	22:17.46	1:54.53			
7.			82				28:53.91	126 2				
	100m:	1:45.60	1:45.60	500m:	9:31.07	1:58.11	900m:	17:17.66	1:55.54	1300m:	25:02.58	1:55.64
	200m:	3:40.46	1:54.86	600m:	11:28.21	1:57.14	1000m:	19:18.06	2:00.40	1400m:	26:59.94	1:57.36
	300m:	5:36.63	1:56.17	700m:	13:25.80	1:57.59	1100m:	21:12.72	1:54.66	1500m:	28:53.91	1:53.97
	400m:	7:32.96	1:56.33	800m:	15:22.12	1:56.32	1200m:	23:06.94	1:54.22			

15, , 1500m , 35 - 39

8.			84	Prilukov Swim Academy		31:33.83	97 2					
	100m:	1:45.00	1:45.00	500m:	10:15.00	2:07.00	900m:	18:54.00	2:10.00	1300m:	27:25.00	2:03.00
	200m:	3:50.00	2:05.00	600m:	12:24.00	2:09.00	1000m:	21:03.00	2:09.00	1400m:	29:30.00	2:05.00
	300m:	5:59.00	2:09.00	700m:	14:32.00	2:08.00	1100m:	23:12.00	2:09.00	1500m:	31:33.83	2:03.83
	400m:	8:08.00	2:09.00	800m:	16:44.00	2:12.00	1200m:	25:22.00	2:10.00			

40 - 44

1.			78			20:26.23	358 II					
	100m:	1:17.30	1:17.30	500m:	6:41.80	1:21.10	900m:	12:13.00	1:23.00	1300m:	17:45.20	1:22.90
	200m:	2:38.20	1:20.90	600m:	8:03.90	1:22.10	1000m:	13:35.80	1:22.80	1400m:	19:08.00	1:22.80
	300m:	3:59.60	1:21.40	700m:	9:26.90	1:23.00	1100m:	14:58.70	1:22.90	1500m:	20:26.23	1:18.23
	400m:	5:20.70	1:21.10	800m:	10:50.00	1:23.10	1200m:	16:22.30	1:23.60			

2.			79			23:56.61	222 III					
	100m:	1:23.20	1:23.20	500m:	7:49.91	1:38.50	900m:	14:18.58	1:35.87	1300m:	20:44.82	1:36.88
	200m:	2:56.17	1:32.97	600m:	9:28.76	1:38.85	1000m:	15:55.12	1:36.54	1400m:	22:22.59	1:37.77
	300m:	4:32.95	1:36.78	700m:	11:06.23	1:37.47	1100m:	17:30.88	1:35.76	1500m:	23:56.61	1:34.02
	400m:	6:11.41	1:38.46	800m:	12:42.71	1:36.48	1200m:	19:07.94	1:37.06			

3.			79			24:09.80	216 1					
	100m:	1:24.95	1:24.95	500m:	7:33.03	1:33.99	900m:	14:10.88	1:39.39	1300m:	20:54.72	1:39.50
	200m:	2:53.70	1:28.75	600m:	9:10.06	1:37.03	1000m:	15:51.34	1:40.46	1400m:	22:38.02	1:43.30
	300m:	4:25.10	1:31.40	700m:	10:49.43	1:39.37	1100m:	17:34.22	1:42.88	1500m:	24:09.80	1:31.78
	400m:	5:59.04	1:33.94	800m:	12:31.49	1:42.06	1200m:	19:15.22	1:41.00			

4.			75			26:49.33	158 1					
	100m:	1:27.10	1:27.10	500m:	8:33.40	1:49.60	900m:	15:52.60	1:50.80	1300m:	23:15.60	1:51.60
	200m:	3:08.90	1:41.80	600m:	10:23.10	1:49.70	1000m:	17:42.30	1:49.70	1400m:	25:07.70	1:52.10
	300m:	4:55.20	1:46.30	700m:	12:12.90	1:49.80	1100m:	19:32.30	1:50.00	1500m:	26:49.33	1:41.63
	400m:	6:43.80	1:48.60	800m:	14:01.80	1:48.90	1200m:	21:24.00	1:51.70			

5.			75			27:39.50	144 1					
	100m:	1:39.60	1:39.60	500m:	8:55.00	1:51.40	900m:	16:23.20	1:51.80	1300m:	23:55.40	1:52.80
	200m:	3:23.80	1:44.20	600m:	10:47.30	1:52.30	1000m:	18:17.20	1:54.00	1400m:	25:57.90	2:02.50
	300m:	5:13.00	1:49.20	700m:	12:38.60	1:51.30	1100m:	20:09.60	1:52.40	1500m:	27:39.50	1:41.60
	400m:	7:03.60	1:50.60	800m:	14:31.40	1:52.80	1200m:	22:02.60	1:53.00			

6.			78	-		28:26.40	132 2					
	100m:	1:36.50	1:36.50	500m:	9:12.00	1:56.10	900m:	17:02.20	1:56.90	1300m:	24:45.30	1:54.80
	200m:	3:26.80	1:50.30	600m:	11:09.50	1:57.50	1000m:	18:59.50	1:57.30	1400m:	26:40.60	1:55.30
	300m:	5:20.70	1:53.90	700m:	13:06.70	1:57.20	1100m:	20:55.70	1:56.20	1500m:	28:26.40	1:45.80
	400m:	7:15.90	1:55.20	800m:	15:05.30	1:58.60	1200m:	22:50.50	1:54.80			

7.			78			28:42.20	129 2					
	100m:	1:46.35	1:46.35	500m:	9:31.07	1:55.88	900m:	17:21.83	1:57.57	1300m:	25:00.35	1:54.09
	200m:	3:41.54	1:55.19	600m:	11:28.21	1:57.14	1000m:	19:18.06	1:56.23	1400m:	26:53.57	1:53.22
	300m:	5:39.17	1:57.63	700m:	13:25.80	1:57.59	1100m:	21:12.06	1:54.00	1500m:	28:42.20	1:48.63
	400m:	7:35.19	1:56.02	800m:	15:24.26	1:58.46	1200m:	23:06.26	1:54.20			

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1.			71			21:05.57	326 III					
	100m:	1:14.80	1:14.80	500m:	6:48.50	1:24.60	900m:	12:29.40	1:25.50	1300m:	18:15.60	1:26.80
	200m:	2:36.50	1:21.70	600m:	8:13.30	1:24.80	1000m:	13:55.60	1:26.20	1400m:	19:42.60	1:27.00
	300m:	3:59.90	1:23.40	700m:	9:38.60	1:25.30	1100m:	15:22.20	1:26.60	1500m:	21:05.57	1:22.97
	400m:	5:23.90	1:24.00	800m:	11:03.90	1:25.30	1200m:	16:48.80	1:26.60			

2.			71			21:17.03	317 III					
	100m:	1:24.30	1:24.30	500m:	7:14.20	1:26.80	900m:	12:54.60	1:25.00	1300m:	18:34.10	1:24.30
	200m:	2:52.00	1:27.70	600m:	8:39.50	1:25.30	1000m:	14:19.76	1:25.16	1400m:	19:57.80	1:23.70
	300m:	4:20.30	1:28.30	700m:	10:04.40	1:24.90	1100m:	15:45.00	1:25.24	1500m:	21:17.03	1:19.23
	400m:	5:47.40	1:27.10	800m:	11:29.60	1:25.20	1200m:	17:09.80	1:24.80			

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15, , 1500m , 45 - 49

3.			70	-			21:17.11	317 III				
	100m:	1:17.20	1:17.20	500m:	6:53.00	1:26.60	900m:	12:43.10	1:28.50	1300m:	18:33.10	1:26.50
	200m:	2:38.50	1:21.30	600m:	8:20.00	1:27.00	1000m:	14:10.60	1:27.50	1400m:	20:00.00	1:26.90
	300m:	4:02.30	1:23.80	700m:	9:47.50	1:27.50	1100m:	15:38.40	1:27.80	1500m:	21:17.11	1:17.11
	400m:	5:26.40	1:24.10	800m:	11:14.60	1:27.10	1200m:	17:06.60	1:28.20			
4.			74				22:52.63	255 III				
	100m:	1:20.65	1:20.65	500m:	7:23.21	1:31.77	900m:	13:34.42	1:33.30	1300m:	19:49.69	1:33.81
	200m:	2:48.84	1:28.19	600m:	8:55.22	1:32.01	1000m:	15:07.85	1:33.43	1400m:	21:22.91	1:33.22
	300m:	4:19.50	1:30.66	700m:	10:28.54	1:33.32	1100m:	16:42.06	1:34.21	1500m:	22:52.63	1:29.72
	400m:	5:51.44	1:31.94	800m:	12:01.12	1:32.58	1200m:	18:15.88	1:33.82			
5.			74				24:56.75	197 1				
	100m:	1:25.50	1:25.50	500m:	7:58.80	1:39.10	900m:	14:41.30	1:41.85	1300m:	21:33.30	1:43.50
	200m:	3:01.10	1:35.60	600m:	9:38.60	1:39.80	1000m:	16:23.20	1:41.90	1400m:	23:17.70	1:44.40
	300m:	4:40.20	1:39.10	700m:	11:19.00	1:40.40	1100m:	18:05.70	1:42.50	1500m:	24:56.75	1:39.05
	400m:	6:19.70	1:39.50	800m:	12:59.45	1:40.45	1200m:	19:49.80	1:44.10			
6.			72	" "			26:14.30	169 1				
	100m:	1:36.95	1:36.95	500m:	8:33.33	1:44.45	900m:	15:39.84	1:45.60	1300m:	22:45.74	1:45.82
	200m:	3:21.70	1:44.75	600m:	10:19.99	1:46.66	1000m:	17:27.07	1:47.23	1400m:	24:33.72	1:47.98
	300m:	5:06.06	1:44.36	700m:	12:07.78	1:47.79	1100m:	19:13.49	1:46.42	1500m:	26:14.30	1:40.58
	400m:	6:48.88	1:42.82	800m:	13:54.24	1:46.46	1200m:	20:59.92	1:46.43			
7.			70	-			26:33.32	163 1				
	100m:	1:29.00	1:29.00	500m:	8:25.00	1:48.00	900m:	15:37.00	1:49.00	1300m:	23:01.00	1:51.00
	200m:	3:07.00	1:38.00	600m:	10:12.00	1:47.00	1000m:	17:28.00	1:51.00	1400m:	24:53.00	1:52.00
	300m:	4:50.00	1:43.00	700m:	11:59.00	1:47.00	1100m:	19:19.00	1:51.00	1500m:	26:33.32	1:40.32
	400m:	6:37.00	1:47.00	800m:	13:48.00	1:49.00	1200m:	21:10.00	1:51.00			
8.			73				27:55.57	140 1				
	100m:	1:42.60	1:42.60	500m:	9:12.60	1:52.60	900m:	16:40.00	1:51.60	1300m:	24:09.20	1:52.40
	200m:	3:33.10	1:50.50	600m:	11:05.20	1:52.60	1000m:	18:33.00	1:53.00	1400m:	26:02.80	1:53.60
	300m:	5:26.80	1:53.70	700m:	12:57.00	1:51.80	1100m:	20:24.20	1:51.20	1500m:	27:55.57	1:52.77
	400m:	7:20.00	1:53.20	800m:	14:48.40	1:51.40	1200m:	22:16.80	1:52.60			
9.			74	Prilukov Swim Academy			30:09.00	111 2				
	100m:	1:48.05	1:48.05	500m:	9:49.44	2:01.13	900m:	18:08.63	2:03.21	1300m:	26:23.09	1:59.85
	200m:	3:45.88	1:57.83	600m:	11:56.85	2:07.41	1000m:	20:12.69	2:04.06	1400m:	28:24.17	2:01.08
	300m:	5:46.82	2:00.94	700m:	14:01.60	2:04.75	1100m:	22:16.69	2:04.00	1500m:	30:09.00	1:44.83
	400m:	7:48.31	2:01.49	800m:	16:05.42	2:03.82	1200m:	24:23.24	2:06.55			

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1.			69	-			27:45.54	143 1				
	100m:	1:40.81	1:40.81	500m:	9:10.58	1:53.19	900m:	16:43.89	1:53.53	1300m:	24:15.73	1:54.28
	200m:	3:30.73	1:49.92	600m:	11:03.76	1:53.18	1000m:	18:36.06	1:52.17	1400m:	26:04.16	1:48.43
	300m:	5:24.19	1:53.46	700m:	12:57.91	1:54.15	1100m:	20:29.07	1:53.01	1500m:	27:45.54	1:41.38
	400m:	7:17.39	1:53.20	800m:	14:50.36	1:52.45	1200m:	22:21.45	1:52.38			

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1.			60	" "			22:35.03	265 III				
	100m:	1:24.30	1:24.30	500m:	7:25.20	1:30.30	900m:	13:25.10	1:31.00	1300m:	19:30.30	1:32.60
	200m:	2:52.00	1:27.70	600m:	8:54.20	1:29.00	1000m:	14:55.50	1:30.40	1400m:	21:03.40	1:33.10
	300m:	4:24.10	1:32.10	700m:	10:24.10	1:29.90	1100m:	16:26.90	1:31.40	1500m:	22:35.03	1:31.63
	400m:	5:54.90	1:30.80	800m:	11:54.10	1:30.00	1200m:	17:57.70	1:30.80			
2.			61				26:51.23	157 1				
	100m:	1:28.57	1:28.57	500m:	8:22.92	1:47.46	900m:	15:42.63	1:51.71	1300m:	23:15.02	1:53.72
	200m:	3:08.76	1:40.19	600m:	10:10.17	1:47.25	1000m:	17:34.79	1:52.16	1400m:	25:06.54	1:51.52
	300m:	4:51.58	1:42.82	700m:	11:58.86	1:48.69	1100m:	19:28.73	1:53.94	1500m:	26:51.23	1:44.69
	400m:	6:35.46	1:43.88	800m:	13:50.92	1:52.06	1200m:	21:21.30	1:52.57			

15,	, 1500m	, 55 - 59							
3.	,	62	-			34:21.14	75	3	
100m:	1:57.28 1:57.28	500m: 11:08.68 2:19.77	900m: 20:29.10 2:13.97	1300m: 29:53.47 2:22.41					
200m:	4:09.31 2:12.03	600m: 13:29.71 2:21.03	1000m: 22:50.04 2:20.94	1400m: 31:01.20 1:07.73					
300m:	6:28.00 2:18.69	700m: 15:49.41 2:19.70	1100m: 25:10.42 2:20.38	1500m: 34:21.14 3:19.94					
400m:	8:48.91 2:20.91	800m: 18:15.13 2:25.72	1200m: 27:31.06 2:20.64						
EXH	,	20				19:04.80	440	II	
100m:	1:11.00 1:11.00	500m: 6:15.00 1:16.40	900m: 11:23.00 1:17.70	1300m: 16:32.40 1:17.60					
200m:	2:26.30 1:15.30	600m: 7:32.00 1:17.00	1000m: 12:40.70 1:17.70	1400m: 17:50.10 1:17.70					
300m:	3:42.50 1:16.20	700m: 8:48.80 1:16.80	1100m: 13:57.50 1:16.80	1500m: 19:04.80 1:14.70					
400m:	4:58.60 1:16.10	800m: 10:05.30 1:16.50	1200m: 15:14.80 1:17.30						
EXH	,	20				19:48.23	393	II	
100m:	1:16.18 1:16.18	500m: 6:37.03 1:20.16	900m: 11:53.90 1:18.25	1300m: 17:12.13 1:20.38					
200m:	2:35.61 1:19.43	600m: 7:57.61 1:20.58	1000m: 13:11.57 1:17.67	1400m: 18:31.01 1:18.88					
300m:	3:55.93 1:20.32	700m: 9:17.16 1:19.55	1100m: 14:32.00 1:20.43	1500m: 19:48.23 1:17.22					
400m:	5:16.87 1:20.94	800m: 10:35.65 1:18.49	1200m: 15:51.75 1:19.75						
EXH	,	20	Prilukov Swim Academy			33:08.06	84	3	
100m:	1:33.14 1:33.14	500m: 10:09.27 2:14.81	900m: 19:14.83 2:14.28	1300m: 28:38.46 2:18.71					
200m:	3:35.20 2:02.06	600m: 12:26.57 2:17.30	1000m: 21:35.12 2:20.29	1400m: 30:57.02 2:18.56					
300m:	5:43.40 2:08.20	700m: 14:45.65 2:19.08	1100m: 23:55.64 2:20.52	1500m: 33:08.06 2:11.04					
400m:	7:54.46 2:11.06	800m: 17:00.55 2:14.90	1200m: 26:19.75 2:24.11						