

XXIX TALLINN OPEN MASTERS CHAMPIONSHIPS IN SWIMMING

INVITATION

Estonian Swimming Federation and U-Club Tallinn are happy to invite you to participate in 29. Tallinn Open Masters Championships.

Time and place: The competition will be held in Nõmme swimming pool (25 m, 6 lanes), Vabaduse pst. 156, Tallinn, Estonia.

Session Times: Saturday, 7th of April, 2012 at 15:00
Sunday, 8th of April, 2012 at 9:30

Warm-up starts 14:30 on Saturday and 9:00 on Sunday.
Race office is open from 13:00 on Saturday and 8:30 on Sunday.

Programm:	Saturday, April 7th	Sunday, April 8th
	50 m Free	50 m Fly
	50 m Back	50 m Breast
	100 m Breast	100 m Free
	100 m Fly	100 m Back
	200 m Free	4x50 m medley relay
	100 m IM	
	4x50 m free relay	

Participation: The Tallinn Open Masters Championships are open to all registered masters swimmers 25 years of age and over. FINA rules and regulations for Masters swimming are valid. The age of competitors is determined by December 31st, 2012.

Age groups for individual events as follows:

Men and women

A = 25-29 years	E = 45-49 years	I = 65-69 years
B = 30-34 years	F = 50-54 years	J = 70-74 years
C = 35-39 years	G = 55-59 years	K = 75-79 years
D = 40-44 years	H = 60-64 years	L = 80-84 years etc

Age groups for relay events as follows:

A = 100 - 119 years	C = 160 - 199 years	E = 240 - 279 years
B = 120 - 159 years	D = 200 - 239 years	F = 280 - 319 years etc

Entries: Entries, notifying the name of the competitor, club, year of birth and best achieved time, must be sent via e-mail to u-klubi@u-klubi.com. Receiving of entries will be confirmed by e-mail. **All entries must be received by 30th of March, 2012.** Relay teams (consisting from the members of the same club!) must notify the age group and estimated entry time. Swimming order can be notified at the loca before the session starts.

Entry fees: 5 euros per individual event, 8 euros per relay event
Foreign participants can pay their entry fees before the competition in cash.

Awards: Diplomas will be given to all swimmers. Medals will be awarded to swimmers placed first (one medal per person).

Social events: Party with dinner on Saturday, 7th of April after the competition. More information will be added to www.u-klubi.com as soon as possible.
Please confirm participation on party also by 30th of March.

Information: Information can be obtained by U-Club Tallinn. Phone: +372 56656831 (Kristiina Arusoo), e-mail: u-klubi@u-klubi.com, a_kristiina@hotmail.com

WELCOME TO THE SWIM MEET IN TALLINN!