



Only for foreign swimmers

XXV^{es} French Winter Open Masters Championships
DUNKERQUE from Thursday, 7th till Sunday, March 10th, 2019

RELAY ENTRY FORM

Country : _____ Name of the Club : _____

Relay

Sex : Women Men Mixed

Age Group : R1 R2 R3 R4

R5 R6 R7 R8

Remind : Age group for the Relay (Add up the age of the 4 relay runners)

Age Group	Age of the 4 relay runners	Age Group	Age of the 4 relay runners
<i>R1</i>	Between 100 & 119 years	<i>R5</i>	Between 240 & 279 years
<i>R2</i>	Between 120 & 159 years	<i>R6</i>	Between 280 & 319 years
<i>R3</i>	Between 160 & 199 years	<i>R7</i>	Between 320 & 359 years
<i>R4</i>	Between 200 & 239 years	<i>R8</i>	360 years & more

Relay Type

Entry Time

Min. Sec. 100^{es}

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4 x 50 m Freestyle

Entry Time

Min. Sec. 100^{es}

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4 x 50 m Medley

Relay Composition

Name and First Name : _____

Name and First Name : _____

Name and First Name : _____

Name and First Name : _____