

# XIII European Masters Championships

swimming / synchronised swimming / open water / diving



**Yalta-Kiev  
2011**

**Ukraine  
5-10 September**



**Entry Booklet**



# Content



Yalta 2011 Kiev

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## Welcome Mr. Nory Kruchten, LEN President



Yalta 2011 Kiev



On behalf of the 'Ligue Européenne de Natation' I wish all participants, family and friends attending the 13th edition of the European Masters Championships in Yalta the most stimulating, pleasant, and memorable days in southern Ukraine.

Yalta, the beautiful Crimean city, is a place full of history and the opportunity to visit it and compete at LEN's Masters Swimming, Diving, Synchro, and Open Water Swimming main event is to be taken advantage of as a chance to discover the charm of this location on the northern coast of the hospitable Black Sea.

The European Masters Championships continue to grow with each edition achieving higher levels of participation and the celebration of practicing aquatic sports as an everlasting fountain of youth is further rejuvenated as time passes.

As LEN President I thank the Organising Committee and the Ukrainian Swimming Federation for their great contribution to the development of Aquatics and Masters disciplines in Ukraine and Europe.

Best wishes to all,

Nory Kruchten  
President

# Welcome Mr. Oleg Djomin, Ukrainian Swimming Federation President



Yalta 2011 Kiev

It is my sincere pleasure to welcome every aquatic soul, masters and fans to the 13th European Masters Championships in Swimming, Diving, Synchronised Swimming and Open Water Swimming.

We will be truly honored to have you all in Ukraine in Yalta and Kiev on September 2011 for this important event celebrating the spirit of aquatic sport and healthy way of life!

Ukrainian Swimming Federation and Organizing Committee are pleased to host this great LEN Event in Ukraine where we will have the chance to meet the best European Masters!

I would like to acknowledge aquatics club members from all parts of Europe and invite you to participate in the largest Masters Championships. You will feel the wonderful atmosphere and warm hospitality from which everyone can take home unforgettable sports experiences and beautiful impressions of fabulous Yalta and Kiev.

Among the championships activities you may enjoy Crimea and Kiev touristic programs as well as tasting traditional local cuisines.

I am sure you will enjoy visiting Yalta Masters 2011 and will be coming back here again and again!

All the best in your sports endeavors!

See you soon in Yalta and Kiev.

Sincerely,

Oleg Dyomin.



UKRAINIAN SWIMMING  
FEDERATION



Yalta 2011 Kiev

## Welcome Mr. Ravil Safiullin, Head of The State Service of Youth and Sports of Ukraine



Dear friends!

Warmly welcome all of you, who is going to European Aquatics Festival which will be held on September 2011 on a sunny land of Crimea and in Capital of Ukraine, Kyiv!

First time Ukraine will gather amateurs and athletes who spent part of their life in water and even after completing sports career they fully commit themselves to favorite sports and healthier life.

It is marvelous that the European Masters Championships became traditional and attracts aquatics Masters to fair pool battles tremendously conducting people's longevity.

I wish all participants fast, smooth water, good luck and unforgettable emotions and moments in Ukraine!

Let the sport be part of people's life!

Sincerely,

Head of The State Service of Youth and Sports of Ukraine  
Ravil Safiullin

# Welcome Mr. Oleksiy Boyarchuk, Major of Yalta



Yalta 2011 Kiev

Ladies and Gentlemen!

Yalta is a wonderful city, situated on the coast of the Black sea, that's why it's not a wonder that each citizen of this city can swim practically from the childhood. Yalta traditions in professional swimming were born already since 1960-s. Antonina Rudenko, who became the champion of Europe in 1966, was born and trained in Yalta.

Since 1990 the 50-meters long swimming pool in the Hotel "Yalta" has become the place, where the Ukrainian swimmers were trained. Since 2009 after the reconstruction, this swimming pool is known as one of the best open swimming pools in our country, which can be used both with sea- and sweet water. Since 2010 the championships of the Ukraine have been taken place in this swimming pool.

In 2009 in Yalta for the first time was held the national All-Ukrainian Cup in swimming on the open water. The swimmers from the Ukraine, Russia and Byelorussia took part in this competition. A year later the same competition took place on the embankment of Yalta and was even more successful.

This fall Yalta has got the right to organize European Masters Championship in water sports. We believe, that these competitions will become "an incitement" for the development of aquatic sports in our city. More than three thousands of athletes will come to our place, and they will demonstrate, that water sports are not only very useful, but also very interesting and attractive occupation.

Yalta has a great advantage because of it's unique climate. Smiling sun shares its warmth practically all the year round, the air is full of useful microelements, brought from the sea, the mountains and the surrounding Yalta coniferous forests. Not without reason since old times many celebrities such as Fyodor Shalyapin, Alexander Pushkin and Anton Chekhov used to come to the Southern capital for medical treatment.

Places of interest of Yalta are well known in the whole world and lot of people come here to admire the Swallow's Nest- a small castle on the sheer rock, the favorite palaces of the tsarist families- Livadia Palace, Massandra Palace and Vorontsov Palace. The unique collection of plants in Nikitskiy Botanical Garden will let nobody be indifferent, and delicate wines of "Massandra" Winery will impress each connoisseur. Also the sportsmen and participants of tournament will have chance to visit the plateau of Ai-Petri Mountain, and to go there by the cable-way, they'll see famous Bear Mountain and enjoy warm autumn sea in the velvet summer.

We invite all of the European "Masters" to take part in the Championship in water sports in Swimming, Diving, Synchronised Swimming and Open Water Swimming. We wish you interesting competitions and good impressions of our wonderful city.

Major of Yalta  
Oleksiy Boyarchuk





Yalta 2011 Kiev

## About Ukraine



Ukraine. Its area of 603,628 km<sup>2</sup> makes it roughly as large as Metropolitan France and slightly smaller than Texas. While some claim that “Ukraine is the largest country in Europe”, this view is not generally supported by sources outside the country. Ukraine borders Russian Federation to the east and northeast, Belarus to the northwest, Poland, Slovakia and Hungary to the west, Romania and Moldova to the southwest, and the Black Sea and Sea of Azov to the south and southeast respectively.

Ukraine is a unitary state composed of 24 oblasts (provinces), one autonomous republic (Crimea), and two cities with special status: Kiev, its capital and largest city, and Sevastopol. Ukraine is a republic under a semi-presidential system with separate legislative, executive, and judicial branches. Since the collapse of the USSR, Ukraine continues to maintain the second largest military in Europe, after Russia. The country is home to 46 million people, 77.8% of whom are ethnic Ukrainians, with sizable minorities of Russians (17%), Belarusians and Romanians. The Ukrainian language is the only official language in Ukraine. Russian is also widely spoken. The dominant religion in the country is Eastern Orthodox Christianity, which has heavily influenced Ukrainian architecture, literature and music.

Ukraine's capital is Kiev, has a rich history dating back more than 1500 years. With a population near 3 million and founded in 482 AD, Kiev is situated on hills overlooking the famous Dnieper River.



## About Crimea and Yalta

The Crimea is a unique corner of Ukraine and Europe, the main wealth of it are temperate climate, warm sea, fresh air, picturesque landscapes and presence of mineral resources. Warm and soft climate allows enjoying a comfortable rest practically the whole year round. Numerous hotels, excursions, sights, restaurants and child's attractions are at your disposal. All this is present on the coast and of course, the boundless sea with beaches.

Yalta is one of the biggest selling and well-known resorts of the Black Sea coast. The term “Greater Yalta” includes Simeiz, Foros, Miskhor, Alupku, Gurzuf, Livadiyu and Kaciveli make only 70 km unique natural beauty of parks and landscapes. Mountains guard the resorts of Yalta from north winds, bays, mountains and forest air create special climate here, which does not differ from healthful climate of well-known Mediterranean resorts of Italy, France, Spain, it is a basic medical factor, about 170 resorts and tourist objects.

Mild crimean climate, refreshing marine walks, visits of historical monuments and picturesque places of peninsula, subtropical vegetation, the Black sea and variety of entertainments, make rest in Yalta unforgettable and give health and charge of cheerfulness for the whole year. Two beaches in Yalta got the Blue Flag in May 2010, one of these beaches is a beach Yalta-Intourist, where competitions will pass on open water swimming a 3 км.



# Hotel Yalta-Intourist



Yalta 2011 Kiev

**Hotel “Yalta-Intourist” welcomes you to unforgettable excursions in Crimea.**

**Tours include basic sights of Yalta and Crimea.**

**Start the tour right from Hotel “Yalta-Intourist”.**

Surprising Crimea was always loved by tsars and presidents, prime ministers and diplomats, writers and poets, artists and composers, scientists and actors, travelers and tourists, and everybody who even once visited here, certainly returned here again to re-read once more the pages of remarkable book with a title of “Crimea”.

Before order your exclusive tour please register at **[www.yaltamasters2011.org](http://www.yaltamasters2011.org)** and provide registration code for getting tour with special prices directly at **[www.hotel-yalta.com](http://www.hotel-yalta.com)**. The experts of the service bureau of the hotel “Yalta-Intourist” will help you to take interesting tours in Crimea taking into consideration your interests and needs.

More details on how to book tours you can get through staff of official championship’s hotel “Yalta – Intourist”.



**Contacts: [www.hotel-yalta.com](http://www.hotel-yalta.com)**

**e-mail: [info@hotel-yalta.com](mailto:info@hotel-yalta.com)**

**Telephone/fax: +380654270100**

*Hotel* **Y** *Yalta*





Yalta 2011 Kiev

## Tourism & Tours Crimea



### **Livadia palace**

Excursion to Livadia palace is a visit of palace of Nickolas II, a view of romantic castle the Swallow's nest from a specific view-point. During a few decades Livadia was the favorite rest place of the Romanovs' imperial family. In 1945 the historical meeting of the Heads of three powers: Stalin, Roosevelt and Churchill took place at the majestic tsar's palace due to which the fate of the post-war world was decided and Livadia got its world fame.



### **Tour to Vorontsov palace in Alupka**

A palace of the governor-general of Novorossiya, count M. S. Vorontsov, built in the first half of XIX in style of late English gothic architecture with the elements of the East, due to an original architectural decision and unique planning got glory of architectural masterpiece. The interiors of the palace acquaint the visitors with the way of life of noble family of middle of the XIX century. And round the palace there is a luxurious Alupka park, a unique example of landscape-gardening, delighting by the spacious glades, cascades of waterfalls and smooth surface of ponds.



### **Tour to Sevastopol**

Sevastopol is a city of monuments, obelisks and museums. It's heroic past is told by famous Panorama museum "Defense of Sevastopol in 1854-1855", Diorama "Assault of Sapun mountain in May, 7, 1944", Marine boulevard, Count's landing stage. And earlier history continues to live in the walls of Chersonesus saving the ancient and medieval monuments of Crimea. Chersonesus is a sacred place for orthodox Christians: here the Great prince Vladimir the Kievan was baptized in 988.



### **Getting out to Massandra palace of Alexander III**

History of Massandra palace is enigmatic and surprising. It was built for Alexander III at the end of 19th century in style of the French castles of times of Lui XIII. During the years of Soviet power the palace was used long time as state dacha and it was inaccessible for visitors up to 1992 when a museum was opened in it.



### **Swallow's Nest, cape Ai Todor**

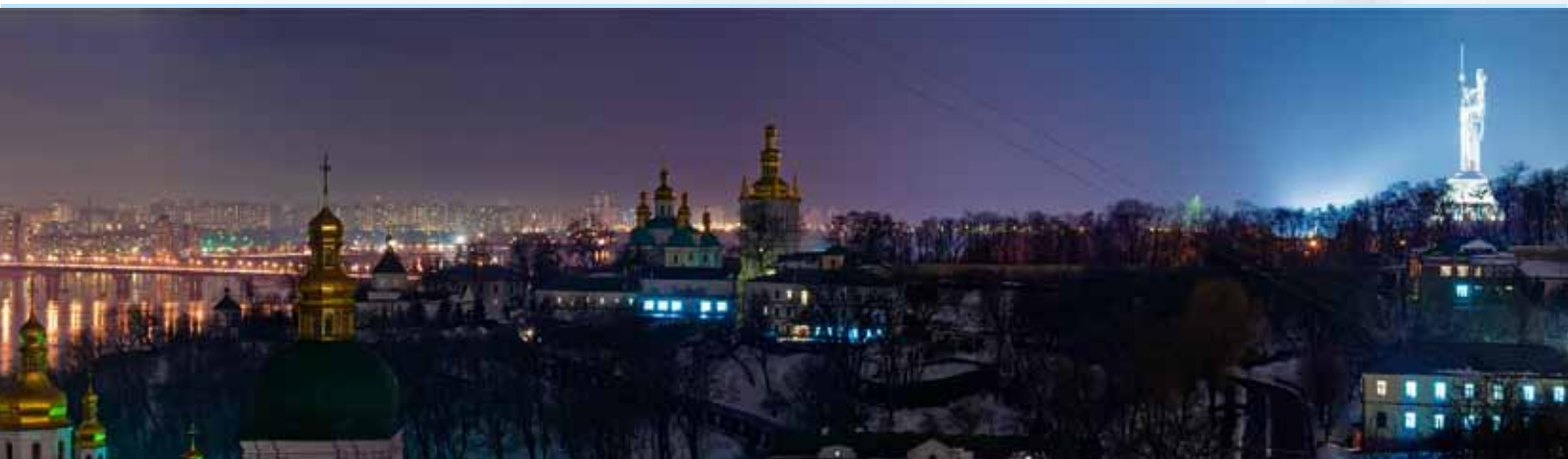
IFamous "The Swallow's nest", a symbol of the South coast and all Crimea, is a miniature castle covered by romanticism, placed by some miracle above the sea at the edge of the large Aurora rock.

It is a card of Crimea, built in 1912 - a place of pilgrimage of tourists from all over the world.



### **"Massandra" wine yard tour**

"Where there is no wine — a heart is closed". That's what an ancient wisdom says. We offer you to open the heart by getting to know surprising taste and feeling the divine bouquet of Massandra wines which were awarded two Grand Prix cups and 207 golden and silver medals at world wine contents.



Kiev is known as a green city with two botanical gardens and numerous large and small parks. The green nature of the city is probably most notable by the green hills of the right bank along the Dnieper river that have been relatively untouched by development.

## ***Founders of Kiev***

The centre of Kiev (Independence Square and Khreschatyk Street) becomes a large outdoor party place at night during summer months, with thousands of people having a good time in nearby restaurants, clubs and outdoor cafes.

The central streets are closed for auto traffic on weekends and holidays. Andriyivskyy Descent is one of the best known historic streets and a major tourist attraction in Kiev. The hill is the site of the Castle of Richard the Lionheart; the baroque-style St. Andrew's Church; the home of Kiev born writer, Mikhail Bulgakov; the monument to Yaroslav the Wise, the Grand Prince of Kiev and of Novgorod; and numerous other monuments.

At the city's southern outskirts, near the historic Pyrohiv village, there is an outdoor museum, officially called the Museum of Folk Architecture and Life of Ukraine. It has an area of 1.5 square kilometres. This territory houses several "mini-villages" that represent by region the traditional rural architecture of Ukraine.

St. Sophia's Cathedral takes a leading place among all monuments and sights in Kiev.

The Cathedral was planned as the main temple of the Kievan Rus and was erected in the center of old Kiev at the first half of XI cent. Initially the Cathedral was built in Byzantine style, had pyramidal structure with 13 domes.

After the reconstruction in 1688 the Cathedral got its baroque view. In the XVII cent. St. Sophia houses male monastery (till 1786) and was the residence of Kievan metropolitans.

The Golden Gate, the rest of a huge wall that was erected in the 10th century to protect the city; and see the Parliament building that is situated in a beautiful park.



# XIII European Masters Championships Program

5-10 September 2011 in Yalta, Kiev, Ukraine

The Information and accreditation centre open Friday 2 September 2011

**OPENING CEREMONY Sunday, 4<sup>th</sup> September in Yalta Central Lenin Square at 19:00**

	Dates	Swimming and open water	Synchronized program	Diving program (Kiev)
Day 1	Monday, 5 September 2011	08.00 01) 200m Ind. Medley Men 02) 200m Ind. Medley Women 03) 800m Freestyle Men 04) 800m Freestyle Women	16.00 01) Solo - Technical Routine	
Day 2	Tuesday, 6 September 2011	08.00 05) 200m Freestyle Women 06) 200m Freestyle Men 07) 50m Breaststroke Women 08) 50m Breaststroke Men 08) 100m Butterfly Women 10) 100m Butterfly Men 11) 4x50m Freestyle Women 12) 4x50m Freestyle Men	16.00 02) Duet - Technical Routine	10.00 01) Springboard 3m Women (70-80+) 02) Springboard 1m Men (70-80+) 03) Springboard 3m Women (60-69) 04) Springboard 1m Men (60-69) 05) Springboard 3m Women (50-59) 06) Springboard 1m Men (50-59) 07) Springboard 3m Women (40-49) 08) Springboard 1m Men (35-39) 09) Springboard 3m Wom (25-34)
Day 3	Wednesday, 7 September 2011	08.00 13) 200m Butterfly Men 14) 200m Butterfly Women 15) 50m Backstroke Men 16) 50m Backstroke Women 17) 100m Breaststroke Men 18) 100m Breaststroke Women 19) 4x50m Medley Mixed 20) 400m Freestyle Women	16.00 03) Team - Technical Routine	10.00 10) Springboard 3m Men (70-80+) 11) Springboard 1m Women (70-80+) 12) Springboard 3m Men (60-69) 13) Springboard 1m Women (60-69) 14) Springboard 3m Men (50-59) 15) Springboard 1m Women (50-59) 16) Springboard 3m Men (40-49) 17) Springboard 1m Women (35-39) 18) Springboard 3m Men (25-34)
Day 4	Thursday, 8 September 2011	08.00 21) 200m Backstroke Women 22) 200m Backstroke Men 23) 50m Butterfly Women 24) 50m Butterfly Men 25) 100m Freestyle Women 26) 100m Freestyle Men 27) 4x50m Freestyle Mixed 28) 400m Freestyle Men	16.00 04) Duet - Free Routine	10.00 19) Springboard 1m Women (25-34) 20) Springboard 1m Men (25-34) 21) Springboard 3m Women (35-39) 22) Springboard 3m Men (35-39) 23) Springboard 1m Women (40-49) 24) Springboard 1m Men (40-49)
Day 5	Friday, 9 September 2011	08.00 29) 200m Breaststroke Men 30) 200m Breaststroke Women 31) 50m Freestyle Men 32) 50m Freestyle Women 33) 100m Backstroke Men 34) 100m Backstroke Women 35) 4x50m Medley Men 36) 4x50m Medley Women	16.00 05) Team - Free Routine	10.00 25) Platform Men (70-80+) 26) Platform Women (70-80+) 27) Platform Men (50-69) 28) Platform Women (50-69) 29) Platform Men (40-49) 30) Platform Women (40-49) 31) Platform Men (30-39) 32) Platform Women (30-39) 33) Platform Men (25-29) 34) Platform Women (25-29)
Day 6	Saturday, 10 September 2011	10.00 3 km Open Water Men 3 km Open Water Women	09.30 06) Solo - Free Routine  13.00 07) Combination - Free Routine	

**Closing Ceremony Friday, 9<sup>th</sup> September at swimming competition pool  
prior the last event**

## The Organizing Committee of Yalta 2011 Kiev

created by

- *Ukrainian Swimming Federation*
- *Ministry of Education, Science, Youth and Sports of Ukraine*
- *The Government of Crimea,*
- *Yalta City Council*
- *UXG Ukrainian X-Games*
- *Ukrainian Masters Clubs Association.*

### Organizing Committee

President –  
Oleg Dyomin

Vice President,  
Executive Director –  
Andriy Vlaskov

Event Director -  
Vadym Korovitskii

Technical Director -  
Volodymyr Shumilin

Competition Director,  
Swimming Meet Director –  
Sergiy Fesenko

Diving Meet Director -  
Anna Sorokina

Synhronised Swimming  
Meet Director -  
Natalia Oleksienko

Open Water  
Meet Director -  
Olena Yerantseva

General Coordinator -  
Gennadii Kliuchnyk

## Competition venues

### SWIMMING

5th-9th September 2011.

The competition will take place in 50 m outdoor pool Yalta-Intourist Hotel complex. Warm up will be 25 m outdoor temporary pool, 150 m uphill from main competition pool.

### SYNCHRONIZED SWIMMING

5th-10th September 2011

in Yalta-Intourist Hotel complex 20x20 m outdoor diving pool.

### OPEN WATER SWIMMING

10th September

in Yalta-Intourist Hotel beach.

### YALTA INTOURIST HOTEL

50, Drazhinsky str,

Yalta, 98600, Ukraine

[www.hotel-yalta.com](http://www.hotel-yalta.com)

e-mail: [yalta2011@gmail.com](mailto:yalta2011@gmail.com)

### Accreditation & Information centre

The information centre will be situated in the Yalta-Intourist Hotel, 2nd floor Hall, from 2nd September until the end of the Championships.

The information centre will include the following offices:

Information desk, Accreditation centre, Transportation office, Reconfirmation desk, Tourist office, Lost and found office, Bank exchanges office, Souvenirs kiosk, In the information centre you will also be able to reserve tourist tour and rented the car.

### Accreditation & Information centre opening hours

Friday 2nd & Saturday 3rd September: 8:00 hrs a.m. until necessary: 8:00 hrs a.m. to 20:00 hrs p.m.

Sunday 4th September: 7:00 hrs a.m. until necessary

Monday 5th September until Saturday 10th September: 7:00 hrs a.m. until necessary.

### **DIVING IN KIEV**

6th till 9th September 2011 in Kiev CSCA indoor pool.

KIEV CSCA pool, blv. VOZDUHOFLOTSKIY 6, 01043, Ukraine

e-mail: [yalta2011@gmail.com](mailto:yalta2011@gmail.com)

### Accreditation & Information centre opening hours

Kiev CSCA pool, 2nd floor

Saturday 3rd until Friday 9th September: 9:00 hrs a.m. until necessary



Yalta 2011 Kiev

# Competitions Venues in Yalta



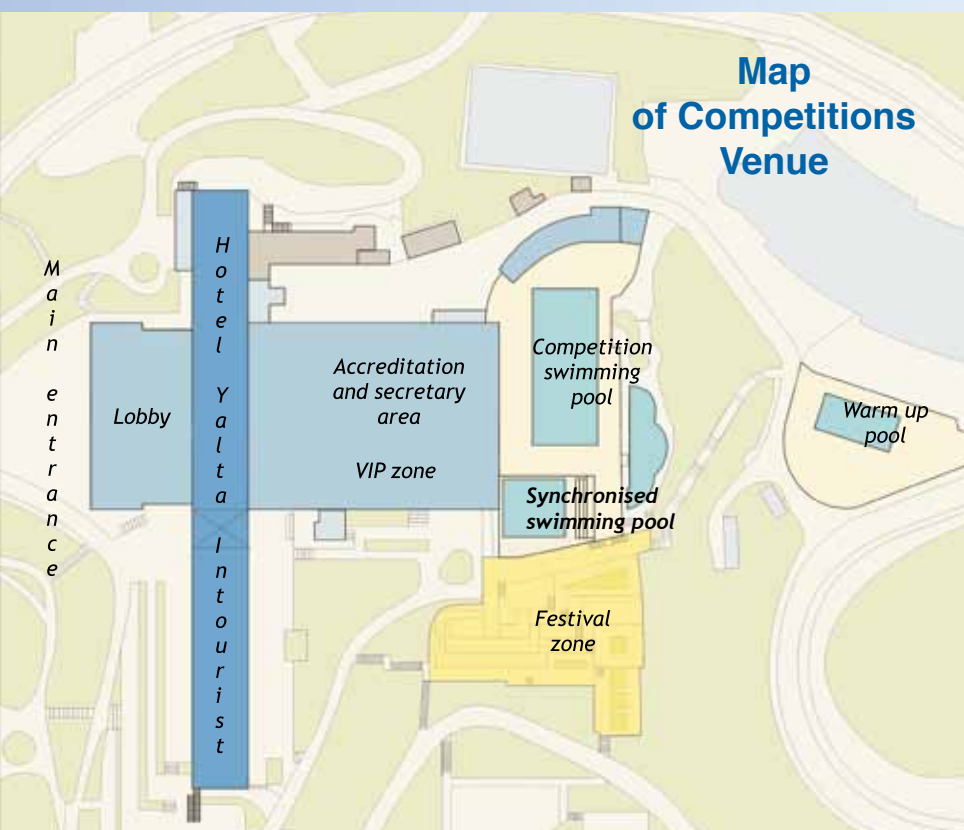
Competition swimming pool



Synchronised swimming pool



Open water Start/Finish location



## Map of Competitions Venue

### Yalta-Intourist Hotel complex

Address: 50, Drazhinsky str. Yalta, 98600, Ukraine.

#### Swimming

Main swimming competition pool, new renovated Olympic standard pool 50x22 with 8 lanes, depth 2,2-1,35 m fresh water.

#### Warm up pool

Outdoor 25 m, 6 lines temporary pool, fresh water. Located 150 m uphill from main competition pool.

#### Synchronised swimming

Diving pool 20x20 m, 4,3 m depth. (Sea water, slightly salt)

#### Open Water Swimming Competition

The course will be 3 km on the Yalta Intourist Hotel beach, one of the famous and comfortable recreation zone in Crimea peninsula.

Located 3 min walk from main Hotel Yalta entrance by elevator down to sea.

Address: 50, Drazhinsky str. Yalta, 98600, Ukraine.



Open Water Course

# Competitions Venue in Kiev



CSCA swimming & diving pool.

New renovated olympic size pool 50x25m.

Address: Str. Vozduhoflotsky Bul. 6, Kiev

Installations:

4 x 1m spring boards

3 x 3m spring boards

3m, 5m, 7,5m, 10m platforms

5 x ladders to exit the water on the tower side

Gym room with 2 trampolines, 1 dry board, tumbling floor and matrasses.



Diving Competitions pool in Kiev





Yalta 2011 Kiev

## Accreditation

### For accreditation, please send to Yalta/Kiev EMC OC

A photocopy of passport or Identity Card, showing date of birth.

Entry forms approved by National Federation of the competitors.

Filled in and signed «Release from Liability».

Filled in and signed Individual registration form.

Color photo.

All competitors who will not compete in individual swimming events and will compete in relay events should also complete and send in these forms.

All fully completed forms should be submitted only by mail.

Forms will not be officially confirmed without signed and stamped by respective federation hard copy

**Hard copy of your forms should be mailed to OC:  
42 Esplanadna Str, suite 510,  
Kiev, 01601, Ukraine.**

If you decide to create forms on Championships web-page [www.yaltamasters2011.org](http://www.yaltamasters2011.org), the system will generate all required forms automatically for you. They must be printed and posted together with one recent photo, be signed and confirmed by the federation.

**Important dates - 22 June 2011  
Deadline for entries and payment of entry fees.**

### Accreditation & Information Centre In Yalta

Opening hours

Friday 2nd September 2011:

8:00 hrs a.m. to 20:00 hrs p.m.

Saturday 3rd September 2011:

8:00 hrs a.m. to 20:00 hrs p.m.

Sunday 4th September 2011:

7:00 hrs a.m. until necessary.

Monday 5th until Saturday 10th September 2011:

7:00 hrs a.m. until necessary.

Tuesday 6th September until 10th September 2011:

from 7:00 until one hour after finishing Competition.

### Accreditation & Information Centre In Kiev

Opening hours

From Saturday 3rd until Friday 9th September 2011:

8:00 hrs a.m. until necessary.

Each competitor may collect his / her Accreditation Card at the Accreditation Centre after proof of identity (passport or ID card).

Accompanying person have to contact the information centre for getting the entry card.

### Regulations for immigrations and visas

Please note that Visa is required for citizens of the next Countries: Albania, Bosnia and Herzegovina, Turkey, Croatia, Montenegro, Serbia and Macedonia.

In case you need an official invitation please contact Organizing Committee.

## Where to pay and to send the entry fees

Entry fees must be paid in full. Entries without proof of payment will be rejected. There are two ways to pay:

1. By credit card when you file entry forms electronically. Please, follow step by step instruction while you registering at [www.yaltamasters2011.org](http://www.yaltamasters2011.org).
2. Bank draft:.

Bank details to make payment for entry fees.

Purpose for payment: Entry fees (*Your Family name*) European Masters Championships 2011

AMMOUNT OF PAYMENT: \_\_\_\_\_ EURO

(indicate total amount for all of your entries accordingly to "Entry fee" table\*)

BENEFICIARY: UKRAINIAN SWIMMING FEDERATION, 42 Esplanadna Str., Kiev, 01601, Ukraine

Account 260093011712/978

BENEFICIARY BANK: PROMINVESTBANK, KIEV, UKRAINE, SWIFT – UPIBUAUX, CHIPS UID – 322880

INTERMEDIARY: DEUTSCHE BANK AG, FRANKFURT AM MAIN, SWIFT – DEUTDEFF

Account – 949829600



## HOW TO REACH US



### KIEV, YALTA - by air

The main air gate to Ukraine is Kiev International Airport (KBP).

There are about 10 daily flights from Kiev to Simferopol International Airport (SIP), which is the nearest to Yalta.

Several airlines perform direct flights from Europe to Simferopol Airport as well.

Simferopol Airport is located 85 km (1,5 hour drive) far from Yalta.

Transportation from Simferopol Airport or from Simferopol Train Station can be provided on demand.

You will find Welcome Desks at the official Airports (KBP&SIP) and Simferopol Train Station as well.

The Universal International Agency has been selected to manage airline and accommodation service for the European Masters Championships 2011 in Yalta/Kiev.

Book your flight tickets through Universal International Agency web site [www.aviabest.com](http://www.aviabest.com) and you will get special discount for Austrian, Lufthansa, Turkish, Ukrainian International Airlines and Aerosvit flight companies.

### YALTA by car

The main road route into Yalta from west boarder, although there is also good access on the E-40, E-50, to E-97, E- 105. Main point to entrance from Balkan countries, Hungary, Romania, Slovakia, Czech Republic - Chop, Chernivci.

From Germany, Poland - Lviv (Mosticka, Dorohusk), Lutsk (Rava Ruska, Yagotyln).

From Baltic republic, Belorussia, Russia - north boarder end further via Kiev, Kharkov to south direction Crimea (E-95).

### YALTA by train

By train: The national Ukrainian Railways Network offers a full range of services interconnecting the major cities of Europe (Berlin, Prague, Budapest, Vienna, Warsaw, Roma, Belgrade, Sofia, and others) through Lvov and Kiev to Simferopol ([www.uz.gov.ua](http://www.uz.gov.ua)).

### YALTA by bus

There are several bus companies operating in Ukraine. They offer an extensive network of service with spacious, comfortable and not expensive coaches, running from Kiev and others big Ukrainian cities direct to Yalta - Avtolux ([www.avtolux.com](http://www.avtolux.com)), Gonsel ([www.gonsel.com](http://www.gonsel.com)), Ukrbus ([www.ukrbus.com](http://www.ukrbus.com)), etc.



### KIEV by train.

By train: The national Ukrainian Railways Network offers a full range of services interconnecting the major cities of Europe (Berlin, Prague, Budapest, Vienna, Warsaw, Roma, Belgrade, Bratislava, Sofia, St.Petersbourg, Minsk, Moscow) to Kiev. ([www.uz.gov.ua](http://www.uz.gov.ua)).

### KIEV by bus

The main destination are Amsterdam, Stockholm, Riga, Helsinki, Paris, London, Madrid, Napoli, Milan, Venice, all big Germany towns connecting with Kiev.





Yalta 2011 Kiev

# Transportation Information

The Organising Committee did appoint and reserve best choice hotels for participants' accommodation in Yalta and Kiev. You can book the hotels through Championships web-page [www.yaltamasters2011.org](http://www.yaltamasters2011.org) or Universal International Agency [www.aviabest.com](http://www.aviabest.com) or directly at [www.hotel-yalta.com](http://www.hotel-yalta.com) for Yalta-Intourist Hotel and get following advantages:

## Accommodation.

Hotel Complex Yalta-Intourist – the main venue of the Championships.

Swimming, synchronised swimming, open water swimming and social events will be there.

All other offered Yalta hotels are on walking distance from the Yalta-Intourist, close to Accreditation Centre, secretary, sightseeing and participants' activities venue.

## Confirmed places.

Organising Committee jointly with the Universal International Agency reserved and guarantees special competitive prices accommodation for participants and provide shuttle service on demande.

**Welcome Desks** will be in proposed hotels only.

## Convenience.

Payment for chosen accommodation is possible online directly through the web-site by credit card or via invoice.



Official travel agent:

Tel/fax: (+38) 057 732-87-91;  
(+38) 057 732-84-25

ICQ: 401480538

Skype: UIA\_AIR

e-mail: [book@avia-tourism.com.ua](mailto:book@avia-tourism.com.ua)

web: <http://www.aviabest.com>

<http://www.avia-tourism.com.ua>



# Visa information



Yalta 2011 Kiev

Information on the procedure of foreigners entry to (exit from) Ukraine.

At present, the Ukrainian legislation provides for both visa and visa-free entry procedure for foreigners (foreign citizens and non-citizens).

Foreigners shall enter/exit Ukraine through the crossing points on the State frontier, in case of presence of a national passport and a visa, if otherwise is not specified by the Ukrainian legislation.



At this time Visa need to participants from the following countries.

1. ALBANIA
2. BOSNIA - & HERZEGOVINA
3. CROATIA
4. MACEDONIA
5. MONTENEGRO
6. SERBIA
7. TURKEY

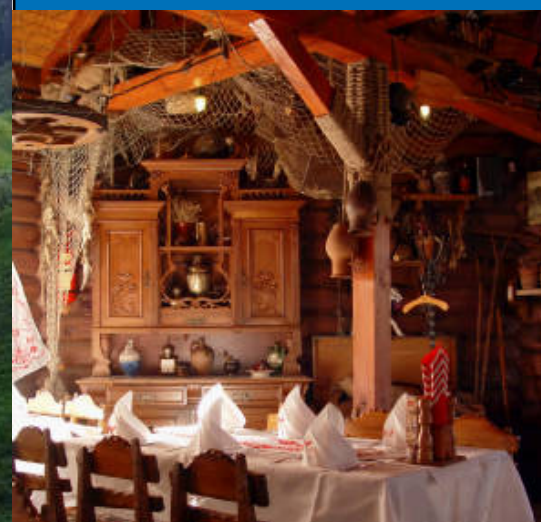
Please note, if you are citizen of these countries contact organizing committee and arrange your visa interview at least one month before your trip. Email or call us for visa support.

## Ukrainian Traditional Foods

Borsch is popular all over Eastern Europe, but Ukraine and Russia are perhaps most famous for this beet soup. There are as many recipes as there are grandmas who make it. Borsch can be served hot in the winter and cold in the summer, may contain meat and a variety of vegetables, and is commonly served with a generous dollop of sour cream.

While salo is enjoyed in other parts of Eastern Europe, Ukraine is perhaps most famous for salo. Salo is smoked, salted fat or lard that may also be flavored with spices. While its popularity may have grown out of lean years when meat was expensive or unavailable, salo is still eaten today.

This typical ukrainian restaurant features a rustic interior reminiscent of traditional dining situations in Ukraine. Rough-hewn dining furniture, wooden decorations, folk crafts, and clean, white table linens will be found in restaurants that convey a traditional ukrainian dining atmosphere. The foods served at these restaurants will be traditional ukrainian dishes that make your mouth water and leave your taste buds satisfied.





Yalta 2011 Kiev

## Accommodation



### Hotel “Yalta-Intourist”

Hotel Yalta-Intourist is the biggest business and recreation center in the Crimea. Being located in the picturesque Massandra Park, on the Black Sea shore the Yalta-Intourist is a perfect place for business, leisure and sport activities. There are more than 1000 rooms of different categories in the Hotel. Room's interiors are designed for maximal comfort of the guests. Book “Yalta-Intourist” directly at [www.hotel-yalta.com](http://www.hotel-yalta.com).

**Prices:** from 84 Euro in twin room accommodation up to 250 Euro in superior suite per night with breakfast.



### Hotel “Massandra”

Located in a silent picturesque corner of ancient Massandra park. The Massandra hotel consists of two four-stored buildings. Rooms with balcony have a view on beautiful park, the sea or mountains. The Massandra located just 300 meters from “Yalta-Intourist” hotel.

**“Massandra” standart double room from 89 Euro per night without breakfast**



### Pansionat “Donbass”

Located in Massandra Park, near Nikitsky Botanical Garden. Pansionat is very close (300 m walk) from the Yalta-Intourist Hotel. Number of rooms old furnished without air-conditioners. Number of rooms old furnitures whithout air-conditioners. Most budget accommodation for the Championships.

Pansionat beach has 460 m shore can be reached by cable road. Prices include full board accomodation.

**“Donbass” standart double room from 37 Euro per person per night.**



# Accommodation



Yalta 2011 Kiev



## Pansionat "Pribrezhny"

Pansionat «Pribrezhny» located in the east part of Yalta between the hotel Yalta-Intourist and the Nikitsky botanical garden. There are Pansionat's comfortable buildings on the territory of ancient park in 50-80 meters from the sea. The Pansionat occupies 11,3 hectares of a park zone on seacoast. Shuttle service will be provided from the Pansionat to the Championships venue and return.

### Prices per room with breakfast:

- Economy single room **56 Euro**
- Economy double room **76.5 Euro**
- Standart double room **100 Euro**
- Standart "plus" double room **115 Euro**
- "Comfort" double room **153 Euro**
- Junior suite **200 Euro**
- Suite **265 Euro**



## Hotel "Bristol"

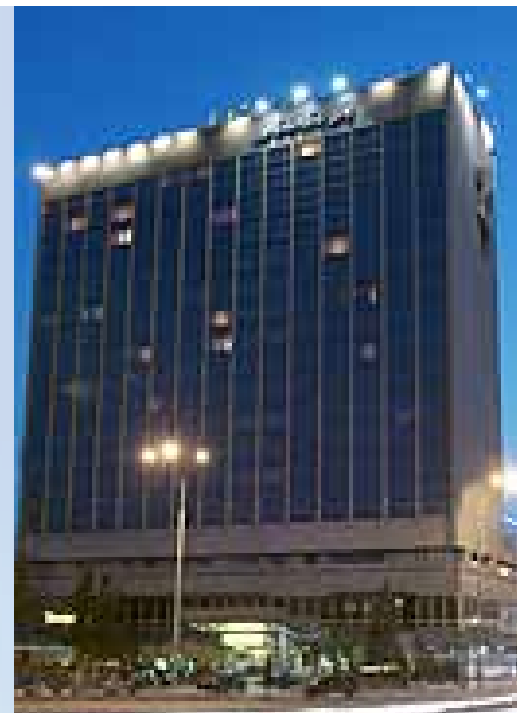
Oldest hotel of Yalta. Fully reconstructed in 2003. Located in the heart of Yalta. The rooms are spacious, modernly designed with high ceilings and balconies or loggias.

The room equipment sustains of: air-conditioner, refrigerator, mini-safe, hair dryer, cable TV, digital phone and Internet access.

Shuttle service will be provided from the Hotel to the Championships venue and return.

Breakfast, gym and swimming-pool are included into the prices.

- Standart room **120 Euro**
- Business-class room **145 Euro**
- Halflux room **222 Euro**
- Suite **305 Euro**
- VIP suite **380 Euro**



## Hotel "Lybid" in Kiev

Lybid Hotel was built in 1970 and fully renovated in 1998-2002. Nowadays it is one of the best Hotel of the capital of Ukraine.

There are beautiful views on the Pobeda square and Shevchenko blvd. from rooms. There is big shopping mall UKRAINA near the Hotel. The architectural decision of rooms creates feeling of space. Modern furniture and tastefully selected elements help to feel a comfort and domestic atmosphere.

All rooms are equipped by the individually controlled and guided system of heating and air-conditioning. Comfort and safety of our guests is very important for us, therefore we have the modern security system.

- Single room: **87 Euro** with breakfast.
- Twin room: **100 Euro** with breakfast for two persons.





Yalta 2011 Kiev

## General Information

### OPENING CEREMONY:

**Sunday, 4th September  
in Yalta  
Central Lenin Square  
at 19:00**



## COMPETITIONS

### CEREMONIES

Victory ceremonies will take place at festival zone behind competition pool after each event.

Closing ceremony will take place in Yalta-Intourist water complex on Friday 9th September prior last event.

Ukrainian Kasha (Borscht) party will take place after finishing Open water competition on the Yalta Hotel beach resort on Saturday 10th September.

### AWARDS and DIPLOMAS

First three competitors in each event and age group will receive medals, competitors placed from first to eight will receive diploma free of charge.

You will get diplomas in the Information Centre. Each competitor will be able to buy a Championships diploma, and commemorative medals if the entry time is met.

### ENTRY FEES

Swimming Single Events: 18 Euro

Swimming Relay Events: 25 Euro

Diving: 18 Euro

Open Water Swimming: 25 Euro

Synchro Solo: 18 Euro

Synchro Duet: 25 Euro

Synchro Team & Combination: 40 Euro

Entry fees have to be paid to Ukrainian Swimming Federation by bank transfer or credit cards through [www.yaltamasters2011.org](http://www.yaltamasters2011.org)

Bank details see on the page 16.

Please note that by making transfer money, all commissions and charges for bank transfer are payable by the order client, without any charges on behalf of the beneficiary.

## SWIMMING

### GENERAL INFORMATION

The competition will take place in the outdoor 50 m Olympic size swimming pool in the complex Yalta ñ Intourist Hotel.

The competition will start each day at 8:00 a.m. and run without any breaks. Warm up pool 25 m located uphill from main competition pool (see on the page 14).

### RECONFIRMATION

Please note that competitors participating in 400 m and 800 m events shall reconfirm their participation to the Organizing Committee no later than 18:00 hrs on the day prior to the event.

Club participating in Relay events shall reconfirm their participation and submit the names of the competitors and the order of swimming no later than 18:00 hrs the day prior to the event. Reserve swimmers are not allowed.

Please contact the reconfirmation desk in the information centre.

### TRAINING SCHEDULE

Training opportunities will be available in the main outdoor pool 50 m competition pool from Saturday 3rd to Sunday 4th 2011: 8:00 to 20:00 hrs and each competition day from 6:30 hrs to 7:45 hrs.

On competition days, training will be available in the 25 m warm up outdoor pool, located up on the hill near with YaltañIntourist complex.

# Competition



Yalta 2011 Kiev

## FREESTYLE Men

	50	100	200	400	800
25-29	0:28,25	1:07,50	2:22,50	5:15,00	11:00,00
30-34	0:29,50	1:10,00	2:25,00	5:22,50	11:30,00
35-39	0:30,75	1:12,50	2:30,00	5:30,00	12:00,00
40-44	0:32,50	1:17,50	2:37,50	5:45,00	12:30,00
45-49	0:33,75	1:20,00	2:45,00	6:00,00	13:00,00
50-54	0:35,00	1:25,00	2:52,50	6:15,00	13:30,00
55-59	0:37,50	1:30,00	3:00,00	6:30,00	14:00,00
60-64	0:40,00	1:35,00	3:15,00	6:45,00	15:00,00
65-69	0:42,50	1:40,00	3:30,00	7:30,00	16:00,00
70-74	0:45,00	1:45,00	3:45,00	8:15,00	17:00,00
75-79	0:50,00	1:50,00	4:00,00	8:45,00	18:00,00
80-84	0:55,00	1:57,50	4:30,00	9:30,00	19:00,00
85-89	1:00,00	2:05,00	5:00,00	10:15,00	20:30,00
90-94	-	-	-	-	-
95+	-	-	-	-	-

## BACKSTROKE Men

	50	100	200
25-29	0:34,00	1:15,00	2:42,50
30-34	0:35,50	1:17,50	2:45,00
35-39	0:37,00	1:20,00	2:52,50
40-44	0:38,50	1:25,00	3:00,00
45-49	0:40,00	1:30,00	3:10,00
50-54	0:42,50	1:35,00	3:20,00
55-59	0:45,00	1:40,00	3:30,00
60-64	0:50,00	1:50,00	3:45,00
65-69	0:55,00	2:00,00	4:00,00
70-74	1:00,00	2:15,00	4:15,00
75-79	1:05,00	2:22,50	4:45,00
80-84	1:10,00	2:30,00	5:15,00
85-89	1:20,00	2:45,00	6:00,00
90-94	-	-	-
95+	-	-	-

## BREASTSTROKE Men

	50	100	200
25-29	0:36,00	1:22,50	2:57,50
30-34	0:37,50	1:25,00	3:05,00
35-39	0:38,75	1:27,50	3:12,50
40-44	0:40,00	1:30,00	3:20,00
45-49	0:42,50	1:35,00	3:30,00
50-54	0:45,00	1:40,00	3:45,00
55-59	0:50,00	1:50,00	4:00,00
60-64	0:55,00	2:00,00	4:15,00
65-69	1:00,00	2:10,00	4:30,00
70-74	1:05,00	2:20,00	5:00,00
75-79	1:10,00	2:30,00	5:30,00
80-84	1:17,50	2:45,00	6:00,00
85-89	1:25,00	3:00,00	6:30,00
90-94	-	-	-
95+	-	-	-

## BUTTERFLY Men

	50	100	200	200
25-29	0:32,50	1:15,00	2:45,00	2:50,00
30-34	0:33,75	1:17,50	2:52,50	3:00,00
35-39	0:35,00	1:20,00	3:00,00	3:10,00
40-44	0:37,50	1:22,50	3:10,00	3:20,00
45-49	0:40,00	1:25,00	3:20,00	3:30,00
50-54	0:42,50	1:30,00	3:30,00	3:45,00
55-59	0:45,00	1:40,00	3:45,00	4:00,00
60-64	0:50,00	1:50,00	4:00,00	4:15,00
65-69	0:55,00	2:00,00	4:15,00	4:30,00
70-74	1:02,50	2:15,00	4:45,00	4:45,00
75-79	1:10,00	2:30,00	5:15,00	5:00,00
80-84	1:17,50	2:45,00	5:45,00	5:30,00
85-89	1:25,00	3:00,00	6:30,00	6:00,00
90-94	-	-	-	-
95+	-	-	-	-

## IM M

	200
25-29	2:50,00
30-34	3:00,00
35-39	3:10,00
40-44	3:20,00
45-49	3:30,00
50-54	3:45,00
55-59	4:00,00
60-64	4:15,00
65-69	4:30,00
70-74	4:45,00
75-79	5:00,00
80-84	5:30,00
85-89	6:00,00
90-94	-
95+	-

## FREESTYLE Women

	50	100	200	400	800
25-29	0:32,50	1:20,00	2:45,00	6:30,00	13:30,00
30-34	0:33,75	1:22,50	2:52,50	6:45,00	14:00,00
35-39	0:35,00	1:25,00	3:00,00	7:00,00	14:30,00
40-44	0:37,50	1:27,50	3:07,50	7:15,00	15:00,00
45-49	0:40,00	1:30,00	3:15,00	7:30,00	15:30,00
50-54	0:42,50	1:37,50	3:30,00	7:45,00	16:00,00
55-59	0:45,00	1:45,00	3:45,00	8:00,00	16:30,00
60-64	0:50,00	1:52,50	4:00,00	8:30,00	17:30,00
65-69	0:55,00	2:00,00	4:15,00	9:00,00	18:45,00
70-74	1:00,00	2:10,00	4:30,00	9:30,00	20:00,00
75-79	1:05,00	2:20,00	4:45,00	10:00,00	21:15,00
80-84	1:10,00	2:30,00	5:15,00	10:45,00	23:00,00
85-89	1:15,00	2:45,00	5:45,00	12:00,00	24:30,00
90-94	-	-	-	-	-
95+	-	-	-	-	-

## BACKSTROKE

	50	100	200
25-29	0:38,75	1:25,00	3:00,00
30-34	0:40,00	1:30,00	3:10,00
35-39	0:42,50	1:35,00	3:20,00
40-44	0:45,00	1:40,00	3:30,00
45-49	0:50,00	1:50,00	3:45,00
50-54	0:55,00	2:00,00	4:10,00
55-59	1:00,00	2:10,00	4:30,00
60-64	1:05,00	2:20,00	4:55,00
65-69	1:12,50	2:30,00	5:15,00
70-74	1:20,00	2:45,00	5:30,00
75-79	1:27,50	3:00,00	6:15,00
80-84	1:30,00	3:15,00	6:45,00
85-89	1:45,00	3:45,00	7:30,00
90-94	-	-	-
95+	-	-	-

## BREASTSTROKE Women

	50	100	200
25-29	0:43,75	1:37,50	3:22,50
30-34	0:45,00	1:40,00	3:30,00
35-39	0:47,50	1:45,00	3:40,00
40-44	0:50,00	1:50,00	3:50,00
45-49	0:52,50	1:55,00	4:00,00
50-54	0:55,00	2:00,00	4:15,00
55-59	0:57,50	2:10,00	4:30,00
60-64	1:00,00	2:20,00	4:45,00
65-69	1:05,00	2:30,00	5:15,00
70-74	1:10,00	2:40,00	5:45,00
75-79	1:20,00	2:50,00	6:15,00
80-84	1:30,00	3:05,00	6:45,00
85-89	1:40,00	3:30,00	7:30,00
90-94	-	-	-
95+	-	-	-

## BUTTERFLY Women

	50	100	200	200
25-29	0:36,75	1:22,50	3:15,00	3:20,00
30-34	0:38,00	1:25,00	3:22,50	3:30,00
35-39	0:40,00	1:30,00	3:30,00	3:40,00
40-44	0:42,50	1:35,00	3:40,00	3:50,00
45-49	0:45,00	1:40,00	3:50,00	4:00,00
50-54	0:50,00	1:50,00	4:00,00	4:15,00
55-59	0:55,00	2:00,00	4:15,00	4:30,00
60-64	1:00,00	2:10,00	4:30,00	4:45,00
65-69	1:05,00	2:17,50	4:45,00	5:00,00
70-74	1:10,00	2:30,00	5:15,00	5:30,00
75-79	1:17,50	2:45,00	5:45,00	6:00,00
80-84	1:25,00	3:00,00	6:15,00	6:30,00
85-89	1:35,00	3:30,00	7:15,00	7:15,00
90-94	-	-	-	-
95+	-	-	-	-

## IM W

	200
25-29	3:20,00
30-34	3:30,00
35-39	3:40,00
40-44	3:50,00
45-49	4:00,00
50-54	4:15,00
55-59	4:30,00
60-64	4:45,00
65-69	5:00,00
70-74	5:30,00
75-79	6:00,00
80-84	6:30,00
85-89	7:15,00
90-94	-
95+	-



Yalta 2011 Kiev

## Competition

### Open water



#### General Information

The competition will take place in Black Sea on the beach area Yalta Intourist Hotel.

The competition will start at 10:00 in waves with 15 minutes interval. The start and finish are situated in the same place.

The course length is 3 km.

Competitors shall confirm their participation at the Information Centre not later than 12:00 on Friday 9th September 2011.

The Technical meeting will be on Friday 9th September at 16:00 in Accreditation Centre 2nd floor Yalta International Hotel.

#### Events

Competitors will be seeded in waves according to age groups from youngest to the oldest to assure similar wind and water conditions. Competitors may be selected irrespective of gender.

All competitors will receive and must wear a bright colored numbered cap according to the seeding. No wetsuits are allowed. In each wave, the Referee may order out any competitors who have not finished the race within forty five (45) minutes after the arrival of the winner in the same wave and age group.

Safety full medical provision and appropriate safety will be provided during and at the end of the competition. Only well prepared and medically fit swimmers may enter this event. Each competitor is responsible for her/his own medical examination.

The Organizing Committee is not responsible for accident related to inadequate preparation or health matters.

Warm drinks and wool cover will be provided at the end of the course free of charge.

#### Victory Ceremony

Victory Ceremony will be held directly after the competition of each wave and age groups, as soon as possible.

### Synchronized swimming



#### General information

The competition will take place in 20x20 m outdoor pool in the Yalta-Intourist Hotel water complex.

The competition will start on Monday (5 September) till Friday (9 September) at 16:00, on Saturday (10 September) at 9:30 and 13:00. On Saturday (10 September) warm up will be possible from 7.00 hrs till 15 min prior the starting time of the competition.

Warm up will be in the same pool each day start from Monday (5 September), till 60 min prior the start time of the daily competition.

The technical meeting will be on Sunday, 4 September at 17:00 hrs in the pool area.

**Please note the FINA Bureau has approved new Requirement Elements for the Technical Routines and which are published on the official championships web-page.**

#### Training Schedule.

Training opportunities will be available in the same (competition 20x20 m pool), and will be possible from Saturday (3 September) and Sunday (4 September) from 1pm till 6 pm.

### Diving - Kiev



#### General information

The competition will be run in the CSCA KIEV swimming & diving pool.

The Competition will start each day at 10:00 am

There will be no finals.

The Technical meeting will be on Monday, 5-th September at 15:00 hrs in the pool conference hall.

#### Training Schedule

Training opportunities will start on Saturday 3-rd September 2011 in the competition pool in Kiev. Training will also be available on competition days. Details will be given on arrival at the information Centre in Kiev.

#### Competition format

The divers can freely choose the dives from the dive table given in the FINA Handbook. The only requirement is that in age groups 25-69 years, each dive performed has a different dive number. In age groups 70-80+, dives with the same dive number can be repeated, if performed in a different position (straight, pike, tuck or free position).

All divers will perform a full series of dives in their age group and there will be no preliminary or final contests.

#### Dive Sheets

Late sheets and changes to an existing sheet will be fined with fifteen (15) Euro per sheet. No changes on the list of the dives shall be accepted after the deadline of three (3) hours prior to the event.



(UPDATED 29 MAY 2010)

In addition to the LEN General Event Rules the following REGULATIONS

shall apply:

## MA-G GENERAL

### MA-G 1 Event and Organisation

MA-G 1.1 The Championships shall be conducted in Swimming, Diving, Open Water Swimming and Synchronised Swimming.

MA-G 1.2 The Championships shall be held every odd year.

MA-G 1.3 The organising Federation and the place where the Championships shall be held will be decided by the LEN Bureau and circulated by the LEN Office.

MA-G 1.4 The LEN Bureau Delegate and the LEN Masters Committee (LEN MaC) shall be responsible for and supervise the organisation of the event and the correct conduct of the competitions according to LEN Rules and Regulations.

They shall decide on all matters arising on site at the competitions which require an immediate decision.

### MA-G 2 Entries and Entry Fees

MA-G 2.1 Competitors shall be eligible for a club either affiliated to a Member Federation or affiliated to a Federation registered by LEN.

MA-G 2.2 Entries shall be confirmed and submitted by the Federation in the name of the club to which the competitor belongs.

MA-G 2.3 Any competitor having represented a non-European Club shall not represent an European club unless he has been under the jurisdiction of one or several European clubs for at least twelve (12) months.

MA-G 2.4 Entries, including signed Release of Liability by every competitor, shall be sent to the Organising Committee together with one photo (passport size).

MA-G 2.5 The deadline for the submission of entries and the payment of the entry fees shall be no later than the date announced by the LEN Office.

MA-G 2.6 Entry fees shall be as decided by the LEN Bureau and circulated by the Organising Committee.

MA-G 2.7 Entry fees shall be paid to the Organising Committee. Confirmation of payment shall be attached to the entries.

MA-G 2.8 There shall be no refund of entry fees.

### MA-G 3 Accreditation

MA-G 3.1 Accreditation shall be issued free of charge for:

- a. all competitors and approved officials of the Federations;
- b. any President of a Member Federation or a Federation registered by LEN;
- c. all persons nominated by LEN;
- d. all persons involved in the organisation of the Championships.

No other person shall receive an accreditation.

MA-G 3.2 Each Competitor may collect his/her Accreditation Card with a photo two (2) days prior to the Championships at the Accreditation Centre after proof of identity (passport or ID card).

MA-G 3.3 The Organising Committee shall check name, age and entries before handing out the accreditation card.

### MA-G 4 Awards

MA-G 4.1 Victory Ceremonies shall take place after each event at a place and a time announced by the Organising Committee.

Medals shall be awarded to competitors placed first to third in each event and age group.

Diplomas shall be awarded to competitors placed first to eighth in each event and age group.

MA-G 4.2 Points shall not be counted and no awards shall be given to Federations or clubs.

MA-G 4.3 A commemorative souvenir shall be given to each competitor starting and to each approved official.

### MA-G 5 Officials

MA-G 5.1 The LEN MaC shall nominate for each competition session one (1) Technical Delegate and one (1) Referee.

MA-G 5.2 Federations may nominate suitably qualified and experienced officials for each aquatic discipline.

MA-G 5.2.1 Applications shall be submitted to the LEN Office no later than the date announced by the LEN Office.

MA-G 5.2.2 Officials approved are on the costs of the nominating Federation.

MA-G 5.3 The Technical Delegate shall nominate



Yalta 2011 Kiev

## LEN Regulations

the key officials to be on duty on each competition session.

MA-G 5.4 The organising Federation shall provide all the other officials.

### MA-SW SWIMMING

#### MA-SW 1 Events and age groups

MA-SW 1.1 Events are (men and women):

- Freestyle 50 m, 100 m, 200 m, 400 m, 800 m;
- Breaststroke 50 m, 100 m, 200 m;
- Backstroke 50 m, 100 m, 200 m;
- Butterfly 50 m, 100 m, 200 m;
- Individual Medley 200 m;
- Freestyle Relay 4 x 50 m;
- Medley Relay 4 x 50 m;
- Mixed Freestyle Relay 4 x 50 m (2 women and 2 men);
- Mixed Medley Relay 4 x 50 m (2 women and 2 men).

MA-SW 1.2 Age groups for individual events are:

25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 – 94 (and five year age groups as high as is necessary).

MA-SW 1.3 Age groups for relays are:

100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359 (and forty year increments as high as is necessary).

All members of a relay team must be from the same club and have completed the individual entry form.

The total age of the team members (determined by the year of birth) determines the age group of the team.

A competitor may only compete in one age group in the same relay event.

MA-SW 1.4 Competitors may be entered for a maximum of five individual events, but not for more than two individual events each day.

MA-SW 1.5 The order of the events and the Entry Times shall be decided by the LEN Executive on proposal of the LEN MaC and the LEN Bureau Liaison.

MA-SW 2 Confirmation of participation and composition of Relay Teams

MA-SW 2.1 Competitors participating in 400 m and 800 m races shall confirm their participation to the Organising Committee no later than six o'clock p.m. (18.00 hrs) on the day prior to the event.

MA-SW 2.2 Clubs participating in Relay Events shall confirm their participation and submit the names of the competitors and the order of swimming no later than six o'clock p.m. (18.00 hrs) on the day prior to the event.

Reserve swimmers are not allowed.

MA-SW 3 Lane seeding, start and ordering out of the competition

MA-SW 3.1 Competitors will be seeded according to the submitted entry times, beginning with the oldest age group first and within an age group the slower heats first.

MA-SW 3.2 In 400 m and 800 m races two competitors will be deck seeded and swimming in one lane.

The seeding shall be by time only and not by age-group.

MA-SW 3.3 Overhead start will be used in all events.

MA-SW 3.4 Each competitor is responsible to report to the clerk of course at least 15 minutes prior to the designated race at the marshalling area at the pool.

MA-SW 3.5 In individual events of more than 200 m the Referee may order out any competitor who passed the entry time for the relevant age group.

### MA-SW 4 Classification

MA-SW 4.1 Individual swimmers will be listed in the result list with name, name of the club, official country code and split times according to ranking and age group.

MA-SW 4.2 Relay teams will be listed in the result list with the name of the club and official country code according to ranking and age group, including names of swimmers and individual split times.

MA-SW 4.3 Any competitor not starting, disqualified, or not finishing the race within the required entry time will be placed at the end of the result list without ranking and time.

The reason shall be mentioned.

MA-SW 4.4 A competitor who has a permanent disability shall not be disqualified in a case where his disability prevents him/her from complying with the rules of a particular stroke, provided that the

disability has been notified

to the referee by the competitor or his/her representative before the race takes place. Notification shall be a medical certificate issued by the Medical Officer of the Federation.

## MA-D DIVING

### MA-D 1 Events and age groups

MA-D 1.1 Events are (men and women):

- Springboard 1 m;
- Springboard 3 m;
- Platform 5 m, 7.5 m, 10 m.

MA-D 1.2 Age groups are:

25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ (and five years age-groups as high as is necessary).

MA-D 1.3 Age groups may be combined.

MA-D 1.4 The total number of dives required are:

Springboard diving		Age groups	Platform diving	
(1 metre resp. 3 metre)			(5 metre, 7.5 metre or 10 metre)	
Men	Women		Men	Women
7	6	25 - 29	6	6
7	6	30 - 34	6	6
7	6	35 - 39	6	6
7	6	40 - 44	6	6
7	6	45 - 49	6	6
6	6	50 - 55	5x	5x
6	5	55 - 59	5x	5x
6	5	60 - 64	5x	5x
6	5	65 - 69	5x	5x
5	4	70 - 74	4x	4x
5	4	75 - 79	4x	4x
4	3	80+	3x	3x

x) 10 m limited : Only feet first entries are allowed from the 10 m platform and any performed dive from the 10 m must not exceed degree of difficulty of 2.0.

MA-D 1.5 The order of the events shall be decided by the LEN Executive on proposal of the LEN MaC and the LEN Bureau Liaison to this Committee.

MA-D 2 Confirmation of participation and list of the dives

MA-D 2.1 Competitors shall confirm their participation and submit the list of the dives to the

Technical Delegate or the nominated member of the LEN MaC no later than six o'clock p.m. (18.00 hrs) on the day prior to the event.

MA-D 2.2 The Technical Delegate may accept later confirmations and/or submissions of the list of the dives up to three (3) hours prior to the event, subject to a fine; the amount of the fine shall be decided by the Bureau and circulated by the Organising Committee.

MA-D 2.3 No changes on the list of the dives shall be accepted after the deadline of three (3) hours prior to the event.

## MA-OW OPEN WATER SWIMMING

MA-OW 1 Events and age groups

MA-OW 1.1 Events are:

- Open Water Swimming (men), up to 5 km;
- Open Water Swimming (women), up to 5 km.

MA-OW 1.2 Age groups are:

25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+.

MA-OW 2 Confirmation of Participation and seeding

MA-OW 2.1 Competitors shall confirm their participation at the Accreditation Center or by fax not later than twelve o'clock a.m. (12.00) on the day prior to the event.

MA-OW 2.2 Competitors will be seeded in waves according to age groups.

Competitors may be selected irrespective of gender.

MA-OW 2.3 All competitors will receive and must wear a brightly coloured numbered cap according to the seeding. No wetsuit is allowed.

MA-OW 2.4 In each wave, the Referee may order out any competitor who has not finished the race within sixty (60) minutes after the arrival of the winner in the same wave and age group.

MA-OW 3 Start

MA-OW 3.1 The Referee shall only allow the race to start if the security requirements are fulfilled. The Referee may be overruled by the Technical Delegate.

MA-OW 3.2 The Technical Delegate may shorten the distance of the event, due to weather conditions, water temperature and/or if the security requirements are not fulfilled.

MA-SS SYNCHRONISED SWIMMING



Yalta 2011 Kiev

# LEN Regulations

## MA-SS 1 Events

MA-SS 1.1 Events are (women):

Solo, Duet and Team, each with Technical Routine & Free Routine, and Free Combination. Teams shall consist of a minimum of four (4) and a maximum of eight (8) members.

Free Combinations shall consist of a minimum of four (4) and a maximum of ten (10) members.

MA-SS 1.2 For Duets one (1) reserve and for Teams and Free Combinations a maximum of two (2) reserves may be entered.

## MA-SS 2 Age Groups

MA-SS 2.1 Age Groups for Solo are:

25-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

MA-SS 2.2 Age Groups for Duet are:

25-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

with the age determined by the average age of the competitors.

MA-SS 2.3 Age Groups for Teams are:

25-34, 35-49, 50-64, 65+

with the age determined by the average age of the competitors.

MA-SS 2.4 Age Group for Free Combinations is:

25+

## MA-SS 3 Competitions

MA-SS 3.1 The Technical Routine shall be performed according to the FINA required elements for Masters Technical Routines (Appendix I to FINA Masters Synchronised Swimming Rules). Technical Routines have to include all required elements. Music selection is optional and may be the same music as used in the Free Routine.

MA-SS 3.2 There are no restrictions for Free Routines neither in regard to choice of music nor in regard to content of choreography.

MA-SS 3.3 Scoring will be calculated as in FINA Rule SS 19.1. In Duets and Teams the competitors' Technical Routine scores will be added and the total divided by the number of competitors for a final Technical Routine Scores.

MA-SS 3.4 The order of events shall be decided by the Bureau Executive after consultation of the MaC and the Bureau Liaison to this Committee.

MA-SS 3.5 The order of appearance for Technical Routines and Free Routines shall be decided by draw for each event in each age group. The age group to start is pulled, and the age groups are drawn by lot. The draw shall take place at the Technical Meeting to be held no later than twenty-four (24) hours before the beginning of the first part of the competition and shall be conducted in public under the direction of the Technical Delegates.

MA-SS 3.6 The order of appearance for each event and each age group shall be decided by draw. The draw shall take place at the Technical Meeting to be held no later than twenty-four (24) hours before the beginning of the first part of the competition and shall be conducted in public under the direction of the Technical Delegates.

## MA-SS 4 Time Limits

MA-SS 4.1 Time limits for the Technical and Free Routines for Solo, Duet, Teams, and for Free Combinations shall be in accordance with FINA Masters Synchronised Swimming Rules.

MA-SS 5 Confirmation of participation and composition of duet and team events

MA-SS 5.1 Competitors participating in Duet and Team events shall confirm their participation to the

Organising Committee no later than six p.m. (18.00 hrs) on the day prior to the event.

MA-SS 5.2 Reserve swimmers may be substituted up to two hours prior to the start of the first routine of the relevant event



# XIII European Masters Championships Yalta-Kiev 2011

## INDIVIDUAL REGISTRATION (ACCREDITATION) FORM



Accreditation (Registration) Code [ \_\_\_\_\_ ]  
(office use only, do not write here)



(Given Name) \_\_\_\_\_

(Family name) \_\_\_\_\_



Yalta 2011 Kiev

(Date of birth) / \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / (Your age on 31/12/2011) \_\_\_\_\_  
( DD) (MM) (YYYY)

(Gender)  (MALE)  (FEMALE)

(Nationality) \_\_\_\_\_ (Country code)

(Street address) \_\_\_\_\_ (City) \_\_\_\_\_

(Postal code) \_\_\_\_\_ (Country) \_\_\_\_\_

(E-mail) \_\_\_\_\_

(Contact phone number) + \_\_\_\_/\_\_\_\_/\_\_\_\_ (Contact fax number) + \_\_\_\_/\_\_\_\_/\_\_\_\_

(Club name) \_\_\_\_\_

(City of your club) \_\_\_\_\_

I intent to compete in the following discipline\*

Swimming individual  Swimming relay  Diving

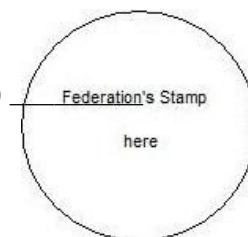
Synchronised swimming  Open water swimming

**Please, do not tick sports discipline if you are not going to compete!**

\*Accompanying person will not get accreditation, however they will be issued registration number which will be used during hotel reservation procedure.

(date) \_\_\_\_/\_\_\_\_/\_\_\_\_ (Your signature) \_\_\_\_\_

(Federation's official name) \_\_\_\_\_ (Federation's official signature) \_\_\_\_\_



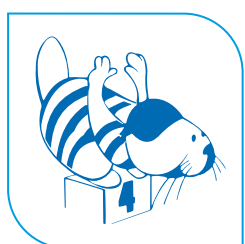
Please submit this form no later than **June 22, 2011**

Mail to: Yalta/Kiev 2011 OC,  
42 Esplanadna Str., off. 510, Kiev, 01601, Ukraine

**Yalta-Kiev 2011  
Ukraine  
5-10 September**

42 Esplanadna Str.,  
Office 510, Kiev,  
01601, Ukraine  
Fax: +38 (044) 2894211  
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www.yaltamasters2011.org





Yalta 2011 Kiev

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# XIII European Masters Championships Yalta-Kiev 2011

## SWIMMING ENTRY FORM

- \* Any competitor may enter a maximum of five (5) individual events, no more than two (2) events per day.
- \* Print in your real entry time in appropriated box, beside event you wish to compete. Time must be achieved within last 12 month at Masters Event.
- \* All entries must be authorized by the competitor's national federation.

(Given Name) \_\_\_\_\_ (Family name) \_\_\_\_\_

(Club Name) \_\_\_\_\_ (Age on 31 December 2011) \_\_\_\_\_

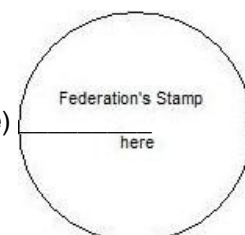
(City/Country) \_\_\_\_\_

Please note! Reconfirmation of the competitors who enter 400 m., 800 m. Freestyle must be done until 18:00 a day prior the event, Open Water Swimming must be done until 12:00 a day prior the event. Otherwise no participation is possible. Federation's official signature.

EVENT & ENTRY TIMES				
MEN Entry Times	Event №	EVENT	Even №	WOMEN Entry Times
		<b>DAY 1 - Monday, 5 September, 2011 – 08:00</b>		
	01	200 m. Ind. Medley	02	
	03	800 m. Freestyle	04	
		<b>DAY 2 - Tuesday, 6 September, 2011 – 08:00</b>		
	06	200 m. Freestyle	05	
	08	50 m. Breaststroke	07	
	10	100 m. Butterfly	09	
		<b>DAY 3 - Wednesday, 7 September, 2011 – 08:00</b>		
	13	200 m. Butterfly	14	
	15	50 m. Backstroke	16	
	17	100 m. Breaststroke	18	
---	----	400 m. Freestyle Women	20	
		<b>DAY 4 - Thursday, 8 September, 2011 – 08:00</b>		
	22	200 m. Backstroke	21	
	24	50 m. Butterfly	23	
	26	100 Freestyle	25	
	28	400 m. Freestyle Men	----	-----
		<b>DAY 5 - Friday, 9 September, 2011 – 08:00</b>		
	29	200 m. Breaststroke	30	
	31	50 m. Freestyle	32	
	33	100 m. Backstroke	34	
		<b>DAY 6 Saturday, 10 September, 2011 – 10:00</b>		
		3 km. Open Water		

(date) \_\_\_\_/\_\_\_\_/\_\_\_\_ (Your signature) \_\_\_\_\_

(Federation's official name) \_\_\_\_\_ (Federation's official signature) \_\_\_\_\_



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Yalta 2011 Kiev

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# XIII European Masters Championships Yalta-Kiev 2011

## SWIMMING RELAY TEAM ENTRY FORM

- \* Competitor may only swim for club shown on the individual entry form and have completed individual entry form.
- \* Competitor may only compete in one age group of the same event.
- \* Please print in estimated time for event you wish to enter.
- \* All entries must be authorized by the competitor's national federation.

(Club Name) \_\_\_\_\_ (Club Code) |\_\_\_\_|\_\_\_\_|\_\_\_\_|

(Club Address) \_\_\_\_\_

(Postal Code) \_\_\_\_\_ (City) \_\_\_\_\_

(Country) \_\_\_\_\_ (Club E-mail) \_\_\_\_\_

(Club Phone) + \_\_\_\_\_ (Club Fax) + \_\_\_\_\_

(Age group of relay team)

Tick only one by V (100-119) (120-159) (160-199) (200-239) (240-279) (280-319) (320-359) (360+)

Swimming Relay Team Competitors Names:

1.  2.   
3.  4.

**Please note!**

Reconfirmation of the competitor's names must be done until 18:00 a day prior the event. Otherwise no participation is possible.

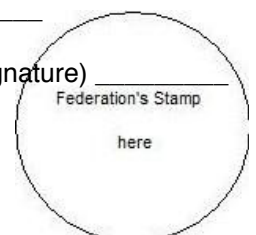
EVENT	ENTRY TIME
Event 11, 4 X 50 Freestyle <b>WOMEN</b>	
Event 36, 4 X 50 Medley <b>WOMEN</b>	
Event 12, 4 X 50 Freestyle <b>MEN</b>	
Event 35, 4 X 50 Medley <b>MEN</b>	
Event 19, 4 X 50 Medley <b>MIXED</b>	
Event 27, 4 X 50 Freestyle <b>MIXED</b>	

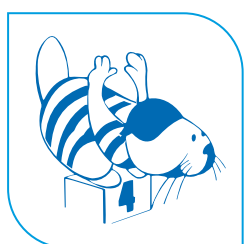
(date) \_\_\_\_/\_\_\_\_/\_\_\_\_ (Your signature) \_\_\_\_\_

(Federation's official name) \_\_\_\_\_ (Federation's official signature) \_\_\_\_\_

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# XIII European Masters Championships Yalta-Kiev 2011

## DIVING ENTRY FORM

- \* All competitors must enter under the name of their club.
- \* No qualifying limits has been fixed.
- \* Please fill in your personal data and tick the box(es) beside event(s) you wish to participate.
- \* All entries must be authorized by the competitor's national federation.

<input type="text"/>	<input type="text"/>	<input type="text"/>
(Participant's Given Name)	(Participant's Family Name)	(Age on 31 December 2011)
<input type="text"/>		<input type="text"/>
(Club Name)		(Age Group*)
<input type="text"/>	<input type="text"/>	
(City)	(Country)	

\*There are following age groups:  
25-29 years, 30-34 years, 35-39 years, 40-44 years, 45-49 years, 50-54 years,  
55-59 years, 60-64 years, 65-69 years, 70-74 years, 75-79 years, 80+ years.

Tick where appropriate.

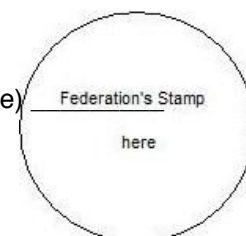
WOMEN	EVENT	MEN
<input type="checkbox"/>	1 m. SPRINGBOARD	<input type="checkbox"/>
<input type="checkbox"/>	3 m. SPRINGBOARD	<input type="checkbox"/>
<input type="checkbox"/>	PLATFORM	<input type="checkbox"/>

(date) \_\_\_\_/\_\_\_\_/\_\_\_\_ (Your signature) \_\_\_\_\_

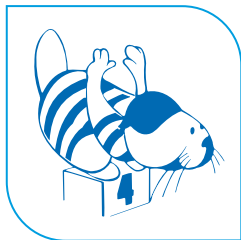
(Federation's official name) \_\_\_\_\_ (Federation's official signature) \_\_\_\_\_

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Yalta 2011 Kiev

# XIII European Masters Championships Yalta-Kiev 2011

## SYNCHRONISED SWIMMING ENTRY FORM

- \* All competitors must enter under the name of their club.
- \* No qualifying limits has been fixed.
- \* Please fill in your personal data and tick the box(es) beside event(s) you wish to participate.
- \* All entries must be authorized by the competitor's national federation.

--	--	--

(Participant's Given Name) (Participant's Family Name) (Age on 31 December 2011)

--

(Club Name)

--	--

(City)

(Country)

**Yalta-Kiev 2011**  
**Ukraine**  
**5-10 September**

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Please tick on the boxes below appropriate event and age groups\*

Event	Age group
SOLO <input type="checkbox"/>	<input type="text"/>
DUET <input type="checkbox"/>	<input type="text"/>
TEAM <input type="checkbox"/>	<input type="text"/>
COMBINATION <input type="checkbox"/>	<input type="text"/>

\*There are following age groups: SOLO & DUET 25-29, 30-39, 40-49, 50-59,60-69,70-79,80+ years; TEAM 25-34, 35-49, 50-64, 65+ years;  
FREE COMBINATION 25+ years.

(date) \_\_\_\_/\_\_\_\_/\_\_\_\_ (Your signature) \_\_\_\_\_

(Federation's official name) \_\_\_\_\_ (Federation's official signature)

Please submit this form no later than **June 22, 2011**

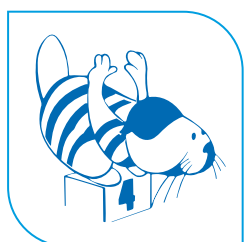
Mail to: Yalta/Kiev 2011 OC,  
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# XIII European Masters Championships Yalta-Kiev 2011

## RELEASE FROM LIABILITY FORM



Yalta 2011 Kiev

**Yalta-Kiev 2011  
Ukraine  
5-10 September**

42 Esplanadna Str.,  
Office 510, Kiev,  
01601, Ukraine  
Fax: +38 (044) 2894211  
E-mail: yalta2011@gmail.com  
www.yaltamasters2011.org



(Given Name) \_\_\_\_\_ (Family name) \_\_\_\_\_

(Date of birth) \_\_\_\_/\_\_\_\_/\_\_\_\_\_  
( DD ) ( MM ) ( YYYY )

(Club name) \_\_\_\_\_

(City/Country) \_\_\_\_\_

### RELEASE FROM LIABILITY STATEMENT

I, the undersigned participant, intending be legally bound, hereby certify that I am physically fit and have not been otherwise informed by medical practitioner. I acknowledge that I am aware of the risks inherent in Masters Swimming, Diving, Open Water and Synchronised Swimming (training and competition) including possible permanent disability or death, and assume all risks.

I hereby waive all rights to claims for damages, arising out of my participation in XIII European Masters Championships Events or any activities incidental there to, against the Ligue Europeenne de Natation (LEN) and OC Yalta/Kiev 2011 or any individuals participating in Masters Swimming, Diving, Open Water Swimming and Synchronised Swimming competitions of the European Championships 2011.

In addition I agree to abide by and be governed by the rules of the Ligue Europeenne de Natation (LEN).

I further declare that I have sufficient health insurance valid in Ukraine to cover any medical, pharmaceutical, hospitalization and repatriation expenses.

That my occur in connection with my stay and participation at the 13th European Masters Championships in Swimming, Diving, Open Water Swimming and Synchronised Swimming Yalta/Kiev 2011. I understand and agree that the OC of Yalta/Kiev 2011, LEN or Ukrainian authorities may request to submit evidence of such insurance coverage for participation on the event for myself as well as for any friends and/or family members intending to join me for the event.

Both XIII European Masters Championships participants and companions are responsible for their own traveling and personal expenses.

(date) \_\_\_\_/\_\_\_\_/\_\_\_\_ Your signature) \_\_\_\_\_

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# The Mascots



Yalta 2011 Kiev



SYNCHRONIZED SWIMMING



DIVING



OPEN WATER



SWIMMING

ФЕДЕРАЦИЯ  
ПЛАВАНИЯ  
УКРАИНЫ



UKRAINIAN  
SWIMMING  
FEDERATION



# **XIII European Masters Championships**

**swimming / synchronised swimming / open water / diving**

**Yalta-Kiev 2011**

**Ukraine**

**5-10 September**